

# **Measurement in the Knowledge Translation Field: Exploring Patterns of Research Utilization**

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# Outline

## 1. Introduction

## 2. Exploring Patterns

- Mapping research utilization patterns in acute care settings
- Extent and patterns of research utilization among nurses one and three years post-graduation

## 3. Small Group Discussion

## 4. Future Directions

# What is Research Utilization?

## Types of Research Utilization

- **Instrumental**
- **Conceptual**
- **Symbolic/Persuasive**
- **Overall**

# Research Utilization Measure

- **Single item measure**
- **Developed in 1996**
- **Time frame modifications**
  - **Past year, month, week, shift**
- **Scale modifications**
  - **7 point (never to nearly every shift)**
  - **5 point**
    - **never to very often**
    - **10% or less to about 100%**
- **Reasonable variation over time**

# **Exploring Patterns**

## **Example 1**

Mapping research utilization patterns  
in acute care settings

# Developing a Valid and Reliable Measure of Research Utilization (2005-2007)

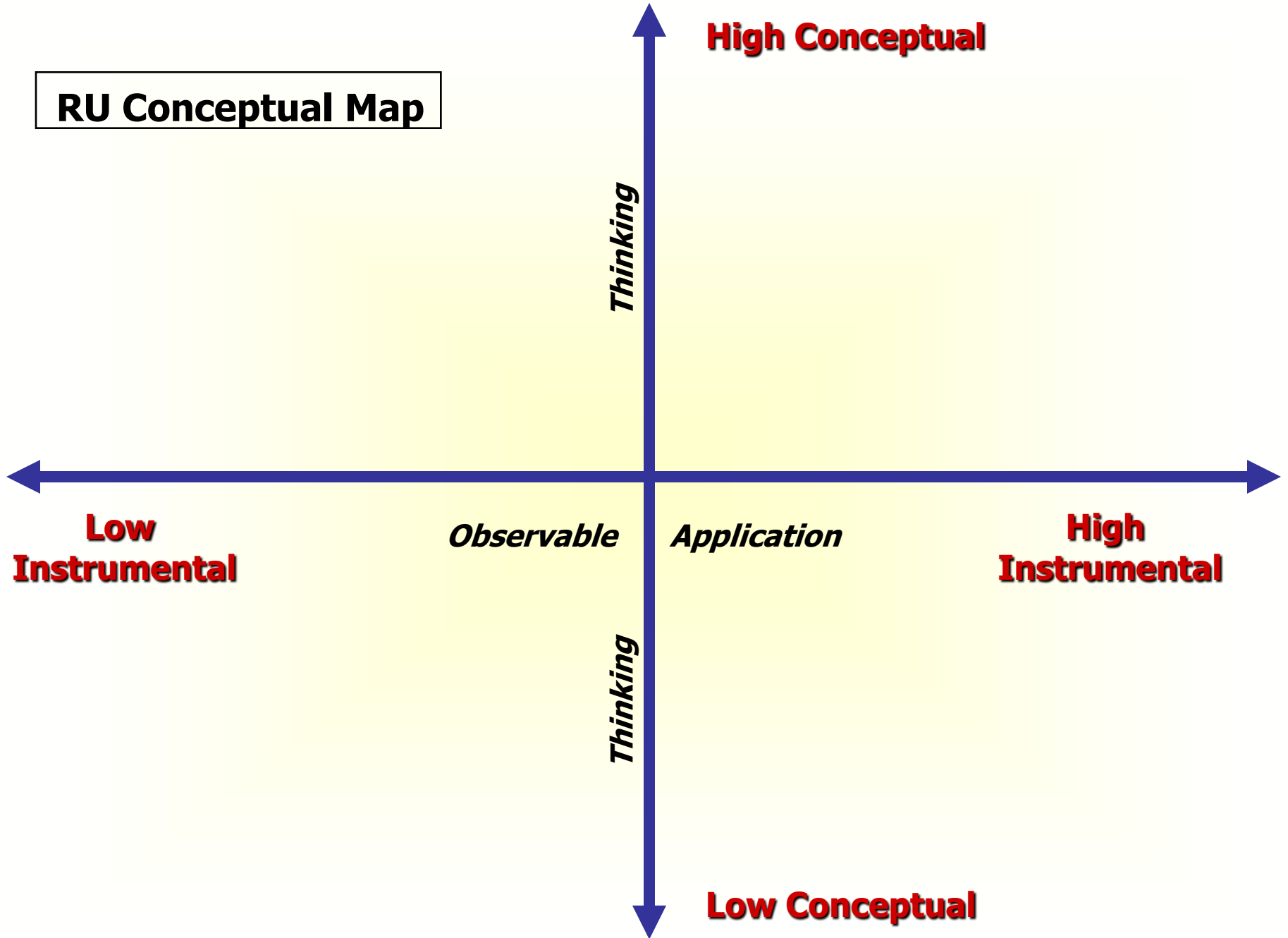
**Purpose:** To develop and assess an instrument that measures research utilization among health professionals

**Phase 1:** Expert Panel  
**Phase 2:** Focus groups

## **Panel:**

- Carole Estabrooks (Canada)
- Jo Rycroft-Malone (UK)
- Carl Thompson (UK)
- Marita Titler (US)
- Anne Sales (US)
- Judith Ritchie (Canada)
- Jo Logan (Canada)
- Nancy Edwards (Canada)
- Donna Ciliska (Canada)

**RU Conceptual Map**



# Translating Research in Acute Care Hospitals Study

## 4 Adult hospitals in Edmonton and Calgary

Nurses, physicians, allied health, specialists, and managers

## 4 types of research use measured:

- **Instrumental**: Direct/concrete application of research findings
- **Conceptual**: Indirect/cognitive use of research findings
- Persuasive: Research used as a political tool
- Overall : Use of reserach in any way

## Self-reported extent of research use during the past shift:

- 1 = '10% or less of the time'
- 2 = 'about 25% of the time'
- 3 = 'about 50% of the time'**
- 4 = 'about 75% of the time'
- 5 = 'about 100% of the time'
- 'do not know'



# Variable-Oriented Approach

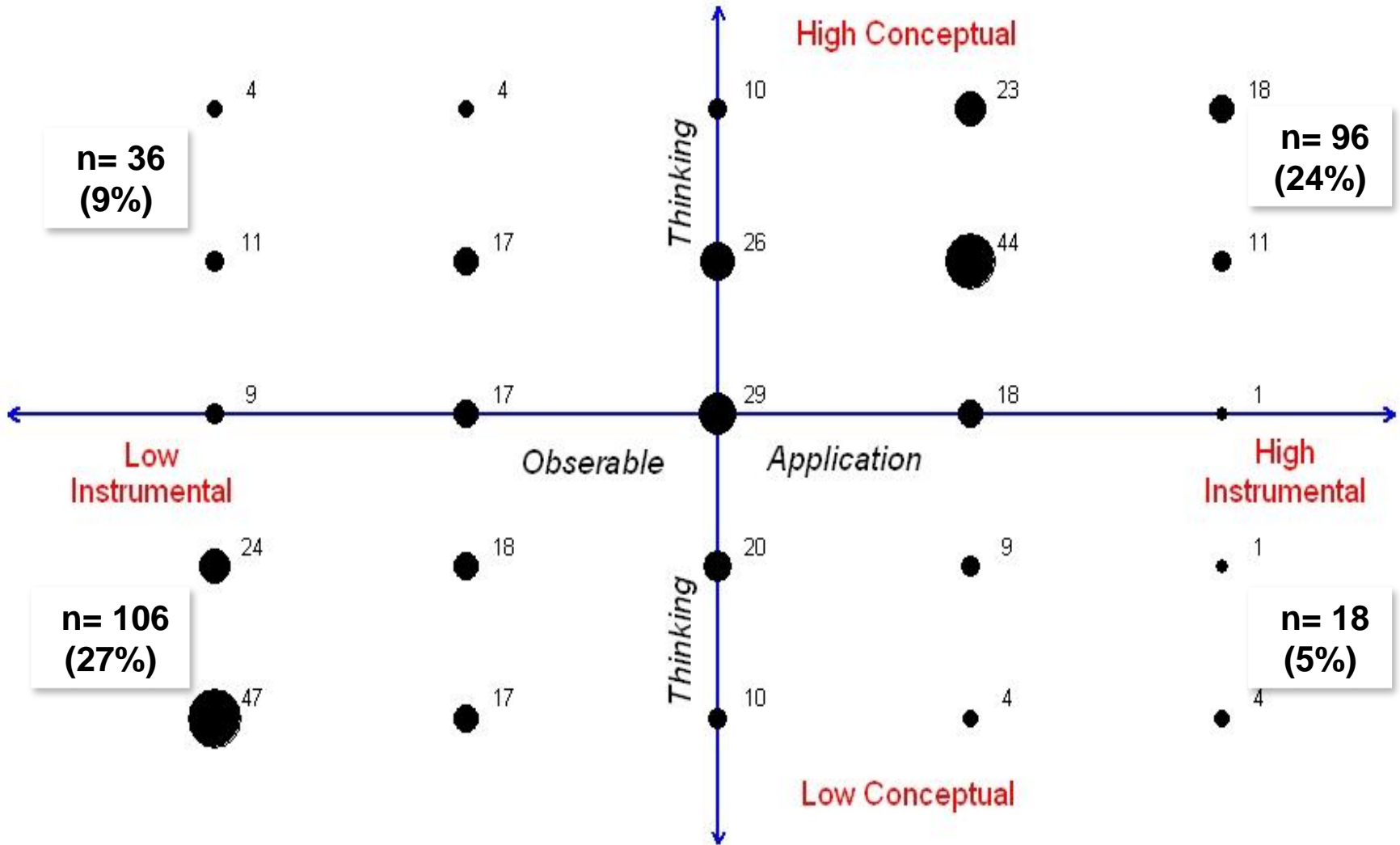
	Whole sample	Nurses	Allied	MDs	Practice Specialists	Managers
<b>IRU*</b> Range: 1-5	<b>2.99</b> <b>(1.38)</b>	<b>3.20</b> <b>(1.43)</b>	<b>2.91</b> <b>(1.36)</b>	<b>2.37</b> <b>(1.24)</b>	<b>3.44</b> <b>(1.28)</b>	<b>2.68</b> <b>(1.27)</b>
<b>CRU</b> Range: 1-5	<b>2.75</b> <b>(1.31)</b>	<b>2.67</b> <b>(1.39)</b>	<b>2.78</b> <b>(1.31)</b>	<b>2.77</b> <b>(1.14)</b>	<b>2.83</b> <b>(1.39)</b>	<b>2.84</b> <b>(1.14)</b>

	Whole sample	Site 1	Site 2	Site 3	Site 4
<b>IRU</b> Range: 1-5	<b>2.99</b> <b>(1.38)</b>	<b>2.82</b> <b>(1.49)</b>	<b>3.04</b> <b>(1.36)</b>	<b>3.22</b> <b>(1.33)</b>	<b>2.85</b> <b>(1.48)</b>
<b>CRU*</b> Range: 1-5	<b>2.75</b> <b>(1.31)</b>	<b>2.59</b> <b>(1.27)</b>	<b>2.84</b> <b>(1.36)</b>	<b>3.05</b> <b>(1.31)</b>	<b>2.51</b> <b>(1.29)</b>

\* = One-Way ANOVA P-value <0.05

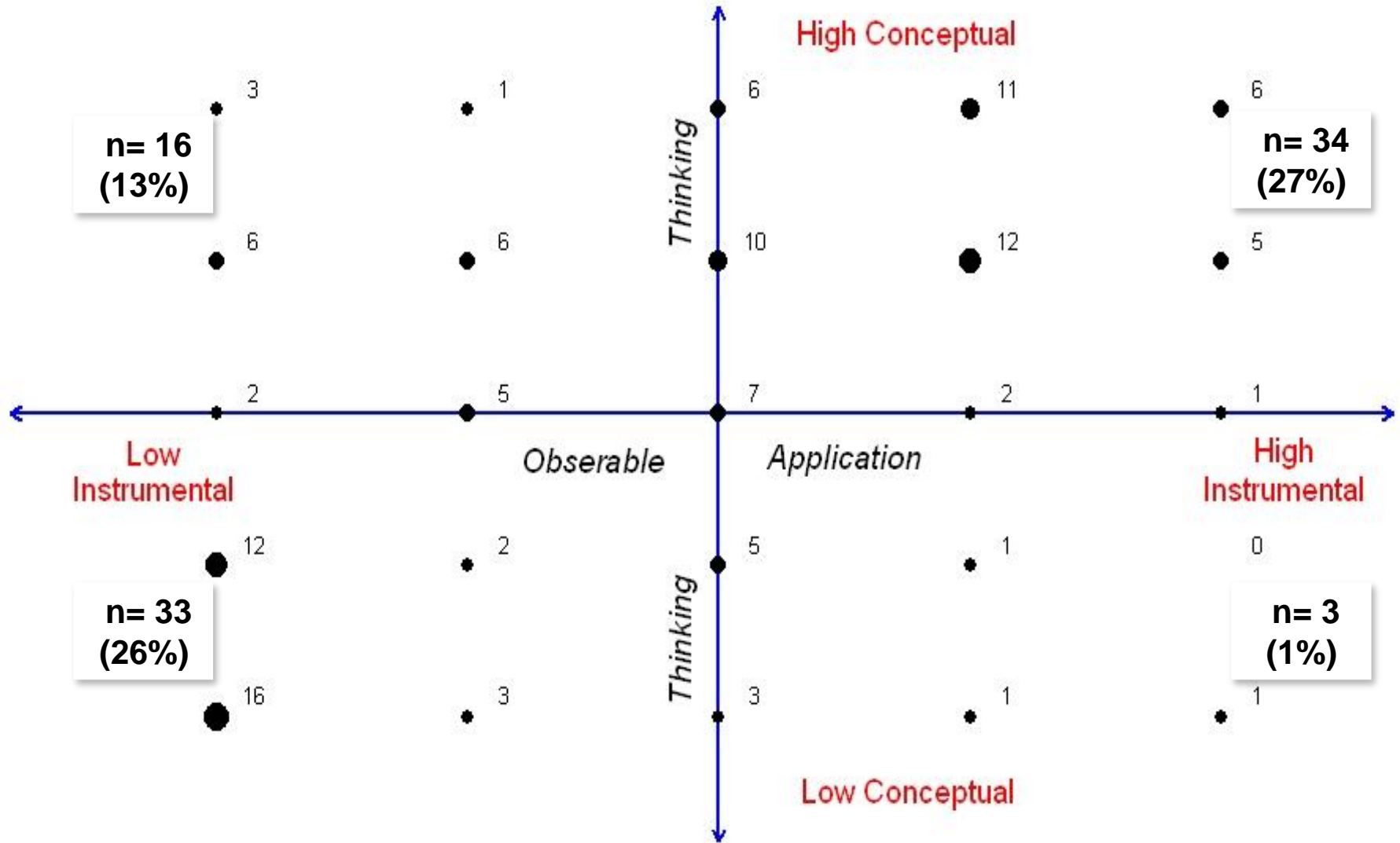
# Exploring Research Utilization Patterns by Professional Group

# Research Utilization for All Professional Groups N=396



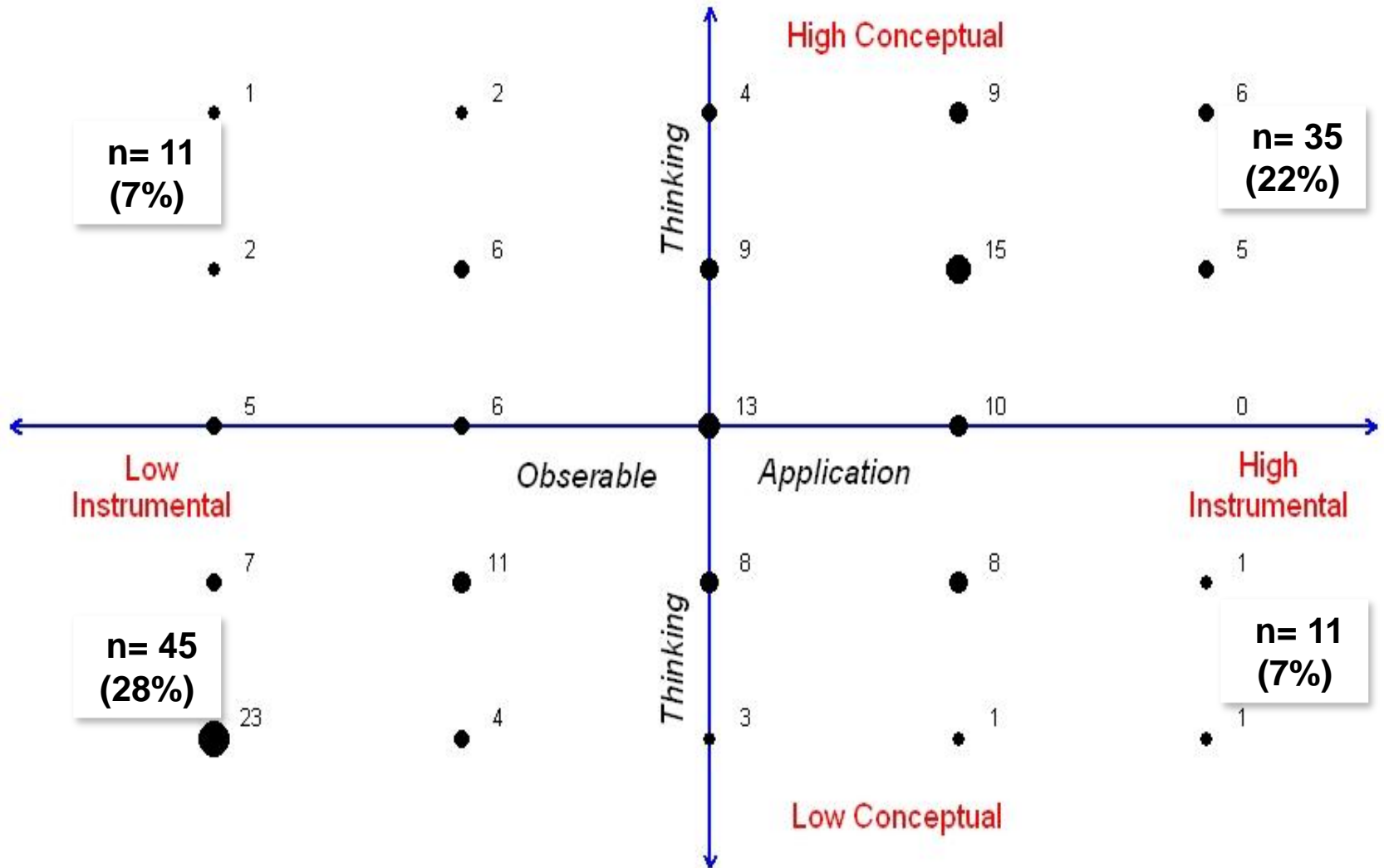
Moderate use (use about 50% of the time)  
 Instrumental: n=95 (24%); Conceptual: n=74 (19%)

# Research Utilization for Nurses N=127



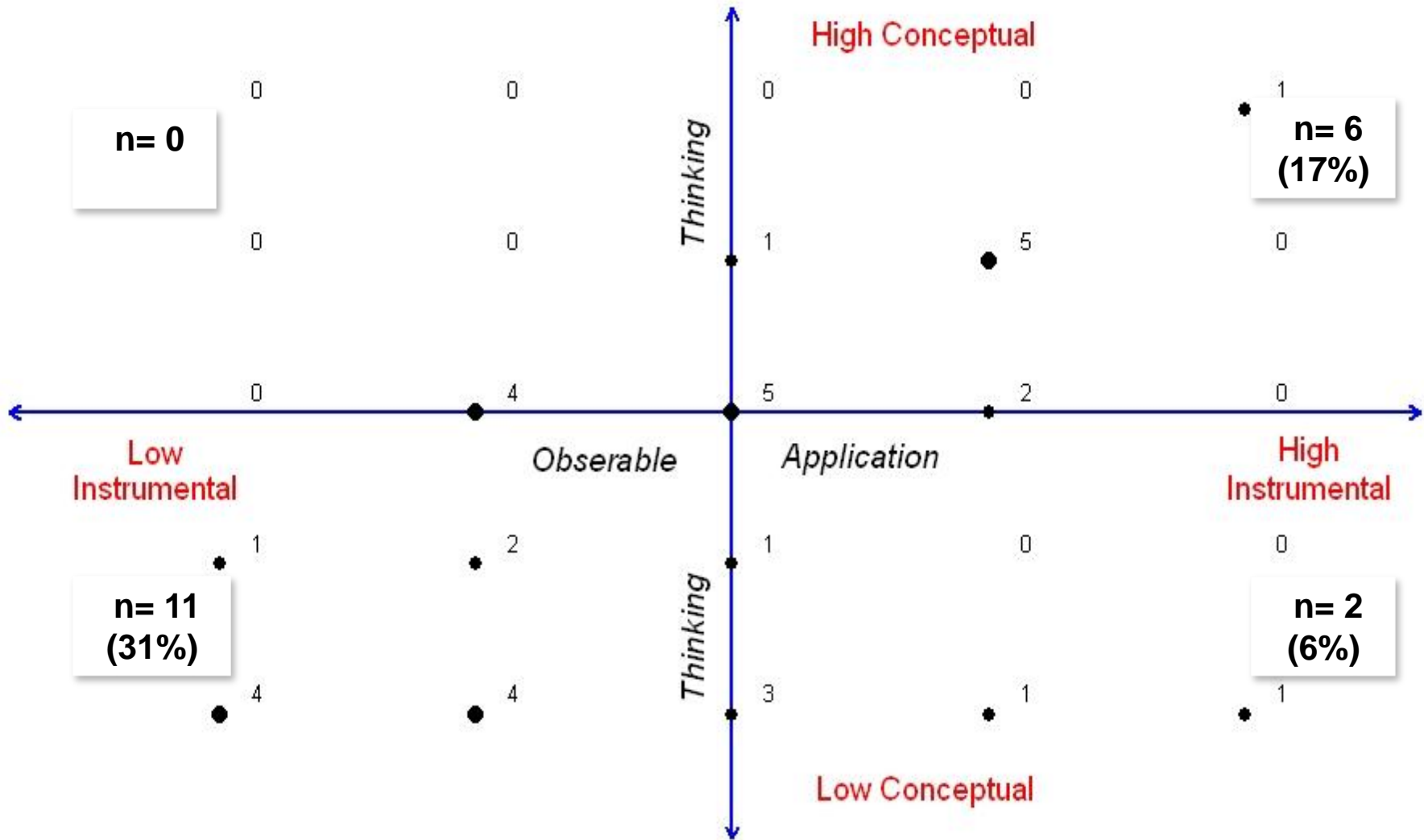
Moderate use (use about 50% of the time)  
 Instrumental: n=31 (24%); Conceptual: n=17 (13%)

# Research Utilization for Allied Providers N=160



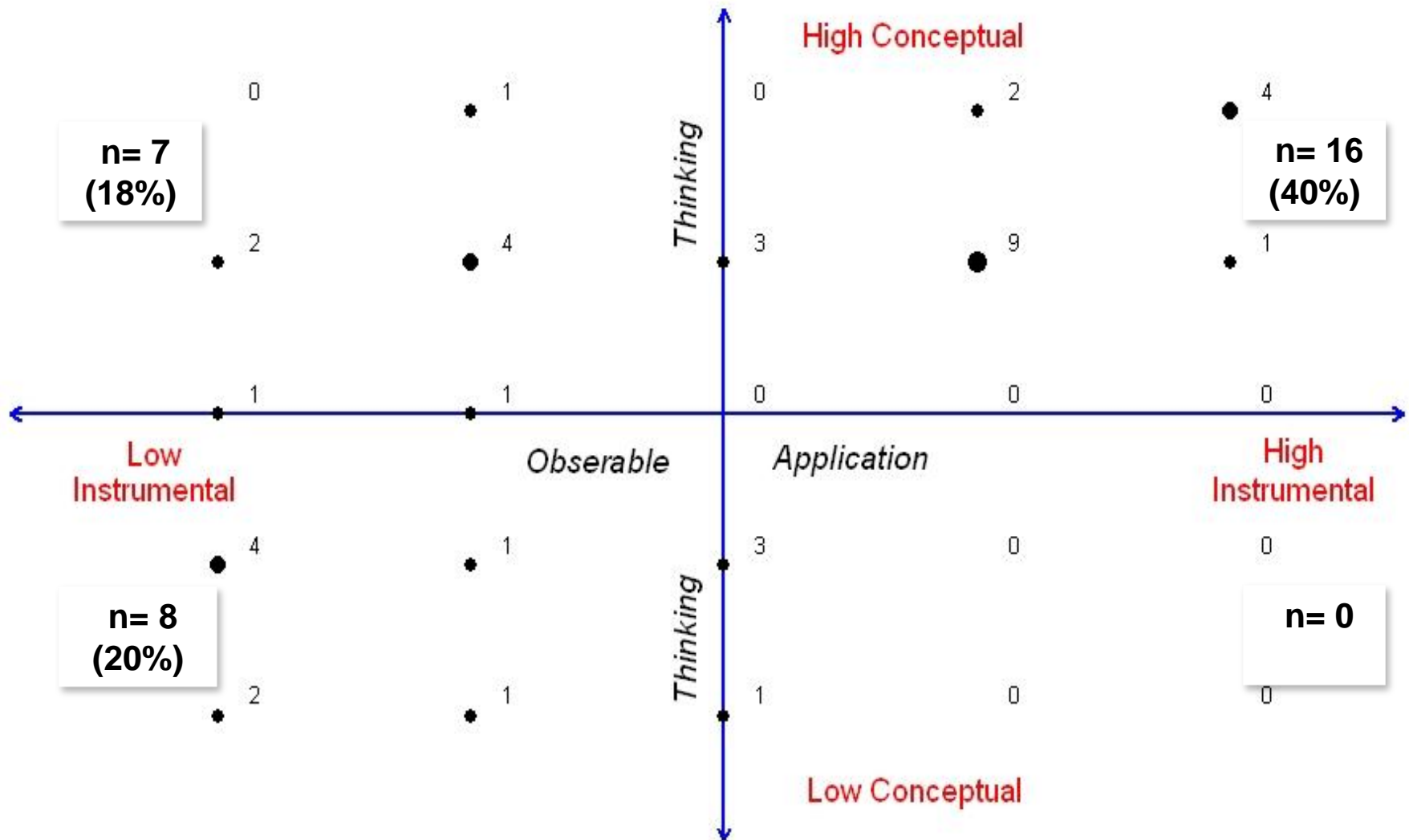
Moderate use (use about 50% of the time)  
 Instrumental: n=37 (23%); Conceptual: n=34 (21%)

# Research Utilization for Physicians N=35



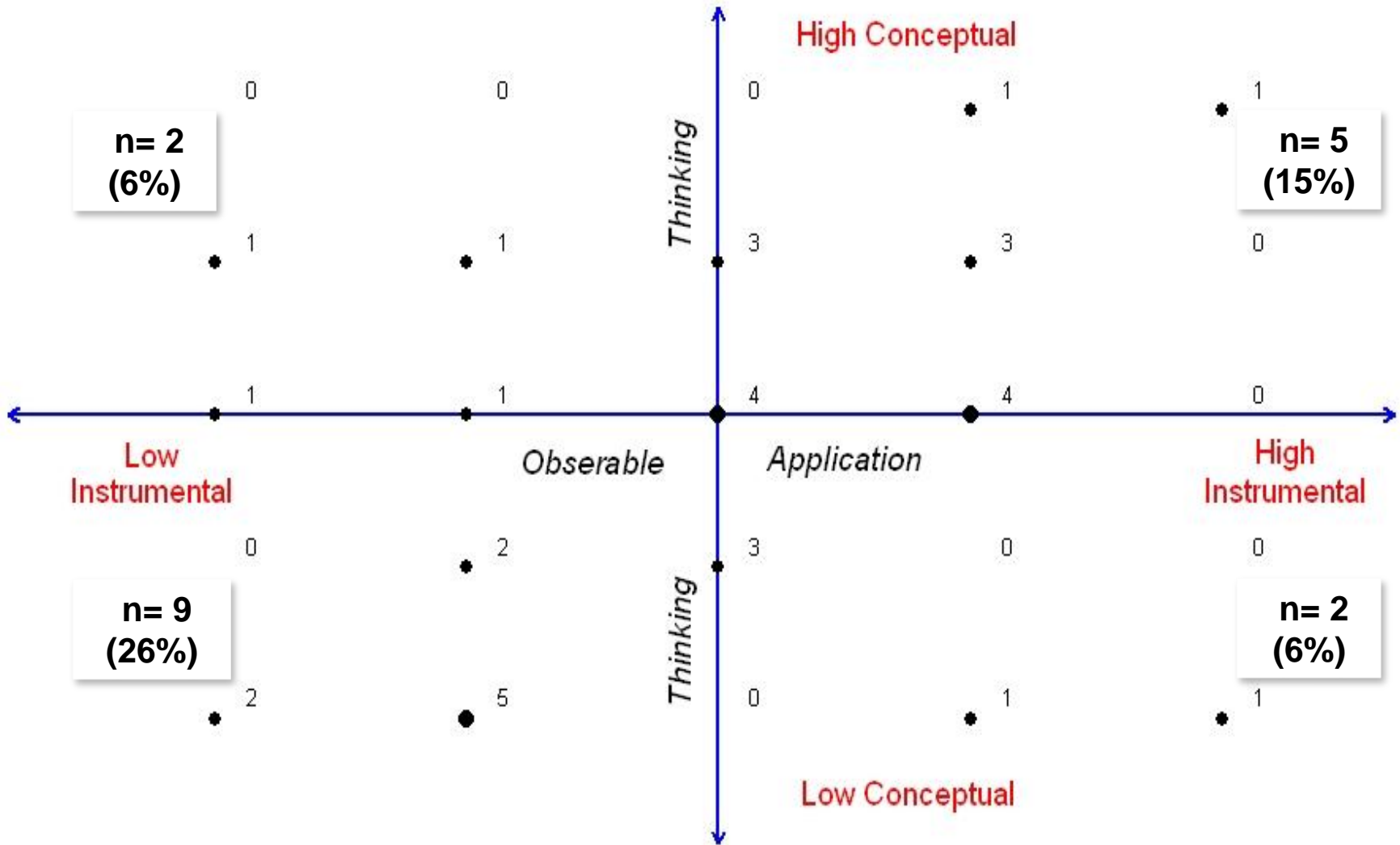
Moderate use (use about 50% of the time)  
 Instrumental: n=10 (29%); Conceptual: n=11 (31%)

# Research Utilization for Practice Specialists N=40



Moderate use (use about 50% of the time):  
 Instrumental: n=7 (18%); Conceptual: n=2 (5%)

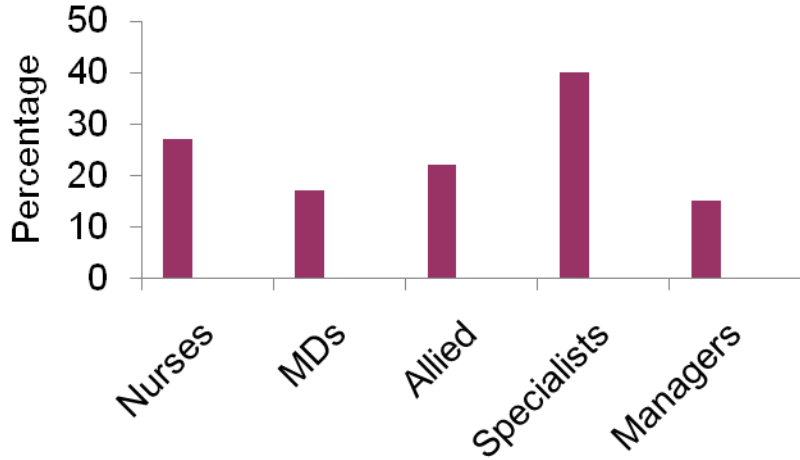
# Research Utilization for Managers N=34



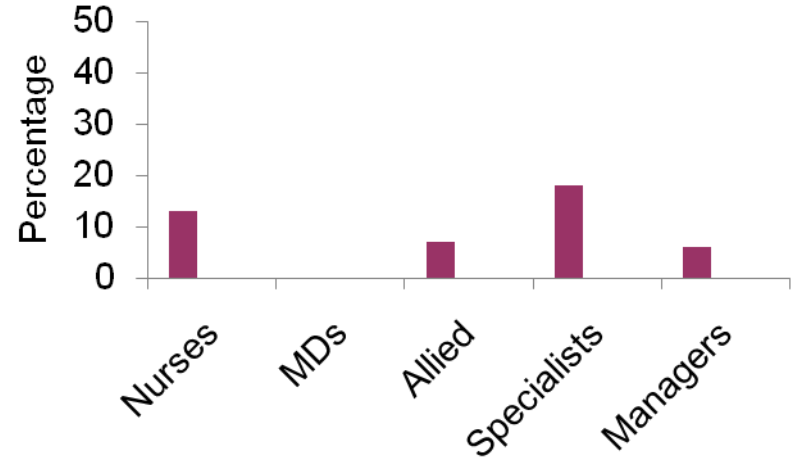
Moderate use (use about 50% of the time)  
 Instrumental: n=10 (30%); Conceptual: n=10 (30%)



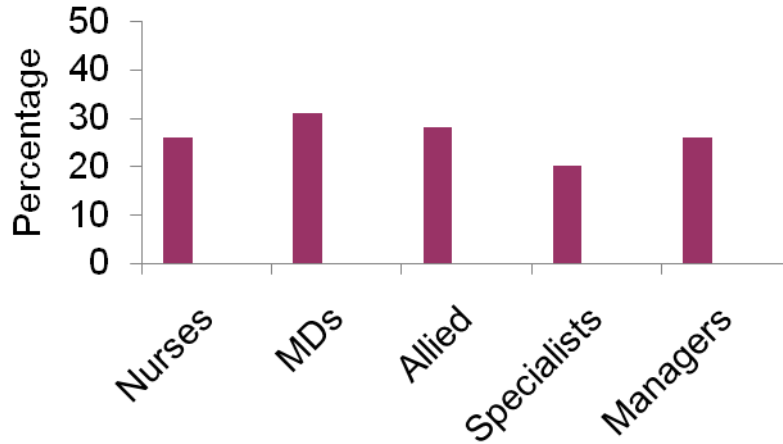
**Quadrant 1:  
High Instrumental, High Conceptual**



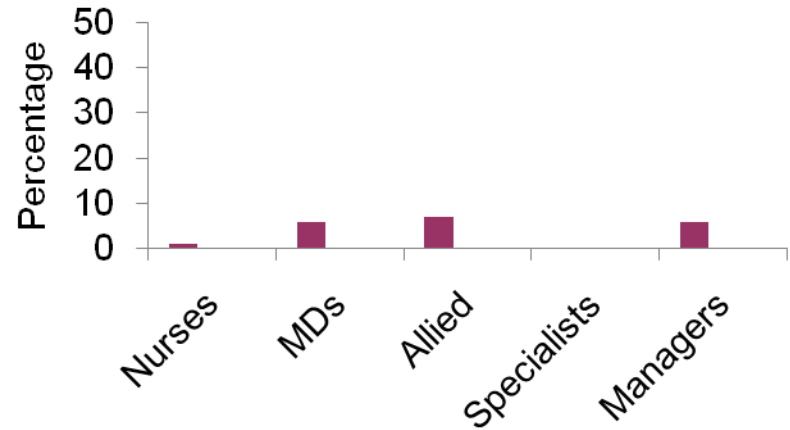
**Quadrant 2:  
Low Instrumental, High Conceptual**



**Quadrant 3:  
Low Instrumental, Low Conceptual**

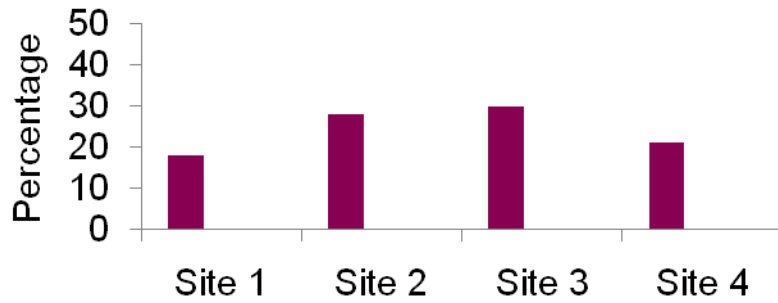


**Quadrant 4:  
High Instrumental, Low Conceptual**

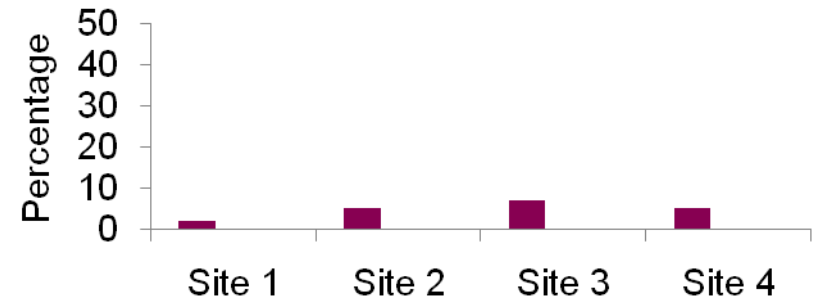


# Exploring Research Utilization Patterns by Hospital Site

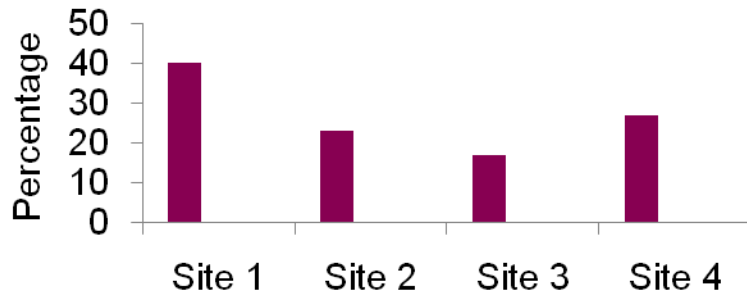
**Quadrant 1**  
**High Instrumental, High Conceptual**



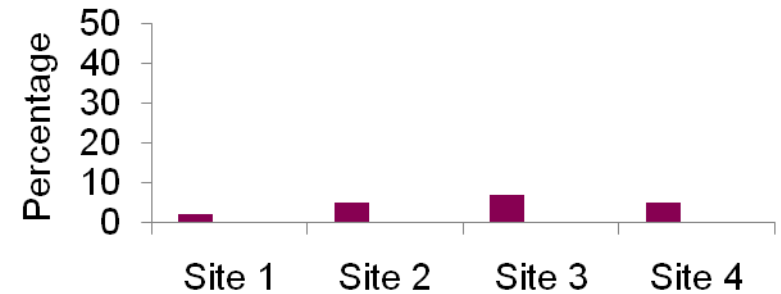
**Quadrant 2**  
**Low Instrumental, High Conceptual**



**Quadrant 3**  
**Low Instrumental, Low Conceptual**



**Quadrant 4**  
**High Instrumental, Low Conceptual**



# **Exploring Patterns**

## **Example 2**

Extent and patterns among nurses one and three years post-graduation

# **The complexity of research use –**

## **Extent and patterns among nurses one and three years post-graduation**

**(Full paper submitted to Journal of Advanced Nursing)**

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<sup>3</sup> Karolinska University Hospital, CRU (Clinical Research Utilization), Stockholm, Sweden

# Background

- **Descriptive, cross-sectional study**
- **Instrumental, conceptual and persuasive research use at 1 and 3 years after graduation**
- **Data collected 2006 within a Swedish nationwide survey: the LANE project (Longitudinal Analysis of Nursing Education)**
- **Two cohorts of nurses, n=1365 (1 year), n=933 (3 years)**

# Three types of research utilization

- **Instrumental:** Direct/concrete application of research findings
- **Conceptual:** Indirect/cognitive use of research findings
- **Persuasive:** Research used as a political tool

(Estabrooks, 1999)

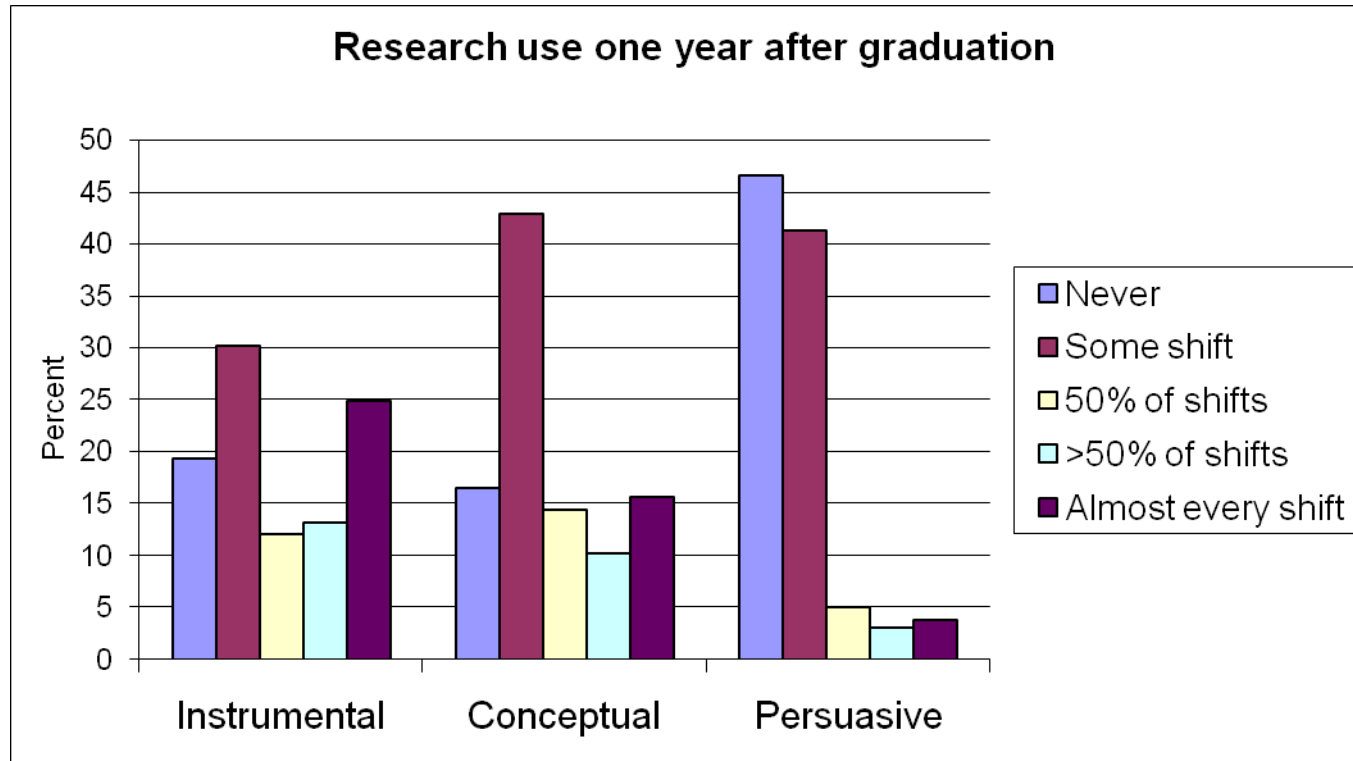
- Self-reported extent of research use during the past four working weeks:
  - 1='never'
  - 2='on some shifts'
  - 3='during about half of the working shifts'
  - 4='during more than half of the working shifts'
  - 5='on almost every shift'
  - 'don't know'

# Objectives

- **To describe the extent of research use in two cohorts of nurses, one and three years post graduation.**
- **To identify and describe the prevalence of naturally occurring research use patterns, by identifying clusters of nurses having similar research use profiles.**



# Variable-oriented approach



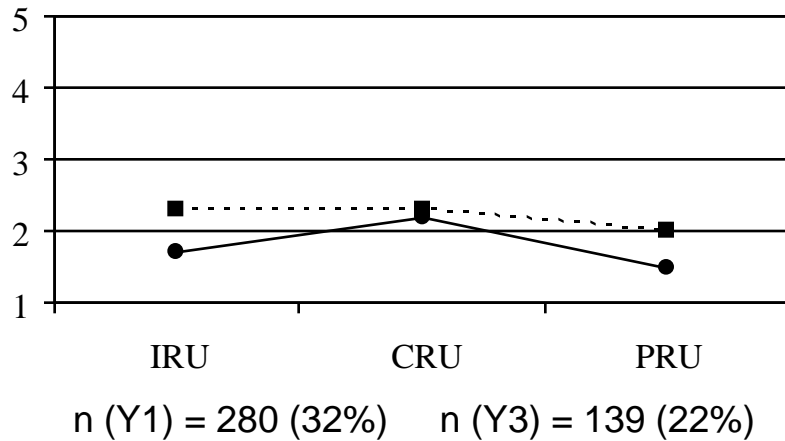
	Instrumental	Conceptual	Persuasive
Y1 mean (SD)	2.9 (1.5)	2.7 (1.3)	1.8 (1.0)
Y3 mean (SD)	3.0 (1.5)	2.7 (1.4)	1.8 (1.0)

# Pattern-oriented approach

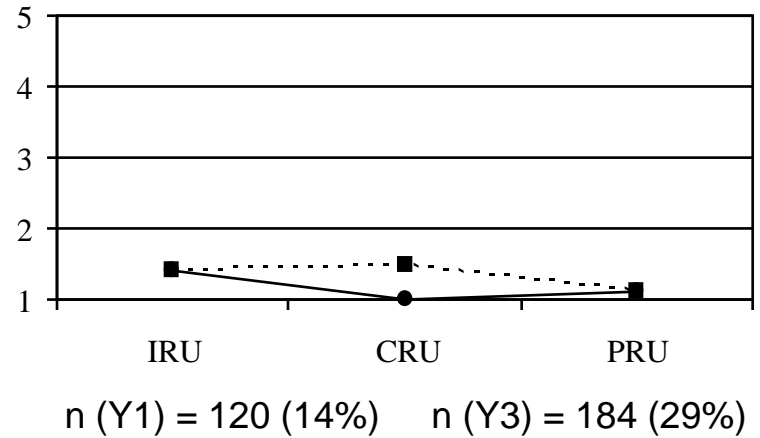
- **Cluster analysis**
- **Identification of homogeneous clusters/subgroups of nurses presenting similar research use-patterns**
- **Cluster variables:**  
**Instrumental, Conceptual and Persuasive research use**
- **Ward's hierarchical agglomerative method**
- **Computer software: SLEIPNER v. 2.1**

# Low users predominated

## Low users



## Very low users



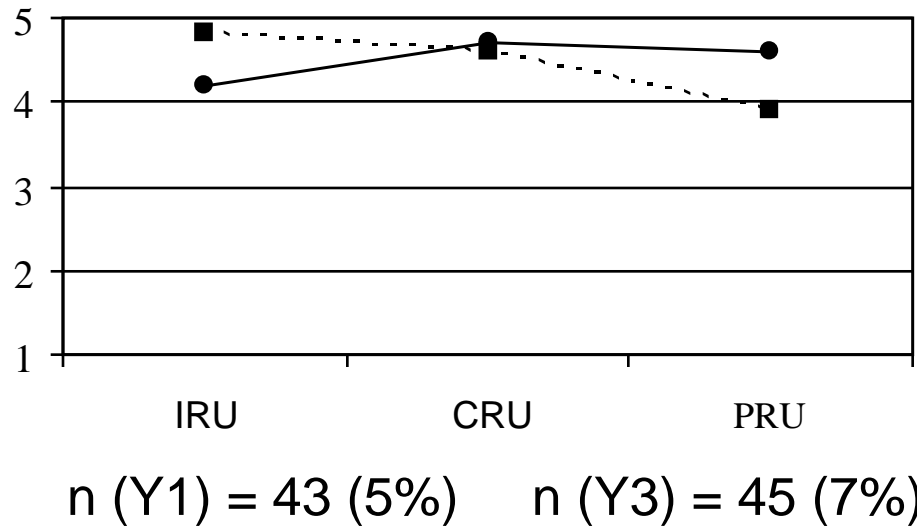
n (Y1) = 400 (46%)

n (Y3) = 323 (51%)

—— Y1  
 - - - Y3

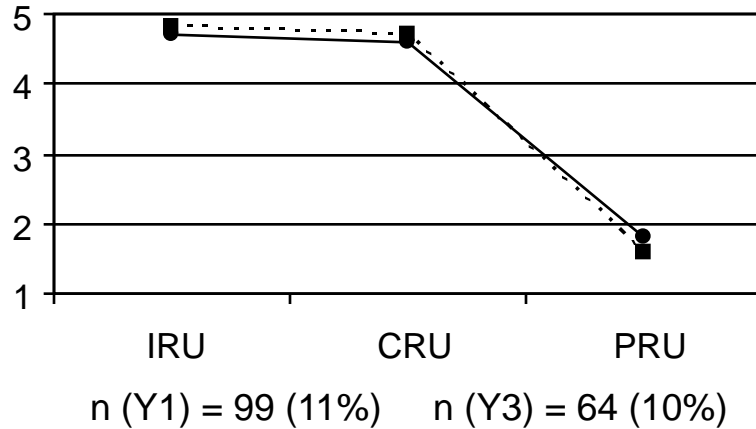
# Overall high users - Few but still existing

Overall high users

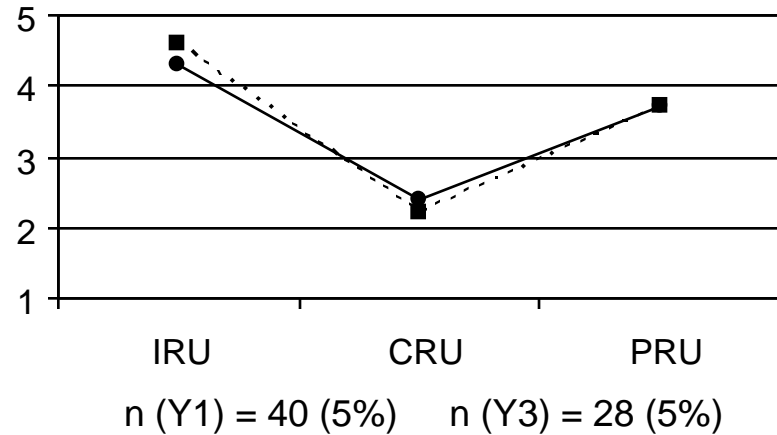


# Additional profiles

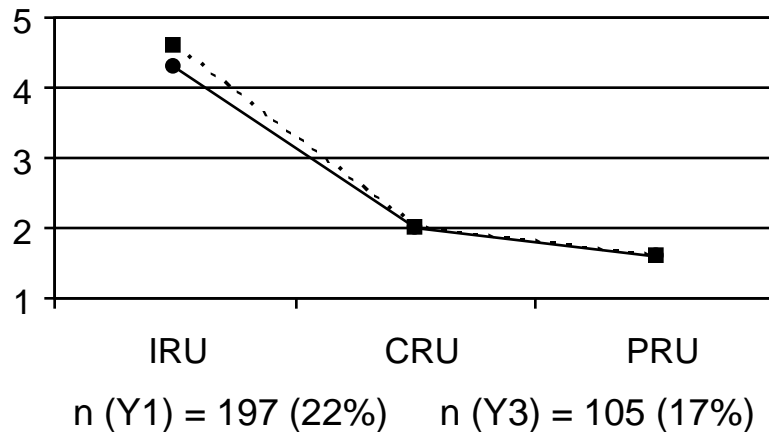
## Instrumental & conceptual users



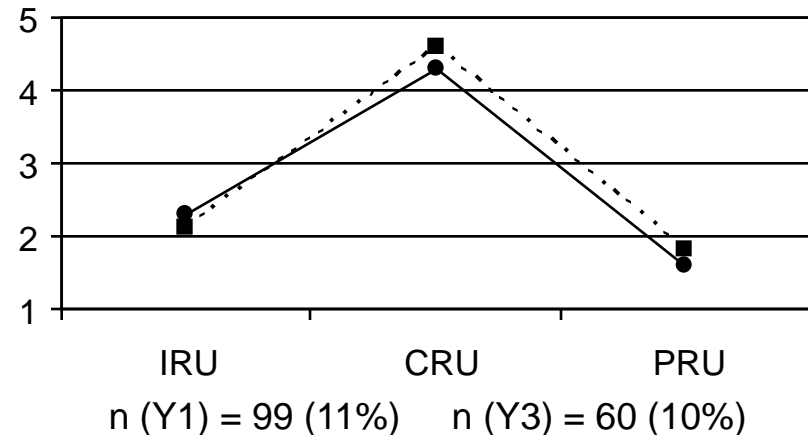
## Instrumental & persuasive users



## Instrumental users



## Conceptual users

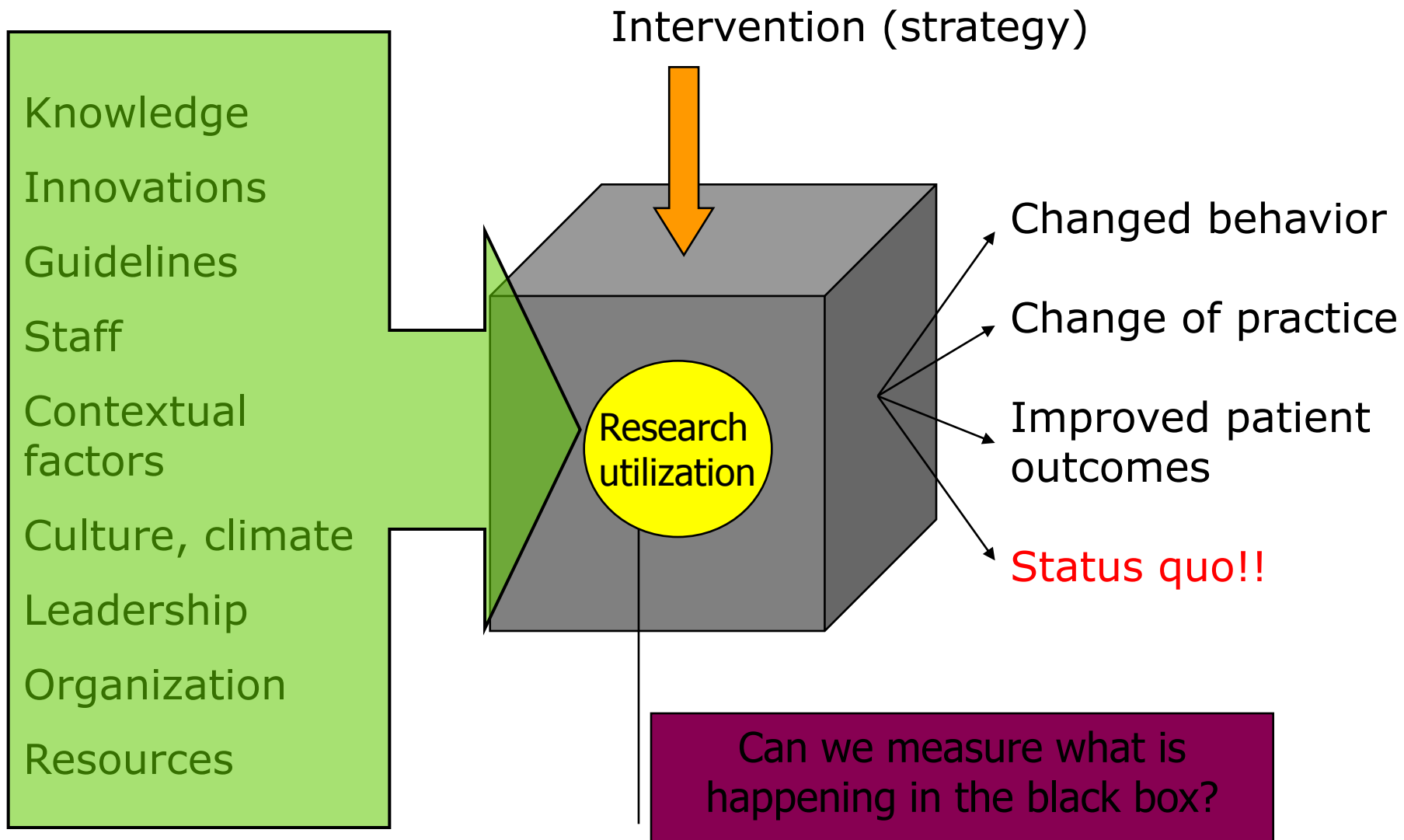


# Conclusions and new questions...

- **Low extent of research use**
- **No difference between cohorts according to variable-oriented analysis.**
- **'Very low users' more common at Y3.**
- ⇒ **Low research use – a failure of educational system, health care organisation or both?**
- ⇒ **Research use unchanged or deteriorating over time?**

# Why explore patterns?

- **Focus on research users as individuals rather than on research use as a variable**
- **Illustrates the complexity of research use**
  - **Research use is more than just use or non-use**
  - **Different 'types' of use in different combinations resulting in different profiles (patterns)**
  - **May facilitate tailoring of interventions to increase research use**
    - **Tailored to different profiles (profiles by provider group and/or unit/site)**
  - **Potential to explore the connections between RU profiles and clinical outcomes**



Intervention (strategy)

- Knowledge
- Innovations
- Guidelines
- Staff
- Contextual factors
- Culture, climate
- Leadership
- Organization
- Resources

Research utilization

- Changed behavior
- Change of practice
- Improved patient outcomes
- Status quo!!

Can we measure what is happening in the black box?



## Small group discussion

- 1. Do clinical outcomes differ among units with different patterns (or profiles) of research use?**
- 2. Does a pattern-oriented approach to measuring RU facilitate the identification of appropriate interventions to increase RU and improve clinical outcomes?**
- 3. Does a pattern-oriented approach help understand the “black box” on knowledge translation?**

# Future Directions

## **In Progress**

- **Concept clarity re research use. Parallel Project between Canada and Sweden (manuscript in progress)**
- **Review of instruments to measure instrumental research use (Canada and Sweden)**