

# CARDIORESPIRATORY PLACEMENTS

What qualifies as cardiorespiratory experience?

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## Cardiorespiratory experience

Clinical research supports the assessment and treatment of the cardio-respiratory system by physiotherapists as a part of the holistic treatment of most patients. It also provides evidence for such assessments and treatments to be utilized in all practice areas, not simply those which are known to treat CR indicator conditions (e.g. heart failure, chronic obstructive pulmonary disease, diabetes). Recognizing opportunities to assess and promote the ability to perform aerobic exercise and to identify its role in chronic disease prevention will provide the student with repeated occasions to observe and participate in CR clinical experiences. All instances where a student utilizes knowledge and skills related to cardio-respiratory conditions and interventions should therefore be considered as relevant and appropriate cardio-respiratory experiences, even if the reason for admission is not for a cardiorespiratory condition.

### Q: Does it need to include percussion, vibrations and suction to be cardiorespiratory?

A: No. If the student is performing IPPA (inspection, palpation, percussion and auscultation) on the patient and monitoring response to exercise they should get credit,

### Q: Which placements may students get cardiorespiratory credit in?

- General Medicine
- Surgery : general, vascular, thoracic, ENT surgery and trauma (not orthopedic surgery unless complex and require monitoring of vitals, or cardiorespiratory response to exercise. )
- Pulmonary/Respirology
- Cardiology and Cardiac Surgery
- Renal/Nephrology
- Inpatient burns, burns ICU
- Transplants
- ICU
- Acute care of the elderly/Geriatrics
- Neurosurgery
- Pulmonary Rehabilitation placements
- Community placements that involve patients with cardiorespiratory conditions such as COPD, emphysema, pneumonia

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