

## Head Shoulders, Knees and Toes: Neurological Presentations and Serious Mimics

Pearls For Practice

### EMG Referral Guidance

#### Who does EMG?

- Only laboratories accredited by the CPSA and with a physician who has CPSA approved training as lab director may undertake testing
- Unlike EEG, patient is seen and examined by a physician, who may do the nerve conduction studies or a registered technologist may do the nerve testing
- Nerve conduction study can be done by a physician or registered technologist
- Electromyography is always done by the physician

#### EMG in Edmonton

- Ordering an EMG will include a nerve conduction studies and electromyography
- 2 specialities provide EMGs in Edmonton
  - A neurological EMG will also include a neurological exam as part of the consult. If you order an EMG from a neurologist you do not also need to order a neurological consult.
  - Physiatry will also include a neurological exam as part of the consult.
- **EMG triage is not centralized in Edmonton**

#### What to do with consult results that don't move you forward

- Second opinion within specialty
- EMG from other specialty
- Revisit the consultative request
- Call someone

#### EMG Referral Resources

- [Alberta Referral Directory](#) - search "EMG" labs. Not separated by neurologist/physiatrist.



**Referral, Access, Advice, Placement, Information & Destination (RAAPID)** for neurologist on call (or other specialist). Single point of contact for care providers to access higher level of care for patients

- **North of Red Deer - 1-800-282-9911 (Canada ONLY) or 780-735-0811**
- **South of Red Deer - 1-800-61-1700 (Canada ONLY) or 403-944-486**
- **Email: [rappid@ahs.ca](mailto:rappid@ahs.ca)**

**ConnectMD: <https://pcnconnectmd.com/>**

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Consider using **MyL3Plan**, a free online tool developed by the Office of Lifelong Learning (L3) that can be used to meet and support the 3 activities/action plans required by the PPIP-CPSA and earn up to 36 Mainpro+ certified credits. by completing the following cycles:

- Practice-driven quality improvement using objective data (CQI)
- Personal Development (PD)
- Standards of Practice Quality Improvement (SOP).

[Learn more here!](#)