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# Learning Plans +/- Skills Inventory

Guiding Your Student



# Learning Plans

LEARNING PLAN				
Goal (Stated in SMART format) <b>Specific, Measurable, Attainable, Realistic, Time- Based</b>	Strategies <ul style="list-style-type: none"> <li>Describe strategies for attaining the goal.</li> <li>Include actions you will do to achieve your goal.</li> <li>Strategies may change as you make progress.</li> </ul>	Indicators of Progress (how will you know if achieving goal? (ig: feedback from preceptor, reflection)	Progress at MIDPOINT Include: <ul style="list-style-type: none"> <li>Key accomplishments</li> <li>Next steps</li> <li>behaviors/skills/knowledge requiring further improvement</li> </ul>	Progress at FINAL Include: <ul style="list-style-type: none"> <li>Key accomplishments</li> <li>Next steps</li> <li>behaviors/skills/knowledge requiring further improvement</li> </ul>
Learning Goal 1:				
Learning Goal 2:				
Learning Goal 3:				
Learning Goal 4:				

Please provide a summary of feedback you have received from previous preceptors/lab facilitators/employers/peers to date.

Previous Feedback: Strengths	Previous Feedback: Areas for Improvement
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# Learning Plans

- Tool to facilitate self directed learning

What is a learning plan?

- 1 week before the placement

When should I expect to view it?

- Encourage self assessment & self directed learning
- Refine goals, facilitate learning opportunities, provide feedback on progress

What is my role?

Learning Goal	Resources & Strategies	Progress Indicators
<p><u>Understand and review diabetes, hypertension and CV risk</u> by the end of week 1-2.</p>	<p>Review DM, HTN and dyslipidemia guidelines. Discuss diabetes cases (and management) with my preceptor(s) and the team.</p>	<p>Self-reflect on my understanding of DM, HTN and dyslipidemia management at the end of weeks 1 and 2.</p> <p>Feedback on assessment &amp; case management from preceptor.</p>

# Making it SMARTer

Learning Goal	Resources & Strategies	Progress Indicators
Develop effective glycemic control plans for 3 patients with DM by the end of week 2.	Review Canadian DM guidelines, and specifically aspects of glycemic control and how to adjust medications. Discuss cases & management with preceptor/team	Self-reflect on my knowledge of glycemic control management including how to determine pros/cons of therapy for specific patient & identify appropriate goals & monitoring parameters.  Feedback on assessment & case management from preceptor at the end of week 2.

# Feedback on Learning Plans

- Watch the verbs: avoid “understand”
- Check of alignment with the purpose or the placement
- Don’t let them tackle too much at once
- Check that the goals are at the “right level”
- Ensure the timelines are feasible and hold the learner accountable
- Consider, will activities support achieving the goal & are they reasonable for the placement?