



# PIAAF – Heart Health Check-up



We invite you to participate in a free heart health check-up which is available through the Program for the Identification of “Actionable” Atrial Fibrillation.

The PIAAF screening program is part of a research project in your community for older adults to have monitoring of heart rhythm, measuring blood pressure, and completing a checklist for other cardiovascular disease risk factors, all with the help of a trained professional. If there are risk factors found that show a need for changes to your medications, the results from this monitoring can be sent directly to your doctor to make a plan to improve your health.

See below for full schedule

## PIAAF - Edmonton Screening Session Locations:

Jasper Avenue Edmonton.....	11811- Jasper Avenue
Spruce Grove.....	505 Queen Street
Westmount Village.....	11450-Groat Road
Outpatient Rx UofA .....	8440-112 Street
Pleasantview Edmonton .....	11080-51 Avenue
Fort Saskatchewan .....	116 Town Crest Road
163 <sup>rd</sup> & 96 Westgate.....	9540-163Street
Clareview Edmonton .....	13610 Victoria Trail NW
167 <sup>th</sup> Ave & 82 Street .....	16703-82 street
Manning & Miller .....	14403 Miller Boulevard



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## December 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Spruce Grove 505 Queen Street Time: 0900-1600 hrs	2 Outpatient Rx UofA U of A Hospital Time: 0800-1600hrs	3 Clareview Edmonton 136 Victoria Trail Time: 0800-1600hrs	4 Manning & Miller 14403 Miller Blvd Time: 0900-1600hrs	5 167Ave & 82 Street Time: 0900-1600hrs	6
7	8 Spruce Grove 505 Queen Street Time: 0900-1600hrs	9 Pleasantview 11080 – 51 ave Time: 0800-1600hrs	10 Westmount Village 11450 Groat Road Time: 0900-1600hrs	11 163 & 96 Westgate 9540 163 Street Time: 0900-1600hrs	12 Fort Saskatchewan 116 Town Crest Rd Time: 0900-1600hrs	13
14	15 Southgate Mall Time: 09:30 – 4:00	16 Southgate Mall Time: 09:30 – 4:00	17 Southgate Mall Time: 09:30 – 4:00	18	19	20
21	22	23	24 No Session	25 No Session	26 No Session	27
28	29 No Session	30 No Session	31 No Session	1 No Session	2	

For More Information, Contact the Local Coordinator: Janis Baarda at (780) 492-6156 or [jbaarda@ualberta.ca](mailto:jbaarda@ualberta.ca)