

Obstetrics and Gynecology: Women's Health Options Rotation Objectives, Foundations of Discipline and Core

CanMEDS Framework: Medical Expert, Communicator, Collaborator, Leader, Health Advocate, Scholar, Professional.

Women's Health Options Learning Objectives

It is recognized that the resident may not be exposed to all elements of these objectives; however, at the end of the rotation, the resident should be able to demonstrate knowledge or ability in the following:

Medical Expert

1. Demonstrates the ability to provide options counseling related to pregnancy termination and contraceptive choices.
2. Gains proficiency in performing first-trimester aspiration procedures for up to 12 weeks.
3. Demonstrates the ability to recognize and manage the common complications of a first trimester aspiration abortion.
4. Demonstrates knowledge of evidence-based practice guidelines.

Other Educational Objectives

1. Perform appropriate thorough history collection and physical examination.
2. Perform and interpret a first-trimester ultrasound for dating purposes.
3. Knows proper use of medications, side effects, and reversal agents (if appropriate).
4. Correctly identifies uterine size, position, and abnormalities from the pelvic examination.
5. Provides effective para-cervical block.
6. Demonstrates skill and caution when performing cervical dilation and can correct size for gestational age.
7. Uses an appropriate size cannula for gestational age.
8. Consistently uses sterile technique.
9. Aspirates the uterine cavity completely and assesses accurately for completeness.
10. Knows elements needed to evaluate gestational age during tissue exam.
11. Able to interpret sonograms to assess for completion of an abortion procedure.
12. Prescribes appropriate post-procedure medications as required.
13. Demonstrates appropriate management of complications (in practice).
14. Knows strategies to prevent abortion complications and how to identify and manage these.
15. Demonstrates appropriate prescribing of antibiotics pre and post-procedure and identifies high-risk patients appropriately.
16. Knows contraindications for surgical abortion and issues pertaining to safety and underlying medical disorders.
17. Knows contraceptive options and contraindications to specific methods.
18. Able to properly choose patients for IUD insertion and does so correctly.
19. Appropriately uses the equipment and can problem-solve to resolve issues with equipment malfunction.
20. Able to properly insert IUD and check proper positioning at follow up exam.
21. Be familiar with methods of medical abortion, with knowledge of complications that can occur.

Communicator

1. Consistently introduces him/herself to patients.
2. Obtains informed consent from patients, including a discussion of treatment options, risks, benefits, and the consequences of treatment/no treatment.
3. Solicits questions from the patient before the procedure and answers them.
4. Provides options counseling in a "patient-centered" manner, that is free of personal judgments and focuses on meeting the patient's expressed needs.
5. Communicates with the patient during the procedure and pays attention to her comfort and expectations.
6. Documents all relevant patient data legibly and on time.

Rotation Information

Rotation Contacts

Dr. Heather Robinson

Reading material:

U of A Family Planning Rotation Values Certification, Introduction to Family Planning, and U of A Policy on Postgraduate Training in Abortion and Sterilization.

Rotation duration:

4 weeks

Vacation and time off:

Refer to Para guidelines and vacation policy. Residents cannot miss more than 75% of this rotation.

Review of rotation objectives: Rotation objectives should be reviewed with the resident soon after the rotation begins.

Assessment:

At the end of this rotation the resident will be assessed on the following: daily assessments and completed EPAs

EPAs

During this rotation, the following EPAs should be attempted:

Foundations of Discipline:

FD8A	Family planning, counselling and management
FD8B	IUD insertion
FD10	Minor gynecologic surgery simple laparoscopy, hysteroscopy, vulvar lesions, D&C, and global ablation
FDS1	Performing critical appraisal of health literature and initiating scholarly projects (?)

Core:

CD6:	Obstetric and gynecologic ultrasound
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Collaborator

1. Interacts effectively with other health care staff (MD and other health professionals), recognizing their respective roles and responsibilities.
2. Able to provide and receive effective and constructive feedback from other members of the health care team.
3. Fosters a sense of cooperation and team spirit with clinic staff and colleagues.

Leader

1. Able to recognize personal limitations and seek assistance when necessary.
2. Makes sound clinical decisions and judgments for the benefit of the woman based on the best available evidence, the patient preference and available resources.
3. Sets priorities and uses time efficiently to optimize performance and patient care.
4. Utilizes information technology to optimize patient care and life-long learning.
5. Utilizes time management skills to balance patient care, learning needs, outside personal activities and work efficiently in a clinical setting.

Health Advocate

1. Counsels women regarding preventative strategies appropriate to gynecology (contraception, pap smears, and STD prevention).
2. Recognizes and responds to issues where advocacy is needed is essential.
3. Demonstrates knowledge of available resources through appropriate referral.

Scholar

1. Demonstrates the ability to appraise and assimilate evidence from scientific studies to support patient care decisions.

Professional

1. Endeavor to monitor learning and seek feedback by attempting EPAs regularly.
2. Arrives at the clinic on time and is consistently punctual.
2. Demonstrates respect when dealing with patients, staff, and other medical professionals.
3. Is aware of his/her limitations.

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Revisions	Approved at RPC Meeting
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