



Institute for Stuttering Treatment and Research (ISTAR)

Who is ISTAR?

Imagine you are unable to order your favourite food, express your feelings or say what you want because of your speech.

ISTAR can help with that.

ISTAR, founded in 1986 with the help of generous donors, is an institute of the Faculty of Rehabilitation Medicine at the University of Alberta that offers specialized treatment to children, teens and adults who stutter and/or have communication challenges.

For more information, visit istar.ualberta.ca



How can ISTAR help?

ISTAR is a one-stop centre of excellence for the treatment of stuttering and other speech and communication-related challenges. Our goal is to transform individual lives and help improve communication by providing evidence-based personalized treatment.

We provide services for:

- Stuttering
- Motor speech issues
- Language development
- Articulation
- Accent modification
- Social communication skills
- Effective communication skills

In addition, ISTAR conducts research into stuttering, offers advanced professional training for speech-language pathology students and clinicians, and promotes public awareness of stuttering and its treatment.

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every voice matters

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FACULTY OF REHABILITATION MEDICINE