

## MASS SCHEDULE

### St. Joseph's Chapel

Saturday 4:30 pm  
Sunday 9:30 am, 11:00 am

### Kateri Chapel

Monday & Wednesday 12:10 pm  
Tuesday & Thursday 12:30 pm  
Friday: Rosary only at 12:10 pm  
*No Weekday Masses on  
Statutory Holidays.*

## RECONCILIATION

### St. Joseph's Chapel

Tuesday 11:15 - 12:20 pm  
Saturday 3:30 - 4:15 pm  
And by appointment

## CHILDREN'S LITURGY

### St. Joseph's Chapel

Sunday 9:30 am & 11:00 am

## CHAPEL COLLECTION

2020

Feb 2: \$1,700\*

\*plus a \$1,000 special donation

2019

Feb 3: \$1,532

## HOLY LAND COURSE – LAST CALL

Two more enrolments are needed for this course, or it will be canceled! If you are interested, please sign up (or talk to Sara) ASAP this week. I understand that the decision whether to cancel the course will be made on Friday. The course blurb is as follows:

Join us in the Holy Land for three weeks to learn more about the New Testament while experiencing the geographical, historical, cultural and religious context in which many New Testament events took place. Visit the places where Jesus and his Apostles lived, while receiving an introduction to the Gospels, Epistles and other New Testament texts.

This experience is offered as a 3-credit undergraduate or graduate course during the month of May, 2020. You will travel with Dr. Mark Dickens, Fr. Terry Kersch and a small group of students with daily classes supplemented by excursions to the Judean Desert, Caesarea, Nazareth, Galilee and Jerusalem.

For more information, contact Sara at: [sjcdean@ualberta.ca](mailto:sjcdean@ualberta.ca)

## RETRouvaille – HELP FOR STRUGGLING MARRIAGES

**Retrouvaille** - A lifeline for troubled marriages!

Is your marriage in crisis?

Communication problems?

You are not alone.

[helpourmarriage.com](http://helpourmarriage.com)

587-598-4357

[info@helpourmarriage.ca](mailto:info@helpourmarriage.ca)

Next Edmonton Retrouvaille Program starts ***March 13-15, 2020***

Visit us online  
[StJosephsCollege.ca](http://StJosephsCollege.ca)

**Chaplain**  
Fr. Jim Stenberg, CSB  
780. 492. 4683  
[jim.stenberg@ualberta.ca](mailto:jim.stenberg@ualberta.ca)

## LENT IS APPROACHING

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Lent begins in just a few weeks. You may wish to consider whether your observance of Lent would be enriched by a particular form of penance, prayer or service. Remember that Ash Wednesday and Good Friday are days of abstinence from meat for those age 14 or older. They are also days of fasting for those aged 18-59. Unless you have a health issue, you should avoid eating meat or meat products on these two days, and eat less than usual.

If you have a health issue that requires a special diet, to manage your blood sugar, say, or have medication that must be taken with food, or something of that sort, please ensure that care for your health.

Many Catholics in Canada observe the Fridays of Lent as days of abstinence from meat.

## ASH WEDNESDAY SERVICES

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Mass with distribution of ashes will be celebrated twice on February 26, Ash Wednesday. Once at 12 noon, and again at 6:00 pm. We will be in the main chapel as it is larger than the one in the residence. The services will start promptly, as there are always large crowds.

## ENVELOPES — GOING, GOING...

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There are still many boxes of collection envelopes waiting for pickup. If you have somehow missed them, they are in the foyer by the coat rack, up by the wall. In a few weeks they will be recycled. We will take note of the names so that boxes won't be printed for next year.

If you do not already do so, please consider signing up for Pre-Authorized Donations (PAD) for automatic monthly donations. Contact Elsie at yeliu@ualberta.ca and she will be able to arrange this.

As always, thank you for your support.

## AT A GLANCE...

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Email [sjccm@ualberta.ca](mailto:sjccm@ualberta.ca) for more information

### ROSARY

MWF, 4:00 – 4:40 pm  
SJC Chapel

### MONDAY, FEB 10

#### Ignatian Discernment

7:00 pm  
SJC Boardroom

### TUESDAY, FEB 11

#### ALPHA

5:00 pm  
SJC Boardroom

### WEDNESDAY, FEB 12

#### Soup's On Us

11:30 -1:00 pm  
SJC Study Lounge

#### Crunch on Curiosity

Topic: Gender & Homosexuality  
5:00 – 6:30 pm  
SJC Boardroom

#### Praise & Worship

6:40 – 8:10 pm  
SJC Chapel

### THURSDAY, FEB 13

#### Creativity Workshop

5:00 – 7:00 pm  
SJC Newman Centre

#### AA

7:00 – 8:00 pm  
SJC Boardroom

### FRIDAY, FEB 14

#### Bible Study

5:15 – 6:30 pm  
SJC Boardroom

## BAPTISM

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Contact the SJC Chaplain at least 2 months prior to date of Baptism.

## MARRIAGE

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Contact the SJC Chaplain at least 1 year prior to date of Marriage.

## SACRAMENTS

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For other sacraments, please contact the SJC Chaplain.