

# Faculty Report

2013 - 2014

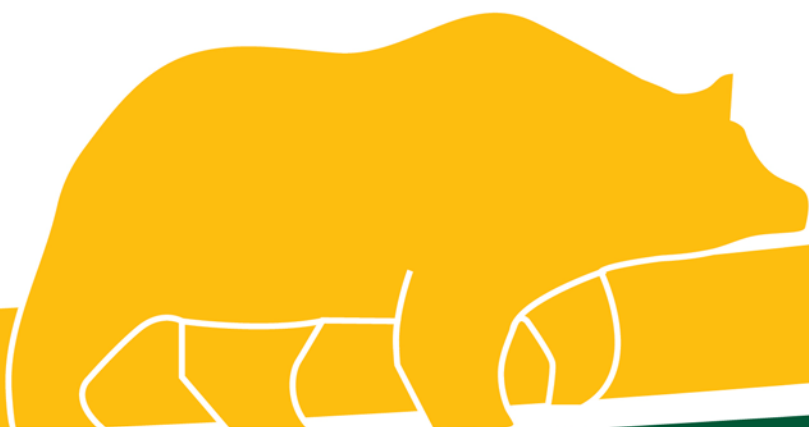
Reporting on the Faculty of Physical Education and Recreation's achievements, scholarly activities, athletics and recreation services.

Edmonton, Alberta

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## I. Message From the Dean

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This year marks the completion of my fourth year as Dean of the Faculty of Physical Education and Recreation, a year that has been both busy and productive from the Faculty perspective.

I begin by welcoming three new Professor Emeriti to the distinguished group of Faculty professors who have retired from the University as full professors within our Faculty.

- Dr. **Marcel Bouffard** LEP (Laval), MSc (Montreal), PhD, (Alberta). Professor Emeritus of Physical Education and Recreation (1989-2014)
- Dr. **Vicki Harber**, BPE (Ottawa), BEd (Western), PhD (McMaster). Professor Emeritus of Physical Education and Recreation (1991-2014)
- Dr. **Gordon Bell**, BSc (Saskatchewan), MSc (Victoria), PhD (Alberta). Professor Emeritus of Physical Education and Recreation (1993-2014)

Of course welcoming Marcel, Vicki and Gordon to the ranks of the Professors Emeriti means that they have retired from 'active duty' in the Faculty. They will be missed. A tremendous thank you goes to each of them for their decades of dedication and contribution to the Faculty. After many years of service to the faculty in his role as practicum supervisor, **David Mitsui** MA (Alberta), also joined the ranks of the retired. As with Vicki, Marcel and Gordon, I thank David for his years of dedicated service and wish each of them all the best in their retirement years.

On the promotion and tenure front, I am pleased to congratulate **Drs. Tara-Leigh McHugh** and **Michael Kennedy** who were both tenured – and promoted to the rank of Associate Professor on July 1, 2014.

I am very pleased to highlight – and congratulate – **Dr. Joanna Auger** as a recipient of the 2014 William Hardy Alexander Award for Excellence in Undergraduate Teaching, one of the University of Alberta's teaching excellence awards. Congratulations also go to the following Faculty members, who were the recipients of the Dean's Recognition Awards for the 2013-14 academic year:

- Coaching:
  - **Mr. Matt Parish** (Rugby)
- Research:
  - **Dr. Kerry Courneya**
- Service and Administration
  - Service: **Ms. Mary Ann Rintoul**
  - Administration: **Ms. Sharon Kaminecki**
- Teaching (Faculty):
  - **Dr. Normand Boule**
- Teaching (Sessional)
  - **Dr. Joan Mathews White**
- 'Dan Syrotuik' Core Values
  - **Dr. Dan Syrotuik**



Teaching during graduate school is an experience not to be missed – seriously. Teaching in graduate school prepares the student for her/his step into a career in front of a classroom. As such, graduate teaching experience is highly valued by employers. In 2013-14, the Faculty recognized a number of its graduate student for their excellence in undergraduate teaching. The award winners for this past year were:

- **Tara Chisholm**
- **Katie Davis**
- **Étienne Myette-Côté**
- **Saeed Reza Toghi Eshghi**

Last year saw two important appointments within the Faculty. First was the appointment of **Mr Rob Krepps** as the Associate Director Sport Development. Rob has long run a world-class curling program within the Faculty and is now turning his attention to the establishment of the GREEN and GOLD SPORT SYSTEM – an integrated athlete and coach development system within the Faculty of Physical Education and Recreation. The GREEN and GOLD SPORT SYSTEM will operationalize Long-Term-Athlete-Development (LTAD) and the Canadian Sport for Life (CS4L) program in a multi-sport, sport development program. We will see the product of Rob’s work launched in the summer of 2015. The Faculty also welcomes (back) **Ms. Nora Johnston** to the position of Director, Alberta Centre for Active Living (ACAL). Nora completed a masters degree in the Faculty in the 1990’s and worked in ACAL’s predecessor, the Alberta Centre for Well-Being before moving on to work for over a decade with Alberta Health. I am pleased to have Nora back in the fold and thank **Judith Down** for her fifteen years as the Director of ACAL prior to her retirement in March of 2014.

The past year has many highlights as noted through the balance of this report. In recalling the past year, I would like to note the following achievements:

- An all-time high in Canadian Institute of Health Research (CIHR) research funding of over \$875,000
- A five-year high in books published (6)
- A five-year high in book chapters published (28)
- Alberta Centre for Active Living’s 25<sup>th</sup> Anniversary
- The launch of e3 Brazil in conjunction with the World Cup of soccer in Brazil
- 3 CIS National Championship teams (Women’s rugby, Men’s hockey, Men’s volleyball)
- 1 World Championship team (women’s junior world champions)
- And a bevy of other accomplishments as noted in the body of this report.



The year saw much progress on the construction front as the hole in the ground at the corner of 114<sup>th</sup> Street and 87<sup>th</sup> Avenue has grown into the Physical Activity and Wellness (PAW) Centre – or at least the climbing wall and fitness centre portion of the PAW with the opening planned in September of this year (2014). Completion of the PAW Centre, redevelopment of the Steadward Centre, renovation of the 4<sup>th</sup> Floor of the east Wing van Vleit Centre and acquisition of a completely renovated University Hall (UHall) all look to be complete in the next academic year, thereby expanding the footprint of the Faculty to a very impressive cornerstone of the main entrance to the University.

Respectfully Submitted



W. Kerry Mummery, PhD  
Professor and Dean  
Faculty of Physical Education and Recreation  
University of Alberta

## II. Faculty Management

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### Faculty management group

Dean & Chair, Dr. Kerry Mummery  
Vice Dean, Dr. Wendy Rodgers  
Associate Dean, Graduate Studies, Dr. Donna Goodwin  
Associate Dean, Undergraduate Programs, Dr. Janice Causgrove Dunn  
Associate Dean, Research, Dr. John Spence  
Acting Associate Dean, Research, Dr. Nick Holt  
Associate Dean, Community and International Engagement, Dr. Tom Hinch  
Assistant Dean, Administration, Brian Esslinger  
Director, Recreation Services, Dr. Leah Hall Dorothy  
Director, Advancement, Eric Upton  
Director, Athletics, Dr. Ian Reade  
Director, Operations, Cheryl Harwardt  
Marketing and Communications Coordinator, Jocelyn Love  
Marketing and Communications Coordinator (Acting), Andrea Brown  
Executive Assistant to the Dean, Keri Blue

### Faculty Executive

#### Voting

Dean & Chair, Dr. Kerry Mummery  
Vice Dean, Dr. Wendy Rodgers  
Associate Dean, Graduate Studies, Dr. Donna Goodwin  
Associate Dean, Undergraduate Programs, Dr. Janice Causgrove Dunn  
Associate Dean, Research, Dr. John Spence



Acting Associate Dean, Research, Dr. Nick Holt  
Associate Dean, Community and International Engagement, Dr. Tom Hinch  
Director, Recreation Services, Dr. Leah Hall Dorothy  
Director, Advancement, Eric Upton  
Director, Athletics, Dr. Ian Reade  
Director, Operations, Cheryl Harwardt  
Faculty Council Representatives, Dr. Jim Denison, Dr. Pirkko Markula and Dr. Kerry Courneya  
Marketing and Communications Coordinator, Jocelyn Love  
Marketing and Communications Coordinator (Acting), Andrea Brown  
NASA Representative, Robin Stewart  
PERGSS President/Graduate Student Association, Meagan Carey  
PERCS VP Academic/Undergraduate Student Association, Jeff Lewis

#### Non-voting

Assistant Dean, Administration, Brian Esslinger  
Executive Assistant to the Dean, Keri Blue

#### Faculty Evaluation Committee

Dean & Chair, Dr. Kerry Mummery  
Dr. Tanya Berry  
Dr. Darren DeLorey  
Dr. Jay Scherer  
Dr. Nick Holt  
Dr. Wendy Rodgers  
Dr. Frank Marsiglio, Professor, Department of Physics  
Dr. John Spence

#### Coaches Evaluation Committee

Dean & Chair, Dr. Kerry Mummery  
Director, Athletics, Dr. Ian Reade  
Head coaches – Terry Danyluk, Laurie Eisler, Liz Jepson  
Faculty representative, Dr. John Dunn  
External – Associate professor, Elementary Education, Dr. Clive Hickson

### III. Professoriate 2012-13

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#### Full Professors (17)

Dr. Gordon Bell  
Dr. Marcel Bouffard  
Dr. Kerry Courneya  
Dr. John Dunn  
Dr. Karen Fox  
Dr. Donna Goodwin  
Dr. Vicki Harber

Dr. Tom Hinch  
Dr. Nick Holt  
Dr. Brian Maraj  
Dr. Kerry Mummery, Dean  
Dr. Pirkko Markula  
Dr. Dan Mason  
Dr. Stewart Peterson  
Dr. Wendy Rodgers, Vice Dean





Dr. John C. Spence  
Dr. Billy Streat  
Dr. Gordon Walker

#### Associate Professors (13)

Dr. Tanya Berry  
Dr. Normand Boulé  
Dr. Janice Causgrove Dunn  
Dr. David Collins  
Dr. Judy Davidson  
Dr. Darren DeLorey  
Dr. Jim Denison  
Dr. Elizabeth Halpenny  
Dr. Kelvin Jones  
Dr. Lisa McDermott  
Dr. Ted Putman  
Dr. PearlAnn Reichwein  
Dr. Jay Scherer

#### Assistant Professors (10)

Dr. Valerie Carson  
Dr. Craig Chapman  
Dr. Loren Chiu  
Dr. Margie Davenport  
Dr. Michael Kennedy  
Dr. Tara-Leigh McHugh  
Dr. Zac Robinson  
Dr. Howie Harshaw  
Dr. Nancy Spencer-Cavaliere  
Dr. Craig Steinback

#### Faculty Lecturers

Dr. Joanna Auger  
Dr. Angela Bayduza  
Tamara Bliss  
Dr. Craig Cameron  
Mary Ann Rintoul  
Dr. Sean Ryan  
Dr. Pierre Baudin

#### A. Academic Administrative Staff

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Leanne Baudistel	Administrative Assistant
Beverly Ethier	Administrative Assistant
Alex Game	Kinesiology Technologist
Meagan Hickey	Administrative Assistant
Ann Jordan	Graduate Programs Advisor
Jason Lafferty	APO, Academic Programs
Christina Lau	Program Coordinator
Ian MacLean	Laboratory Technologist
Carmen McConnell	Administrative Assistant
David Mitsui	Practicum Officer
John Newton	Musical Arranger/Accompanist
Darcie Tessari	Undergraduate Programs Advisor
Karen Willsher	Undergraduate Programs Advisor
Tyson Lazaruk	Recruitment/Practicum Officer



## B. Golden Bears and Pandas Coaching Staff

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### Head Coaches

Barnaby Craddock  
Terry Danyluk  
Owen Dawkins  
Howie Draper  
Scott Edwards  
Laurie Eisler  
Bill Humby  
Liz Jepsen  
Rob Krepps  
Ian Herbers  
Stan Marple  
Wes Moerman  
Matt Parrish  
Russ Sluchinski  
Chris Morris  
Robin Stewart  
Len Vickery

Men's Basketball  
Men's Volleyball  
Men's and Women's Wrestling  
Women's Ice Hockey  
Women's Basketball  
Women's Volleyball  
Men's and Women's Swimming  
Women's Soccer  
Men's and Women's Curling  
Men's Ice Hockey  
Men's Ice Hockey  
Track and Field; Cross Country  
Women's Rugby  
Men's and Women's Tennis  
Football  
Men's and Women's Golf  
Men's Soccer

### Assistant Coaches

Men's and Women's Curling  
Men's and Women's Swimming  
Men's and Women's Tennis  
Men's and Women's Track and Field

Men's Basketball  
Men's Football

Men's Hockey  
Men's Soccer  
Men's Volleyball  
Women's Basketball

Women's Hockey  
Women's Rugby

Women's Soccer

Gary Coderre  
Richard Millns  
Bryce Southworth  
Dwight Francis, Jim Koch, Ron Thompson,  
Corey Choma, Raeleen Hunter,  
Emmanuel Parris  
Kent Johnson, Nick Maglisceau, Jon Verhesen  
Chris Bell, Steve Boyko, Frantz Clarkson,  
Sam Grewcock, Glen Harper, Matt Hill,  
Gord Hinse, Richard Klimushko, Kent Love,  
Sean Reader, Ryan Schulha, Randy Spencer,  
Dan Syrotuik  
Matt Bachewich, Ryan Marsh, Ted Poplawski  
Kurt Bosch, Alex Dickson, Kyle Jhamandas  
Dale Johns, Craig Marshall, Kyle Puszkarenko  
Kelly Haggstrom, Thomas, Slifka,  
Michelle Maglisceau, Robyn Fleckenstein,  
Tyler Tait  
Brett Anderson, Angie Poznikoff, Kristen Young  
Alex Game, Adriana Footz, Natalie Mailman, Heather Parish,  
Randi Ross  
Alexandra Ash, Rob Buchanan, Heather Chinellato, Krista Gavin



Women's Volleyball

Pierre Baudin, Jocelyn Blair, Loren Chiu, Camilla Knight, Mike Ling, Jen Telfer, Mike Noble

#### **Athletics: Support Staff**

Beatrix Baker

Danielle Boehres

Matt Gutsch

Vang Ioannides

Dale Johns

Sharon Kaminecki

Jonathan Krywulak

Marina Leyderman

Eric Malmas

Joan Matthews White

Michael McTeague

Tyler Mussbacher

Katie Spriggs

Brad Hamilton

Breanne Ferris

Robin Stewart

Stacey Wickman

Athletics Sponsorship

Athletic Therapist

Communications

Associate Director

Accounts Assistant

Administrative Assistant

Event Manager

Accounting Supervisor

Event Coordinator

Head Varsity Therapist

Associate Director

Athletic Therapist

Associate Director

Multimedia & Promotion Coordinator

Event Services Coordinator

Sport Program Coordinator

Administrative Assistant

#### **C. Office of Advancement**

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Eric Upton

Robert Kinasewich

Mark Korthius

Director of Advancement

Director of Special Projects

Development Officer

#### **D. Communications**

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Andrea Brown

Jocelyn Love

Marketing and Communications Coordinator  
(Acting)

Marketing and Communications Coordinator

#### **E. Centre for Active Living**

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Nora Johnston

Betty Lee

Christina Loitz

Carol Knull

Don Buchanan

Jill Carlson

Cally Jennings

Director

Centre Coordinator

Knowledge Translation Specialist

Financial Administrator

Communications and Marketing Coordinator

UWALK Social Marketing and Communication Coordinator

UWALK Research Associate (on maternity leave)



Katie Kowalyk  
Lynda Matthews-Mackey  
Nicole McLeod  
Rosanne Prinsen

UWALK Facilitator  
Administrative Assistant  
UWALK Implementation Coordinator  
Resource Coordinator

## F. Recreation Services Staff

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Leah Hall Dorothy	Director
Joy Chikinda	Associate Director
Grachella Garcia	Associate Director (April 1, 2014)
Brian Gratrix	Program Coordinator
Nicolette Marshall	Program Coordinator
Sheila Pelz	Accounting/Administrative Assistant
Naissa Preston	Program Coordinator
Megan Ragush	Program Coordinator
Tammy Dieno	CLASS Administrator

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## G. Operations Staff

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### 1. North Campus

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#### Operation Staff

Cheryl Harwardt	Director
Rob Krepps	Associate Director Sport Development/Head Coach Curling
Greg Lembke	Manager, Saville Community Sports Centre – West
Christine Ma	Associate Director – Maternity leave (April 2013 – May 2014)
Russ Sluchinski	Manager, Tennis
Rob Stewart	Manager, Saville Community Sports Centre – East
Shaun Arkison	Operations Maintenance
Lois Arnason	Bookings Clerk/Reception
Dean Budynski	Operations Services Coordinator
Bruce Bourguignon	Operations Maintenance Supervisor, South Campus
Brian Bowers	Aquatics Supervisor
Rob Callahan	Facilities Attendant
Chelsea Carey	Activity and Leisure Camp Coordinator – Maternity leave Replacement for Jessica Holmgren, April 2014 – May 2015)
Laura Crocker	Curling Coordinator – Maternity leave replacement for Karla

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Guy Crosswhite	Fullwood, March 2014 – April 2015)
Cheryl Danchuk	Arena/Fitness Maintenance
Laurie Ennik	Customer Service
Mark Ennik	Administration Supervisor – South Campus
Dean Fargey	Assistant Supervisor, Equipment Room
Karla Fullwood	Operations Maintenance
Ben Gallaher	Curling Supervisor – Maternity leave (March 2014 – April 2015)
	South Campus and Foote Field Supervisor
	(Maternity leave replacement for Christine Ma Sept 2013 to May 2014)
Paul Glassford	Facilities Attendance
Barb Gordon	Customer Service Coordinator – SCSC West
Cal Grainger	Arena Attendant
Chelsea Guthrie	Assistant Sports Coordinator
Jessica Holmgren	Activity and Leisure Camp Coordinator – Maternity leave (April 2014 – May 2015)
Stephanie Hooft	Operations Maintenance
Andrea Jones	Tennis Coordinator
Lloyd King	Climbing Centre Supervisor
Hania Kura	Equipment Room Supervisor
Christine Legault	Facilities Allocation Lead
Susan Lenio	Marketing/Events Bookings Coordinator – SCSC West
David Lyle	Fitness & Lifestyle Supervisor
Kelly Lyons	Bookings/Contracts Clerk – Maternity leave replacement April 2014 – April 2015)
Travis Maloney	Facilities Attendant
Mitch McKee	Assistant Sports Coordinator
Kyle McMahon	Operations Maintenance, Coordinator – SCSC West
Erin Mikulin	Bookings/Contracts Clerk – Maternity leave April 2014 – April 2015
Anna Minarchi	Accounting Supervisor
Scott O’Shea	Facilities Attendant
Corey Peterson	Operations Maintenance
Alyssa Pietucha	Facilities Attendant
Yvonne Pugh	Customer Service Coordinator – SCSC East
Whitney Santa	Accounting Assistant
Randy Shaw	Operations Maintenance
Sheldon Thomas	Operations Maintenance
Dan Walter	Operations Maintenance, Coordinator – SCSC East
Monty Wood	Arena Supervisor



## 2. South Campus

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### Canadian Athletics Coaching Centre

James Denison	Director
Brian Kropman	Associate Director and Administrator
Scott Saunders	Student
Wes Moerman	Associate Director

### H. The Steadward Centre Staff

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Karen Slater	Associate Director
Gina Newell	Financial Administrator
Shirley Ewmett	Receptionist
Bobbi-Jo Atchison	Community Transition Coordinator
Kirsti Van Dornick	Athlete Development Coordinator
Nathan Kindrachuk	Athlete Development—Para-swim coach
Scott Durocher	AFPA* APA** Consultant—Team Lead
Claire McWilliams	APFA APA PFT
Jessica Impola	Community Transition—APA Consultant
Amanda Ebert	Free2BMe APA Consultant—Team Lead
Philip Krol	Free2BMe APA Consultant
Stephanie Liew	Free2BMe APA Consultant
Megan Gergatz	APA Instructor—summer
Brett Fitzpatrick	APA Instructor
Katherine Hense	APA Instructor
Allwyn Merritt	APA Instructor
Dana Moewes	APA Instructor
Kristian Panis	APA Instructor
Kyle Pushkarenko	APA Instructor
Ashley Wu	APA Instructor
Natasha Zimmerling	APA Instructor

\* AFPA (Adapted Fitness Programs for Adults)

\*\*APA (Adapted Physical Activity)

### I. Technical staff

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Corey Chevraux	Information Technology Manager
Zoltan Kenwell	Electronic Specialist/Photographer
Ian MacLean	Laboratory Technologist
Josh McNutt	Desktop Support Specialist
John Newton	Musical Arranger/Accompanist
Christopher Perkovic	Junior Technical Systems Analyst

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Faculty of Physical Education and Recreation  
Faculty Report 2013-14; Published December 2014, Version 1  
Compiler: Andrea Brown/Jocelyn Love; input provided by the academic, athletic, and recreation services units  
For the most accurate version of this document, please refer to the Faculty of Physical Education and Recreation website.

Document is subject to change.



## IV. Academic Programs

### A. Undergraduate Enrollment

#### 1. 2013/14 Registrations by Year and Program

	Year 1	Year 2	Year 3	Year 4	Total
BARST/RLS	59	62	53	23	197
BPE	73	100	134	103	410
BPE/BEd	27	34	24	0	85
BScKin	70	56	76	65	267
TOTAL	229	252	287	191	959
			Special/Visiting (29)		988

#### 2. Number of Applications Received Per Program

	2012-13	2013-14	% change
BPE	572	576	0.7%
BPE/BEd	322	73 (Elem) / 177 (Sec) = 250	-22.4%
BSc Kin	595	654	9.9%
BARST	282	320	13.5%
	9 Visiting student applications 23 Special student applications	10 Visiting student applications 43 Special student applications	11.1% 86.9%

#### 3. Final Admitting Averages

Final High School/Transfer Averages per Program		
	2012-13	2013-14
BPE	80/3.0	80/3.0
BPE/BEd	80/3.0	80/3.0
BScKin	80/3.3	82/3.3
BARST	75/2.3	75/2.3

### B. Undergraduate Student Scholarship Awards

- The AG (Gil) Gilmet Award
  - The Dorothy Harris Dance Award
  - A Janie Larsen Memorial Award
- Ryan Lacy  
 Nikol Robbins  
 Jennifer Schmidt



- The ML Van Vliet Scholarship Kendall Schultz
- The Marokus Scholarship in Physical Education Lewis Anderson
- The Michael Cameron Memorial Scholarship Lydia Sokol
- The Reg Rault Memorial Scholarship Maxwell Harrison
- The Dr Erwin and Gerda Bako Memorial Scholarship Alicia Byblow
- The Margaret Ellis Undergraduate Scholarship Alexandra Kirincic, Brendan DeForge
- The Ruby Anderson Undergraduate Award Melissa Bouwsema
- The RG Glassford Scholarship for Excellence in Physical Education and Recreation Safia Samji
- Kathlene Yetman Memorial Award Colleen Cheze
- A Faculty of Physical Education and Recreation Scholarship for Academic Excellence Leah Rusnell, Jesse Vander Meulen, Quinton Rebke
- The Dr Elsie McFarland Leadership Award Rosemarie Kilgannon
- The Helen M Eckert Lifespan Development Scholarship Uday Chauhan
- The Edmonton 2001 World Championships in Athletics Sport Performance Undergraduate Scholarship Said Sayah
- The Physical Education and Recreation Alumni Association Award Bridget Hooper, Sarah Li, Irina Simin, Sarah Rintoul
- The Darwin and Betty Park Sustainability Award Janelle Cameron
- A 25th Anniversary of the Practicum Program Legacy Award Nicole Roshko
- The Joyce Cutts & Eunice Mattson Memorial Award Scott Allan
- A Faculty of Physical Education and Recreation Award for International Students Ruibo Zhao
- A June Hole Physical Education and Recreation Award Pascal Dumoulin
- A Faculty of Physical Education and Recreation Academic Excellence Scholarship Caitlyn Achtymichuk, Levi Ansell, Emma Camicioli, Nicholas Cheung, Sydney Chodan, Jillian Christiansen, Danika Desjardins, Emilie Dick, Jun Koo Kang, Amariah Kathol, Byung Gyu Kim, Tianna Kissick, Sarah Li, Aaron Louette, Jeffrey Mah, Carly O'Sullivan, Leah Rusnell, Roxanne Sather, Yasmin Valji, Allison Vest
- The Edmonton 2001 World Championships in Athletics Sport Performance Entrance Scholarship Said Sayah





- A Dean's Entrance Citation in Physical Education and Recreation Taylor Kiersten
- A Faculty of Physical Education and Recreation International Student-Athlete Award Ameer Svatos, Christopher Morrow, Czar Robotham, Joel Ostman
- The Royle Harris Play Around the World Award Anthony Bourque
- The Dean's Orchestras Dance Summer Study Award Kelsie Acton, Sophia Yip
- The Alan F Affleck Award in Recreation and Leisure Studies Chelsey Labatiuk
- The University of Alberta Alumni Medal in Physical Education and Recreation Emily Ainsley
- The Easton Family Scholarship Devon Fawcett-Davis
- The Jennye Clearwater Scholarship in Recreation and Leisure Studies Maegan Ciesielski
- The Margie Mitchell Memorial Award Jacy Calon
- The Anniversary Scholarship in Recreation Maxwell Harrison, Maegan Ciesielski
- The Jack Monaghan Family Community Leadership Award Elizabeth Crockett
- The Colin Cooper Award Jessica Royer, Cole Gunderson
- The Sarah and Martin Gouin Family Scholarship in Physical Education Cole Gunderson

### C. Undergraduate Convocation

	Nov-10			Nov-11			Nov-12			Nov-13		
	WD	TOTAL		WD	TOTAL		WD	TOTAL		WD	TOTAL	
BPE	27	2	29	21	5	26	25	6	31	36	3	39
BPE/BEEd	7		7	12	1	13	1		1	7	3	10
BSC Kin	14	6	20	13	6	19	10	6	16	9	4	13
BARST	9		9	7	2	9	10	1	11	8		8
BARLS	1		1	1		1	1		1			
<b>TOTALS</b>	<b>58</b>	<b>8</b>	<b>66</b>	<b>54</b>	<b>14</b>	<b>68</b>	<b>47</b>	<b>13</b>	<b>60</b>	<b>60</b>	<b>10</b>	<b>70</b>
	Jun-11			Jun-12			Jun-13			Jun-14		
	WD	TOTAL		WD	TOTAL		WD	TOTAL		WD	TOTAL	
BPE	60	11	71	64	11	75	69	14	83	61	12	73
BPE/BEEd	34	7	41	31	4	35	36	7	43	34	9	43
BSC Kin	45	20	65	28	32	60	32	27	59	22	30	52
BARST	21	5	26	19	1	20	16	5	21	19	4	23
BARLS	0		0			0	0		0	0		0



TOTALS	160	43	203	142	48	190	153	53	206	<b>136</b>	<b>55</b>	<b>191</b>
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WD = With Distinction

## 1. November 2013

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### November 2013 Undergraduate Convocation Bachelor of Physical Education 49 Graduates (\*10 BPE/BEEd); 6 With Distinction (WD)

Ashton, Mark Gregory	Jardine, Kelli Dawn
Aspden, Aidan James	Jasper, Jessica Catherine
Berger, Leah	Jomha, Muhammad Riyadh
Borys, Pamela Jayne	Kasper, Dolphin
Brewster, Michelle Erin	Knight, James Richard
Brown, Andrea Vanessa	MacNeil, Michelle Annette
Brown, Marissa Anne	Merkley, Matthew Scott
Chan, Scott Willis	Mireault, Jesse Laurent (WD)
Chiesa, Annarita	Nielsen, Jordan Amanda
Chu, Jackson	Noyes, Montanna Jenae
Clarke, Sarah Audrae	O'Flynn, Ciaran Rossa (WD)
Cowan, Laura Barbara	Pennycook, Stephanie Rebecca
Denney, Robyn Leigh	Reid, Tracy Jordan
Diaz, Daniel Arturo	Rushfeldt, Brandi Jean
Doll, Gregory Martin (WD)	Skurski, Aneta
Elliott, Joshua Cullen Terry	Smook, Blair Tyler Stephen
Estwick, Camille Sylvana	Szabo, Akos
Feculak, Taras Nicholas	Tercier, Colette Michelle
Filiatreault, Daniel Patrick Jean	Unrau, Kayla Jean
Fittes, Alanna	Van Ulden, Emma Elizabeth
Furuness, Erika Marie (WD)	Warkentin, Jenice Crystal (WD)
Gerbrandt, Laura Lee (WD)	Weeks, Erin Ashley
Grimble, Janessa Lynn	Wray, Taylor Marie
Huber, Chantal Chelsey	Yeo, Victoria
Ismaeil, Eman	



**Bachelor of Science in Kinesiology  
13 Graduands; 4 With Distinction (WD)**

Abt, Jessica Dawn (WD)  
Barnes, Kurtis Alan  
Boos, Dana Leigh  
Dleikan, Diane  
Jones, Kevin Richard  
Konschuh, Parker Ray (WD)  
Lee, Kyungho (WD)  
Sauverwald, Heather Sabin  
Skelton, Jocelyn Elizabeth  
Smith, Brandan Kjarnton  
Smith, Rachel Alexandra  
Thorpe, Cody  
Zimmerling, Natasha Kristen (WD)

**Bachelor of Arts in Recreation, Sport and Tourism  
8 Graduands**

Gillis, Ashley Rae  
Goodridge, Ashley  
Hutchinson, David Stewart  
Ireland, Whitney Leigh  
Luzny, Bridget Fox  
McCaw, Jenelle Kaitlyn  
Prazak, Brianna Genevieve  
Starman, Chance Leslie John

**2. June 2014**

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**June 2014 Undergraduate Convocation  
Bachelor of Physical Education  
116 Graduands (\*43 BPE/BEEd); 21 With Distinction (WD)**

Amer, Susan	Bisson, Kyra
Anderson, Kayla Valerie	Bjornstad, Jodie Lynn (WD)
Anholt, Sheldon Lee	Block, Corey Anne
Babcock, Charissa Marina	Boisclair, Alexandra Marie
Becker, Matthew Ivan	Boyd, Kassi Anne (WD)

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Bradley, Sean  
Brenneis, Hayden Neal  
Broadhead, Carisa Jean  
Burrows, Garreth (WD)  
Chang, Devon Karl Kall  
Chomey, Telina  
Clayton, Devin  
Coates, Darrek  
Court, Garnet Miles  
Cousineau, Jennifer Michelle  
Cumming, Kennedy Mary Elizabeth  
Dalk, Samuel Alexander (WD)  
Davidge, Amy Marie  
DayMiko, Travis Raymond  
Deacon, Paige Rebecca  
Derkach, Justin Troy  
Driedger, Jeffrey Joel  
Ede, Megan Skyler  
Ernewein, Benjamin Mark  
Feser, Callan John  
Foster, Kristi Danielle  
Fouchard, Candice Elise  
Frey, Victoria Christine  
Funtasz, Stephanie Aline (WD)  
Gabrielson, Letasha Mae  
Gardener, Robin Theresa  
Greenslade, Tyler James  
Grewcock, Samuel Kane Ronald  
Hakii, Takeyuki  
Hamdon, Mohammed Anwar (WD)  
Handlon, Amanda Marie  
Hansen, Kylene Yvonne  
Heidebrecht, Kurt J William  
Heinsar, Lauren (WD)  
Hense, Katherine Ann  
Heshka-Wolf, Ciera Paulina  
Hickson, Selena Marie  
Hodge, Malory Rae (WD)  
Hoffman, Steffany Ellen  
Holland, Michelle Christine

Holliday, Danielle Anetta  
Howard, Geoffrey Robert  
Howard, Stephanie Ryan  
Jackson, Megan Elena  
Jaeger, Jasmine Louise  
Jean, Liane Marie Yolande  
Jones, Alyssa Dawn (WD)  
Kilford, Jamie Lee  
Klauwers, Kiel Alan  
Koch, Kathleen Erin  
Komar, Marek Tadeusz  
Korpany, Rachel Darlene  
Kryzalka, Tiffany Marie  
Kyle, Barrett  
Lee Wah, Paul Richard (WD)  
Lee, Kaitlin Elizabeth  
Leicht, Kelsey Rose (WD)  
Lewis, Brandon Christopher  
Lobb, Andrew Marvin  
Love, Adam Jonathan  
Marchuk, Darryl Peter  
McAthey, Kimberly Paige  
McCluskey, Sarah Theresa (WD)  
McGarry, Amanda Laura Marie  
McGillis, Molly Rae  
McRae, Rebecca Dawn (WD)  
Morrison, Kylie Ann  
Morrison-Wright, Robert Ian  
Myggland, Jenalyn Dawn (WD)  
Newman, Anthony James  
Ranger, Caitlin Ahafja  
Ringrose, Sean Christopher  
Roberts, Rae Ann (WD)  
Robinson, Kevin Martin Francis  
Sandboe, Hayley Dawn  
Sarmiento, Kevin Carlo  
Saunders, Erica Michelle (WD)  
Saunders, Michael John  
Sawchin, James Richard  
Scambler, Jillian Elizabeth



Serben, Jillian Amanda  
Sereda, Tara Lee (WD)  
Serediak, Katie Nancy  
Sibbons, Theresa Alicia  
Smith, Rebecca Marie (WD)  
Sorenson, Jesse Lee (WD)  
Spinelli, Samuel Joe  
St George, Nicole Suzanne  
Stang, Lia Fransina  
Stevens, Sean Robert  
Stevenson, Dale Ross  
Tait, Tyler James  
Tenove, Terence John  
Thompson, Jacqueline Linda Louise  
Trang Debby  
Urbanczyk, Theresa Anne  
Vikse, Graham Stanley  
Von Gaza, Gabriella Lynn  
Waite, Chelsea Lynn

Wass, Jason Andrew (WD)  
Wessel, Matthew James  
Woykin, Lindsay Marie  
Wright, Smith Paden  
Yeo, Yoon Jin  
Yurkish, Kevin Dwayne (WD)

**Bachelor of Science in Kinesiology**  
**52 Graduated; 30 With Distinction (WD)**

Aime, Trevor  
Ainsley, Emily Noelle (WD)  
Ainsley, Steven Marcus (WD)  
Anderson, Tsue Eline  
Belrose, Meghan Paige (WD)  
Biggs, Jordan Michael (WD)  
Blimke, Kevin Austin  
Boyd, Kate Allysse  
Brandt, Rebecca Jane (WD)  
Burdikin, Brian Hiroshi  
Buss, Brandi LeMae  
Carignan, Robyn Delie (WD)  
Chau, Andrew (WD)  
Cockle, Kelsey  
Corus, Kevin Mitchell (WD)  
Curtis, Shannon Marie (WD)  
Czitron, Jennifer Alison

Fitzpatrick, Brett Noelle  
Fleming, Melissa Anne  
Fuller, Jonathan Edward (WD)  
Gilroy, Scott Edmond (WD)  
Guglich, Meghan Christine  
Hagerman, Candace Lauren (WD)  
Issawi, Amir John (WD)  
James, Colin Alban (WD)  
Keizer, Corrie Marena (WD)  
Kovacs, Leanne (WD)  
Lee, Caitlin Michelle (WD)  
Lenk, Jacqueline Anne Rita  
Lo, Timothy Wai Cheung  
Ly, Henry (WD)  
Lysak, Ian Frederick James  
Marchak, Caitlin Alexandra (WD)  
McKean, Donna June



McLarty-Mueller, Cassarah Aprile (WD)  
McWeeny, David Kelly (WD)  
Morrow, Nancy Catherine  
Neumann, Jaclyn Adela  
Okamura, Thomas Gordon (WD)  
Rennie, Katelyn Evelyn (WD)  
Robison, Cheryl Evelyn  
Roesch, Nolan Otto (WD)  
Sabhani, Kanika Kishor  
Scoffield, Katie Yvonne (WD)  
Skaley, Kaitlyn Louise  
Sloan, Preston Mark (WD)  
Tang, Thanh Chi (WD)

Valleau, Jess William Allen (WD)  
Van Tol, Julien Laura  
Wenger, John Mark (WD)  
Wiebe, Henry William Courchene (WD)  
Yu, Pai-Fen

**Bachelor of Arts in Recreation, Sport and Tourism**  
**23 Graduands; 4 With Distinction (WD)**

Bartkus, Benajmin Michael  
Biesterfeldt, Megan Lynn  
Blake, Lindsay  
Burstrom, Daniella Anne  
Chan, Eric Ka-Shing  
Enns, Sarah Carol  
Hrycyschyn, Renee Stefanie  
Krawchuk, Brent  
Labatiuk, Chelsey Paige (WD)  
Loshack, Kristopher John  
Mohr, Kelci Lyn (WD)  
Morris, Tomiko Jaimie  
Morrison, Karyn Ruth (WD)  
Nystad, Taylor  
Plant, Lindsay Jayne  
Rayner, Chandra Danelle  
Rothfus, Brianne Elizabeth  
Santos, Alexandra Elyse (WD)  
Skworoda, Riley Glen  
Sprentz, Jerad Michael  
Travers, Corey Raine  
Walbauer, Colin Garrett  
Yeo, Jaron



## V. Graduate Programs

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### A. Enrollment

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For the 2013 – 2014 academic year, September 1 – August 31, 2014, we had 157 full-time and part-time students in the master's and doctoral programs, plus one visiting student from China.

MCoach – 7  
MA – 34  
MA(RLS) – 5  
MA (Course-based) – 16  
MSc – 25  
PhD – 70  
Visiting – 1

Total Number of Graduate Students Admitted: 32

Total Number of International Graduate Students: 35

Brazil- 2  
Bulgaria- 1  
China- 7 (including 1 Visiting student)  
France- 1  
Iran- 3  
Japan- 4  
Korea- 2  
Nepal- 1  
Sweden- 1  
Thailand- 1  
Trinidad and Tobago- 1  
Turkey- 1  
United Kingdom- 4  
United States- 6



## B. Supervisory Assignments of Graduate Students as of January 1, 2013

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As of September 1, 2013

<b>Professor:</b>	<b>Grad Student:</b>	<b>Supervision:</b>	<b>Program Year:</b>	<b>Degree:</b>
<b>Dr. Pierre Baudin</b>				
	Nicole Ban	Supervisor	1	M Coach
	Jocelyn Blair	Supervisor	3	MA
	Mariska Booyens	Supervisor	1	MSc
	Erin Brennan	Supervisor	2	MA-CRS
<b>Dr. Gordon Bell</b>				
	Joel Jackson	Supervisor	3	MSc
<b>Dr. Tanya Berry</b>				
	Claudine Champion	Supervisor	2	MA
	Kimberley McFadden	Supervisor	1	PHD
	Aaliya Merali	Supervisor	1	MSc
	Kirsten Scheliga	Supervisor	1.5	MA
	Sonthaya Sriramatr	Supervisor	5	PHD-C
	Laura Watson	Supervisor	1	PHD
	Lira Yun	Supervisor	1	PHD
<b>Dr. Normand Boulé</b>				
	Etienne Myette-Cote	Supervisor	0.5	PHD
	Tasuku Terada	Supervisor	4	PHD
	Saeed Reza Toghi Eshghi	Supervisor	2	PHD
<b>Dr. Valerie Carson</b>				
	Nicholas Kuzik	Supervisor	1	MSc





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**Dr. Janice Causgrove Dunn**

Daniel Gregg	Co-supervisor	3	MA-CRS
Kun He	Supervisor	3	MA
Kyle Pushkarenko	Supervisor	1	PHD
Chantelle Zimmer	Supervisor	1	PHD

**Dr. Loren Chiu**

Michael Chizewski	Supervisor	5	PHD
Stacy Stamm	Supervisor	2	MSc

**Dr. David Collins**

Alyssa Hindle	Supervisor	3	MSc
Matheus Wiest	Supervisor	3	PHD

**Dr. Kerry Courneya**

Scott Adams	Supervisor	1	PHD
Lisa Belanger	Supervisor	5	PHD-C
Jennifer Crawford	Supervisor	2	PHD
Cynthia Forbes	Supervisor	5	PHD
Andria Morielli	Supervisor	1	MSc
Mary Norris	Supervisor	2	MSc
James Vallerand	Supervisor	1	PHD

**Dr. Margaret Davenport**

Christina MacKay	Supervisor	1	MSc
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**Dr. Judy Davidson**

Tina Connolly	Supervisor	0.5	MA-CRS
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**Dr. Darren Delorey**

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Christopher de Vries	Supervisor	2	MSc
Nicholas Jendzjowsky	Supervisor	6	PHD-C
Timothy Just	Supervisor	3	PHD
Chance Reinhart	Supervisor	2	MSc

**Dr. Jim Denison**

Zoe Avner	Supervisor	5	PHD-C
Jennifer Brown	Supervisor	3	MA
Luke Jones	Supervisor	7	PHD-C
Timothy Konoval	Supervisor	2	PHD
Joseph Mills	Supervisor	5	PHD-C
Earl (Patrick) Powell	Supervisor	2	MA-CRS
Daniel Rosenke	Supervisor	2	MA

**Dr. John Dunn**

Michael Lizmore	Supervisor	1	PHD
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**Dr. Karen Fox**

Ian Cumming	Supervisor	3	MA(RLS)
Michael Dubnewick	Supervisor	3	MA(RLS)
Angela Kazmierczak Hamilton	Supervisor	4	MA(RLS)
Kathleen Mahon	Supervisor	2	MA

**Dr. Donna Goodwin**

Kelsie Acton	Supervisor	1	PHD
Bobbi-Jo Atchison	Supervisor	1	MA
Lindsay Eales	Supervisor	1	PHD
Cathleen Edwards (Cocchio)	Supervisor	5	PHD-C
Keith Johnston	Supervisor	8	PHD-C
Jennifer Leo (Peco)	Supervisor	6	PHD-C



Brenda Rossow-Kimball	Supervisor	7	PHD-C
Kyoung June Yi	Supervisor	6	PHD

**Dr. Elizabeth Halpenny**

Baikuntha Acharya	Supervisor	4	PHD
Taryn Barry	Supervisor	2	MA
Maral Hamayeli Mehrabani	Supervisor	5	PHD
Farhad Moghimehfar	Supervisor	3	PHD
Debbie Mucha	Supervisor	3	MSc
Donelda Patriquin	Supervisor	6	PHD-C
Robert Priebe	Supervisor	1	PHD
Therese Salenieks	Supervisor	2	MA
Longsheng Song	Supervisor	2	MA

**Dr. Victoria Harber-Stenerson**

Rachel Bauer	Supervisor	2	MA-CRS
Deanna Iwanicka	Supervisor	4	MA-CRS
Brittany Kindzierski	Supervisor	1	M Coach

**Dr. Thomas Hinch**

Stacy-Lynn Sant	Supervisor	6	PHD-C
Damien Traverse	Supervisor	2	MA-CRS
Bo Wang	Supervisor	3	PHD

**Dr. Nicholas Holt**

Aleksandar Chinkov	Supervisor	2	MA
Hayley deBeaudrap	Supervisor	1	M Coach
Kacey Neely	Supervisor	3	PHD-C
Federico Sanmartin	Supervisor	0	MA



<b>Dr. Kelvin Jones</b>	Daniel Gregg	Co-supervisor	3	MA-CRS
	Aaliya Merali	Supervisor	1	MSc
	William Lampe	Supervisor	3	MSc
<b>Dr. Michael Kennedy</b>	Eric Magdanz	Supervisor	3	MA-CRS
	Carly Shiell	Supervisor	1	MSc
	Nicole Lemke	Supervisor	3	MSc
<b>Dr. Constance Lebrun</b>	Kateline Hladky	Supervisor	1	MSc
<b>Dr. Brian Maraj</b>	Kelsie Acton	Co-supervisor	1	PHD
<b>Dr. Pirkko Markula-Denison</b>	Zoe Avner	Supervisor	5	PHD-C
	Marianne Clark	Supervisor	6	PHD-C
	Katie Davies	Supervisor	5	PHD-C
	Judy Liao	Supervisor	7	PHD-C
	Kathy Metzger-Corriveau	Supervisor	3	MA
	Carolyn Millar	Supervisor	3	MA
	Danielle Peers	Supervisor	5	PHD-C
	Jodie Vandekerkhove	Supervisor	3	MA-CRS
	Kacey Carey	PHD-C	5	PHD
	<b>Dr. Daniel Mason</b>	Evangelos Ioannides	Supervisor	3



Patrick Reid	Supervisor	2	PHD
Hanhan Xue	Supervisor	6	PHD

Nike (Olanike) Ayo	Supervisor	4.5	PHD
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**Dr. Lisa McDermott**

Joy Chikinda	Supervisor	6	MA-CRS
Erin Flaherty	Supervisor	5	MA
Angela Meyer	Supervisor	2	PHD

Angela Coppola	Supervisor	3	PHD
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**Dr. Tara-Leigh McHugh**

Ariel Dimler	Supervisor	1	MA
Jennifer Kentel	Supervisor	3	MA
Toni Letendre	Supervisor	1	MA
Beth Warner Hudson	Supervisor	1	MA

Shayna Fairbairn	Supervisor	2	MA
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**Dr. W. Kerry Mummery**

Andrew Hanson	Supervisor	1	M Coach
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Liam Boyd	Supervisor	4	MSc
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**Dr. Stewart Petersen**

Devin Phillips	Supervisor	3	MSc
Michael Scarlett	Supervisor	4	MSc
Vincent Tedjasaputra	Supervisor	3	PHD

John Aubrey	Supervisor	4	MSc
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**Dr. Charles Putman**

Katelyn Frizzell	Supervisor	1	MSc
Pamela McDonald	Supervisor	6	MSc



Samir Sami	Supervisor	2	MSc
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**Dr. Ian Reade**

Jordan Baker	Supervisor	1	MA
Brock Davidiuk	Supervisor	1	M Coach
Howie Draper	Co-supervisor	6	MA
Heather Larson	Supervisor	3	MA
Clinton Millard	Supervisor	2	MA-CRS
Angela Poznikoff	Supervisor	5	MA-CRS
Serhat Yayla	Supervisor	1	M Coach

Qi Chen	Supervisor	2	MA
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**Dr. PearlAnn Reichwein**

Thomas Palm	Supervisor	0.5	Visiting
Paulina Retamales	Supervisor	3	MA

Cameron Johnson	Supervisor	1.5	MA-CRS
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**Dr. Zachary Robinson**

Laurie de Grace	Supervisor	3	MA
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**Dr. Wendy Rodgers**

Eric Mathieu	Supervisor	2	MSc
Kimberley McFadden	Supervisor	1	PHD
Joel Mrak	Supervisor	2	PHD
Gregory Ryan	Supervisor	4	PHD-C
Anne-Marie Selzler	Supervisor	2	PHD
Laura Watson	Supervisor	1	PHD

Lynn Carusi (Campbell)	Supervisor	5	PHD
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**Dr. Jay Scherer**



<b>Dr. John Spence</b>	Evan Daum	Supervisor	2	MA
	Jordan Koch	Supervisor	7	PHD-C
	Marcela Mourao	Supervisor	3	PHD
	Nicole Glenn	Supervisor	6	PHD-C
	Eun Young Lee	Supervisor	6	PHD
	Jodie Stearns	Supervisor	3	PHD
<b>Dr. Nancy Spencer-Cavaliere</b>	Tara Chisholm	Supervisor	2	MA
	Bethan Kingsley	Supervisor	6	PHD-C
	Tina Watchman	Supervisor	1	MA
	Eri Yamamoto	Supervisor	2	MA
<b>Craig Steinback</b>	Rachel Skow	Supervisor	0.5	MSc
	Linn Moore	Supervisor	1.5	PHD
<b>Dr. Michael Stickland</b>	Vincent Tedjasaputra	Co-supervisor	3	PHD
	Andre Andrijw	Supervisor	4	PHD
<b>Dr. William Streaan</b>	Kelly Lyons	Supervisor	3	MA-CRS
	Thomas Slifka	Supervisor	2	MA-CRS
	Jonathan Verhesen	Supervisor	3	MA-CRS
	Daniel Waschuk	Supervisor	3	MA



	Howie Draper	Co-supervisor	6	MA
<b>Dr. Daniel Syrotuik</b>				
	Joel Jackson	Co-supervisor	3	MSc
<b>Dr. Gordon Walker</b>	Eiji Ito	Supervisor	5	PHD-C
	Shintaro Kono	Supervisor	0.5	PHD
	Hai Dong Liang	Supervisor	7	PHD-C
	Maria Lynn	Supervisor	4	MA(RLS)
	Bradley Mannell	Supervisor	3	MA(RLS)
	Iva Docekalova	Supervisor	6	PHD-C
<b>Dr. Marvin Washington</b>				
	Matthew Dowling	Supervisor	4	PHD-C
	Megan Pinske	Supervisor	1	M Coach

### C. Graduate Student Scholarship Awards

Total number of graduate student awards and scholarships received in the 2013/14 academic year: 54

**Government of Alberta** (AB Scholarships Programs):

**Alberta Graduate Citizenship Award**- Jodie Stearns

**Persons Case Scholarship**- Toni Letendre

**Dr. Gary McPherson Leadership Scholarship** – Kelsie Acton, Tara Chisholm, Kyoung June Yi

**President’s Doctoral Prize Distinction** (\$10,000) – Kacey Neely

**Alberta Scholarship Programs Graduate Student Scholarship** (formerly Alberta Heritage Scholarship):

Barry, Taryn	Mathieu, Eric
Chisholm, Tara	Reinhart, Chance
Daum, Evan	Rosenke, Daniel
Fairbairn, Shayna	Salenieks, Therese Ellen





## **SSHRC:**

**SSHRC Vanier Canada Graduate Scholarship** – Lindsay Eales  
**SSHRC Sport Participation Initiative Award** - Kacey Neely  
**SSHRC Joseph-Armand Bombardier Canada Graduate Scholarship- Master's** - Ariel Dimler

## **CIHR:**

**CIHR Frederick Banting and Charles Best Canada Graduate Scholarship- Doctoral** – Anne-Marie Selzer  
**CIHR Frederick Banting and Charles Best Canada Graduate Scholarship- Master's** – Tara Chisholm

## **Faculty of Graduate Studies and Research Administered Awards:**

**Andrew Stewart Memorial Graduate Prize** – Austin Bergquist, Nicholas Jendzjowsky

**Dissertation Fellowship** – Austin Bergquist

**Ewen Nelson Memorial Graduate Scholarship in Adapted Physical Activity** – Kelsie Acton

**Edmonton 2001 World Championships in Athletics Sport Performance Graduate Scholarship-** Joel Jackson

**Friends of the Faculty of Graduate Studies and Research Scholarship** – Heather Larson

**Tim and Nancy Muzyka Graduate Award** – Chantelle Zimmer

**UA Doctoral Recruitment Scholarship** – Shintaro Kono, James Vallerand, Scott Adams, Lindsay Eales, Chantelle Zimmer, Laura Watson

**Queen Elizabeth II Scholarship- Master's:** Claudine Champion, Tara Chisholm, Corey Kuzik, Rachel Skow, Tina Watchman

**Queen Elizabeth II Scholarship – Doctoral:** Lynn Carusi, Timothy Just, Étienne Myette-Côté (declined), Jodie Stearns, Jennifer Crawford

**Graduate Student Teaching Awards** – Tara Chisholm, Katie Davies, Étienne Myette-Côté, Saeed Reza Toghi Eshghi

## **Other External Awards:**

**2013 Leisure Research Symposium Best Student Abstract Award** – Bradley Mannell

**Margaret Brine Graduate Scholarship** – Tara Chisholm

**Advanced Coach Education Scholarships** – Brock Daviduik, Nicole Ban, Joel Mrak

**Alberta Diabetes Institute Studentship** - Étienne Myette-Côté, Saeed Reza Toghi Eshghi

**American Academy of Park and Recreation Administration (AAPRA) Best Dissertation Award Certificate**



## D. Graduate Student Research and Publication Awards

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Articles Published in Refereed Journals: 45

Articles & Abstracts in Non-Refereed Journals: 16

Articles in Press: 19

Articles Submitted: 25

Reports & Manuals Written: 10

Papers Presented to Learned Societies or Professional Bodies, Coaching Clinics, & Other Related Groups: 83

## E. Graduate Studies Convocation

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Total number of students graduated: 33

### 1. Fall 2013 Convocation

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Bergquist, Austin	Doctor of Philosophy
Docekalova, Iva	Doctor of Philosophy
Draper, Howie	Master of Arts
Dubnewick, Michael	Master of Arts
Eales, Lindsay	Master of Arts
Flaherty, Erin	Master of Arts
He, Kun	Master of Arts
Hindle, Alyssa	Master of Science
Jendzjowsky, Nicholas	Doctor of Philosophy
Jones, Luke	Doctor of Philosophy
Kulczycki, Cory	Doctor of Philosophy
Lizmore, Michael	Master of Arts
Lorenz, Chad	Master of Science
Lyons, Kelly	Master of Arts
Magdanz, Eric	Master of Arts
Millar, Carolyn	Master of Arts
Mucha, Debbie	Master of Arts
Poznikoff, Angela	Master of Coaching
Rasquinha, Allison	Master of Arts
Retamales, Paulina	Master of Arts
Sriramatr, Sonthaya	Doctor of Philosophy

### 2. Spring 2013 Convocation

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Belanger, Lisa	Doctor of Philosophy
Blair, Jocelyn	Master of Arts
Brown, Jennifer	Master of Arts
Fenton, Lara	Doctor of Philosophy
Glenn, Nicole	Doctor of Philosophy
Ito, Eiji	Doctor of Philosophy



Lemke, Nicole	Master of Science
Liang, Haidong	Doctor of Philosophy
McDonald, Pamela	Master of Science
Patriquin, Donelda	Doctor of Philosophy
Rossow-Kimball, Brenda	Doctor of Philosophy
Scarlett, Michael	Master of Science

## F. Graduate Student Employment

Total number of graduate students employed as a teaching and/or research assistant: 71

PhD	4 yrs: \$15,816/yr
MSc	2 yrs: \$7,565/yr
MA (Thesis)	2 yrs: \$7,565/yr
MA (Crts)	2 yrs: \$7,565/yr
MCoach	1.5 yrs: \$7,565 yr 1; \$3,782 yr 1.5

## VI. Research and Scholarly work

Fiscal Year April 1 to March 31

Data received from the Strategic Analysis Office to 2008-09 and PeopleSoft Reporting 2009-present

### A. Total Research Funding

	2008-09	2009-10	2010-11	2011-12	2012-13	2013-14
AB Government	-69,939	691,449	941,816	565,321	1,256,911	1,091,053
Tri-Council	786,121	971,712	673,919	844,916	1,136,113	1,084,466
Other Cdn Gov't	337,530	444,533	492,624	420,752	345,605	317,001
Other Gov't	<u>29,097</u>	<u>35,692</u>	<u>110,476</u>	<u>123,577</u>	<u>43,552</u>	<u>109,607</u>
<b>SUB-TOTAL</b>	<b>1,082,809</b>	<b>2,143,386</b>	<b>2,218,835</b>	<b>1,954,566</b>	<b>2,782,181</b>	<b>2,602,127</b>
Cdn Business	21,975	0	0	0	36,485	0
Non-Profit	534,218	690,616	520,269	251,414	152,678	232,484
Other Revenue	<u>509,863</u>	<u>269,436</u>	<u>354,975</u>	<u>188,601</u>	<u>455,152</u>	<u>242,036</u>
<b>TOTAL</b>	<b>2,148,865</b>	<b>3,103,438</b>	<b>3,094,079</b>	<b>2,394,580</b>	<b>3,426,496</b>	<b>3,076,647</b>

**NOTE:** Funds reported include both revenue funds received and deferred contributions



## B. Tri-Council Funding

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	2008-09	2009-10	2010-11	2011-12	2012-13	2013-14
CIHR	410,540	437,899	221,419	404,578	856,945	877,731
NSERC	85,380	121,750	121,750	101,250	105,750	74,500
SSHRC	290,201	412,063	330,750	339,088	173,418	132,235
<b>TOTAL</b>	<b>786,121</b>	<b>971,712</b>	<b>673,919</b>	<b>844,916</b>	<b>1,136,113</b>	<b>1,084,466</b>

## C. Salary Award Grants

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**Ted Putman** AHFMR ended on June 30/2014 - \$135,000/year x 7 years = \$945,000

**Tanya Berry** AHFMR ended on June 30/2014 - \$110,000/year x 3 years + \$15,000 per year Research prize that can go to salary = \$375,000.

**Tanya Berry** CRC Tier 2 (started in July 1, 2010 to June 30, 2015) - total award \$500,000 = \$100,000/year x 5 years.

**Kerry Courneya** CRC Tier 1 (July 1, 2011 to June 30, 2018 - total award \$1,400,000 = \$200,000/year x 7 years.

## D. Research Funding 2013-14 by Principal Investigators in the Faculty of Physical Education and Recreation

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Funding period as of October 23, 2014

Investigaor (PI)	Title	Sponsor	Date	Total Award	2011-12 Allocation	2012-13 Allocation	2013-14 Allocation
Berry, Tanya	Examining Public Health and Commercial Physical Activity Advertisements: the Roles of Attention, Believability and Personal Relevance	SSHRC	April 1, 2009 to Mar 31, 2013	97,065	32,025	0	Inactive



Berry, Tanya	Application of Persuasion and Social Advertising Models to Physical Activity: The Roles of Attention, Believability and Source Misattribution	AHFMR PHIA	July 1, 2010 to June 30, 2013	107,400	35,800	35,800	Inactive
Berry, Tanya	Canada Research Chair in Physical Activity Promotion	CRC	July 1, 2010 to June 30, 2015	500,000	85,000	85,000	85,000
Berry, Tanya	Pink Ribbons and Red Dresses: the relationship between disease awareness campaigns, health-related cognitions and perceptions of preventive behaviours	CIHR	Jan 1, 2012 - Mar 31, 2016	257,400	10,132	40,527	115,601
Berry, Tanya	Application of Persuasion and Social Advertising Models to Physical Activity: The Roles of Attention, Believability and Source Misattribution	AB Innovates Health Solutions	July 1, 2009 to June 30, 2012	15,000	0	Inactive	



Berry, Tanya	Application of Persuasion and Social Advertising Models to Physical Activity: The Roles of Attention, Believability and Source Misattribution	AHFMR PHISTI	July 1, 2009 to June 30, 2013	171,500	110,000	20,500	20,500
Boule, Normand	Effects of exercise on following-day glucose counter-regulation in pre-diabetes	ADI	May 1, 2013 to April 30, 2014	25,000	--	----	25,000
Carson, Valerie	Supporting healthy active living behaviours in Alberta licensed and approved child care settings	AB Ctr for Child, Family & Community Research	Aug 1, 2013 to July 31, 2014	38,170	---	---	38,170
Carson, Valerie	Shaping the direction of youth health by evaluating how changes in policies and resources in the school environment impact obesity, marijuana use, physical activity, alcohol use, smoking and sedentary behaviour over time: COMPASS Study	CIHR U of Waterloo	July 1, 2013 to Mar 31, 2018	28,981	-	-	28,981



Carson, Valerie	Parents' role in establishing healthy active living behaviors in young children	Heart & stroke Foundation of AB NWT, Nunavut	Jul 1, 2014 to Jun 30, 2015	45,000	0	0	0
Carson, Valerie	Dose-Response Relationships between Physical Activity, Sedentary Behaviour, and Neurocognitive Development among Children of the Early Years	AB Ctr for Child, Family & Community Research	Aug 1, 2014 to Aug 1, 2015	30,000	0	0	0
Carson, Valerie	The role of parents in establishing healthy physical activity and sedentary behaviour habits in young children	CIHR	Oct 1, 2014 to Mar 31, 2015	100,000	0	0	0
Chapman, Craig	Using reach behavior to measure the role of information, ambiguity and experience in a gambling choice task	AB Gambling Research Institute	Sept 1, 2013 to Aug 31, 2014	9,985	0	0	9,985
Chapman, Craig	Understanding human action as observable cognition using combined motion-tracking, eye-tracking and EEG	NSERC	Apr 1, 2014 to Mar 31, 2020	145,000	0	0	0



Collins, Dave	Neuromuscular stimulation after spinal cord injury	APF	Apr 1, 2010 to Mar 31, 2013	100,000	33,960	33,000	33,040
Collins, Dave	Tetanic electrical stimulation of human muscle	NSERC	Apr 1, 2003 to Mar 31, 2014	329,600	35,000	35,000	35,000
Collins, Dave	Control Properties of Single Motor Units	NSERC	Apr 1, 2014 to Mar 31, 2020	125,000	0	0	0
Courneya, Kerry	Randomized controlled trial of combined aerobic and resistance exercise in breast cancer survivors receiving chemotherapy: the CARE trial	CBCRA/NCIC	July 1, 2007 to Aug 30, 2012	946,650	95,506	0	Inactive
Courneya, Kerry	Enhancing physical activity after breast cancer diagnosis: randomized trial	SIU/NIHR	June 10, 2009 to Oct 31, 2012	10,949	1,577	1,528	Inactive
Courneya, Kerry	Pilot study of a behavioral change intervention to increase physical activity and quality of life in prostate cancer survivors	UOFAB KRFSROG	Feb 1, 2011 to July 31, 2012	7,000	7,000	0	Inactive
Courneya, Kerry	CO.21 - The colon health and life long exercise change (challenge) test	CCI NCIC Study CO.21	Nov 1, 2009 to Oct 31, 2014	49,850	31,550	12,650	Inactive





Courneya, Kerry	Breast Cancer and Exercise Trial in Alberta	AHS	Mar 1, 2010 to Feb 28, 2013	473,511	230,974	108,582	Inactive
Courneya, Kerry	The Development of a Physical Activity Guidebook for Young Adult Cancer Survivors	AHFMR HRFTS	May 25, 2011 to Dec 31, 2012	10,000	10,000	0	Inactive
Courneya, Kerry	Physical Activity and Cancer	CRC	July 1, 2011 to June 30, 2018	1,400,000	170,000	170,000	170,000
Courneya, Kerry	CIHR Team in Physical Activity and Breast Cancer Survivorship	CIHR PAF	Oct 1, 2011 to Mar 31, 2018	2,500,000	305,257	444,743	500,000
Courneya, Kerry	BETA Trial Ancillary Study: Long-Term Effects of an exercise intervention	AHS	July 1, 2012 to June 30, 2013	72,311		72,311	
Davidson, Judy	Coming to a moving body: Physical movement at mid-life	SSHRC	June 1, 2012 to Mar 31, 2014	45,308	-	19,424	25,884
DeLorey, Darren	Regulation of vascular tone in resting and contracting muscles: effects of physical activity	NSERC	Apr 1, 2008 to March 31, 2014	133,750	26,750	26,750	26,750



DeLorey, Darren	From the microcirculation to whole-body function: laboratories to investigate the effects of ageing and physical activity on vascular control and functional capacity	CFI	April 1, 2010 to Mar 31, 2015	20,245	2,434	4,580	Inactive
Denison, James	Coaching discourses; The formation of coaches' problem solving techniques.	SSHRC	April 1, 2010 to Mar 30, 2014	60,058	23,165	20,190	Inactive
Fox, Karen	Aboriginal urban youth, aboriginal hip hop and social activism	SSHRC	June 30, 2007 to Apr 11, 2012	230,000	10,000	Inactive	
Goodwin, Donna	Transition to community Health Programs for persons with disabilities following rehabilitation	CIHR	Oct 1 2010 to March 31, 2015	147,916	50,117	72,154	0
Halpenny, Elizabeth	Encouraging Citizen Stewardship of Urban Green Spaces and Rivers	SSHRC	March 1, 2009 to Feb 28, 2013	12,000	4,000	Inactive	



Halpenny, Elizabeth	Development of the Beaver Hills Initiative: Contribution of Place and Social Factors to Collaborative Action for Sustainable Development	ARDN	Dec 1, 2010 to Dec 31, 2012	8,777	2,194	2,195	Inactive
Halpenny, Elizabeth	World Heritage Brand Awareness Amongst Alberta Tourists	AB Tourism Parks Rec	Jun 15, 2013 to Mar 31, 2014	6,000	-		6,000
Halpenny, Elizabeth	Research project assessing nature as a second language	AB Tourism Parks Rec	Apr 1, 2013 to Mar 31, 2014	9,532	-	-	9,532
Halpenny, Elizabeth	Acceptance and use of mobile devices in a free-choice context	SFR1164, U of Manitoba	Apr 1, 2013 to Mar 31, 2014	18,608	-	-	18,608
Halpenny, Elizabeth	Limits of acceptance change (LAC) regime for Lakeland Provincial Park	AB Tourism Parks Rec	Apr 1, 2013 to Mar 31, 2014	10,000	-	-	10,000
Halpenny, Elizabeth	If a smart phone rings in the forest....: Visitor acceptance and impacts of mobile information and communication technology (ICT) use in parks	SSHRC	Jun 1, 2014 to May 31, 2017	74,603	0	0	0



Halpenny, Elizabeth	Understanding car campers' engagement in pro-environmental camping behaviours.	ATPR	Aug 1, 2014 to Mar 1, 2015	10,540	0	0	0
Hinch, Tom	Bipartite Position - U of A and ARPA - Lecturer/Applied Recreation Researcher	ARPA (AB Rec & Parks Assoc)	Sept 1, 2012 to Aug 31, 2013	-	0	29,836	
Hinch, Tom	Place Making and Sport Tourism Events: The Case of the Canadian Death Race in Grande Cache, Alberta	SSHRC	Jun 1, 2013 to May 31, 2016	66,311	-	-	24,009
Holt, Nick	Sport participation and possibilities for positive development among urban male youth in Edmonton	CIHR	Jan 1, 2010 Dec 31, 2012	119,515	55,352	Inactive	
Holt, Nick	A sport based critical hours program for low-income youth	SSHRC	Jan 1, 2011 Dec 31, 2013	95,278	29,680	25,320	Inactive
Holt, Nick	Knowledge synthesis grant	CIHR KRS	Oct 1, 2012 to Sep 30, 2013	87,534	87,534	Inactive	
Holt, Nick	Sport Participation and Alcohol Use	CIHR	Mar 1, 2014 to Feb 28, 2015	9,740	-	-	9,740



Holt, Nick	Why Don't Children Play Anymore? Good Parenting, Planning Decisions, and Children's Suggestions for Change	CIHR	Oct 1, 2014 to Mar 31, 2017	100,000	0	0	0
Jones, Kelvin	Exercise using neuromuscular electrical stimulation slows the progression of ALS in the SDDI G93A mouse	SLSSC BRDG ALS	Jan 1, 2010 to Dec 31, 2012	100,000	Inactive		
Jones, Kelvin	Promoting protection of functionally intact motor units in amyotrophic lateral sclerosis (ALS)	MDC	Oct 1, 2010 to Mar 31, 2014	146,794	48,720	49,037	24,677
Jones, Kelvin	Promoting protection of functionally intact motor units in amyotrophic lateral sclerosis	ALSSC CIHR	Oct 1, 2010 to Mar 31, 2014	146,794	50,744	47,964	22,650
Jones, Kelvin	Promoting protection of functionally intact motor units in amyotrophic lateral sclerosis	CIHR	Oct 1, 2010 to Sept 30, 2015	443,283	48,720	49,038	98,711
Mason, Dan	Olympic/Paralympic Hosting Strategies and Community Development	UWO	Jul 1, 2011 to Mar 31, 2012	18,000	18,000	Inactive	



Markula-Denison, Pirkko	So you think you can dance: Dance as a physical cultural practice	SSHRC	Apr 1, 2012 Mar 31, 2017	87,601	-	15,469	22,242
McHugh, Tara-Leigh	Understanding the role of community sport opportunities for aboriginal youth	SSHRC	June 1, 2012 to May 31, 2014	71,066	-	32,716	38,350
Mummery, Kerry	Co-ordination of the Alberta Active Living Partners 2012-2013	AB Tourism Parks Rec	Sept 14, 2012 to Mar 31, 2013	15,000	-	15,000	
Mummery, Kerry	U Walk Alberta	AB Health Wellness	Oct 1, 2012 to Mar 31, 2016	2,199,962	-	738,938	454,375
Petersen, Stewart	Revision of the Firefighters Physical Fitness Maintenance Program Standard	NDCF	Mar 21, 2011 to Mar 31, 2013	82,050	40,615	40,615	Inactive
Putman, Ted	Skeletal muscle adaptation to altered environmental demands	NSERC	Apr 1, 2000 Mar 31, 2014	482,500	35,000	35,000	35,000
Putman, Ted	Budget-Based Rsrch/Spec Purp	AHFMR	July 1, 2007 June 30, 2014	50,000	0	0	0
Reade, Ian	Retaining experienced coaches	SSHRC	Jan 1, 2012 Dec 31, 2014	62,580	19,080	21,750	21,750
Robinson, Zachary	A critical history of early mountaineering in Canada	SSHRC	Apr 1, 2014 to Mar 31, 2018	154,896	0	0	0



Rodgers, Wendy	You can't always get what you want: A self-determination based examination of the difference between implicit and explicit outcome expectations and their expectations and their influence on exercise adherence	CIHR	Oct 1, 2012 to Apr 1, 2015	668,407	0	72,478	172,003
Rodgers, Wendy	Self talk about exercise in people with COPD: An observational and randomized controlled trial	CIHR SFR1231	Sep 1, 2013 to Mar 31, 2016	15,000	-	-	5,000
Rodgers, Wendy	Self talk about exercise in people with COPD: An observational and randomized controlled trial	CIHR SFR1231	Sep 1, 2013 to Mar 31, 2016	90,000	-	-	30,000
Scherer, Jay	Cultural citizenship, sport and public broadcasting contemporary issues and political debates in Canada and New Zealand	SSHRC	April 1, 2009 to March 31, 2013	69,735	21,187	0	Inactive



Spence, John	A longitudinal study of environmental determinants of overweight among children: The SHAPes of things to come	CIHR BEO	Sep 1, 2007 to May 29, 2012	313,146	0	Inactive	
Spence, John	The playscapes study: Where do the children play?	SSHRC	Apr 1, 2009 to Mar 31, 2013	104,610	46,980	0	Inactive
Spence, John	Assessing the impact of the Health Check Information Program	HSFC	May 1, 2009 to Oct 1, 2010	149,502	Inactive		
Spence, John	Training program in obesity/Health Body Weight Research	UL CIHR	Apr 1, 2010 to Mar 31, 2015	138,500	40,000	20,000	3,500
Spence, John	Environmental physical activity correlates after cardiac hospitalization (EPOCH)	CDHA EPOCH	Dec 2, 2010 to Dec 1, 2012	18,236	10,315	7,921	Inactive
Spence, John	The impact of a provincial tax credit on children's physical activity in Alberta	CIHR - IPPH BCI, CCS	March 1, 2013 to March 31, 2015	190,471	---	---	190,471
Spence, John	Fort Providence Pilot Project	GNT SC (Gov't NT)	Apr 8, 2013 to Mar 31, 2015	188,799	-	-	52,529
Spencer-Cavaliere, Nancy	Citizenship in action	CCDS (Cdn Ctr on Dis Studies)	Jan 22, 2013 to Feb 28, 2014	5,000	-	-	5,000
Spencer-Cavaliere, Nancy	Alberta PLAY Leadership Development Program	AB Rec & Parks Assoc	Apr 25, 2013 to Mar 31, 2014	25,000	--	--	25,000





Steinback, Craig	Mechanisms of sympathetic hyperactivity in hypertensive pregnancies	WCHRI	July 1, 2013 to Nov 29, 2013	50,000	--	--	50,000
Steinback, Craig	The Influence of Hypoxia on Neurovascular Regulation and Plasticity	NSERC	Apr 1, 2014 to Mar 31, 2020	145,000	0	0	0
Steinback, Craig	Alberta Innovates Health Solutions Visiting Scientist Grant - Dr Graham Fraser	AB Innovates Health Solutions	Jul 1, 2014 to Sep 30, 2014	5,221	0	0	0
Walker Gordon	Re-conceptualizing self-determination theory's external, introjected, and identified motivations	SSHRC	Apr 1, 2010 to Mar 31, 2014	121,537	57,401	38,549	Inactive
Walker Gordon	Motivations and constraints to casino gambling	Alberta Gaming Research Institute	Feb 1, 2010 to Mar 31, 2012	91,127	32,417	Inactive	
Walker Gordon	Needs, Gambling, and Well-being	Alberta Gaming Research Institute	Nov 1, 2013 to Oct 31, 2016	117,572	--	--	80,236
Walker Gordon	Examining the quality of life and the benefits of recreation on continuing care residents	Capital Care Group	May 1, 2014 to Sep 30, 2015	75,000	0	0	0



## E. Publications

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	2009-10	2010-11	2011-12	2012-13	2013-14
Books	2	3	2	1	6
Book Chapters	15	19	12	10	28
Refereed Journal Publications	112	116	105	135	117
Creative Works	1	0	0	0	Ogmail

### 1. Books (6)

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Fry, A.C., & **Chiu, L.Z.F.** (2013). *Strength training workbook*. Dubuque, IA USA: Kendall Hunt.

**Holt, N.L.**, & Knight, C.J. (2014). *Parenting in youth sport: From research to practice*. London: Routledge.

**Robinson, Z.** (2014). *Conrad Kain: Letters from a wandering mountain guide, 1906-1933*. Edmonton, Alberta: UofA Press.

**Scherer, J.**, & Jackson, S.J. (2013). *The contested terrain of the New Zealand All Blacks: Rugby, commerce and cultural politics in the age of globalization*. Oxford: Peter Lang.

**Scherer, J.**, & Rowe, D. (Eds.) (2013). *Sport, public broadcasting, and cultural citizenship: Signal lost?* New York: Routledge.

Stodolska, M., Shinew, K., Floyd, M., & **Walker, G.J.** (Eds.), (2014). *Race, ethnicity, and leisure: Perspectives on research, theory, and practice*. Champaign, IL: Human Kinetics.

### 2. Book Chapters (28)

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Avner, Z., Jones, L., & **Denison, J.** (2014). Poststructuralism. In L. Nelson, P. Potrac and R. Groom (Eds.), *Research methods in sports coaching* (pp. 42-51). London: Routledge.

Bawa P., & **Jones, K.E.** (2014). Chapter 1: Neural control of muscle. In G.R. Naik (Ed.), *Applications, challenges, and advancements in electromyography signal processing*. (pp. 1-27). Hershey, PA, USA: IGI Global.

Daniels, D. & **Davidson, J.** (2013). The elephant in the locker room: Homophobia and sexualized normativity in Canadian sport. In J. Auger & K. Krug (Eds.) *Under the Rainbow: A primer on queer issues in Canada*. (pp. 163 184). Halifax: Fernwood.

**Fox, K.**, McAvoy, L., Wang, X., & Henhawk, D.A. (2014). Leisure among Alaskan Natives, American Indians, First Nations, Inuit, Metis, Native Hawaiians, and other Pacific Islanders. In M. Stodolska, K.J. Shinew, M.F. Floyd, & **G.J. Walker** (Eds.) *Race, ethnicity, and leisure* (pp. 111 128). Campaign, IL: Human Kinetics.

**Fox, K.M.**, & Riches, G. (2014). Intersecting rhythms: The spatial production of local Canadian Heavy Metal and Urban Aboriginal Hip Hop in Edmonton, Alberta Canada. In B. Lashua, K. Spracklen, & S. Wagg (Eds.) *Sounds and the city: Popular music, place, and globalization* (pp. 225 240). London: Palgrave Macmillan.



- Hinch, T.,** Higham, J., & Sant, S.L. (2014). Taking stock of sport tourism research. In A. Lew, C.M. Hall, & A.M. Williams (Eds.), *The Wiley Blackwell Companion to Tourism* (pp. 414 – 424). Chichester: John Wiley.
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- Holt, N.L.** (2014). Talent development. In R.C. Eklund & G. Tenenbaum (Eds.), *Encyclopedia of sport and exercise psychology* (pp. 731-734). New York: Sage.
- Holt, N.L.,** & Knight, C.J. (2014). Coach-athlete relations. In R. C. Eklund & G. Tenenbaum (Eds.), *Encyclopedia of sport and exercise psychology* (pp. 130-132). New York: Sage.
- Holt, N.L.,** & Knight, C.J. (2014). Parenting. In R. C. Eklund & G. Tenenbaum (Eds.), *Encyclopedia of sport and exercise psychology* (pp. 513-515). New York: Sage.
- Holt, N.L.,** & Knight, C.J. (2014). Participation motives. In R.C. Eklund & G. Tenenbaum (Eds.) *Encyclopedia of sport and exercise psychology*, (pp. 515-518). New York: Sage.
- Holt, N.L.,** & Knight, C.J. (2014). Youth sport, participation trends. In R.C. Eklund & G. Tenenbaum (Eds.), *Encyclopedia of sport and exercise psychology* (pp. 786-788). New York: Sage.
- Holt, N.L.,** **McHugh, T-L. F.,** Coppola, A.M., & Neely, K.C. (2014). Chapter 13: Using critical incident reflection in qualitative research: Transferable skills for sport psychologists? In Z. Knowles, D. Gilbourne, B. Cropley, & L. Dugdill (Eds.), *Reflective practice in the sport and exercise sciences: Contemporary issues* (pp. 137-146). London: Routledge.
- Kennedy M.D.,** & Lampe W.N. (2014). Applied ergonomics of cycling performance. In Youlian Hong (Eds.) *Routledge handbook of ergonomics in sport and exercise* (pp. 115-127). London, United Kingdom: Routledge.
- Markula P.** & Mason, C. (2013). Doing Foucauldian sport history. In R. Pringle & M. Phillips (Eds.), *Examining sport histories: Power, paradigms and reflexivity* (pp. 193-224). West Virginia University: FIT.
- Markula, P.** (2013). Deleuze and the disabled sport star. In B. Carrington & D. L. Andrews (Eds.) *The Blackwell companion to sport* (pp. 582-601). London: Blackwell.
- Markula, P.** (2014). Foucault and the new sports media. In A. Billings & M. Hart (Eds.), *Routledge handbook of sports & new media* (pp. 55-66). New York: Routledge.
- Markula, P.** (2014). Sport and the body. In G. Ritzer (Ed.), *Wiley-Blackwell encyclopedia of sociology* (pp. 4-6). Great Barrington, MA: Berkshire.
- Mills, J. & **Denison, J.** (2014). Discourse analysis. In L. Nelson, P. Potrac and R. Groom (Eds.), *Research methods in sports coaching* (pp. 217-226). London: Routledge.
- Rowe, D., & **Scherer, J.** (2013). Sport, public service media and a 'red button' future. In Scherer, J., & Rowe, D. (Eds.) *Sport, public broadcasting, and cultural citizenship: Signal lost?* (pp. 300-306). New York: Routledge.
- Sabiston, C.M. & **McHugh, T-L.F.** (2014). Social Physique Anxiety. In R.C. Eklund & G. Tenenbaum (Eds.), *Encyclopedia of sport and exercise psychology* (pp. 700-703). California: Sage .
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- Spence, J.C., Berry, T.R., & Latimer, A. E.** (2014). Social marketing and message framing. In R. Eklund, & G. Tenenbaum (Eds.) *Encyclopedia of sport and exercise psychology* (pp. 694-698). Thousand Oaks, CA: Sage Publications, Inc.
- Walker, G.J.** (2014). The comprehensive leisure participation framework: Theoretical foundation, cross-cultural variation, and practical implications. In S. Elkington & S. Gammon (Eds.), *Contemporary perspectives in leisure: Meanings, motives, and lifelong learning* (pp. 185-196). London: Routledge.

### 3. Refereed Publications (117)

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- Anderson, G.M., Foulsham, T., Nasiopoulos, E., **Chapman, C.S.**, & Kingstone, A. (2014). Hide and seek: The theory of mind of visual concealment and search. *Attention, Perception, & Psychophysics*, 76 (4), 907-913. doi:10.3758/s13414-014-0675-6
- Ball, G.D.C., Farnesi, B.C., Newton, A.S., **Holt, N.L.**, Gellar, J., Sharma, A.M., Johnson, S.T., Matteson, C.L., & Finegood, D.T. (2013). Join the conversation! The development and preliminary application of Conversation Cards© in pediatric weight management. *Journal of Nutrition Education and Behavior*, 45, 476-478. doi: 10.1016/j.jneb.2013.02.002
- Bawa, P.N., **Jones, K.E.**, & Stein, R.B. (2014). Assessment of size ordered recruitment. *Frontiers in Human Neuroscience*, 8, 532. doi: 10.3389/fnhum.2014.00532; 10.3389/fnhum.2014.00532
- Beaudin A.E., Pun, M., Yang, C., Nicholl, D.D., **Steinback, C.D.**, Slater, D.M., Wynne-Edwards, K.E., Hanly, P.J., Ahmed, S.B., & Poulin, M.J. (2014). Cyclooxygenases 1 and 2 differentially regulate blood pressure and cerebrovascular responses to acute and chronic intermittent hypoxia: Implications for sleep apnea. *Journal of the American Heart Association*, 3, e000875. doi: 10.1161/JAHA.114.000875
- Belanger, L.J., **Mummery, W.K.**, Clark, A.M., & **Courneya, K.S.** (2014). Effects of targeted print materials on physical activity and quality of life in young adult cancer survivors during and after treatment: An exploratory randomized controlled trial. *Journal of Adolescent and Young Adult Oncology*, 3, 83-91. doi:10.1089/jayao.2013.0021
- Bergquist, A.J., Wiest, M.J., Okuma, Y., & **Collins, D.F.** (2014). H-reflexes reduce fatigue of evoked contractions after spinal cord injury. *Muscle & Nerve*, 50, 224-234. doi:10.1002/mus.24144
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- Berry, T.R.**, Elfeddali, I., & de Vries, H. (2014). Changing fit and fat bias using an implicit retraining task. *Psychology and Health*, 29 (7), 796-812. doi: 10.1080/08870446.2014.885024
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## VII. Unit Reports

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### A. Alberta Centre for Active Living

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As an academic centre at the University of Alberta, the Alberta Centre for Active Living (ACAL) plays a critical role in providing reliable, evidence-based physical activity information to practitioners, organizations and communities across Alberta and Canada. ACAL plays a unique pan-Alberta role, with formal links to Alberta's four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge).

**ACAL Vision:** All people value, enjoy and benefit from a physically active way of life.

**ACAL Mission:** Working with practitioners, organizations and communities to improve health and quality of life through physical activity.

One of the main ACAL research projects is UWALK.

**UWALK Mission:** UWALK engages Albertans to be physically active where they work, live and play.

**UWALK Vision:** UWALK is the go to resource for walking in Alberta.

Ongoing activities of ACAL (including UWALK) include:

- contributing to policy development processes at the municipal, provincial and national levels;
- producing WellSpring, Research Update and PA Weekly;
- provision of technical and content work on ACAL's website;



- provision of technical and content work on the UWALK website;
- conducting and collaborating on research;
- presenting at conferences and meetings;
- support for walking initiatives in workplaces, communities and Primary Care Networks (PCNs);
- collaborating with other networks, coalitions and organizations;
- publishing reports and papers;
- responding to many information requests, and
- working with practicum students at the undergraduate and graduate levels.

Practitioners, organizations and decision-makers in Alberta rely on the Alberta Centre for Active Living for practical, evidence-based information and resources about physical activity. The ACAL's primary focus is on practitioners in Alberta, who ultimately assist Albertans live healthier, more active lifestyles.

ACAL celebrated its 25<sup>th</sup> Anniversary in February 2014 having been founded in 1989 by Dr. Art Quinney and Alfred Nikolai.

### **Faculty Strategic Priority: Talented People**

The staff of the Alberta Centre for Active Living includes specialists in research, knowledge translation, adult education, marketing and communications, editing, older adult physical activity, and information and resource management. The Alberta Centre for Active Living has been able to attract a high calibre of professional staff. Among our 10 professional staff, we have 5 with graduate degrees and 4 with undergraduate degrees. The Centre also has a Senior Research Associate (Dr. John C. Spence) and a Research Associate (Dr. Tanya Berry) who contribute to ACAL's vision and mission.

## 1. Faculty Strategic Priority: Communication

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**The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.**

### Publications

ACAL disseminates both published research and unpublished reports (or grey literature) in a variety of ways. *Research Update* is a well-regarded publication and features the work of researchers affiliated with ACAL as well as articles submitted by other researchers in the field or related fields. ACAL also published *WellSpring*, a popular, bimonthly publication for practitioners that provides information on best practices, topical issues, recent research, and/or policy related to active living and physical activity.

In addition to our regular publications, the following were published:

- Walker, J. & Loitz, C. (2014). Healthy Active School Symposia Evaluation. Retrieved from [http://www.centre4activeliving.ca/media/filer\\_public/38/86/38862859-2d0e-4970-8d8a-75dfa51efcd9/2014-hass-report.pdf](http://www.centre4activeliving.ca/media/filer_public/38/86/38862859-2d0e-4970-8d8a-75dfa51efcd9/2014-hass-report.pdf)
- Mathe, N., Van der Meer, L., Agborsangaya, C.B., Murray, T., Storey, K., Johnson, J. A., Loitz, C., & Johnson, S. (2014). Prompted awareness and use of Eating Well with Canada's Food Guide: a population-based study. *Journal of Human Nutrition and Dietetics*. doi:10.1111/jhn.12222



ACAL and UWALK both use websites ([www.centre4activeliving.ca](http://www.centre4activeliving.ca) and [www.UWALK.ca](http://www.UWALK.ca)) and social media to increase communication with Albertans. Social media includes, Facebook, Twitter, YouTube, LinkedIn, Pinterest and Vimeo.

The ACAL website had 690,273 pageviews over the course of the year.  
100,000+ unique visitors  
690,000 page views

Social media channels reached:

215 Facebook fans  
927 Twitter followers  
YouTube: 5,200 views of 27 videos posted

Publications:

WellSpring: 61,000+ issues downloaded (28,000+ current and 32,000+ archive issues)  
Research Update issues downloaded 19,000+ times; archived issues downloaded 19,400+ times  
Physical Activity Counselling Toolkit: 37,800 downloads

Clients in database: 2,000+

Other distribution networks: 32,000 recipients

UWALK.ca is a tool that can be used by individuals, communities and workplaces for logging not only individual physical activity, but also walking and stair climbing challenges. The website allows individuals to set their own goals and track their progress. It helps people to be mindful about the amount of physical activity they are getting each day, and it can motivate people to maintain or increase their levels of physical activity.

The UWALK.ca had 309,376 pageviews  
44,436 site visits  
14,490 unique visits  
5590 members to the end of August 2014

UWALK also undertook advertising to launch and introduce UWALK to Albertans.

The marketing elements included:

Billboards in 8 communities and buses in Calgary and Edmonton for 4 weeks  
UWALK promotion in theatre pre-rolls for 4 weeks  
Videos developed and shared through Vimeo and social networks

### **Faculty Strategic Priority: Resource Management Allocation**

#### **The Faculty will align operational income with the strategic goals of the Faculty.**

ACAL Income Sources	
Alberta Tourism, Parks and Recreation	\$448,800
Alberta Health (AH) (Healthy U)	\$177,107



Alberta Centre for Injury Control & Research (ACICR)	\$ 7,365
Alberta Tourism, Parks and Recreation (ATPR)	\$ 34,000
Contracts/events/sales	\$ 40,378
<b>Main income total</b>	<b>\$707,650</b>
UWALK Income Source	
Alberta Health	\$1,117,204

## 2. Faculty Strategic Priority: Exemplary Student Experience

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**The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).**

During the 2013-2014 year, ACAL provided placement for an undergraduate Practicum student and placement and research opportunities for four graduate level students. The graduate students were able to use UWALK data and develop presentations for scientific conferences as follows:

- **Fairbairn, S. M.** & Mummery, W. K. (2013, October). *The validation of the stair climbing feature of the Fitbit One physical activity monitor*. Poster presented at the Canadian Society for Psychomotor Learning and Sports Psychology annual conference. Kelowna, Canada
- **Fairbairn, S. M.**, Bazelli, B., Ferguson-Roberts, J., Mullen, B., Stroulia, E., Lederer, R., & Mummery, W. K. (2013, May). *The Development of a Smartphone Physical Activity Application by an Interdisciplinary Research Team*. Poster presented at the International Society for Behavioral Nutrition and Physical Activity (ISBNPA) annual conference. Ghent, Belgium
- **Lee, E.Y.**, Jennings, C., McLeod, N., & Mummery, W.K. (2014, April). *UWALK pedometer library loan program: Pre-Pilot Evaluation*. Accepted at 5<sup>th</sup> Asia-Pacific Conference on Public Health. Seoul, Korea. April 10-11, 2014.
- **Yun, L.**, Jennings, C., Lee, E.Y., & Mummery, W.K. (2014, April). *A systematic review of stair climbing interventions*. Accepted at 5<sup>th</sup> Asia-Pacific Conference on Public Health. Seoul, Korea. April 10-11, 2014.
- **Fairbairn, S. M.**, Mummery, W. K., & Jennings, C. (2014, May). *To lie or not to lie? A comparison of self-report and objective data in a web-based intervention*. Accepted at the International Society for Behavioral Nutrition and Physical Activity annual Conference. San Diego, California. May 21-24, 2014.

## 3. Faculty Strategic Priority: Collaboration and Integration

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**The Faculty will focus on the clear articulation and development of the “Alberta Model”, which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.**



ACAL's Research Advisory Committee has formal links to Alberta's four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge). This committee provides direction on ACAL's research priorities and discusses the pan-Alberta research potential for physical activity research.

UWALK's Research Advisory Board (REAB) has formal links to Athabasca University, University of Alberta, University of Calgary and Central Queensland University. This board provides input to, and advice about, the direction that should be pursued with respect to knowledge, research, and evaluation, in the context of UWALK's strategic plan. The REAB will also serve as a forum to facilitate opportunities for collaborative and/or new research initiatives that support the sector and assist in meeting individual and/or organizational mandates.

**The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.**

ACAL has Research Affiliates from across Canada and around the world who support the work of ACAL.

- Dr. Adrian Baumann – University of Sydney, Australia
- Dr. Steven Blair – University of South Carolina, USA
- Dr. Guy Faulkner – University of Toronto, Canada
- Dr. Lise Gauvin – University of Montreal, Canada
- Dr. Peter Katzmarzyk – Pennington Biomedical Research Centre, USA
- Dr. Neville Owen – Baker IDI Heart and Diabetes Institute, Australia
- Dr. Ron Plotnikoff – University of Newcastle, Australia
- Dr. Mark Tremblay – Children's Hospital of Eastern Ontario, Canada
- Dr. Hein de Vries, Maastricht University – The Netherlands

Centre staff reviews articles for:

- o National Conference of the Australian Health Promotion Association (2013)
- o Health Promotion Journal of Australia (2013 to present)
- o Journal of Physical Activity and Health (2014 to present)

ACAL also sits on a number of committees and brings physical activity expertise to these groups:

- Alberta Active Living Partners
- Alberta Policy Coalition for Chronic Disease Prevention
- ParticipACTION - Content and Capacity Building Advisory Group
- Active Healthy Kids Canada - Board
- National Recreation Roundtable - Advisory Group
- National Recreation Working Group - Strategic Sub-Committee to write the National Recreation Framework
- Active Canada 20/20 National Gathering
- Alberta Recreation and Parks Association - Provincial Active Living Integration Group
- Active Living Coalition for Older Adults - Vice-President
- Alberta Centre for Injury Control and Research - Finding Balance Network
- Alberta Health Services - Falls Prevention Network
- Alberta Workplace Wellness Committee
- SHAPE – Active Transportation Network
- City of Edmonton - Age Friendly Edmonton
- City of Edmonton - Active Transportation Network





## 4. Faculty Strategic Priority: Differentiation Through Innovation

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**The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.**

ACAL was very involved in the development of and advocacy for Active Canada 20/20: a physical activity strategy for Canada.

ACAL is a founding and active member of the Alberta Policy Coalition for Chronic Disease Prevention. The APCCP issues media releases/articles advocating for policy change to reduce chronic diseases in Alberta and is working towards the establishment of the Alberta Wellness foundation.

ACAL has a pedometer loan programs. Three pedometer toolkits, one each for health promotion, schools and workplaces, can be accessed by clients. The kits consist of a set of 36 pedometers accompanied by resources on walking and pedometer use. This service has been very useful to practitioners wanting to organize a time-limited intervention.

UWALK has a Public Library Pedometer Loan Program which includes over 150 branches in approximately 160 Alberta communities. This program provides pedometers to libraries which allows Albertans to borrow a pedometer from the library for a set period of time, and encourages them to sign up for UWALK and track their activity.

The Spring 2014 Physical Activity Forum features University of Alberta's research Dr. John C. Spence presenting at the University of Alberta and the University of Calgary "Get Up, Stand Up: A Public Health Perspective on Sedentary Behaviour". This year's Forum attracted 230 participants.

### Presentations

- **Loitz, C.** (2014, April). Sitting is the new smoking: Risk reduction through movement. Invited oral presentation at the Alberta Therapeutic Conference. Calgary, AB.
- Matsalla, G. & **Loitz, C.** (2014, February). Walking in Alberta: Supporting health active communities. Invited webinar for Choosewell ARPA. Edmonton, AB.
- **Loitz, C.** (2014, Feb). Knowledge mobilization: Using infographics to share your findings. Webinar for Athabasca University Graduate Students. Edmonton, AB.
- **Loitz, C.** (2014, April). KT what is it? Interactive presentation for UWALK. Edmonton, AB.
- Davis, C, McLeod, N., & **Loitz, C.** UWALK and walking in Alberta. Speaker series, PER. Edmonton, AB.
- **Loitz, C.**, Conteh, D., & Down, J. (2014, May). A scoping review of physical activity and sedentary behaviour in after-school programs. Global Summit on the Physical Activity of Children. <http://dvqdas9jty7g6.cloudfront.net/globalsummit2014/Global-Summit-Program.pdf>
- **Loitz, C.**, Down, J., Spencer-Cavaliere, N., & Spence, J. C. (2014, March). Reaching the physical activity gatekeepers for after-school programs: Physical activity and sedentary behavior guidelines and practice. San Diego, CA.



- **Loitz, C.**, Delon, S., Davies, C. (2013, October). Walking in Alberta. Oral presentation at the International Wellness Symposium. Lake Louise, AB. [http://wellness4alberta.com/wp-content/uploads/2013/09/AHweb ProgramV20\\_9\\_23b.pdf](http://wellness4alberta.com/wp-content/uploads/2013/09/AHweb ProgramV20_9_23b.pdf)
- Murray, T., Fraser, S., Johnson, S., **Loitz, C.** (2013, October). Coping self-efficacy mediates the influence of generalized control beliefs on physical activity behavior and intention to be active: A population based sample. Poster presentation at the Canadian Society for Psychomotor Learning and Sport Psychology, Kelowna, BC.
- **Jennings, C.**, Duncan, M., Spence, J., Mummery, W. K. (2014, April). UWALK Alberta: Establishing a province wide multi-strategy physical activity promotion project. Accepted at 5th International Congress on Physical Activity and Public Health. Rio de Janeiro, Brazil. April 8-11, 2014.

In addition to the formal conference presentations, Centre staff and graduate students presented at the following:

Speaker Series, PER, University of Alberta – Walking Survey  
 Healthy U Stakeholder Meetings – Healthy U Website (2 presentations)  
 Active Living Research Conference – Sedentary Guidelines in After School Programs  
 Alberta Sport & Recreation Leadership Summit – Who’s active in Alberta? How do we support them?  
 Steadward Centre – Knowledge Mobilization  
 Alberta Health Services – Walking Survey  
 St. Albert Library  
 University of Calgary Employee Wellness Fair  
 Healthy Alberta Schools Symposium – Edmonton, Grand Prairie  
 Alberta Recreation and Parks Association Conference  
 Walk for Your Wellness  
 Calgary Community Groups  
 Edmonton Lunch and Learn  
 Red Deer Lunch and Learn  
 Cross-Iron Mills Mall Walking Launch  
 Alberta School Employee Benefit Plan – Lunch and Learn  
 Shaping the Future  
 Alberta Nurses Symposium  
 Winter Walk Day  
 Tri-Family Wellness  
 University of Alberta Bio Medical Group  
 Alberta Health Retreat  
 Alberta Caucus  
 PCN/City of Red Deer Winter Walk Challenge Launch

#### Displays

2013 Alberta Active Living Partners Networking Meeting – Getting and Staying off the couch  
 2013 International Wellness Summit – Wellness – It’s for Life

#### Webinars

ARPA Choosewell – Walking in Alberta – Supporting Healthy Active Communities



## Athabasca University – Knowledge Mobilization – Using Infographics to Share your Findings

Partnerships were developed to share the UWALK brand and initiate networks to join UWALK.ca:

Alberta Health  
Alberta Recreation Parks Association  
S.H.A.P.E.  
AHS (Edmonton Zone & Northern Zone & Southern Zone)  
Paralympic Sports Association  
AB Provincial Fitness Unit  
Alberta School Employee Benefits Plan  
Alberta Milk  
Aspenview School District  
Communities Choosewell  
The following libraries and library systems  
    Edmonton Public Library System  
    Marigold Library System  
    Chinook Arch Regional Library System  
    Yellowhead Library System  
    Shortgrass Library System  
    Northern Lights Library System  
    Parkland Library System  
    St. Albert Public Library  
    Knowledge Resource Service (Holy Cross Site Calgary)  
Be Fit For Life  
Ever Active Schools and AMA Run Club  
MacEwan Sport and Wellness  
Prescription to Get Active  
Provincial Active Transportation Committee  
Primary Care Networks in  
    Leduc/Beaumont  
    South Edmonton  
    North Edmonton  
    Grande Prairie  
    Red Deer  
    Calgary Rural  
    South Calgary  
    Highland



## B. Community and International Engagement

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### 1. International

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#### (1) Enrollment

#### **A. International Undergraduate Enrollment 20 international students; 2.0% of enrollment (1009)**

##### i. Fee Paying – Total number of students with study permits = 13

Students	Country
3	United States of America
4	China
1	Australia
1	South Korea
1	Japan
1	India
1	Romania
1	Azerbaijan

##### ii. Exchanges/Visiting – Total = 7

Students	From	
2	University of Otago, New Zealand (1 Full Year, 1 in Winter 2014)	Faculty MOU
1	Universidade Federal de Sao Paulo, Brazil (Full Year)	Non - MOU
1	Universidade Federal do Rio de Janeiro, Brazil (Winter 2014)	Institution MOU
1	Norwegian School of Sport Science (NSSS), Norway (Winter 2014)	Faculty MOU
1	University of Leeds, England (1 in Fall 2013, 1 in Winter 2014)	Institution MOU
1	University of Jyvaskyla, Finland (Fall 2013)	Institution MOU

##### b. International Graduate Enrollment: 35 international students; 22% of enrollment (158)

##### i. Fee Paying



Students	Country
2	Brazil
1	Bulgaria
6	China
1	France
3	Iran
4	Japan
2	Korea
1	Nepal
1	Norway
1	Sweden
1	Thailand
1	Trinidad and Tobago
1	Turkey
4	United Kingdom
6	United States
ii. Visiting	
1	China

## (2) Education Abroad Experiences

### c. Study Abroad Course Registrations = 11

Students	To
8	Play Around the World: Thailand Cambodia/NWT (Summer 2014)
3	e3 Brazil (Summer 2014)

### d. Exchanges = 10

Students	To	
1	Swansea University, UK (Winter 2014)	Institution MOU
2	University of Exeter, UK (Summer 2013)	Institution MOU
3	University of Otago, New Zealand (Winter 2014)	Faculty MOU
1	Norwegian School of Sport Science (NSSS), Norway (Fall 2013)	Faculty MOU
2	University of Queensland, Australia (Winter 2015)	Faculty MOU
1	University of New South Wales, Australia (Fall 2013)	Faculty MOU



e. Practicums = 12

Students	To	Term
1	Australia	Fall 2013
1	Norway	Fall 2013
3	Australia	Winter 2014
1	Norway	Winter 2014
6	PAW/Thailand/Cambodia/NWT	Summer 2013

f. Athletics (International trips for competition and/or training – normally non-base funded)

Team	# of student athletes	To	Dates
Bears and Pandas Golf	9	Montana, U.S.	Oct 18-21, 2013
	12	Montana, U.S.	May 2 to 5, 2014
Golden Bears Volleyball	18	Los Angeles, CA, USA	December 2013 / January 2014
Pandas Basketball	13	Las Vegas, NV, USA	December 2013
Golden Bears Basketball	12	Phoenix, AZ, USA	December 2013
	1	European Tour (National Team)	July / August 2014
Golden Bears & Pandas Track & Field	7	Albuquerque, NX, USA	February 2014
	7	Arcadia, CA, USA	May 2014
Golden Bears & Pandas Wrestling	1	France (Francophone Games)	September 2013
	1	Italy (International Tournament)	June 2014
	2	Germany and Austria (International Tournament)	June 2014
	3	Mexico (Pan American Championships)	July 2014
	1	Scotland (Commonwealth Games)	August 2014



	1	Serbia (Jr. World Championships)	August 2014
Golden Bears & Pandas Curling	5	Trentio, Italy (FISU Games)	December 2013
	5	Films, Switzerland	February / March 2014
Golden Bears & Pandas Swimming	27	Hawaii, USA	December 2013
	3	Texas, USA	January 2014
	5	California, USA	Summer 2014
	1	Gold Coast, Australia (Pan Pacific Championships)	August 2014
<b>Total</b>	<b>134*</b>		

\*26% or 35 of these student athletes are registered in PER degrees.

### (3) International Visitors

- g. International scholars by date of arrival
- i. Candace (Huimei) Lui, Zhejiang University, China, July 1 2012 to June 30, 2015
  - ii. Greg Anson, University of Auckland, New Zealand, August 13-14, 2013
  - iii. Okayasu Isao, Hiroshima University of Economics, Japan, Jan 20, 2014 to Jan 25, 2014
  - iv. David Bentley, University of Adelaide, Australia, August 28, 2014

### (4) Community Based Activities

- h. Continuation of Tripartite Agreement with Alberta Recreation and Parks Association (ARPA) and with Alberta Tourism, Parks and Recreation

### (5) Selected New Initiatives

- i. New study abroad courses in preparation for 2013-14
  - i. E3 Brazil – Academic Sponsor for UAI – Soccer and Development course, internship opportunity
  - ii. Play Around the World Canada North, Fort Providence, NWT, 1 leader and 2 students
- j. New International Student Programs Coordinator
  - i. Creation of a joint 3 year position in collaboration with UAI for general recruitment and the development of fee paying international students
- k. Initiation of International Peer Support program. This program was initiated in collaboration with our undergraduate student group (PERCS) to connect international students with their Canadian peers.



- I. Scholarships/Resources
  - i. Collaboration grant from Norwegian School of Sport Science to help fund graduate and undergraduate student exchanges, 150,000 Norwegian Kroner, Term 2014/2014
  - ii. Group Travel Awards received through UAI for e3 Brazil.

### (6) Memorandum of Understandings

- m. Palacky University, Czech Republic, signed November 7, 2013
- n. Zhejiang University, Asia Pacific Centre for Study and Education of Leisure, Letter of Intent April 26, 2014
- o. Active negotiations with Yonsei University, South Korea
- p. Norwegian School of Sport Sciences (NSSS), expires November 2015
- q. Beijing Sport University (BSU), expires August 26 2015

## C. Canadian Athletics Coaching Centre (CACC)

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The Canadian Athletics Coaching Centre was established in October 2003 and is a legacy of the 8th IAAF World Championships in Athletics hosted in Edmonton during the summer of 2001. The Centre recognizes the lineage to this truly spectacular event. It was founded in agreement with the government of Canada through a consultative process led by the Edmonton 2001 Legacy Foundation in partnership with the University of Alberta, Athletics Canada, and Athletics Alberta. The original mandate recognized the need (to create a Canadian Centre dedicated to the participation and excellence in athletics through mentoring, training, education, competition and research for coaches and athletes at all levels of sport.

The Centre opened at the University of Alberta in the fall of 2004 housed within the Faculty of Physical Education and Recreation. The Centre looks for opportunities to develop and deliver programs in conjunction with its partners and it is through these partnerships we strive to enhance the delivery of the sport across Canada.

### **Mission Statement**

To provide educational opportunities for Canadian coaches that facilitate and promote effective coaching.

### 1. CACC Staff Compliment

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Director	0.7 FTE
Associate Director - Administration	1.0 FTE
Associate Director - Athletics Programming	1.0 FTE
Manager, National Program Coach Development	1.0 FTE
Alberta Institute Coach	1.0 FTE
Website Coordinator	1.0 FTE
Casual Support	0.5 FTE





Staff were involved in the following boards, committees, events, and national team assignments:

- Athletics Alberta;
- Pan American Junior Athletics Championships Organizing Committee;
- Edmonton International Track Classic;
- Pan Am Junior Championship (event group coach);
- FISU Summer Games (event group coach);
- IAAF World Youth Championships (event group coach).

## 2. Coach Development

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The Canadian Athletics Coaching Centre builds programming that supports the development of effective coaches from the grassroots level to the elite class. The following is a list of programming targeted towards the development of coaches.

- National Event Group Conference: 85 coaches from five countries attended our three-day National Throws Conference.
- Coach Camps:
  - 25 coaches from across Canada attended our two-day IST & Planning Coach Camp;
  - Seven coaches from across Canada were selected onto our three-week Motor-Learning and Neuroscience Coach Camp that included programming at the WinSport Centre, Calgary;
  - Four coaches from across Canada were selected onto our three-month Endurance Coach Camp that included programming at the Nike world headquarters and the University of Oregon.
- National Coach Certification Program (NCCP):
  - Competition Development: Provided 50% of the content for this seven-month program through our website;
  - Club Coach: Delivered this weekend program to 25 coaches from across Alberta.

## 3. Athlete Development

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- U of A Varsity Performance:
  - 9 qualifiers for Senior Canadian National Championships (5 athletes finished in the Top 10);
  - One qualifier for Pan American Junior Championships (fifth place);
  - CIS Championships: Five Top 10 finishers and two podium performances
  - Both Men's and Women's Cross Country teams won the Stewart Cup to qualify for CIS Nationals;
  - Across the year personal bests were achieved by 66% of the female athletes and 68% of the male athletes
  - 27 Academic All-Canadians (47% of roster) - highest of any sport at U of A
- Post-Collegian Performance:
  - Senior Canadian National Championships (Two Top 10 performances)
  - Senior Canadian National Cross Country Championships (Top 14 performance)



- Junior Program:
  - Identified eight local junior athletes to join our program training with Centre coaches and creating a feeder system to the Varsity program.
- Other:
  - Established a world-class Integrated Support Team;
  - Organized a Winter and Spring warm-weather training camp.

#### 4. Additional Activities

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- Event Hosting and Support
  - Stewart Cup (Cross Country);
  - Golden Bear Open;
  - Golden Bear Preview;
  - Canada West Championships;
  - CIS National Championships.
- Research Outputs
  - Two refereed journal articles;
  - Two Published Refereed Book Chapters;
    - Four conference presentations;
    - Three keynote/invited presentations.

#### D. Operations

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The Faculty of Physical Education and Recreation is an integrated Faculty encompassing three service arms: Facility Operations, Athletics and Recreation Services in addition to our primary role of Academics. The integrated nature of our Faculty presents unique opportunities to our students and Faculty members.

#### **Facility Operations has five primary functions within the Faculty:**

1. Facility Management – Facility Management encompasses the basic operational functions of the Faculty’s specialized facilities including:
  - Clare Drake Arena – Van Vliet Complex
  - Fitness & Lifestyle Centre – Van Vliet Complex
  - Climbing Centre – Van Vliet Complex
  - Aquatics Centre – Van Vliet Complex
  - Universiade Pavilion – Van Vliet Complex
  - Tennis Centre – Saville Community Sports Centre
  - Curling Rink – Saville Community Sports Centre
  - Fitness Centre – Saville Community Sports Centre
  - High Performance Training and Research Centre – Saville Community Sports Centre



- Outdoor Track – Foote Field
- Artificial Turf Field – Foote Field
- Natural Grass Fields – South Campus
- Gymsnasiums, Studios and Multi-purpose rooms – North and South Campus
- Labs, Research Spaces, Classrooms, and Offices – North and South Campus

The Operations unit provides a safe, efficient environment to enhance the day to day experience for Faculty, staff and students at the University of Alberta. Staff members roles range from facility maintenance and upkeep, to facility allocation and program development and delivery.

2. Community Program Delivery – Operations units offer a variety of sport and recreation programming from introductory levels to elite athlete development. Programming in the areas of Aquatics, Climbing, Curling, Tennis, Personal Fitness and Camps encompass a vast array of programming. The focus of these programming opportunities is the University community and the broader Edmonton community in the specialized sports. The Operations programs provide a direct connection between our research and teaching functions and our practical application.

Example: Annual Operations Program Registration and Membership: 18000

3. Facility Planning and Development – The Operations unit leads the planning and facility development functions for new Faculty buildings as well as large scale upgrades. We liaise with University Architects and planners to ensure the current and future needs of the Faculty are met. This planning process will encompass both long and short term planning cycles. We provide expertise in developing facilities to meet the requirements for research, teaching and programming.

Example: Foote Field Track Replacement and Upgrade serves both the Varsity track team and community track needs. The facility is fully capable of hosting International events.

4. Facility Use Maximization – Facilities are a finite resource. As a result, effective and efficient allocation of space for all academic, research, athletic and recreational use is a very important function. The Operations unit is the gatekeeper for space and is tasked with developing fair, efficient processes grounded in a solid philosophical base to meet the diverse needs of our Faculty.

Example: Over 800,000 sq. ft. of space is allocated for use annually.

5. Partnership/Relationship Fulfillment – The Faculty enters into a variety of partnerships to provide programming and develop new facilities, Operations endeavors to build and maintain relationships with each new partner group.

Example: The City of Edmonton and the Faculty work together to provide access to the community to Foote Field through a Joint Use agreement that has been in existence since 2002.

Due to the nature of our many roles, Operations touches many aspects of our Faculty. Operations goal is not only to successfully manage our own facilities and programs but to be a key partner in the success of each of the other Faculty units.



## Operations Mission Statement

To develop and manage facilities and programs that enrich the Faculty teaching, research and service functions by creating and sharing world-class experiences for Faculty, staff and students and engaging the community within the University environment.

### Guiding Principles

- We seek to build strong relationships with our customers – students, staff, Faculty and members.
- We are leaders in managing and programming facilities in support of Faculty initiatives.
- We utilize all Faculty resources to offer unique programming opportunities to our customers.
- We value positive interactions with the customers of our facilities through the provision of excellent service.
- We believe in managing safe and efficient facilities for our customers to enhance their experience

### Core Values

- Passion for sport, recreation and leisure
- Respect for our customers, partners and colleagues
- Commitment to a positive work environment
- Dedication to operating safe and accessible facilities

## 1. Faculty Goals: *Talented People*

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### Operation Staff

Cheryl Harwardt	Director
Rob Krepps	Associate Director Sport Development/Head Coach Curling
Greg Lembke	Manager, Saville Community Sports Centre – West
Christine Ma	Associate Director – Maternity leave (April 2013 – May 2014)
Russ Sluchinski	Manager, Tennis
Rob Stewart	Manager, Saville Community Sports Centre – East
Shaun Arkison	Operations Maintenance
Lois Arnason	Bookings Clerk/Reception
Dean Budynski	Operations Services Coordinator
Bruce Bourguignon	Operations Maintenance Supervisor, South Campus
Brian Bowers	Aquatics Supervisor
Rob Callahan	Facilities Attendant
Chelsea Carey	Activity and Leisure Camp Coordinator – Maternity leave Replacement for Jessica Holmgren, April 2014 – May 2015)
Laura Crocker	Curling Coordinator – Maternity leave replacement for Karla Fullwood, March 2014 – April 2015)
Guy Crosswhite	Arena/Fitness Maintenance
Cheryl Danchuk	Customer Service
Laurie Ennik	Administration Supervisor – South Campus
Mark Ennik	Assistant Supervisor, Equipment Room

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Dean Fargey	Operations Maintenance
Karla Fullwood	Curling Supervisor – Maternity leave (March 2014 – April 2015)
Ben Gallaher	South Campus and Foote Field Supervisor (Maternity leave replacement for Christine Ma Sept 2013 to May 2014)
Paul Glassford	Facilities Attendance
Barb Gordon	Customer Service Coordinator – SCSC West
Cal Grainger	Arena Attendant
Chelsea Guthrie	Assistant Sports Coordinator
Jessica Holmgren	Activity and Leisure Camp Coordinator – Maternity leave (April 2014 – May 2015)
Stephanie Hooft	Operations Maintenance
Andrea Jones	Tennis Coordinator
Lloyd King	Climbing Centre Supervisor
Hania Kura	Equipment Room Supervisor
Christine Legault	Facilities Allocation Lead
Susan Lenio	Marketing/Events Bookings Coordinator – SCSC West
David Lyle	Fitness & Lifestyle Supervisor
Kelly Lyons	Bookings/Contracts Clerk – Maternity leave replacement April 2014 – April 2015)
Travis Maloney	Facilities Attendant
Mitch McKee	Assistant Sports Coordinator
Kyle McMahan	Operations Maintenance, Coordinator – SCSC West
Erin Mikulin	Bookings/Contracts Clerk – Maternity leave April 2014 – April 2015
Anna Minarchi	Accounting Supervisor
Scott O'Shea	Facilities Attendant
Corey Peterson	Operations Maintenance
Alyssa Pietucha	Facilities Attendant
Yvonne Pugh	Customer Service Coordinator – SCSC East
Whitney Santa	Accounting Assistant
Randy Shaw	Operations Maintenance
Sheldon Thomas	Operations Maintenance
Dan Walter	Operations Maintenance, Coordinator – SCSC East
Monty Wood	Arena Supervisor

### Education

- 1 Masters Degree
- 2 staff progressing towards Masters Degrees
- 23 undergraduate degrees
- 2 staff completed Supervisory Leadership training
- 1 staff progressing towards Project Management certification
- 2 staff attended the Athletics Business Conference
- 1 staff attended the Canadian Sport For Life Conference



- 1 staff member on Facilities Development Committee of the University
- 1 staff member on Alcohol Review Policy Committee of the University

#### Years of Service

0 – 5 Years of Service	19 employees
5 – 10 Years of Service	15 employees
10 – 15 Years of Service	7 employees
15 – 20 Years of Service	3 employees
20 – 25 Years of Service	2 employees
25 + Years of Service	4 employees

#### Awards

- Aquatics Centre awarded the Life Saving Society’s Class 7 Dr. W.E. Montgomery award for program delivery (June 2013). The U of A Aquatics Centre has won this award 9 of the past 10 years.
- 2014 Pandas Athlete of the Year – Chelsea Guthrie currently works at the Saville Community Sports Centre as an Assistant Sport Coordinator.

## 2. Faculty Goals: *Communication*

- Operations initiated the use of an internal website through Google Sites as a quick and easy reference point for all (full-time, part-time and casual staff). The site serves the following purposes:
  - Central location for storing all facility operations policies;
  - Central location for dissemination of information to casual staff;
  - Quick links to University and Faculty forms;
  - Easy, accessible website attached directly to gmail account;
- Saville Community Sports Centre Website – 10,900 visits per month
- Saville Community Sports Centre Website – 1 minute 59 seconds average time spent on site
- FPER website – Facilities is the most utilized link on the Faculty website
- Saville Community Sports Centre Twitter followers – 361
- U of A Aquatics Centre Twitter – 118 followers
- U of A Climbing Centre YouTube – 736 views
- U of A Climbing Centre Facebook - 548 engagements
- U of A Fitness and Lifestyle Centre Facebook – 400 engagements

## 3. Faculty Goals: *Resource Management Allocation*

- Primary sources of income include:
  - Program Registration - \$1,779,855.00
  - Facility Rental - \$1,309,766.00
  - Membership sales - \$1,972,451.00



- GO Partner Contributions - \$955,123.00
- Miscellaneous sales - \$238,144.00
- Sponsorship/Advertising Opportunities – cash value approximately: \$25,000 + annually
  - Big Rock Breweries – cash and promotional items
  - Hattricks Restaurant – cash and in-kind items
  - Digital board and printed advertising sales
- Continued development of FAME – Facility Asset Management software – this software was implemented to assist in day to day tracking of staff required tasks; short-term facility and equipment problems; and long-term asset replacement requirements. The information will be compiled to develop facility lifecycle plans, as well as to track and budget for annual repair and maintenance items;
- Construction and Planning
  - 4<sup>th</sup> Floor East Lab Development - \$1 million
  - Physical Activity & Wellness Centre - \$58 million
  - Foote Field Track upgrade and replacement - \$1.75 million
- Business Case Development for future facilities
  - South Campus Arena project
  - Air-supported Structure over Foote Field Artificial Turf
- The Operations unit manages over \$250,000,000 million dollars of physical assets;

#### Aquatics Centre

- 31 hours per week for recreational student drop-in use at no additional fee, approximately 30,400 student visits;
- CREF funding allows for a further 12.5 hours per week of student drop-in use at no additional fee;
- The Aquatics Centre offers programs to University students ranging from swim lessons (novice to advanced); all lifesaving/lifeguarding courses; instructor course, kayaking and SCUBA. All programs are available at a reduced rate for students. Approximately 600 students take part in these programs annually;
- Student groups hosting events in the Aquatics Centre receive discounted rates on their rental fees;

#### Arena

- 10 hours per week for recreational student drop-in use at no additional fee;
- The Arena hosts over 30 hours per week of intramural hockey and student sport club use;
- 2 hours per week are available for “learn to skate” programs;
- The Golden Bears and Pandas hockey teams play over 30 games through the course of the season;
- 2 times per year a “Red Eye” tournament is hosted;

#### Climbing Wall



- 4 hours per week for Recreational student drop-in use at no additional fee, approximately 1900 students drop-in annually;
- 30 hours per week for climbing access at a reduced rate additional fee, approximately 6830 student visits occur annually;
- The Climbing Wall offers programs to University students ranging from novice instructional level classes to advanced level classes. Classes include a variety of styles of “technical rope” instruction courses. All classes geared to University students offer a reduced registration fee;
- Physical Activity Courses run three times per week both Fall and Winter Term and having a waiting list;
- 3981 passes were sold for regular use of the facility;
- Over 160 students registered in these programs in 2012-13;

#### Curling

- The Varsity Curling teams and Team Canada athletes who are U of A students (total of 23 students) utilize the facilities at no charge;
- The Curling Centre hosts one University league with 70 participants. The fees for this league are highly subsidized;
- Approximately 2,000 curler visits per week take place between October and April annually;

#### Equipment Room

- 3091 lockers and towel services were issued;
- 6094 memberships sold;
- Equipment room staff provided over 700 hours of service to events including set up, take down, security, and monitoring;

#### Fitness and Lifestyle Centre

- 98 hours per week for student drop-in use at no additional fee, approximately 330,000 student drop-in uses annually
- The Fitness and Lifestyle Centre offers programs to University students in the categories of Personal Training, Group Training, Nutrition and “learn-to” instructional level classes. All classes offer a reduced registration fee to University students.
- The Fitness and Lifestyle Centre offers employment to approximately 50 students annually.

#### Saville Community Sports Centre Fitness Centre

- 100 hours per week are available for active participation;
- 5260 memberships are sold;
- Over 450 hours of personal training are provided on site;

#### Tennis Centre

- The Tennis Centre serves over 600 members utilizing the facility on an average of 2 hours per week;





- Over 1000 people participate in tennis programs ranging from “learn to” programs for children and adults to elite training for competitive athletes;

#### Activity Camps

- 8-9 weeks of summer activity camps are coordinated annually for children 4-17 years of age.
- Over 2300 children participate annually in these programs
- Over 100 Active U programs, sampling a variety of sport and recreation activities in the Faculty, are coordinated annually.

### 4. Faculty Goals: Exemplary Student Experience

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Students and staff from across campus actively participate in programs and facilities developed by Operations:

#### Practicum Experiences in Operations

- 3 Operations units supported Faculty practicum experiences;
- 1 Student was hired into a full-time one-year replacement position as a result of her practicum experience;

#### General Information

- Operations employs approximately 150 students annually in general customer service and maintenance roles in addition to the program specific areas mentioned above;
- All north campus facilities offer a range of drop-in recreational use times for such activities as basketball, badminton, tennis, track, ice-skating, stick/skate skating, soccer and ultimate Frisbee at no additional charge to students;

### 5. Faculty Goal: Collaboration and Integration

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- The High Performance Training and Research Centre (HPTRC) is available to student-athletes and community athletes training at a provincial, national or international level;
- The HPTRC provides opportunity for graduate students and researchers to work directly with athletes in knowledge transference;
- The Climbing Centre has partnered with the Steadward Centre to work with children with disabilities in achieving greater levels of physical literacy;
- The Alpine Club of Canada hosts the Climbing Gym Instructors Certification course at the Climbing Centre;
- Basketball Canada partnership - Canadian Senior Women’s Basketball team is hosted by the Saville Community Sports Centre;
- Canadian Curling Association – National Training Centre is hosted at Saville Community Sports Centre; the Centre offers coaching and training opportunities for Canada’s top curling teams;
- Tennis Canada partnership – National Bronze Tennis Development Centre;
- City of Edmonton relationship – Joint Use agreement provides for community access to Foote Field;
- Operations collaborates with both internal and external communities to host events in our unique facilities. A small sample of these events follows:
  - Butterdome Craft Shows (Christmas and Spring)



- CAPS Career Fair (Fall and Spring)
- Open House
- Aboriginal Student Services Centre Round Dance
- Remembrance Day
- McBain Photography Show
- Underwear Affair 5k/10k Run – Fundraiser for Cancers below the Waist
- Running Room Indoor Games – youth Track events
- National U17/U18 Volleyball Events
- Edmonton International Track Classic
- Junior/Senior Wrestling Nationals
- The Shoot Out World Curling Tour event
- Western Canadian University Curling Championship
- Western Senior Tennis Nationals
- Hokkaido Cup – Olympic Lifting
- Little Big Run
- Great Canadian Basketball Shootout
- WAG and MAG Alberta Artistic Gymnastics Provincials
- Northern Lights Wheelchair Basketball tournament
- Saville Canadian Under 18 ITF Tennis tournament
- Mother’s Day run
- Canadian Senior Women’s Basketball team training

## 6. Faculty Goal: Differentiation through Innovation

- PAW Student Agreement – the Student’s Union, University of Alberta and Faculty of Physical Education and Recreation have entered into an agreement to support the development of student activity space. The space incorporates student recreation and leisure activity space allowing for enhanced teaching and research space. The Student’s Union has agreed to pay a fee to offset the cost of the facility. In turn, the students will participate in a Facility Steering Committee which will allow a student voice in the operation of the facility;
- GO Community Centre – the Faculty accepted the donation of the facility now known as the Saville Community Sports Centre from the GO Community Centre (a non-profit community organization). The \$42 million building provides academic and varsity program space on south campus. In addition, the facility provides much needed gymnasium space to the community and offers an opportunity to engage with the community at large.
- Green and Gold Sport System – initiated the development of a strategic plan for a new sport development system. The Green and Gold Sport System will model the Long Term Athlete Development models of the core sports, building a multi-sport system under one roof. The target start up date is Summer 2015.



- The City of Edmonton and the Faculty are currently involved in a Joint Use agreement. Moving forward an alternate agreement with a focus on high performance sport use of facilities is under development;
- The Saville Community Sports Centre is operated within a partnership agreement with three community partners - Ortona Gymnastics, Edmonton Grads Basketball and Edmonton Volleyball Centre Society. The opportunities to grow within the community sport environment are being developed as available.

## E. The Steadward Centre

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### **The Steadward Centre for Personal & Physical Achievement**

The Steadward Centre serves as a research, teaching and service delivery unit within The Faculty of Physical Education and Recreation at the University of Alberta to facilitate engagement in physical activity, fitness and sport for individuals experiencing disability. A dedicated team of staff, students and volunteers provided opportunities for 812 individuals living with impairment to achieve their personal fitness, physical activity and/or athletic goals across The Steadward Centre's five key program areas— *Adapted Fitness Programs for Adults, Athlete Development for Disability Sport, Community Exercise Transition Program, Free2BMe Physical Activity for Kids and Teens with Disabilities, and Functional Electrical Stimulation (FES) exercise.*

With the generous support of Alberta Sport Connection, community foundations, community grant programs, corporate and individual donations, the Centre served 460 children and youth, 282 adults and 70 athletes living with impairment ranging in age from 3-85 years. Innovated program models such as: P.A.L.S (Physical Activity Led by Students), school and community outreach programs, Para-swimming and the FES community program have increased the participant base of the Centre by 25% in one year.

A team of 11 full-time staff and nine part-time instructors facilitated all activities and functions of the Centre from research, programming, volunteer coordination, fund development and administration. The Centre became a designated University of Alberta Community Service-Learning (CSL) site further enhancing its ability to provide high-quality applied learning opportunities for undergraduate students. A total of 239 students gained experience in the Centre through practicum placements, CSL credit courses and volunteer placements—contributing an astonishing 4793.5 hours to the Centre's programs and services.

### **Vision and Mission**

The Steadward Centre (TSC) vision and mission support the achievement of the Faculty of Physical Education and Recreation's (FPER) vision and priorities, as well as those of the University of Alberta.

### **Practical Vision**

The Steadward Centre is internationally recognized for supporting independence and inclusion of children, youth and adults experiencing disability in their communities by inspiring:

- Vital accomplishments in personal fitness, motor skill development, and athletic development
- Meaningful, innovative, and applied advancements in adapted physical activity
- Passion for learning and discovery



- Excellence and leadership

**Mission**

To create, disseminate, and apply knowledge of physical activity, athletic development, and motor skill development specific to persons living with impairment.

1. Faculty Goal: Talented People

The Steadward Centre Professional Staff Complement

Associate Director	1.0 FTE	Master’s degree
Program Coordinators/ Team Leads	4 FTE	4 Undergraduate degrees (1 current FPER MA student)
Adapted Physical Activity Consultants	3 FTE	2 Undergraduate degrees
APA Personal Fitness Trainer	1FTE	College diploma
APA Instructors	2.5FTE	Current FPER undergraduate students, Ph.D student, Undergraduate degree
Support Staff—Financial/ Admin	2 FTE	1 College diploma

*Staff holds the following professional certifications:*

Professional Certificate in Knowledge Translation	1 FTE
Certified Exercise Physiologist (CSEP-CEP)	4 FTE
Certified Personal Trainer (CSEP-CPT)	4 FTE
Registered Kinesiologist	4 FTE
Certified Recreation Therapist (ATRA)	1 FTE

**The Faculty will support and initiate strategies to provide professional development opportunities for faculty and staff.**

The Steadward Centre staff completed continuing education credits, presented and attended professional development sessions within the following professional areas:

- University of Toronto/ Sick Kids Hospital Knowledge Translation
- Canadian Society for Exercise Physiologists
- Alberta Kinesiology Association
- Alberta Therapeutic Recreation Association
- Alberta Fitness Leadership Certification Association
- Physical and Health Education (PHE) Canada
- Alberta Recreation & Parks Association
- American College of Sports Medicine

**Community Engagement**

Staff from The Steadward Centre is committed to collaboration and engagement with community partners, serving on a variety of committees with the goal of increasing the breadth and scope of physical activity



opportunities for individuals experiencing disability within the Capital Region and across the province of Alberta.

**Committees**

<b>Committee</b>	<b>Coordinating Body</b>	<b>TSC Representation</b>
PLAY GREAT (Physical Literacy and You—Greater Edmonton Area Team)	Edmonton Sport Council	Amanda Ebert
Edmonton’s Interagency Committee on Inclusive Recreation	City of Edmonton	Scott Durocher & Amanda Ebert
World Triathlon Grand Final Edmonton Planning Committee—Para-triathlon	Edmonton Triathlon Academy	Kirsti Van Dornick
Glenrose Rehabilitation Hospital Accessibility Committee	Glenrose Rehabilitation Hospital	Bobbi-Jo Atchison
City of Edmonton Active Recreation and Sport Policy: Advisory Panel	City of Edmonton	Karen Slater
YMCA Children and Youth Bridging Program Development: Steering Committee	Glenrose Rehabilitation Hospital and YMCA of Northern Alberta	Karen Slater

2. Faculty Goal: Communication

**The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.**

The Steadward Centre uses a website, e-newsletters and social media (Facebook) to communicate with students, participants, community partners, current and potential donors. The Centre distributes an annual report to all stakeholders. The Centre communicates with community through the implementation of an Advocacy committee comprised of program participants living with impairment. The Centre receives annual media exposure through print, radio and television.

Media Exposure 2013-2014:

- Edmonton Community Foundation (Winter Ed. 2014). *“Breaking Out: Edmonton Community Foundation grant brings students and children together in the spirit of play”* Legacy in Action Magazine (p.9)
- Edmonton Journal (March 21, 2014). *“Para-swim team gets set for fundraising challenge in UofA pool.”*
- CTV News—Morning Live. (March 25, 2014). UofA Going the Distance Swim Challenge. Live interview with Para-swimming Head Coach Nathan Kindrachuk and athlete Ana Videl-Oscar.
- Global News. (March 27, 2014). UofA Going the Distance Swim Challenge. Event coverage.
- Accessible Media (March 2014). *“Steadward Bears Para-swim Team Story”*. Video.
- CBC Radio Syndication. (March 7, 2014). Sochi 2014 Winter Paralympics: What to expect from Canadian athletes. Six afternoon radio shows across Canada. Interviews with Karen Slater, Associate Director.



### 3. Faculty Goal: Resource Management Allocation

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As an academic Centre, The Steadward Centre receives lights on funding from the Faculty of Physical Education and Recreation. All operating dollars are secured through a diverse funding strategy. Base funding is provided by Alberta Sport Connection in the amount of \$532,500. The remainder of the approximate \$1 million operating budget is received through provincial and municipal granting programs, community foundations, service groups, donations and program participation fees and services.

Last year the Centre received 6 operating grants totalling \$140,136.92. Donations received amounted to \$52,880.23 and monies secured through program registrations and services totalled \$103,809.48.

The Steadward Centre's Free2BMe program is building an endowment fund to support the operating costs of the Centre's children and youth programming which serves more than half of the Centre's 249 student volunteers.

### 4. Faculty Goal: Exemplary Student Experience

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Professional practicum placements, community service-learning (CSL) credits, volunteer placements and research participation comprise the many different ways in which undergraduate and graduate students gain rewarding applied learning experiences within The Steadward Centre.

As an academic centre within The Faculty of Physical Education and Recreation at The University of Alberta, The Steadward Centre (TSC) provided a wide range of learning opportunities and volunteer experiences through our programs. Students completing degrees across a variety of disciplines: physical education and recreation, kinesiology, education, science and the arts all took advantage of the breadth of learning and mentoring opportunities offered at the Centre.

In the 2013-2014 academic year the Centre supported 239 students across four program areas: Free2BMe Physical Activity for Kids and Teens with Disabilities; Adapted Fitness Programs for Adults; Athlete Development for Disability Sport; Community Exercise Transition Program.

#### **Undergraduate Students**

Students studying in related fields from post-secondary institutions across the province received training in adapted physical activity through the Steadward Centre. Seven full-time practicum students from the University of Alberta and one part-time student from NAIT benefited from 14 weeks of applied work experience across all aspects of the Centre. An additional 70 students completed course work requirements through senior-level Adapted Physical Activity courses. New this year, the Centre is now a designated community service-learning partner, providing students with community service-learning (CSL) credits.

Students were instrumental in the implementation and delivery of student-led program models throughout the Centre. Students worked alongside adult Centre members to progress individual exercise programs and introduce a variety of adapted physical activity and Para-sport opportunities to individuals experiencing disability. Another group of energetic students served as PALS for children and youth participating in Free2BMe's 1:1 motor skill development programming. Students also actively engaged with the Athlete Development for Disability Sport program and the Community Exercise Transition Program.



### **Interdisciplinary Applied Opportunities**

The successful collaboration with the Glenrose Rehabilitation Hospital through the Inter-professional Student Services (ISS) program continued to thrive. Three students completed 14-week practicum placements that afforded them opportunities to work collaboratively with the Recreation Therapy Department at the Glenrose and the Community Exercise Transition Program within The Steadward Centre.

Six students enrolled in Karen Slater's PEDS 472: Active Living for Individual's with Physical Impairment course had the opportunity to apply their knowledge in adapted physical activity with older adults within the MOVE-EZ (Mobilization of Vulnerable Elders—Edmonton Zone) program at the Glenrose Rehabilitation Hospital.

### **Graduate Students**

The Steadward Centre supports graduate students by providing opportunities for clinical field placements (Physical Therapy) and the facilitation of independent research studies. Four graduate students completed participant recruitment activities and collected research data in the Centre this past year.

## **5. Faculty Goal: Collaboration and Integration**

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**The Faculty will focus on the clear articulation and development of the “Alberta Model”, which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.**

The Centre serves as a ‘living laboratory’ for students studying across the many disciplines encompassed by the Faculty. Undergraduate students gain applied learning experience through practicum placements and coursework, while graduate students conduct research studies related to graduate level thesis work.

Additionally, the Centre operates with both a Scientific Advisory Committee and Education Advisory Committee. Each committee is comprised of professors/ researchers, instructors and practitioners in the area of Adapted Physical Activity from across the province including institutions such as: Mount Royal University, Red Deer College, Grande Prairie Regional College, the Glenrose Rehabilitation Hospital and the Provincial Fitness Unit. Individuals from across these institutions work together sharing insight, experience and expertise to further advance the teaching, research and community service activities within The Steadward Centre.

**The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.**

The Steadward Centre continues to grow its reputation nationally and internationally through connections with similar Centres throughout the world including those in the United States, Korea, Ireland, Norway and New Zealand. Centre staff contributed as presenters at one international conference (Banff, AB) and one National Symposium (Canmore, AB).

**The Faculty will develop the inherent strength of resources and programs on its South Campus to provide meaningful teaching, research and community engagement opportunities.**

The Steadward Centre established a partnership with the Saville Community Sports Centre (2008) to enhance the accessibility and inclusion of people experiencing disability within the fitness centre located on South Campus. In 2011, two pieces of Functional Electrical Stimulation (FES) exercise equipment (RT300 cycle and RT200 elliptical) were introduced making the Saville Community Sports Centre the only community based fitness facility in Canada to offer FES exercise programs for people living with paralysis. This past year over 50 individuals living with impairment held memberships at the Saville Centre. The Centre's Community Exercise



Transition team provided staff training at South Campus and initiated a student volunteer base to enhance the inclusion and accessibility of South Campus.

Additionally, the Centre's Athlete Development Program for Disability Sport provided high performance strength and conditioning training for provincial, national and Paralympic level athletes out of the High Performance Training and Research Centre on South Campus. A total of 70 athletes represented a variety of sports including: para-alpine skiing, sledge hockey, para-triathlon, para-swimming, cycling, sitting volleyball, goal ball, wheelchair rugby, dragon boating and wheelchair basketball.

## 6. Faculty Goal: Differentiation Through Innovation

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**The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.**

The Steadward Centre prides itself in its ability to disseminate knowledge through research activities, student teaching, professional workshops, presentations and the facilitation of coaching certifications in fundamental movement skills.

### **Research/ Discovery**

Enhancing capacity for research engagement is a key priority for the Centre. Efforts were made this past year to build partnerships with researchers whose interests are reflective of our diverse program activities. The formation of the new Scientific Advisory Committee is complete with the inaugural group meeting spring 2014.

Our unique program offerings and diverse participant base informed the research design for studies by affiliate researchers Dr. Dave Collins, Dr. Donna Goodwin, Dr. Patricia Manns and Dr. Nancy Spencer-Cavaliere. The Centre served as a sight for recruitment, data collection, and knowledge dissemination. TSC supports funding applications for research projects through informing project design and writing letters of support, identified as knowledge user and co-applicant.

### ***Centre staff explored research questions of their own—***

Athlete development coordinator Kirsti Van Dornick teamed up with Dr. Gordon Bell, professor of exercise physiology in the Faculty of Physical Education and Recreation, U of A, to conduct a study entitled "Time Motion Analysis of Sitting Volleyball." Ms. Van Dornick conducted her research with the National Men's Sitting Volley team, travelling with the team to the Para-Pan American Games in Edmond, Oklahoma to collect video data for her study. Work will be presented at various conferences 2014-2015.

Community exercise transition coordinator, Bobbi-Jo Atchison worked in collaboration with the Free2BMe program to collect data for her study entitled "Transition to community physical activity for youth with disabilities: The parental experience." Ms. Atchison is working alongside Dr. Donna Goodwin to complete this research as part of her Masters of Arts (Adapted Physical Activity) thesis program.

Associate Director, Karen Slater completed the Professional Certificate in Knowledge Translation from the University of Toronto and Sick Kids Hospital. As a Centre we seek to integrate knowledge translation activities





through our work in the three areas of learning, discovery and citizenship as it pertains to Adapted Physical Activity.

### Research Funding

SSHRC VP Research Funding, U of A—*Recreational Sport for Youth Experiencing Disability: Coaches Perspectives (\$10,000)*

- Principal Investigator: Dr. Donna Goodwin, University of Alberta
- Knowledge User Group and Study Site: The Steadward Centre for Personal & Physical Achievement
- Knowledge Translation Expert: Karen Slater, The Steadward Centre, University of Alberta

### Teaching/ Learning

Course	Description	Number of Students	Principa l Instructor
PEDS 472: Active Living for Persons with Physical Impairment	Emphasis on the delivery of adapted physical activity services to individuals living with physical impairment, with a focus on the theoretical frameworks that guide professional practice.	21 students (Fall 2013)  24 students (Winter 2014)	Karen Slater
Professional Practicum Placement, University of Alberta	Full or part-time non-paid work experience program for senior level students in the Faculty of Physical Education and Recreation.  The Steadward Centre serves as a practicum placement site for students with an interest in adapted physical activity, sport science, recreation therapy, physical education, and/or rehabilitation medicine.	7 full-time students (UofA)  1 part-time student	Practicum Student Supervisors: - Bobbi-Jo Atchison - Scott Durocher - Amanda Ebert - Kirsti Van Dornick
Community Service Learning	The Steadward Centre is a designated Community Partner for Community Service-Learning (CSL) at The University of Alberta	CSL Community Partner for the following courses: • PEDS 471: Active Living for Individuals living with Developmental Impairment • PEDS 472: Active Living for Individuals living with	Centre wide initiative



		Physical Impairment <ul style="list-style-type: none"> <li>• PEDS 497: Neuroscience Considerations in Adapted Physical Activity</li> <li>• A total of 70 students enrolled</li> </ul>	
NCCP-FMS Certification	National Coaching Certification Program's Fundamental Movement Skills Workshops: Course focuses on 7 fundamental movement skills	Three sessions held 24 Students completing certification	Amanda Ebert and Stephanie Liew

### Conference Presentations

**Durocher, S.** (September 2013). Panel: *Ask the expert*. MS Connections Conference, Edmonton, AB.

**Ebert, A.** (April 2013). *Athletes with a Disability & Physical Literacy*. Panel Discussion. International Physical Literacy Conference 2013, Banff, Alberta.

**Ebert, A.** (March 2014). *Physical Literacy for People Experiencing Disability*. Youth Development Through Recreation Services Symposium, Alberta Recreation & Parks Association, Canmore, AB.

### Publication

**Imppola, J.** (Fall Ed. 2013). Exercise for Every Body. The Provincial Fitness Unit of Alberta Fitness Informer. (20-21). Edmonton, Alberta: University of Alberta.

### Community Presentations

**Atchison, B.J.** (June 2013). Adapted Physical Activity: Community Exercise Transition. Guest Lecture, Faculty of Physical Education and Recreation, UofA. PERLS 207, Edmonton, AB.

**Atchison, B.J. & Imppola, J.** (August 2013, October 2013 & February 2014). Adapted Physical Activity and MS. MS Society Support Groups—Sherwood Park, Stoney Plain, Drayton Valley, St. Albert.

**Atchison, B.J.** (November 2013 & March 2014). Adapted Assessment and Neuromuscular Impairment. Guest Lecture, Faculty of Physical Education and Recreation, UofA, HEED 311, Edmonton, AB.

**Atchison, B.J. & Imppola, J.** (November 2013 & March 2014). Community based physical activity and sport opportunities for individuals living with physical impairment. Panel Discussion, Faculty of Physical Education and Recreation, UofA, PEDS 472, Edmonton, AB.

**Atchison, B.J. & Slater K.** (January 2014). Youth in Motion. More Places. More Often. A Framework for choice. Pediatric Grand Rounds, Glenrose Rehabilitation Hospital, Edmonton, Alberta.

**Durocher, S. & Imppola, J.** (March 2014). Adapted Physical Activity and the Certified Personal Trainer. Guest lecture, NAIT, Personal Fitness Trainer Program (PFT), Edmonton, AB.

**Ebert, A. & Durocher, S.** (May 2013). Outdoor Education Experiences in Adapted Physical Activity. Guest lecture, Faculty of Physical Education and Recreation. PEDS 205, Edmonton, AB.

**Ebert, A. & Krol, P. & Liew, S.** (June 2013). Workshop: Facilitating Inclusive Camp Experiences. YMCA of Northern Alberta, Edmonton, AB.

**Liew, S. & Ebert, A.** (June 2013 & November 2013). The Steadward Centre: Adapted Physical Activity Programming for Kids and Teens Experiencing Disability. PERLS 207, Edmonton, AB.



**Liew, S.** (October 2013). Workshop: Promoting Inclusion in Physical Activity Programs. CASA Child, Adolescent and Family Mental Health, Edmonton, AB.

**Krol, P. & Ebert, A. & Liew, S.** (February 2014). Physical Activity and Health Living for Every Body. Michael Strembitsky School, Edmonton, AB.

**Slater, K.** (October 2013). Adapted Physical Activity in Action: Administration and Centre Management. Guest lecture. Faculty of Physical Education and Recreation, PERLS 105, Edmonton, AB.

**Slater, K. & Atchison, B.J.** (November 2013). The Steadward Centre FES Exercise Program: A framework for choice. Foothills Hospital, Calgary, AB.

**Slater, K.** (September 2013 & January 2014). Physical Education for Every Body. Guest lecture. Faculty of Education, ED 447-451, Edmonton, AB.

**Van Dornick, K.** (February 2014). Athlete Development for Athletes Living with Impairment. Sports Medicine Club, UofA, Edmonton, AB.

**Van Dornick, K.** (April 2013). Strength and Conditioning for the Para-athlete. Guest lecture, Faculty of Physical Education and Recreation, UofA, PAC 490, Edmonton, AB.

### **Community Service/ Citizenship**

Achieving personal health and wellness through physical activity, fitness and sport is the primary aim for many individuals at The Steadward Centre who experience disability. The Centre is dedicated to providing choice and opportunity for children, youth and adults living with impairment as they gain physical literacy, improve strength, improve endurance, enhance functional ability and develop self-confidence in a physical activity, fitness and sport performance setting. High quality, evidence-informed programs led by knowledgeable staff are the flagship of the Centre. This past year, we expanded our efforts and our reach both regionally and provincially.

### **Community Exercise Transition Program**

The dedicated Community Exercise Transition team supported eighty-three individuals experiencing disability to make the successful transition from rehabilitation and/or specialized fitness programs to community based fitness programs.

The transition team was also instrumental in creating opportunities for youth with impairment to successfully transition into the community. With direct support from APA consultants from Free2BMe, 10 youth gained the skills and confidence and 1:1 support to exercise in a community-based fitness setting—a community recreation facility, or school fitness centre.

Following a successful two-year pilot program funded in part by SCITCS (Spinal Cord Injury Treatment Centre Society), the Community FES Exercise Program is effectively embedded within the community exercise transition program. Close to thirty individuals living with paralysis participate in FES exercise (cycle and/or elliptical) at The Saville Community Sports Centre, exercising when they want and with whom they want—enjoying their independence in a community based program.

### **Athlete Development**

The Paralympic Spirit was alive and well at the Centre this past year. A total of 70 athletes received coaching in strength and conditioning to enhance their performance across a variety of sports including: para-alpine skiing, sledge hockey, para-triathlon, cycling, sitting volleyball, goal ball, wheelchair rugby and wheelchair basketball.

*Two exciting new initiatives this year!*



A brand new Learn 2 Train Dragon Sight program developed and facilitated by athlete coordinator Kirsti Van Dornick, provided high performance training for 9 athletes on the Dragon Sight dragon boat team comprised of athletes with visual impairments.

The Steadward Centre made a big splash with its inaugural Para-swimming development program generously supported in part by the Canadian Paralympic Committee (CPC). With the ever-enthusiastic and talented head coach Nathan Kindrachuk, the para-swimming program became a huge success, with 28 athletes participating. Supported by 17 volunteers over the course of the three terms, most of whom compete on the U of A varsity swim team, athletes received high quality coaching on competitive swim strokes and technique. The successful program culminated with a Going the Distance Swim Challenge netting the program an astonishing \$12,000, solidifying the newly minted Steadward Bears Para-swim team as a mainstay on The Steadward Centre program roster.

#### **Athletes in action—**

Jessie Power earned the bronze medal in the 2013 Edmonton ITU Paratriathlon International Event.

One determined athlete completed the 100km Le Tour de l'Alberta.

The men's national sitting volleyball team travelled to Edmonton to complete fitness testing with the support of TSC athlete coordinator, prior to heading to Edmond, Oklahoma for the Para-Pan American Games.

#### **Adapted Fitness Programs for Adults**

Individual and group adapted exercise programs were provided to 200 members living with physical impairment this past year. New exercise equipment was introduced, with members testing out Sci-Fit Inclusive Fitness PRO1 Upper Body Exercise machines with removable seat and ramp and two new THERA-Vital Active Passive Exercisers. Program participants were introduced to IPAD tablets to enhance fitness assessments, member education sessions and deliver exercise programs. All equipment was generously provided through individual donations.

With construction of the new Physical Activity and Wellness (PAW) Centre well underway, the adult programs were the first to experience some "movement." The demolition of the main entrance to the Van Vliet Centre (VVC) and thus the accessible ramped entrance to the main level of the building, necessitated a temporary relocation of the adult program area. In January 2014, the adapted fitness programs for adults moved to a new, (although temporary) home. Located on the lower level of the Van Vliet Centre and adjacent to the future permanent home of The Steadward Centre, programs are in full swing in two activity rooms. Coinciding with the move a new DATS turn around and parking lot on the west entrance of the VVC was installed.

New program space, facilitated new program opportunities. Two days a week progressive instructional group programs ranging from sit to be fit, circuit training and afternoon energizer replaced individualized exercise sessions.

Programs provided applied learning opportunities for undergraduate students to explore adapted physical activity by working alongside members. Students gained valuable experience applying the Canadian Physical Activity Guidelines for specific populations (multiple sclerosis, spinal cord injury, Parkinson's), conducting accessibility audits, and leading adapted sport activities.

#### **iDANCE Edmonton**



Offering instructional dance classes for a community of individuals experiencing disability was the goal of The Steadward Centre's iDANCE program this past year. Under the direction of Artistic Director, Lindsay Eales, 23 participants gained valuable dance experience, culminating all they learned at the annual community recital in July 2013. Dancers were again supported through the generous gift of rehearsal space from the Glenrose Rehabilitation Hospital. This past fall, variety was the spice of life, with a workshop series featuring hip hop, ballroom dance and swing. Dancers even received hip hop lessons from internationally acclaimed B-boy Luca "LazyLegz" Patuelli!

Saying goodbye...

Lindsay Eales and the entire iDANCE community have collectively taken integrated dance to new heights. Opportunities for performance and other artistic endeavors have grown beyond the scope of The Steadward Centre. As such CRIP-SIE (Collaborative Radically Integrated Performers Society in Edmonton) was born! CRIP-SIE is a community based society with the purpose of providing integrated performance opportunities for dancers experiencing disabilities and their allies. We are very excited to see all they can accomplish under this new initiative. We are pleased to continue to work alongside Lindsay and her team to ensure that instructional dance opportunities are still available to individuals seeking dance as an option for physical activity at The Steadward Centre.

### **Free2BMe Physical Activity Programs for Kids and Teens with Disabilities**

Moving with competence and confidence was the focus for Free2BMe this past year. Over 300 children and youth experiencing disability gained physical literacy through diverse individual and group instructional programs at Free2BMe.

Free2BMe active outdoors! – Cycle adventure and Arctic adventure, two new initiatives this year, introduced kids and teens experiencing disability to a variety of physical activity and sport skills such as cycling on the trails, curling and skating. Kids enjoyed taking their skills outside to explore different environments and activities regardless of rain, snow or sun.

Education, advocacy and staff training were key elements to the success of the Free2BMe program. Staff provided NCCP-Fundamental Movement Skills certification training to over 20 students, served as a community service learning site for approximately 50 undergraduate students and delivered numerous presentations, workshops and training sessions for recreation professionals in the community. An additional 160 elementary, junior high and high school students and their teachers received quality adapted physical activity through programming delivered by Free2BMe consultants. The Steadward Centre is pleased to be an approved preferred vendor with Edmonton Public Schools, enhancing our ability to work collaboratively with school groups.

### **Partnerships**

Coordinated, deliberate, and mindful were the key attributes that defined the partnerships driving the work of the Centre. This past year we further solidified our role as an academic Centre within the Faculty of Physical Education and Recreation, U of A. We developed a successful partnership with the Department of Athletics Varsity Swim program to create opportunities for individuals living with impairment to train as Para-swimmers. Partnerships with faculty researchers have also begun to form strengthening and enhancing our research capacity.



Community partners were essential as we remained committed and connected to our joint initiatives with primary partners: Glenrose Rehabilitation Hospital, YMCA of Northern Alberta, City of Edmonton, Be Fit For Life Network—Provincial Fitness Unit and Centre for Autism Services of Alberta.

New partnerships were forged this past year with the goal of broadening our reach provincially. We are very excited to begin work with our neighbours in the south at Foothills Hospital and the Canadian Paraplegic Association's (CPA-AB) Spinal Cord Injury Wellness Centre (Calgary) to provide Functional Electrical Stimulation (FES) exercise in Calgary.

### **Expanding our Reach—Provincial Based Initiatives**

Generously funded by Alberta Sport Connection and Sport Canada, we continue to work alongside the Be Fit For Life Centre Network and Special Olympics Edmonton to develop and distribute inclusive move and play cards. (Move and Play cards provide physical literacy fundamentals for educators and physical activity leaders.)

The Steadward Centre continues to seek out, collaborate, and learn from community organizations across Alberta. We are excited to provide opportunities for site tours, consultations and resource sharing with organizations from Calgary, Grande Prairie, Lacombe, Red Deer and Whitecourt.

### **Putting it All Together**

The Steadward Centre takes pride in its ability to connect students, practitioners and researchers with active self-determined children, youth and adults experiencing disability. We do this through the provision of learning, discovery and citizenship initiatives in the area of Adapted Physical Activity.

Extending beyond the walls of the University, we strive to be a leader in Adapted Physical Activity through regional and province-wide projects and by engaging with leading researchers on the national and international stage.

### **Acknowledgements**

The Steadward Centre recognizes the generous support of the following agencies:

- Alberta Sport Connection
- Alberta Teachers Association—Edmonton Public Teacher's Charity Trust Fund Local #37
- Autism Speaks Canada
- Canadian Paralympic Committee
- City of Edmonton
- Craig Simpson Never Say Never Golf Tournament
- Faculty of Physical Education and Recreation, University of Alberta
- Government of Alberta—Human Rights Commission
- Government of Alberta – Ministry of Culture and Community Spirit
- Sport Canada

## **F. Recreation Services**

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Recreation Services plays a dynamic role at the University of Alberta creating university extra-curricular experiences and contributing to student life and wellness initiatives. Recreation Services offers physical, psychological and social benefits for U of A students and staff. Student leadership is woven into the Recreation

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Services structure and is visible throughout the program in peer leaders such as team captains, practicum students, unit managers, instructors, sport club executive and recreation facilitators. University of Alberta staff members are highly visible in the integrated approach to programming. The ability of the Recreation Services professional staff to create a setting that is responsive to student, staff and University community needs, and that balances the types of activities offered is basis to what keeps the program on the leading edge of university delivered Recreation Services programs in Canada.

Recreation Services strives to create a vibrant, connected, healthy University community through quality recreation programs at the University of Alberta and to engage academic program areas to further the Faculty’s goal of integration. It accomplishes these objectives by creating and organizing valuable recreation experiences that enhance the University community. Through a diverse offering of programs, such as teams, non-credit classes, group exercise, sport clubs and special events, more than **17,000 unique students and staff** create community groups that interact and engage with each other at the U of A.

**Recreation Services Mission Statement**

Recreation Services seeks to create a sense of community through quality recreation programs at the University of Alberta.

**Recreation Services Guiding Principles**

- We are leaders in recreational programming focused on the development of the University of Alberta community.
- We create and organize valuable recreation experiences that enhance the lives for the university and surrounding community.
- We believe in the positive impact recreation has on people's lives.

1. Faculty Goal: Talented People

**Recreation Services Professional Staff Complement**

Recreation Services Director	1.0 FTE	Ph.D.
Recreation Services Associate Director	0.5 FTE	Master’s Degree
Program Coordinators:	7 FTE	4 - Master’s degrees 3 - Undergraduate degrees
Support Staff – Customer Service	2.0 FTE	2 – Undergraduate degrees
Support Staff – CLASS Software System	1.75 FTE	2 – Undergraduate degree
Support Staff – Financial/HR	1.0 FTE	
Graduate Student Program Assistant	0.5 FTE	Current FPER Ph.D. Student
Undergraduate Practicum Program Assistants	1.0 FTE	FPER Student

**The Faculty will support and initiate strategies to provide professional development opportunities for faculty and staff.**



Recreation Services staff completed continuing education credits, presented and attended development sessions with the following professional organizations:

- NIRSA Collegiate Recreation
- IDEA Health and Fitness Association
- Alberta Fitness Leadership Certification Association
- Recreation Management School
- Active Network
- UA Extension
- Western Canadian Campus Recreation Association
- Women's Leadership Institute
- Athletic Business Conference

Director is Chair of the Canadian Campus Recreation Association  
Program Coordinator is Provincial Director of NIRSA Collegiate Recreation.

## 2. Faculty Goal: Communication

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**The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.**

Recreation Services provides program updates and seeks feedback on current and new programs through the following student groups that represent a diverse number of U of A Faculties: Alberta Student Leadership Summit Committee, Recreation Action Committee, Men's and Women's Intramural Sports Councils, Sport Clubs Council, Campus Recreation Enhancement Fund Committee, Athletic and Recreation Fee Advisory Committee and Students' Union Student Groups Office.

Recreation Services employs twenty student Recreation Facilitators that are responsible for connecting with participants and communicating to professional staff the needs of the programs. Areas represented include International Students, Residence Halls, Recreation Skating, Sport Clubs, Group Exercise, Intramural Sports and Special Events.

To increase communication with the campus community, Recreation Services relies on a website as well as social media. Recreation Services has an increasingly successful social media campaign. Based on the analytics for the 2013 – 2014 Academic year, Recreation Services Facebook posted 227 posts and reached 122,888 individuals. The UofARec Facebook page received a unique reach of 20,467 users. Recreation Services sent out 949 tweets with a retweet reach of 363,600 individuals, 261 unique mentions, and 474 retweets. The YouTube site reached 834 unique views and there was 900 estimated minutes watched. The Recreation Services website had 109,475 unique users (40.4% new visits) and 818,407 page views with an average session time of 1 minute and 58 seconds.

## 3. Faculty Goal: Resource Management Allocation

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**The Faculty will align operational income with the strategic goals of the Faculty.**





## Student Fees for Athletics and Recreation - Athletic and Recreation Fee

### Type of Mandatory Non-Instructional Fees

The University has five mandatory non-instructional fees including the Athletics and Recreation fee; Common Student Space, Sustainability and Services Fee (CoSSS); Health Services Fee; Registration and Transcript Fee; and Student Services Fee.

### Athletics and Recreation Fee:

This fee supports the provision of recreation, sport and wellness services, access to recreation and sport facilities and the administrative support for these services that benefit students, including varsity athletics, recreation facility access, group exercise, intramural sports, aquatics, instructional recreation, special events, sport clubs, personal training, and sport development. This fee is assessed to all on-campus graduate and undergraduate students, full-time and part-time

### Principles for Distribution of the Fee

The Athletic and Recreation Fee is at all times dedicated to the budgets of the Services components of the Faculty of Physical Education (Athletics, Recreation Services, and Operations) and to the Development Office. These Services components are separate and distinct from the academic component of the Faculty, and the Faculty holds to the principle that there is never any flex of surplus or deficit between the academic and the Services budget.

The Athletic and Recreation Fee is divided among the three Services units in the manner that will provide optimum use of the fee, taking into account the priorities of the Services units and the needs of the students.

The allocation of the Athletic and Recreation Fee is done at all times in a transparent manner so that the Faculty of Physical Education and Recreation can show clearly and consistently how the fee has been allocated and the benefits that accrue to the students.

It is the Faculty's principle to provide opportunities for student consultation and input relative to the use of the Athletic and Recreation fee.

## **2013-2104 Athletic and Recreation Fee**

\$64.92 per Full-Time On-Campus student per Fall and Winter term

\$32.46 per Part-Time On-Campus student per Fall and Winter term

<b>2013-2014</b>	<b>Athletic &amp; Recreation Fee</b>
Athletics	\$2,718,761
Facility Operations	\$908,410
Recreation Services	\$849,339
Fund Development	\$99,855
Total	\$4,576,365

## **Campus Recreation Enhancement Fund – Students' Union Dedicated Fee**

To be distributed to undergraduate students, student groups and for the purpose to ensure that programs, equipment, and facilities offered by the University of Alberta Recreation Services remain of high quality,



diverse, convenient, accessible, and affordable to undergraduate students. Only Recreation Services related programs, equipment, and facilities or activities that enhance Recreation Services can be funded.

#### 2013-2014 Recreation Services Enhancement Fund Fee and Distribution

\$3.88 per student per term \$265,179 allocated to twenty-four programs and student groups\*

(\*Not all allocated to Recreation Services programs; other beneficiaries included Campus Saint-Jean, FPER Climbing Complex, FPER Fitness Centre, FPER Aquatics Centre, Lister Hall Students Association, Orchestis Dance Program, and FPER Equipment Room)

## 4. Faculty Goal: Exemplary Student Experience

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Recreation Services plays a vital role in the recruitment and retention of students at the University of Alberta. Recreation Services programs create an engaged University community that enhances the student life experience. The Faculty of Physical Education and Recreation's extracurricular programs offer physical, psychological, and social benefits for University of Alberta students. Based on the research that indicates participation in the university recreational sports may lead to greater satisfaction with the collegiate experience, University of Alberta Recreation Services strives to enhance the student experience and be a leader of campus recreation program delivery in North America.

### **Intramural Program**

The Intramural Sports Program is structured for team and individual competitions and there are levels suitable for everyone, from the highly skilled to the beginner player. The program offers a Men's, Women's and Co-Recreational Divisions.

-Forty-nine sport activities (listed in Program Details section)

-13,686 participants were registered in the activities.

-Program is comprised of 83% undergraduates, 11% graduate, 4% staff and 2% community.

### **Group Exercise and Wellness**

Group Exercise classes are scheduled on a regular basis throughout the entire year and have between 8-60 participants per class. Thirty-six different types of classes are offered in several sections throughout each term (listed in Program Details section)

-295 classes offered in 2013-2014 with 3,923 total registrants

### **Instructional Recreation Classes**

Instructional Recreation Classes introduce individuals to a beginning and higher levels of knowledge and skill in a myriad of recreation and leisure activities. The goal is to learn new skills that have continuous use for a lifetime. Forty-one different types of classes were offered including CPR and First Aid. (listed in Program Details section)

-278 class offered in 2013-2014 with 2,230 total registrants

### **Cooperative Programming**

Recreation Services delivers recreational programs and services in collaboration with other areas the University of Alberta, such as the Students' Union, Dean of Students Office, University Health and Wellness Team, and Health Promotion and Worklife Services.



### **Residence Hall Programs**

Recreation Services works cooperatively with Residence Services to provide activities and equipment in the residence halls and the Campus Saint-Jean. This program has Student Coordinators and host organized activities during the academic year.

### **Orchesis Dance Program**

The Orchesis Modern Dance Group offers dancers of all abilities expert teaching and outstanding opportunities in dance and choreography, in the oldest and most dynamic modern dance troupe in Alberta. Dance training through weekly modern and jazz dance classes. Students have performance and choreography opportunities in Dance Motif, an annual concert showcasing Orchesis choreography and talent.

### **Student Volunteer and Leadership**

Recreation Services provides over 190 volunteer and student leadership opportunities annually. Opportunities exist in all program areas and specifically in the Sport Clubs and Intramural Sports programs.

### **The Faculty will increase the quality and quantity of international student opportunities through international programming (e.g. Play Around the World) and international student exchange opportunities.**

Recreation Services provide a Student Recreation Facilitator to work directly with International Programs and International House to provide meaningful activities to engage this group of students in U of A student life. A key program requested by International Students is informal recreation opportunities. Recreation Services stewards the schedule of drop-in recreation spaces available in the Van Vliet Centre, such as badminton, basketball, volleyball, soccer and ice skating. Recreation Services creates and delivers specific activities and events annually and provides support to International Week by providing specialized programming.

### **The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).**

Recreation Services provides the practicum experiences for PERLS 105 students (Introduction to the Management of Sport, Physical Activity and Recreation). The students experience event management through a practical experience that is directly related to the theory presented in the lecture setting.

Fall 2013: 79 students registered; 56 selected practicum experience

Winter 2014: 122 students registered; 97 selected practicum experience

Additional practicum experiences were also available for FPER students completing the final practicum experience of their degrees. During the current year, Recreation Services also provide opportunities for a FPER Graduate student to work as Assistant Programmers and had two FPER practicum students.

## **5. Faculty Goal: Collaboration and Integration**

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### **The Faculty will focus on the clear articulation and development of the “Alberta Model”, which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.**



Recreation Services is focused on building relationships and developing integrated activities to achieve this objective. In 2013-2014, PERLS 105 was the focus of the Alberta Model concept. Further development of the model as a Faculty will lead to Recreation Services increased collaborations with the FPER Academic program.

**The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.**

The Director of Recreation Services is leading the development of a Canada wide collegiate Campus Recreation Association to create a strong and sustainable network of professionals and establish benchmarking and research. The Canadian Campus Recreation Association was created and strategic partnerships are being established to increase the profile of the profession. In addition to the Canadian intuitive, a global partnership has been established with NIRSA Collegiate Recreation to benefit research and professional development and student success.

**The Faculty will develop the inherent strength of resources and programs on its South Campus to provide meaningful teaching, research and community engagement opportunities.**

Recreation Services was charged with developing programming to bring new populations into the Saville Community Sports Centre (SCSC). The current agreement with the partners of the facility limits the type of specific sports offered in recreation programming. New programming introduced in 2013-2014 was Sportball® and it was very successful in attracting a new demographic of young children to the court space in the facility. Other programs continuing to develop diversified activities for the university and Edmonton community include: Parent-Tot Yoga, Parent-Tot Bootcamp, Prenatal Yoga, Zumba, Butts and Guts, Abs and Arms, Salsa, Jazz, Hatha Yoga, United Yoga Pilates, Cardio Kickbox and Active Aging programming. Registrations totaled 1,407 for 2013-2014 and continue to expand with the goal of targeting new populations to increase the Edmonton community's exposure to SCSC.

## 6. Faculty Goal: Differentiation Through Innovation

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**The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.**

The U of A Sport Clubs model was presented at the Western Canada Campus Recreation Conference and has garnered interest from many peer institutions because it is unique in Canada. Recreation Services Sport Clubs Program recognizes the value of physical activity as a vehicle for creating lifelong leadership skills, citizenship and social development foundations for University of Alberta students. As an integral component of the Recreation Services program and the Faculty of Physical Education and Recreation (FPER), the Sport Clubs Program strives to meet the recreational and competitive needs of the University of Alberta student community in a wide variety of sport and recreation activities. Student interest and dedication will lead to the development of sport clubs that will further students' extra-curricular and leadership experiences at the University of Alberta. The program focuses on students as the primary target audience. This program model emphasizes student leadership and development by providing parameters under which U of A student club leaders and U of A student members make choices regarding the operation of the club. As a recognized program of Recreation Services the delivery model provides the financial framework, procedural oversight and policy guidelines to follow Unit, Faculty and University requirements. Recreation Services seeks to provide student's valuable leadership experiences and create a sustainable student sport clubs structure from year to year. The number and type of Sport Clubs will be directly related to student interest. Any type of sport and



recreation pursuit that is consistent with the mission of the FPER and is not a duplication of services is inclusive to all students and can show adequate student interest is eligible to apply for membership. The nineteen Sport Clubs registered with Recreation Services in 2013-2014 were: Badminton, Cheer, Contemporary Dance, Dance, Fencing, Figure Skating, Lacrosse, Men's Rugby, Outdoor Recreation, Paddling, Powerlifting, Rowing, Squash, Synchronized Swimming, Table Tennis, Tae Kwon Do, Triathlon, Ultimate Frisbee, and Water Polo.

### **Special and Philanthropic Events**

Recreation Services delivers Special Event and Philanthropic opportunities to enhance student engagement and support the Campus and Edmonton communities.

Special Events had 5,866 participants in 2013-2014.

Turkey Trot for the United Way, World's Largest Hip Hop Class for United Way  
Outdoor Skating Party and Cabane a Sucre with the U of A Alumni Relations,  
RecStock Community Builder Event, Family Canoe Trip and Family Fun Sunday  
Old Tyme Skating Party with the University of Alberta Concert Band, Winter Walk  
Big Pink Volleyball for Alberta Cancer Society, Pond Hockey Tournament supporting KidsSport  
Hot Shots Basketball for the Campus Food Bank

### **Dare to Discover: Transformative Organization and Support**

#### **6. Establish high standards of service based on best practices to achieve and maintain good stewardship of financial resources and capital assets.**

#### **Customer Service Centre – Activity Registration Zone**

The Activity Registration Zone administers over \$6 million in transactions and is a high volume area (60+ hours per week of customer service) that also provides information on sporting events, recreation programs, and online access to for the Service Units. It encompasses all customer service needs of Recreation Services, Operations and Athletics programs and Centres of the Faculty.

#### **CLASS Recreational Management Software System**

Global in nature and involves working with all areas within the Faculty of Physical Education and Recreation. The staff of CLASS manages training, maintaining and inputting data to on-line registration, memberships, facility booking, payment processing, financial interface with university, accounting and reporting, including future developments and upgrades. A high level of risk management is needed in the management of this system, as it contains personal information of all clients and financial transactions of over \$6 million. Annual budget of \$200,000 supports the maintenance and upgrades to this system.



<b>RECREATION SERVICES - 5 Year Participation Statistics</b>					
<b>Program</b>	<b>2009-2010</b>	<b>2010-2011</b>	<b>2011-2012</b>	<b>2012-2013</b>	<b>2013-2014</b>
Intramural Sports	13,274	14,547	14,370	13,494	13,686
Group Exercise	5,174	4,879	5,042	5,016	3,923
Instructional Recreation	3,121	3,206	2,515	2,120	1,771
Safety Programs <sup>1</sup>	-	-	437	760	459
South Campus Recreation <sup>2</sup>	-	-	268	876	1,407
Sport Clubs	877	969	1,288	2,085	1,911
Special Events	4,228	3,491	6,893	6,838	5,866
<b>Totals</b>	<b>26,674</b>	<b>27,092</b>	<b>30,813</b>	<b>31,189</b>	<b>29,023</b>
<i>Statistics represent the total number of registrants for Spring/Summer, Fall and Winter terms each fiscal year</i>					
<sup>1</sup> Prior to 2011-2012, Safety Programs were incorporated under Instructional Recreation Program statistics					
<sup>2</sup> South Campus Recreation Services Programs began in Fall 2011					

### RECREATION SERVICES – UofA Student Registration

<b>Program</b>	<b>2012-2013</b>			<b>2013-2014</b>		
	<b>Total Registrants</b>	<b>UA Student Registrants</b>	<b>% UA Students</b>	<b>Total Registrants</b>	<b>UA Student Registrants</b>	<b>% UA Students</b>
Intramural Sports	13,494	11740	87%	13,686	12181	89%
Group Exercise	5,016	3511	70%	2,923	2628	67%
Instructional Recreation	2,120	1484	70%	1,771	1240	70%
Safety Programs	760	570	75%	459	335	73%
South Campus Recreation	876	307	35%	1,407	422	30%
Sport Clubs	2,085	1668	80%	1,911	1567	82%
Special Events	6,838	5470	80%	5,866	4693	80%
<b>Total</b>	<b>31,189</b>	<b>24750</b>		<b>28,023</b>	<b>23066</b>	

### RECREATION SERVICES PROGRAM DETAILS

#### **2013-2014 Intramural Sports** (M=Men's, W= Women's, C=Co-ed)

8-Ball (M, W)	Curling (M, W)	Soccer (Outdoor) (M, W)
Archery (M, W)	Dodgeball (C)	Squash (M, W)
Badminton (C)	Flag Football (Indoor & Outdoor) (M)	Table Tennis (M, W)
Ball Hockey (M, W)	Futsal (Indoor Soccer) (M, W)	Team Handball (M)
Basketball (M, W, C)	Golf (M, W, C)	Tennis (M, W)



Basketball 3 on 3 (M, W)	Ice Hockey (M, W)	Ultimate Frisbee (C)
Bouldering (M, W)	Red-Eye (Multisport) (C)	Volleyball (M, W, C)
Bowling (M, W)	Rugby 7's (M, W)	Wallyball (M, W)
Cricket (C)	Softball (C)	Waterpolo (C)

### **2013-2014 Group Exercise Class Types**

Abs & Arms	Meditation
All Weather Warriors	MSE
Beach Body	Muscular Strength and Endurance
Bellyfit	Parent & Tot Bootcamp
Blast Bootcamp	Parent & Tot Yoga
Bridal Bootcamp	Pilates
Buddy Bootcamp	Ride Strong
Burlesque Fitness	Rockin' Cardio
Butts & Guts	Step Ahead
Cardio Kickbox	Step Up Your Core
Circuit Central	Tai Chi
Core Cycle	TRX
Core Plus	TRX and Cycling
Core Strength and Cycle	TRXTM
Dangle and Spin	Turbo Kick
Healthier You 101	United Yoga Pilates
M.A.X. (Metabolic Activation Xtreme)	Yoga
Martial Arts Conditioning	Zumba – Butts, Guts, & Struts

### **2013-2014 Instruction Recreation Class Types**

#### **Dance**

Afro Cuban Movement	Flamenco Dance	Saloon Survival
Argentine Tango	Hip Hop	Salsa
Ballet	House Dance Survival	Salsa: LA and NY Style
Belly Dance	Intro to House Dance	Social Partner Dance
Chinese Folk Dance	Intro to Ukrainian Dance	Street Jazz
Contemporary Dance	Jazz Dance	World Historical Dance
Country Dance	Latin Dance Club Survival	Zumba
Dance with Glee	Lyrical Dance	Zumba Gold

#### **Martial Arts**

Brazilian Jiu Jitsu	Judo	Tae Kwon Do (TKD)
Brazilian Jiu Jitsu Practice	Karate – Wado Kai	Women's Self-Defence
Capoeira	Kickboxing	

#### **Sports and Skills Development**

4 Wall Handball	Adult Hockey Conditioning	Bike/Run Training
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Curling  
Fencing

Ice Skating Classes  
Running

Squash  
Tennis

## G. Athletics Report to the Faculty and Community

Faculty goals are taken from the Faculty Strategic Plan.

### 1. Faculty Goal: Talented People

#### a) Metrics:

- 17 Head Coaches 13 undergrad degrees and 4 have Master's degrees
- Recruited 68 assistant coaches
- Professional Development: 4 staff progressed toward Master's degrees (Vang Ioannides, Jon Krywulak, Liz Jepsen, Rob Krepps) and two completed their Master's degrees (Howie Draper, Michael Cook).
- Recruit, attract: Fernando Pisani (hockey), Sean Brown (hockey), Naoki Miyashita (volleyball)
- Recruit: 82 Golden Bears and 58 Pandas (Mike)
- Scholarship support

2013-14 University of Alberta AFA Summary Data (updated Oct 15, 2014)									
SPORT_NAME	Total Athletes <sup>1</sup>	Elig. Used	Receive AFA	Value of AFA	Receive Non-AFA	Combined Non-AFA	Receive AFA and/or Non-AFA	Value of All Awards (AFA & Non-AFA)	Total Tuition & Fees
Basketball-Men's	15	14	9	\$ 60,994.99	13	\$ 25,350.00	15	\$ 86,344.99	\$ 93,129.53
Cross-Country-Men's	10	9	3	\$ 4,400.00	8	\$ 18,900.00	8	\$ 23,300.00	\$ 71,054.66
Curling-Men's	8	5	1	\$ 2,500.00	2	\$ 3,500.00	2	\$ 6,000.00	\$ 51,617.79
Football-Men's	80	53	46	\$ 99,786.00	50	\$ 85,450.00	60	\$ 185,236.00	\$ 430,019.87
Golf-Men's	9	5	0	\$ -	4	\$ 8,000.00	4	\$ 8,000.00	\$ 65,512.02
Ice Hockey-Men's	27	27	23	\$ 114,736.00	23	\$ 44,700.00	25	\$ 159,436.00	\$ 183,025.53
Indoor Track & Field-Men's	28	24	5	\$ 7,100.00	16	\$ 41,300.00	16	\$ 48,400.00	\$ 177,878.17
Soccer-Men's	26	21	19	\$ 47,950.00	23	\$ 40,900.00	24	\$ 88,850.00	\$ 155,871.87
Swimming-Men's	12	12	7	\$ 14,274.00	11	\$ 18,200.00	11	\$ 32,474.00	\$ 74,506.73
Tennis-Men's	8	7	4	\$ 11,000.00	8	\$ 15,400.00	8	\$ 26,400.00	\$ 50,522.57
Volleyball-Men's	17	15	13	\$ 41,622.00	15	\$ 26,600.00	16	\$ 68,222.00	\$ 101,897.73
Wrestling-Men's	19	14	9	\$ 26,972.00	16	\$ 22,200.00	16	\$ 49,172.00	\$ 120,811.43
<i>Men's Sports</i>	259	206	139	\$431,334.99	189	\$350,500.00	205	\$ 781,834.99	\$1,575,847.90
Basketball-Women's	15	14	11	\$ 39,594.86	13	\$ 36,100.00	15	\$ 75,694.86	\$ 102,016.11
Cross-Country-Women's	12	11	3	\$ 3,000.00	8	\$ 34,400.00	9	\$ 37,400.00	\$ 89,243.76
Curling-Women's	9	5	0	\$ -	2	\$ 8,000.00	2	\$ 8,000.00	\$ 49,871.11
Golf-Women's	7	4	0	\$ -	2	\$ 6,250.00	2	\$ 6,250.00	\$ 52,469.73
Ice Hockey-Women's	23	22	13	\$ 34,530.00	21	\$ 40,300.00	22	\$ 74,830.00	\$ 130,396.80
Indoor Track & Field-Women's	20	16	8	\$ 17,450.00	15	\$ 46,000.00	16	\$ 63,450.00	\$ 133,896.91
Rugby-Women's	30	25	9	\$ 25,625.00	28	\$ 51,000.00	29	\$ 76,625.00	\$ 173,602.18
Soccer-Women's	24	22	12	\$ 34,255.00	24	\$ 42,600.00	24	\$ 76,855.00	\$ 146,064.55
Swimming-Women's	13	13	12	\$ 22,483.00	11	\$ 19,900.00	12	\$ 42,383.00	\$ 73,420.70
Tennis-Women's	7	7	3	\$ 7,800.00	5	\$ 14,000.00	5	\$ 21,800.00	\$ 45,823.54
Volleyball-Women's	17	16	9	\$ 23,141.00	16	\$ 47,600.00	17	\$ 70,741.00	\$ 97,029.37
Wrestling-Women's	15	10	6	\$ 23,398.00	11	\$ 19,200.00	13	\$ 42,598.00	\$ 87,700.42
<i>Women's Sports</i>	192	165	86	\$231,276.86	156	\$365,350.00	166	\$ 596,626.86	\$1,181,535.18
<b>Total</b>	<b>451</b>	<b>371</b>	<b>225</b>	<b>\$662,611.85</b>	<b>345.00</b>	<b>\$715,850.00</b>	<b>371</b>	<b>\$1,378,461.85</b>	<b>\$2,757,383.08</b>

1 - Total Athletes includes 14 dual sport athletes for a total of 437 unique student-athletes.

Faculty of Physical Education and Recreation  
Faculty Report 2013-14; Published December 2014, Version 1  
Compiler: Andrea Brown/Jocelyn Love; input provided by the academic, athletic, and recreation services units  
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- Athletes by Faculty (Total, Bears, Pandas):

2013-14 Golden Bears & Pandas Student-Athletes by Faculty						
Faculty	Student Athletes			Academic All Canadians		
	Total	Bears	Pandas	Total	Bears	Pandas
Agric, Life & Environ Sciences	11	3	8	4	1	3
Arts	85	52	33	18	11	7
Augustana Faculty	0	0	0	0	0	0
Business	31	26	5	15	12	3
Campus Saint-Jean	4	3	1	1	0	1
Education	33	19	14	6	3	3
Engineering	29	23	6	13	12	1
Native Studies	14	12	2	0	0	0
Graduate Studies and Research	12	8	4	9	8	1
Law	2	0	2	1	0	1
Medicine and Dentistry	5	1	4	4	1	3
Nursing	10	0	10	2	0	2
Open Studies	2	2	0	0	0	0
Pharmacy & Pharmaceutical Sci	1	0	1	1	0	1
Physical Educ & Recreation	122	63	59	31	11	20
Science	76	41	35	34	21	13
<b>Total</b>	<b>437</b>	<b>253</b>	<b>184</b>	<b>139</b>	<b>80</b>	<b>59</b>
Notes:						
Open Studies Student-Athletes include: 1 Transition Year Program & 1 Exceptional Student-Athletes						
Total of 139 Academic All Canadians (123 CIS & 16 Non-CIS Academic All Canadians)						

## 2. Faculty Goal: Communication

### (1) Metrics:

#### b) Internal and External Communication:

##### Website

Athletics (for the period 01 April 2013 - 30 March 2014)

Visits / Unique Visitors - these stats are likely to be a lot more skewed so we won't continue to track them

Pageviews 1.957MM

Unique Pageviews 1.454MM

**\*Note:** It appears data stopped for Oct. 25, 2013 to Nov. 25, 2013 (Transition to new site) so these numbers would be a bit understated by one month.

##### Top Sources of Traffic

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- Organic search accounted for 52% of traffic (People searching with Google or Bing/Yahoo!
- Social drove 5.2%
- The UAlberta.ca homepage about 4% (close to 70% of which was return traffic)

### **Desktop vs. Mobile and Tablet**

- Desktop as a percentage is down year over year from 72% to 64%
- Mobile is up to 24% from 17%
- Tablet is also up to 11.3% from 9%

Mobile and Tablet are growing, relatively similar to the rest of domain - even a tad higher - which makes sense given the scores and news aspect to athletics.

### **Teams and Top Sections**

- Hockey is the top team section with 170,000+ views.
- Bears football and basketball are second
- The top women's is volleyball
- Other sections are behind those top team sections:
- Global "Schedules" just 2% and "News" 1%

### **Top external link clicks (Non UAlberta.ca)**

- Team Gear for example was 5,706 clicks leading to X sales ( we'll know even more soon hopefully by source and other segments, etc... when EComm is in place).

### **Twitter**

The following stats are based off of numbers gathered on September 24, 2013

<b>School</b>	<b>Increase</b>	<b># of Followers</b>
UBC	57%	4592
Calgary	76%	4028
Saskatchewan	79%	3534
Alberta	83%	3111
Victoria	62%	2673
Manitoba	80%	2588
Regina	73%	2528
Lethbridge	55%	1662
UBCO	61%	1212
Trinity Western	36%	994
Fraser Valley	90%	930
Mount Royal	454%	825



Brandon	102%	787
Winnipeg	59%	770
UNBC	99%	630
Thompson Rivers	91%	530
<b>Canada West Average</b>		<b>1962</b>
OUA Average		3490
RSEQ Average		2070
AUS Average		2063
<b>National Average</b>		<b>2527</b>

From this data, we can see:

- Alberta currently ranks 4<sup>th</sup> in Canada West in number of followers.
- After gaining 1,262 followers in our first full calendar year, we gained 1,413 in our 2<sup>nd</sup> year.

### Facebook

The following stats are based off of numbers gathered on September 24, 2013

<b># of Likes</b>	1734
<b>Males-Females</b>	50.1%-48.4%
<b>Age 13-17</b>	1.6%
<b>Age 18-24</b>	54.8%
<b>Age 25-34</b>	22.7%
<b>Age 35-44</b>	9.2%
<b>Age 45-54</b>	6.2%
<b>Age 55-64</b>	2.0%
<b>Age 65+</b>	1.9%

- We showed a 52% growth in the past calendar year to our “likes”

### YouTube

The following stats are based off of numbers gathered on November 14, 2013

	<b>Total</b>	<b>Past 365 days</b>
Subscribers to our Page	98	35
Views	51,420	18,270
New Videos	77	28

There are not enough schools with official YouTube channels to accurately and effectively compare our numbers to.



**Instagram**

	<b>Total</b>
Posts	114
Total Likes	3,085
Followers	473

**3. Faculty Goal: Resource Management Allocation**

Diversify funding sources:

**(1) Metrics:**

- Event statistics: tickets total revenue (\$303,225) does not include non conference (about \$90,000) but does include flex packs, season tickets, Kids in the Crowd.
- Total ticketed attendance 67,807 includes conference and non conference games and all playoffs. Revenue numbers below include individual game day tickets, does not include season tickets, flex packs, Kids in the Crowd hence the variance from the \$303,225 total.
  - Football 4377 (\$23,890)
  - Soccer 2754 (\$5,578)
  - Bears Hockey Conf/playoffs 18 039 (\$111,980); Non conf 3799 (\$71,124)
  - Pandas Hockey Conf/Playoffs 4816 (\$12,552) Non conf 713 (\$1,874);
  - Volleyball Conf/Playoffs 9807 (\$42,368) Non conf 1527 (\$6,665)
  - Basketball Conf/Playoffs 19 675 (\$106,857) Non conf 1166 (\$5,410)
  - CIS Track and Field Championships 1133 (\$4,736)
  - Total alcohol sales gross revenue (\$124,333)
  - Total merchandise gross revenue (\$19,602) includes sales office and game sales

<b>SUMMARY OF ADOPT-AN-ATHLETE DONATIONS</b>				
<b>Program</b>	<b>Amount</b>	<b># Donors</b>		
	<b>2013-2014</b>		<b>2012-2013</b>	
Golden Bears Basketball Fund	\$36,245.00	24	\$11,035.00	29
Golden Bears Curling Team	\$10.00	1	\$4,000.00	7
Golden Bears Cross Country Fund	\$2,925.00	13	\$5,469.22	44
Golden Bears Football Fund	\$44,599.66	179	\$45,889.11	140
Golden Bears Golf Fund	\$30,865.00	32	\$19,837.50	23
Golden Bears Hockey Fund	\$13,900.00	13	\$3,300.00	8
Golden Bears Nordic Skiing	\$315.00	1	\$1,150.00	3

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Golden Bears Soccer Fund	\$3,000.00	10	\$2,840.00	21
Golden Bears Swimming Fund	\$34,868.00	26	\$36,490.00	20
Golden Bears Track & Field Fund	\$5,357.50	32	\$35,490.00	57
Golden Bears Volleyball Fund	\$14,820.00	32	\$16,904.00	43
Golden Bears Wrestling Fund	\$5,920.00	19	\$3,487.50	12
<b>Subtotal Golden Bears</b>	<b>\$193,025.16</b>		<b>\$185,892.33</b>	
Pandas Basketball Fund	\$16,285.86	51	\$16,457.55	50
Pandas Cross Country Fund	\$1,085.00	8	\$1,890.00	7
Pandas Curling Team	\$500.00	1	\$5,000.00	10
Pandas Field Hockey Fund	\$1,360.00	3	\$1,640.00	4
Pandas Golf Team	\$5,635.00	14	\$4,767.50	9
Pandas Hockey Fund	\$29,710.00	52	\$16,018.50	55
Pandas Nordic Skiing			\$200.00	4
Pandas Rugby Fund	\$21,512.00	114	\$21,505.00	80
Pandas Soccer Fund	\$39,135.00	53	\$15,580.00	49
Pandas Swimming Fund	\$21,320.00	32	\$26,100.00	20
Pandas Track & Field Fund	\$10,712.50	49	\$6,490.39	49
Pandas Volleyball Fund	\$26,875.00	32	\$25,250.00	32
Pandas Wrestling Fund	\$2,461.00	17	\$3,327.50	10
<b>Subtotal Pandas</b>	<b>\$176,591.36</b>		<b>\$144,226.44</b>	
Adopt an Athlete Trainer Fund	\$775.00	6	\$650.00	4
	<b>\$370,391.52</b>	<b>814</b>	<b>\$330,768.77</b>	<b>790</b>

- o For 2012/13 total donation to Athletics, including AAA - \$1,000,614 from 1,164 donors. ; 851 new donors or returning donors who had not donated in previous year; 30% retention of donors from the previous year.

Here are the numbers for returning and new donors for 2013/14:

- o There were 851 new donors
- o 30% retention of donors from the previous year
- o Total donation to Athletics, including AAA - \$1,000,614 from 1,164 donors.
- o Sponsorship: 27 sponsors, \$140,000 plus contra
- o INSERT HOCKEY FUNDS GENERATED
- o sport development programs participants:
- o Internal 2014(2013):
  - PB , 252 (307)
  - BB, 417 (308),
  - PV, 358(461),



- BV 43 (87),
  - BF (0),
  - BSoccer 435 (356),
  - PSoccer 271 (218),
  - Swimming 95 (116),
  - T&F 38 (38),
  - BH 730, (885),
  - Wrestling 0 (0),
  - PH 0, (0),
  - Rugby 0, (0).
- o Sport development programs revenue: \$213,000 (209,000)
  - o external: (# of participants estimated)
    - PV Elite 66 (105),
    - BV Adult 0 (36)
    - BF Academy (32)
    - BSoccer Academy (430)
    - Jr. Bears Hockey (120)
    - BB Jrs (60)
    - PB, Jrs (24)
    - PV Jrs. (84)
    - Football Academy – (90), 10-15 player as coaches
    - Outreach Camp in Lloydminster (110), 8 players involved
    - Bears in training Weights (40) 1 grad student involved
    - Novice Flag Football (200+) 25 athletes involved
    - Pee Wee and Bantam Safe contact camp (85) 12 athletes involved
    - High School Primer Camp (100) 10 athletes involved
    - Juvenile Program (U-18) = 16 athletes. One of our Pandas teams won AB Juvenile Women's and got bronze at International Juveniles. Run by Dana Ferguson, Curling Development Coach.
    - Junior Varsity Program (U-21) + 8 athletes. Our Pandas team won AB, Canadian, and World Junior Championships (all U of A students and coaches).
    - Ran a Podium Camp for the Alberta Curling Federation for 24 Juvenile athletes and their coaches.
    - Ran our annual Kevin Martin Academy (two camps = team and individual) for a total of 72 Bantam/Juvenile/Junior athletes and their coaches.



### Metrics:

- International student opportunities
  - Bears Volleyball, Swimming, Bears Soccer, Pandas Hockey and Bears Basketball took self-funded international trips
- experiential learning at both the graduate and undergraduate levels, through integration with Athletics
  - Undergraduate coaching students involved PB, BF, BS, PS, Tennis
  - Graduate coaching students involved in BB (Jon Verhesen), PB (Claire Meadows), PV (Nicole Ban, Liane Jean, Gabriella Von Gaza), BH (Matt Bachewich), PH (Angie Poznikoff), BV (Craig Marshall), T&F (6).
  - Undergraduate kinesiology / PE students involved with teams
  - PEDS 240 and PEDS 440 students working with teams
  - Undergraduate students involved in event management
  - Created the High Performance Training and Research Centre and staffed it with undergraduate and graduate students to experience coaching and facility management
  - University Athletes Board (UAB) involves student athletes in community leadership activities throughout the year (Bear Hugs, NSTEP, KidSport, Gym Class Heroes)

## 4. Faculty Goal: Exemplary Student Experience

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- Integrated faculty Alberta Model to contribute to the overall scholarly objectives of the Faculty

### (1) Metrics:

- Athletics staff teach undergraduate coaching courses
- Athletics staff teach graduate course
- Athletics staff teach and provide leadership to PAC courses. PAC Coordinator has been an Athletics staff member.
- Athletics staff supervise undergraduate and graduate (MCoach) coaching practicum students
- Athletics staff sit on graduate supervisory and examining committees
- Research projects: Drs. Michael Kennedy, Gord Bell, Nick Holt, John Dunn, Loren Chiu, Pierre Baudin, Michael Cook.

Increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world

### (2) Metrics:

- Connected with Jana Leukel to work in event management
- The Faculty will partner with national and international stakeholders to deliver relevant undergraduate and graduate educational opportunities in both teaching and knowledge translation



### (3) Metrics:

- Partnership with Athletics Canada and Athletics Alberta through the Canadian Athletics Coaching Centre
- Partner with Volleyball Canada on the Volleyball Centre of Excellence
- Partner with Alberta Schools Athletic Association to develop on-line coach education materials
- Partner with KidSport to support financially challenged families
- Partnership with Curling Canada on National Training Centre
- Partner with Tennis Canada on University/College Nationals
- Partner with Tennis Canada on Tennis Development Centre
- Partner with Basketball Canada on National Women's Team training
- Partner with Hockey Canada on Women's Hockey Pilot Project
- Owen Dawkins coaches internationally for Wrestling Canada
- Owen Dawkins is VP Development of Wrestling Canada
- Howie Draper named coach of the FISU Women's Hockey Team
- Terry Danyluk, Assistant Coach, National Men's VB, World League
- Partnership agreement with the Canadian Sport Institute, Calgary
- Partner with Football Alberta on creation of Novice Football League
- Robin Stewart, President of the Golf Coaches Association of Canada to improve/grow golf at the University/College level in Canada
- Robin Stewart coaches Team Canada at the FISU World University Golf Championships
- Scott Edwards coaches Basketball Canada National programs
- Barnaby Craddock coaches with Basketball Canada National programs
- Laurie Eisler is a committee member with Volleyball Alberta
- Matt Parrish is a committee member with Rugby Alberta
- Rob Krepps is Curling Canada National team coach
- Rob Krepps and Gary Coderre coaches Bears Curling to a bronze medal at FISU
- Gary Coderre coaches Pandas curling to World Junior Championship in Switzerland

## 5. Faculty Goal: Differentiation through Innovation

Innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others

### Metrics:

- UPDATE Developed partnership with Educational Psychology to provide new graduate course opportunities for sport psychology students
  - UPDATE Provided a new undergraduate counseling course in collaboration with the Faculty of Education (Dr. Derek Truscott).
  - INITIATED PROCESS OF CHANGING CAMPS TO GGSS
- 
- The Faculty will explore innovative educational delivery models with an emphasis on instructional





excellence and effectiveness

Metrics:

- o Proposed an experiential learning course for student athletes that has not yet been formally discussed.

Translate the knowledge acquired through innovative approaches to the broader academic and professional community

- o Working with the Faculty of Rehab Medicine and the Glen Sather Sports Medicine Clinic to provide opportunities for the Faculty’s students to gain exposure to the educational opportunities and activities within the Clinic.
- o Added Varsity Injury Management Clinics which are a multi-disciplinary team that meet weekly to review athlete injuries. These include physicians, surgeons, physiotherapists, athletic therapists, physical training staff and athletes.
- o Athletics hired one physiotherapist to work full-time in the Glen Sather Sports Medicine Clinic.
- o In the process of having Laurie Eisler assume the role of Coaching Practicum Coordinator.

6. Faculty Goal: Collaboration and Integration

Fact card (2013-2014)

Legend

Sport	basketball	volleyball	hockey	football	soccer	rugby	golf	cross country	swimming	tennis	wrestling	curling	track & field
Golden Bears	GBBB	BVB	GBH	GBF	GBSC	—	GBG	GBXC	GBSW	GBPT	GBW	GBC	GBTF
Pandas	PBB	PVB	PH	—	PSC	PR	PG	PXC	PSW	GBPT	PW	PC	PTF

Canadian Interuniversity Sport (CIS)/National Competition

CIS/National championships	3	PR, GBVB, GBH
CIS/National championship silver	4	GBW, GBC, PC, GBPT
CIS/National championship bronze	2	PSC, GBBB
Individual CIS/National Championship Medals	18	PSW 2, GBSW 5, PTF 1, GBTF 1, PW 3, GBW 6 (3 gold, 6 silver, 9 bronze)
CIS All-Canadians	24	PW 2, GBW 4, PSW 2, GBSW 1, GBBB 1, PR 2, GBH 2, PH 1, PSC 2, GBVB 1, PVB 1, GBC 2, PC 3 (13-women, 11-men, 12-First team, 12-Second team)
Academic All-Canadians (2013)	117	
Teams Ranked In CIS Top 10	16	GBBB, GBH, GBSC, GBVB, PBB, PH, PR, PSC, PVB, GBW, PW, GBSW, PSW, PTF, GBXC, PXC
Teams Ranked No.1 in CIS	4	PR, GBH, GBVB, GBW



Teams at CIS/National Championship Events	18	GBVB, GBH, GBSC, GBG, GBXC, GBSW, GBT, GBW, GBC, GBTF, PG, PXC, PSW, PT, PW, PC, PTF, PR
CIS/National Championship MVPs	2	PR, GBVB
CIS/National Championship All-Stars	14	PR 6, PSC 2, GBH 3, GBVB 2, GBBB 1
CIS Player of the Year (teams)	0	
CIS Athlete of the Year (individuals)	1	GBW
CIS Coach of the Year	0	
CIS Rookie of the Year	0	
CIS All-Rookie selections	1	GBBB
CIS Goalie of the Year	0	
CIS Libero of the Year	0	
CIS Student Athlete Awards	2	PSC, GBH
CIS R.W. Pugh Fair Play Awards	2	GBW, GBC

### Canada West Conference/Regional Competition

CW/Western Regional Championships	9	PR, PSC, GBH, GBVB, GBBB, GBC, PW, GBW, GBPT
Top 3 CW/Regional finishes	12	GBH, GBVB, PR, PSC, PBB, GBC, PC, GBSW, PSW, GBW, PW, GBPT
CW All-Stars	44	PBB 1, PR 6, GBBB 2, GBH 4, GBSC 4, GBVB 1, PH 2, PSC 4, PVB 1, PSW 1, GBSW 1, PTF 6, PW 4, GBW 7
CW MVP/Player of the Year	4	PR, PSC, GBBB, GBW
CW Coach of the Year	3	PBB, GBW, PW
CW Rookie of the Year	2	GBBB, GBW
CW All-Rookie Selections	6	GBBB 1, GBH 3, PH 1, PVB 1
CW Student Athlete/Community Awards	3	GBH, PSC, PSW
CW Determination & Perseverance Award	1	PBB
CW Outstanding Defenceman	1	GBH
CW Libero of the Year	0	
CW Sportsmanship & Ability	1	GBH
CW Best Goals Against Average	1	GBH

