Faculty Report

2018 - 2019

Reporting on the Faculty of Kinesiology, Sport, and Recreation's achievements, scholarly activities, athletics and recreation services.

Edmonton, Alberta

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UNIVERSITY OF ALBERTA
FACULTY OF KINESIOLOGY, SPORT, AND RECREATION

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I. Message from the Dean

The 2018-19 academic year marks the 54th year of the Faculty, and the first full year as the Faculty of Kinesiology, Sport, and Recreation. The academic year saw the Faculty retain its place in the worldwide Top Ten rankings (9th) for Sports-Related Subjects in the international QS rankings. Once again, this is the top ranking for any subject area at the University of Alberta—a point that I have not failed to make when in the company of senior leadership at the University. The Faculty members, staff and students of the Faculty of Kinesiology, Sport, and Recreation should be duly proud of this accomplishment.

Congratulations to the winners of the Faculty Awards presented this past September. I am pleased to give a special acknowledgement to the following award winners:

- Sessional Teaching Award: Dr. Katie Davies
- Early Career Undergraduate Teaching Dr. Amber Mosewich
- Undergraduate Teaching Award: Dr. John Dunn
- Graduate Teaching Award: Dr. Jim Denison
- Early Career Research Award: Dr. Craig Steinback
- Research Award: Dr. Kerry Courneya
- APO and FSO Recognition Award: Mr. Greg Lembke
- Support Staff Recognition Award: Ms. Marina Leyderman
- Clare Drake Coach of the Year Award: Mr. Len Vickery

There were many external awards and accolades given to our Faculty members this past year, but I would like to highlight the following, which feature two of the top University of Alberta awards, the Rutherford and the McCalla, and one of the top international awards in the area of physical activity and health; the Manulife Prize:

- Dr. Judy Davidson – University of Alberta Rutherford Award for Excellence in Undergraduate Teaching
- Dr. Jim Denison – University of Alberta McCalla Professorship
- Dr. Kerry Courneya – Manulife Prize for the Promotion of Active Health

This academic year also saw the retirement of three long-time Faculty members. Professors Tom Hinch and Gordon Walker gave their 'Last Lecture' to a celebratory group of friends and colleagues in April, and Len Vickery retired from the position of Head Coach of Golden Bears Soccer as the longest-tenured head coach in University of Alberta history—30 years. Best wishes to each on the next step of their journey.

Respectfully Submitted

Kerry Mummery, PhD FASMF

Dean, Faculty of Kinesiology, Sport, and Recreation

II. Faculty and Staff

A. Faculty Management Group

Faculty Management Group

Kerry Mummery	Dean & Chair
John Spence	Vice Dean
Cheryl Harwardt	Director, Campus & Community Recreation
Ian Reade	Director, Athletics
Keri Blue	Executive Assistant to the Dean

Faculty Executive: Voting

Kerry Mummery	Dean & Chair
John Spence	Vice Dean
Normand Boulé	Associate Dean, Graduate Studies
Angela Bayduza	Interim Associate Dean, Undergraduate Programs
Nick Holt	Associate Dean, Research
Christine Ma	Assistant Dean, International and Community Engagement
Eric Upton	Assistant Dean, Advancement
Cheryl Harwardt	Director, Campus & Community Recreation
Ian Reade	Director, Athletics
Jocelyn Love	Director, Marketing and Communications
Tara-Leigh McHugh, Nancy Spencer and Zac Robinson	Faculty Council Representatives
Nicole Graham	NASA Representative
Chen Chen	KSRGSS President/Graduate Student Association
Abner Montiero	KSRSS President/Undergraduate Student Association

Faculty Executive: Non-voting

Brian Esslinger	Assistant Dean, Administration
Keri Blue	Executive Assistant to the Dean

Faculty Evaluation Committee

Kerry Mummery	Dean & Chair
Elizabeth Halpenny	Member
Kelvin Jones	Member
Pirkko Markula	Member
Dan Mason	Member
Nick Holt	Ex-Officio
John Spence	Vice-Dean
Kevin Haggerty	Sociology Department, Faculty of Arts

Coaches Evaluation Committee

Kerry Mummery	Dean & Chair
Ian Reade	Director, Athletics
Vang Ioannideas, Katie Spriggs, Tawana McLeod	Associate Directors
Chris Morris, Scott Edwards, Liz Jepsen	Head coaches
Jim Denison	Teaching-Research; Faculty representative
Clive Hickson	External representative; Associate Professor, Elementary Education

B. Professoriate 2018-19

Full Professors (18)

Tanya Berry	Professor
Normand Boulé	Professor
Janice Causgrove Dunn	Professor
David Collins	Professor
Kerry Courneya	Professor
Darren DeLorey	Professor
Jim Denison	Professor
John Dunn	Professor
Karen Fox	Professor
Donna Goodwin	Professor
Nick Holt	Professor
Brian Maraj	Professor
Pirkko Markula	Professor
Dan Mason	Professor
Kerry Mummery	Professor & Dean
Jay Scherer	Professor

John Spence	Professor
Billy Strean	Professor
Gordon Walker	Professor

Associate Professors (17)

Val Carson	Associate Professor
Craig Chapman	Associate Professor
Loren Chiu	Associate Professor
Margie Davenport	Associate Professor
Judy Davidson	Associate Professor
Elizabeth Halpenny	Associate Professor
Howie Harshaw	Associate Professor
Kelvin Jones	Associate Professor
Michael Kennedy	Associate Professor
Lisa McDermott	Associate Professor
Tara-Leigh McHugh	Associate Professor
Charles Putman	Associate Professor
PearlAnn Reichwein	Associate Professor
Zac Robinson	Associate Professor
Brian Soebbing	Associate Professor
Nancy Spencer	Associate Professor
Craig Steinback	Associate Professor

Assistant Professors (3)

Tricia McGuire-Adams	Assistant Professor
Amber Mosewich	Associate Professor
Danielle Peers	Associate Professor

Faculty Lecturers

Joanna Auger	Faculty Lecturer
Angela Bayduza	Faculty Lecturer
Michael Chizewski	Faculty Lecturer
Mary Ann Rintoul	Faculty Lecturer
Sean Ryan	Faculty Lecturer
Michael Scarlett	Faculty Lecturer

C. Athletics and Green & Gold Sport System (GGSS) Support Staff

Jordan Baker	Manager of Basketball Operations
Paul Cartledge	Sports Information Assistant
Michael Cook	Head Coach, Sport/Conditioning Manager, ASDC - GGSS
Dana Ferguson	AIM Coach
Breanne Ferris	Event Services Coordinator
Ben Gallaher	Planning and Programming Coordinator - GGSS
Eric Golberg	Sport Conditioning Coach
Matt Gutsch	Alumni Engagement and Advancement
Kelly Haggstrom	Programming Coordinator, GGSS
Brad Hamilton	Event & Media Production Coordinator
Cameo Hanlon	Fundraising Campaign Assistant
Connor Hood	Sports Information & Communications Coordinator
Vang Ioannides	Associate Athletic Director
Joel Jackson	Sport Conditioning Coach
Dale Johns	Bookkeeper/Assistant Coach, Golden Bears Volleyball
Sharon Kaminecki	Travel Coordinator
Jon Krywulak	Athletics Events Manager
Marina Leyderman	Administrative Financial Supervisor
Mick Lizmore	Mental Training Coach, GGSS
Brennan Mahon	Varsity Athletic Therapist
Joan Matthews-White	Head Athletic Therapist
Tawana McLeod	Associate Director of Advancement and Alumni Relations
TJ Mussbacher	Varsity Athletic Therapist
Matt Parrish	Coach Pathway Coordinator/Head Coach, Pandas Rugby
Ian Reade	Director, Athletics
Chelsea Ross	School Programming Coordinator - GGSS
Klaudia Sapieja	Head Coach, Mental Training - GGSS
Katie Spriggs	Associate Athletic Director
Stacey Wickman	Assistant to Director & Associate Director Advancement
Alex Yaworski	Varsity Physiotherapist

D. Campus & Community Recreation

Cheryl Harwardt	Director
Grachella Garcia	Associate Director, Programming
Christine Legault	Associate Director, Client Engagement
Greg Lembke	Associate Director, South Campus
Brian Kropman	Manager, Saville Community Sports Centre-West
Russ Sluchinski	Manager, Tennis
Leah Antoniuk	RMS Trainer
Shaun Arkison	Facility Operator
Bruce Bourguignon	Facility Operations Supervisor – South Campus
Brian Bowers	Supervisor, Aquatics Centre
Coralee Brass	Facility Operator
Dean Budynski	Projects Lead
Alberto Bustamante	Program Coordinator – Club Sports & Outdoor Programming
Jessica Cameron	Bookings/Events Facilitator
David Choi	Customer Experience/Event Liaison
Michael Cook	Head Coach, Sport Conditioning
Cheryl Danchuk	Customer Service Associate
Kim Davies	Recreation Facility Attendant
Tammy Dieno	RMS Administrator
Matt Edmonds	Program Coordinator – Intramural Sports
Laurie Ennik	Administration Supervisor – South Campus
Mark Ennik	Assistant Supervisor, Facility Services
Dean Fargey	Facility Operator
Cecilie Fenger-Andersen	Customer Service Associate
Gord Farnell	Coach, Sport Conditioning
Darren Fincaryk	Maintenance/Arena Operator
Alex Game	Lab Coordinator – SHAC Coordinator
Harjot Gill	Building Maintenance – SCSC West
Paul Glassford	Recreation Facility Attendant
Eric Golberg	SPC Coordinator
Cal Grainger	Recreation Facility Attendant
Brian Gratrix	Facilities Allocation and Events Coordinator
Sydney Hawkeswood	Assistant Sports Coordinator
Avneet Hayer	Wellness Coordinator (mat leave replacement)
Justine Hayward	Assistant Supervisor, Aquatics Centre
Stephanie Hooft	Facility Operations Coordinator - South

Joel Jackson	Development Coach
Krystle Johner	Supervisor, Fitness & Lifestyle Centres
Andrea Jones	Program Coordinator - Tennis
Tim Kasper	Events Intern
Lloyd King	Supervisor, Wilson Climbing Centre
Devon Kippen	Assistant Supervisor, Fitness
Hania Kura	Supervisor, Facility Services
Lindsey Lauber	Maintenance/Arena Operator
Torey Lauber	Social Media Intern
Amy Leblanc	RMS Trainer
Nicolette Marshall	Program Coordinator – Instructional Recreation
Riley McCaig	Assistant Coordinator - Intramurals
Mitch McKee	Supervisor, Foote Field and South Campus Events
Stuart McKee	Facility Operator
Kyle McMahon	Facility Operations Coordinator
Janine McRorie	Scona High School Coordinator
David McWeeny	Assistant Supervisor, Climbing Centre
Dallas Mix	Lecturer
Chad Molzan	Assistant Sports Coordinator
Neil Murray	Recreation Facility Assistant
Kathy Nilsson	Bookings/Events Facilitator – SCSC West
Karli Laterson	Bookings/Events Facilitator
Corey Peterson	Facility Operator
Alyssa Pietucha	Recreation Facility Attendant
Phil Poier	Projects Coordinator
Naissa Preston	Program Coordinator – Group Exercise
Yvonne Pugh	Customer Service Coordinator
Kelsey Rocque	Curling Coordinator
Michael Scarlett	Occupational Testing Coordinator
Randy Shaw	Facility Operator
Thea Sluggett	Customer Service Centre Supervisor (mat leave replacement to Nov 2019)
Andrew Smith	Recreation Facility Attendant
Danielle Smith	Assistant Program Coordinator - Fitness
Dustin Stashko	Facility Operator
Jennifer Stevenson	Multi-Media Associate
Ashley Tuckwood	Supervisor, Customer Service Centre (mat leave to Nov 2019)

Michaela Vacey	Customer Service Associate (mat leave replacement to Nov 2019)
Karla Vasquez-Oteiza	Customer Experience/Event Liaison
Dan Walter	Facility Operations Coordinator
Jennifer Whyte	Graphic Design Coordinator
Monty Wood	Supervisor, Arena
Matt Yaworski	Coach, Sport Conditioning
Josh Zeller	Recreation Facility Attendant

E. Centre for Active Living

Nora Johnston	Director
Betty Lee	Centre Coordinator
Soultana Macridis	Research Associate and Knowledge Translation Specialist
Lynda Matthews-Mackey	Administrative Assistant

F. Finance and Academic Administrative Staff

Leanne Baudistel	Administrative Assistant (retired May 2019)
Keri Blue	Executive Assistant to the Dean
Georgie Columbus	Research Coordinator
Prescilla Dela Cruz	Accounting Assistant
Brian Esslinger	Assistant Dean, Finance and Administration
Bernice Gartner	HR Advisor
David Goertzen	Prospective Student Advisor and Recruitment Coordinator
Meghan Hickey	Academic Advisor (maternity leave Oct. 2018)
Christina Hoang	Academic Lab Coordinator
Dale Johns	Accounting Assistant
Elisha Krochak	Graduate Program Administrator
Stacey Laing	Practicum Supervisor
Marina Leyderman	Supervisor, Finance and Administration
Carmen McConnell	Assistant to the Vice Dean
Maria Isabel Millan	Academic Advisor
Shelia Pelz	Accounting Assistant
Amanda Schwalbe	Academic Programs Manager
Darcie Tessari	Academic Advisor

G. Golden Bears and Pandas Coaching Staff

Head Coaches

Sean Baynton	Cross-Country
Barnaby Craddock	Golden Bears Basketball
Terry Danyluk	Golden Bears Volleyball
Owen Dawkins	Golden Bears and Pandas Wrestling
Howie Draper	Pandas Hockey
Scott Edwards	Pandas Basketball
Laurie Eisler	Pandas Volleyball
Dusan Toth-Szabo	Golden Bears and Pandas Swimming
Liz Jepsen	Pandas Soccer
Rob Krepps	Golden Bears and Pandas Curling
Ian Herbers	Golden Bears Hockey
Stan Marple – General Manager	Golden Bears Hockey
Wes Moerman	Track and Field
Chris Morris	Golden Bears Football
Matt Parrish	Pandas Rugby
Russ Sluchinski	Golden Bears and Pandas Tennis
Len Vickery	Golden Bears Soccer

Assistant Coaches

Golden Bears Basketball	**Kent Johnson, Jordan Baker, Slav Kornick, Nick Maglisceau, Zale Smordin, Brandon Brock**
Golden Bears and Pandas Curling	**Garry Coderre, Amanda St. Laurent, Dana Ferguson, Jeff Hoffart, Mick Lizmore, Doug Marks**
Golden Bears Football	**Paul Dawson, Jason Sulz, Tom Denehey, Wade Dupont, Terry Eisler, Steve Kasowski, Brent Korte, David Noonan, Terris Paliwada, Kurtis Pankow, Darryl Szafranski, Smith Wright, Wyatt Urbanski, Aundrey Webster, Ray Salverda, Matt Nielsen, Sam Grewcock**
Golden Bears Hockey	**Stan Marple, Bruce Lamer, Dallas**

	Ansell, Dave Rathjen, David Pelletier
Golden Bears Soccer	**Martin Fenger-Andersen, Cam Leverman, Osmo Bimba, Victor Karosan**
Golden Bears and Pandas Swimming	**Christine Kemp, Brittany Lewis**
Golden Bears and Pandas Tennis	**Ivan Quintero, Carson Bell, Jordan Sluchinski, David Rossolatos**
Track & Field	**Sean Baynton, Nick Stoffberg, Mark Cocks, Cory Choma, Rob Fischer, Ciera Heshka, Tommy Gingras**
Golden Bears Volleyball	**Brock Davidiuk, Dale Johns, Jace Barros, Kyle Erickson, Craig Marshall**
Golden Bears and Pandas Wrestling	**Justine Bouchard, Roger Alves**
Cross-Country	**Kieran McDonald, Tyler White**
Pandas Basketball	**Kelly Haggstrom, Isabel Ormond, Stephanie Edison**
Pandas Hockey	**Leah Copeland, Darren Bilawchuk, Dan Basterash, Ian Bablitz, Dean Bruce, Dave Rathjen, AJ Murley**
Pandas Rugby	**Liam Mills, Peter Houlihan, Lesley Stetic**
Pandas Soccer	**Courtney Wald, Rob Jones, Kristyn Shapka, Heather Chinellato, Porro Chan**
Pandas Volleyball	**Naoki Miyashita, Carolyn O'Dwyer, Janelle Rozema, Mike Ling, Pierre Baudin, Gisele Kreuger, Aaron Heinemann**

H. International and Community Education

Jill Cameron	Manager, Community Education
Sean Cai	International Programs Officer
Christine Ma	Assistant Dean, International and Community Education
Elaine Yip	Program and Administration Coordinator

I. *Marketing and Communications*

Nicole Graham	Marketing and Communications Associate
Jocelyn Love	Director, Marketing and Communications

J. *Office of Advancement*

Dana Hamilton	Administrative Assistant
Eric Upton	Associate Dean, Advancement
Elizabeth Young	Associate Director, Advancement

K. *Provincial Fitness Unit*

Katherine MacKeigan	Director
Lesley McEwan	Special Project Coordinator
Debbie Ponich	AFLCA Program Coordinator
Tanis Tetreau	Administration and Certification Assistant
Cheryl Thurston	Health and Fitness Program Coordinator
Heather Turkawski	Membership Services Coordinator
Lindsay Wright	Be Fit for Life Coordinator

L. *Technical Staff*

Corey Chevraux	Information Technology Manager
Zoltan Kenwell	Electronic Specialist
Ian MacLean	Biochemistry Technologist (retired May 2019)
John Newton	Musical Accompanist (until June 2019)
Christopher Perkovic	IT Support

M. *The Steadward Centre for Personal & Physical Achievement*

Karen Slater	Director (until July 2018)
Jennifer Leo	Director (started Oct 2018)
Nancy Cheung	Financial Administrator
Tyler Gerry	Receptionist/Administrative Support
Scott Forrester	Manager, Fitness and Recreation
Jessica Ferguson	Athlete Development Coordinator
Julia Lema	Head Para-Swim Coach
Katrina Miyanaga	Assistant Para-Swim Coach

Maegan Ciesielski	Head Para-Athletics Coach
Lemmuel de la Cruz	AFR Constultant
Kristen Large	Free2BMe APA Consultant
Brittney Fisher	APA Instructor
Amanda Dobler	APA Instructor
Morgan Cathcart	APA Instructor
Sarah DeChamplain	APA Instructor
Vita Wong	Floor Monitor
Johnny Chan	Floor Monitor
Allison Bihari	Floor Monitor
Katherine Hense	Floor Monitor
Micah Medinski	Floor Monitor

III. Undergraduate Programs

A. Undergraduate Enrollment

1. 2018/2019 Registrations by Year and Program

Degree Program	Year 1	Year 2	Year 3	Year 4	Total
BARST	46	45	41	21	153
BKin	72	132	173	111	488
BKin/BEd – Elem	7	6	3	-	16
BKin/BEd – Sec	18	25	6	-	49
BScKin	57	68	63	62	250
TOTALS	200	276	286	194	956
		Special Students - 3 Visiting and Exchange Students - 7 Beijing Sports University/ Nanjing Sport Institute Students - 16			26
			TOTAL Intake		**982**

2. Number of Applications Received Per Program

Degree Program	2017-18		2018-19	
	First Priority	Second Priority	First Priority	Second Priority
BARST	144	136	115	151
BKin	597	300	627	341
BKin/BEd Elem	46	51	54	47
BKin/BEd Sec	134	110	123	101
BScKin	337	317	336	401
Total	1258	914	1255	1041
	11 Visiting student applications		28 Visiting student applications	
	16 Special student applications		21 Special student applications	
TOTAL	2172		2345	

B. 2018/2019 Undergraduate Student Scholarship and Awards

The AG (Gil) Gilmet Award: **Denise Ma**

The Dorothy Harris Dance Award: **Anne Christiansen**

The Easton Family Scholarship: **Justina Chemello**

Janie Larsen Memorial Award: **Samantha Meekison**

The Jennye Clearwater Scholarship in Recreation and Leisure Studies: **Kaylie Breedevelt**

The ML Van Vliet Scholarship: **Jamie Raichel**

The Marokus Scholarship in Physical Education: **Kelly Hanasyk**

The Martin M Gill Memorial Award: **Courtney Hebert**

The Michael Cameron Memorial Scholarship: **Kendra Digness**

The Reg Rault Memorial Scholarship: **Gabrielle Keyes**

The Alan F Affleck Award in Recreation and Leisure Studies: **Ashton Huber**

The Anniversary Scholarship in Recreation: **Anna Dunn**

The Dr Erwin and Gerda Bako Memorial Scholarship: **Florence Liu**

The Margaret Ellis Undergraduate Scholarship: **Shea Richardson & Haley Berrisford**

The Ruby Anderson Undergraduate Award: **Haley Berrisford**

The RG Glassford Scholarship for Excellence in Physical Education and Recreation: **Courtney Hebert**

Kathlene Yetman Memorial Award: **Gillian Kabarchuk**

Faculty of Physical Education and Recreation Scholarship for Academic Excellence: **Matthew Gervais, Goodwin Chau, & Sidney Wideman**

The Dr Elsie McFarland Leadership Award: **Anna Dunn**

The Jack Monaghan Family Community Leadership Award: **Hayley Basterash**

The Colin Cooper Award: **Geneva Coulter**

The Helen M Eckert Lifespan Development Scholarship: **Joshua Kennedy**

The Edmonton 2001 World Championships in Athletics Sport Performance Undergraduate Scholarship: **Matthew Gervais**

The Sarah and Martin Gouin Family Scholarship in Physical Education: **Ryan Golka**

The Physical Education and Recreation Alumni Association Award: **Samantha Meekison, Matthew Gervais, Kendra Digness, Courtney Hebert, Desmond Young, & John Jones**

The Darwin and Betty Park Sustainability Award: **Florence Liu & Kiera Madsen**

The Dr. Art Quinney Scholarship: **Andrew Jantz**

25th Anniversary of the Practicum Program Legacy Award: **Annick Meckes**

The Joyce Cutts & Eunice Mattson Memorial Award: **Shea Richardson**

Faculty of Physical Education and Recreation Award for International Students: **Andre Bonfiglio & Yintong Liu**

June Hole Physical Education and Recreation Award: **Samantha Doel, Danielle Munstermann, Rayann Simmonds, & Amanda Sutherland**

The Royle Harris Play Around the World Award: **Julia Zarkov & Samantha Goodwin**

A Wanda Wetterberg Leadership Award in Leisure Studies: Callie Woodley

The Margie Mitchell Memorial Award: **Sianna White**

The Thomas Hrapko Memorial Scholarship: Brendan Lacy & Jennifer Schmidt

The Governor General's Silver Medal: **Kaitlyn Boisvert**

The University of Alberta Alumni Medal in Kinesiology, Sport, and Recreation: **Kaitlyn Boisvert**

C. Undergraduate Convocation

Degree Program	Nov 2018 Ttl	Nov 2018 WD	June 2019 Ttl	June 2019 WD	Total 2018/2019 Ttl	Total 2018/2019 WD
Bachelor of Arts in Recreation, Sport and Tourism (BARST)	9	3	22	6	31	9
Bachelor of Kinesiology (BKin)	26	8	80	20	106	28
Bachelor of Kinesiology/Bachelor of Education (BKin/BEd)	3	1	13	8	16	9

Bachelor of Science in Kinesiology (BScKin)	19	9	33	21	52	30
Total	57	21	148	55	205	76

*WD = With Distinction

1. November 2018

November 2018 Undergraduate Convocation
Bachelor of Kinesiology
29 Graduands (*3 BKin/BEd); 9 With Distinction (WD)

Bell, Chad Lucas
Brown, Emilie Anne MacDonell
Busch, Caitlyn Ashleigh
Cammidge, Corbin Hamilton
Derksen, Brittany Mae
Fredland, Daylen Brian
Harder, Joelle
Hirniak ,Sarah Nicole
Hogg, Shauntelle Carli-Genevieve
Holt, Austin Thomas
Kennedy, Anthony
Kleiter, Casey Ryan
Kroetsch, Sapphire Barbara
Kuczkowski, Teneal Johnna
Leung, Lucus
Lin, Marshall An Qing
Maas, Paul Thomas
Mayko, Rachel Kristina
McLeod, Sydney Jean
Pawluik, Peter William Bradley
Schlacht, Thomas Zachary
Semotiuk, Jaime Danielle
Seymour, Brenna Joan
Shipton, Ryley Mitchell
Smith, Courtney Anne
Tisdale, Malcolm Joseph
Tymkow, Kelsey Marie
Vabou, Pamela
West, Annie Wyatt Olyve

Bachelor of Science in Kinesiology
19 Graduands; 9 With Distinction (WD)

Bilyk, Braden Michael
Boparai, Tejpartap Singh
Coulter, Heather Dawn
Duivenvoorde, Nicholas Andrew John
Durocher, Andrea Monique
Eberhardt, Jacqueline Maria
Edwardson, Leif Bradner
Ferguson, Tanner
Kuzyk, Kenadi Deanna
Lee, Vincent Cheuk Yin
Leonard, Alexander Claude
MacIver, Keaton Douglas
McMahon, Arden Jane
Miller, Logan Marie
Muchinsky, Anastasia
Robinson, Jordana Dawn
Schmiemann, Danielle Nicole
Ure, Stuart Raymond
Whitehead, Courtney Dawn

Bachelor of Arts in Recreation, Sport and Tourism
9 Graduands; 3 With Distinction (WD)

Anders, Ashley Nicole
Anderson, Nathan Simon
Brown, Sydney
Chapman, Alexander James
Dodds-Little, Tiffany Mae
Hives, Breanna Joy
Kim, Hee-Hyun
Maludzinski, Laura Hillechien
Zrobek, Taylor Rae

Research Certificiate in Kinesiology
1 Graduand

Coulter, Heather Dawn

2. June 2019

June 2019 Undergraduate Convocation
Bachelor of Kinesiology
93 Graduands (*13 BKin/BEd); 29 With Distinction (WD)

Altheim, Devin Kenneth
Arciaga, Melvin Rio
Armstrong, Kelly Marie
Barnes, Jaimee Leigh
Bauman, Kelsey William
Bayangan, Gabriel
Bender, Mackenzie Kate
Blair, Chantelle
Bowlen Henry, Courtney Jean
Brant, Shenaya Sky
Brown, Renee
Budjak ,Michael Alexander
Bunch, Jordan Robert
Canduro, Steven Thomas
Ceylan, Ozge
Corrigan, Marley Claire
Day, Trevor Armand
DeBlois, Chelsea Anne
MacDonald, Ruari Martin
MacDonald, Stephanie Kirsten
Maddin, Hailey Joyce
Matthews, John Kenji Thomas
McCloskey, Rylee
Mcmullin, Alexander Paul
Menzies, Abbigail Karen
Michalko, Taylor Elaine Julia
Munro, Tyson Mitchell
Niemeyer, Reagan Dawn
Ormandy, Matthew
Paquette, Krystin Joy
Pele, Josee Colette
Plamondon, Brayden Matthew
Reekie, Elizabeth Alyson
Regnier, Kelsey Michelle
Renko, Kaela-lea Tammy Sandra
Repato, Kevin Andrew

DeChamplain, Sarah Kate
Dhillon, Sukhjinder Kaur
Dowling, Brianna Madison
Enger, Mackenzie Timothy
Engler, Erika Zoe
Enzenauer, Avery Logan
Evans, Taylor Nicole
Evaskevich, Torin James
Farmer, Gregory Andrew
Farrage, Joanne
Fischer, Nicole Ashley
Fletcher, Taryn Mae
Fraser, Allison Marie
Gaudreau, Renae Nora
Goldstone, Ashley Marie
Hague, Alexander Paul
Hebert, Trent Jeremy
Ibasco, Jessica Chryshane Lukban
Jackman, Kiersten Taylor
Jacob, Marissa Sheenu
Johnson, Sarah Bedford
Kalynchuk, Verona Anne
Kampjes-Fleetwood, Alyssa Jean
Kimber, Miranda Lee
Kryskow, Allison
Kurney ,Michelle Taylor
Laiss, Zachary James
Lam, Quinton Theodore
Lamash, Tannis Jordan
Richardson, Eric Peter
Ring, Kimberly Rose
Romaniuk, Jenna Lee
Roy, Logan James
Schick, Danielle Annette
Schoepp, Shannon Heather
Schubert, Jared Mathew
Scott, Karly Jo-Anne
Shennan, Kendall Rose
Sikorski, McKenzie Lauren
Steinke, Tristan Dean
Szabo, Sara Woodman
Taggart, Shawn Robert
Taylor, Spencer Bruce
Timmer, Colton William
Toane, Kailea Alexandria
Trofimenkoff, Vanessa Ann
Unrau, Roxanne Mae
Volvaikar, Geetesh
Walchuk, Rebecca Kristen
Walker, Mackenzie Caitlin
Wilkie, Zach Robert William
Wong, Donna Yee Ying
Wu, Tim Chi-On
Yates, Allison Taylor
York, Nicole Raelene
Young-Rokosh, Samuel Charles
Zerulla, Markus Alexander

Bachelor of Physical Education
2 Graduands; 1 With Distinction (WD)

Jevne, Sarah Meghan
Stewart, Mitchell James

Bachelor of Science in Kinesiology
33 Graduands; 21 With Distinction (WD)

Allen, Spencer James
Benavides, Curtis Graeme
Boisvert, Kaitlyn Amanda
Bzdell, Dana Claire
Dang, Sarah
Darcel, Anita Marie
Dextrase, Jarrod Allan Ray
Do, Marvin Lee
Dyck, Jarid Paul
Fabian, Stephen Vincent
Gollner, Nathan Douglas
Gordulic, Mark Russell
Hoskins, Jessica Marie
Hung, Katie Ka Wing
Kantoch, Krzysztof Pawel
Kruk, Mitchell Owen
Lentz, Nathan
Lugg, Anna Christine
Marsh, Lindsay Alexa
McKeown, Rachel Elisabeth
Motley, Garett Andrew
Newhook, Annabelle Emilie
Newman, Lauren Megan
Peng, Shauna Shuning
Penner, Kimberley Brooke
Radovanovic, Ivana
Rickard, Julia Niamh
Schaub, Andre Leslie
Stark, Chelby
Streifel, Kristen Bailey
Tersago, Jamie Nina
Von Grat, Amber Lynn
Zaruk, Landon Donovan

Bachelor of Arts in Recreation, Sport and Tourism
22 Graduands; 6 With Distinction (WD)

Beattie, Amy
Bundock, Joel Robert
Clarke, Mallory Randall
Corrodas-Brown, Shannell Kenya
Dary, Jessica Riane
Evans, Alix Rae
Eyben, Brooke Alyse
Gulley, Rachel Elise
Huber, Ashton Diane
James, Jeffrey David
Kasper, Timothy Raymond Karl
Leishman, Kayla Maud
Lo, Kimberley Si Jeng
MacFarlane, Monique Lyn
Magyar, Amanda Lea
McDonald, Tara Ann
Moughtin, Emily Victoria
Perry, Miranda Michelle Moulyn
Pickens, Alexa Jade
Sanjevic, Kristina
Tarbet, Chazz Rafferty
Whyte, Catherine Gayle

Research Certificate in Kinesiology
3 Graduands

Gollner,Nathan Douglas
Kruk,Mitchell Owen
Schaub,Andre Leslie

****The notation "With Distinction (WD)" is inscribed on the transcripts and degrees of those students who have achieved a minimum GPA of 3.5 on the last 60 credit units of their program.*

IV. Graduate Programs

A. Enrollment

For the 2018/2019 academic year, September 1, 2018 – August 31, 2019, we had 126 full-time and part-time students in the master's and doctoral programs, including four Visiting students.

MCoach – 18
MA – 17
MA(RLS) – 3
MA (Course-based) – 11
MSc – 22
PhD – 51
Visiting – 4

Total Number of Graduate Students Admitted: 31

Total Number of International Graduate Students:

Bangladesh – 1
Brazil- 2
Chile – 1
China- 11
Finland - 1
Iran- 1
Austria - 1
Korea - 5
Kyrgyzstan - 1
Nepal - 1
Nigeria - 1
Norway – 2
Germany - 1

B. Supervisory Assignments of Graduate Students

As of Fall 2018:

Professor	Grad Student	Supervision	Program Year	Degree
Dr. Tanya Berry	Megan McKinlay	Supervisor	1	MA (T)
	Izabela Figueiredo	Supervisor	1	MSc
	Kimberley Curtin	Supervisor	1	PhD
	Kimberley McFadden	Co-supervisor	6	PhD
	Maxine Myre	Supervisor	4	PhD
	Elaine Ori	Supervisor	4	PhD
Dr. Normand Boulé	Heather Hinz (Scherer)	Co-supervisor	2	MSc
	Matthew Munan	Supervisor	2	MSc
	Jordan Rees	Supervisor	1	PhD
Dr. Valerie Carson	Madison Predy	Supervisor	2	MSc
	Stephen Hunter	Supervisor	3	PhD
	Nicholas Kuzik	Supervisor	4	PhD
Dr. Janice Causgrove Dunn	Kyle Pushkarenko	Supervisor	6	PhD
	Chantelle Zimmer	Supervisor	6	PhD
Dr. Craig Chapman	Jennifer Bertrand	Supervisor	2	PhD
	Ewen Lavoie	Supervisor	2	PhD
Dr. Loren Chiu	Sydney Schmidt	Supervisor	4	MSc
	Torstein Eriksen Daehlin	Supervisor	3	PhD
Dr. Kerry Courneya	Dong-Woo Kang	Supervisor	4	PhD
	Andria Morielli	Supervisor	4	PhD
Dr. Margaret Davenport	Rachel Skow	Co-supervisor	4	PhD
Dr. Judy Davidson	Chloe Chalmers	Supervisor	2	MA (course based)
	Matthew Edmonds	Supervisor	1	MA (course based)
	Noah Underwood	Supervisor	1	MA (T)
	Rylan Kafara	Co-supervisor	3	PhD
Dr. Darren Delorey	Justin Duong	Supervisor	3	MSc
	Meng Chen	Supervisor	2	MSc
	S M Majedul Karim	Supervisor	2	PhD
Dr. Jim Denison	Geoffrey Pippus	Supervisor	3	MA (T)
	Lydia Sokol	Supervisor	2	MA (T)
	Brandon Brock	Supervisor	1	MCoach
	Gordon Farnell	Supervisor	2	MCoach
	James Orton	Supervisor	1	MCoach
Dr. Donna Goodwin	Maegan Ciesielski	Supervisor	4	MA (T)
	Amanda Ebert	Supervisor	3	MA (T)
	Kelsie Acton	Supervisor	6	PhD
	Lindsay Eales	Supervisor	4	PhD

	Cathleen Edwards	Supervisor	10	PhD
	Jane Hurly	Supervisor	3	PhD
	Kirsten Kirwer	Supervisor	1	MA (T)
Dr. Elizabeth Halpenny	Yumi Kwon	Supervisor	1	MA (course based)
	Baikuntha Acharya	Supervisor	9	PhD
	Clara-Jane Blye	Supervisor	2	PhD
	Mohadeseh Mahmoudi	Supervisor	4	PhD
	Farshid Mirzaalian	Supervisor	4	PhD
	Robert Priebe	Supervisor	5	PhD
	Nanxi Yan	Co-supervisor	4	PhD
Dr. Howard Harshaw	Dallas Mix	Co-supervisor	3	MCoach
	Eric Smith	Supervisor	1	MSc
	Jingjing Gui	Co-supervisor	5	PhD
Dr. Thomas Hinch	Mu He	Supervisor	3	MA (T)
	Aisulu Abdykadyrova	Supervisor	5	PhD
	Colin McGuinness	Supervisor	2	MA (course based)
Dr. Nicholas Holt	Thomas Gingras	Supervisor	2	MCoach
	Isabel Ormond	Supervisor	2	MCoach
	Christine Biggs	Supervisor	4	MCoach
	Colin Deal	Supervisor	5	PhD
	Helene Jorgensen	Supervisor	1	PhD
	Kurtis Pankow	Supervisor	2	PhD
Dr. Michael Kennedy	Stephanie Nathanail	Supervisor	1	MA (course based)
	David McWeeny	Supervisor	4	MSc
	Joao Henrique Falk Neto	Supervisor	2	PhD
Dr. Brian Maraj	Christopher Davis	Supervisor	1	MSc
Dr. Pirkko Markula	Emily Noton	Supervisor	1	MA (course based)
	Mariel Day	Supervisor	3	MA (T)
	Janita Frantsi	Supervisor	3	MA (T)
	Alanna Fittes	Supervisor	2	MCoach
Dr. Daniel Mason	Robert Trzonkowski	Supervisor	1	MA (T)
	Chen Chen	Supervisor	5	PhD
	Jingxuan Zheng	Supervisor	4	PhD
	Taryn Barry	Supervisor	1	PhD
Dr. Lisa McDermott	Julia Froese	Supervisor	2	PhD
	Erin Ratelle	Supervisor	1	PhD
Dr. Tara-Leigh McHugh	Ian Cumming	Supervisor	8	MA (T)
	Jenna Davie	Supervisor	2	MSc
	Autumn Nesdoly	Supervisor	2	MSc
Dr. Amber Mosewich	Nicholas Stoffberg	Supervisor	1	MCoach
	Danae Frentz	Supervisor	1	MSc
	Benjamin Sereda	Supervisor	2	MSc
	Kelsey Wright	Supervisor	2	MSc
Dr. Kerry Mummery	Julienne Cancio	Supervisor	2	MA (T)
	Camil Teodorescu	Supervisor	1	MCoach

	Kaitlin Vanderbeek	Supervisor	2	MCoach
	Liaoyan Gan	Supervisor	1	MSc
Dr. Stewart Petersen	Cameron Ehnes	Supervisor	3	MSc
Dr. Ian Reade	Jason Ginter	Supervisor	2	MCoach
	Craig Hordal	Supervisor	1	MCoach
	Carolyn O'Dwyer	Supervisor	2	MCoach
Dr. PearlAnn Reichwein	Tyree McCrackin	Supervisor	1	MA (course based)
	Linnea Bell	Supervisor	1	MA (T)
	Michelle Murphy	Supervisor	1	PhD
Dr. Zachary Robinson	ShuYan Yu	Supervisor	1	MA (course based)
	Chantell Widney	Supervisor	1	MA (course based)
	Dallas Mix	Co-supervisor	3	MCoach
	Robert Vranich	Supervisor	1	PhD
Dr. Wendy Rodgers	Kelsey Hurley	Supervisor	4	MSc
	Kimberley McFadden	Co-supervisor	6	PhD
	Heather Larson	Supervisor	5	PhD
Dr. Jay Scherer	Yeaseul Cho	Supervisor	2	PhD
	Rylan Kafara	Co-supervisor	3	PhD
	Paul Nya	Supervisor	2	PhD
Dr. Brian Soebbing	Wyatt Urbanski	Supervisor	2	MCoach
Dr. John Spence	Aimee Mangan	Supervisor	1	MA (course based)
	Brendan Wohlers	Supervisor	3	MSc
	Yeong-Bae Kim	Supervisor	1	PhD
	Carminda Lamboglia	Supervisor	2	PhD
	Clifford Lindeman	Supervisor	2	PhD
	Ashley McCurdy	Supervisor	1	PhD
Dr. Nancy Spencer	Heather Crowe	Supervisor	4	MA (T)
	Rebecca Rubuliak	Supervisor	2	MA (T)
	Anthony Bourque	Co-supervisor	2	MA (T)
	Dallas Ansell	Supervisor	2	MCoach
	Caitlin Riddoch	Supervisor	2	PhD
	Heather Crowe	Supervisor	4	MA (T)
Dr. Craig Steinback	Andrew Steele	Supervisor	2	MSc
	Rachel Skow	Co-supervisor		PhD
	Emily Vanden Berg	Supervisor	1	MSc
Dr. Michael Stickland	Andrew Brotto	Supervisor	2	MSc
	Devin Phillips	Supervisor	4	PhD
Dr. William Strean	Anthony Bourque	Co-supervisor	2	MA (T)
	O Porro Chan	Supervisor	1	MCoach
	Andre Andrijiw	Supervisor	9	PhD
Dr. Gordon Walker	Elaine Yip		2	MA (course based)
	Jingjing Gui	Co-supervisor	5	PhD
Dr. Jane Yardley	Heather Hinz (Scherer)	Co-Supervisor	2	MSc

C. Graduate Student Scholarship Awards

Total number of graduate student awards and scholarships received in the 2018/19 academic year: 31

Master's:

Anthony Bourque (Supervisor: William Strean): Barbara Joanne Roswell-Sykes Graduate Award.

Jenna Davie (Supervisor: Tara-Leigh McHugh): Indigenous Graduate Award. Research Topic: An Exploration of Connections with the land in an Urban Sport Context among Indigenous Youth.

Danae Frentz (Supervisor: Amber Mosewich): Edmonton 2001 World Championships in Athletics Sport Performance Graduate Scholarship; Joseph-Armand Bombardier Canada Graduate Scholarship – Master's; Walter H Johns Graduate Fellowship. Research Topic: The Influence of Elite Women Athletes' Identity Beyond Sport on Perceived Self-Compassion.

Megan McKinlay (Supervisor: Tanya Berry): Queen Elizabeth II Masters Award.

Autumn Nesdoly (Supervisor: Tara-Leigh McHugh): Queen Elizabeth II Masters Award.

Hue An Nguyen (Supervisor: Danielle Peers): Tim and Nancy Muzyka Graduate Award; Joseph Bombardia Graduate Scholarship – Masters'; Walter H John's Graduate Fellowship. Research Topic: An Intersectional Approach to Physical Activity Programming for Youth who live with Disability.

Rebecca Rubuliak (Supervisor: Nancy Spencer): Ewen Nelson Memorial Graduate Scholarship in Adapted Physical Activity; Joseph-Armand Bombardier Graduate Scholarship-Master's; Walter H John's Graduate Fellowship; Graduate Student Teaching Award. Research Topic: Inclusion in recess understood from the perspectives of children experiencing disability.

Abbie Schenk (Supervisor: Danielle Peers): Joseph Bombardia Graduate Scholarship-Master's; Walter H John's Graduate Fellowship. Research Topic: Barriers to travel and tourism for transgender people based on lived experiences.

Emily Vanden Berg (Supervisor: Craig Steinback): Queen Elizabeth II Masters Award; Alexander Graham Bell Canada Graduate Scholarship – Master's (NSERC CGS-M); Walter H John's Graduate Fellowship. Research Topic: Influence of venous blood return on SNA upon the termination of apnea.

Kelsey Wright (Supervisor: Amber Mosewich): Queen Elizabeth II Masters Award; Joseph-Armand Bombardier Canada Graduate Scholarship – Master's. Research Topic: How do recreational athletes experience adversity?

Doctoral:

Kelsie Acton (Supervisor: Donna Goodwin): Mary Louise Imrie Graduate Student Award.

Chen Chen (Supervisor: Daniel Mason): Mary Louise Imrie Graduate Student Award.

Kimberley Curtin (Supervisor: Tanya Berry): Queen Elizabeth II Doctoral Award. Research Topic: Psychological antecedents and outcomes of leisure time physical activity for mainland Chinese international students in Canada.

Joao Henrique Falk Neto (Supervisor: Michael Kennedy): Edmonton 2001 World Championships in Athletics Sport Performance Graduate Scholarship; Graduate Teaching Award. Research Topic: Future Proofing Triathlon – the relationship between training loads, recovery, health and performance.

Stephen Hunter (Supervisor: Valerie Carson): Barbara Joanne Rowswell-Sykes Graduate Award. Research Topic: Environmental correlates of parent and child physical activity.

Jane Hurly (Supervisor: Donna Goodwin): SSHRC Doctoral Scholarship. Research Topic: Exploring leisure in the wellbeing and sense of belonging of African refugees in Canada.

Rylan Kafara (Supervisor: Judy Davidson/Jay Scherer): Rod Murray Memorial Award

Dong-Woo Kang (Supervisor: Kerry Courneya): Alberta Innovates Research Award (renewal); Mary Louise Imrie Graduate Student Award; Andrew Stewart Memorial Graduate Prize. Research Topic: Effects of Exercise on cancer progression in men with low-risk prostate cancer who are not receiving treatments.

Nicholas Kuzik (Supervisor: Valerie Carson): Women and Children's Health Research Institute (renewal). Research Topic: A descriptive study of movement behaviours and parent-child proximity in early years children.

Heather Larson (Supervisor: Wendy Rogers): Queen Elizabeth II Doctoral Award. Research Topic: Exploring the relative contributions of training patterns and training contexts to burnout and dropout in swimming.

Andria Morielli (Supervisor: Kerry Courneya): Marie Arnold Cancer Research Graduate Scholarship; Canadian Institute of Health Research Doctoral Award (renewal). Research Topic: Aerobic exercise during and after neoadjuvant rectal cancer treatment.

Paul Nya (Supervisor: Jay Scherer): International Graduate Scholarship in Leisure Studies. Research Topic: Multicultural Festivals for Multiculturalism: A Pathway to Social Integration and Inclusion for Migrant Ethnic Minorities?

Kurtis Pankow (Supervisor: Nicholas Holt): Queen Elizabeth II Doctoral Award. Research Topic: Mental Well-Being in Canadian University Sport.

Jordan Rees (Supervisor: Normand Boulé): Queen Elizabeth II Doctoral Award; Art Quinney Memorial Scholarship. Research Topic: Fasted Exercise in Type 2 Diabetes: More benefits without more exercise.

Rachel Skow (Supervisor: Margaret Davenport): Alberta Innovates Research Award; Andrew Stewart Memorial Graduate Prize. Research Topic: Impact of prenatal exercise on the sympathetic regulation of blood pressure.

D. Graduate Studies Convocation

Total number of students graduated: 35

Fall 2018 Convocation

Meyer,Angela Marie	Doctor of Philosophy
Yun,Lira	Doctor of Philosophy
Cormier,Danielle Leigh	Master of Arts (Thes)
Golberg,Eric Scott	Master of Coaching (Crse)
Karosan,Victor Tibor	Master of Coaching (Crse)
Yaworski,Matthew Phillip Todd	Master of Coaching (Crse)
Sawalha,Jeffrey Michael	Master of Science (Thes)
Zheng,Ran	Master of Science (Thes)
Dubnewick,Michael John	Doctor of Philosophy
Hopper,Tristan	Doctor of Philosophy
Konoval,Timothy Steven	Doctor of Philosophy
Lizmore,Michael Ryan	Doctor of Philosophy
Selzler,Anne-Marie	Doctor of Philosophy
Stearns,Jodie Anne	Doctor of Philosophy
Toghi Eshghi,Saeed Reza	Doctor of Philosophy
Guenter,Ryan Wayne	Master of Arts (Thes)
Van Dornick,Kirsti Lynne	Master of Arts (Thes)
Watson,Crystal	Master of Arts (Thes)

Spring 2019 Convocation

Andrijiw, Andre	Doctor of Philosophy
Curtin, Kimberley	Doctor of Philosophy
Eales, Lindsay	Doctor of Philosophy
Larson, Heather	Doctor of Philosophy
Cumming, Ian Jay	Master of Arts (Thes)
Ebert, Amanda	Master of Arts (Thes)
Gingras, Thomas	Master of Coaching (Crse)
Ormond, Isabel	Master of Coaching (Crse)
Smyth, Christine	Master of Coaching (Crse)
Vanderbeek, Kaitlin	Master of Coaching (Crse)
Ehnes, Cameron	Master of Science (Thes)
Hurley, Kelsey	Master of Science (Thes)
McWeeny, David	Master of Science (Thes)
Wohlers, Brendan	Master of Science (Thes)
Pushkarenko, Kyle	Doctor of Philosophy

E. Graduate Student Employment

PhD	4 yrs: supported in areas of GAs, tuition supplements, travel funds for recruitment visitations, spring and summer GAs, conference travel funds, and awards and scholarships

Master's students	2 yrs: supported in areas of GAs, travel funds for recruitment visitations, spring and summer GAs, conference travel funds, and awards and scholarships

V. RESEARCH AND SCHOLARLY WORK

A. Total Research Funding (By Fiscal Years - April to March)

	2015-2016	2016-2017	2017- 2018	2018- 2019
2018AB Government	733,463	1,245,592	1,292,467	1,441,634
Tri Council	1,651,198	936,875	631,106	1,105,135
Other Cdn Gov't & Foreign	612,667	409,882	611,334	370,656
SUB-TOTAL	**3,008,328**	**2,647,672**	**2,534,907**	**2,917,425**
Cdn Business	0	35,614	176,332	225,147
Non-Profit	318,428	490,059	537,476	567,152
Other Revenue	293,953	671,344	523,550	460,489
TOTAL	**3,620,709**	**3,789,365**	**3,772,265**	**4,170,212**

NOTE: Funds reported include both revenue funds received and deferred contributions

B. Tri-Council Funding (By Fiscal Years – April to March)

	2015-2016	2016-2017	2017-2018	2018-2019
CIHR	863,311	458,583	251,629	608,048
NSERC	221,585	164,000	192,880	190,594
SSHRC	566,302	314,292	186,597	306,493
TOTAL	**1,651,198**	936,875	**631,106**	**1,105,135**

C. Salary Award Grants

- **Tanya Berry** CRC Tier 2 (July 1, 2016 to June 30, 2020) 100,000/year - 500,000
- **Valerie Carson** CIHR New Investigator Award (July 1, 2016 to June 30, 2020) 60,000/year – 300,000
- **Kerry Courneya** CRC Tier 1 (July 1, 2016 to June 30, 2018) 200,000/year. Renewed CRC Tier 1 (July 1, 2018 to June 30, 2025) 200,000/year – 1.4million
- **Danielle Peers** CRC Tier 2 (July, 2019 to June 30, 2025) 100,000/year – 500,000
- **Margaret Davenport-Steinback** Heart and Stroke National New Investigator (NNI) Award (July 1, 2017 to June 30, 2021) 65,000/year – 260,000
- **Craig Steinback** Heart and Stroke National New Investigator (NNI) Award (July 1, 2018 to June 30, 2022) 65,000/year – 260,000

D. Research Funding 2016-2020 by Principal Investigators in the Faculty of Kinesiology, Sport, and Recreation

Funding period information from Researcher Home Page as of July 1, 2018 to June 30, 2019 (Allocation period April to March).

Investigator (PI)	Title	Sponsor	Date	Total Award	2016-17	2017-18	2018-19	2019-20
Berry, Tanya	Heart disease messages for women: information behaviour and effects on attitudes	Women & Children's Health Research Institute Innovation Grants	Oct 1, 2016 to Sep 30, 2018	49,592	49,592			
Berry, Tanya	Internalized weight bias retraining	Alberta Health Services Diabetes, Obesity & Nutrition SCN New Collaboration	Mar 24, 2017 to Mar 24, 2018	10,000	10,000			

Berry, Tanya	Affective heart disease and physical activity messages for women	CIHR Project Grant	Apr 1, 2018 to Mar 31, 2020	110,000			55,000	55,000
Boule, Normand	Exercise in Type 2 Diabetes: Getting More Benefits without Doing More Exercise	University of Alberta Diabetes, Obesity and Nutrition Strategic Clinical Network	Mar 30, 2019 to Mar 30, 2020	10,000				10,000
Carson, Valerie	Adapting the APPLE Schools model to the childcare setting	CIHR Planning and Dissemination Grants – Institute Community Support	May 1, 2019 to Apr 30, 2020	9,987				9,987
Carson, Valerie	Killam Accelerator Award	University of Alberta Killam Accelerator Award	Jul 1, 2019 to Jun 30, 2022	225,000				75,000
Carson, Valerie	Supporting healthy physical activity and sedentary behaviour habits in Alberta licensed and approved child care settings through updated	CIHR Project Grant	Jul 1, 2016 to Jun 30, 2019	294,332	73,583	98,111	98,111	24,527

	accreditation standards							
Carson, Valerie	Early movers: The role of physical activity and sedentary behaviour in the health growtn and development of infants	CIHR New Investigator Grants in Maternal Reproductive, Child & Youth Health	Oct 1, 2017 to Sep 30, 2020	74,519		12,420	24,839	24,840
Carson, Valerie	Early movers: The role of physical activity and sedentary behaviour in the health growtn and development of infants	Women & Children's Health Research Institute Matching Funds	Mar 23, 2018 to Sept 30, 2020	75,000		25,000	25,000	25,000
Carson, Valerie	Extension of the COMPASS Study: Building on our current success shaping the direction of youth health	University of Waterloo CIHR Project Grant	Jul 1, 2016 to Mar 31, 2023	93,000	31,000	31,000	31,000	
Chapman,Craig	CIFAR Global Scholars Program, Azrieli Program in Brain, Mind & Consciousness	CIFAR Azrieli Global Scholars	Jul 1, 2016 to Jun 30, 2020	155,000	50,000	70,625	27,500	6,875

Chapman, Craig	Understanding human action as observable cognition using combined motion-tracking, eye-tracking and EEG	NSERC Discovery Grants	Apr 1, 2014 to Mar 31, 2021	174,000	29,000	29,000	29,000	29,000
Chapman, Craig	Collection and analytics of real-time big data in human sensorimotor behaviour	Canada Foundation for Innovation John R Evans Leaders Fund	Jan 1, 2017 to Sept 30, 2019	227,086		227,086		
Chapman, Craig	VR Neuro-science Lab Development	CAPP	Sep 1, 2018 to Aug 31, 2019	68,506.61			68,506.61	
Chiu, Loren	3D Gluteal Muscle Function During Human Movement: A Combined Anatomical and Biomechanical Investigation	National Strength and Conditioning Association Senior Investigator Research Grant	Jun 1, 2019 to Feb 28, 2021	47,002				47,002
Collins, David	Control Properties of Single Motor Units	NSERC Discovery Grants	Apr 1, 2014 to Mar 31, 2020	130,000	26,000	26,000	26,000	
Collins, David	Multisensory integration in kinesthesia	NSERC Discovery Grants	Apr 1, 2019 to Mar 31, 2025	140,000				28,000

Collins, David	Reducing fatigue of electrically evoked contractions after a SCI	Craig H. Neilsen Foundation NSRG	Dec 31, 2014 to Nov 29, 2018	338,020	120,773	120,158		
Courneya, Kerry	CIHR Team in Physical Activity and Breast Cancer Survivorship	CIHR PAF	Oct 1, 2011 to Mar 31, 2018	2,500,000	250,000			
Courneya, Kerry	Exercise During Neoadjuvant Rectal Cancer Treatment: The EXERT Trial	Canadian Cancer Society Research Institute Innovation Grants	Aug 1, 2016 to Jul 31, 2019	130,427	19,357	70,820	40,250	
Courneya, Kerry	INTense Exercise foR surVivAL among men with Metastatic Castrate-Resistant Prostate Cancer (INTERVAL – MCRPC): A Multicentre, Randomized, Controlled, Phase III Study	Movember Foundation	July 1, 2016 to Aug 31, 2023	42,769	28,468	0	5,817	8,483
Courneya, Kerry	A Phase II Randomized Controlled Trial of Exercise in Prostate Cancer Patients	CIHR Project Grant	Apr 1, 2018 to Jun 30, 2018	30,600			30,600	

	Undergoing Active Surveillance: The ERASE							
Courneya, Kerry	Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study	University of Calgary CIHR Project Grants	Apr 1, 2018 to Mar 31, 2023	429,215			85,843	85,843
Courneya, Kerry	Physical Activity and Cancer Outcomes: Generating Practice-Changing Evidence	CIHR Foundation Grants	Jul 1, 2018 to Jun 30, 2025	1,414,311			121,072	194,451
Courneya, Kerry	Exercise during Active Surveillance for Prostate Cancer: The ERASE Trial	Prostate Cancer Canada Movember Discovery Grants	Jul 1, 2017 to Jun 30, 2020	76,000		46,000	30,000	
Courneya, Kerry	CO.21 The Colon Health and Life Long Exercise Change (Challenge) Trial	Cross Cancer Institute NCIC Study	Nov 1, 2009 to Oct 31, 2020	141,250	19,000	13,000	5,400	9,700
Courneya, Kerry	Manulife Prize for Promotion of Active Health	McGill University	May 1, 2019 to Apr 30, 2020	50,000				50,000
Courneya, Kerry	O. Howard Warwick Prize 2018	Canadian Cancer Society	Dec 1, 2018 to Dec 31, 2020	10,000			10,000	

Davenport Steinback, Margaret	Blood pressure regulation during hypertensive pregnancies	Heart & Stroke Foundation Canada Grant-in-Aid	Jul 1, 2016 to Jun 30, 2019	227,434	66,664	77,885	82,885	
Davenport Steinback, Margaret	The impact of exercise and sedentary (sitting) time on cardiovascular risk during pregnancy	Women & Children's Health Research Institute Innovation Grants	Aug 1, 2016 to July 31, 2018	50,000	50,000			
Davenport Steinback, Margaret	Novel targets for improving cardiomet-abolic function during pregnancies affected by gestational diabetes mellitus (GDM)	Alberta Diabetes Institute Pilot Project	Sept 1, 2017 to Aug 31, 2018	30,000		30,000		
Davenport Steinback, Margaret	The effect of the carotid bodies on sympathetic nervous system activity during gestational diabetes mellitus	Women & Children's Health Research Institute Bridge Grant	Sept 1, 2018 to Aug 30, 2019	31,260			31,260	
Davenport Steinback, Margaret	WCHRI SKEP Visiting Lecturer	Women's & Children Health Research Institute Scientific Knowledge	Jun 1, 2018 to Jul 31, 2018	1,000			1,000	

		Exchange Program						
Davenport Steinback, Margaret	Infrastructure for the Pregnancy and Vascular Health Laboratory	Canadian Foundation for Innovation Infrastructure Operating Fund	Apr 1, 2018 to Mar 31, 2022	31,549			21,814	9,735
Davenport Steinback, Margaret	Occupational Activity and Pregnancy Outcomes: A Meta-analysis	Alberta Labour OHS Futures Research Funding Program Process	Jan 1, 2018 to Jun 30, 2019	58,586		58,586		
Davenport Steinback, Margaret	Pregnancy as a model of cardiovascular plasticity	NSERC Discovery Grants	Apr 1, 2019 to Mar 31, 2025	165,000				33,000
Davenport Steinback, Margaret	Pregnancy as a model of cardiovascular plasticity	NSERC Discovery Grants Early Career Researcher Supplement	Apr 1, 2019 to Mar 31, 2025	12,500				12,500
Davidson, Judy	Settler Colonial Sport Venues: An Edmonton/Amiskwaciy History	University of Alberta VPRSIG	Apr 1, 2019 to Mar 31, 2020	5,000				5,000

DeLorey, Darren	Regulation of sympathetic vasoconstricti on in resting and contracting skeletal muscle	NSERC Discovery Grants	Apr 1, 2015 to Mar 31, 2020	200,000	40,000	40,000	40,000	40,000
Fox, Karen	Native Hawaiian Responses to 18th and 19th Century Leisure Discourses and their Haunting Consequences	SSHRC Insight Development Grant	Jun 1, 2015 to Sep 27, 2018	74,081	45,160			
Goodwin, Donna	Revisiting our Research Assumptions 20 Years On: The Role of Interdisciplin-arity in Adapted Physical Activity	SSHRC Connection Grant	Mar 24, 2016 to Mar 23, 2017	22,448	22,448			
Goodwin, Donna	Community Recreation Opportunities for Youth with SCI Hidden Family Labor	Craig H. Neilsen Foundation PCRG	Apr 1, 2015 to Jul 31, 2017	114,883	61,569			
Halpenny, Elizabeth	Integrating Social Science into Parks Management	University of Alberta VPRI SSHRC PDG	Mar 1, 2019 to Mar 31, 2021	30,000			30,000	
Halpenny, Elizabeth	Integrating Social Science into Parks Management	SSHRC Partnership Development Grant	Mar 23, 2018 to Mar 22, 2021	199,902		70,267	84,742	44,893

Halpenny, Elizabeth	Open Farm Days Visitor Outcomes	University of Alberta VPR SIG	Aug 1, 2018 to Mar 31, 2019	4,000			4,000	
Harshaw, Howard	National assessment of waterfowl hunter recruitment, retention, and reactivation (R3) programs in Canada	Wildlife Habitat Canada	Apr 1, 2017 to Mar 31, 2018	9,000		9,000		
Harshaw, Howard	Understandin g bird watchers preferences and priorities for wetlands conservation, and attitudes about waterfowl hunting	Wildlife Habitat Canada	Apr 1, 2017 to Mar 31, 2018	15,000		15,000		
Harshaw, Howard	Survey of Canadian Hunters in the Central Flyway	Enivronment and Climate Change Canada GFP	Jan 1, 2017 to Oct 31, 2017	22,000	22,000			
Harshaw, Howard	Conduct a literature review on the human dimensions of hunting, including the psychological, philosophical, social, and economic aspects of hunting for	Alberta Conservation Association	Jun 21, 2017 to Aug 31, 2017	5,200		5,200		

	food and recreation							
Harshaw, Howard	Refining the recreation specialization framework to account for progression, social networks and environmental worldview	SSHRC Insight Grants	Mar 15, 2017 to Mar 31, 2023	134,452		9,267	36,365	43,502
Harshaw, Howard	Evaluating Prairie Waterfowl Hunter Recruitment and Retention	Ducks Unlimited Canada	Apr 1, 2019 to Mar 31, 2020	4,960				4,960
Holt, Nicholas	The Sport Parent Program (TSSP): A skills and knowledge-based approach to parent education and support in youth sport	University of Alberta VP Research Office & Innovation SSHRC Bridge Funding	Apr 1, 2019 to Mar 31, 2020	5,000				5,000
Holt, Nicholas	Parenting styles and practices in sport	SSHRC Sport Participation Initiative Research Grants	Jan 1, 2016 to Dec 31, 2019	111,350	37,504	42,396		

Holt, Nicholas	PYD SportNET (SSHRC PDG): "The Sport Conference"	Kule Institute for Advanced Study Dialogue Grant	Apr 5, 2017 to Mar 31, 2018	2,000		2,000		
Holt, Nicholas	Moving Technology in Exercise and Sport Sciences	NSERC Connect Grants	Oct 4, 2017 to Nov 30, 2018	4,715		4,715		
Holt, Nicholas	Try a bit of TLC: A Training Program for RCMP Members to Teach Teamwork, Leadership, and Communicatio n (TLC) Through Sport and Recreation	SSHRC Partnership Engage Grants	Jun 1, 2018 to May 31, 2020	25,000			25,000	
Holt, Nicholas	Promoting Positive Youth Development Through Sport: PYD SportNET	SSHRC Partnership Development Grant	Mar 25, 2015 to Mar 24, 2019	195,456	49,284			
Holt, Nicholas	Promoting Positive Youth Development Through Sport: PYD SportNET	University of Alberta VP Research Office & Innovation Support	Mar 1, 2015 to Mar 31, 2018	30,000	10,000	10,000		

Holt, Nicholas	Parenting Styles and Practices in Sport	SSHRC Sport Participation Research Initiative Research Grants	Jan 1, 2016 to Dec 31, 2019	111,350	31,450	37,504	42,396	
Jones, Kelvin	Computational neuromuscular physiology	NSERC Discovery Grants	Apr 1, 2017 to Mar 31, 2023	140,000		28,000	28,000	28,000
Kennedy, Michael	Future Proofing Triathlon - A Legacy of the Science of Triathlon World Congress 2017	ITU World Triathlon Edmonton	Sep 17, 2018 to Sep 17, 2021	25,000			25,000	
Maraj, Brian	Implicit and explicit approaches to motor skill acquisition in climbing	University of Alberta VPRSIG	Oct 1, 2019 to Mar 31, 2020	5,000				5,000
Mason, Daniel	"The Good", "The Bad", and "The Ugly"? Sports facilities, status, and quality of life in entrepreneurial cities	SSHRC Insight Grants	Mar 15, 2015 to Mar 30, 2021	187,700	77,757			46,644
McGuire-Adam, Tricia	Pathways Annual Gathering	CIHR New Investigators Travel Awards	Sept 1, 2017 to Aug 31, 2018	1,974		1,974		

McGuire-Adam, Tricia	Adapting Wiisokotaatiwin (an Indigenous research method) from Urban to Land-Based: Anishinaabeg Elders' Land-Based Knowledge Transfer Research	CIHR Catalyst Grant Indigenous Approaches to Wellness Research	Jan 1, 2018 to Mar 31, 2020	149,763		149,763		
McHugh, Tara-Leigh	Cultural relevancy and positive youth development: Exploring the sport and physical activity experiences of Indigenous youth in Canada	University of Manitoba SSHRC	Feb 1, 2016 to Aug 31, 2019	3,650	3,650			
McHugh, Tara-Leigh	"That was our sport back then": An exploration of the developmental benefits of participating in Northern games	SSHRC Sport Participation Initiative Research Grants	Jan 1, 2019 to Dec 31, 2019	20,000			20,000	
McHugh, Tara-Leigh	An exploration of the cultural relevance of physical literacy	Killam Research Fund Cornerstone Grant	Jun 1, 2018 to Oct 31, 2019	29,198			29,198	

McHugh, Tara-Leigh	"That was our sport back then": An exploration of the developmental benefits of participating in Northern games	SSHRC Insight Grants	Mar 15, 2018 to Mar 31, 2022	93,506			48,063	30,634
Mosewich, Amber	Fostering resilience and wellbeing in sport: A longitudinal study of athlete psychosoc-ial deve-lopment	SSHRC Insight Development Grants	Jun 1, 2017 to May 31, 2020	47,783		25,727	22,056	
Mosewich, Amber	The Sport Conference Connection and Dialogue	Kule Institute for Advanced Study Dialogue Grant	May 1, 2018 to Aug 31, 2018	1,000			1,000	
Peers, Danielle	Moving towards disability inclusion?: A discourse analysis of Canada's inclusive movement programs	SSHRC Insight Development Grants	Jun 1, 2016 to May 31, 2019	64,365	27,058	37,307		
Peers, Danielle	Moving to Breathe, Breathing to Move: An interdisciplinary study on the benefits of choral and	Muscular Dystrophy Canada	Nov 1, 2017 to Dec 31, 2018	50,000 (47,250 to Mitacs & 2,750 to UAB)		50,000		

	dance exercise for people							
Peers, Danielle	Alberta Parasport Summit: Reimaging Practice and Policy	Alberta Sport Connection	Jan 1, 2018 to Dec 31, 2018	3,500		3,500		
Peers, Danielle	Alberta Parasport Summit	SSHRC Connection Grants	Jan 1, 2018 to Dec 31, 2018	22,591		22,591		
Peers, Danielle	Reimagining Inclusion from the Margins: : Transforming Sport Access and Equity	New Frontiers in Research Fund – Tri-Agency	Mar 29, 2019 to Mar 28, 2021	249,936				124,990
Putman, Charles	Skeletal Muscle Adaptation to Altered Environmental Demands	NSERC Discovery Grants	Apr 1, 2016 to Mar 31, 2022	155,000	31,000	31,000	31,000	31,000
Reichwein, Pearl Ann	The Art of Nature, Culture, Tourism, and Adult Education at the Banff School of Fine Arts, 1933 - 1974	Alberta Historical Resources Fund	Jan 1, 2019 to Dec 31, 2021	8,290			8,290	

Robinson, Zachary	Mount Logan Ice Expedition 2020-2021: Historical Landscape / Repeat Photography Project	University of ALBERTA VPRSSHRC	Apr 1, 2019 to Mar 31, 2020	5,000				5,000
Robinson, Zachary	Sustaining Mountain Cultures in the Canadian West	Kule Institute for Advanced Study Research Cluster Grant	Mar 1, 2016 to May 31, 2019	91,500	91,500			
Robinson, Zachary	A critical history of early mountaineering in Canada	SSHRC Insight Grants	Apr 1, 2014 to Mar 31, 2018	154,896	33,318			
Scherer, Jay	Behind the spectacle: Participatory action research, and the impacts of a world-class arena and entertainment district on the urban poor in downtown Edmonton	SSHRC Sport Participation Initiative Research Grants	Jan 1, 2016 to Dec 31, 2019	132,021	82,712	49,309		
Spence, John	Potential impact of autonomous vehicles on movement behaviour: identifying	CIHR Planning and Dissemination Grants – Institute Community Support	May 1, 2019 to Apr 30, 2020	23,900				23,900

	research priorities							
Spence, John	Fort Providence Pilot Project - Phase 2	Gov't of Northwest Territories	Apr 26, 2016 to Jun 30, 2019	134,992	45,604	43,948	45,442	
Steinback, Craig	Neural control of blood pressure in healthy and complex pregnancies	Heart & Stroke Seed Catalyst Grant	Jul 1, 2018 to Jun 30, 2020	100,000			50,000	50,000
Steinback, Craig	The Influence of Hypoxia on Neurovascular Regulation and Plasticity	NSERC Discovery Grant	Apr 1, 2014 to Mar 31, 2019	174,000	29,000	29,000	29,000	29,000
Steinback, Craig	Influence of advanced maternal age on cardiovascular function and control	Women and Children's Health Research Institute Innovation Grant	Oct 1, 2019 to Sep 30, 2021	50,000				50,000
Steinback, Craig	WCHRI Scientific Knowledge Exchange – Dr. Qi Fu	Women and Children's Health Research Institute Scientific Knowledge Exchange Program	Mar 1, 2018 to Apr 30, 2018	1,000		1,000		

Walker, Gordon	Needs, Gambling, and Well-Being	Alberta Gambling Research Institute	Mar 1, 2014 to Feb 28, 2017	117,164	6,025			

E. Publications

	2014-2015	2015-2016	2016-2017	2017-2018	2018- 2019
Books or Audio Books	3	4	1	3	0
Book Chapters	11	30	25	17	14
Refereed Journal Publications	97	176	171	178	168
Creative Works	0	0	0	0	0

1.0 **Book Chapters (14)**

Carson, V., & Predy, M. (2019). Active outdoor play. In R.E. Tremblay, M. Boivin, R.D. Peters, & M. Brussoni (Eds.), *Outdoor play* (pp. 1-6). Quebec, Canada: Encyclopedia on Early Childhood Development.

Davidson, J. (2019). Queering leisure: teasing out queer theory's legacies. In D.C. Parry (Ed.), *Feminisms In Leisure Studies: Advancing A Fourth Wave* (pp. 79-101). New York: Routledge.

Denison, J., & Mills, J. P. (2018). Problematizing practice: Coach development with Foucault. In R. Pringle, H. Larrson, & G. Gerdin, (Eds.), *Critical research in sport, health and physical education: How to make a difference* (pp. 78-89). London: Routledge.

Holt, N. L., & Deal, C. (2019). Grounded Theory. In D. Hackfort, R. Schinke, & B. Strauss, (Eds.), *Dictionary of Sport Psychology* (pp. 117-118). San Diego, CA: Academic Press.

Holt, N. L., & Pynn, S. R. (2019). Socialization through sports: Applying a PYD perspective. In J. Maguire, M. Falcous, & K. Listons (Eds.), *The business of culture and sports* (pp. 63-77). Farmington Hills, MI: MacMillan.

Holt, N. L., Deal, C., Pankow, K., Jorgensen, H., & Pynn, S. (2019). Positive youth development through sport. In R. Guilianotti, H. Collison, S. Darnell, & D. Howe (Eds.), *Routledge handbook of sport for development and peace* (pp. 341-351). London: Routledge.

Kerrigan, D.J., Schaierer, J.R., & **Courneya, K.S.** (2019). Cancer. In J.K. Ehrman, P.M. Gordon, P.S. Visich, & S.J. Keteyian (Eds.). *Clinical Exercise Physiology,* 4th Edition (pp. 373-390). Champaign, IL: Human Kinetics.

Markula, P. (2018). Critical research in sport, health and physical education: How to make a difference. In H. Larsson, R. Pringle & G. Gerdin, *Critical Research in Exercise and Fitness* (pp. 213-227). Abingdon, UK: Routledge.

Markula, P. (2019). The ballet body and video games: A feminist perspective. In N. Foster Stovel (Ed.), *Creating iGiselle: 19th century ballet meets 21st -century video games.* (pp. 162-188). Edmonton, Alberta, Canada: University of Alberta Press.

Mason, D.S. (2018). Cities, investment and the ice hockey dream: Lessons from Canada. In S. Althukhov, & J. Nauright (Eds.), *World Hockey Forum, Vol. 2.* (pp. 292-300). Moscow: Sport Publishing.

Peers, D. (2018). Unwitness-able: Outrageous ableist impersonations and unwitnessed every-day violence. In N. Baer, M. Hennefiled, L. Horak, & G. Iverson (Eds.), *Unwatchable* (pp. 141-145). New Jersey: Rutgers University Press.

Peers, D., **Spencer-Cavaliere, N.**, & Eales, L. (2018). Narrating ourselves and our movements: Terminology and political possibility. In S. Carraro, & S. Marchesini (Eds.), *Alter-habilitas: Perceptions of disability among people* (pp. 25-40). Verona, Italy: Alteritas.

Rogers, L.Q., Carter, S.J., Williams, G., & **Courneya, K.S.** (2018). Physical activity. In M. Feuerstein, & L. Nekhlyudov, (Eds.). *Handbook of Cancer Survivorship,* 2nd Edition (pp. 287-307). New York, NY: Springer International Publishing.

Watanabe, N., & **Soebbing, B.** (2018). China's football dream. In J. Sullivan (Ed.), *Beijing Guoan - New owners, declining fortunes* (pp. 185-188). Nottingham, UK: University of Nottingham.

2.0 Refereed Publications (168)

Adams, S.C., **DeLorey, D.S.**, **Davenport, M.H.**, Fairey, A.S., North, S., & **Courneya, K.S.** (2018). Effects of high-intensity interval training on fatigue and quality of life in testicular cancer survivors. *British Journal of Cancer, 118*, 1313-1321, doi:10.1038/s41416-018-0044-7. Epub 2018 May 8.

Adlard, K.N., Jenkins, D.G, Salisbury, C.E., Bolam, K.A., Gomersall, S.R., Aitken, J.F., Chambers, S.K., Dunn, J.C., **Courneya, K.S.**, & Skinner, T.L. (2019). Peer

support for the maintenance of physical activity and health in cancer survivors: The PEER trial—A study protocol of a randomized controlled trial. *BMC Cancer, 19,* 656, doi:10.1186/s12885-019-5853-4.

Algotar, A., Hsu, C-H., Sherry Chow, H.H., Dougherty, S., Babiker, H.M., Marrero, D., Abraham, I., Kumar, R., Ligibel, J., **Courneya, K.S.,** & Thomson, C. (2019). Comprehensive lifestyle improvement program for prostate cancer (CLIPP): Protocol for a feasibility and exploratory efficacy study in men on androgen deprivation therapy. *JMIR Research Protocols , 8(*2), e12579, doi:10.2196/12579.

Atchison, B.J., & **Goodwin, D.L.** (2019). "My Child May Be Ready, but I Am Not": Parents' experiences of their children's transition to inclusive fitness settings. *Adapted Physical Activity Quarterly, 36*, 282-301, doi:10.1123/apaq.2018-0101.

Babenko, O., **Mosewich, A.D.**, Lee, A., & Koppula, S. (2019). Association of physicians' self-compassion with work engagement, exhaustion, and professional life satisfaction. *Medical Sciences*, *7*, 1-8, doi:10.3390/medsci7020029.

Barnes, J.D., Cameron, C., **Carson, V.**, Chaput, J.P., Colley, R.C., Faulkner, G.E.J., Janssen, I., Kramers, R., Saunders, T.J., **Spence, J.C.,** Tucker, P., Vanderloo, L.M., & Tremblay, M.S. (2018). Results from Canada's 2018 Report Card on Physical Activity for Children and Youth. *Journal of Physical Activity & Health*, *15*, S328-S330, doi:10.1123/jpah.2018-0454, pmid:30475104.

Berry, T.R., & Yun, L. (2019). Evaluation of mass reach physical activity campaigns: considering automatic processes. German Journal of Exercise and Sports, 49, 11-19, doi: 10.1007/s12662-018-0553-9.

Berry, T.R., Rhodes, R.E., Ori, E.M., McFadden, K., Faulkner, G., Latimer-Cheung, A.E., O'Reilly, N., **Spence, J.C.,** Tremblay, M.S., & Vanderloo, L.M. (2018). The short-term effects of a mass reach physical activity campaign: An evaluation using hierarchy of effects model and intention profiles. *BMC Public Health*, *18*, 1300, doi:10.1186/s12889-018-6218-7.

Berry, T.R., Rodgers, W.M., Divine, A., & Hall, C. (2018). The relationship of explicit-implicit evaluative discrepancy to exercise drop-out in middle-aged adults. *Journal of Sport and Exercise Psychology, 40*, 92-100, doi: 10.1123/jsep.2017-0267.

Bertrand, J.K., Ouellette-Zuk, A., & **Chapman, C.S.** (2019). Clarifying frequency-dependent brightness enhancement: delta-, and theta-band flicker, not alpha-band flicker, consistently seen as brightest. *Experimental Brain Research*, 2061–2073, doi:10.1007/s00221-019-05568-1.

Boyd, K.A., & **Goodwin, D.**L. (2019). "It's hard when people try and get their kids away from Cole": A family's experiences of (in)dignity in leisure settings. *Adapted Physical Activity Quarterly, 36*, 223-241, doi:10.1123/apaq.2018-0034.

Brenner, D.R, Ruan, Y, Adams, S.A, **Courneya, K.S.,** & Friedenreich, C.M (2019). The impact of exercise on growth factors (VEGF and FGF2): Results from a 12-

month randomized intervention trial. *European Review of Aging and Physical Activity, 16*, 8, doi:10.1186/s11556-019-0215-4. eCollection 2019.

Brown, J.C., Rhim, A.D., Rustgi, A.K., Damjanov, N, Troxel, A.B., Rickels, M.R., Ky, B., Zemel, B.S., **Courneya, K.S.**, & Schmitz, K.H. (2018). Effects of exercise on circulating tumor cells among patients with resected stage I-III colon cancer. *PLoS ONE, 13(10)*: e0204875, 13(10), e0204875, doi: 10.1371/journal.pone.0204875. eCollection 2018.

Bruijns, B.A., Adamo, K.B., Burke, S.M., **Carson, V.**, Irwin, J.D., Naylor, P.J., Timmons, B.W., Vanderloo, L.M., & Tucker, P. (2019). Exploring the physical activity and screen-viewing-related knowledge, training, and self-efficacy of early childhood education candidates. *BMC Pediatrics*, *19*, 1-13, doi:10.1186/s12887-018-1358-6, pmid:30611238 .

Buffart, L.M., Sweegers, M.G., May, A.M, Chinapaw, M.J, van Vulpen, J.K., Newton, R.U., Galvao, D.A., & **Courneya, K.S.** (2018). Targeting exercise interventions to patients with cancer in need: An individual patient data meta-analysis. *Journal of the National Cancer Institute, 110*, 1190-1200, doi: 10.1093/jnci/djy161.

Busch, S.A., Bruce, C.D., Skow, R.J., Pfoh, J.R., Day, T.A., **Davenport, M.H.,** & **Steinback, C.D.** (2019). Mechanisms of sympathetic regulation during apnea. *Physiological Reports*, *7*, e13991, doi:10.14814/phy2.13991.

deVries, C.J., & **DeLorey D.S.** (2019). The effect of acute dietary nitrate supplementation on sympathetic vasoconstriction at rest and during exercise. *Journal of Applied Physiology,* 127, 81-88, doi:10.1152.

Carson, V., Ezeugwu, V.W., Tamana, S.K., Chikuma, J., Lefebvre, D.L., Azad, M.B., Morae, T.J., Subbarao, P., Becker, A.B., Turvey, S.E., Sears, M.R., & Mandhane, P.J. (2019). Associations between meeting the Canadian 24-Hour Movement Guidelines for the Early Years and behavioral and emotional problems among 3-year-olds. *Journal of Science and Medicine in Sport*, *22, 7*, 797-802, doi:10.1016/j.jsams.2019.01.003, pmid:30655179.

Carson, V., Lee, E.Y., Hesketh, K.D., Hunter, S., Kuzik, N., Predy, M., Rhodes, R.E., Rinaldi, C.M., **Spence, J.C.**, & Hinkley, T. (2019). Physical activity and sedentary behavior across three time-points and associations with social skills in early childhood. *BMC Public Health*, *19, 27*, 1-8, doi:10.1186/s12889-018-6381-x, pmid:30616565.

Chen, C., & **Mason, D.S.** (2018). Hockey's significant others: Canadian newspaper coverage of elite migrant athletes in the 1980s and 1990s. *International Journal of the History of Sport*, *35(10)*, 985-1007, doi:10.1080/09523367.2019.1578218.

Chen, C., **Mason, D.S.,** & Misener, L. (2018). Exploring media coverage of the 2017 World Indigenous Nations Games and North American Indigenous Games: A critical discourse analysis. *Event Management, 22(*6), 1009-1025, doi:https://.org/10.3727/152599518X15346132863300.

Chevance, G., **Berry, T.R.**, Boiche, J., & Heraud, N. (2019). Changing implicit attitudes toward physical activity through principles of associative learning: Null findings from an experimental study conducted in pulmonary rehabilitation. *German Journal of Exercise and Sport Research, 49* (2), 156-167, doi: 10.1007/s12662-018-0559-3.

Clark, M.I., McGannon, K.R., **Berry, T.R.**, Norris, C.M., **Rodgers, W.M.**, & **Spence, J.C.** (2018). Taking a hard look at the Heart Truth campaign in Canada: A discourse analysis. *Journal of Health Psychology*, *23*, 1699-1710, doi:10.1177/1359105316669581.

Cormier, D.L., **Dunn, J.G.H.**, & **Causgrove Dunn, J**. (2019). Examining the domain specificity of grit. *Personality and Individual Differences, 139,* 349-354, doi:10.1016/j.paid.2018.11.026.

Craike, M.J., Gaskin, C.J., Mohebbi, M., Courneya, K.S., & Livingston, P.M. (2018). Mechanisms of physical activity behavior change for prostate cancer survivors: A cluster randomized controlled trial. *Annals of Behavioral Medicine, 52*, 798-808, doi:10.1093/abm/kax055.

Crozier, A.J., **Mosewich, A.D.**, & Ferguson, L.J. (2019). The company we keep: Exploring the relationship between perceived teammate self-compassion and athlete self-compassion. *Psychology of Sport and Exercise*, *40*, 152-155, doi:10.1016/j.psychsport.2018.10.005.

Curtin, K.D., Lee, E.Y., Yun, L., & **Spence, J.C.** (2018). Context matters: Examining perceived health and fitness outcomes of Physical Activity Participation Among South Korean Adults and Youth. *International Journal of Behavioral Medicine*, *25*, 548-557, doi:10.1007/s12529-018-9743-y.

Dæhlin, T.E., Krosshaug, T., & **Chiu, L.Z.F.** (2018). Distribution of lower extremity work during clean variations performed with different effort. *Journal of Sports Sciences*, *36*, 2242-2249, doi:10.1080/02640414.2018.1449087.

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fetal mortality: A systematic review and meta-analysis. *British Journal of Sports Medicine*, *53*, 108-115, doi:10.1136/bjsports-2018-099773.

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VI. Faculty Evaluation Committee (FEC)

The 2019 Faculty Evaluation Committee (FEC) reviewed the performance of Faculty members (assistant, associate and full professors), Faculty Services Officers (FSO) for the 2018-2019 Academic Year (July 1, 2018 through June 30, 2019). The committee was responsible for consideration and recommendations for merit increments, consideration and decisions on application for tenure and promotions, and providing advice to the Dean on applications for sabbaticals under Article 9 of the Faculty Agreement.

FEC Membership 2019

Elected Members (voting)

- Pirkko Markula
- Kerry Courneya (for Elizabeth Halpenny – on sabbatical)
- Dan Mason
- Michael Kennedy

Appointed Members

- Kerry Mummery, Dean and FEC Chair
- Nick Holt, Vice Dean
- Kevin Haggerty, President's Review Committee (PRC)

Tenure and Promotions

FEC reviewed applications for both tenure and promotion and granted the following:

- Dr. Amber Mosewich – tenured and promoted to Associate Professor effective July 1, 2020
- Dr. Elizabeth Halpenny – promoted to Full Professor effective July 1, 2020

Sabbaticals

FEC recommended support for five (5) sabbatical applications to the Dean as follows:

- Dr. Craig Chapman - 12 month sabbatical from July 1, 2020 to June 30, 2021
- Dr. Jim Denison - 12 month sabbatical from July 1, 2020 to June 30, 2021
- Dr. Kelvin Jones- 6 month sabbatical from July 1, 2020 to December 31, 2020
- Dr. Pirkko Markula- 12 month sabbatical from July 1, 2020 to June 30, 2021
- Dr. Zac Robinson- 12 month sabbatical from July 1, 2020 to June 30, 2021

Merit Increments

The number of increments in the increment pool is equal to 1.175 times the number of eligible staff members within each Faculty. Eligible staff members under this provision are those staff members in the Faculty whose employment is covered either by the Faculty Agreement or the FSO Agreement. FEC reviewed a total of 35 eligible individuals: 2 FSO, 3 Assistant Professors, 16 Associate Professors and 14 Full Professors. Due to small numbers, the summaries for the FSOs are not included here. The overall mean merit increments awarded by FEC were 1.14. The following table summarizes the merit increments awarded across rank within the professoriate.

	Assistant Professors	Associate Professors	Full Professors	Overall
Mean Merit Increments	1.67	1.15	1.11	1.14
Increments by Level				
3.00			1	1
2.50				0
2.00	2			2
1.50		3		3
1.25		3	5	8
1.00	1	9	5	15

0.75			1	1
0.50			1	1
0a,b,c		1	1	2
	3	16	14	33

VII. UNIT REPORTS

A. ADVANCEMENT

Our Vision

A sustainable funding model that advances the interests of the Faculty of Kinesiology, Sport, and Recreation.

Our Mission

Engaging donors, alumni, sponsors, and corporate partners, to build relationships connecting philanthropy and other support with academics, teaching, athletics, capital projects and faculty initiatives, in support of research, physical activity, sport, recreation and the health of our communities.

2018-2019 Advancement Highlights:

- Total Faculty FRA for FY19 was $2,811,891

FRA BY PURPOSE	
Academic Endowments	$47,000.00
Awards Endowed	$185,957.00
Annual Research	$925,564.00
Annual Awards	$368,305.00
Annual Programs	$1,275,628.00
Facility Capital	$9,437.00

FRA BY ENTITY TYPE	
Alumni	$638,669.00
Corporations	$267,247.00
Foundations	$754,361.00
Other Individuals	$190,012.00
Other Organizations	$961,602.00

Advancement Highlights

We will continue to support the Steadward Centre and last year we raised over $200,000. from the 40th Anniversary Gala. We also continue to support Play Around the World, and supported many research initiatives, The Woman Fore Panda's golf tournament, and many sponsorship projects.

The South Campus Arena project is still ongoing as well and we were able to secure some government funding to support the para climbing wall. The Behavior Medicine Lab needed some replacement exercise equipment with we were able to develop a contra arrangement with a local supplier.

B. Advancement - Athletics

Our Vision

To advance the relevance and financial sustainability of Golden Bears & Pandas Athletics.

Our Mission

To enhance the Golden Bears & Pandas student-athlete experience by connecting with Athletics Alumni & Friends. We serve to sustain and grow the efforts and success of all Golden Bears & Pandas Alumni Associations. We come together to celebrate the history, recognize the legacy, and elevate the relevance of Golden Bears & Pandas Athletics.

Athletics Development Highlights:

- 2019 FRA of $1,359,136 with 1147 donors
- Increased FRA from FY18 by 10.1%
- Athletics specific FRA makes up 48% of the total Faculty FRA

Athletics - Fundraising Achievement by Allocation

Fundraising Achievement is defined as the sum of all new commitments for the identified time period. i.e. ***HARD CREDIT*** *dollar amount for each transaction. This includes all straight gifts, perpetual pledge payments, matching gifts, grants, and pledges excluding write-off. This dashboard lists FRA for only Athletics Allocations.*

FRA Summary by Allocation School

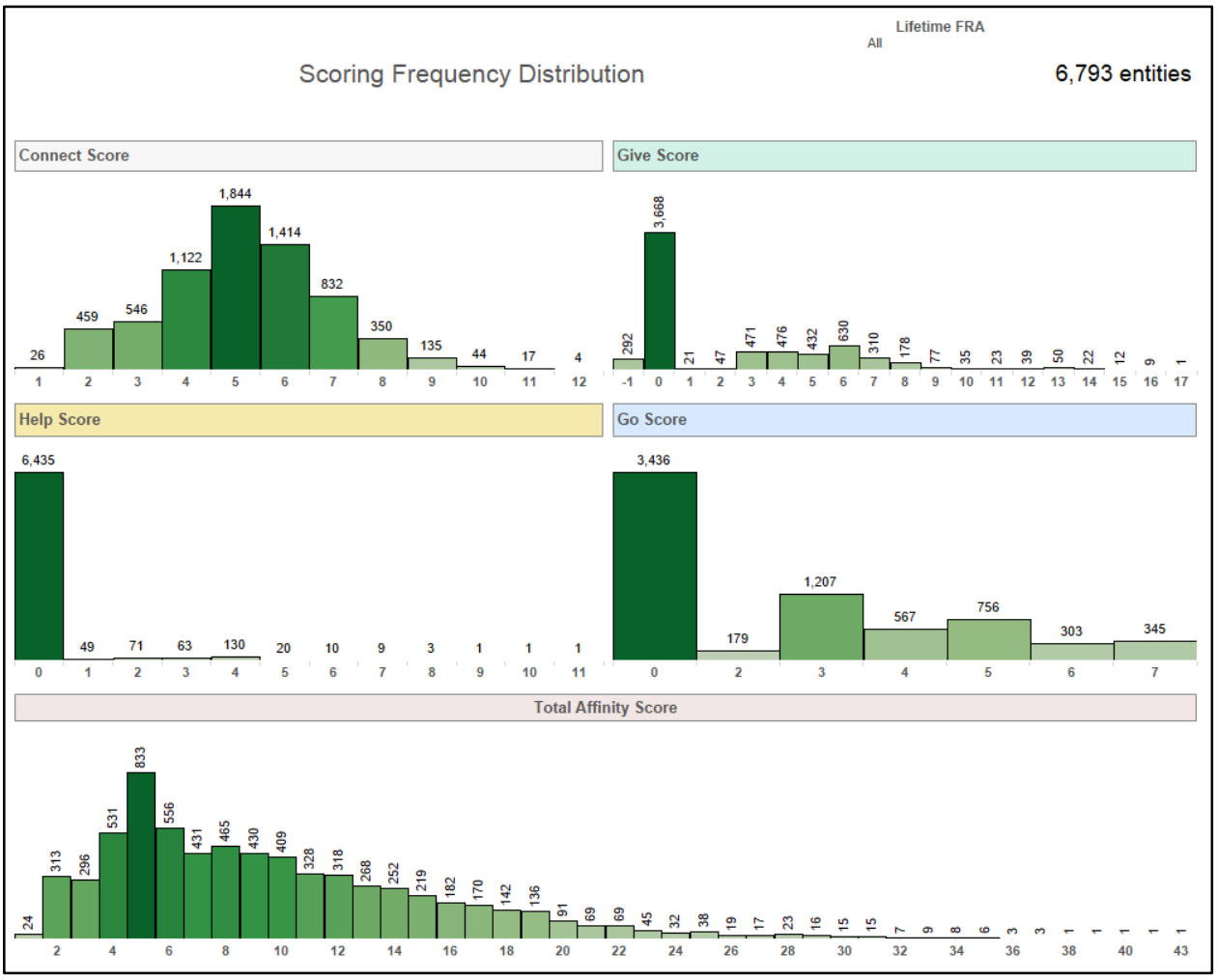
	2018	2019
Faculty of Kinesiology, Sport, & Recreation	$1,222,209	$1,358,836
Faculty of Pharmacy & Pharmaceutical Sciences	$5,000	
University of Alberta Institutional	$7,604	$300

- Three (3) new Awards/Scholarships were created
    - Glassford & Danyluk Pay it Forward Award – Golden Bears Volleyball
    - Kennedy Real Estate Award – Golden Bears Volleyball
    - Kennedy Real Estate Award - Pandas Volleyball

Alumni & Friend Relations Highlights:

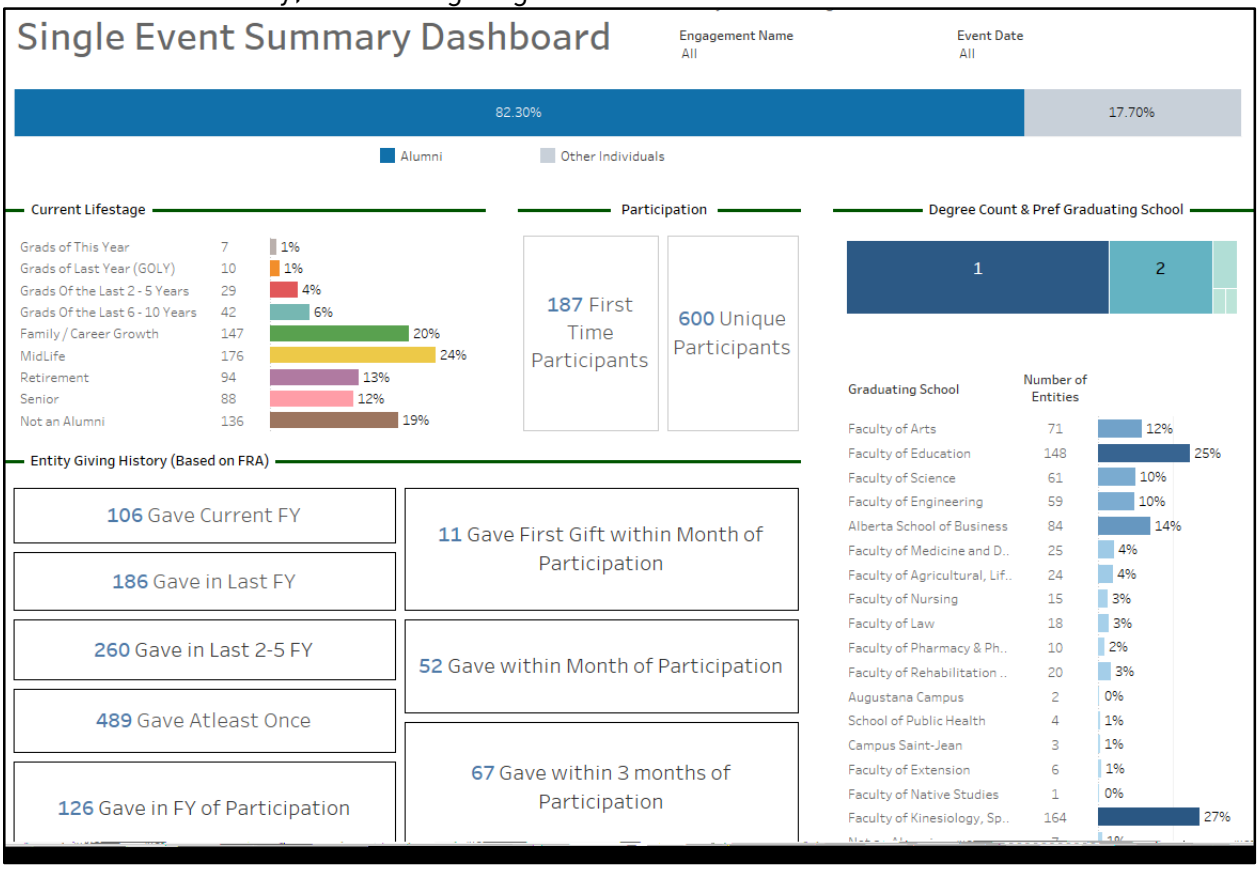
- 43% of Athletics Alumni have an affinity score of 10* or higher, compared to only 18% of U of A Alumni who were not a Varsity Athlete.

***a score of 10 – 22 is measured as High Affinity, 22+ is Elite Affinity**



- We hosted or collaborated with ten (10) Advance coded events in FY19.
    - Pastiche - Golden Bears Volleyball Fundraiser
    - Annual Women Fore Pandas Golf Tournament
    - Clare Drake Celebration of Life
    - Pandas Breakfast at the Calgary Zoo in collaboration with UAlberta Alumni Calgary Chapter
    - Golden Bears Hockey 50th Anniversary Milestone
    - Golden Bears & Pandas Basketball 20th & 25th Anniversary Milestone
    - Golden Bears & Pandas Volleyball Double Header in collaboration with UAlberta Alumni Calgary Chapter
    - USports National Championship UAlberta Alumni Dinner
    - Pandas Volleyball 20th Anniversary Milestone
    - Annual Block A Celebration

- Our events engaged with Alumni from each faculty and across all life stages. 81.5% of our FY19 unique participants have given at least once in their lifetime to the University, with 21% giving in FY19.



Nursing	8	1	7	6	0	6
Open Studies	12	9	3	2	0	2
Pharmacy & Pharmaceutical Science	2	1	1	2	1	1
Science	60	31	29	29	17	12
Total	459	266	193	170	83	87

1.2 Faculty Strategic Priority: Community Engagement & Communications

Introduction: Golden Bears and Pandas Athletics uses a wide range of communication platforms to engage with the community.

Tools such as media relations, social media, email campaigns and the Bears and Pandas website are all ways in which Athletics aims to enhance the Bears and Pandas brand.

The goal is to create more awareness of the Bears and Pandas events, athletes, coaches and accomplishments to fans, donors/supporters, sponsors, alumni, University of Alberta students, student-athletes, and prospective students.

Golden Bears and Pandas Athletics is one of the most public-facing aspects of the University, making community engagement and communications important for both the department and university as a whole.

Additionally, the **University Athletics Board (UAB)** were involved in numerous volunteer activities and initiatives in the community, including:

- UAB Student-Athlete Orientation
- Mentorship program
- Read-in week
- Gym class heroes
- Bear/panda hugs (Stollery visits)
- Brain waves
- UAB Bikeathon
- Flex Thursdays
- Edmonton Young Offenders Centre
- Panda Day (St.Pius X Elementary School)

- Clothing Drive
- Green Space Certificate
- Motionball

Website:

	2016/2017	2017/2018	2018/2019
Page views:	1,214,348	1,195,189	1,217,224
Unique Page Views	914,737	909,534	928,619
Users	194,978	209,804	213,489
Sessions	379,861	396,278	410,140

Top sources of traffic:

- Organic search accounted for 65.7% of traffic (People Googling or using Bing/Yahoo)
- Referrals 4.9 %
- Direct 22.6 %
- Social 5.7 %
- Other 1%

Desktop vs. mobile and tablet (sessions):

	2016/2017	2017/2018	2018/2019
Mobile	43.12%	47.12%	52.13%
Desktop	47.26%	44.35%	39.88%
Tablet	9.61%	8.52%	7.82%

Teams and top sections:

- Hockey is the top team section with 74,000+ views. (Previous year was 56,000+ views)
- Bears Basketball is second (38,000+) followed by Bears football (33,000)
- The top women's team is volleyball (26,000+), and hockey (25,000)
- The following sections remain similar to the past season:
    - schedules – 1.87% of all page views (1,217,224)
    - teams - 3.73%
    - tickets – 1.24%

Email Campaigns (Campaign Monitor™):

The following stats are based off of numbers gathered on November 8, 2019:

	2017/18	2018/19
# of Mailouts	68	94
# of emails received	127,757	164,333
# of emails opened	40,317	55,835
% of emails opened	31.6%	34.0%

Social Media

Twitter:

The following stats are based off numbers gathered on October 30, 2019:

School	Increase	Followers (10/11/2018)	Followers (10/30/2019)
UBC	917	12,455	13,372
Saskatchewan	831	9,259	10,090
Manitoba	707	7,823	8,530
Alberta	**684**	**8,383**	**9,067**
Calgary	630	10,765	11,395
Regina	362	5,435	5,797
Brandon	343	2,542	2,885
MacEwan	273	2,867	3,140
Lethbridge	247	3,399	3,646
Thompson Rivers	231	1,893	2,124
Trinity Western	230	2,361	2,591
Fraser Valley	229	2,552	2,781
Victoria	221	5,435	5,656
Winnipeg	194	2,536	2,730
Mount Royal	162	3,768	3,930
UNBC	131	1,723	1,854
UBC Okanagan	67	2,572	2,639
CW Average	**380**	**4,896**	**5,425**
Canada West	1,495	9,937	11,432

From this data, we can see:

- Alberta (Golden Bears and Pandas) currently ranks 4th in Canada West in number of followers.
- Alberta (Golden Bears and Pandas) currently ranks 4th in Canada West for the total number of followers gained from October 11, 2018 to October 30, 2019.
- Alberta (Golden Bears and Pandas), at 9,067 followers, is well above the Canada West average of 5,425.

Facebook:

The following stats are based off of numbers gathered on November 5, 2018:

	2017	2018	2019
# of likes	4,723	5,174	5,461
Age 13-17	0.80%	0.40%	0.36%
Age 18-24	37.00%	31.00%	25.00%
Age 25-34	32.00%	36.00%	39.00%
Age 35-44	12.00%	13.00%	13.00%
Age 45-54	10.00%	11.00%	12.00%
Age 55-64	4.00%	4.00%	6.00%
Age 65+	4.00%	4.00%	4.00%

Facebook videos:

The following stats are from January 1, 2019 – October 30, 2019:

Top viewed videos	Number of views
Pandas Basketball are going into their final regular season home games this weekend against UBC	3,708
Global Edmonton's Top 5 Plays of the Week Feb. 4-10	2,766
AUSTIN COLE – New U Sports record	2,579
Global Edmonton's Top 5 Plays of the Week (Published January 28, 2019)	2,484

YouTube

The following stats are based off numbers gathered on October 30, 2019:

	2016	2017	2018	2019
Subscribers	254	362	472	599
Views	107,115	161,773	224,200	278.300
Total Videos	268	498	N/A	849

Instagram

The following stats are based off numbers gathered on October 30, 2019:

	2016	2017	2018	2019
Posts/Year	160	165	103	145
Likes/Year	19,360	10,426	19,654	29,994
Total Followers	3,178	4,231	4,785	5,530

Golden Bears and Pandas Alumni Social Media:

The following stats are based off numbers gathered on October 30, 2019:

	Twitter	Facebook	Instagram
Pandas BB	-	111 Members	-
Bears BB	-	-	-
Bears Football	372 Followers	305 Members	-
Pandas HKY	135 Followers	125 Members	-
Bears HKY	-	102 Members	
Pandas Rugby	-	181 Members	-
Pandas Soccer	-	125 Members	-
Bears Soccer	-	169 Members	-
Pandas VB	86 Followers	104 Members	502 Followers
Bears VB	-	31 Members	-
GBP Tennis	-	99 Followers	
GBP Curling	-	25 Members	-

Twitter: 658 followers
Facebook: 1,377 members
Instagram: 502 followers
LinkedIn: 427 members
Total: 2,964 alumni users on social

1.3 Faculty Strategic Priority: Resource Management Allocation

The Faculty will align operational income with the strategic goals of the Faculty.

Diversify funding sources:

Total Gross Alcohol Revenue	**$174,716**
Total Event Ticket Gross Revenue	**$401,409**
Total Event Merchandise Gross Revenue	**$22,154**

- Event statistics: tickets total revenue was $355,920 does not include non-conference (~ $45,000) but includes flex packs, season tickets, Kids in the Crowd, and playoffs
- Total ticketed attendance 70,382 includes conference and non-conference games and all playoffs. Revenue numbers below include individual game day tickets and does not include flex packs and some one-off events, hence the variance from the $355,920 total.
    - Football: 6,162 ($27,122)
    - Soccer: Did not sell tickets for conference events
    - Bears Hockey Conf./playoffs: 17,378 ($144,528); Non-conf.: 1,008 ($6,259)
    - Pandas Hockey Conf./Playoffs: 5,418 ($20,778) Non-conf.: 499 ($2,100);
    - Volleyball Conf./Playoffs: 12,059 ($74,550) Non-conf.: 2,183 ($9,555)
    - Basketball Conf./Playoffs: 18,724 ($59,702) Non-conf.: 2,050 ($5,935)

Five-Year Athletics Awards & Scholarships Summary (2014/15 to 2018/19)

	Total Athletes	Athletes that used eligibility	Athletic financial awards	Jimmie Condon Scholarships	Total Athletic related awards/scholarships
2014-15	482	379	$ 796,260	$504,000	$1,300,260
2015-16	500	378	$ 861,043	$504,000	$1,365,043
2016-17	500	374	$ 967,229	$504,000	$1,471,229
2017-18	502	370	$1,021,363	$388,800	$1,410,163
2018-19	475	396	$1,062,353	$388,800	$1,451,153

Sponsorship Report

The following list may not be completely accurate but is provided to illustrate the extent of sponsorship that supports Faculty and Athletics programs. Sponsors for golf tournaments and other fundraising events are not included. Any funder that receives a donor tax receipt is not included as a sponsor.

The sponsorship values are not included for confidentiality reasons, but the total value exceeds $350,000:

Team	Sponsor
GBH	ATB Financial
GBH	Herbers Autobody
GBH	Boston Pizza Whyte
GBH	Minuteman Press West
GBH	Waiward Steel
GBH	Can-Cell Industries
GBH	National Motor Coach Systems Ltd
GBH	University Publications
GBH	River Valley health
GBH	William Huff
GBH	The Brick
GBH	United Cycle
GBH	Alberta Government
GBH	PWC Price Waterhouse Cooper
GBH	Flaman
GBH	Go Auto Kentwood Ford
GBH	Graham Construction
GBH	Knoxville's Tavern
GBH	Sunlife
GBH	Life Touch
GBH	Bradford's Hockey Academy
GBH	ATB Financial
GBH	Herbers Autobody
GBH	Wesclean Equipment
GBH	Subaru City
Curling	Big Rock
Athletics	Campus Tower Suite Hotel
Athletics	Radisson
Athletics	The Westin
Athletics	Global Television

Athletics	Big Rock
Athletics	Maritime Travel
Athletics	Gateway
Athletics	Coke
Athletics	WestJet & Delta
Athletics	Rouge Media
Athletics	Snow Valley
PV	Genics
PV	Finning Canada
PV	Metta Yoga
GBV	Sofaland
GBV	Kennedy Realty
GBV	Mackenzie Financial
GBV	The Wall Group
GBV	Volleyball Alberta
GBV	WM WEALTH
GBV	Friends of George
GBV	Netix Systems
GBV	Jass Auto
GBB	One Properties
GBB	Escape Edmonton
PH	Symmetry Spinal Care

Collaborators / Friends of Athletics Report

Athletics works with a number of organizations wherever there is a mandate for the public good, or there is a mutually beneficial relationship.

It involves working together in a group but does not require similar goals, or financial activity, or regular commitment of resources. Sponsors and donors are included in a separate section of the report.

Collaborators = mutual work to mutual advantage with regular contact
Friends = infrequent engagement but valuable relationship

FRIENDS:

- KidSport Edmonton
- Edmonton Events

- Telus World of Science
- Edmonton Prospects
- Edmonton Stingers
- FC Edmonton
- Edmonton Eskimos
- Edmonton Stingers
- Edmonton Youth Basketball Association
- Hockey Edmonton
- Edmonton Public School Board
- Provincial Sport Organizations
    - football
    - rugby
    - wrestling
    - volleyball
    - track and field
- Athletes in Action
- Alberta Kinesiology Association
- Knights of Columbus
- Kids Up Front
- FOG Volleyball
- Sportball
- Edmonton International Airport
- Alberta Schools Athletic Association
- Local Officials Associations (in related sports)

COLLABORATORS:

- Alumni associations (included in Advancement report)
- Edmonton Female Athletic Club (Pandas Hockey)
- Edmonton Keyano Swim Club
- Vimy Ridge Academy
- Riverbend Junior High
- Sport Ball
- NAIT Radio and TV Broadcasting Program
- Glen Sather Sports Medicine Clinic
- Alberta Sport Development Center
- University of Alberta Bookstore
- University of Alberta Office of Advancement
- University of Alberta Alumni Relations
- International Students
- Faculty Club

- Students' Union
- Lister Hall Students Association
- Residence Hall Association
- CJSR
- The Gateway
- UAlberta Fraternities

1.4 Faculty Strategic Priority: Exemplary Student Experience

The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).

International student opportunities:

- Bears Hockey, Bears Volleyball, Pandas Rugby, Curling, Swimming, Track and Field, and Wrestling took self-funded international trips.

Experiential learning at both the graduate and undergraduate levels, through integration with Athletics:

- Undergraduate coaching students involved PB, BF, BH, BS, PS, Tennis
- Graduate coaching students were GBB (Brandon Brock), GBF (Wyatt Urbanski), GBH (Dallas Ansell), PBB (Isabel Ormond), PVB (Carolyn O'Dwyer), GBPTF (Tommy Gingras), GBPXC (Tyler White), PS (Porro Chan)
- 43 undergraduate student-kinesiologists volunteer with varsity teams, including six practicum students, all of whom were led by the Varsity Health Staff.
- PERLS 105 undergraduate students involved in event management as a component of the course
- The Sport Performance Centre provided 16 undergraduate and 6 graduate students with practical coaching and facility management experience

Athletics staff teaching undergraduate coaching courses:

- Athletics staff members teach and provide leadership to PAC courses. PAC Coordinator has been an Athletics staff member.
- Athletics staff supervise undergraduate and graduate (MCoach) coaching practicum students
- Athletics staff sit on graduate supervisory and examining committees

Courses taught by Athletics staff:

- KIN 440 – 2 terms (Joan Matthews-White)
- PAC 490 (E Golberg & J Jackson – SPC staff)

- PEDS 572 (6 credit) (Mentor coaches)
- PAC Coordinator (T. Danyluk)
- Practicum Coordinator (PEDS 246, 346, 446) – (L. Eisler)
- PEDS 245 (Baynton, Jepsen, Edwards)
- PERLS 573
- PAC Hockey (I. Herbers, D. Ansell)
- PAC Wrestling (O. Dawkins, J. Bouchard)
- PAC Rugby (A. Fittes – M Coach)
- PAC Volleyball (J. Rozema, B. Davidiuk)
- PAC Basketball (B. Craddock, J. Baker)
- PAC Soccer (M. Fenger-Andersen)
- PAC Curling (M. Lizmore, D. Ferguson)
- PAC Swimming (D. Toth-Szabo)
- PAC Track & Field (W. Moerman)

The Faculty will partner with national and international stakeholders to deliver relevant undergraduate and graduate educational opportunities in both teaching and knowledge translation

- Partner with Volleyball Canada on the Volleyball Centre of Excellence
- Partner with Canada Soccer/Alberta Soccer on Women's Rex Program
- Partnership with Curling Canada on National Training Centre
- Partner with Tennis Canada on University/College Nationals
- Partner with Tennis Canada on Tennis Development Centre
- Partner with Basketball Canada on National Women's Team training
- Partner with Hockey Canada on Women's Hockey Pilot Project
- Partner with Wrestling Canada on National Training Centre
- Partner with Edmonton Stingers of the CEBL to create donation to a student-kinesiologist award/scholarship
- Owen Dawkins coaches internationally for Wrestling Canada
- Owen Dawkins is the Coaches Representative for Wrestling Canada
- Partnership agreement with the Canadian Sport Institute, Calgary
- Partnership with Alberta Sport Connection through ASDC, Capital Region
- Partner with Football Alberta on creation of Novice Football League
- Laurie Eisler is a committee member with Volleyball Alberta
- Laurie Eisler coached Team Canada at the 2019 Summer FISU Games
- Howie Draper coached Team Canada at U18 Women's World Championship

- Rob Krepps is Curling Canada National team coach

Legacy Nights:

Athletics hosted seven Legacy Nights for U of A Students to receive a food item at an event; 2 Golden Bears hockey games, 2 basketball games, 2 volleyball games & 1 Pandas hockey game. There were a total of 1,131 redeemed pieces of food & a total of 945 unique attendees through this promotion for U of A Students.

1.5 Faculty Strategic Priority: Differentiation through Innovation

The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.

In partnership with Educational Psychology, provide graduate course opportunities for sport psychology students.

Continued to grow and develop Green & Gold Sport System as an innovative and integrated programming system based on concepts of long-term athlete development, inclusive of Athlete Academy.

Translate the knowledge acquired through innovative approaches to the broader academic and professional community.

Varsity Health:

Introduction: Varsity Health is the primary medical services provider for Student-Athletes at the University of Alberta. Consisting of Athletic Therapists, Physiotherapists, Sport & Exercise Medicine Physicians, Student Kinesiologists and many other Allied Health Professionals, this group focuses on the health and wellness of Student-Athletes to allow them to perform both athletically and academically at the highest level.

Varsity Health Staff and Student Kinesiologists were involved in an international research study on the effectiveness of rehabilitation practices in concussion. Funded by the National Football League and implemented by the University of North Carolina, this research was completed by Golden Bears Football, Volleyball and Hockey along with Pandas Rugby, Volleyball and Soccer. This research opportunity was created at the

University of Alberta in part by Dr. Mrazik (Faculty of Education) and Dr. Naidu (Faculty of Medicine).

Golden Bears and Pandas Varsity Heath staff also work with various committees, including Sports Physio- Alberta Section, Athletic Therapy Association of Alberta, Canadian Athletic Therapy Association, Glen Sather Sports Medicine Clinic Committee, and the Concussion Alliance Committee.

Introduced Varsity Health Instagram in May of 2017. The account has grown to 652 followers in that time. Created for the promotion of Varsity Athlete health and wellness, the Student Kinesiology Program and Varsity Health.

In September 2017, introduced Varsity Health Awareness Campaigns. This initiative was created to bring information to Student-Athletes about general or sport specific health concerns and how to seek the appropriate assistance if required. Along with targeting Student-Athletes, these campaigns will be publicly displayed in an effort to assist and benefit the general student population, faculty, staff and the public. Varsity Health is committed to the highest level of care to those under its care. To date, 2 campaigns have been run (Testicular Self Examination and Concussion Recognition and Removal From Play).

Exemplary Student Experience

- 44 Applicants. 52% increase from previous athletic season
- 31 Student Kinesiologists involved with 17 Varsity Programs. 19% increase from previous athletic season.
- 29 of Exceptional Student Kinesiologist Awards handed out for the 2018-2019 Varsity Health Season.
- 4 Block A Recipients and 1 Honorary Block A Recipient

Access to Varsity Health Services for Student-Athletes

- Average waiting time for clinical assessment/treatment is ~12 hours
- Average waiting time for Varsity Injury Management Clinic appointment is ~24 hours
- 2079 Appointments for clinical treatment or assessment for Varsity Athletes between August 1, 2018 to July 31, 2019. This is a 28% increase from the previous year.
- 532 Varsity Injury Management Clinic appointments were scheduled between August 1, 2018 to May 31, 2019. Data is not available from the previous year.

Community Links

- Staff members in the community at high schools, junior highs, school boards and community events promoting health and safety in sport, Athletic Therapy, Kinesiology, Golden Bears and Pandas, FKSR and the University of Alberta. Approximately 10 appearances, all volunteer, in 2018-2019.

Mental Health Services

- Applied screening for student-athlete mental health
- Collaborated with faculties and campus resources to assist Student-Athletes with access to Mental Health Services

Summary of Research Activity and Products:

Joel Jackson M.Sc., CSCS

- Jackson, J. (2019). Jump monitoring – Thoughts & action plan.
- Jackson, J. (2019). Making sense of the NHL fitness testing combine results.
- Dr. Gordon Bell and Joel Jackson are discussing the possibility of publishing research around an on-ice repeated sprint assessment.

Sean Baynton M. Sc.

- Grant Applicant + Study Coordinator with Dr. Amber Mosewich & Dr. Ada Valevicious - November 2019 through June 2020.
- $30,000 MITACS grant for the hire of Dr. Valevicious as a post-doc to conduct several experiments looking at the intersection of coaching, sport psychology, and biomechanics.
- The Varsity XC team will be participants in this study as well.
- Participant - September 2019 - U-Alberta MCoach candidate Craig Hordal
- Myself + Tyler White (MCoach student) participated in Craig's research study in the area of youth development. Interview & focus group based.
- Participant - March 2019 - University of York PhD candidate Alix Krahn
- Interview based participant in a research study focused on full time coaches in Canadian University working environments.

Brandon Brock, MCoach student

- Craig Marshall and I are working with Jim Denison for our Capping project to create knowledge products using the Constraints Led Approach in coaching.

Laurie Eisler, M. Sc.

- Dr. Javier Pena did an extensive research project with the Pandas Volleyball team from January to March 2019. The abstract entitled "Relationship between readiness indicators, training loads and fatigue in collegiate female volleyball athletes" – has been accepted as a poster presentation for the upcoming "IOC World Conference on Prevention of Injury & Illness in Sport" to be held in Monaco from 12 to 14 March 2020. The abstract will also be published electronically in the British Journal of Sports Medicine to coincide with the conference.
- Laurie Eisler a participant in a research study at the University of Regina in September
- did a 45 minute interview with a Ph.D. Candidate (Erin Harris) on debriefing.
- The Pandas Volleyball team and club athletes supported the research that Dr. Amber Mosewich conducted in March of 2019 on athlete wellness.
- The Pandas Volleyball club athletes supported the research on Parenting in Sport that is being conducted by Helene Jorgensen Ph.D Candidate with Dr. Nick Holt.

Isabel Ormond, Ph.D. Candidate

- Currently writing a manuscript on my Parent-coaches for an MCoach capping project.
- In discussion to work with Dr. John Dunn on a study next semester.

Ben Gallaher, Associate Director, Green and Gold Sporty System

- Supporting Athlete Psychosocial Development: A Longitudinal Study of Psychological Skills, Resilience and Well-being (Amber Mosewich)
-We are actively supporting this study. Klaudia and I are collaborators. We are working to register as many Green & Gold Sport System athletes as possible.
- Modifiable Factors that Compound Risk for Osteoarthritis (Jackie Whittaker). This is a knee study. We sent information regarding the study to our Academy athletes in our most recent newsletter with Matt Yaworski serving as an initial contact for anyone who might be interested.

Profiling Project Study

-Klaudia Sapieja is working on determining whether a formal study may be possible related to the Mental Profiling project she's been delivering for the varsity teams over the past 2 seasons.

Fitness Testing Data Study

-An ethics application is open, but still contemplating the best use of the data.

Klaudia Sapieja, M. Sc.

- Currently helping facilitate Dr. Amber Mosewich's longitudinal study - the objective being to examine the trajectories of change in psychosocial skills, resources, resilience, and well-being among adolescent athletes participating in a LTAD-based program over a multi-year period spanning stages of athlete development (within the Green & Gold Sport System).
- Also going to be part of potential future study with Dr. John Dunn and Dr. Mick Lizmore titled "Developing a Mental Skills Inventory for Teams and Individuals in Intercollegiate Sport". This is part of the profiling project that I'm working on with varsity teams/coaches, and would like to do some research on it in the near future.

Michael Cook, M. Sc.

- Involved in a study with Dr. Samer Adeeb (from the Faculty of Engineering) as a Principal Investigator.
- A contributing author on one of Dr. Amber Mosewich's projects.

Martin Andersen, MCoach

- Helped an MA student named Lydia Sokol with her thesis project. She came out to our Spring Academy sessions and viewed some of our coaches and interviewed some players as part of her data collection (May-June 2019).

Brock Davidiuk. MCoach

- Facilitation of work by James Orton, MCoach student.

1.6 Faculty Strategic Priority: Collaboration and Integration

The Faculty will focus on the clear articulation and development of the "Alberta Model", which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.

Sport Abbreviation Legend:

Sport	Golden Bears	Pandas
Basketball	GBB	PBB
Cross-Country	GBXC	PXC
Curling	GBCurl	PCurl
Football	GBF	-
Hockey	GBH	PH
Rugby	-	PR
Soccer	GBSOC	PSOC
Swimming	GBSwim	PSwim
Tennis	GBT	PT
Track and Field	GBTF	PTF
Volleyball	GBVB	PVB
Wrestling	GBW	PW

U SPORTS/ National Competition

U SPORTS/National championships	1	PT
U SPORTS/National championship silver	1	GBH
U SPORTS/National championship bronze	3	GBCurl, GBW, PVB
Individual U SPORTS/National Championship Medals	15	
U SPORTS All-Canadians	29	
Academic All-Canadians (2018/19)	162	
Academic All-Canadians (2018/19)	170	U SPORTS + tennis
Teams Ranked In U SPORTS Top 10	14	GBB, GBH, GBSOC, GBSwim, GBTF, GBVB, GBW, PXC, PH, PSOC, PSwim, PTF, PVB, PW
Teams Ranked No.1 in U SPORTS	4	GBH, PH, GBW, PW
Teams at National Championship Events	16	PH, GBH, GBW, PW, PT, GBT, PCurl, GBCurl, PVB, GBVB, GBB, GBXC, GBTF, PTF, GBSwim, PSwim
U SPORTS/National Championship MVPs	1	PT – Tereza Simonova
U SPORTS Championship All-Stars	5	PH 1, GBH 2, PVB 1, GBVB 1
U SPORTS Athlete of the Year (Team Sports)	2	GBH – Luke Philp PH – Alex Poznikoff

U SPORTS Athlete of the Year (Individuals Sports)	1	GBTF – Austin Cole
U SPORTS Defenceman of the Year	1	GBH – Jason Fram
U SPORTS/National Coach of the Year	2	PH – Howie Draper PT – Ivan Quintero
U SPORTS Rookie of the Year	1	PW – Katie Mulkay
U SPORTS All-Rookie selections	2	GBB 1, GBH 1
U SPORTS Student-Athlete Community Service Awards	1	GBTF – Spencer Allen

Canada West Conference/Regional Competition:

CW/Western Regional Championships	7	GBCurl, PCurl, GBW, GBH, PH, GBT, PT
Top 3 CW/Regional finishes	5	PSwim, PW, PTF, GBTF, PVB
CW All-Stars	60	
CW MVP/Player of the Year	4	PW, GBH, PH, GBTF
CW Scoring Title (MHKY)	1	Luke Philp
CW Scoring Title (WHKY)	1	Alex Poznikoff
CW Coach of the Year	5	GBSOC – Martin Fenger-Andersen GBCurl – Rob Krepps PCurl – Garry Coderre GBW – Owen Dawkins PH – Howie Draper
CW Rookie of the Year	3	PW – Katie Mulkay GBB – Adam Paige GBH – Grayson Pawlenchuk
CW All-Rookie Selections	5	GBSOC, GBB, GBH, PH, GBVB
CW Defensive Player of the Year	1	GBB – Dwan Williams
CW Student-Athlete/Community Service Awards	2	GBH – Riley Kieser GBTF – Spencer Allen
CW Most Outstanding Defenceman (HKY)	1	GBH – Jason Fram
CW Tracey MacLeod Nomination	1	PBB – Brooklyn Legault

2018-19 Academic All-Canadian stats:

- 170 total University of Alberta Academic All-Canadians
- 162 U SPORTS AACs – *School Record*
- The Faculty of Kinesiology, Sport and Recreation had the most recipients with

42

- The Faculty of Science had the second most (29)
- The Faculty of Engineering was represented by 21 recipients, which was a new Faculty record.
- Three Pandas teams also set program record for most AAC's, including Pandas Basketball (8), Pandas Hockey (16) and Pandas Soccer (17).
- The University of Alberta is the first school in Canada to reach 3,000 all-time Academic All-Canadians. Following the 2018/19 academic year, the Bears and Pandas have had 3,069 AAC's.
- Track and Field had the single biggest sport (men's and women's combined) representation with 30 AAC student-athletes.
- Golden Bears Track and Field had the single biggest team amount of AAC student-athletes with 19

2.0 Green & Gold Sport System

Camps and Programs

In 2018-2019, the Green & Gold Sport System focused on improving camp programs during the summer months while growing and refining school-based programs during the school year. The launch of the Faculty of Kinesiology, Sport, and Recreation's new recreation management system, Intelli, provided an opportunity to improve both the administration of our programs as well as the customer service experience for our participants.

Green & Gold Sport Camps registered close to 3000 participants during the summer months and employed approximately 90 coaches, including many current Varsity Athletes and Faculty of Kinesiology, Sport, and Recreation students. Camp programming continued to emphasize the importance of multi-sport participation and the development of fundamental movement skills. A pair of sport psychology coaches joined the summer camp staff to facilitate the inclusion of age-appropriate life skills in camp curriculum.

School programming was highlighted by the addition of a female hockey training group in the Green & Gold Athlete Academy. Significant efforts were made to prioritize academic achievement for the student-athletes enrolled in the academy by streamlining the modules covered in the Performance Seminars. The Riverbend Sports Performance Program continued to provide opportunities for junior high student-athletes to improve their overall athleticism and learn the fundamental skills associated with strength and conditioning. The multi-sport portion of the program exposed the participants to a

variety of sports and led to a number of cases of engagement in the sport beyond the initial exposure they received through the program.

Green & Gold Sport System staff continued to work with a number of Golden Bears and Pandas Varsity Teams to assist with the administration, marketing and management of their pre-varsity programs, camps, clubs and teams. This work contributed to the broad impact being made in the local sport community by our teams and programs.

Programming statistics can be found below:

2018 Green & Gold Sport Camps (Summer) Registrants by LTAD Stage:

LTAD Stage	Number of Camps	Number of Different Sports	Number of Registrants	Gross Program Revenue
Active-Start (Ages 3-5)	8	1 – Sportball	102	$ 16,966.00
FUNdamentals (Ages 6-8)	34	8 – Multi-Sport, Basketball; Climbing; Curling; Hockey; Soccer; Tennis; Run, Jump, Throw	839	$ 244,719.00
Learn-to-Train (Ages 9-11)	48	11 – Multi-Sport; Basketball; Climbing; Curling; Flag Football; Hockey; Soccer; Tennis; Track & Field; Volleyball; Wrestling	1246	$357,968.00
Train-to-Train (Ages 12-14)	32	10 – AIM Sport Leadership; Basketball; Climbing; Curling; Flag Football; Soccer; Tennis; Track & Field; Volleyball; Wrestling	777	$219,066.00
Train-to-Compete (Ages 15-17)	1	1 – AIM Sport Leadership	24	$7,800.00
Total	**123**	**13**	**2988 (1844 Males, 1144 Females)**	**$918,519.00**

2018 Green & Gold Sport Camps (Summer) Coaches:

Number of Coaches	University Faculties	Varsity Athletes & Coaches
89 Coaches	6 Faculties (Kinesiology, Sport, and Recreation; Agricultural, Life and Environmental Sciences; Arts; Education; Engineering; Science) (30 KSR Undergrad and Graduate representatives)	63 Athletes 5 Assistant Coaches

Green & Gold Sport System School Programming 2018-2019 Participants:

Program	Number of Participants	Gross Program Revenue
Riverbend Sports Performance (Grades 8-9)	63	$44,383.94
Green & Gold Athlete Academy (Grades 10-12)	35	$114,024.22
Total	**98**	**$158,408.16**

Green & Gold Sport System School Pre-Varsity Programming 2018-2019 Participants:

Program Period	Varsity Teams Using Intelli	Number of Participants	Gross Program Revenue
2018 Spring	1	143	$ 7,150.00
2018 Summer	6	592	$ 68,550.00
2018 Fall	5	309	$ 49,445.00
2019 Winter	5	901	$ 231,240.00
Totals	**6**	**1945**	**$ 356,385.00**

Performance Services

Performance Services is comprised of Varsity Athlete Health, Sport Conditioning, Mental Training, Fitness Testing, and Sport Nutrition. These areas of sport science service both internal (Bears and Pandas Varsity, Green & Gold Athlete Academy/School

Programming, Junior Bears and Pandas Clubs) and external sport organizations (National and Provincial Sport Organizations) in a variety of ways.

Internally, Bears and Pandas Varsity athletes were supported with ongoing Sport Conditioning, Mental Training, Fitness Testing Varsity Athlete Health, and Sports Nutrition services. Each of these areas supported our athletes in unique delivery methods that strived to help our athletes and coaches maximize performance with applied sport science strategies.

98 athletes from our School Programming (Athlete Academy, Riverbend Junior High) and 234 Junior Bears and Pandas were supported with Sport Conditioning, Mental Training, Fitness Testing and Sports Nutrition services.

Finally, Performance Services supported our Green and Gold Speaker Series and Train the Trainer Initiative to offer sport science workshops for our Varsity Head Coaches, Assistant Coaches and MCoach Students.

Undergraduate Learning

- The Sport Performance Centre provided 7 undergraduate student placements within various areas of sport science along with 4 MCoach students (Matt Yaworski, Gord Pharnell, Tommy Gingras, and Eric Golberg) in the area of Sport Conditioning.

ASDC Capital Region

Through the unique partnership between ASDC Capital Region and ASDC Calgary Region, multiple Provincial Sport Organizations were supported with sport science services. Provincially, we supported 416 athletes in the following sports with a combination of fitness testing, strength and conditioning, mental training and nutrition from our own service providers:

- Alpine Alberta, Curling Alberta, Figure Skating Alberta, Ringette Alberta, Alberta Soccer, Special Olympics Alberta, Volleyball Alberta, Weightlifting Alberta.

Locally, ASDC Capital Region supported the following training groups with a variety of sport science services through year-long partnerships:

- Canada Soccer/Alberta Soccer Regional Excellence Program (Female) - 20 athletes
- Volleyball Canada Regional Excellence Program - 48 athletes
- Capital Region Training Group - Cross Country Skiing - 7 athletes
- Special Olympics Alberta – 64 Athletes

ASDC Capital Region also partnered with the Canadian Sport Institute Calgary to host and provide sport science support at the RBC Training Ground event which took place at Foote Field in April 2018. A total of 98 athletes, aged 14-24 years were tested and a number of these athletes were former Bears and Pandas Varsity athletes.

D. Campus & Community Recreation

General

The role of Campus & Community Recreation is to support our communities (students, staff, Faculty and community members) to explore and enhance their physical, mental, social, emotional and spiritual well-being through physical and social activity. We strongly believe in the power of recreational activities to support these needs.

The impact of Campus & Community Recreation on our communities is immeasurable. From student employment opportunities to physical and social programming, CCR engages and develops skills for students that will last a lifetime. Working for and/or participating in CCR program opportunities has changed the course of lives, including career choices and healthy social relationships.

Campus & Community Recreation operates and maintains a variety of sport and recreation facilities that serve both the campus community and the broader Edmonton community. The unique facilities located on the University of Alberta campuses are world-class in their nature and play a significant role in the event hosting capabilities of the University and the City of Edmonton.

Campus & Community Recreation has five primary functions:

1. **Program Delivery** – Campus & Community Recreation offers a variety of sport, recreation and wellness programming from an introductory level to elite athlete development. We offer a vast array of programming including:
    - Aquatics
    - Climbing
    - Club Sports
    - Curling
    - Dance
    - Fitness Leadership Certification
    - Group Exercise
    - Intramurals
    - Wellness

- Martial Arts
- Outdoor Programs
- Personal Fitness Training
- Fitness and Health Assessments
- Sport Skills
- Special Events
- Sport Performance
- Tennis
- Work Physiology Testing

The focus of these programming opportunities is to inspire students, staff, faculty and community members associated with the University of Alberta to engage in healthy, active living on a daily basis and reach their full potential.

Example: Annual Campus & Community Recreation Budget expenses: Over $11 million annually

2. **Facility Management** – Facility Management encompasses the operational functions of the Faculty's specialized facilities including:
    - Artificial Turf Field – Foote Field (Outdoor and Indoor Dome) and Lister Field
    - Aquatics Centre – Van Vliet Complex
    - Beach Volleyball Courts – Lister Field
    - Clare Drake Arena – Van Vliet Complex
    - Curling Rink – Saville Community Sports Centre
    - Fitness Centres – Hanson Fitness & Lifestyle Centre (Van Vliet Complex); Saville Community Sports Centre
    - Gymnasiums, Studios and Multi-purpose rooms – North and South Campus
    - Sport Performance Centre – Saville Community Sports Centre
    - Labs, Research Spaces, Classrooms, and Offices – North and South Campus
    - Premier Grass Field – South Campus
    - Outdoor Track – Foote Field

- PAW Centre – Van Vliet Complex
- Tennis Centre – Saville Community Sports Centre; Outdoor Centre – Michener Park
- Universiade Pavilion – Van Vliet Complex
- Wilson Climbing Centre – Van Vliet Complex

The Campus & Community Recreation unit provides a safe, efficient environment to enhance the day to day experience for faculty, staff and students at the University of Alberta. Roles of staff members range from facility maintenance and upkeep, to facility allocation and program development and delivery.

Example: The Campus & Community Recreation unit manages over 800,000 sq.ft. of space on two campuses.

3. **Client Engagement** – The client engagement unit of Campus & Community Recreation provides service and support to internal Faculty of Kinesiology, Sport, and Recreation (KSR) clients (academic and non-academic) as well as to external clients (other faculties and the community). Client Engagement is comprised of:

    a. Customer Service Centre and InfoDen – The Customer Service Centre (CSC) and InfoDen provide both online and in-person customer service, processing registrations and financial transaction services through the recreation management software system. The CSC and InfoDen provide a variety of services for KSR including:
        i. Recreational, fitness & youth program registrations (including camps)
        ii. Varsity merchandise sales
        iii. Intramural registrations
        iv. Club sports registrations
        v. Facility contract payments
        vi. Firefighter testing fees
        vii. Academic Lab Fees
        viii. Academic and conference registrations

    The CSC and Infoden administer well over 33,000 transactions and $3.8 million annually. This high volume area provides 60+ hours of customer

service per week and serves as a general point of information for sporting events, recreation programs and online access.

b. Facility Services – Facility Services functions as an important hub for all Van Vliet Complex facilities and activities. Services provided by this unit include:
    i. Oversight of facility usage including facility security and monitoring;
    ii. Support for special events including equipment and facility set up and take down;
    iii. Facility membership sales;
    iv. Locker, towel and equipment rental, pro-shop sales
    v. Laundry service;
    vi. Mail sorting and delivery;
    vii. Equipment maintenance and repair;

c. Facility Allocation, Bookings and Events – The facility allocation, bookings and events unit is responsible for the allocation and booking of space in the Van Vliet Complex, Saville Community Sports Centre, Foote Field, Lister, Corbett and Varsity Fields. Along with KSR internal facility users, external users often book the larger spaces for local, provincial, national and international special events such as trade shows, conferences, and sporting events. A great deal of care is taken in facility allocation to ensure equitable and consistent space allocation and facility bookings. Staff members work closely with event organizers to facilitate and organize facility and equipment details, delivering exceptional event services for which the faculty has long been noted.

d. Recreation Management Software (RMS) – The recreation management software system is used to manage a multitude of functions within KSR. Working with all areas within KSR, the RMS staff oversee software maintenance, data input, online registration, memberships, facility booking, payment processing, financial interface with the University, staff training, accounting and reporting, including future developments and upgrades. A high level of risk management is needed in the management

of this system as it contains personal information of all clients and annual financial transactions of over $7.2 million. An annual budget of $225,000 supports the maintenance and upgrades to this system.

The RMS department successfully implemented a new Recreation Management Software system called Intelligenz from Intelligenz Solutions Inc. based out of New Zealand and Australia. A software upgrade was done in January 2019 with a payment upgrade completed in February 2019.

The RMS Department implemented a new blended learning model for staff training in Intelli. All staff users of Intelli now have an online component to their training. This includes Intelli Basics and PCI Compliance training. Staff that have additional responsibilities within the Intelli System, including payments, registration, memberships and bookings, attend an 1-3 hour in-person training with the RMS Training Coordinator. Throughout the 2018-19 year, almost 600 hours of training was provided to over 200 KSR staff. This training is essential to ensure database integrity and to ensure all users are able to use this important tool effectively and efficiently.

Example: Over 131,000 hours of bookings are coordinated through the Bookings/Events
Facilitators on North Campus

4. **Facility Planning and Development** – The Campus & Community Recreation unit leads the planning and facility development functions for new Faculty buildings as well as large scale upgrades. We liaise with University Architects and planners to ensure the current and future needs of the Faculty are met. This planning process will encompass both long and short term planning cycles. We provide expertise in developing facilities to meet the requirements for research, teaching and programming.

Example: An $8 million renovation to the Van Vliet Complex change rooms began in late 2018 to improve facilities that were originally constructed over 50 years ago. The project is anticipated to complete construction in April 2020.

5. Partnership/Relationship Fulfillment – The Faculty enters into a variety of partnerships to provide programming and develop new facilities, Campus & Community Recreation endeavors to build and maintain relationships with each new partner group.

   Example: The City of Edmonton and the University have agreed to a Community Use Agreement for Foote Field which continues a long-standing arrangement to share the Foote Field facilities with Edmonton community groups.

Due to the nature of our many roles, Campus & Community Recreation touches many aspects of our Faculty. Campus & Community Recreation's goal is not only to successfully manage our own facilities and programs but to be a key partner in the success of each of the other Faculty units.

Campus & Community Recreation: Vision, Mission & Values

Campus & Community Recreation Vision Statement

Inspiring and empowering exceptional life experiences through recreation, sport and wellness.

Campus & Community Recreation Mission Statement

Facilitate and deliver leading-edge programs, events, services and facilities for our communities.

Values and Principles

Leadership

- Each employee has the responsibility to lead and makes daily decisions to live our values.

- To demonstrate leadership through our daily actions.

Collaboration

- Each employee makes valuable contributions to the success of Campus & Community Recreation.
- To strengthen our collective impact we share our passion, knowledge and time with other members of our community.

Kaizen

- Each employee seeks opportunities for continuous improvement in all aspects of work and self.
- To improve our current practices we use all resources available to us.

Civility

- Each employee has the responsibility to communicate and act in a respectful, non-judgmental manner.
- To facilitate relationships and common understanding among diverse people we seek to create an environment that is considerate and respectful.

Inclusiveness

- Each employee treats our various community members with grace and honor.
- To foster an open community, we are welcoming to all.

Campus & Community Recreation: Staff

With over 80 full-time people working in a vast array of areas, Campus & Community Recreation staff touch every aspect of the Faculty. From teaching in undergraduate classes to instructing non-credit recreation and leadership development courses, and maintenance and supervision of specialized recreation facilities CCR staff engage with students, staff and the community on a daily basis and directly impact the client experience by creating safe, clean, and efficiently run programs, events, services and facilities.

Campus & Community Recreation staff are knowledgeable experts in their field of study and have a passion for the development of community within the campus.

Education:

- 10 Master's Degrees
- 50 undergraduate degrees
- 4 Certificates in various disciplines
- 1 staff member on Facilities Development Committee of the University
- 1 staff member on the Joint Workplace Health and Safety Committee of the University
- 1 staff member on the Environmental Health and Safety Senior Administrators Committee
- 1 staff member on Alcohol Review Policy Committee of the University
- 1 staff member on the University of Alberta United Way Campaign Committee
- 1 staff member on the NASA Equity & Diversity Committee
- 1 staff member on the Pride Stakeholder's Committee
- 1 staff member on the Emerging Leaders Program Team
- 1 staff member on the Alberta Student Leadership Summit committee
- 1 staff member on the EDI Award Selection Committee
- 1 staff member on the International Day for Persons with Disabilities Committee (IDPD)
- 1 staff member on the Campus Clean Air Strategy Working Group
- 2 staff members on the University Office of Emergency Management Committee

Campus & Community Recreation staff members are passionate about their role in enhancing the student and staff engagement in University of Alberta. The CCR staff team has a strong balance of experience and new, innovative thinkers.

Years of Service:

0 – 5 Years of Service	34 employees
6 – 10 Years of Service	17 employees
11 – 15 Years of Service	9 employees

16 – 20 Years of Service 6 employees

21 – 25 Years of Service 2 employees

25 + Years of Service 5 employees

Staff completed continuing education credits, presented and attended development sessions with the following areas:

- Alberta Fitness Leadership Certification Association
- Alberta Recreation and Parks Association
- ARPA/CACUSS Webinars
- Athletic Business Conference
- Campus Alberta Health Forum
- Canadian Society of Exercise Physiologists
- Canadian Sport Tourism Conference
- Civility & Respect in the Workplace
- Collegiate Sport Clubs Institute
- EHS Supervisory Training
- Fire Warden Training
- First Aid and CPR
- IDEA
- McMaster University Online course in Evidence Informed Public Health
- Mental Health First Aid
- National Strength and Conditioning Association
- NIRSA Canada West Conference
- NIRSA Canada Conference
- NIRSA Collegiate Recreation
- NIRSA Recreation Leadership School
- International Federation of Sport Climbing
- ITF Canadian U18 Tennis Championship
- Question, Persuade, Refer Training
- Respect 101
- Risk Management for Club Sports
- Risk Management for Recreation Professionals
- Faculty Risk Symposium

- Student Affairs Assessment Institute
- UA Advantage Program
- UA Customer Service level 1
- UA Facilitative Leadership Program
- UA Gold College
- UA Sexual Violence Prevention
- UA Supervisory Leadership Program
- University of Calgary workshops
- University of Saskatchewan Course on Indigenous Wellness
- Workplace Mental Health and Wellness for Managers and Supervisors

Awards/Recognition:

CCR received an Honorable Mention in the Operations Category - Campus Sustainability Leaders Award. This award is to recognize the contributions of those helping meet the University of Alberta's sustainability goals. In celebration of Earth Day, an annual award is granted to those in the university community demonstrating their commitment to sustainability. Winners exemplify the University's continuing efforts to build a socially, environmentally and economically sustainable future for our institution. They are leading the way in how our campus operates, the services we provide, the way we teach, and strengthening the fabric of campus life and community.

The Customer Service Centre achieved Green Spaces Gold certification from the Energy Management and Sustainable Operations department at the University of Alberta. The Green Spaces for Offices certification program helps offices adopt sustainable practices and to recognize their involvement in sustainability on campus. Green Spaces Gold is the highest level of certification in the program. One main initiative was committing to transitioning from paper waiver and informed consent forms in an effort to reduce and eliminate paper.

Campus & Community Recreation: Marketing and Promotions

Campus & Community Recreation (CCR) updates and seeks feedback on current and new programs through the following student groups that represent a diverse number of UA Faculties and Departments:

- Alberta Student Leadership Summit Conference
- First People's House
- Heroes for Health
- Healthy Campus Unit
- Orientation Network Committee
- Week of Welcome Committee
- Recreation Action Committee
- Intramural Sports Council
- Institute for Sexual Minority Studies and Services
- Club Sports Council
- Campus Recreation Enhancement Fund Committee
- Athletic and Recreation Fee Policy Advisory Committee
- PAW Strategic Operating Committee
- Residence Services
- Student Wellness
- Students' Union Student Groups Office
- The Landing
- Customer Focus Group meetings

Social Media:

- CCR Instagram(@UofARec) – 1630 followers
- CCR Facebook (@UofARec) – 3800 followers, 3655 page likes
- CCR Twitter (@UofARec) – 1900 followers
- Saville Community Sports Centre Website – 541,606 visits annually
- Saville Community Sports Centre Website – 1 minute 20 sec. average time spent on site
- Saville Community Sports Centre Twitter followers – 809 and 88,071 impressions
- Saville Community Sports Centre Facebook account – 1026 "likes" (9% increase)
- Saville Community Sports Centre Instagram account – 485 followers

- Saville Community Sports Centre Tennis Twitter Account- 128 Followers
- University of Alberta Fitness Facebook – 1,344 followers, 1,285 page likes
- UAlbertaFitness Instagram – 1,128 followers
- Wilson Climbing Centre Facebook - 2,446 page likes
- Wilson Climbing Centre Facebook - 2,553 follows
- Wilson Climbing Centre Instagram – 1,537 followers
- Saville Curling Twitter Account (@CurlingSaville) - 37 followers
- Saville Curling Instagram Account (@SavilleCurl) - 184 followers
- Saville Facebook Page (Saville Curling) - 56 likes

CCR produces 3 program guides annually – Spring/Summer; Fall and Winter. The purpose of these guides is to provide a comprehensive description of program and facility opportunities on both north and south campus. The guides serve as the primary promotional tool for these programs and facilities. Throughout the year, the program guide information is augmented by posters, SUTV posts, social media posts and website information. Fall 2019's *digital* guide launch marks the first time its distribution has become completely paperless. Accessible for download on CCR'S Activity Registration website, this new medium intends to accommodate a growing trend in the way consumers access and share information — online. This marked transition substantially reduces annual print costs, saves paper, and reflects a more environmentally conscious approach to CCR's promotional tools and communication initiatives.

Work continues on the production of the third, Campus & Community Recreation Report to the Community. The purpose of the Report was to provide an understanding of the impact of Campus & Community Recreation. The report highlighted several students, staff, faculty and organizations that have been directly impacted by their contact with Campus & Community Recreation.

Campus & Community Recreation: Resource Management Allocation

Primary sources of income include:

- Program Registration - $1,145,956.54
- Facility Rental and Extra Fees - $2,707,133.35
- Membership sales - $1,895,468.41
- GO Partner Contributions - $1,151,991.00
- Miscellaneous sales - $1,654,771.71

Sponsorship/Advertising Opportunities – cash value approximately: $55,000 + annually

- Big Rock Breweries – cash and promotional items
- Hattricks Restaurant – cash and in-kind items
- Curling Ice Sheet logos – cash and in-kind items
- Digital board and printed advertising sales
- Sherlock Holmes Pub – gift cards and in-kind items
- Garneau Chiropractic - in - Kind Items
- Red Bull - in kind items
- Running Room - in kind items

Student Fees for Athletic and Recreation – Athletic and Recreation Fee

Mandatory Non-Instructional Fee

The University has three mandatory non-instructional fees including the Athletics and Recreation fee; Student Health and Wellness fee; and Student Academic Support fee.

Athletics and Recreation Fee

The fee supports the provision of recreation, sport and wellness services, access to recreation and sport facilities and the administrative support for these services that benefit students, including varsity athletics, group exercise, intramural sports, instructional recreation, special events, sport clubs, personal training, sport development and recreation facility access including swimming

pools, arena, climbing centre, fitness centre, pavilion, squash courts and gymnasia. This fee is assessed to all on-campus graduate and undergraduate students, full-time and part-time, through the UA Registrar's Office.

2018-19 Athletic and Recreation Fee

$82.00 per Full-time On-Campus student per Fall and Winter term

$41.00 per Part-time On-Campus student per Fall and Winter term

2018-2019	Athletic & Recreation Fee
Athletics	$3,384,373
Campus & Community Recreation	$2,246,863
LiveWell	$ 140,000
Fund Development	$ 99,855
Total	$5,871,091

Campus Recreation Enhancement Fund – Students' Union Dedicated Fee:

To be distributed to undergraduate student groups for the purpose of ensuring that programs, equipment, and facilities offered by the University of Alberta Campus & Community Recreation and Student Clubs remain high quality, diverse, convenient, accessible and affordable to undergraduate students.

2018-19 Campus Recreation Enhancement Fund Fee and Distribution

$4.16 per student per term - $349,385 allocated to thirty-eight programs and student groups.

Campus & Community Recreation: Programming and Facility Management

Environmental Health, Safety and Risk Management:

The Faculty Environmental Health, Safety and Risk Management committee continued to grow its accomplishments in 2018-19. The presence of the committee has raised awareness of the safety culture within the Faculty.

The 2018-19 Committee Year Plan is outlined below:

Goal	Measurable	Outcomes
Hazard Assessment	Identifying high risk activities and spaces within KSR and assessing hazards with the HAWA app	Focus on Aquatics and Climbing as high risk areas. Areas assessed and included in HAWA.
Working Alone policy/procedures review	Review UofA Working Alone procedure and implement procedure in KSR units	Review completed and implementation initiated in specific units within CCR.
Graduate Student Risk Presentation	Risk management and safety practices presentation for KSR graduate students.	Delivered during grad student orientation.
Update all KSR and CCR job descriptions to include supervisory training	Job Fact Sheets and Position Descriptions will include language to outline the positions role in safety.	All CCR Job Fact Sheets and Position Descriptions include language to support safety role.
100% Supervisory Training Completion for KSR	All identified supervisors within KSR and CCR to have completed supervisory training by September 2018	100% CCR staff and most athletics staff have completed training. Academic staff continue to register for training.
KSR Risk Symposium	Develop a KSR risk symposium	Delivered in June 2019
Club Sports Code of Conduct	Creating student athlete code of conduct protocols and training program for Club Sport participants	Ongoing process.

Aquatics Centre:

The Aquatics Centre houses two large indoor pools which are used for a wide variety of programming and are open for use by students, staff, Faculty and community members.

It serves as a Provincial Training Centre for LifeSaving Society and offers learn-to-swim classes for children and adults; lifesaving, lifeguarding, instructor, CPR and First Aid certifications and recertification courses. Additionally, Aquatics also offers recreational swim and aquatic fitness classes.

- 43.5 hours per week for recreational student drop-in use through Athletic & Recreation fee access, approximately 48,050 (64% students);
- Aquatics Programs offered – 278; Run – 178 (64%)
- Aquatics Program registrants – 1,246 (44% students)
- Fill rate of aquatics programs – 69.3%
- First Aid & CPR programs – Offered – 114; Run – 89 (77%)
- First Aid & CPR registrants – 1236 (68% students)
- Fill rate for First Aid & CPR - 86%

Clare Drake Arena:

Located on North Campus, the Clare Drake Arena is the home of the Golden Bears and Pandas Varsity hockey teams and numerous Campus & Community Recreation programs. The arena is available on a weekly basis for programs such as "ice skating (learn to skate)", "stick and skate" and "drop-in skating". In addition, many hard-fought games of Intramural hockey are contested throughout the academic year. Clare Drake Arena is the hockey "field of dreams", named after legendary coach Clare Drake who led the Golden Bears hockey program for many years.

- Over 240 hours per year for recreational student drop-in skating and "stick and skate" use through Athletic & Recreation fee access, with more than 3,500 drop-in visits between September, 2018 and April, 2019;
- The Arena hosts almost 565 hours per year of Intramural hockey and student sport club use;
- More than 40 hours per year are available for "learn to skate" and conditioning programs;
- 2 times per year a "Red Eye" ice tournament is hosted.
- A "Learn to Sledge Hockey" clinic was hosted in March, 2019

- A Santa Skate was held in December and was attended by more than 65 skaters
- The Olde Tyme Skating Party was held in March, 2019, with live music from the University of Alberta Concert Band. More than 65 skaters participated in this event

Club Sports:

The Club Sports program is designed to meet the recreational and competitive needs of the University of Alberta student community in a wide variety of sport and recreation activities. Student interest and dedication will lead to the development of Club Sports that will further students' extra-curricular and leadership experiences at the University of Alberta. Club Sports consists of 26 clubs, both competitive and recreational. All clubs are student-led, student-focused and student-delivered, each electing a student executive team to make decisions and lead the club. Clubs vary in their activities from holding intra-club tournaments/competitions; to local showcases, trips and competitions; while some compete on a national and international level, all representing the University of Alberta. The Program strives to provide a sustainable, fiscally responsible and engaging group structure while fostering student leadership, development and inclusivity.

SEE the end of this section for a complete list of student clubs and activities.

- Memberships
  - Spring/Summer: 148 (111 Students, 37 non-students)
  - Fall (Sept- April): 1,718 (1,476 students, 242 non-students; 1,593 unique)
  - Winter (Jan – April): 268 (217 students, 49 non-students; 246 unique)
- Events – Off Campus Events
  - Bollywood Dance Club - Students' Association Diwali event
  - Cheer Team – USA All-Star Championship, Pride Parade, K-Days Parade
  - Dance Team – Edmonton Oil Kings game performance, Ranch Performance Fundraiser
  - Lacrosse Club – Harvest League Games

- Outdoors Club – Over 40 trips across Alberta, BC and California
- Rowing Club – Calgary and Victoria BC regattas; Canadian Rowing Championships
- Scuba Club – Narrow Lake clean up; Diving Trip
- Squash Club – University Collegiate Squash Championships
- Swim Club – Edmonton Masters Swim Meet, Foothills Masters Swim Club 25th Annual Swim Meet, Making Waves 18th Annual Sprint Meet
- Synchro – Westerns – Calgary, AB
- Triathlon Club - X-Country Ski Night
- Ultimate Club – Prairie Nationals, Frostbite Open, A4UC (Alberta 4v4 Championship
- Water Polo Club – Seattle Open – Seattle, WA

Cooperative Programming:

Campus & Community Recreation delivers recreational programs and services in collaboration with other areas of the University of Alberta, such as the First Peoples House, Students' Union, Dean of Students Office, University Health and Wellness, Residence Services, International Student Services, International Centre, CAPS, On-Campus, The Landing and Health Promotion and Worklife Services.

Curling:

One of the crown jewels of sporting facilities, located within the Saville Community Sports Centre, the curling facility offers a range of programming and training opportunities unmatched anywhere in the curling world. The facility hosts community league play from October to March annually and boasts over 900 curling visits on a weekly basis. The facility is also the training ground for many of Canada's top curlers, and is recognized as a National Training Centre, attracting curlers from across Canada and around the world to experience the world-class ice conditions.

- Fifteen leagues hosted from October – March annually, including Mixed, Men's, Open, Seniors, Men's Super League, Youth (U9, U12, U15, U18), Doubles, and Summer Leagues

- Seven leagues facilitated by us and organized by others including Government, Men's Super League, Agriculture/Forestry and Edmonton Sport and Social Club.
- Host of the HDF Insurance Shoot-Out. This past September hosting 18 of the top women's teams from across the world.
- Multiple learn to curl and beginner leagues such as Smart Start and Rookie League.
- Home of the Varsity Bears and Pandas Curling Teams and the Canada West Curling Championships in February
- This past summer the curling rink floor was painted so as to provide a shorter install time for the future and promote sustainable practices.
- Instructional programs had 178 registrants with a fill rate of 84%.

Foote Field:

Foote Field, which opened in 2001, is a multi-sport training and competition facility which features a full-size artificial turf field; a full-size premier grass field; an eight-lane track with facilities for jumping (high jump, pole vault, long jump and triple jump) and throwing (shot put, discuss, javelin and hammer throw). In addition to this, the indoor facility contains meeting room space and locker rooms. There are also press boxes overseeing the artificial turf field and the premier grass field/track, as well as two electronic scoreboards.

An air supported structure (dome) was installed over the artificial turf for the third season from November 19, 2018 – April 30, 2019. The facility encompasses the entire football field, 4 – 120 metre sprint lanes and a long jump pit. During the dome season the artificial turf field is setup to be used in full field, half field and quarter field configurations.

- Foote Field hosted 26 Varsity related sporting events including Golden Bears football conference games, Pandas Soccer conference games and Golden Bears soccer conference games, and three playoff games.
- Home of the Golden Bears football, Golden Bears and Pandas soccer, and Pandas rugby teams;
- Foote Field facilitated 66 events and programs with a combined total of 40,740 participants and spectators.

- Highlight events:
  - RBC Training Ground 2018
  - Foote Field Open 2018 - Track and Field meet
  - Football Canada - 2018 U16 Western Challenge
  - CFL Grey Cup Practice Facility 2018: Ottawa Redblacks & Calgary Stampeders
  - Canada West Rugby 7's 2019
  - Motionball Marathon - Special Olympics Fundraiser

Group Fitness:

Group fitness programs are delivered on both north and south campus and are aimed at developing active, healthy participants. Programs ranging from Meditation to Tabata; Yoga to Spin; TRX to Zumba offer a variety of challenges to suit the interests of any level of participant.

- Participants – 3203 unique participants served
- Instructors – 68 different instructors

	2016-17			2017-18			2018-19		
	Student	Non-Student	Total	Student	Non-Student	Total	Student	Non-Student	Total
Registrations	2,448	1,819	4,267	2,669	1,568	4,237	2170	1847	4017
Term Drop-In	32	52	84			101			60 paid passes
Single Drop-In	1,664	1,667	3,331			4,472			3180

Classes Offered			339			367			327

Note: Changes were made to data collection resulting in reduced numbers.

Hanson Fitness and Lifestyle Centre:

The Hanson Fitness and Lifestyle Centre offers over 27,000 square feet of floor space housing over 75 pieces of cardio equipment, 3 large synergy multi-stations, 14 squat racks, a well-equipped heavy lifting area with 6 platforms for Olympic lifting and 4 ER racks and benches for PowerLifting, along with Competition Eleiko plates and bars for both sports. The Hanson Fitness and Lifestyle Centre is a welcoming space for all individuals and offers a variety of accessible equipment for people living with disabilities.

- Services: Customized Individual fitness training sessions, semi-private group fitness training for groups of 2-5 people and nutrition consultation services. All services are offered at reduced registration fees to University of Alberta students;
- The HFLC provided over 500 hours of personal training and nutritional counselling services to the U of A staff and graduate students through the benefits service option via Human Solutions;
- The HFLC provided over 1800 hours of personal training and nutritional counseling services to U of A students, staff and community members;
- 104 hours per week for student drop-in use are provided through Athletic & Recreation fee access, approximately 512,000 student drop-in uses annually.

Instructional Recreation Classes:

Instructional Recreation Classes introduce individuals to beginner and higher levels of knowledge and skill in a myriad of recreation and leisure activities. The goal is to learn new skills that have continuous use for a lifetime.

Instructional Recreation programs include Dance, Martial Arts and Sport Skills classes. There are currently 26 different types of dance classes offered. All of these types of dance classes are taught at an introductory level. For some types of dance, there are also intermediate and advanced levels.

There are currently 11 different forms of Martial Arts classes offered. These Martial Arts are all offered at a beginner level, with some forms of Martial Arts also having intermediate and advanced levels.

In the area of Sport Skills, the Learn to Skate classes have been extremely popular, especially with International Students.

- Dance Programs
  - Programs Offered: 108
  - Programs Run: 71
  - Registration: 1003
- Martial Arts Classes
  - Programs Offered: 98
  - Programs Run: 90
  - Program Registrations: 1475
- Sport Skills Classes
  - Programs Offered: 19
  - Programs Run: 17
  - Program Registration: 189
- Hosted Events
  - 1 Sledge Hockey Clinic – 24 participants
  - 1 Wheelchair Basketball Clinic – 6 participants
  - 1 Santa Skate – 66 participants
  - 1 Olde Tyme Skating Party – 65 participants
  - Total clinic and Special Event registrations: 161

Intramural Program:

The Intramural Sport program provides a recreational sporting experience to all members of the University community. While students are the primary focus, the program also supports active living for University of Alberta staff, Faculty, alumni and

community members. The Intramural Sport program is structured for team and individual competitions and there are levels suitable for everyone, from the highly skilled to the beginner player. The Intramural Sport program runs year-round, with eleven community leagues in the Spring and Summer, and approximately 50 leagues and 12 tournaments throughout the Fall and Winter seasons. The program offers Open, Women's and Co-Recreational Divisions.

- Hosted Leagues: participation – 8,252
- Hosted Tournaments: participation - 1,401
- Participation – 83% of participants are University of Alberta students; 17% are non-students (Faculty, Staff, Alumni and Community)
- Thirty-eight sport activities – see the end of this section for details

Wellness:

Campus & Community Recreation is committed to supporting the physical, mental and social well-being of students and staff. The wellness priority areas include increasing physical activity levels, reducing sedentary behaviours, and supporting overall mental health. Wellness initiatives are designed to influence one of four areas; supporting personal development, creating community connectedness, strengthening places and spaces, and building wellness policies and processes. CCR brings wellness to the forefront by providing educational opportunities and experiences in the areas of physical activity, exercise, nutrition and general health education. The initiatives focus on developing and expanding key relationships with University of Alberta Wellness Services and other campus services to support student wellness on our campus.

Supporting Personal Development:

- Special Event Requests - CCR supported 15 special event requests for student and staff groups ranging from leisure programming like paint nights to fitness, mindfulness and capacity building activities
- Bike Maintenance Courses - CCR offered 8 bike maintenance courses throughout spring and summer and participated in an active transportation social media campaign with Sustain SU
- Get Active Get Well Initiative - PhD student Elaine Ori developed a campus based research program to understand how physical activity may support student

wellness. The data collection phase is coming to an end, however, the physical activity program will continue under the direction of CCR

- PAWS Research Program - PhD student Kim Curtin worked with CCR to create Outreach Presentations to International student groups as well as helped support the DES 500 Student Projects. She also developed a research based recreation program to understand how physical activity and health education can support international student mental health outcomes. The research program begins in September 2019.

Creating Community Connectedness:

- Happy Hour Fitness Initiative - The CCR fitness team ran four Happy Hour Fitness events to encourage the campus community to substitute binge drinking behaviours with positive physical activity behaviours. A range of activities were offered to encourage engagement and build community in the fitness centre environment
- Heroes for Health Grant Initiative - CCR supported four UofA community driven projects to build a healthier campus community. Recipients were:
    - Faculty of Rehab Med, Occupational Therapy Department- Calm Room
    - Laura Mushmanski- Indigenous Campus Community Nutrition Program
    - Melissa Roach- BioSci's Wellness in the Workplace Initiative
    - Campus Food Bank- Combating Food Insecurity at the UofA: Grocery Buses and Campus Kitchens
    - Alexis Anderson, Augustana Campus- LAB Snacks
    - Jason Murray- Zen Den
    - Faculty of Law- Reinvigorated Law Wellness Program
- World Health Day - CCR, Human Resource Services and the Healthy Campus Unit hosted a breakfast and networking event in honour of World Health Day. Keynote speaker Dr. Lisa Belanger talked about the importance of taking breaks for wellbeing at work and in school environment. World Health Day had 114 participants.
- Workout Buddies Initiative - CCR matched 42 workout buddies and provided opportunities to participants in a variety of recreation areas

- Wellness Fair & Winter Walk - CCR hosted 16 vendors at our annual wellness fair. Participants were encouraged to join the CCR team in support of Alberta's Winter Walk Initiative, which encourages adults to be active outside in the winter

Strengthening Places and Spaces:

- Treadmill Desk Initiative - The Treadmill desk initiative has expanded to 4 libraries on campus. Library wellness staff have hosted challenges during midterm and exam season to encourage students to take a break and get moving!

Outdoor Recreation Programs:

The outdoor trips offered by Campus & Community Recreation provide an introduction to outdoor recreation using Local, Civic and National parks. These trips provide a basic level of instruction on canoeing, camping, hiking, snowshoeing and ski and snowboarding so that participants can feel comfortable participating in these activities on their own.

- Trips Offered: 22
- Registrations: 591; 460 students and 68 non-student; 502 unique

Residence Recreation Facilities and Programs:

Campus & Community Recreation works cooperatively with Residence Services to provide activities and equipment in residence halls such as Lister, East Campus Village and Hub on north campus as well as Campus Saint-Jean. This program employs Recreation and Wellness Ambassadors that host organized activities during the academic year.

Campus & Community Recreation also partners with Residence Services to provide "Find What Moves U" events during Lister BaseCamp and East Campus Village Eastern Ascent. This program targets all first year students living at Lister Hall and upper year students living in East Campus Village. Students are invited to the Van Vliet Complex where they experience various sports, group exercise and dance activities within a 2 hour time frame. Campus & Community Recreation also provides two or three classes during BaseCamp that are hosted at the David Tuckey Gym at Lister Residence.

Campus & Community Recreation oversees the cleaning and equipment maintenance in the Lister, Michener Park, Campus Saint-Jean, Peter Lougheed Hall, Nipisiy and Thelma Chalifoux residence fitness centres. Throughout 2018-19 Campus & Community Recreation has worked with Residence Services to ensure that all of the fitness equipment located in these facilities is safe and of commercial quality. Campus & Community Recreation is continually working with Residence Services to improve these fitness spaces to ensure students have an excellent workout experience.

Saville Community Sports Centre:

The Saville Community Sports Centre is home to 350,000 square feet of recreation space including Canada's largest hardwood installation, featuring 12 hardwood gymnasiums, lined for basketball, volleyball, and badminton as well as a world class gymnastics facility operated by Ortona Gymnastics. The 4,000 square foot fitness centre is stocked with state-of-the-art cardio and strength-training equipment. Add 8 championship-level indoor tennis courts (and 9 outdoor courts), 10 sheets of championship-level curling ice, meeting rooms with smart technology, fitness studios, a pro-shop, lounge and bar. Put under one roof, the Saville Community Sports Centre is one of Canada's finest community sports facilities.

- Memberships: 6,043 (14% increase)
- The facility hosted 200+ events with over 175,000 participants and spectators above and beyond the regular league play that takes place during the weeknights.
- Events were highlighted by:
    - Canada Basketball Senior Women's National Team training camps
    - Team Canada Sitting Volleyball team training
    - Volleyball Canada Nationals - 14U Boys & 15U Girls
    - Basketball Alberta Youth Provincials
    - USports Women's Volleyball National Championships
- Approximately 22,209 participants for drop-in basketball, badminton, volleyball family fun, walking track and fitness centre.

- 14 Academic classes took place at Saville Community Sports Centre including Secondary Education; PAC Gymnastics, PAC Resistance Training; PAC Curling, PAC Volleyball, PAC Tennis, PERLS 207 (Adapted Physical Activity and Leisure for Diverse Populations) and KIN 572 (Coaching Practicum).
- A Wheelchair Basketball Clinic took place in November, 2018

Saville Community Sports Centre Fitness Centre:

Saville Community Sports Centre Fitness Centre is a small but active community oriented fitness facility. This 4,000 sq.ft space is outfitted with a series of top of the line cardiovascular and strength training equipment. In partnership with the Steadward Centre, the facility hosts a community transition program of which Steadward Centre clientele are transitioned from the specialized facility into a community fitness centre. The Steadward Centre is an expert in Adapted Physical Activity and Parasport development and serves more than 1000 children and adults experiencing disability on an annual basis.

- 100 hours per week are available for active participation
- 1639 memberships were sold
- The SCSC Fitness Centre offers customized individual fitness training sessions, semi-private group fitness training for groups of 2-5 people in a package. All services are offered at reduced registration fee to University of Alberta students.
- The SCSC Fitness Centre provided over 1000 hours of personal training and services to U of A students, staff and the community.

Special and Philanthropic Events:

Campus & Community Recreation delivers Special Event and Philanthropic opportunities to enhance student engagement and support the Campus and Edmonton communities.

- Turkey Trot for the United Way and Campus Food Bank
- Find What Moves You Event for Campus Partners such as Campus Saint-Jean, East Campus Village, Aboriginal Students Transitions, International Students and

Lister Students, Global Academic Leadership Program, International Community Education
- RecStock Community Builder Event
- Old Tyme Skating Party with the University of Alberta Concert Band
- Big Pink Volleyball for Breast Cancer Society
- Pond Hockey Tournament supporting KidsSport
- CCR Wellness Fair with University of Alberta providers
- Winter Walk
- Zumba Event for Bell Let's Talk Day

Sport and Health Assessment Centre:

The Sport and Health Assessment Centre (SHAC) provides sport performance, fitness and health assessments for the Edmonton surrounding community as well as for sport teams and individual athletes from anywhere in the world that may be training or competing in Edmonton. This centre provides services to the individual, athlete, or team.

The priority of the Sport and Health Assessment Centre is to provide access to fitness and health assessments, many of which are not available elsewhere due to the type of equipment and expertise required.

SHAC employed approximately 20 casual staff throughout 2018-19 and provided volunteer opportunities for approximately 20 students throughout the year.

During the 2018 – 2019 academic year, The Sport and Health Assessment Center provided the following:

1. Varsity Program completed fitness assessments on 500 varsity athletes for pre-season and post season.
2. Jr. Varsity Programs completed fitness assessments on approximately 140 athletes twice during the academic year.
3. Fitness testing for local Edmonton and surrounding community individuals and athletes (e.g. local and elite hockey players, runners, triathletes, biathletes/cross country skiers, cyclists, masters athletes, as well as recreational participants interested in improving physical fitness for health, etc.).

4. Pre-season fitness testing for the Edmonton Oiler's (Fall, 2018) and for the Oiler's Development Camp (Summer, 2018).
5. Complete fitness testing for Provincial Sport Organizations (Alpine, Cross country skiing, and volleyball).
6. Complete fitness testing for the Volleyball Canada REP program 3 times a year.
7. Complete fitness testing on approximately 98 athletes at the Edmonton area RBC training ground.
8. Complete medical isokinetic muscular strength and power testing on athletes returning from injury. These include professional athletes (Edmonton Oilers and Eskimos), national athletes (basketball Canada) as well as varsity
9. School field trips – lab related tours and fitness testing to approximately 20 schools from the Edmonton and surrounding communities (Sturgeon county, Black Gold and Strathcona County school districts).

Tennis Centre - indoor and outdoor:

The Tennis facilities at University of Alberta include 8 indoor courts located at Saville Community Sports Centre on South Campus and 9 outdoor courts located at Michener Park at 121 Street and 51 Avenue. The outdoor facility was originally built for the 1983 World Universiade Games and has remained a primary teaching and casual play location in the City. The outdoor centre hosts several outdoor tournaments including the ITF U18 international tournament in July each year. The indoor centre serves as both a teaching and membership play facility. Tennis Canada has upgraded the centre's designation from Silver to Gold status.

- The Tennis Centre serves over 700 members utilizing the facility on an average of 2-4 hours per week;
- The Tennis Centre provides instructional programs for over 1,100 youth and adults of all levels.
- The facility is the only National Tennis Development Centre in Edmonton.

Members	2016-17	2017-18	2018-19
Members per fiscal year	748	755	744

Lessons			
Adult lessons participants	565	574	552
Junior lessons participants	352	188	28
	917	**762**	**580**
Summer Performance Programs			
Orange/Green/&12 Program Participants	63	50	144
Adult Camps Participants	53	89	50
	116	**139**	**194**
Programs			
National Program Participants	27	27	23
U18 Performance Program Participants	8	8	12
Red Program Participants	13	12	13
Orange & Green Performance Participants	28	19	26
U12, U14 Grandfather Participants	16	24	16
Orange/Green/U12 Challenger Participants	33	22	6
U14/16/18 Challenger Participants	23	31	36

Orange/Green/U12 Fundamentals Participants	35	35	20
U14/16/18Fundamentals Participants	8	4	7
Varsity Program Participants	20	21	24
	211	**203**	**183**
Leagues			
Single Box League participants	114	95	93
Doubles Leagues participants	58	54	54
Summer Interclub participants	30	32	36
Summer Elite League	38	42	50
	240	**223**	**233**
Events			
Club Events	1	1	1
Provincial Junior Events (National Qualifying)	6	8	8
National or International Events	1	2	1
Open Sanctioned Events	3	2	2
Play Tennis Sanctioned Events	9	6	6
Provincial U9 & U10 Events	6	5	5
Varsity Events	1	3	3

Fundraising Events	1	2	2
	28	**29**	**28**

Sport Performance Centre:

The Sport Performance Centre (SPC) is a 9,000 square foot fitness centre complete with squat racks, Olympic lifting platforms, spin bikes, mobile small equipment and a large open space for functional movement. The SPC is home to over 500 Varsity athletes and pre-varsity athletes, as well as a number of athletes competing at the national and international level.

The Sport Performance Centre boasts three lead coaches for the Varsity Level, one lead coach for the pre-varsity level, one assistant coach working towards a Masters Degree in Strength and Conditioning and three casual assistant coaches. The SPC also hosted KSR and NAIT practicum students throughout the 2018-2019 academic year.

In the past year, the SPC has housed the following training groups:

- Team Canada Women's basketball
- Team Canada Men's and Women's sitting volleyball
- Team Canada athletes from various sports; Men's rugby 15s, bobsleigh, athletics, curling
- Green and Gold Sport System partnered school groups; Riverbend Sport Performance and Athlete Academy
- High School Sport Performance school class field trips
- ASDC partnered training groups, such as: REX soccer, Volleyball Centre of Excellence, Curling Alberta, Volleyball Alberta
- Junior Bears and Pandas training groups from the following sports: hockey, soccer, basketball, curling, tennis, rugby. As well as club sport training groups for climbing and rowing.

Van Vliet Complex:

The Van Vliet Complex is the primary recreation and sport facility on north campus. The complex, which encompasses the Physical Activity and Wellness Centre, supports a variety of activities including swimming, skating, gymnasium use, fitness, running, soccer, squash, racquetball and a variety of exercise and dance studios. Students receive access to the Van Vliet Complex facilities through the Athletic and Recreation fee. Community members are welcome to utilize the facilities through a membership and pass program.

Memberships and Passes:

	Year end June 30 2016	Year end June 30 2017	Year over Year % change	Year end June 30 2018	Year over Year % change	Year end June 30 2019	Year over Year % change
# of Memberships and Passes Sold	8472	6671	21.3% increase	7750	16% increase	13, 727	77% increase
Revenue generated from Memberships and Passes	$325,572	$280,037	14% decrease	$375,266	26% increase	$317,573.00	15% decrease

Lockers, Pro Shop, Towel Service:

	Year end June 30 2016	Year end June 30 2017	Year over Year % change	Year end June 30 2018	Year over year % change	Year end June 30 2019	Year over Year % change
# of Lockers Rented	3425	3138	8.4% decrease	3244	3.7% increase	2608	19 % decrease
Revenue generated from Lockers, Pro Shop, Towel	$292,659	$265,387	9.3% decrease	$59,911	77.4% decrease	$227,722	280% increase

Service							

Wilson Climbing Centre:

The Wilson Climbing Centre is a modern indoor climbing structure. It was designed in an iconic, purpose built building creating a new gateway to the University of Alberta's North Campus. The facility staff members are driven by a passion for climbing and are committed to promoting physical activity as a healthy lifetime pursuit. The climbing programs cater to people of all climbing abilities from beginner to high-performance athletes.

The Climbing Centre consists of a 1,700 square foot bouldering lounge, a 7,000 square foot High Wall Loft, 19 Anchors for Top Roping and 16 Anchors for Lead Climbing.

- Membership – 8,064
- Climbing Drop-Ins – 13,572
- Programs Offered – 21
- Program Registrants – 1,443
- Hosted Competitions – 10 (Wall Brawls)
- Events Hosted –
    - ACA sanctioned events – Bouldering & Rope Climbing (Provincials)
    - Participants: 287
- Events Facilitated –
    - Alberta Youth Training Camp
    - Competition Belay Clinic
- Other new programs/events include:
    - Development Team - D
- Academic courses – PAC 182 – 2 Fall and 2 Winter terms; 1 spring, 1 summer session offered; all classes have a waitlist.

Work Physiology Laboratory:

The Work Physiology Laboratory completes physical aptitude testing for various organizations to help screen applicants during the recruitment process. Our primary test, developed and updated here at the University of Alberta, is used for structural firefighting. We work locally and nationally with various fire departments and testing sites to develop best practices in the field of physical employment standards.

Physical aptitude testing must be conducted with reliability and precision. As part of Campus & Community Recreation and the University of Alberta, we are highly qualified to complete this task with rigor. It also provides an opportunity to educate students, staff and the community about this important intersection of research and practice.

We employ about 15 casual staff throughout the year to help conduct testing and teaching activities. This includes undergraduate and graduate students as well as recent graduates of the faculty.

Within the Faculty of Kinesiology, Sport, and Recreation we assist with teaching undergraduate courses and we create opportunities for students through our practicum placements. We have also undertaken original research projects in the areas of occupational and environmental physiology including collaborative projects with other laboratories.

During the 2018 – 2019 academic year, The Work Physiology Laboratory provided the following:

- More than 400 physical aptitudes tests for 9 fire departments
- Experience sessions in partnership with Edmonton Fire Rescue Services
- Consultation with other groups engaged in physical aptitude testing including the University of Victoria and the Ontario Fire Administration
- Collaborative research with graduate students and local law enforcement organizations
- Teaching support for undergraduate courses including the specialized KIN 411 Physiology of Emergency Response Occupations
- Two unique placements for students in the Graduate Student Internship Program (GSIP)

- Tours and lectures for students from Beijing Sports University participating in the International Recreation and Sport Study program (IRSSP) and students from the International Summer School Program (ISSP)
- Physical preparation classes offered jointly through the Hanson Fitness and Lifestyle Centre

Summary:

Campus & Community Recreation plays a vital role in the recruitment and retention of students at the University of Alberta. CCR programs create and engage the University community and enhance the student life experience. The Faculty of Kinesiology, Sport, and Recreation's extracurricular programs offer physical, psychological, and social benefits for University of Alberta students. Based on the research that indicates participation in the University recreational sports may lead to greater satisfaction with the collegiate experience, University of Alberta Campus & Community Recreation programs strive to enhance the student experience and be a leader in campus recreation program delivery in North America.

Campus & Community Recreation 5 year statistics

Program	2014-15	2015-16	2016-17	2017-18	2018-19
Intramural Sports	12,208	12,728	11,739	11,333	9,953
Group Fitness	4,868	4,100	4,267	5,048	4490
Instructional Recreation	2,020	2,607	2,471 (Ballet and Jazz moved to Orchesis)	2,438	2667

Safety Programs	466	672	935	427	477
South Campus Recreation	585	Included in group ex.	Included in group ex.	Included in group ex.	Included in group ex.
Club Sports	2,242	3,842	2,310	2,166	2134
Outdoor Recreation	671	1,490	354	580	591
Residence Recreation			493	420	380
Special Events	2,346	1,284	1,473	1,808	1915
Aquatics Programs		661	885	755	779
Aquatics Lifesaving		222	179	109	129
Climbing Programs		1,520	1,699	4,071	1443
Totals	**26,998**	**30,850**	**29,873**	**30,357**	

Campus & Community Recreation UA Student Participation

Program	**2016-17**			**2017-18**			**2018-19**		
	Total Registrant	UA Student Registrant	% UA Students	Total Registrant	UA Student Registrant	% UA Students	Total Registrant	UA Student Registrant	% UA Students
Intramural Sports	11,739	9,644	82%	11,333	10,134	89%	9,953	8,294	83%
Group Fitness	4,267	2,448	57%	4,237	2,669	63%	4017	2170	54%
Instructional Recreation	2,471	1,549	63.2%	2,438	1,712	70.3%	2667	1,787	67.0%
Safety Programs	935	588	63%	935	841	68%	477		
Club Sports	2,310	2,035	88%	2,166	1,915	88%	2134	525	75.4%

Outdoor Recreation	354	305	86%	591	460	78%	591	460	78%
Residence Recreation	493	493	100%	420	420	100%	380	380	100%
Special Events	1,473	1,173	80%	1,808	1,221	68%	1915	1700	88.8%
Aquatics Programs	885	272	31%	1061	420	39.6%	779		
Aquatics Lifesaving	179	85	47%	185	128	69.2%	129		
Climbing Programs	1,699	1,208	71%	4,071	2,476	61%	1443	493	34%
Totals	**29,873**	**22,748**	**76%**	**29,546**	**22,675**	**78%**			

CAMPUS & COMMUNITY RECREATION PROGRAM DETAILS

2018-2019 Intramural Sports (O=Open, W= Women's, C=Co-ed)

Spring/Summer 2018	Fall 2018 (O,W,C)		Winter 2019 (O,W,C)	
• Beach Volleyball • Ice Hockey • Slo-Pitch • Soccer • Ultimate Frisbee	• Ball Hockey • Basketball • 3-on-3 Basketball Tournament • Hot Shot Basketball • Beach Volleyball • Dodgeball • Flag Football • Golf Tournament	• Ice Hockey • Innertube Waterpolo • Red Eye • Ringette "Learn to Play" • Slo-Pitch • Soccer • Ultimate Frisbee • Volleyball • Big Pink Volleyball • Walleyball	• Ball Hockey • Basketball • Bowling Tournament • Cricket Tournament • Curling Bonspiel • Dodgeball • Flag Football • Foote Field 5's: Flag Football, Soccer, Rugby, and Ultimate Frisbee	• Futsal • Ice Hockey • Innertube Waterpolo • Lister Olympics • Red Eye • Volleyball • Walleyball

2018-2019 Group Exercise Class Types

Cycling	Mind/Body Fitness		Fitness Certification Courses	Overall Fitness Development	
• Spin • Spin Core • Spin Beginner • MS Ride Training	• Ashtanga Yoga • Barre Pilates • Core Strength Pilates • Hatha Yoga (Intro & Women's Only) • Intro to Mat Pilates • Yoga for the Inflexible	• Iyengar Yoga • Meditation • Vinyasa Yoga • Yin/Yang Yoga • United Yoga Pilates • Climbers Yoga • Partner Yoga • Prenatal Yoga • Groove Flow	• Exercise Theory • Group Exercise Fundamentals • Portable Equipment • Mind Body designation • Cycling designation • TRX workshops • Enhancing Inclusion • Moveball • CEC's for individual conditioning • Obstacle fitness training	• Beginner Bootcamp • Beginner TRX • Cardio Kickbox • Dodgeball Fitness • Moveball • SCULPT • Women's Weight Training • Olympic Lifting • Functional Training • Hardcore Kids • Women's Only Bootcamp • Trailblazers	• Plyo • TRX and Cycling • TRX Multi-Modality • TRX for Climbers • STEP • Zumba • Beginner Zumba • Zumba-Butts, Guts, Struts • Cardio Row • Row HIIT • Tabata • Walking for Fitness • Silver Strength • Nordic Academy training

2018-2019 Instructional Recreation Class Types

Sports and Skills	Dance		Martial Arts	
• Adult Hockey Conditioning • Fencing • Squash • Ice Skating	• Afrobeats • Argentine Tango • Bachata • Bachata/Kizomba • Ballet • Ballet Barre • Ballroom Blast – Social Dance Mixer • Ballroom Blast – Latin/Rhythm Dances • Belly Dance • Bollywood Fusion • Burlesque Charm • Contemporary Modern	• Disco • Heels Dance • Hip Hop • House Dance • Jazz • K-Pop • Lyrical Dance • Salsa • Salsa (New York Style) • Shakira-style Dance • Street Jazz • Tap Dance • West Coast Swing	• Aikido • Brazilian Jiu Jitsu • Filipino Martial Arts • Japanese Jiu Jitsu	• Judo • Karate • Karate for Families • Kickboxing • Kung Fu • Tae Kwon Do

2018-2019 Club Sports

• Badminton • Bollywood Dance Club • Cheer • Climbing • ContemporaryDance MOD • Dance Team • Fencing • Figure Skating • Golf Team • Hip Hop Dance Club	• Lacrosse • Orchesis • Outdoors • Powerlifting • Quidditch • Rowing • Rugby • Scuba	• Squash • Synchronized Swimming • Swim Club • Table Tennis • Tae Kwon Do • Triathlon • Ultimate • Water Polo

Club Sports Events - On-Campus

- Bollywood Dance Club - Valentine's Day Bake Sale, Year-End Show
- Badminton Club - Fall Mixed Doubles Tournament, Fall Doubles Tournament, Winter Open Team Tournament
- Climbing Club - DJ and Climb Night
- Contemporary held their performance at the Myer Horowitz Theatre in March
- Dance performed at Varsity Basketball home games
- Fencing Club - Wetterberg Open
- Hip Hop Club - - Club Showcase
- Orchesis Dance Performance Group - Works in Progress Showing (WIPS), Motif Show
- Lacrosse hosted their open tournament at South Campus East Fields,
- Powerlifting hosted Power Surge in November – the largest power lifting competition in the province
- Powerlifting hosted the 3nd annual Novice Open in the HFLC in April
- Scuba held 8 Discover Scuba sessions
- Squash Club - Squash Day in Canada, Club Appreciation Night, annual open tournament
- Triathlon club - Mini Tri (x3)
- Table Tennis held singles/doubles tournaments – Fall and Winter
- Ultimate held three successful tournaments – 1 Fall and 2 Winter – one of which was held in the Dome at Foote Field
- Water Polo held invitational tournament

Club Sports Events – Outdoor Club

- Athabasca Falls Ski & Snow
- Backcountry Backpacking w/ Bison & Bernard
- Banff Bonanza
- Beauty Creek Affair
- Buller Pass
- California Trip
- Hostel Hununting
- Jasper in January
- Jasper Kick-Off

- Kananaskis Kick-Off
- N. Saskatchewan River Paddle
- Nordegg Kick-Off
- Rocky Mountain Photography Tour IV
- Shunda Creek Shindig
- Skoki Loop
- Smokey the Bear Backpacking
- Study Break in the Rockies
- Winter on Ice
- Yes PLEASE! Lake Louise
- Spring Executive Retreat

2018-2019 Outdoor Recreation

• Hiking – Elk Island Park • Learn To Camp • Canoeing & Kayaking • Devon to Edmonton - Paddling • Paddling - Half Day Trip	• Overnight Trips • Snowshoeing • Ski & Snowboarding - Snow Valley • Ski & Snowboarding - Marmot Basin

2018-2019 Residence Recreation

• Lister BaseCamp - Find What Moves You (FWMY) • CSJ FWMY • Residence Bowl Series – Basketball • Skate Party	• Climbing Night • CSJ Ball Hockey Tournament • Lister March Madness • Glow in the Dark Zumba

2018 - 2019 Special Events

- Winter Walk Day
- 59th Annual Turkey Trot
- Corporate Challenge
- Old Tyme Skating Party

2018 -2019 Climbing

- U Climb Exposure
- U Intro to Climbing
- U Belay
- U Lead
- U Climb (14+)
- U Experience
- Women on Walls
- U Upgrade (17+)
- U Train (14+)
- Youth Clubs (8-14)
- Jr. Team (14-18)
- Private Lessons
- Birthday Party Packages
- The Complete Climber (14+)
- Wall Brawl

2018 - 2019 Aquatics

- Morning Fitness Lane Swim
- Adult Swimmer 1
- Adult Swimmer 2,3
- Adult Swimmer 3
- Fitness Swimmer
- Parent & Tot Swim Lessons
- Swim for Life Preschool (3-5)
- Swim for Life Swimmer (6+)
- Aquafitness
- Canadian Swim Patrol
- Kayaking Clinics
- SCUBA Diving Certification
- Private or Semi Private Lessons
- Lifesaving Society AEC and NL Award - Pool (& Recertification)
- Lifesaving Society Bronze Medallion/Bronze Cross
- Lifesaving Society First Aid & CPR/AED Instructor/Examiner Course
- Lifesaving Society Lifesaving Instructor/Swim Instructor/CPR Instructor (& Recertification)
- U of A Aquatics Centre's Green & Gold Lifesaving Sport Club

2018-2019 Certifications

- CPR 'C' (& Recertification)
- CPR-HCP (& Recertification)
- Standard First-Aid (& Recertification)

Campus & Community Recreation: Integration

Undergraduate students in KRLS 105 (Introduction to the Management of Sport, Physical Activity and Recreation) experience event management through a practical experience that is directly related to the theory presented in the lecture setting.

- Fall 2018 – 118 students registered; 38 selected practicum experiences with CCR
- Winter 2019 – 136 students registered; 29 selected practicum experiences with CCR

Campus & Community Recreation staff members teach in a variety of undergraduate courses throughout the year. Courses or guest lectures instructed by Campus & Community Recreation staff members include:

- DES 500 - The Practice of Industrial Design
- KRLS 105 - Introduction to the Management of Sports, Physical Activity and Recreation Programs
- RLS 225 - Programming for Leisure
- RLS 232 - Marketing for Recreation, Sport and Tourism
- RLS 335 - Human Resources Management in Recreation, Sport and Tourism
- PAC 182 - Climbing – Introduction and Advanced – 7 courses
- PAC 135 - Tennis
- PAC 183 - Curling
- PAC 490 - Applied Resistance Training
- PERLS 207 - Adapted Physical Activity and Leisure for Diverse Populations
- KIN 400 - Gross Anatomy
- KIN 572 - Coaching Practicum
- HE ED 110 - Introduction to Personal Health and Well-Being
- INTD 284 – Introduction to Mountain BackCountry Field Skills

Campus & Community Recreation provides 10 full-time practicum experiences over the course of the year. These students are mentored by full-time staff members and are engaged in all aspects of facility, program and event development and management. The practicum experience offered by Campus & Community Recreation provides a direct opportunity to work in both campus and community activities in a safe learning environment

The Sport Performance Centre (SPC) is available to student-athletes and community athletes training at a provincial, national or international level. The SPC provides opportunity for graduate students and researchers to work directly with athletes in knowledge transference.

The Intramural Sport program continues to provide student development opportunities to U of A students. The Intramurals program has continued the student officials program. CCR Intramural Sports staff members are training, developing and hiring student sport officials providing students with a greater number of leadership opportunities.

The Fitness program provides opportunities to the student staff to fast track their leadership certification process. Fitness staff members are encouraged and mentored through onsite training process to achieve designations in both Group Fitness Leadership and Personal Training. We strive to build capacity for knowledge translation into the professional world of Fitness, Health and Wellness.

Fitness collaborated with the Faculty of Rehab Medicine and Nursing to research the psycho-social effects of group fitness on a community of Older Adults. The group was defined as "Older Adults" between the ages of roughly 60 and 85, immigrants from Middle Eastern countries who were a part of the Rhama Mosque cultural centre. Together Fitness and Rehab med planned and implemented a 12 week session. The group was asked at various points along the way about their experience and the results were very good. The program and outcomes were so successful that the Mosque expanded into a summer walking group (also research based) and kept the class going weekly at their own expense.

Campus & Community Recreation: Campus Collaboration

Campus & Community Recreation provides a Student Recreation Facilitators to work directly with International Programs and International House to provide meaningful activities to engage this group of students in the University of Alberta student life. A key program requested by International Students is informal recreation opportunities. Campus & Community Recreation stewards the schedule of drop-in recreation spaces available in the Van Vliet Complex, such as badminton, basketball, volleyball, soccer and ice skating. CCR creates and delivers specific activities and events annually and provides support to International Week by providing specialized programming.

Campus & Community Recreation also partners with International Programs through their Transitions Programs where new incoming students to University of Alberta are introduced to campus life. Fall 2017 Campus & Community Recreation "Find What Moves U" event for Transitions hosted over 80 participants in September, where participants were able to experience over 12 various activities for 2 hours.

The Landing continues to consult on practice and procedures within Intramurals and Campus & Community Recreation and provided staff training to full- and part-time CCR staff.

CCR Wellness collaborates with a variety of student and staff wellness initiatives across campus including:

- Residence Services to support ACCESS outreach team initiatives
- Healthy Campus Unit to offer programs within UnWind Your Mind
- Health & Wellness Movement to deliver Health Week and Flow in the Dark Yoga
- Sustain SU to offer bike maintenance workshops and bike programs
- Engineering Faculty to support programming during engineering wellness week
- Exercise is Medicine Club to support winter walk

Residence Recreation partners with Residence Services and Campus Saint-Jean to put student engagement events in the fall and recreational student events throughout the

school year. These partnerships also result in the collaboration in training and co-management of the casual student staff working within Residence Recreation.

Campus & Community Recreation partnered with First Peoples House to host the 2nd Annual National Aboriginal Day Golf Tournament. Funds raised from this event will help support recreation activities for University of Alberta Indigenous Students.

The Aquatics Centre is working in partnership with USchool and the University of Alberta Senate with funding from Alberta Treasury Branches to provide free swim lesson delivery to school aged children.

Campus & Community Recreation has offered various University departments and Faculties and community organizations staff training in Standard First Aid and CPR. The following are organizations served in the past year:

KSR staff training

Faculty of Arts

Faculty of Science
– Dept of Chemistry and Dept of Earth Sciences

U of A Botanical Gardens

Health Sciences Lab Animal Services

Facilities and Operations

Faculty of Engineering

Dept of Environmental Health & Safety

Strathcona Composite High School Gr 10

Campus & Community Recreation: Community Event Management and Support

Campus & Community Recreation collaborates with both internal and external communities to host events in our unique facilities. A small sample of these events includes:

- Big Pink Volleyball
- Butterdome Craft Sales (Christmas and Spring)
- CAPS Career Fair (Fall and Spring)
- UA Open House
- First Peoples House Round Dance
- First Peoples House TAWOW
- Gym Power Gymnastics
- PRIDE Week
- Remembrance Day Ceremony
- Running Room Indoor Games – youth Track events
- Athletics Alberta Track meets
- East Indian Folk Festivals
- The Sport Conference
- Halloween Howl
- Turkey Trot
- United Way Plasma Car Derby
- United Way Campaign Wrap Up
- Spring Thaw Triathlon
- Campus Cup Dodgeball
- Brick Invitational Hockey tournament
- Junior Grads Great Canadian Basketball Shootout
- The HDF Insurance Shoot Out – World Curling Tour Event
- Balmoral Harvest Junior Bonspiel
- Alberta Juvenile Curling Championships
- Alberta Cup – Weightlifting Championships
- Alberta Cheer Empire Showcase
- Edmonton Corporate Challenge – badminton; road race; table tennis; volleyball.
- Saville Canadian Under 18 ITF Tennis tournament

- Western Canadian Senior Indoor National Tennis Championships
- Owen Schlosser Memorial World Team Tennis tournament
- Volleyball Alberta – Premier tournaments
- Perfect Storm Athletics Purple Reign Cheerleading Showcase
- RBC Training Ground
- 2019 Artistic and Acrobatic Gymnastics Provincials
- Basketball Alberta Youth Provincials
- Canada West Rugby 7's tournament
- North Central Teachers Convention Association
- Greater Edmonton Teachers' Convention Association
- Judo Nationals

Campus & Community Recreation: Partnerships

The Saville Tennis Centre is a National Gold Development Centre with Tennis Canada. The Tennis Development Centre (TDC) Program is a "support program" designed to work with junior competitive development programs across Canada. The TDC program is a key component of the overall player development plan of Tennis Canada and its mission of developing world class players. The TDC Program is the key means by which Tennis Canada works with and supports year round junior development programs across Canada. The program annually rewards indoor clubs/academies meeting program requirements and player results with benefits and services. The program requirements are tied into Tennis Canada's Long Term Athlete Development (LTAD) Model.

The City of Edmonton and the University have continued to work together to support a variety of initiatives in Edmonton. Some examples include: 1) Development of a Community Use agreement providing for continuing community access to Foote Field Artificial Turf and Track facilities. 2) Basketball Canada Senior Women's Team makes its home at Saville Community Sports Centre (West). The team conducts training camps, hosts games and supports community initiatives in basketball in Edmonton as a result of its presence on south campus. 3) Edmonton Events and CCR collaborate in the use of facilities to attract large scale national and international events to Edmonton, thus contributing to a thriving sports tourism economy. As a result of this relationship,

Edmonton will host the Canadian Judo National Championships and the World Masters Athletics Championships in the next few years.

Campus & Community Recreation: Project Management

The Customer Service Centre also spearheaded an evaluation project to seek out customer feedback on the current recreation program guide as well as the registration process for CCR programs. Brendan Wohlers was re-hired as an intern aimed at evaluating the Campus & Community Recreation Guide. Brendan is a KSR Graduate student where he gained practical experience in measuring customer satisfaction in the recreation field. Brendan has completed phase one in September 2017 and phase two in November 2018.

CCR staff members partnered with KSR ICE staff members to host the inaugural Recreation Forum on April 5, 2019. Together, we hosted over 100 delegates for a one day professional development forum where delegates had the opportunity to:

- learn and share best practices to enhance programs and services;
- engage in discussions on topics such as inclusion, facility allocation, risk management and leadership;
- connect with others in the field of recreation, sport and health;
- learn more about Faculty programs, certificates, facilities and services.

A CCR In House Professional Development program was developed and hosted various sessions for the 2018-2019 calendar year. These sessions are for the most part delivered by Campus & Community Recreation and the Faculty Staff primarily based on growth, interest and learnings from courses and conferences attended by the staff member. Sessions included “Hiring Right” Workshops in February, Lunch and Learn Sessions led by CCR staff members: “Healthy Relationships” (David Chio), “Practical Physical Mobility” (Naissa Preston), and Graduate Certificate Information (Jill Cameron)

The Saville Community Sports Centre curling rink received a campus sustainability grant to improve energy and green efficiencies. The project included painting the curling rink floor which will decrease the length of time required to install the ice each

year and also means that there isn't any paint waste at the end of each season when the ice is removed.

The Saville Community Sports Centre Tennis Centre, Sport Performance Centre, and common areas were re-lamped in an energy efficiency project coordinated by Facilities and Operations. These areas were re-lamped with LED light fixtures improving the energy efficiency of the facility.

The Wilson Climbing Centre received a CFEP grant to construct an accessible high wall climbing experience for people living with disabilities. This wall will be installed in February 2020 and will be located on the middle tower of the climbing centre. It will be accessed from the bouldering lounge and end directly underneath the rappel tower. Once complete, people living with disabilities will have full access to all aspects of the climbing centre.

The VVC locker room renovation project began in late 2018 with an estimated completion date of April 2020. To date, the Universal locker rooms have been renovated, however are being used as gendered spaces until the completion of the project.

The KSR graduate student spaces on the 3rd floor of VVC East are in the midst of a three year upgrade program. The improvements include removal of built in cabinets and desks, upgrades to electrical and data outlets as required and installation of new mobile desks to allow flexibility of configuration of each room. The two spaces scheduled for completion in August 2019 at 3-211 and 3-222.

E. Centre for Active Living

1.0 Overview

As an academic centre at the University of Alberta, the Centre for Active Living (CAL) plays a critical knowledge mobilization role in providing reliable, evidence-based physical activity information to practitioners, organizations and communities across Alberta and Canada. CAL plays a unique pan-Alberta role, fostering formal links between Alberta's four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge).

CAL Vision: To improve health and quality of life in Alberta by influencing active living policy and practice.

CAL Mission: Promoting active living by bridging research, practice and decision-making.

Ongoing activities of CAL include:

- contributing to policy development processes at the municipal, provincial and national levels;
- producing WellSpring,Spt
- provision of technical and content work on the CAL website;
- conducting and collaborating on research;
- conducting knowledge translation activities;
- collaborating with other networks, coalitions and organizations;
- publishing reports and papers;
- responding to information requests, and
- working with graduate students conducting research.

Practitioners, organizations and decision-makers in Alberta (2,172 clients in database) rely on the Centre for Active Living for practical, evidence-based information and resources about physical activity. The CAL's primary focus is on practitioners in Alberta, who ultimately assist Albertans live healthier, more active lifestyles.

2.0 CAL and Faculty Strategic Priorities

2.1 BUILD – Build and Support a diverse, multicultural community of exceptional undergraduate and graduate students from Alberta, Canada and around the globe.

N/A

2.2 EXPERIENCE – Create diverse and rewarding learning opportunities that inspire students, nurture Faculty talents and expand knowledge and skills.

During the 2018-2019 year, CAL provided research and practical opportunities for graduate level students. Graduate students worked out of our office and worked on projects and the preparation of research papers.

2.3 EXCEL – Create and sustain a culture that fosters and champions distinction and distinctiveness in teaching, coaching, learning, research, and citizenship.

CAL is a founding and active member of the Alberta Policy Coalition for Chronic Disease Prevention (APCCP). The APCCP represents a broad range of practitioners, policy-makers, researchers, and community organizations who have come together to coordinate efforts, generate evidence, and advocate for policy change to reduce chronic disease. The APCCP issues media releases/articles advocating for policy change to reduce chronic diseases in Alberta.

The Spring 2019 Physical Activity Forum featured Portland State University researcher Dr. Jennifer Dill presenting at the University of Alberta and the Calgary Downtown Library "Bike 2019: A conference to explore and engage in a conversation about the research, policy, and practice around cycling as a mode of active transport.". This year's full-day Forum attracted 112 participants.

Publications:

CAL disseminates both published research and unpublished reports (or grey literature) in a variety of ways. CAL publishes *WellSpring*, a monthly publication for practitioners and decision-makers that provides information on best practices, topical issues, recent research, and/or policy related to active living and physical activity.

Reports produced in 2018-2019 by CAL include:

- Macridis, S., and Johnston, N. (2019). 2019 Alberta Survey on Physical Activity.

Infographics and Fact Sheets include:

- Macridis, S., and Johnston, N. (2019) 2019 Alberta Survey on Physical Activity, Sedentary Behaviour, and Sleep.
- Johnston, N., and Macridis, S. (2018). Physical Activity for Decision-makers. Translated into Italian, Spanish, and Basque.

In addition, the following were published in academic journals:

- Kolahdooz, F., Nader, F., Daemi, M., Jang, S.L., **Johnston, N.**, & Sharma, S. Prevalence of known risk factors for Type 2 diabetes mellitus among multi-ethnic urban youth in Edmonton: Findings from the WHY ACT NOW project. Canadian Journal of Diabetes. 43(3), April 2019, Pages 207-214. https://doi.org/10.1016/j.jcjd.2018.10.002
- **Macridis, S., McFadden, K., Johnston, N.**, Torrance, B., and Macewan, L. (2018) School active transportation planning and implementation: Exploring the perspectives of champions across Alberta, Canada. Journal of Transport & Health, Volume 11, December 2018, Pages 167-175 https://doi.org/10.1016/j.jth.2018.09.010

CAL staff presented at the following conference:

- **Johnston, N** (2018 November). Supporting Physical Activity for Older Adults. Oral presentation at Practitioners Day (Finding Balance), Edmonton, AB.
- **Macridis, S** (2018) Sport, Physical Activity, and Recreation Policies Project: A look at alignment. Alberta Recreation and Parks Association Conference, Jasper, AB.

2.4 ENGAGE – Engage across the Faculty, University, province, country and globe to create reciprocal, mutually beneficial learning experiences, research projects, partnerships and collaborations to achieve Faculty goals.

CAL's Research Advisory Committee has formal links to Alberta's four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge). This committee provides direction on CAL's research priorities and discusses the pan-Alberta research potential for physical activity research.

CAL has Research Affiliates from across Canada and around the world who support the work of CAL:

- Dr. Adrian Baumann – University of Sydney, Australia
- Dr. Steven Blair – University of South Carolina, USA
- Dr. Guy Faulkner – University of British Columbia, Canada
- Dr. Lise Gauvin – University of Montreal, Canada
- Dr. Peter Katzmarzyk – Pennington Biomedical Research Centre, USA
- Dr. Neville Owen – Baker IDI Heart and Diabetes Institute, Australia
- Dr. Ron Plotnikoff – University of Newcastle, Australia
- Dr. Mark Tremblay – Children's Hospital of Eastern Ontario, Canada
- Dr. Hein de Vries, Maastricht University – The Netherlands

CAL also sits on a number of committees and brings physical activity expertise to these groups:

- Alberta Active After School Committee
- Active Alberta Coalition
- Alberta Health Services Chronic Disease Prevention Coordinating Committee
- Alberta Injury Prevention Centre - Finding Balance
- Alberta Policy Coalition for Chronic Disease Prevention
- Alberta Recreation & Parks Association – Communities Choosewell Advisory Committee
- Alberta Workplace Wellness Network Committee
- City of Edmonton - Active Transportation Network ParticipACTION Advisory Network
- ParticipACTION Advisory Network
- SHAPE – Active Transportation Network
- Sport and Recreation Ministers – Surveillance and Monitoring Working Group
- UWALK Steering Committee
- Wellness Works Canada

Digital Communication

CAL uses website (www.centre4activeliving.ca) and social media to increase communication with Albertans. Social media includes, Facebook, Twitter, YouTube, LinkedIn, and Pinterest.

The CAL website had:

- 64,517 pageviews over the course of the year
- 25,773 unique visitors
- New visitors 87%
- Returning visitors 12%
- Visitors were from every province and territory across Canada, as well as 146 different countries around the world.

Social media:

- 20,117 Facebook reach
- 2,212 Twitter followers and 270 K Impressions
- 2,020 Connections on LinkedIn
- 363 Pinterest followers
- YouTube: 5,000 views, with a lifetime view of all videos of 39,145, and 107 subscribers

Publications:

- WellSpring: 12,549 views with 6,271 issues downloaded
- Physical Activity Counselling Toolkit: 3,644 downloads
- Resource Page: 7,831 downloads

2.5 SUSTAIN – Increase capacity by attracting and effectively managing the resources we need to deliver excellence.

CAL has been contracted by ParticipACTION to lead the development of a report card on physical activity for adults. A committee of Canadian researchers and stakeholders was established to guide the comprehensive synthesis of the literature and related national-level surveys. The report card will be released October 29, 2019.

CAL received a grant from Alberta Health to expand our Physical Activity Counselling Toolkit by adding 5 new chapters on how to provide physical activity counselling for people with chronic diseases and conditions.

F. International and Community Education

1.0 International and Community Education

1.1 International Enrollment

International Undergraduate Students - Enrolled - Fall 2018 & Winter 2019
31 IDF fee-paying students (all years of study)

Students	Country of Citizenship
15	China
4	Hong Kong
1	Australia
2	Japan
2	India
1	Malaysia
1	Sweden
1	South Korea
1	Singapore
1	Taiwan
1	Turkey
1	Vietnam
31 Total # of currently enrolled Study Permit status (IDF-fee paying) International Undergraduate Students	

Source: Undergraduate Programs Office

International Graduate Students - Enrolled - Fall 2018 & Winter 2019
29 IDF fee-paying students, including 4 Visiting Graduate Students

Students	Country
11	China (2 visiting students)
5	South Korea
2	Norway
2	Brazil
1	Iran
1	Bangladesh
1	Chile
1	Finland
1	Kyrgyzstan
1	Nepal
1	Austria (visiting student)
1	Nigeria
1	Germany (visiting student)
Total: 29 International Graduate Students	

Source: Graduate Programs Office

1.2 Academic Exchanges – INCOMING

Students	From	Agreement
3	Loughborough University United Kingdom	Faculty SEA
4	Norwegian School of Sport Sciences Norges idrettshøgskole Norway	Faculty SEA
2	Palacký University of Olomouc Univerzita Palackeho v Olomouci Czech Republic	Faculty SEA
2	Beijing Sport University China	Faculty SEA
1	Yonsei University South Korea	University SEA
1	University of Otago New Zealand	University SEA
13 Total # of incoming Exchange Students hosted by the Faculty for F2018 - W2019		

*University-SEA (student exchange agreement) are managed by University of Alberta International (UAI)

2.0 International Visitors – Incoming

2.1 Short-term visiting delegations hosted by KSR – INCOMING CHRISTINE

April 27-May 4, 2019	● Dr. Song Rui – Chinese Academy of Social Sciences (CASS) ● KSR Contact: Dr. Gordon Walker	Meetings and Research Presentation: *Tourism and Leisure Research in China: A Snapshot*
September 25-October 1, 2018	● Dr. Annette Hofmann, Ludwigsburg University of Education, Germany. ● Dr. Pierre-Olaf Schut, Université Paris-Est, Science and Technique of Physical Activity and Sport (STAPS), France ● KSR Contact: Dr. PearlAnn Reichwein	Visit and professor meetings and attendance at the Thinking Mountains Conference in Banff, AB

August 21-22, 2018	● Dr.Weidong Cao, President of the Chinese Hockey Association/ President of Beijing Sports University	Visit and meeting to discuss collaboration in areas of hockey, curling and teaching.

2.2 International Visiting Scholars – INCOMING CHRISTINE

Visiting scholars or visiting researchers category includes those who visit on their own funding and stay for period of time over one month. Incoming visiting scholars are accepted with the mutual agreement and confirmation of a hosting professor within the Faculty.

The International and Community Education Office can provide certain Faculty and campus non-monetary support for your visiting scholars. Visiting scholars hosted by Faculty members can be directed to KSRinternational@ualberta.ca.

Visiting speakers or delegations may be short term visitors participating at academic conferences, events, workshop sessions, and/or presentations. Faculty members who host visitors can notify the International and Community Education Office for support of documentation and paperwork.

● Dr. Javier Pena Lopez, Professor, University of Vic-Central University of Catalonia, Barcelona, Spain ● Visiting Researcher ● KSR Contact: Dr. Jim Denison	January – May 2019
● Dr. XiaoXu Liu, PhD Candidate, Beijing Sport University (BSU) ● KSR Contact: Dr. Donna Goodwin	September 2018-October 2019

Please note: the information on incoming and outgoing international visitors, researchers and other international initiatives that the Office of International and Community Education compile is not exhaustive and relies partly on Faculty members and staff sharing information on international activities.

If you would like information on international activities you have been involved in to be included in future reports, please contact KSRinternational@ualberta.ca.

3.0 Education Abroad Experiences

3.1 Study Abroad-Group and Academic Course Program Registrations – OUTGOING

Participants	Program
8	Play Around the World (PAW) Team 2018 ● 6 Students (6 KSR undergraduate students) ● 2 Leaders (past participants)

Play Around the World breakdown:

- Phnom Penh, Cambodia
  - 3 KSR students
  - 1 Group leader (Brooke Bablitz)

- Cusco, Peru
  - 3 KSR students
  - 1 Group leader (Alexandra Kirincic)

The program selects and prepares U of A students for a 3 month service-learning placement in either South America, Asia or Canada (Fort Providence, Northwest Territories). Students from diverse educational backgrounds form learning communities which are structured to provide a holistic and interdisciplinary approach to learning, leadership, and programming. PAW offers students an opportunity to develop a sense of global awareness and citizenry, through collaboration with various schools, orphanages, community based organizations and government agencies to deliver, play, recreation, physical activity and sport to children and youth of all abilities. Play is viewed as a vehicle to enliven the human spirit and to promote optimal development. Students broaden their world view as they live, learn, and work in a culture different from their own. The program is coordinated by Mary Ann Rintuol and information is available at UAB.CA/PLAY.

3.2 Academic Exchanges – OUTGOING

8 through Faculty-led SEAs
2 through University SEAs (UAlberta-wide agreements)

Students	To	Agreement

5	Palacký University of Olomouc Czech Republic	Faculty SEA
2	Norwegian School of Sport Sciences Norway	Faculty SEA
1	Loughborough University United Kingdom	Faculty SEA
1	University of Otago New Zealand	University SEA
1	University of Sydney Australia	University SEA
10 Total # of outgoing FKSR Exchange Students F2018 - W2019		

*University SEAs (student exchange agreement) are managed by University of Alberta International (UAI)
Source: UAI & KSR

3.3 International Practicums – OUTGOING

5 Undergraduate International Practicum Placements

Students	To	Term
1	China	Spring/Summer 2019
1	New Zealand	Winter 2019
1	New Zealand	Spring/Summer 2019
2	USA	Spring/Summer 2019

International Practicum Placements are coordinated through the Undergraduate Practicum Supervisor, Tracy Whatmore- whatmore@ualberta.ca

3.4 Athletics International Engagement - INCOMING & OUTGOING

Varsity teams' international travel and events for competition and/or training (normally non-base funded):

Recruitment & Retention of International Student-Athletes	● Golden Bear's Basketball - 2 (Arts, CSJ) ● Golden Bear's Volleyball – 2 (KSR, Business) *This does not include all international student-athletes that participated with Athletics but it does include all who were recruited to attend the University of Alberta by Athletics.* 4 of 4 were financially supported in 2018-19 with athletic scholarships.
Golden Bears and Pandas Curling	● December 20-23, 2018 - Rob Krepps, Head Coach, Golden Bears and Pandas Curling coaches the Canadian Women's Team to the Bronze Medal game at the Karuizawa International in Japan. ● January 24-27, 2019 - Rob Krepps, Head Coach, Golden Bears and Pandas Curling coaches the Canadian Women's Team to the Bronze Medal game at the Karuizawa International in Japan. ● February 16-21, 2019 - Pandas U21 Team won Silver Medal for Canada at the World Junior Curling Championships in Liverpool, Nova Scotia ● March 2-12, 2019 - Golden Bears Varsity Team won Silver Medal for Canada at Winter Universiade in Krasnoyarsk, Russia - Pandas Varsity Team competed at Winter Universiade in Krasnoyarsk, Russia, making it to the quarter-finals.
Pandas Hockey	● December 28, 2018 – January 13, 2019 - Howie Draper, Head Coach, Pandas Hockey was the Head Coach of the Canadian Women's U-18 World Championship team in Obihiro, Japan.
Golden Bears Hockey	● October 2018 - Team participated in two non-conference games against NCAA Div 1 Men's Hockey opponents
Pandas Basketball	● April 25-27, 2019 - Scott Edwards, Head Coach, Women's Basketball attended Coaching Conference in Storrs, Connecticut

Golden Bears Volleyball	● Dec. 28, 2018 - Jan. 5, 2019 - Team travelled to Los Angeles, CA for training and non-conference competitions in Long Beach (December 28 - January 1 tournament and training matches with Long Beach, Santa Barbara and McMaster University) and the University of Southern California (January 2 - 5 for training matches and one non-conference match)
Pandas Rugby	• November 2018 - Student athlete Courtney Holtkamp participated in a tour of England (in Fall 2018) with the Rugby Canada Senior Women's National Team. • April 2019 - Green & Gold Academy Athlete Academy - Participated in the Tropical 7s Tournament in Orlando, FL • June 2019 - Student athlete Courtney Holtkamp participated in the Women's Rugby Super Series with the Rugby Canada Senior Women's National Team
Golden Bears and Panadas Swimming	• December 28, 2019 – January 7, 2019 - Team participated in a self-funded Christmas team training camp in Tempe, Arizona, USA
Golden Bears and Panadas Track & Field	• April 17-21, 2019 - 10 athletes and 2 coaches (including Head Coach, Wes Moerman) attended 5 competitions in Los Angeles, CA • May 2-22, 2019 - 2 athletes & Head Coach Wes Moerman participated in a self-funded training camp and coach education clinic in Phoenix, Arizona
Golden Bears and Pandas Wrestling	• July 2-8, 2019 - Owen Dawkins, Head Coach, attended UWW World Cadet Wrestling Championships in Zagreb Croatia • September 1-8, 2018 - Student-Athlete, Hayley Heffel attended the World University Championships in Brazil • October 11-14, 2018 - Pandas team (9 athletes) travelled to competition in

	Atlanta, Georgia • November 30-December 2, 2018 - Golden Bears & Pandas teams (20 athletes) travelled to competition in Great Falls, Montana • January 17-19, 2019 - Golden Bears & Pandas teams (9 athletes) travelled to competition in Oregon Classic in Redmond, Oregon • May 8-16, 2019 - Owen Dawkins, Head Coach, attended Romanian Cadet Wrestling Tournament • June 28-30, 2019 - Owen Dawkins, Head Coach, attended UWW Cadet Pan American Championships, Morelia Mexico

This list is not exhaustive, and includes information shared with the International and Community Education office by Athletics and/or individual teams.

3.5 Short-term international visits – OUTGOING

May 2019	Christine Ma Sean Cai CHINA	Visits to university partners and potential partners in Beijing, Chengdu and Wuhan China
May 2019	Kerry Mummery Norway, Germany	Attended the first Belt and Road Physical Education Forum hosted by Beijing Sport University (BSU) in Zagreb, Croatia.
April 2019	Kerry Mummery Zagreb, Croatia	Visited University partners and potential partners, Norwegian School of Sport Sciences (NSSS) in Norway and the German Sport University – Cologne in Germany.

Please note: the information on incoming and outgoing international visitors, researchers and other international initiatives that are compiled by the Office of International and Community Education is not exhaustive and relies partly on Faculty members and staff sharing information on international activities.

If you would like information on international activities you have been involved in to be included in future reports, please contact KSRinternational@ualberta.ca.

4.0 International Events and Programs

4.1 Overview

July-August 2018	International Summer School Program (ISSP)	July 23 to August 17, 2018 Beijing Sport University, CHINA (28 students & 2 chaperones) - Fourth year of participation from BSU July 16 to August 10, 2018 Nanjing Sport Institute, CHINA (31 students & 4 chaperones) -First Year of participation from NSI July 23 to August 17, 2018 Shanghai International Studies University, CHINA (3 students) -Second year of participation from SHISU
October 2018 - April 2019	International Recreation and Sports Study Program (IRSSP)	Beijing Sport University October 31, 2018 - April 20, 2019 (10 students & 2 graduate students) - Second year of program

For more information or if you are interested to be involved with future KSR International School Programs, please contact KSR.IntlSchoolPrograms@ualberta.ca or Christine Ma christine.ma@ualberta.ca.

4.2 International Summer School Program (ISSP) 2018

2018 was the 4th year of the ISSP. The ongoing development and management of the KSR International School Programs and visitor study programs are organized by program coordinators Sean Cai and Elaine Yip.

To strengthen relationships with our international partners, the International Community and Education (ICE) office offers short-term (non-credit) programs that are customized with content, and personalized for its international audiences. The International Summer School Program is successful each year thanks to the contributions, collaboration, and participation of various faculty members and professors. Some of the 2018 participating units included: Campus and Community Recreation, the Steadward Centre, Athletics and more.

Through academic work or contextual program learning experiences, we are proud to showcase and share our faculty's extensive and thriving areas of expertise. We look forward to continued participation of broader international audiences and universities.

4.3 International Recreation and Sports Study Program (IRSSP) 2018-2019

In October 2018, the International and Community Education Office offered the second year of the IRSSP. It was short-term 5 month visitors program with a cohort of 10 undergraduate students and 2 graduate students from Beijing Sport University, which ran until mid-April 2019.

The International Recreation and Sports Study Program (IRSSP) is comprised of three main components: Academics, Activities, and Experiential Learning. The program immersed students in KSR undergraduate academic classes and incorporated a Canadian-style integrated learning approach.

Students experienced our different classroom cultures, experiential lab work or seminar-style discussions. This program approach provided IRSSP students unique observational learning opportunities in KSR classrooms, as well as

This program also included practicum-like, experiential learning opportunities thanks to the support of units including: Campus and Community Recreation (CCR), Work Physiology Lab, Sport and Health Assessment Centre (SHAC), Varsity Health, and more.

Over 15 professors, graduate students, instructors, faculty members, programmers, staff, and students contributed to this successful program. Another cohort from Beijing Sport University is currently participating in IRSSP in 2019-2020.

5.0 Community Education Initiatives

5.1 The Indigenous Sport and Recreation Certificate (ISRC)

The Indigenous Sport and Recreation Certificate (ISRC) is designed for working professionals who want to further their knowledge in the areas of Indigenous studies, sport and recreation. The certificate is delivered using a combination of online instruction, and a one week, face-to-face learning experience.

The certificate is offered using a cohort model; students will complete the three courses and face-to-face learning experience together and will take the courses in the prescribed order over a 10 month period.

- The first cohort of the ISRC started in September 2017.
  There were over 25 applications, with 15 admissions, and 14 successful completions. The students' feedback was positive and powerful
- The second cohort had 10 applications, 5 admitted, 4 successful completion
- The third cohort had 15 applications, 8 admitted

The certificate supports the recommendations of The Truth and Reconciliation Commission Report which speaks directly to sport, education, and leadership including point number 89 - *We call upon the federal government to amend the Physical Activity and Sport Act to support reconciliation by ensuring that policies to promote physical activity as a fundamental elements of health and well-being, reduce barriers to sports participation, increase the pursuit of excellence in sport, and build capacity in the Canadian sport system, are inclusive of Aboriginal peoples.*

5.2 The Sport and Recreation Management Certificate (SRMC)

The Sport and Recreation Management Certificate (SRMC) was successfully approved by University Governance, the Board of Directors and the Ministry of Advanced Education in Spring 2018:

- This certificate will launch its first course(s) in Fall 2019

- This certificate includes 6 courses of which students are required to complete 4 courses
- Coursework is delivered in an online format
- Fall 2019 has had 19 applications, 17 were admitted and 5 KSR graduate students have taken the first course as an elective towards their program
- Winter 2020 has received 7 applications, 6 admitted

5.3 Mountains 101 MOOC

Mountains 101 continues to be a success with over 25,000 registered students to date, from over 120 countries worldwide.

- Mountains 101 is ranked as one of the top 50 MOOCs of all time on Class-Central and the #1 ranked Science and Environmental Science related MOOC in the world
- Mountains 101 also had a partnership with The Edmonton Public Library and Community Relations on campus. This included a free public lecture at the EPL Highlands Branch with Zac Robinson and David Hik
- Mountains 101 has had over 29K students register to date

5.4 Community Education – Outreach Initiatives

The International and Community Engagement office has attended several conferences and workshops to support and promote Certificate programs, Mountains 101 and the Faculty in general:

- Health and Physical Education Council HPEC Conference 2018 in Calgary
- Ever Active Schools Shaping the Future Conference 2018 in Kananaskis
- Alberta Recreation & Parks Association ARPA Conference 2017 Lake Louise
- Aboriginal Physical Activity & Cultural Circle APACC 2018 - 6th Annual National Indigenous Physical Activity & Wellness Conference in Vancouver
- Alberta Future Leaders Day 2017
- Greater Edmonton Teachers' Convention Association (GETCA) March 2018

Jill Cameron is also a committee member on the ARPA Conference program planning committee to support the Indigenous Stream of this conference. She has also given lectures to Summer School Students each year on Mountains 101 and uses this as an opportunity to speak about online certificate courses.

6.0 Awards and Funding

- Palacký Erasmus+ Programme funding for, travel and stipends for student and teacher mobility
- One International Undergraduate Student Award - awarded each year to one new international undergraduate (IDF paying) student in KSR
- One International Undergraduate Student Athlete Awards
- One ARPA Indigenous Sport and Recreation Graduate Award
- Once ASC Indigenous Sport and Recreation Award

7.0 International Agreements – Memorandum of Understandings

- Yonsei University, South Korea
- Palacký University of Olomouc, Czech Republic
- Shanghai University of Sport (SUS), China
- Norwegian School of Sport Sciences, Norway
- Loughborough University, United Kingdom
- Beijing Sport University (BSU), China

8.0 Student Work Experience Opportunities

In 2018-2019 the International and Community Education office mentored two International Student Work Experience Program (ISWEP) students, and one STEP-funded student, and provided employment for five casual student staff positions.

Our program will continue to support opportunities in work experiences, funding, and development for current KSR students, recent KSR alumni, and the UAlberta student community.

G. Marketing and Communications

The Marketing and Communications team is responsible for developing, implementing, and managing campaign planning, strategy development, materials development, image/reputation enhancement, market research, evaluation, branding etc, for the Faculty of Kinesiology, Sport, and Recreation comprehensive marketing and communications program.

The Marketing and Communications Team uses innovative marketing and communication strategies to contribute to the attainment of various Faculty priorities, including, but not limited to, academic programs, enrollment, athletics, campus & community recreation, relationship building, advancement and overall brand awareness (both of the Faculty and the University of Alberta).

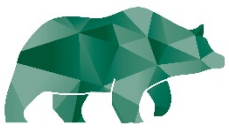
Major activities include:

- Marketing and strategic communications
- Internal and external communication
- Advancement and Alumni relations
- Media and public relations
- Major events
- Print and online publications
- Visual identity and branding

Launched a new Faculty Booklet that provides an overall account of the Faculty and the various components that make up who we are and what we do.

Website

The Faculty of Kinesiology, Sport, and Recreation website is a central communication tool for potential students, current students, staff, faculty, alumni, donors and the general public.



Stats (July 1, 2018 to June 30, 2019):

- 208,870 unique visitors
- 459,523 sessions
    - 416,240 Canada
    - 11,738 United States
    - 4,309 India
    - 2,362 United Kingdom
- 1,117,775 pageviews
- Demographics
    - 48.6% female 51.4% male
    - 25-24 years old is our largest audience at 183,236
    - 18-24 years old is our second-largest audience at 136,346

Top 5 Page Views (including CCR and Facilities)

1. /kinesiology-sport-recreation/campus-community-recreation page views - 60,277
2. /kinesiology-sport-recreation/campus-community-recreation/drop-in/basketball age views - 53,022
3. /kinesiology-sport-recreation/campus-community-recreation/drop-in/badminton page views - 43,541
4. /kinesiology-sport-recreation/facilities/north-campus/hanson-fitness-and-lifestyle-centre page views - 40,494
5. /kinesiology-sport-recreation page views - 34,867

Top 5 Page Views (excluding CCR and Facilities)

1. /kinesiology-sport-recreation page views - 34,867
2. /kinesiology-sport-recreation/programs/undergraduate-programs/bachelor-of-kinesiology page views 22,393
3. /kinesiology-sport-recreation/searchresults?searchcat=blade page views - 15,427
4. /kinesiology-sport-recreation/programs/graduate-programs page views 15,044

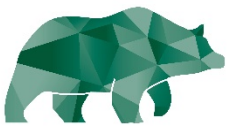
5. /kinesiology-sport-recreation/research/student-research-experience/research-poster-presentations page views - 11,174

Top 10 Organic Landing Pages (includes CCR and Facilities)

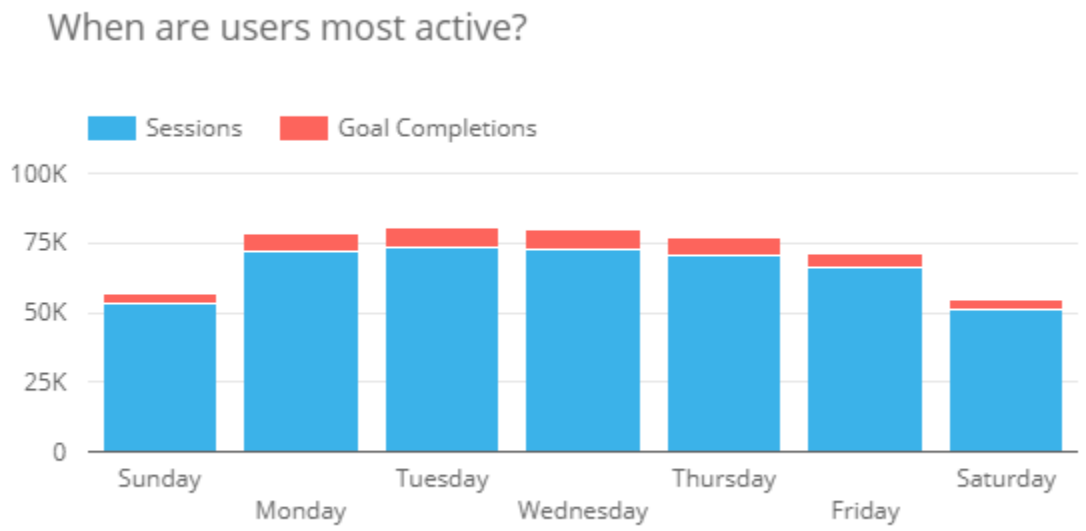
1. /kinesiology-sport-recreation/campus-community-recreation/drop-in/basketball sessions - 24,754
2. /kinesiology-sport-recreation/campus-community-recreation/drop-in/badminton sessions - 20,018
3. /kinesiology-sport-recreation/facilities/north-campus/hanson-fitness-and-lifestyle-centre sessions - 16,527
4. /kinesiology-sport-recreation/campus-community-recreation sessions - 15,339
5. /kinesiology-sport-recreation/campus-community-recreation/drop-in/swimming sessions - 12,833
6. /kinesiology-sport-recreation/facilities/north-campus/hours sessions - 12,709
7. /kinesiology-sport-recreation/facilities/north-campus/wilson-climbing-centre sessions - 10,581
8. /kinesiology-sport-recreation/programs/undergraduate-programs/bachelor-of-kinesiology sessions - 8,608
9. /kinesiology-sport-recreation/campus-community-recreation/drop-in sessions - 7,911
10. /kinesiology-sport-recreation/research/student-research-experience/research-poster-presentations sessions - 6,798

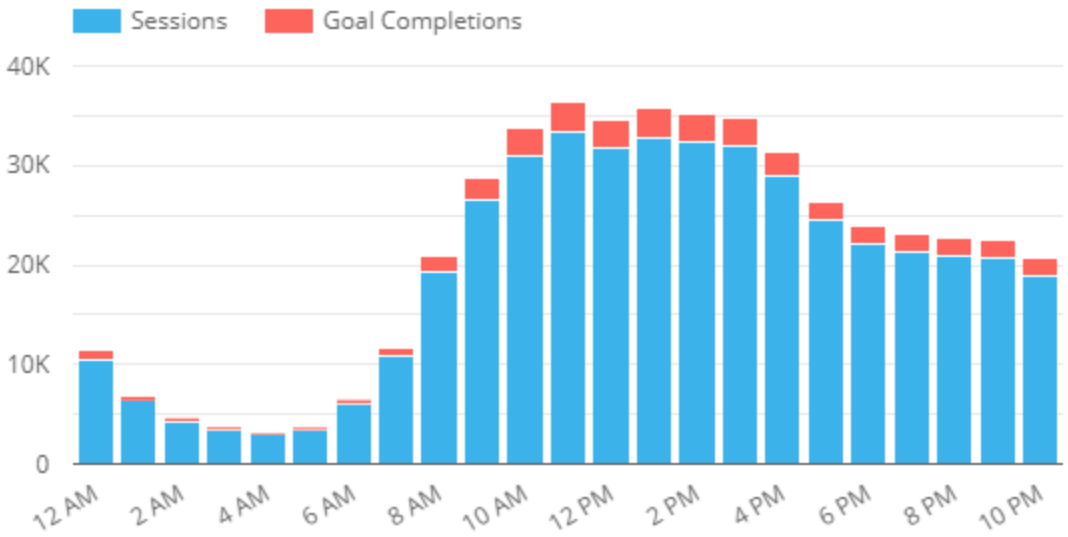
Top 10 Organic Landing Pages (excluding CCR and Facilities)

1. /kinesiology-sport-recreation/programs/undergraduate-programs/bachelor-of-kinesiology sessions - 8,608
2. /kinesiology-sport-recreation/research/student-research-experience/research-poster-presentations sessions - 6,798
3. /kinesiology-sport-recreation Sessions-6,227
4. /kinesiology-sport-recreation/ sessions - 4,100



5. /kinesiology-sport-recreation/about-us/faculty-staff/researchers/billy-strean sessions-385
6. /kinesiology-sport-recreation/about-us/faculty-staff/researchers/craig-steinback sessions-380
7. /kinesiology-sport-recreation/programs/graduate-programs/funding-and-awards/graduate-assistantship-funding sessions-360
8. /kinesiology-sport-recreation/programs/undergraduate-programs sessions-359
9. /kinesiology-sport-recreation/about-us/faculty-staff/professor-emeritus sessions-356
10. /kinesiology-sport-recreation/about-us/faculty-staff/researchers/tanya-berry sessions-339





Social Media

Facebook Stats (July 1, 2018 - June 30, 2019)

- 2,542 likes
- 2,740 followers
- 59% women 40% men
- 29% of women are 25-34 years of age, 22% of men are 25-24 years of age
- 1,888 Canada, 65 India, 62 US, 50 Egypt, 40 Pakistan, 37 UK, 24 Brazil, 18 Norway, 14 Germany
- 1,236 Edmonton, 106 Calgary, 42 Vancouver, 29 GP, 29 Sherwood Park, 29 Red Deer, 25 Toronto
- 44.8K views of videos posted

Top Post by Month

- July 2018 - We're excited to kick off our 2018 International Summer School Program! We will welcome over 60 international students and administrators over the next several weeks, introducing them to Canadian perspectives on sport, recreation, leisure and health - 731 (photo)

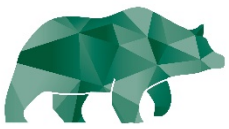
- August 2018 - The summer months were busy for the Dean's Office as the team was hard at work planning the much anticipated follow-up Dean's Message Video. A film crew documented the planning and brainstorming process for the new video, and we're happy to release this behind-the-scenes look at what goes into making a Dean's Message Video! - 12191 (video)
- September 2018 - Associate Professor Loren Chui reveals how simple and effective a strength-training workout can be—and dispels some common myths. "The goal should be to train as many muscles as possible with as few exercises as possible to keep the time in the gym to a minimum," says Chiu. - 2347 (Link to story)
- October 2018 - Updated Canadian guidelines for physical activity during pregnancy call for pregnant women without medical restrictions to get 150 minutes of exercise per week. Associate Professor Margie Davenport - 5154 (link to story)
- November 2018 - Professor Dave Collins and colleagues create and trial unique protocol for treating spinal cord injury side effects. Dr. Collins was recognized for the protocol at the TEC Edmonton 2018 Innovation Awards. "NMES is a type of stimulation physiotherapists are used to applying, so taking this protocol from the lab to clinical practice would be fairly seamless. In a situation where early and frequent movement is important for rehabilitation, this NMES and physiotherapy program when applied over three to six months could potentially have life-changing implications for individuals with a spinal cord injury." - 2222 (photo)
- December 2018- Congratulations to the Faculty of Kinesiology, Sport, and Recreation alumni, faculty, staff and students being recognized this month in the #UAlbertaKSR November Awards and Accolades recap! - 1753 (Photo)
- January 2019 - Congratulations to University of Alberta Golden Bears and Pandas women's hockey coach Howie Draper for leading Team Canada to U-18 world championship on January 13th - 2319 (link to story)
- February 2019 - We're very proud to once again be in the top 10 in the world in sports-related subjects, according to the 2019 QS World

University University Rankings! "This ranking is a testament to the quality of our teaching and research spanning the areas of sport, exercise, physical activity and health," said Dean Kerry Mummery. "We have no plans of slowing down our efforts to provide high-quality, interdisciplinary teaching and research opportunities for our faculty, students and communities." - 3360 (Link to story)

- March 2019 - Research conducted by former KSR PhD student Heather Larson found that competitive youth swimmers are more likely to drop out of the sport as adults because of their social experiences and relationships with coaches and teammates, rather than training overload - 3284 (link to story)
- April 2019 - Tonight is KSR instructor Adam Pinkoski's SOLD OUT Last Lecture presentation! We sat down with the BKin alumna to learn more about his unique teaching style and what has brought him to this point of his career. - 3927 (link to story)
- May 2019 - The grit we admire in athletes may owe itself to their passion for the game and focus on performance goals rather than their overall personality, according to a study conducted by former KSR graduate student Danielle Cormier - 1951 (link to story)
- June 2019 - Congratulations to new KSR alumna Katie Boisvert, the winner of the Governor General's Silver Medal, awarded to the top three undergraduate students at the University of Alberta who achieve the highest academic standing overall upon graduation! "I am truly honored to be awarded the Governor General's Silver Medal. Receiving this award is my proudest academic accomplishment thus far... I believe that the achievement of academic success goes beyond hard work. The key to my academic success lies in my ability to recognize the importance of being able to ask for help." #UAlberta19 - 2322 (link to story)

Top paid posts

- January 2019 - Registration is now open for the online Sport and Recreation Management Certificate! Learn more at uab.ca/ksrcert - PAID BOOSTED POST - 42,580 (Link to website)

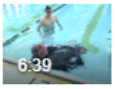
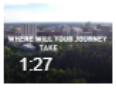
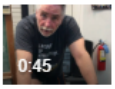


- **March 2019 -** Take advantage of early bird pricing, and register for the 2019 Recreation Forum by March 14th! uab.ca/recfor - **PAID BOOSTED POST - 15,297 (link to web)**
- **May 2019 -** The Sport and Recreation Management Graduate Certificate is an online program aimed at enhancing management and leadership skills in the fields of recreation, sport and health. Apply today! uab.ca/ksrcert **- 23,241 (video)**

Page comparison to Canadian competitors

Page		Total Page Likes
YOU 1	University of Alberta - F...	2.5K
2	University of Calgary Ki...	2.5K
3	UBC School of Kinesiol...	1.9K
4	College of Kinesiology -...	579
5	Faculty of Kinesiology a...	411

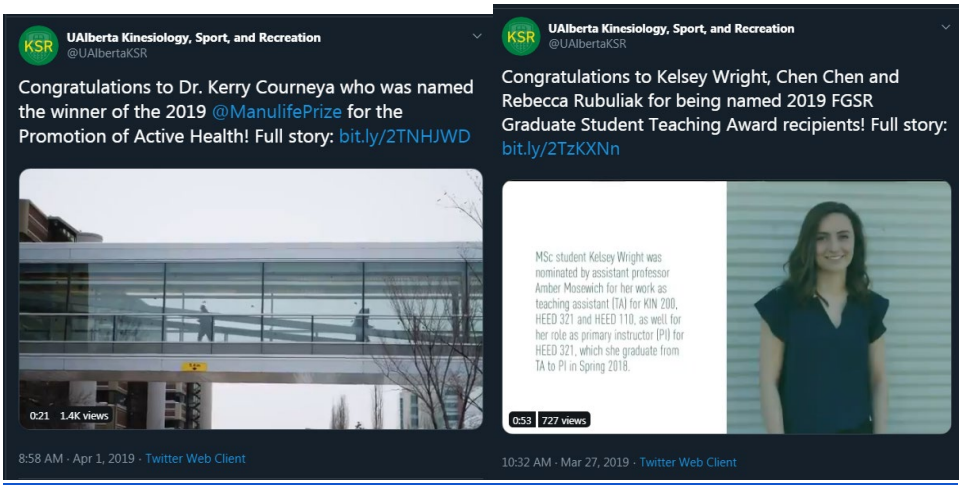
Top FB Video views

Video	Published	Minutes...	3s Video Views
 6:39 Dean's Message - Faculty of Kinesiology, Sport, and Recreation	08/27/18 2:22 PM	6K	6K
0:21 Apply now for the Indigenous Sport and Recreation Certificate program	03/05/18 7:56 AM	3.9K	19.7K
 1:27 Sport and Recreation Management Graduate Certificate	05/08/19 12:39 PM	2.9K	11.5K
4:35 Weight Lifting Demos with Loren Chiu	09/17/18 8:58 AM	687	738
 0:45 Dean Kerry Mummery wants YOU to join our @msbikeledcam team UAlberta Bea...	03/22/19 10:33 AM	300	1.2K
0:45 Now hiring Student Kinesiologists!	01/16/19 9:48 AM	283	1.1K

Twitter stats (July 1, 2019 to June 30, 2019):

- 114 Tweets
- 274,371 Impressions
- 2,210 profile visits (no data available for July 2018 to January 2019)
- 283 mentions (no data available for July 2018 to January 2019)
- 224 new followers

Top Tweets:



Instagram stats (July 1, 2019 to June 30, 2019):

- 1308 Followers
- 127 Following
- Demographics:
  - 75% from Edmonton
  - 48% 18-24 years of age
  - 36% 25-34 years of age
  - 10% 35-44 years of age
  - 66% female, 34% male

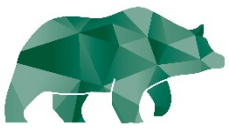
Top Posts

- Meet Dallas Ansell (Graduate Student Feature)- - 1501 reach, 143 likes, 3 comments (August 2018)
- BKin Student Jenae Eisler - GGSS - 1464 reach, 84 likes 62 profile visits (August 2018)
- KDays Parade - 1462 reach, 145 likes(July 2018)
- Welcome new KSR undergraduate student class picture - 1452 reach, 185 likes, 107 profile visits, 7 comments
- June Convocation - Spencer Allen - 1305 reach, 140 likes, 64 profile visits, 2 comments, 4 shares (June 2019)

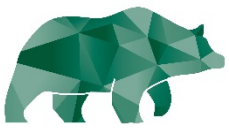
Stories

Faculty stories are written and published on the Faculty website, Faculty social media as well as the university's news site, Folio.ca. Sometimes stories are actively pitched to media or media pick-up on postings on our internal sites.

- International Summer School Program kicks off for the fourth year in a row
- UAlberta professors recognized for excellence in supportive and palliative oncology
- Green & Gold Sport Camp Coach Profiles
- Study highlights fragility of motivation for regular exercise
- Everything you need to know about weight training
- High blood pressure in some pregnancies continues to puzzle researchers
- How the U.S. women's hockey team used Twitter to win their fight for pay equity
- High-intensity interval training provides significant benefits to survivors of testicular cancer, study shows
- Featured Faculty Lecturer: Angela Bayduzza
- The Steadward Centre for Personal and Physical Achievement welcomes new Director
- Mountain Studies Interdisciplinary Team Wins Teaching Unit Award
- How Indigenous women use physical activity for spiritual connection, resistance and resilience
- Exercising during pregnancy cuts odds of complications by a quarter
- Mountains Studies Interdisciplinary Team Wins Teaching UNit Award
- How U of A sport researchers are helping kids in Philadelphia learn life skills in practice
- Courneya renewed as Tier I Canada Research Chair in Physical Activity and Cancer
- New national blueprint aims to help Canadians move more and sit less
- Convocation Profile: Eric Golberg
- Convocation Profile: Tiffany Dodds-Little
- Sharing a deep love of mountains worldwide
- High-intensity interval training provides significant benefits to survivors of testicular cancer, study shows
- Sharing a deep love of mountains worldwide



- A new approach on traditional spinal cord injury treatment
- How you move shows how you make up your mind
- Four tips on how to layer up in winter
- Albertans getting plenty of sleep, but it's not all good
- Should children lift weights?
- Breaking down barriers to create meaningful connections
- Heart health messages for women may backfire
- Niigaanibatowaad: FrontRunners Film Event
- Why static stretching may not be as effective as you think
- Should you stretch before you workout?
- Relationships, not training overload, main reason children quit competitive swimming
- Do we really need to take 10,000 steps a day?
- Albertans must put down devices before bed, be more active to improve health: report
- Mountain Research Hits Home in Canmore, Paris, and Prague
- Social Cognitive Theory And Exercise: How Can We Stay Motivated?
- PARALYMPIC SPORT DEVELOPMENT FUND ENHANCES PARA ATHLETICS PROGRAM AT STEADWARD CENTRE
- How learning new things as an adult can change brain chemistry
- 2019 Graduate Student Teaching Recipients
- Kerry Courneya named 2019 winner of the Manulife Prize for the Promotion of Active Health
- KSR student-athletes take home Golden Bears and Pandas top honours
- Q&A with 2019 Last Lecture Presenter Adam Pinkoski
- In Memoriam: Dr. Richard Alderman
- Unpacking parental hidden labour
- Capping off a meaningful career – Gordon Walker
- A career well-travelled – Tom Hinch
- True grit more about passion than personality, study suggests
- More intense wildfires are here to stay and we need to adapt: report
- Finding balance to enrich the multi-sport experience for youth
- Convocation Profile: Sarah Jevne

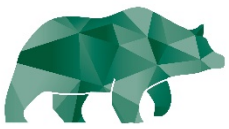


- Convocation Profile: Amanda Ebert
- Convocation Profile: Katie Boisvert
- Champion pole vaulter set to reach new heights after beating cancer three times
- Strong donor support bolsters U of A research, student opportunities
- What scouts look for—and watch out for—in hockey prospects
- Too much screen time hurts toddlers' social skills, new study shows
- New Faculty of Kinesiology, Sport, and Recreation Leadership Team

NEW Faculty Awards and Accolades Recap - In an effort to be more proactive and inclusive when it comes to communicating Faculty awards and accolades, we've created a Monthly Faculty Awards and Accolades Acknowledgement communication piece.

- September 2018 Faculty Awards and Accolades
- October 2018 Faculty Awards and Accolades
- November 2018 Faculty Awards and Accolades
- January 2019 Faculty Awards and Accolades
- February 2019 Faculty Awards and Accolades
- March 2019 Faculty Awards and Accolades Recap
- April 2019 Faculty Awards and Accolades
- May 2019 Faculty Awards and Accolades
- June 2019 Faculty Awards and Accolades

Top Research Stories per Quarter:



- Everything you need to know about weight training (Jul. 1 - Sept. 30, 2018); 23,009 pageviews/quarter
- Exercising during pregnancy cuts odds of complications by a quarter (Oct. 1 - Dec. 31, 2018); 1,866 pageviews/quarter
- COMMENTARY: Do we really need to take 10,000 steps a day? (Jan. 1 - Mar. 31, 2019); 9,146 pageviews/quarter
- What scouts look for—and watch out for—in hockey prospects (Apr. 1 - Jun. 30, 2019); 8,396 pageviews/quarter

NOTE: These stories are posted to Folio.ca and shared via the KSR and Folio social media channels (Facebook and Twitter, predominantly). Folio is part of University Relations and has budget to boost their Facebook posts to help increase the reach and readership of each research story. They generally boost each story they post, and depending on how they perform within the first 24 hours, they will either turn off boosting or put more money behind the posts that are performing well. In the Fall of 2018, Facebook changed some of their rules around boosted posts and advertising, which caused the Folio account's ability to boost to be locked for several weeks. The *Exercising during pregnancy cuts odds of complications by a quarter* post fell within Folio's non-boosting period, and explains the discrepancy between that post and the other top three performing research stories. With this particular story, however, we did push it out to the media quite extensively and saw much success—media coverage in six countries with an estimated total reach of 32,951,544 (Meltwater - Media Intelligence Solution report, 2018)

Student Engagement:

The marketing and communications team works with the Student Services office to support student engagement activities.

Exam Wellness Booth

This year, we launched the Exam Wellness booth to run throughout the duration of Winter Term exams, each day featuring a unique treat or activity. This highly successful initiative was a collaboration with the Student Service office and was available to all undergraduate and graduate students. The success of the inaugural booth has paved the way for this to be a regular event during mid-terms (a one-day booth) and final exams (two days per week for the duration of finals).

Convocation Student Stories

Each term, the marketing and communications team features convocating students via the website and social media.

- Eric Goldberg (MCoach)
- Tiffany Dodds-Little (BARST)
- Sarah Jevne (BPE - last person to graduate with a BPE in KSR history)
- Amanda Ebert (MA)
- Spencer Allen (BScKin)
- Katie Boisvert (BScKin)

Student Research Stories

Both the Faculty marketing and communications team and Folio.ca engage with student research and accomplishments through web-based stories, which are distributed largely via social media/

- Study highlights fragility of motivation for regular exercise (PhD candidates Heather Larson and Kimberley McFadden)
- How the U.S. women's hockey team used Twitter to win their fight for pay equity (MA student Noah Underwood - research conducted as an undergraduate student)
- How U of A sport researchers are helping kids in Philadelphia learn life skills in practice (PhD student Kurtis Pankow)

- How you move shows how you make up your mind (PhD student Nathan Wispinski)
- Breaking down barriers to create meaningful connections (PhD candidate Rylan Kafara)
- Relationships, not training overload, main reason children quit competitive swimming (PhD candidate Heather Larson)
- 2019 Graduate Student Teaching Recipients (Kelsey Wright, Chen Chen and Rebecca Rubuliak)
- Unpacking parental hidden labour (PhD candidate Amanda Ebert)
- What scouts look for—and watch out for—in hockey prospects (MA student Ryan Guenter)

Undergraduate

Student Newsletter - Launched at the beginning of October, 2018 - our team meet, brainstormed, developed and executed a new newsletter format that would be sent out to undergraduate students twice a month that included; information dates/deadlines, volunteer/job opportunities, did you know?, Faculty information, and a section for both Athletics and CCR to market direct to our students. **70% open rate**

Undergraduate Marketing/Promotional Materials

- Recruitment brochure - redesign and update based on previous years feedback from students
- Embedded certificate postcard - research certificate and aobirginal sport and recreation
- Tabletop banners highlighting degree programs
- Posters - career fair, practicum placement, class changes
- CCUPEKA covers
- Undergraduate research TV 0 lower level of VVC

Graduate Marketing/Promotional Materials

- Recruitment brochure - One overall graduate program piece, MA, MCoach, MSc, PhD
- PhD graduate wall
- Masters graduate wall
- Graduate research TV - lower level VVC

Orientation

New faculty designed t-shirts are made and distributed to first year undergraduate and graduate students during orientation as an official welcome into the faculty. A class picture is taken at the Alberta Bear to mark their "first day of school".

International and Community Engagement

Graduate Certificates

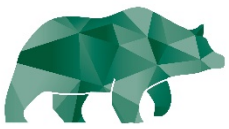
A marketing and communications plan with accompanying budget spend was put together for both the Indigneous Sport and Recreation Graduate Certificate and the Sport and Recreation Management Graduate Certificate with the goal of recruiting students for these revenue-generating programs.

- Designed and produced postcards, FAQ's, different advertisements for various publications both online and digital.
- Social media strategy including boosted posts and purchased advertising
- Purchasing advertising in consumer publications
- Wrote student testimonials, alumni story, various copy for promotional purposes

International

- International Summer School - brochure, events, social media posts, story
- Play Around the World - postcard, website
- Study abroad - SUTV ads, social media posts, website

Advancement and Alumni



The marketing and communications team works with the Faculty Advancement and Alumni department on various projects, tasks and events.

Advancement/Alumni Projects

- Created professor profile one-pagers to be used by Advancement for fundraising purposes. Professor's profiled in 2018/2019 are Elizabeth Halpenny, Kerry Courneya, Margie Davenport and Valerie Carson
- Created an "advancement briefcase" for Craig Chapman's eye and motion-tracking research.This "briefcase" follows the format of central Advancement (double-sided, one-pager in a magazine-style layout), and is used to help the Advancement team to raise funds for a specific project or lab
- Annual Buckslip - annual giving faculty solicitation lead by central Alumni Relations
- Arena Project - photo, presentation and media support
- Cheque presentation for the Wilson Climbing Centre - Minister Sigurdson
- Wanda Wetterberg Golf Tournament - design invitation and support for prizing
- Alumni Council - researched potential names to put forward for nomination to Alumni Council to represent KSR
- Campers Village SUTV ads

Alumni Newsletter

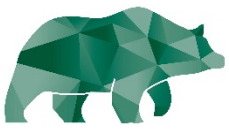
Emails would go out to our alumni list (4800 emails) randomly throughout the year to advertise upcoming events, alumni weekend, alumni award nominations etc. A new content plan was put in place starting February 2019 with selected distribution dates and standardized content sections (Faculty section, KSRAA section, alumni spotlight, faculty news and events).

Alumni Newsletter Stats - standard open rate for newsletter is 15-25%, our alumni are opening the newsletters between 30-40%. The standard click rate is 2.5% and our alumni newsletter is roughly 14%.

- February 12, 2019 (first official newsletter)
    - 2019/4381 opened the newsletter (47%)
    - 278 (14%) clicked on a link
    - Top three clicks
        - Sport and Recreation Management Graduate Certificate
        - General News
        - Alumni website page
- May 14, 2019

    - 1709/4309 opened (41%)
    - 248 (14.5%) clicked on a link
    - Top three clicks:
        - Tom Hinch - retirement story
        - QA with Adam Pinkoski
        - Gordon Walker - retirement story
- July 4 - Special Alumni Weekend
    - 1746/4515 opened
    - 6% clicked
    - Top three clicked:
        - SRM Certificate
        - All alumni events link
        - Drop-In access for alumni
- August 7, 2019
    - 1950/4474 opened
    - 486 clicked
    - Top three clicked:
        - In memoriam Pat Conger (373)
        - In memoriam Jim Donlevy (367)
        - Alumni weekend (49)
- September 16, 2019 - Alumni Weekend
    - 1384/4449 opened
    - 169 clicked
    - Top three clicked:
        - Alumni weekend
        - Spotlight - Allan Cox
        - Central Alumni weekend webpage
- November 21, 2019
    - 1641/4488 opened the newsletter (37%)
    - 309 (19%) clicked on one of the links
    - Top three clicks
        - Connecting the dots - Doug Brimecomb story
        - Alumni Spotlight - Brian Torrance
        - Story - High-intensity work out

Kinesiology, Sport, and Recreation Alumni Association (KSRAA)



Working with KSRAA on their Strategy Plan and how they can work with the Faculty to achieve the goals set out in their new plan. This includes; website, social media, events, connecting with current students and collaboration at alumni weekend.

Alumni Spotlights

- Beth Hudson (BScKin, MA, ISRC)
- Claire Wade (ISRC)

Events

- Welcome Back Faculty and Staff Pancake Breakfast
- 2018 Alumni Weekend
    - Football game
    - Alumni breakfast
- Recreation for Life Golf Tournament - featured partner
- Fall Convocation
- Academic and Administration Holiday Lunch
- Winter Warmup Faculty and Family Event
- Student wellness table during finals
- Last Lecture - Tom Hinch and Gordon Walker
- Spring Convocation
- Faculty May BBQ

H. Provincial Fitness Unit

1.0 Overview

As a service centre in the Faculty of Kinesiology Sport and Recreation at the University of Alberta, the Provincial Fitness Unit coordinates two distinct programs and one nonprofit social enterprise. If you have been to a recreation facility in Alberta, chances are the professional who ran your session is certified with us, or has attended one or more of our conferences, classes, or workshops.

The Health and Fitness Program and the social enterprise Alberta Fitness Leadership Certification Association(AFLCA) develop and deliver evidence-informed educational resources, professional development and certification (AFLCA) to recreation, fitness and exercise professionals. Our programs are a crucial vehicle for knowledge transfer, linking research to practice across Canada. Our work ensures that professionals have access to current evidence and leading practice. We also work regionally, nationally and internationally to support standards and registration for qualified exercise professionals.

The Be Fit For Life Network - Edmonton Centre focuses its work to support the development of physical literacy and physical activity participation through resource development, professional development opportunities and support regional collaborations. The Provincial Fitness Unit Be Fit For Life Edmonton Centre supports the coordination of the network, and is one of 9 centres working in partnership across the province to support Albertans to lead healthy, physically, active lifestyles.

2018-2019 Activities

1. Health and Fitness Program

Vision: Albertans have access to safe, effective strategies to live healthy, active lifestyles.

Mission: We inspire our community to be physically active through advocacy and evidence-informed education, building strategic partnerships and by supporting professionalism in the exercise industry.

The Health and Fitness Program excels in the development of resources and knowledge transfer supporting professionalism and lifelong education in our sector.

A cornerstone of the Provincial Fitness Unit, The Health and Fitness Program develops core resources used in the training and certification of exercise, fitness and physical activity professionals.

Working with leading academic researchers, and expert practitioners, in 2018-19 we completed the Strength and Conditioning Advanced Course for personal trainers. Intended to fill a gap in the industry, and reduce risk of injury, this certification provides leading practice and current evidence to for safe, effective strength and conditioning training for youth and adults in team or individual sport.

We also completed the Pre and Postnatal exercise certification course curriculum, incorporating the new Canadian Guidelines for Physical Activity Throughout Pregnancy.

We continue to fill gaps in resources, to support evidence-informed training and certification to practitioners in the unregulated exercise industry.

The Perspectives in Exercise Health & Fitness conference, held biennially since 1990, drew top academics and experts to deliver new research, and leading practice to practitioners. In 2018 Perspectives:

- was attended by more than 480 delegates, researchers and practitioners
- Presenters included: five University of Alberta Kinesiology, Sport and Recreation faculty, including Dr. Margie Davenport, who delivered the first public presentation of the New Canadian Guidelines for Physical Activity Throughout Pregnancy
- Included a poster presentation providing opportunities for students to present their research

Other presenters included Dr. Stuart McGill, Dr. Jamie Burr, Dr. Marc Poulin, Veronica Guadagni (Brain in Motion) and Dr. Stephen Norris, Michael Cook, Drs. Loren Chiu, Chris Sellar, Tish Doyle Baker, Nicole Reed and Gavin McCormack.

> The Provincial Fitness HFP works closely with the National Fitness Leadership Association of Canada, and the International Confederation of Registers for Exercise Professionals (ICREPS) to establish standards and a Canadian register of exercise professionals. Established in alignment with the international exercise/fitness community, the register provides international portability for qualified exercise professionals, clarity about the range of qualifications of exercise professionals and recognition of their value to the health and well-being of Canadians.

In 2018-19

- Over 2,400 Alberta fitness/exercise professionals are registered, and their credentials are recognized across Canada, and transferable internationally
- More than 50 international professionals moving to Alberta had their credentials verified, and registered through us

2. Alberta Fitness Leadership Certification Association (AFLCA)

Vision: AFLCA accredited professionals inspire Albertans to practice healthy, active lifestyles.

Mission: The AFLCA advances fitness/exercise leadership and consultation through evidence-informed education, accreditation and standards development, and by supporting and promoting a high level of professionalism in the industry.

The AFLCA is a crucial source of professional development and certification for over 3,000 Alberta and NWT exercise professionals. The AFLCA has been an approved education provider of the American College of Sports Medicine, the National Fitness Leadership Association, the Canadian Society of Exercise Physiologists, the National Strength and Conditioning Association, and the Canadian Parks and Recreation Association Certification program.

2018-19 AFLCA activities include:

- AFLCA evidence-informed certification, recertification delivery and management for 2,400+ AFLCA certified practitioners
    - AFLCA certified exercise professionals work in 260 rural and urban Alberta communities
    - Over 300 AFLCA courses delivered
    - Over 800 certification exams written
    - 228 new practitioners certified
    - Offered 2 new certifications in Strength & Conditioning for youth through adult populations (for qualified personal trainers only), and Pre and Postnatal Exercise
- Fit Rendezvous annual conference, (350+ delegates, volunteers and presenters)
- Provided funding and staff for Perspectives in Exercise Health & Fitness Conference (2018)
- Ran two applied one-day workshops to exercise professionals, child, and senior care workers

- Offered two Agency, trainer and program manager networking information sharing meetings, one in Edmonton and one in Calgary
- The AFLCA approved 200 private industry, entrepreneurs to deliver courses which met AFLCA standards
- Delivery of 840+ exams, accreditation courses and practical assessments

3. Be Fit For Life Edmonton Centre

Vison: Albertans are knowledgeable, confident, motivated and have the skills they need to engage in physical activity for life.

Mission: We work collectively to inspire educate and support Albertans to lead healthy, physically, active lifestyles.

The Edmonton Be Fit for Life centre presented at a number of unique events including Edmonton Live Active Summit, and the Leagues Alive Conference and is a mainstay at the North Central Teachers Conference. In addition, presentations were hosted at the Physical and Health Education Canada conference in Whistler BC.

The Edmonton centre hosted 36 community sessions on developing physical literacy using self-developed resources – Orange marks the Spot, Traditional Games, and Early Years Physical Literacy resources.

- PLAY Groups: Physical Literacy and You: The Edmonton Be Fit For Life centre supports the work of the regional PLAY Great, Greater Edmonton Area Team through active participation, resource development, expertise, and leadership. Play Great trains front line staff in physical literacy policy development, programs, and services.
- In 2018-2019, BFFL Edmonton delivered physical literacy based education opportunities to more than 3000 participants.

Provincial Fitness Unit and Faculty Strategic Priorities

2: Experience: Our programs support diverse, experiential learning opportunities that inspire and support students and faculty

The Provincial Fitness Unit team supports collaboration in resource development and engages with diverse community partners. Our resources provide opportunities for Faculty to translate their research and knowledge into practice and connecting them to practitioners. In 2018-19, FKSR faculty contributed to two new resources, which will be made available across Canada as part of training and certification of exercise professionals. Five FKSR faculty members presented at our conferences and workshops. Our staff holds professional accreditation and industry certificates to support our work in resource development and delivery, and professional practitioner accreditations.

The Provincial Fitness Unit programs provide education and professional certification for FKSR students, supporting their learning during and after graduation. Class presentation requests continue year after year, offering continuing opportunities to share knowledge, learning and growth with faculty and students.

AFLCA certifications, conferences and workshops provide learning opportunities to students during their studies and after graduation. Provincial Fitness Unit conferences and events provide valuable academic and professional networking opportunities for students. We estimate approximately one-third of our attendees are University of Alberta, Faculty of Kinesiology, Sport and Recreation students and graduates. University of Alberta faculty engage as resource developers and presenters. The Unit has presented to more than 200 Faculty of Kinesiology, Sport and Recreation students to share information about the industry, including professionalism, certification and career pathways post-graduation. The AFLCA offers University of Alberta student-only exam sittings each year to support 2nd through 4th year students to earn professional certification and insurance. This enables them to work in the fitness industry, applying what they learn, and earning income to support their education.

The Edmonton Be Fit For Life Centre has shared the Move and Play Through Traditional Games project with students in KRLS 323, supporting students to make traditional equipment and reflect on the role of games in physical activity, sport, active living and recreation. As well the centre supports various partnerships including the University Affiliated child care centres, the Steadward Centre, and the Centre for Active Living.

3: Excel: The Provincial Fitness Unit programs are recognized across Canada, spearheading evidence-informed learning, translating current research into applied practice, and championing leadership (professionalism), and citizenship (advocacy for active, healthy living).

The HFP/AFLCA lead Canada in the delivery of certification and professional development for fitness and exercise professionals.

The Provincial Fitness Unit Health and Fitness Program has spearheaded the development of standards and the professional registration of exercise professionals in Canada. This will support a seamless, professional registration system across North America for qualified exercise professionals. A professional register will provide much needed clarity, and assurance in the unregulated physical activity industry. As well, the register provides a transparent standard by which qualified exercise professionals' expertise and credentials can be recognized.

The Edmonton Be Fit For Life Centre continues to work with the Alberta Native Friendship Centres Association. After the success of the Move &Play through Traditional games the centre is looking forward to new initiatives together. This connection and the cultural sharing that has been gained from the partnership is highly valued.

4: Engage: Our work reaches across the Faculty, Universities, province, country and globe

The Provincial Fitness Unit has long-established relationships with post-secondary institutions across Alberta, and Canada, delivering curriculum, supporting professional certification post-graduation, and engaging in professional development workshops and conferences.

Both the AFLCA and the Be fit For life centre engage with our post-secondary partners to bring high-quality educational resources to support learning and education. Our Be Fit for Life Centre coordinates with 8 post-secondary institutions in Alberta.

Our conference program committees include Faculty from the University of Alberta, University of Calgary, Mount Royal University, and NAIT, among others.

Our conferences support our own faculty and draw leading researchers from post-secondary institutions across North America. In 2018 five University of Alberta faculty of Kinesiology, Sport and Recreation were among 27 researchers and expert practitioners who delivered research and expertise, and supported their students to attend the conference. Faculty regularly contribute to the development of Provincial Fitness Unit resources, and workshops.

- The Provincial Fitness Unit Health and Fitness Program/ AFLCA were among representatives who engaged in meetings with provincial and federal representatives in April 2019.
- The AFLCA represents Canada, and serves as vice-chair at the International Confederation of Registers for Exercise Professionals.
- The Provincial Fitness Unit/AFLCA have a longstanding relationship with the research team responsible for the ongoing development of the PAR-Q+, and e-PARMed-x (PAR-Q+ collaboration team: Dr. Darren Warburton, Dr. Norman Gledhill, Dr. Veronica Jamnik, and Dr. Shannon Bredin).
- The Provincial Fitness Unit/AFLCA is an active member of the National Fitness Leadership Association of Canada, working to develop professional standards and registration for exercise professionals.
- The Be Fit For Life centre uses a unique network approach, bringing people, organizations and resources together to support Alberta communities in the development of physical literacy. The Network includes – Keyano, Grande Prairie Regional, Lakeland, Portage, Red Deer, Lethbridge, Medicine Hat Colleges and the University of Calgary. The Network Centres' active collaboration reaches across Alberta to support physical literacy awareness, and the adoption of healthy active lifestyles.

The Provincial Fitness Unit program's resources – Be Fit For Life and AFLCA are used across Canada and internationally. Resource sales and new program development is ongoing as the Unit's programs continue to be valued in the private and public sectors of our industry.

Partnerships and collaborations

The Provincial Fitness Unit and associated programs are well known champions of active living, professionalism and evidence-informed education. Through our programs, we are members of many committees, and organizations to support physical activity and physical literacy, health, fitness, sport and recreation across Alberta, Canada, and Internationally:

- National Fitness Leadership Association of Canada (National)
- Alberta Active Living Partners steering committee (Provincial)
- The Steadward Centre education advisory committee (Regional)
- College advisory committees (2)
- International Confederation of Registers for Exercise Professionals –Vice Chair (International)
- Fitness Industry Council of Canada not for profit member(National)
- Northwest Territories Recreation and Parks Association (Regional)
- Alberta Recreation and Parks project steering committee (2 committees)
- Play Great (Physical Literacy and You – Greater Edmonton),
- Arthritis Society & Parkinson Society (Provincial)
- Be Fit For Life Network (Edmonton Centre, and PSI for Provincial Network coordination)
- Alberta Active Afterschool Advisory (Provincial)
- Uwalk Advisory (provincial)
- SHAPE (provincial)
- Provincial Active Transportation committee (provincial)
- Winter walk day (provincial)
- Child Friendly Edmonton (regional)

Communication

Publications- The Provincial Fitness Unit publishes the *Fitness Informer*, a trade journal, providing information on leading practice and new research. Our current circulation includes 2700 certified exercise-fitness professionals, community practitioners, and stakeholders.

Digital Communication

The Provincial Fitness Unit websites, (www.provincialfitnessunit.ca), www.befitforlife.ca) e-newsletters, and social media are a reliable source of information about physical activity, professional development opportunities, physical literacy and exercise prescription/consultation. We also answer over 50 telephone calls, and emails daily to individuals seeking education, information about physical activity, certification, or where to find certified exercise/fitness professionals. Our communication channels support stakeholders and practitioners throughout the province.

In 2018-19, The Provincial Fitness Unit:

- engaged with 5,449 total subscribers (stakeholder groups, practitioners, conference delegates, agencies and facilities, students, certified members, etc.)

Website: www.provincialfitnessunit.ca

- 60,000+ visitors
- 40,000+ unique visitors
  *BFFL website – www.befitforlife.ca**
- *110258 unique visitors* (* befitforlife.ca represents the Network's 9 centres including, the Edmonton Centre)

Social media:

HFP/AFLCA:

- Facebook 1,000+ monthly reach
- Total Twitter: 160,000+ impressions

BFFL*

- Total Twitter impressions, 100,000+

*stats include all 9 BFFL centres

5: Sustain

The Provincial Fitness Unit is committed to increasing our capacity, and sustainable resource management through positive relationships with our funders, and conscientious stewardship of our resources.

Primary sources of income 2018 – 19 include

Provincial Fitness Unit operational and program grants	$302000
Conferences:	$209,933
Provincial Fitness Unit revenue generation activities (certification, events, workshops and PD):	$495576

I. The Steadward Centre for Personal & Physical Achievement

Overview

The Steadward Centre (TSC) serves as a research, teaching and service delivery unit within The Faculty of Kinesiology, Sport, and Recreation at the University of Alberta to facilitate engagement in physical activity, fitness and sport for individuals experiencing disability. A dedicated team of staff, students and volunteers provided opportunities for over 986 individuals living with impairment to achieve their personal fitness, physical activity and/or athletic goals across The Steadward Centre's key program areas— *Adult Fitness and Recreation, Athlete Development for Parasport, Free2BMe Physical Activity for Kids and Teens with Disabilities, and Functional Electrical Stimulation (FES) exercise*. An additional 600 students and professionals were reached through 50 community workshops.

With the generous support of Alberta Sport Connection, community foundations, community grant programs, corporate and individual donations, the Centre served 307 children and youth, 588 adults and 91 athletes living with impairment ranging in age from 3-85 years. A team of 7 full-time staff and fifteen part-time instructors facilitated all activities and functions of the Centre from research, programming, volunteer coordination, fund development and administration. A total of 243 students gained experience in the Centre through practicum placements, CSL credit courses and volunteer placements—contributing an astonishing 7821 hours to the Centre's programs and services.

Vision and Mission

The Steadward Centre (TSC) vision and mission support the achievement of the Faculty of Kinesiology, Sport, and Recreation (KSR) vision and priorities, as well as those of the University of Alberta.

Mission

Inspire individual achievement in Adapted Physical Activity and Parasport by conducting and applying innovative research, widely sharing expert knowledge and delivering highly successful programs for individuals experiencing disability.

Practical Vision

The Steadward Centre is a hub for pioneering, high-caliber, research –based Adapted Physical Activity and Parasport development. Supported by:

- Embedded Research and Teaching
- Integrated Continuum of Physical Activity, Fitness and Sport Opportunities
- Comprehensive Athlete Development Pathway
- Strong Strategic Partnerships
- Progressive Funding Framework

The Steadward Centre and Faculty Strategic Priorities

Faculty Strategic Priority: Build

Build and support a diverse, multicultural community of exceptional undergraduate and graduate students from Alberta, Canada and around the globe

TSC is poised to help the Faculty become the "gold standard" for Adapted Physical Activity across Alberta.

This will be achieved through the establishment of key strategic partnerships, such as being a member of the Canadian Disability Participation Project (CDPP) and the Inclusive Sport and Recreation Collective. TSC has continued to lead the conversation about FES exercise and is part of a FES Community Committee which is focused on improving communication between rehabilitation and community-based FES programs.

TSC staff developed a strong training program for students and volunteers, which included two certification training opportunities for NCCP Fundamental Movement Skills. Each academic term TSC staff deliver 4- 6 guest lectures to share practical knowledge that help students make connections between course material and lived experiences.

TSC staff completed continuing education credits, presented and attended professional development sessions within the following professional areas:

- Alberta Kinesiology Association
- Alberta Therapeutic Recreation Association
- Alberta Recreation & Parks Association
- Canadian Society for Exercise Physiology
- Canadian Therapeutic Recreation Association
- Physical and Health Education (PHE) Canada
- Restorative Therapies Functional Electrical Stimulation

Faculty Strategic Priority: Experience

Create diverse and rewarding learning opportunities that inspire students, nurture Faculty talents and expand knowledge and skills.

Professional practicum placements, community service-learning (CSL) credits, volunteer placements and research participation comprise the many different ways in which undergraduate and graduate students gain rewarding applied learning experiences within The Steadward Centre (TSC).

As an academic centre within The Faculty of Kinesiology, Sport, and Recreation at The University of Alberta, TSC provided a wide range of learning opportunities and volunteer experiences through our programs. Students completing degrees across a variety of disciplines: physical education and recreation, sports and tourism, kinesiology, education, science and the arts all took advantage of the breadth of learning and mentoring opportunities offered at the Centre.

In the 2018-2019 academic year the Centre supported 243 students across four program areas: Free2BMe Physical Activity for Kids and Teens with Disabilities; Adapted Fitness Programs for Adults; Athlete Development for Parasport; and Functional Electrical Stimulation (FES) Exercise Program.

Undergraduate Students

Students studying in related fields from post-secondary institutions across the province received training in Adapted Physical Activity through TSC. Two full-time and two part time practicum students from the University of Alberta benefited from 14 weeks of applied work experience across all aspects of the Centre. The Centre continues to serve as a designated community service-learning partner. A total of 85 U of A students completed community service-learning (CSL) requirements. In addition to students from our Faculty's senior-level Adapted Physical Activity courses, students enrolled in a Marketing and Communications course from the Alberta School of Business also completed CSL placements within our programs.

Students were instrumental in the implementation and delivery of student-led program models throughout the Centre. Students worked alongside adult Centre members to

progress individual exercise programs and introduce a variety of adapted physical activity and Para-sport opportunities to individuals experiencing disability.

Another group of energetic students served as PALS for children and youth participating in Free2BMe's 1:1 motor skill development programming. Students also actively engaged with the Athlete Development for Para Sport program and the Community Exercise Transition Program.

Students eagerly joined The Steadward Centre team by taking part in the Physical Activity Led by Students (P.A.L.S.) programs. P.A.L.S. enables us to offer more opportunities for children, youth and adults to receive individualized instruction in fitness, fundamental movement skills and sport. Students worked alongside adult members to progress individual exercise programs and introduce a variety of Adapted Physical Activity and Para-sport opportunities to individuals experiencing disability. Another group of energetic students served as PALS for children and youth participating in 1:1 motor skill development programming within Free2BMe.

Graduate Students

The Steadward Centre supports graduate students by providing opportunities for clinical field placements (Physical Therapy) and the facilitation of independent research studies. Four graduate students completed participant recruitment activities in the Centre this past year. The Steadward Centre participated in the Faculty Research Day, which involved showcasing the research conducted by graduate students in 2017- 2018.

Faculty Strategic Priority: Excel

Create and sustain a culture that fosters and champions distinction and distinctiveness in teaching, coaching, learning, research and citizenship.

To support the Faculty's focus on striving to maintain nationally competitive teams, TSC is committed to support the development of para-athletes across the province. Eighteen para-athletes received training through a partnership between TSC and the High Performance Training Centre (HPTC). TSC established a para-swimming club, The Steadward Bears, which is comprised of 45 swimmers in the development and high performance stream. TSC developed an inclusive readiness tool to help coaches and athletics clubs with little parasport experience identify key strategies to use to build capacity and support para-athletes. With over 200 student volunteers gaining

experience in adapted physical activity and parasport, TSC is preparing future coaches to be prepared to support athletes with impairments across multiple sports.

TSC is proud to share knowledge through academic publications, presentations, and workshops. The following highlights a few TSC contributions from this past year:

- Shirazipour, C. H., Evans, M. B., **Leo, J.,** Lithopoulos, A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2018). Program conditions that foster quality physical activity participation experiences for people with a physical disability: a systematic review. *Disability and rehabilitation*, 1-9.
- Bassett-Gunter, R., Angevaare, K., Tomasone, J., **Leo, J.,** Varughese, B., Langvee, J., & Ginis, K. M. (2019). A systematic scoping review: Resources targeting the training and education of health and recreation practitioners to support physical activity among people with physical disabilities. *Disability and health journal*. *12* (4), 542-550
- Diversity and Inclusion in Recreation – training sessions delivered for Campus Community Recreation, University of Alberta
- Activity-Based Therapy Across the Continuum of Care in Canada- a webinar hosted by the Rick Hansen Institute and Toronto Rehab which included the perspective of FES exercise at TSC
- Inclusion Panel Discussion at The Rec Forum, University of Alberta

Engage

Engage across the Faculty, University, province, country and globe to create reciprocal, mutually beneficial learning experiences, research projects, partnerships and collaborations to achieve Faculty goals

TSC is focused on fostering strategic partnerships to build capacity across the province. For example, TSC established the FES Community Committee with the Glenrose Rehabilitation Hospital, Saville Community Centre, and Don Wheaton YMCA to enhance communication across rehabilitation and community settings.

Key TSC partners include:
- Canadian Disability Participation Project (CDPP)
- Abilities Centre
- Inclusive Sport and Recreation Collective
- Canadian Tire Jumpstart Charities
- Edmonton Public School Board and Edmonton Catholic School Board

2.3 Faculty Strategic Priority: Sustain

Increase capacity by attracting and effectively managing the resources we need to deliver excellence.

As an academic Centre, The Steadward Centre receives lights on funding from the Faculty of Kinesiology, Sport, and Recreation. All operating dollars are secured through a diverse funding strategy. Base funding is provided by Alberta Sport Connection in the amount of $535,000.00. The remainder of the approximate $1 million operating budget is received through provincial and municipal granting programs, community foundations, service groups, donations and program participation fees and services. TSC continues to explore innovative ways to raise funds, including partnerships with the CDPP (research support), Ministry of Culture, Multiculturalism, and Status of Women and Canadian Tire Jumpstart Charities (Promoting Inclusive Play in Alberta), and leveraging funds from the Edmonton 2001 Athletics Legacy Foundation to enhance support from the Canadian Paralympic Committee.

Acknowledgements

The Steadward Centre recognizes the generous support of the following agencies:

- Alberta Government
- Alberta Sport Connection
- Butler Family Foundation
- Canadian Paralympic Committee
- Canadian Tire Jumpstart Charities
- Dan Knott School
- Edmonton 2001 Athletics Legacy Foundation
- Edmonton Civic Employees Charitable Assistance Fund
- Edmonton Oilers Community Foundation
- Edmonton Public Teachers
- Insight Insurance
- Melton Foundation
- ParticipACTION
- Stollery Charitable Foundation
- TELUS