

Adapted Physical Activity Graduate Certificate

What is it?

The focus of the Adapted Physical Activity (APA) Graduate Certificate is using a disability-affirming approach to enhance skilled practice and reflexive learning. Focused on understanding disability within a larger context of equity, diversity, and inclusion (EDI), students in this graduate certificate program will advance critical thinking skills, reflect on taken for granted practices and assumptions, and explore practice oriented tools and knowledge.

By fostering attitudes that are welcoming, affirming, and supporting, this APA Certificate is about reducing barriers, inhibitors, and constraints, and advocating access to active lifestyles and sport, by supporting facilitators and affordances that will promote innovative and cooperative service delivery, provide supports as needed, and empower individuals.

Who is it for?

This program will be of interest to:

- Individuals experiencing a disability or living with someone experiencing a disability
- Recreation and Leisure Professionals
- Tourism Professionals
- Provincial and National Sport Organizations
- Community Non-Profit Organizations
- Community Development Professionals
- Health Professionals
- Physical Educators
- Event Management
- Recreation Facilities Operators
- Fitness and Well-Being Professionals
- Allied Health Professionals
- Individuals working in Sport (including athletes and coaches)
- Community Service Professionals

What knowledge and skills will I gain?

Upon successful completion of the certificate, students will be able to:

- Have a working knowledge of how to manage sport and recreation organizations effectively in the public, non-profit/voluntary and commercial sectors, including facility and event management.
- Access, critique, and apply research to practice in order to foster ongoing professional growth.
- Apply critical thinking and problem solving skills to issues within adapted physical activity settings (i.e. sport, recreation, education, health, wellness, and fitness programming).
- Apply knowledge and skills to facilitate inclusion of individuals in a variety of movement settings
- Develop and demonstrate effective professional oral, written, and visual communication skills in the context of a leadership role.

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- Reflect about and anticipate the impact of strategic decisions on adapted physical activity organizations and their stakeholders, including community members experiencing disability, caregivers, families, staff, and volunteers.
- Identify and problematize barriers/inhibitors/constraints, policies, ideas, and practices that marginalize or exclude people who experience disability.
- Apply equity, diversity, and inclusion lenses to policies, practices, and programs in order to support meaningful access for a broad range of participants.

What are the requirements?

- Eligible students will have an Undergraduate Degree, with a GPA of 3.0 (if you do not meet this, please contact the Manager, International and Community Education at KSRCert@ualberta.ca)
- A current curriculum vitae/resume.
- A letter of intent.
- One professional reference.

What courses will I take?

Students are required to complete four courses, each worth 3 credits, for a total of 12 credits. There are eight courses to choose from. Courses are offered online only and students will have up to four years to complete the certificate.

The nature and number of courses offered in a calendar year will vary. All eight courses will not be offered each year.

- Critical survey of key topics in Adapted Physical Activity
- Program Evaluation and Assessment
- Being a Reflexive Practitioner
- Accessible Design for APA
- Instructional Approaches & Programming Models
- Coaching Athletes Experiencing Disability
- Integrating Disability Perspectives into APA Practices
- Trauma-informed practice

When will courses be offered?

This program will begin in Fall 2021. Applications for admissions will open on October 1st, 2021. Students can begin in Fall, Winter, or Spring. Application deadlines are:

- Fall: August 1
- Winter: December 1
- Spring: April 15

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How much does the Certificate cost?

Tuition is \$6,400.00 to complete all four courses in the certificate, plus non-instructional fees. Each course is approximately \$1,600.00 plus non-instructional fees.

REGISTRATION OPENS OCTOBER 1ST, 2021!

Need additional information?

Visit UAB.CA/KSRCert or email Jill Cameron at KSRcertificates@ualberta.ca



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