





# Faculty Report

2017 - 2018

Reporting on the Faculty of Kinesiology, Sport, and Recreation's achievements, scholarly activities, athletics and recreation services.

Edmonton, Alberta

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UNIVERSITY OF ALBERTA  
FACULTY OF KINESIOLOGY,  
SPORT, AND RECREATION



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## I. Message from the Dean

The 2017-18 academic year marks the 53rd year of the Faculty, which as of January 1, 2018 officially became the Faculty of Kinesiology, Sport, and Recreation – our first name change in over 40 years. With the name change we become one of the last Faculties of our type in the country to move from Physical Education to Kinesiology; we remain the longest running Faculty of Recreation in Canada; and become the first Faculty of Sport in North America. The 2017-2018 year saw the Faculty move to #7 in world for Sports-Related Subjects in the international QS rankings.

The man best known as a coaching legend at the University of Alberta, Clare Drake passed away this past year at the age of 89. 'Coach' always considered himself a teacher first, instilling a lifelong passion for learning in generations of University of Alberta student-athletes and demonstrating the life-changing power of sport. Clare Drake, a long time professor emeritus in the Faculty of Kinesiology, Sport, and Recreation, was synonymous with Golden Bears hockey. He led his teams to six Canadian titles and 17 western conference championships over a 28-year head coaching career that spanned 1,030 games.

Special congratulations to the winners of the re-constituted and re-launched Faculty Awards presented this past September. The awards have been re-developed with increased rigour and alignment with University-wide awards with the intent to assist in laddering individuals to these awards. Special acknowledgement to the following award winners:

- Sessional Teaching Award: Dr. Michael Chizewski
- Early Career Undergraduate Teaching Dr. Zac Robinson
- Undergraduate Teaching Award: Dr. Judy Davidson
- Graduate Teaching Award: Dr. Danielle Peers
- Early Career Research Award: Dr. Margie Davenport
- Research Award: Dr. Valerie Carson
- APO and FSO Recognition Award: Ms. Christine Ma
- Support Staff Recognition Award: Ms. Anna Minarchi
- Clare Drake Coach of the Year Award: Ms. Laurie Eisler

One of the true highlights of the past academic year was the student leadership and Faculty involvement in the 2018 KIN Games. The annual games attracted more than 500 participants from 32 Canadian universities to our campus and has set a standard for the event that other universities across Canada are now emulating. A special thank you goes to our host committee



chair, Mark Ryan and his organizing committee. Thanks also to our professors and graduate students who shared their areas of interest and expertise with the participants.

I close by noting the addition of the Provincial Fitness Unit's addition to our annual Faculty Report. This is the first year that this long-time service unit within the Faculty is part of our report.

Respectfully Submitted



Kerry Mummery, PhD FASMF

Dean, Faculty of Kinesiology, Sport, and Recreation



## II. Faculty and Staff

### A. Faculty Management Group

#### *Faculty Management Group*

Kerry Mummery	Dean & Chair
John Spence	Vice Dean
Cheryl Harwardt	Director, Campus & Community Recreation
Ian Reade	Director, Athletics
Keri Blue	Executive Assistant to the Dean

#### *Faculty Executive: Voting*

Kerry Mummery	Dean & Chair
John Spence	Vice Dean
Normand Boulé	Associate Dean, Graduate Studies
Janice Causgrove Dunn	Associate Dean, Undergraduate Programs
Nick Holt	Associate Dean, Research
Christine Ma	Assistant Dean, International and Community Engagement
Eric Upton	Assistant Dean, Advancement
Cheryl Harwardt	Director, Campus & Community Recreation
Ian Reade	Director, Athletics
Jocelyn Love	Director, Marketing and Communications
PearlAnn Reichwein, Elizabeth Halpenny and Tanya Berry	Faculty Council Representatives
Tyson Lazaruk (until Apr 2018), Nicole Graham (starting May 2018)	NASA Representative
Tristan Hopper	KSRGSS President/Graduate Student Association
Xavier Aleba	KSRSS President/Undergraduate Student Association

#### *Faculty Executive: Non-voting*

Brian Esslinger	Assistant Dean, Administration
Keri Blue	Executive Assistant to the Dean



### *Faculty Evaluation Committee*

Kerry Mummery	Dean & Chair
Kelvin Jones	Member
Pirkko Markula	Member
Elizabeth Halpenny	Member
Dan Mason	Member
Nick Holt	Ex-Officio
John Spence	Vice-Dean
Kevin Haggerty	Faculty of Arts

### *Coaches Evaluation Committee*

Kerry Mummery	Dean, Chair
Ian Reade	Director, Athletics
Vang Ioannideas, Katie Spriggs, Tawana McLeod	Associate Directors
Terry Danyluk, Chris Morris, Liz Jepsen	Head coaches
Nick Holt	Associate Dean, Research; Faculty representative
Clive Hickson	External representative; Associate Professor, Elementary Education

### *B. Professoriate 2017-18*

#### *Full Professors (15)*

Tanya Berry	Professor
Normand Boulé	Professor
Janice Causgrove Dunn	Professor
David Collins	Professor
Kerry Courneya	Professor
John Dunn	Professor
Karen Fox	Professor
Tom Hinch	Professor
Nick Holt	Professor
Brian Maraj	Professor
Pirkko Markula	Professor
Dan Mason	Professor
Kerry Mummery	Professor & Dean



John Spence	Professor
Billy Streen	Professor
Gordon Walker	Professor

*Associate Professors (14)*

Valerie Carson	Associate Professor
Loren Chiu	Associate Professor
Judy Davidson	Associate Professor
Darren DeLorey	Associate Professor
Jim Denison	Associate Professor
Elizabeth Halpenny	Associate Professor
Howie Harshaw	Associate Professor
Kelvin Jones	Associate Professor
Michael Kennedy	Associate Professor
Lisa McDermott	Associate Professor
Tara-Leigh McHugh	Associate Professor
Charles Putman	Associate Professor
PearlAnn Reichwein	Associate Professor
Zac Robinson	Associate Professor
Jay Scherer	Associate Professor
Nancy Spencer	Associate Professor

*Assistant Professors (7)*

Margie Davenport	Assistant Professor
Craig Chapman	Associate Professor
Tricia McGuire-Adams	Associate Professor
Amber Mosewich	Associate Professor
Danielle Peers	Associate Professor
Brian Soebbing	Associate Professor
Craig Steinback	Associate Professor

*Faculty Lecturers*

Joanna Auger	Faculty Lecturer
Angela Bayduza	Faculty Lecturer
Tamara Bliss	Faculty Lecturer
Craig Cameron	Faculty Lecturer
Michael Chizewski	Faculty Lecturer
MaryAnn Rintoul	Faculty Lecturer
Sean Ryan	Faculty Lecturer





*C. Alberta Centre for Active Living*

<b>Nora Johnston</b>	Director
<b>Betty Lee</b>	Centre Coordinator
<b>Soultana Macridis</b>	Research Associate and Knowledge Translation Specialist
<b>Lynda Matthews-Mackey</b>	Administrative Assistant

*D. Athletics and Green & Gold Sport System Support Staff*

<b>Daniil Anselmi</b>	Multimedia Editor
<b>Paul Cartledge</b>	Sports Information Assistant
<b>Michael Cook</b>	Head Coach, Sport/Conditioning Manager, ASDC - GGSS
<b>Brock Davidiuk</b>	Associate Coach, Golden Bears Volleyball
<b>Martin Fenger-Andersen</b>	Associate Coach, Golden Bears Soccer
<b>Dana Ferguson</b>	AIM Coach
<b>Breanne Ferris</b>	Event Services Coordinator
<b>Ben Gallaher</b>	Planning and Programming Coordinator - GGSS
<b>Eric Golberg</b>	Sport Conditioning Coach
<b>Matt Gutsch</b>	Alumni Engagement and Advancement
<b>Brad Hamilton</b>	Event & Media Production Coordinator
<b>Connor Hood</b>	Sports Information & Communications Coordinator
<b>Vang Ioannides</b>	Associate Athletic Director
<b>Joel Jackson</b>	Sport Conditioning Coach
<b>Dale Johns</b>	Bookkeeper/Assistant Coach, Golden Bears Volleyball
<b>Sharon Kaminecki</b>	Travel Coordinator
<b>Rob Krepps</b>	Associate Director Sport Development/Head Coach Golden Bears and Pandas Curling
<b>Jon Krywulak</b>	Athletics Events Manager
<b>Marina Leyderman</b>	Administrative Financial Supervisor
<b>Mick Lizmore</b>	Mental Training Coach, GGSS
<b>Brennan Mahon</b>	Varsity Athletic Therapist
<b>Joan Matthews-White</b>	Head Athletic Therapist
<b>Tawana McLeod</b>	Associate Director of Advancement and Alumni Relations
<b>TJ Mussbacher</b>	Varsity Athletic Therapist



<b>Matt Parrish</b>	Coach Pathway Coordinator/Head Coach, Pandas Rugby
<b>Ian Reade</b>	Director, Athletics
<b>Chelsea Ross</b>	School Programming Coordinator - GGSS
<b>Klaudia Sapieja</b>	Head Coach, Mental Training - GGSS
<b>Katie Spriggs</b>	Associate Athletic Director
<b>Stacey Wickman</b>	Assistant to Director & Associate Director Advancement
<b>Alex Yaworski</b>	Varsity Physiotherapist

### *E. Campus & Community Recreation*

<b>Cheryl Harwardt</b>	Director
<b>Grachella Garcia</b>	Associate Director, Programming
<b>Christine Legault</b>	Associate Director, Client Engagement
<b>Greg Lembke</b>	Associate Director, South Campus
<b>Brian Kropman</b>	Manager, Saville Community Sports Centre-West
<b>Russ Sluchinski</b>	Manager, Tennis
<b>Leah Antoniuk</b>	RMS Trainer
<b>Shaun Arkison</b>	Facility Operator
<b>Lois Arnason</b>	Bookings/Events Facilitator
<b>Bruce Bourguignon</b>	Facility Operations Supervisor – South Campus
<b>Brian Bowers</b>	Supervisor, Aquatics Centre
<b>Adam Boyd</b>	Facility Operator
<b>Coralee Brass</b>	Facility Operator
<b>Dean Budynski</b>	Projects Lead
<b>Alberto Bustamante</b>	Assistant Program Coordinator – Intramural Sports
<b>Jessica Cameron</b>	Bookings/Events Facilitator
<b>David Choi</b>	Customer Experience/Event Liaison
<b>Michael Cook</b>	Head Coach, Sport Conditioning
<b>Guy Crosswhite</b>	Maintenance/Arena Operator
<b>Cheryl Danchuk</b>	Customer Service Associate
<b>Prescilla Dela Cruz</b>	Accounting Assistant
<b>Tammy Dieno</b>	RMS Administrator
<b>Janelle Downing-Baker</b>	Recreation Facility Attendant
<b>Matt Edmonds</b>	Program Coordinator – Intramural Sports
<b>Laurie Ennik</b>	Administration Supervisor – South Campus
<b>Mark Ennik</b>	Assistant Supervisor, Facility Services



<b>Dean Fargey</b>	Facility Operator
<b>Cecilie Fenger-Andersen</b>	Customer Service Associate
<b>Darren Fincaryk</b>	Maintenance/Arena Operator
<b>Alex Game</b>	Lab Coordinator – SHAC Coordinator
<b>Harjot Gill</b>	Building Maintenance – SCSC West
<b>Paul Glassford</b>	Recreation Facility Attendant
<b>Eric Golberg</b>	SPC Coordinator
<b>Cal Grainger</b>	Recreation Facility Attendant
<b>Brian Gratrix</b>	Facilities Allocation and Events Coordinator
<b>Michelle Gray</b>	Recreation Facility Attendant
<b>Sydney Hawkeswood</b>	Assistant Sports Coordinator
<b>Avneet Hayer</b>	Wellness Coordinator (mat leave replacement)
<b>Justine Hayward</b>	Assistant Supervisor, Aquatics Centre
<b>Jessica Hong</b>	Digital Media and Promotions Coordinator
<b>Stephanie Hooft</b>	Facility Operations Coordinator - South
<b>Samantha Huang</b>	RMS Assistant
<b>Karla Ishida</b>	Curling Supervisor (mat leave until July 2018)
<b>Joel Jackson</b>	Development Coach
<b>Krystle Johner</b>	Supervisor, Fitness & Lifestyle Centres
<b>Andrea Jones</b>	Program Coordinator - Tennis
<b>Lloyd King</b>	Supervisor, Wilson Climbing Centre
<b>Jon Kramer</b>	Assistant Supervisor, Wilson Climbing Centre
<b>Hania Kura</b>	Supervisor, Facility Services
<b>Amy Leblanc</b>	RMS Trainer
<b>Travis Maloney</b>	Recreation Facility Attendant
<b>Nicolette Marshall</b>	Program Coordinator – Instructional Recreation
<b>Mitch McKee</b>	Supervisor, Foote Field and South Campus Events
<b>Kyle McMahon</b>	Facility Operations Coordinator
<b>Anna Minarchi</b>	Accounting Supervisor
<b>Dallas Mix</b>	Lecturer
<b>Chad Molzan</b>	Assistant Sports Coordinator
<b>Neil Murray</b>	Recreation Facility Assistant
<b>Stephanie Nathanall</b>	HS Fitness Coordinator
<b>Kathy Nilsson</b>	Bookings/Events Facilitator – SCSC West
<b>Blaine O’Toole</b>	Events Intern
<b>Sheila Pelz</b>	Accounting Assistant



Corey Peterson	Facility Operator
Alyssa Pietucha	Recreation Facility Attendant
Phil Poier	Projects Coordinator
Naissa Preston	Program Coordinator – Group Exercise
Yvonne Pugh	Customer Service Coordinator
Megan Ragush	Program Coordinator – LiveWell (mat leave until September 2018)
Michael Scarlett	Occupational Testing Coordinator
Randy Shaw	Facility Operator
Thea Sluggett	Customer Service Associate
Andrew Smith	Recreation Facility Attendant
Danielle Smith	Assistant Program Coordinator - Fitness
Erin Sokoloski	Program Coordinator – Club Sports & Outdoor Programs
Ashley Tuckwood	Supervisor, Customer Service Centre
Sheldon Thomas	Facility Operator
Ryan Waller	Recreation Facility Attendant
Dan Walter	Facility Operations Coordinator
Monty Wood	Supervisor, Arena

#### *F. Finance and Academic Administrative Staff*

Leanne Baudistel	Administrative Assistant
Keri Blue	Executive Assistant to the Dean
Georgie Columbus	Research Coordinator
Prescilla Dela Cruz	Accounting Assistant
Dana Dragon-Smith	Graduate Program Administrator
Brian Esslinger	Assistant Dean, Finance and Administration
David Goertzen	Prospective Student Advisor and Recruitment Coordinator
Meghan Hickey	Academic Advisor
Christina Hoang	Academic Lab Coordinator
Dale Johns	Accounting Assistant
Ann Jordan	Academic Programs Manager (retired)
Elisha Krochak	Graduate Program Administrator
Stacey Laing	Practicum Supervisor
Cecilia Langill	Graduate Program Assistant
Tyson Lazaruk	Recruitment Coordinator/Academic Advisor
Marina Leyderman	Supervisor, Finance and Administration
Ian MacLean	Biochemistry Technologist
Carmen McConnell	Assistant to the Vice Dean



**Anna Minarchi**

Administrative Financial Support (retired  
Dec. 2017)

**John Newton**

Musical Accompanist

**Shelia Pelz**

Accounting Assistant

**Amanda Schwalbe**

Academic Programs Manager

**Darcie Tessari**

Academic Advisor

## *G. Golden Bears and Pandas Coaching Staff*

### *Head Coaches*

**Sean Baynton**

Cross-Country

**Barnaby Craddock**

Golden Bears Basketball

**Terry Danyluk**

Golden Bears Volleyball

**Owen Dawkins**

Golden Bears and Pandas Wrestling

**Howie Draper**

Pandas Hockey

**Scott Edwards**

Pandas Basketball

**Laurie Eisler**

Pandas Volleyball

**Dusan Toth-Szabo**

Golden Bears and Pandas Swimming

**Liz Jepsen**

Pandas Soccer

**Rob Krepps**

Golden Bears and Pandas Curling

**Serge Lajoie**

Golden Bears Hockey

**Stan Marple – General  
Manager**

Golden Bears Hockey

**Wes Moerman**

Track and Field

**Chris Morris**

Golden Bears Football

**Matt Parrish**

Pandas Rugby

**Russ Sluchinski**

Golden Bears and Pandas Tennis

**Robin Stewart**

Golden Bears and Pandas Golf

**Corey Stewart**

Golden Bears Tennis

**Len Vickery**

Golden Bears Soccer

### *Assistant Coaches*

Golden Bears Basketball

**Kent Johnson, Jordan Baker, Slav  
Kornick, Nick Maglisceau, Zale Smordin**

Golden Bears and Pandas  
Curling

**Garry Coderre, Amanda Coderre, Dana  
Ferguson, Jeff Hoffart**

Golden Bears Football

**Danny Boily, Paul Dawson, Tom Denehey,  
Wade Dupont, Terry Eisler, Steve**



Golden Bears and Pandas Golf	Kasowski, Brent Korte, Jason Lafferty, Matt Neilson, JC Boice, Terris Paliwada, Kurtis Pankow, Jason Sulz, Smith Wright, Wyatt Urbanski, Sean Mellor, Russell Schoeppe, Eric Theroux Dale Johns, Stephen Yanitski
Golden Bears Hockey	Dan Kordic, Umberto Fiorillo, Stephen Zipp, Bruce Lamer, Dave Rathjen, Dallas Ansell
Golden Bears Soccer	Martin Andersen, Cam Leverman, Darren Woloshen, Victor Karosan
Golden Bears and Pandas Swimming	Christine Kemp, Kate Vanderbeek
Golden Bears and Pandas Tennis	Normand Boule
Track & Field	Sean Baynton, Mark Cocks, Cory Choma, Rob Fisher, Ciera Heshka-Wolf, Nick Stoffberg, Cam Cook
Golden Bears Volleyball	Brock Davidiuk, Dale Johns, Jace Barros, Kyle Erickson
Golden Bears and Pandas Wrestling	Roger Alves, Dustin Helwig, Mitchell Krauter, Justine Bouchard
Cross-Country	Cam Cook
Pandas Basketball	Kelly Haggstrom, John Dedrick, Isabel Ormond, Chelsea DeBlois
Pandas Hockey	Leah Copeland, Darren Bilawchuk, Dan Basterash, Ian Bablitz, Dean Bruce, Dave Rathjen
Pandas Rugby	Liam Mills, Peter Houlihan, Chelsea Ross, Jen Kish, Lesley Stetic
Pandas Soccer	Dhee Govender, Courtney Wald, Heather Chinellato, Kristyn Shapka
Pandas Volleyball	Naoki Miyashita, Carolyn O'Dwyer, Natasha Spaling, Christine Smyth, Janelle Rozema, Mike Ling, Pierre Baudin, Gisele Kreuger, Aaron Heinemann



#### *H. International and Community Education*

<b>Jill Cameron</b>	Manager, Community Education
<b>Sean Cai</b>	International Programs Officer
<b>Christine Ma</b>	Assistant Dean, International and Community Education
<b>Elaine Yip</b>	Program and Administration Coordinator

#### *I. Marketing and Communications*

<b>Nicole Graham</b>	Marketing and Communications Associate
<b>Jocelyn Love</b>	Director, Marketing and Communications

#### *J. Office of Advancement*

<b>Dana Hamilton</b>	Administrative Assistant
<b>Eric Upton</b>	Associate Dean, Advancement
<b>Elizabeth Young</b>	Associate Director, Advancement

#### *K. Provincial Fitness Unit*

<b>Katherine MacKeigan</b>	Director
<b>Lesley McEwan</b>	Special Project Coordinator
<b>Debbie Ponich</b>	AFLCA Program Coordinator
<b>Tanis Tetreau</b>	Administration and Certification Assistant
<b>Cheryl Thurston</b>	Health and Fitness Program Coordinator
<b>Heather Turkawski</b>	Membership Services Coordinator
<b>Lindsay Wright</b>	Be Fit for Life Coordinator

#### *L. Technical Staff*

<b>Corey Chevraux</b>	Information Technology Manager
<b>Zoltan Kenwell</b>	Electronic Specialist
<b>Ian MacLean</b>	Biochemistry Technologist
<b>John Newton</b>	Musical Accompanist
<b>Christopher Perkovic</b>	IT Support



*M. The Steadward Centre for Personal & Physical Achievement*

<b>Karen Slater</b>	Director
<b>Nancy Cheung</b>	Financial Administrator
<b>Tyler Gerry</b>	Receptionist/Administrative Support
<b>Kassi Boyd</b>	Graduate Student Intern-Grant Writer (September to present)
<b>Jessica Ferguson</b>	Athlete Development Coordinator
<b>Julia Lema</b>	Head Para-Swim Coach (January 2017- present)
<b>Katrina Miyanaga</b>	Assistant Para-Swim Coach (January 2017- present)
<b>Maegan Ciesielski</b>	Head Para-Athletics Coach
<b>Scott Forrester</b>	Interim Manager Fitness and Recreation
<b>Samantha Chaput</b>	AFR Consultant
<b>Kirsten Large</b>	APA Instructor
<b>Philip Krol</b>	Free2BMe APA Consultant (on leave)
<b>Stephanie Liew</b>	Free2BMe APA Consultant
<b>Meagan Bara</b>	APA Instructor
<b>Katherine Hense</b>	APA Instructor
<b>Harshbir Kang</b>	APA Instructor
<b>Irina Simin</b>	APA Instructor
<b>Caroline Belanger</b>	Floor Monitor
<b>Melissa Bird</b>	Floor Monitor
<b>Stina Hegge</b>	Floor Monitor
<b>Katherine Hense</b>	Floor Monitor
<b>Kathleen Inman</b>	Floor Monitor
<b>Tamara Pizio</b>	Floor Monitor
<b>Jamie Tersago</b>	Floor Monitor
<b>Joanne Walczak</b>	Floor Monitor
<b>Vita Wong</b>	Floor Monitor
<b>Arsh Hazrah</b>	Floor Monitor
<b>Emily Ainsley</b>	Floor Monitor
<b>Carly O'Sullivan</b>	Floor Monitor
<b>Karin Rubinstain</b>	Floor Monitor





### III. Undergraduate Programs

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#### A. Undergraduate Enrollment

##### 2017/2018 Registrations by Year and Program

Degree Program	Year 1	Year 2	Year 3	Year 4	Total
BARST	51	44	35	27	157
BKin	127	128	123	82	460
BKin/BEd – Elem	16	8	5	-	29
BKin/BEd – Sec	28	28	13	-	69
BScKin	80	78	51	60	269
<b>TOTAL</b>	<b>302</b>	<b>286</b>	<b>227</b>	<b>169</b>	<b>984</b>
			Special – 7 Visiting and Exchange - 13		<b>1004</b>

##### Number of Applications Received Per Program

Degree Program	2016-2017		2017-2018	
	First Priority	Second Priority	First Priority	Second Priority
BARST	138	130	144	136
BKin	435	233	597	300
BKin/BEd Elem	34	35	46	51
BKin/BEd Sec	90	68	134	110
BScKin	284	242	337	317
<b>Total</b>	<b>981</b>	<b>708</b>	<b>1258</b>	<b>914</b>
	12 visiting student applications		11 visiting student applications	
	10 special student applications		16 special student applications	
<b>TOTAL</b>	<b>1689</b>		<b>2172</b>	



## B. Undergraduate Student Scholarship Awards

Award	Student(s)
The AG (Gil) Gilmet Award	Rylee McCloskey
The Dorothy Harris Dance Award	Katja Schreiner
The Easton Family Scholarship	Kaitlyn Boisvert
A Janie Larsen Memorial Award	Timothy Kasper
The Jennye Clearwater Scholarship in Recreation and Leisure Studies	Alexa Pickens
The ML Van Vliet Scholarship	Michelle Kurney
The Marokus Scholarship in Physical Education	Jamie Raichel
The Martin M Gill Memorial Award	Courtney Hebert
The Michael Cameron Memorial Scholarship	Melvin Arciaga
The Reg Rault Memorial Scholarship	Hayley Basterash
The Alan F Affleck Award in Recreation and Leisure Studies	Anna Knight
The Anniversary Scholarship in Recreation	Shannell Corrodas-Brown
The Dr. Erwin and Gerda Bako Memorial Scholarship	Trevor Day
The Margaret Ellis Undergraduate Scholarship	Nathan Hepas Nicola Jansen
The Ruby Anderson Undergraduate Award	Shea Svenson
The RG Glassford Scholarship for Excellence in Physical Education and Recreation	Florence Liu
Kathlene Yetman Memorial Award	Anna Lugg
Faculty of Kinesiology, Sport, and Recreation Scholarship for Academic Excellence	Kaitlyn Boisvert Joseph Chau, Gillian Kabarchuk
The Dr. Elsie McFarland Leadership Award	Jessica Tomlinson
The Jack Monaghan Family Community Leadership Award	Rakhbeer Boparai
The Colin Cooper Award	Morgan Weir
The Helen M Eckert Lifespan Development Scholarship	Mitchell Kruk
The Edmonton 2001 World Championships in Athletics Sport Performance Undergraduate Scholarship	Annick Meckes
The Sarah and Martin Gouin Family Scholarship in Physical Education	Liam Fitzgerald
The Kinesiology, Sport, and Recreation Alumni Association Award	Joseph Chau Roselyn Fassnacht John Jones



	Gillian Kabarchuk Jacob Sahunta Robyn Saulneir
The Darwin and Betty Park Sustainability Award	Anita Darcel Travis Hollands
The Dr. Art Quinney Scholarship	Matthew Gervais
25th Anniversary of the Practicum Program Legacy Award	Nathan Gollner
The Joyce Cutts & Eunice Mattson Memorial Award	Stephen Baker
Faculty of Kinesiology, Sport, and Recreation Award for International Students	Junho Nam
June Hole Physical Education and Recreation Award	Tyson Pelletier
The Royle Harris Play Around the World Award	Leif Edwardson Kenadi Kuzyk
Mahon Family Endowment for Global Learning	Trent Hebert

### C. Undergraduate Convocation

Degree Program	Nov 2017		June 2018		Total 2017/2018		
	WD*		WD*		Total	WD*	
Bachelor of Arts in Recreation, Sport and Tourism (BARST)	9	4	21	4	30		8
Bachelor of Kinesiology (BKin)	34	8	97	29	131		37
Bachelor of Kinesiology/Bachelor of Education (BKin/BEEd)	6		17		23		
Bachelor of Science in Kinesiology (BScKin)	16	7	55	36	71		43
<b>Total</b>	<b>59</b>	<b>19</b>	<b>173</b>	<b>69</b>	<b>232</b>		<b>88</b>

\*WD = With Distinction



November 2017

**November 2017 Undergraduate Convocation**

**Bachelor of Kinesiology**

**34 Graduands (6 BKin/BEEd); 8 With Distinction (WD)**

Acheson, Katrina

Anderson, Mercades Diane

Barry, Zachary Charles

Bazzarelli, Stephanie Elizabeth

Broderick, Alexandra Frances

Chrnyk, Robyn Ann

Harrison, Ryan Edgard

Home, Danielle Marie

Inman, Kathleen Hope

Janmohamed, Alyssa

Koot, Leah Clazina

Lam, Ching Man Jenny

Maka, Emily Victoria

Marshall, Andrea Anne

Michalow, Kara Marie

Morrisette, Danielle Emilie

Padlewski, Brooke Danielle

Davis, Sean Alan Thomas

Duffee, Michael John

Dufresne, Bradley Matthew

Esmail, Zianna

Ewasuk, Devyn Elizabeth

Gregoire, Aaron Allen

Paplawski, Casey Jean

Paterson, Megan Ashley

Rawat, Gaurav Singh

Smith, Nicole Marie

Stadnick, Aaron

Steele, Kieran Michael William

Ternes, Leslie Patricia

Trachuk, Logan Peter

Wegg, Emily Kate Robertson

Willis, Zachary Ty

Walczak, Joanne Lisa

**Bachelor of Science in Kinesiology**

**16 Graduands; 7 With Distinction (WD)**

Bourgoin, Cody Marcel Robert

Bow, Kevin Anderson

Chambers, Katherine Margaret

Huynh, Richard

Kaczanowski, Hayley Anne

Kelly, Catherine Clarice

Kong, Amanda Mei Hua

Li, Sarah Yui Shan

Lorenc, Lisa Marie Kristin

McFarlane, Simon Neil

Mendoza, Jorell Guirnalda

Middleton, Jessica Ann

Schrader, Rhiannon Mackenzie

Soifer, Noah Gabriel

Trim, Krista Nicole

Walczak, Joanne Lisa



**Bachelor of Arts in Recreation, Sport and Tourism**  
**9 Graduands; 4 With Distinction (WD)**

Anderson-Dewald, Keltie Jalene  
Billingsley, Douglas James  
Buchholz, Alexandra Karen  
Lutz, Britain Skye  
Meronyk, Nicolas Steven

O'Toole, Blaine Margaret  
Prince, Sarah Linnea  
Vaughan, Emily Margaret  
Walker, Drew Holland

June 2018

**June 2018 Undergraduate Convocation**

**Bachelor of Kinesiology**

**97 Graduands (\*17 BKin/BEEd); 29 With Distinction (WD)**

Ahmed, Farhan Syed  
Banack, Darrian Stephan  
Bannerman, Kaylee Lynn  
Beard, David Edward Ian  
Becker, Kezia Kathryn  
Belanger, Darcy John  
Belec, Matthew Timothy  
Bell, Nicole Lynne  
Bishop, Daniel Everett Douglas  
Blasius, Danica Holmes  
Bowhay, Bronwen Nola Nelda  
Brennan, Kimberly Nicole  
Brenneis, Travis Ryan  
Breton, Dillon Raymond  
Brown, Brittani Nicole  
Brulotte, Madeleine Michelle  
Caine, Kelsie Alyssa  
Case, Brodie Thomas  
Cebryk, Joshua Allan  
Challman, Justin James  
Chang, Lydia Shou-xin  
Da Costa, Raquel Maria Da Silva  
Dargis, Jessica Marie  
De Benedetto, Kaylee Amanda  
Denoncourt, Michael Joseph  
Duenas Ortega, Andres Francisco  
Edmunds, Devon Lyle  
Elkins, Emily Nicole  
Evans, Kayla Kaneshia

Hubley, Taylor Dalton  
Jardine, Larissa Dawn  
Kenny, Mason James  
Kissick, Tianna Marie  
Konrad, Isaac Edmund  
Koopmans, Megan Elyse  
Lisowski, Miranda Justine  
Lutz, Sasha Sonia  
Macdonald, Jacie Lynn  
Macleod, Nicole Mariko  
MacPhaden, Allyssa Alex Mercedes  
Macsymic, Brian Joseph  
Marillier, Vaughn  
Marshall, Darby Mary  
Mayzel, Julia Nicole  
McDonald, Taylor Rae  
McEwan, Teala Rose  
Morrow, Christopher Robert  
Onciul, Byron Philip  
Onyschuk, Jennifer Ashley  
Parker, Lauren Alexandra  
Pasiaka, Zoe Barata  
Pedersen, Alexandria Mikaela  
Prufer, Christian Roger Fritz  
Raffael, Briana Caprice  
Readman, Darby Braden  
Rempel, Gideon  
Risdon, Mark Austin  
Ryan, Mark Nicholas



Fenger-Andersen, Cecilie  
Fenton, Kaitlyn Joelle  
Fischer, Shiloh Raelynn  
Fleming, Aaron Vallance  
Fraser, Theresa Clare Christine  
Frentz, Danae Melissa  
Friesen, Shelby Danielle  
Fulmore, Sara Ellyce  
Gargas, Brittany Julia  
Garrido, Glenda Paola  
Gillis, Morgan Kimberly  
Graham, Tyler Maxwell Paul  
Grenier, Chase Jarod  
Hardy, Kayla Rose May  
Harewood, Noelle  
Hawthorne, Alexander Scott  
Hemraj, Aleena Alexandria  
Henry, Tylor Kenneth  
Hoepfner, Marina Carola  
Hogan, Nicholas Raymond

Sandboe, Ferris Lesley  
Schaefer, Alexandra Jeanne  
Schram, Christine Hope  
Shumate, Tricia Katie  
Sim, Sacha Corinne  
Smart, Kyle Glenn  
Spychka, Ryan Alexander Robert  
Stevens, Caitlin Alexandra  
Sutherland, Alix Jacqueline  
Tanasychuk, Joel Andreas  
Tracey, Sheena Diane  
Tremblay, Christiane  
Voloboev, Alexei  
Walker, Matthew  
Wildfong, Brandon Scott  
Williams, Dylan Wainsworth  
Williams, Matthew Stephen  
Williamson, Philip Mark John  
Zeller, Joshua Joseph Mitchell

## **Bachelor of Science in Kinesiology** **55 Graduands; 36 With Distinction (WD)**

Ahn, Andrew  
Andrews, Celina  
Breitkreutz, Mark Arthur  
Bussiere, Shelby Lynn  
Cao, Nelson Thanh  
Chambers, Arran Thomas  
Corrigan, Elizabeth Jean  
Dickson, Sandy Gail  
Disciglio, Dominic Franco  
Doroshuk, Marissa Lyn  
Duckering, Kara Lynn  
Elko, Kiera  
Facchin, Monica Elizabeth  
Fairweather, Thomas Lee  
Farquhar, Connor James Malcolm  
Forand, Sarah Chantal  
Freeman, Grant Ernest  
Fujii, Katelyn Donna  
Garner, Cody Wayne  
Glover, Brittani Jordan

Kurikilodil, Ryan Mathew  
Laird, Kelsey Veronica  
Mackenzie, Meaghan Joan  
Martel, Scott Desmond  
Mullane, Shelby Dawn  
Nguyen, Hue An  
O'Fuarthain, Daragh  
Olsthoorn, Kyle Matthew  
O'Sullivan, Carly Lisa  
Palek, Zachary Daniel John  
Piska, Tristan Ross John  
Punian, Puneet Kaur  
Purdy, Graeme Macdonald  
Rana, Ahmed Qaiser  
Riske, Sarah Elizabeth  
Sallis, Bailey Whitney May  
Samoil, Sara Beth  
Seville, Harley George  
Shandro, Bailey Dawn  
Sidoryk, Leah Jeanine



Green, Connor Patrick  
Hegge, Stina Lee  
Holm, Darby Lynn  
Jensen, Michael Thomas  
Johnston, Natalie Allison  
Kelly, Brendan Conor  
Kenzie, Ryan Christopher  
Kim, Byung Gyu

Simpson, Kayle Lea  
Smorschok, Megan Joy Wealthy  
Stout, Ben William  
Van, Tuyet Shirley  
Victoor, Jori Marie  
Wowdzia, Jenna Brianne  
Yoo, Courtney Misook

## **Bachelor of Arts in Recreation, Sport and Tourism**

### **21 Graduands; 4 With Distinction (WD)**

Allin, Taylor Jean  
Brewer, Shelby  
Crooks, Nichol Catherine  
Esau, Chenoa Deanne  
Fox-Unrau, Kaitlin Julia  
Haak, Alarissa Sabastianne Gudmundson  
Herder, Kelsi Lee  
Kelly, Morgan Amanda  
Knight, Anna Christine  
Morin, Ashley Dorothy  
Morin, Deanna Joyce

Mukendi, Joel Moise  
Neumann, Benjamin John Alfred  
Neumann, Maria Michelle  
Panet-Raymond, Wylie Mayhew  
Pasemko, Jamie  
Underwood, Noah Lawrence  
Vail, Delanie Katherine Adelle  
Vaudan, Britney Lee  
Voegeli, Natalie Odile-Anne  
Waddell, Hannah Elizabeth

## **Research Certificate in Kinesiology**

### **7 Graduands**

Doroshuk, Marissa Lyn  
O'Sullivan, Carly Lisa  
Purdy, Graeme Macdonald  
Sallis, Bailey Whitney May

Smorschok, Megan Joy Wealthy  
Spychka, Ryan Alexander Robert  
Riske, Sarah Elizabeth

***\*\*\* The notation "With Distinction" (WD) is inscribed on the transcripts and degrees of those students who have achieved a minimum GPA of 3.5 on the last 60 credit units of their program.***



## IV. Graduate Programs

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### A. Enrollment

For the 2017/2018 academic year, September 1, 2017 – August 31, 2018, we had 142 full-time and part-time students in the master's and doctoral programs, including one Visiting student.

MCoach – 15  
MA – 16  
MA(RLS) – 4  
MA (Course-based) – 4  
MSc – 23  
PhD – 60  
Visiting – 4  
Post-Baccalaureate Certificate - 16

Total Number of Graduate Students Admitted: 45

Total Number of International Graduate Students: 30

Bangladesh – 1	Korea – 3
Brazil- 2	Kyrgyzstan – 1
Chile – 1	Nepal – 1
China- 8	Nigeria – 1
Finland - 1	Norway – 4
Iran- 3	Sweden – 1
Japan – 2	United States – 1





## B. Supervisory Assignments of Graduate Students

As of Fall 2017:

Professor	Grad Student	Supervision	Program Year	Degree
<b>Dr. Tanya Berry</b>	Kimberley Curtin	Supervisor	4	PHD
	Lira Yun	Supervisor	5	PhD
	Kimberley McFadden	Co-supervisor	5	PHD
	Maxine Myre	Supervisor	3	PHD
	Elaine Ori	Supervisor	3	PHD
	Laura Jones (Watson)	Co-supervisor	5	PHD
<b>Dr. Normand Boulé</b>	Saeed Reza Toghi Eshghi	Supervisor	6	PHD
	Matt Munan	Supervisor	1	MSc
	Heather Hinz (Scherer)	Co-Supervisor	1	MSc
<b>Dr. Valerie Carson</b>	Stephen Hunter	Supervisor	2	PHD
	Nicholas Kuzik	Supervisor	3	PHD
	Madison Predy	Supervisor	1	MSc
<b>Dr. Janice Causgrove Dunn</b>	Michael Lizmore	Co-supervisor	5	PHD
	Kyle Pushkarenko	Supervisor	5	PHD
	Chantelle Zimmer	Supervisor	5	PHD
<b>Dr. Craig Chapman</b>	Jennifer Bertrand	Supervisor	1	PhD
	Ewen Lavoie	Supervisor	1	PhD
	Jeffrey Sawalha	Supervisor	2	MSc
<b>Dr. Loren Chiu</b>	Torstein Eriksen Dæhlin	Supervisor	2	PHD
	Sydney Schmidt	Supervisor	3	MSc
<b>Dr. David Collins</b>	Meng (Cindy) Chen	Supervisor	1	MSc
	Emily Ainsley	Supervisor	3	MSc
	Francisca Claveria Gonzalez	Supervisor	3	MSC
<b>Dr. Kerry Courneya</b>	Dong-Woo Kang	Supervisor	3	PHD
	Andria Morielli	Supervisor	3	PHD
	James Vallerand	Supervisor	5	PHD
<b>Dr. Margaret Davenport</b>	Rachel Skow	Co-supervisor	3	PHD
<b>Dr. Judy Davidson</b>	Chloe Chambers	Supervisor	1	MA – CRS
	Rylan Kafara	Co-Supervisor	2	PhD
<b>Dr. Darren Delorey</b>	Justin Duong	Supervisor	1	MSc
	Timothy Just	Supervisor	6	PHD
	SM Majedul Karim	Supervisor	I	PHD
	Zoe (Sixue) Liu	Supervisor	2	MSc



<b>Dr. Jim Denison</b>	Gordon Farnell	Supervisor	1	MCoach
	Lydia Sokol	Supervisor	1	MA
	Geoffrey Pippus	Supervisor	2	MA
	Crystal Watson	Supervisor	2	MA
	Nathan Kindrachuk	Supervisor	3	MA
	Tim Konoval	Supervisor	6	PHD
<b>Dr. John Dunn</b>	Danielle Cormier	Supervisor	2	MA
	Ryan Guenter	Supervisor	2	MA
	Michael Lizmore	Co-Supervisor	5	PHD
<b>Dr. Karen Fox</b>	Ian Cumming	Supervisor	6	MA(RLS)
<b>Dr. Donna Goodwin</b>	Kelsie Acton	Supervisor	5	PHD
	Amanda Ebert	Supervisor	1.5	MA
	Maegan Ciesielski	Supervisor	3	MA
	Lindsay Eales	Supervisor	5	PHD
	Cathleen Edwards (Cocchio)	Supervisor	9	PHD
	Rebecca Marsh	Supervisor	3	MA
<b>Dr. Elizabeth Halpenny</b>	Baikuntha Acharya	Supervisor	8	PHD
	Kimberly Macmillan	Supervisor	0.5	MA(RLS)
	Mohadeseh Mahmoudi	Supervisor	3	PHD
	Farshid Mirzaalian	Supervisor	3	PHD
	Robert Priebe	Supervisor	3.5	PHD
	Nancy (Nanxi) Yan	Co-Supervisor	3	PHD
	Clara-Jane Blye	Supervisor	1	PhD
<b>Dr. Howard Harshaw</b>	Jingjing Gui	Co-Supervisor	4	PHD
	Jane Hurly	Supervisor	2	PHD
	Dallas Mix	Co-supervisor	2	MCoach
<b>Dr. Thomas Hinch</b>	Aisulu Abdykadyrova	Supervisor	3.5	PHD
	Mu He	Supervisor	2	MA-CRS
	Colin McGuinness	Supervisor	1	MA-CRS (RLS)
<b>Dr. Nicholas Holt</b>	Colin Deal	Supervisor	3	PHD
	Thomas Gingras	Supervisor	1	MCoach
	Kurtis Pankow	Supervisor	1	PhD
	Shannon Pynn	Supervisor	1	PhD
	Christine Smyth	Supervisor	3	MCoach
	Isabel Ormond	Supervisor	1	MCoach
<b>Dr. Michael Kennedy</b>	Joao Falk Neto	Supervisor	1	PhD
	David McWeeny	Supervisor	3	MSc
	Rachelle Davies	Supervisor	3	MSc
<b>Dr. Brian Maraj</b>	Ran Zheng	Supervisor	2	PHD
<b>Dr. Pirkko Markula</b>				
	Mariel Day	Supervisor	2	MA
	Janita Frantsi	Supervisor	2	MA
	Alanna Fittes	Supervisor	1	MCoach
<b>Dr. Daniel Mason</b>	Kathleen Meaghan Carey	Supervisor	9	PHD



	Chen Chen	Supervisor	4	PHD
	Michael Jingxuan Zheng	Supervisor	3	PHD
	Pat Reid	Supervisor	6	PHD
<b>Dr. Lisa McDermott</b>	Angela Meyer	Supervisor	4.5	PHD
	Julia Froese	Supervisor	1	PHD
<b>Dr. Tara-Leigh McHugh</b>	Michael Dubnewick	Supervisor	4	PHD
	Tristan Hopper	Supervisor	3	PHD
	Jenna Davie	Supervisor	1	MSc
	Autumn Nesdoly	Supervisor	1	MSc
<b>Dr. Amber Mosewich</b>	Benjamin Sereda	Supervisor	1	MSc
	Kelsey Wright	Supervisor	1	MSc
	Natasha Spaling	Supervisor	2	MCoach
<b>Dr. Kerry Mummery</b>	Julienne Cancio	Supervisor	1	MA
	Kaitlin Vanderbeek	Supervisor	1	MCoach
<b>Dr. Stewart Petersen</b>	Cameron Ehnes	Supervisor	2	MSc
	Matthew Yaworski	Co-Supervisor	2	MCoach
<b>Dr Charles Puttman</b>	Jay Gamma	Supervisor	1	MSc
<b>Dr. Ian Reade</b>	Jason Ginter	Supervisor	1	MCoach
	Eric Golberg	Supervisor	3	MCoach
	Carolyn O'Dwyer	Supervisor	1	MCoach
	Victor Karosan	Supervisor	3	MCoach
	Matthew Yaworski	Co-supervisor	2	MCoach
<b>Dr. PearlAnn Reichwein</b>	Michelle Murphy	Supervisor	2	MA(RLS)
<b>Dr. Zachary Robinson</b>	Dallas Mix	Co-supervisor	2	MCoach
<b>Dr. Wendy Rodgers</b>	Kelsey Hurley	Supervisor	3	MSc
	Heather Larson	Supervisor	4	PHD
	Kimberley McFadden	Co-Supervisor	5	PHD
	Anne-Marie Selzer	Supervisor	6	PHD
	Laura Jones (Watson)	Co-Supervisor	5	PHD
<b>Dr. Jay Scherer</b>	Rylan Kafara	Co-supervisor	2	PHD
	Yeaseul Cho	Supervisor	1	PHD
	Paul Nya	Supervisor	1	PHD
<b>Dr. Brian Soebbing</b>	Wyatt Urbanski	Supervisor	1	MCoach
<b>Dr. John Spence</b>	Carminda Lamboglia	Supervisor	0.5	PHD
	Jodie Stearns	Supervisor	6	PHD
	Brendan Wohlers	Supervisor	2	MSc
	Clifford Lindeman	Supervisor	1	PhD
	Ashley McCurdy	Supervisor	1	MA
<b>Dr. Nancy Spencer-Cavaliere</b>	Heather Crowe	Supervisor	3	MA
	Anthony Bourque	Co-Supervisor	1	MA



	Caitlin Riddoch (Wheeler)	Supervisor	1	PhD
	Dallas Ansell	Supervisor	1	MCoach
	Rebecca Rubuliak	Supervisor	1	MA
	Kirsti Van Dornick	Supervisor	3	MA
<b>Dr. Craig Steinback</b>	Andrew Steele	Supervisor	1	MSc
	Rachel Skow	Co-Supervisor	3	PHD
	Stephen Busch	Supervisor	3	MSc
<b>Dr. Michael Stickland</b>	Andrew Brotto	Supervisor	1	MSc
	Devin Phillips	Supervisor	2	PHD
	Lin Moore	Supervisor	6	PHD
<b>Dr. William Strean</b>	Andre Andrijw	Supervisor	7	PHD
	Anthony Bourque	Co-Supervisor	1	MA
<b>Dr. Gordon Walker</b>	Jingjing Gui	Co-supervisor	4	PHD
	Nancy (Nanxi) Yan	Co-Supervisor	3	PHD
	Elaine Yip	Supervisor	2	MA-CRS
	Shintaro Kono	Supervisor	5	PHD
<b>Dr. Jane Yardley</b>	Heather Hinz (Scherer)	Co-Supervisor	1	MSc

### C. Graduate Student Scholarship Awards

Tri-council graduate student awards, Vanier Canada Graduate Scholarships and Queen Elizabeth II Graduate Scholarship received in the 2017/18 academic year.

#### **Master's:**

Rebecca Rubuliak (Supervisor: Nancy Spencer-Cavalier) – Profiling Alberta's Graduate Students Award; Queen Elizabeth II Master's Scholarship. Research topic: Inclusion in recess from the perspectives of children with disabilities.

Crystal Watson (Supervisor: Jim Denison), Queen Elizabeth II Master's Scholarship.

Amanda Ebert (Supervisor: Donna Goodwin), Queen Elizabeth II Master's Scholarship. Research topic: Ethical tensions and professional reflexivity in adapted physical activity practice

Mariel Day (Supervisor: Pirkko Markula), SSHRC – Canada Graduate Scholarship Master's.

Ashley McCurdy (Supervisor: John Spence), Queen Elizabeth II Master's Scholarship. Research topic: Exercise and Mental Health



## Doctoral:

Stephen Hunter (Supervisor: Valerie Carson), Queen Elizabeth II Doctoral Scholarship.  
Research topic: An ecological perspective of factors contributing to adolescent physical activity

Jennifer Bertrand (Supervisor: Craig Chapman), Queen Elizabeth II Doctoral Scholarship. Research topic: Neural oscillations, perception, and the facilitation of information transfer within the brain

Kimberley Curtin (Supervisor: Tanya Berry), Queen Elizabeth II Doctoral Scholarship.  
Research topic: Antecedents and outcomes of leisure time physical activity for Chinese international students in Canada

Rylan Kafara (Supervisor: Jay Scherer and Judy Davidson), Canada Graduate Scholarship – Doctoral, President’s Doctoral Prize of Distinction. Research Topic: Real Revitalization: Poverty, Urban Development, and Homelessness in Edmonton

Kyle Pushkarenko (Supervisor: Janice Causgrove-Dunn), SSHRC Doctoral Fellowship; President’s Doctoral Prize of Distinction. Research topic: Exploring the concept of physical literacy: Perceptions within the context of disability

Torstein Eriksen Daehlin (Supervisor: Loren Chiu), NSERC Vanier Canada Graduate Scholarship; President’s Doctoral Prize of Distinction.

Katherine Neely (Supervisor: Nick Holt), Governor General’s Gold Medal

## **D. Graduate Student Research and Publication Awards**

Articles Published in Refereed Journals: 27

Articles & Abstracts in Non-Refereed Journals: 7

Articles in Press: 10

Articles Submitted: 21

Reports & Manuals Written: 6

Papers Presented to Learned Societies or Professional Bodies, Coaching Clinics, & Other Related Groups: 35



## E. Graduate Studies Convocation

Total number of students graduated: 30

### Fall 2017 Convocation

Adams,Scott Cameron	Doctor of Philosophy
Tedjasaputra,Vincent	Doctor of Philosophy
Baker,Jordan Douglas	Master of Arts (Thes)
Evans,Sarah Charlene	Master of Arts (Thes)
Metzger-Corriveau,Kathy Jeannette	Master of Arts (Crse)
Pankow,Kurtis Desmond Edward	Master of Arts (Thes)
Parent,Chelsea Ann	Master of Arts (Thes)
Pynn,Shannon Ruth Anne	Master of Arts (Thes)
Warner Hudson,Beth Ellen	Master of Arts (Thes)
Taylor,Dustin	Master of Coaching (Crse)
Bertrand,Jennifer Kathleen	Master of Science (Thes)
Lavoie,Ewen Bryce	Master of Science (Thes)
Luu,Minh John	Master of Science (Thes)
Michaelchuk,Wade William	Master of Science (Thes)
Rees,Jordan Laurel	Master of Science (Thes)
vonGaza,Gabriella Lynn	Master of Science (Thes)



## Spring 2018 Convocation

Just,Timothy Peter	Doctor of Philosophy
Kono,Shintaro	Doctor of Philosophy
Moore,Linn Emilia	Doctor of Philosophy
Reid,Pat Alexander	Doctor of Philosophy
Vallerand,James Robert	Doctor of Philosophy
Spaling,Natasha Laura	Master of Coaching (Crse)
Ainsley,Emily Noelle	Master of Science (Thes)
Busch,Stephen Alan	Master of Science (Thes)
Claveria Gonzalez,Francisca Constanza	Master of Science (Thes)
Davies,Rachelle Dori Elizabeth	Master of Science (Thes)
Liu,Sixue	Master of Science (Thes)
Kindrachuk,Nathan Michael Huebert	Master of Arts (Thes)
Marsh,Rebecca Taylor	Master of Arts (Thes)
Kindzierski,Brittany Lee	Master of Coaching (Crse)



## V. RESEARCH AND SCHOLARLY WORK

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### A. Total Research Funding

	2014-2015	2015-2016	2016-2017	2017- 2018
2018AB Government	1,156,872	733,463	1,245,592	1,292,467
Tri Council	1,586,006	1,651,198	936,875	631,106
Other Cdn Gov't & Foreign	336,195	612,667	409,882	611,334
<b>SUB-TOTAL</b>	<b>3,243,473</b>	<b>3,008,328</b>	<b>2,647,672</b>	
Cdn Business	0	0	35,614	176,332
Non-Profit	383,895	318,428	490,059	537,476
Other Revenue	458,680	293,953	671,344	523,550
<b>TOTAL</b>	<b>4,086,048</b>	<b>3,620,709</b>	<b>3,789,365</b>	<b>3,772,265</b>

**NOTE:** Funds reported include both revenue funds received and deferred contributions

### B. Tri-Council Funding

	2014-15	2015-2016	2016-2017	2017-2018
CIHR	1,255,959	863,311	458,583	251,629
NSERC	110,750	221,585	164,000	192,880
SSHRC	219,297	566,302	314,292	186,597
<b>TOTAL</b>	<b>1,586,006</b>	<b>1,651,198</b>	<b>936,875</b>	<b>631,106</b>





## C. Salary Award Grants

- **Tanya Berry** CRC Tier 2 (July 1, 2016 to June 30, 2020) 100,000/year
- **Valerie Carson** CIHR New Investigator Award (July 1, 2016 to June 30, 2020) 60,000/year
- **Kerry Courneya** CRC Tier 1 (July 1, 2016 to June 30, 2018) 200,000/year.  
Renewed CRC Tier 1 (July 1, 2018 to June 30, 2025) 200,000/year
- **Margaret Davenport-Steinback** Heart and Stroke National New Investigator (NNI) Award (July 1, 2017 to June 30, 2021) 65,000/year
- **Craig Steinback** Heart and Stroke National New Investigator (NNI) Award (July 1, 2018 to June 30, 2022) 65,000/year

## D. Research Funding 2015-2018 by Principal Investigators in the Faculty of Kinesiology, Sport, and Recreation

Funding period information from Research Home Page as of December 1, 2017 to November 30, 2018 (Allocation period April to March).

Investigator (PI)	Title	Sponsor	Date	Total Award	2015-16	2016-17	2017-18	2018-19
Berry, Tanya	Heart disease messages for women: information behaviour and effects on attitudes	Women & Children's Health Research Institute Innovation Grants	Oct 1, 2016 to Sep 30, 2018	49,592		49,592		



Berry, Tanya	Internalized weight bias retraining	Alberta Health Services Diabetes, Obesity & Nutrition SCN New Collaboration	Mar 24, 2017 to Mar 24, 2018	10,000		10,000		
Berry, Tanya	Affective heart disease and physical activity messages for women	CIHR Project Grant	Apr 1, 2018 to Mar 31, 2020	110,000				55,000
Carson, Valerie	Supporting healthy physical activity and sedentary behaviour habits in Alberta licensed and approved child care settings through updated accreditation standards	CIHR Project Grant	Jul 1, 2016 to Jun 30, 2019	296,332		75,583	98,111	98,111



Carson, Valerie	Early mover: The role of physical activity and sedentary behaviour in the health growth and development of infants	CIHR New Investigator Grants in Maternal Reproductive, Child & Youth Health	Oct 1, 2017 to Sep 30, 2020	74,519			12,420	24,839
Carson, Valerie	Early mover: The role of physical activity and sedentary behaviour in the health growth and development of infants	Women & Children's Health Research Institute Matching Funds	Oct 1, 2017 to Sept 30, 2020	25,000			25,000	
Carson, Valerie	Extension of the COMPASS Study: Building on our current success	University of Waterloo (CIHR Project Grant)	Jul 1, 2016 to Mar 31, 2023	93,000		31,000	31,000	31,000



	shaping the direction of youth health							
Chapman ,Craig	CIFAR Global Scholars Program, Azrieli Program in Brain, Mind & Consciousness	CIFAR Azrieli Global Scholars	Jul 1, 2016 to Jun 30, 2020	155,000		50,000	70,625	27,500
Chapman , Craig	Understanding human action as observable cognition using combined motion-tracking, eye-tracking and EEG	NSERC Discovery Grants	Apr 1, 2014 to Mar 31, 2021	174,000	29,000	29,000	29,000	29,000
Chapman , Craig	Collection and analytics of real-time big data in human	Canada Foundation for Innovation John R Evans Leaders	Jan 1, 2017 to Sept 30, 2019	227,086			227,086	



	sensorimotor behaviour	Fund						
Chapman, Craig	VR Neuroscience Lab Development	CAPP	Sep 1, 2018 to Aug 31, 2019	68,506.61				68,506.61
Courneya, Kerry	Exercise During Neoadjuvant Rectal Cancer Treatment : The EXERT Trial	Canadian Cancer Society Research Institute Innovation Grants	Aug 1, 2016 to Jul 31, 2019	130,427		19,537	70,820	40,250
Courneya, Kerry	INTense Exercise foR surVivAL among men with Metastatic Castrate-Resistant Prostate Cancer (INTERVAL - MCRPC): A Multicentre, Randomized, Controlled	Movember Foundation	July 1, 2016 to Aug 31, 2023	28,468		28,468		



	, Phase III Study							
Courneya , Kerry	A Phase II Randomized Controlled Trial of Exercise in Prostate Cancer Patients Undergoing Active Surveillance: The ERASE	CIHR Project Grant	Apr 1, 2018 to Jun 30, 2018	30,600				30,600
Courneya , Kerry	Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study	University of Calgary (CIHR Project Grant)	Apr 1, 2018 to Mar 31, 2023	429,215				85,843
Courneya , Kerry	Physical Activity and Cancer Outcomes: Generating Practice-Changing	CIHR Foundation Grant	Jul 1, 2018 to Jun 30, 2025	1,200,111				121,072



	Evidence							
Courneya , Kerry	Exercise during Active Surveillance for Prostate Cancer: The ERASE Trial	Prostate Cancer Canada Movember Discovery Grants	Jul 1, 2017 to Jun 30, 2019	76,000			46,000	30,000
Courneya , Kerry	CO.21 The Colon Health and Life Long Exercise Change (Challenge ) Trial	Cross Cancer Institute	Nov 1, 2009 to Oct 31, 2019	131,550	19,000	13,000	5,400	
Davenport Steinback, Margaret	Blood pressure regulation during hypertensive pregnancies	Heart & Stroke Foundation Canada Grant-in-Aid	Jul 1, 2016 to Jun 30, 2019	227,434		66,664	77,885	82,885
Davenport Steinback, Margaret	The impact of exercise and sedentary	Women & Children's Health Research Institute	Aug 1, 2016 to July 31, 2018	50,000		50,000		



	(sitting) time on cardiovascular risk during pregnancy	Innovation Grants						
Davenport Steinback, Margaret	Novel targets for improving cardiometabolic function during pregnancies affected by gestational diabetes mellitus (GDM)	Alberta Diabetes Institute Pilot Project	Sept 1, 2017 to Aug 31, 2018	30,000			30,000	
Davenport Steinback, Margaret	The effect of the carotid bodies on sympathetic nervous system activity during gestational diabetes mellitus	Women & Children's Health Research Institute Bridge Grant	Sept 1, 2018 to Aug 30, 2019					31,260





Davenport Steinback, Margaret	WCHRI SKEP Visiting Lecturer	Women's & Children Health Research Institute Scientific Knowledge Exchange Program	Jun 1, 2018 to Jul 31, 2018	1,000				1,000
Davenport Steinback, Margaret	Infrastructure for the Pregnancy and Vascular Health Laboratory	Canadian Foundation for Innovation Infrastructure Operating Fund	Apr 1, 2018 to Mar 31, 2022	21,814				21,814
Davenport Steinback, Margaret	Occupational Activity and Pregnancy Outcomes: A Meta-analysis	Alberta Labour OHS Futures Research Funding Program Process	Jan 1, 2018 to Jun 30, 2019	58,585.68			58,585.68	
DeLorey, Darren	Regulation of sympathetic vasoconstriction in resting and contracting skeletal muscle	NSERC Discovery Grants	Apr 1, 2015 to Mar 31, 2020	200,000	40,000	40,000	40,000	40,000



Halpenny, Elizabeth	Integrating Social Science into Parks Management	SSHRC Partnership Development Grant	Mar 23, 2018 to Mar 22, 2021	199,902			70,267	84,742
Harshaw, Howard	National assessment of waterfowl hunter recruitment, retention, and reactivation (R3) programs in Canada	Wildlife Habitat Canada	Apr 1, 2017 to Mar 31, 2018	9,000			9,000	
Harshaw, Howard	Understanding bird watchers preferences and priorities for wetlands conservation, and attitudes about waterfowl hunting	Wildlife Habitat Canada	Apr 1, 2017 to Mar 31, 2018	15,000			15,000	
Harshaw, Howard	Refining the recreation specializai	SSHRC Insight Grants	Mar 15, 2017 to Mar 31, 2023	134,452		4,634	4,633	36,365



	ton framewor k to account for progressio n, social networks and environme ntal worldview							
Harshaw, Howard	Understan ding the dynamics of people's interactio ns with waterfowl: Assessing stakehold er and profession als preferenc e	Ducks Unlimited Canada	Jan 1, 2015 to Dec 31, 2018	23,500	10,000		13,500	
Holt, Nicholas	Parenting styles and practices in sport	SSHRC Sport Participatio n Initiative Research Grants	Jan 1, 2016 to Dec 31, 2018	111,350	31,450	37,504	42,396	
Holt, Nicholas	PYD SportNET (SSHRC PDG):	Kule Institute for Advanced Study	Apr 5, 2017 to Mar 31, 2018	2,000			2,000	



	"The Sport Conference"	Dialogue Grant						
Holt, Nicholas	Promoting Positive Youth Development Through Sport: The PYDSport NET project	VP Research Office SSHRC Bridge Funding	Jun 1, 2017 to Jun 30, 2018	10,000			10,000	
Holt, Nicholas	Moving Technology in Exercise and Sport Sciences	NSERC Connect Grants	Oct 4, 2017 to Nov 30, 2018	4,715			4,715	
Holt, Nicholas	Try a bit of TLC: A Training Program for RCMP Members to Teach Teamwork, Leadership, and Communication (TLC) Through Sport and	SSHRC Partnership Engage Grants	Jun 1, 2018 to May 31, 2019	25,000				25,000



	Recreation							
Holt, Nicholas	Promoting Positive Youth Development Through Sport: PYD SportNET	SSHRC Partnership Development Grant	Mar 25, 2015 to Mar 24, 2019	195,456	97,155	49,284		
Jones, Kelvin	Computational neuromuscular physiology	NSERC Discovery Grants	Apr 1, 2017 to Mar 31, 2023	140,000			28,000	
Kennedy, Michael	Future Proofing Triathlon - A Legacy of the Science of Triathlon World Congress 2017	ITU World Triathlon Edmonton	Sep 17, 2018 to Sep 17, 2021	54,087				54,087



Mason, Daniel	"The Good", "The Bad", and "The Ugly"? Sports facilities, status, and quality of life in entrepreneurial cities	SSHRC Insight Grants	Mar 15, 2015 to Mar 30, 2020	187,700	63,299	77,757		
McGuire-Adam, Tricia	Pathways Annual Gathering	CIHR New Investigators Travel Awards	Sept 1, 2017 to Aug 31, 2018	1,974			1,974	
McGuire-Adam, Tricia	Adapting Wiisokota atiwin (an Indigenous research method) from Urban to Land-Based: Anishinaabeg Elders' Land-Based Knowledge Transfer	CIHR Catalyst Grant Indigenous Approaches to Wellness Research	Jan 1, 2018 to Mar 31, 2020	149,763			149,763	



	Research							
McHugh, Tara-Leigh	Cultural relevancy and positive youth development: Exploring the sport and physical activity experiences of Indigenous youth in Canada	University of Manitoba (SSHRC)	Feb 1, 2016 to Aug 31, 2018	3,650		3,650		
McHugh, Tara-Leigh	An exploration of the cultural relevance of physical literacy	Killam Research Fund Cornerstone Grant	Jun 1, 2018 to Oct 31, 2019	29,198				29,198



McHugh, Tara-Leigh	“That was our sport back then”: An exploration of the developmental benefits of participating in Northern games	SSHRC Insight Grants	Mar 15, 2018 to Mar 31, 2022	93,506			12,016	36,047
Mosewich, Amber	Fostering resilience and wellbeing in sport: A longitudinal study of athlete psychosocial development	SSHRC Insight Development Grants	Jun 1, 2017 to May 31, 2019	47,783			25,727	22,056
Mosewich, Amber	The Sport Conference Connection and Dialogue	Kule Institute for Advanced Study Dialogue Grant	May 1, 2018 to Aug 31, 2018	1,000				1,000





Peers, Danielle	Moving towards disability inclusion? : A discourse analysis of Canada's inclusive movement programs	SSHRC Insight Development Grants	Jun 1, 2016 to May 31, 2018	64,365		27,058	37,307	
Peers, Danielle	Moving to Breathe, Breathing to Move: An interdisciplinary study on the benefits of choral and dance exercise for people	Muscular Dystrophy Canada	Nov 1, 2017 to Dec 31, 2018	50,000 (47,250 to Mitacs & 2,750 to UAB)			50,000	
Peers, Danielle	Alberta Parasport Summit: Reimaging Practice and Policy	Alberta Sport Connection	Jan 1, 2018 to Dec 31, 2018	3,500			3,500	
Peers, Danielle	Alberta Parasport Summit	SSHRC Connection Grants	Jan 1, 2018 to Dec 31, 2018	22,591			22,591	



Putman, Charles	Skeletal Muscle Adaptation to Altered Environmental Demands	NSERC Discovery Grants	Apr 1, 2016 to Mar 31, 2021	155,000		31,000	31,000	31,000
Robinson, Zachary	Sustaining Mountain Cultures in the Canadian West	Kule Institute for Advanced Study Research Cluster Grant	Mar 1, 2016 to Feb 28, 2019	91,500		91,500		
Scherer, Jay	Behind the spectacle: Participatory action research, and the impacts of a world-class arena and entertainment district on the urban poor in downtown Edmonton	SSHRC Sport Participation Initiative Research Grants	Jan 1, 2016 to Dec 31, 2018	132,021	38,701	44,011	49,309	
Spence, John	Fort Providence Pilot Project -	Gov't of Northwest Territories	Apr 26, 2016 to Jun 30,	134,992		45,604	43,948	45,442



	Phase 2		2019					
Steinback, Craig	Neural control of blood pressure in healthy and complex pregnancies	Heart & Stroke Seed Catalyst Grant	Jul 1, 2018 to Jun 30, 2020	100,000				50,000
Steinback, Craig	The Influence of Hypoxia on Neurovascular Regulation and Plasticity	NSERC Discovery Grant	Apr 1, 2014 to Mar 31, 2019	145,000	29,000	29,000	29,000	29,000

## E. Publications

	2013-2014	2014-2015	2015-2016	2016-2017	2017- 2018
Books or Audio Books	6	3	4	1	3
Book Chapters	28	11	30	25	17
Refereed Journal Publications	117	97	176	171	178
Creative Works	0	0	0	0	0



## **1.0 Books (3)**

Kowalski, K., **McHugh, T.-L.F.**, Ferguson, L., & Sabiston, C. (2018). *Research Methods in Kinesiology*. Don Mills, ON: Oxford University Press.

**Markula, P.**, & Clark, M.I. (Eds.) (2018). *The evolving feminine ballet body*. Edmonton, Alberta: University of Alberta Press.

Zheng, J., & **Mason, D.S.** (2018). *Brand platform in the professional sport industry: Sustaining growth through innovation*. New York: Palgrave Macmillan.

## **2.0 Book Chapters (17)**

**Berry, T.R.** (2018). Automatically activated cognitions and physical activity messaging. In B. Jackson, & J. Dimmock (Eds.), *Persuasion and Communication in Sport, Exercise, and Physical Activity* (pp. 104-118). New York: Routledge.

Demark-Wahnefried, W., Rogers, L.Q., Alfano, C.M., Thomson, C.A., **Courneya, K.S.**, Meyerhardt, J.M., Stout, N.L., Kvale, E., Ganzer, H., Gansler, T., & Ligibel, J.A. (2018). Diet, physical activity and weight control for cancer patients and survivors. In *The American Cancer Society's Principles of Oncology (Ed.), Prevention to Survivorship* (pp. 293-305). Atlanta, GA: Wiley-Blackwell.

**Goodwin, D. L.** (2017). Reflections on professional practice in adapted physical activity through a social justice lens. In A.J.S. Morin, C. Maiano, D. Tracy, & R.G. Craven (Eds.), *Inclusive physical activities: International perspectives* (pp. 271-286). Charlotte, NC: Information Age Publishing.

**Halpenny, E.A.**, & Vaugeois, N. (2017). Edmonton's Winter City Strategy – Enhancing winter living through innovative leisure practice in a northern Canadian city. In T. Delmere (Ed.), *Innovative Leisure Practices: Case Studies as Conduits between Theory and Practice*, Vol. 3. (pp. 86-102). Nanimo, BC: World Leisure Centre of Excellence in Sustainability and Innovation.

**Halpenny, E.A.**, Salenieks, T., Manning, R., Leung, Y., & Spenceley, A. (2018). Aligning management objectives with tourism impacts. In Y-F Leung, A. Spenceley, G. Hvenegaard, & R. Buckley (Ed.), *IUCN best practice guidelines for sustainable tourism in protected areas* (3<sup>rd</sup> ed., pp. 37- 50). Gland Switzerland: IUCN.



- Holt, N.L.**, Pynn, S., Pankow, K., Neely, K., **Carson, V.**, & Ingstrup, M. (2018). Family influences on active free play and youth sport. In T.S. Horn, & L.A. Smith (Eds.), *Advances in sport and exercise psychology* (4th ed., pp. 117-132). Champaign, IL: Human Kinetics.
- Kerrigan, D.J., Schaierer, J.R., & **Courneya, K.S.** (2018). Cancer. In J. Ehrman, P. Gordon, P. Visich, & S. Keteyian (Eds.), *Clinical exercise physiology*, (4<sup>th</sup> Ed., pp. 373-390). Champaign, IL: Human Kinetics.
- Leung, Y., **Halpenny, E.**, Salenieks, T., Manning, R., Bride, I., Walden-Schreiner, C., & Buckley, R. (2018). Adaptive management for sustainable tourism. In Y. Leung, A. Spenceley, G. Hvenegaard, & R. Buckley (Eds.), *IUCN tourism and visitor management in protected areas: Guidelines for sustainability* (pp. 51-70). Gland, Switzerland: IUCN.
- Markula, P.** (2017). Poststructuralist feminism in sport and leisure studies. In J. Caldwell, L. Mansfield, B. Wheaton, & B. Watson (Eds.), *The Palgrave handbook of feminisms in sport and leisure studies* (pp. 393-408). Basingstoke, UK: Palgrave.
- Markula, P.** (2017). The embodied experience: Dance ethnography and the dancing body. In M. Giardina, & M. Donnelly (Eds.), *Physical culture, ethnography, and the body: Theory method and praxis* (pp. 160-180). Abingdon, UK: Routledge.
- Markula, P.** (2018). So You Think You Can Dance: The feminine ballet body in a popular reality show. In P. Markula, & M. Clark (Eds.), *The evolving feminine ballet body* (pp. 68-94). Edmonton, Alberta, Canada: University of Alberta Press.
- Markula, P.**, & Clark, M. (2018). Introduction: Contextualizing the contemporary feminine ballet body. In P. Markula, & M. Clark (Eds.), *The evolving feminine ballet body* (pp. 11-37). Edmonton, Alberta, Canada: University of Alberta Press.
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McDermott, L., & Scherer, J. (2017). War games: The politics of war, sport spectacles, and grieving in Canada. In M. Butterworth (Ed.), *Sport and militarism. Contemporary global perspectives* (pp. 129-148). New York: Routledge.

Strean, W. B. (2018). Avoiding crickets by creating an orchestra of students. In L. Nilson, & J. Herman (Eds.), *Creating engaging discussions: Strategies for "avoiding crickets" in any size classroom and online* (pp. 107-113). Sterling, VA: Stylus.

Van Winkle C., Bueddefeld, J., MacKay, K., & Halpenny, E.A. (2018). ICT and the festival experience. In J. Mair (Ed.), *Routledge handbook of festivals* (pp. 9). London: Routledge.

### **3.0 Refereed Publications (178)**

Adams, S.C., DeLorey, D.S., Davenport, M.H., Fairey, A.S, North, S., Courneya, K.S. (2018). Effects of high intensity interval training on fatigue and quality of life in testicular cancer survivors. *British Journal of Cancer*, 118, 1313-1321. doi: 10.1038/s41416-018-0044-7

Adams, S.C., DeLorey, D.S., Davenport, M.H., Stickland, M.K., Fairey, A.S., North, S., Szczotka, A., & Courneya, K.S. (2017). Effects of high-intensity aerobic interval training on cardiovascular disease risk in testicular cancer survivors: A phase 2 randomized controlled trial. *Cancer*, 123, 4057-4065, doi:10.1002/cncr.30859

Ainsworth, M.C., Pekmezi, D., Bowles, H., Ehlers, D., McAuley, E., Courneya, K.S., & Rogers, L.Q. (2018). Acceptability of a mobile phone app for measuring time use in breast cancer survivors (Life in a Day): Mixed-methods study. *JMIR Cancer*, 4, e9, doi:10.2196/cancer.8951

Alley, S.J., Kolt, G.S., Duncan, M.J., Caperchione, C.M., Savage, T.N., Maeder, A.J., Rosenkranz, R.R., Tague, R., Van Itallie, A.K., & Mummery, W.K., & Vandelanotte, C. (2018). The effectiveness of a web 2.0 physical activity intervention in older adults – a randomized control trial. *International Journal of Behavioral Nutrition and Physical Activity*, 15, <https://doi.org/10.1186/s12966-017-0641-5>



- Anderson, L.N., Ball, G.D.C., Birken, C.S., Buchholz, A., Carsley, S., Chanoine, J.P., Clairman, H., Dettmer, E., Forhan, M., Gehring, N.D., Hadjiyannakis, S., Hamilton, J., Hanning, R., Haines, J., Ho, J., **Holt, N.L.**, Kim, T.H.M., Legault, L., Luca, P., Maguire, J.L., Maximova, K., McPherson, A.C., Morrison, K.M., Mâsse, L.C., Parkin, P.C., Perez, A., Sprague, A.E., Toulany, A., Tremblay, M.S., & Tu, K. (2017). The team to address bariatric care in Canadian children (Team ABC3): Team grant research proposal. *BMC Research Notes*, *10*, 301, doi:10.1186/s13104-017-2506-z
- Avner, Z., **Denison, J.**, & **Markula, P.** (2017). “Good Athletes Have Fun”: A Foucauldian reading of university coaches’ uses of fun. *Sports Coaching Review*, *1-15*, doi:10.1080/21640629.2017.1400757
- Babenko, O., & **Mosewich, A.D.** (2017). In sport and now in medical school: Examining students’ well-being and motivations for learning. *International Journal of Medical Education*, *8*, 336-342, doi:10.5116/ijme.59b7.8023
- Babenko, O., **Mosewich, A.D.**, Abraham, J., & Lai, H. (2018). Contributions of psychological needs, self compassion, leisure-time exercise, and achievement goals to academic engagement and exhaustion in Canadian medical students. *Journal of Educational Evaluation for Health Professions*, *15*, doi:10.3352/jeehp.2018.15.2
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- Barss, T.S., Ainsley, E.N., Claveria-Gonzalez, F.C., Luu, M.J., Miller, D.J., Wiest, M.J., & **Collins, D.F.** (2018). Utilising physiological principles of motor unit recruitment to reduce fatigability of electrically-evoked contractions. *Archives of Physical Medicine and Rehabilitation*, *99*, 779-791, doi:10.1016/j.apmr.2017.08.478
- Berry, T.R.**, **Jones, K.E.**, **Courneya, K.S.**, McGannon, K.R., Norris, C.M., **Rodgers, W.M.**, & **Spence, J.C.** (2018). Believability of messages about preventing breast cancer and heart disease through physical activity. *BMC Psychology*, *6*, 2, doi:10.1186/s40359-018-0213-8



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- Brown, J.C., Damjanov, N., **Courneya, K.S.**, Troxel, A.B., Zemel, B.S., Rickels, M.R., Ky, B., Rhim, A.D., Rustgi, A.K., Schmitz, K.H. (2018). A randomized dose-response trial of aerobic exercise and health-related quality of life in colon cancer survivors. *Psycho-Oncology*, 27, 1221-1228, doi:10.1002/pon.4655
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## VI. Faculty Evaluation Committee (FEC)

The 2018 Faculty Evaluation Committee (FEC) reviewed the performance of Faculty members (assistant, associate, full professors), Faculty Services Officers (FSO) and Faculty Lecturers for the 2015-16 academic year (July 1, 2017 thru June 30, 2018). The committee was responsible for consideration and recommendations for merit increments, consideration and decisions on applications for promotion and providing advice to the Dean on applications for sabbaticals under Article 9 of the Faculty Agreement.

### **FEC Membership 2018**

The FEC consisted of eight (8) members, seven of who hold voting rights. FEC membership for 2018, including term of appointment, was as follows

Elected Members (voting):

- Dr. Kelvin Jones (June 2019)
- Dr. Pirkko Markula (June 2020)
- Dr. Elizabeth Halpenny (June 2021)
- Dr. Dan Mason (June 2021)

Appointed Members (voting):

- Dr. Kerry Mummery Chair, Dean (Term of Office)
- Dr. John Spence, Vice Dean (Term of Office)
- Dr. Kevin Hagerty, PRC (June 2020)

Ex-Officio (non-voting):

- Dr. Nick Holt, Associate Dean Research (Term of Office)

### **Promotions**



FEC reviewed one application for promotion, which was successful. The following promotion becomes effective July 1, 2019:

- Dr. Tara Leigh McHugh – promoted to full professor

### **Sabbaticals**

FEC reviewed and recommended support for five (5) sabbatical applications to the Dean as follows:

- Dr. Kerry Courneya            6-month sabbatical, approved
- Dr. Elizabeth Halpenny       6-month sabbatical, approved
- Dr. Billy Streaan               6-month sabbatical, approved
- Dr. Normand Boule            12-month sabbatical, approved
- Dr. Donna Goodwin            12-month sabbatical, approved

### **Merit Increments**

The number of increments in the increment pool is equal to 1.175 times the number of eligible staff members within each Faculty. Eligible staff members under this provision are those staff members in the Faculty whose employment is covered either by the Faculty Agreement or the FSO Agreement. FEC reviewed a total of 42 eligible individuals: 1 FSO, 2 Faculty Lecturers, 7 Assistant Professors, 16 Associate Professors and 13 Full Professors. Due to small numbers, the summaries for the FSO and Faculty Lecturers are not included here. The overall mean merit increments awarded by FEC were 1.18. The following table summarizes the merit increments awarded across rank within the professoriate.

	<b>Assistant Professors</b>	<b>Associate Professors</b>	<b>Full Professors</b>	<b>Overall</b>
n	7	16	13	36
Mean Merit Increments	1.29	1.16	1.13	1.18
Median	1.25	1.00	1.25	1.25
Mode	1.25	1.00	1.25	1.25



The following table displays the Merit increments given by level:

	Assistant Professors	Associate Professors	Full Professors	Totals
2.25			1	1
2.00		1		1
1.75	1			1
1.50	1	2	2	5
1.25	3	2	4	9
1.00	2	8	4	14
0.75		1		1
0.50			1	1
0a, b, c		2	1	3
Totals	7	16	13	36





## VII. UNIT REPORTS

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### A. Advancement

#### **Our Vision**

A sustainable funding model that advances the interests of the Faculty of Kinesiology, Sport, and Recreation.

#### **Our Mission**

Engaging donors, alumni, sponsors, and corporate partners, to build relationships connecting philanthropy and other support with academics, teaching, athletics, capital projects and faculty initiatives, in support of research, physical activity, sport, recreation and the health of our communities.

#### **2017-2018 Advancement Highlights:**

- Successfully secured over \$17.3 million dollars in donations and pledges throughout the 2017-2018 fiscal year
- Including the commitment from the City of Edmonton the Arena project is at 42 million with just 23million to be secured from other sources
- Secured over \$10 million in planned gifts from estates for the Faculty.
- Held a highly successful 40yh anniversary for the Steadward Centre which raised over \$220,000.

2017-2018 also saw many projects move forward in a positive direction, including the South Campus Arena project as well as on the process of developing a new marketing plan for Support the Sport and academic research.

We will continue to support the Steadward Centre, Play Around the World, Support the Sport, Academic Awards and Endowments, and several other projects from sponsorships to golf tournaments.



## B. Golden Bears and Pandas Athletics

### **1.0 Golden Bears and Pandas Athletics and Faculty Strategic Priorities**

#### ***1.1 Faculty Strategic Priority: Talented People***

- 16 Head Coaches with 13 undergrad degrees and 4 have Master's degrees
- Recruit and involve 68 assistant coaches

2017-18 Golden Bears & Pandas Student-Athletes by Faculty						
	Student Athletes			Academic All Canadians		
Faculty	Total	Bears	Pandas	Total	Bears	Pandas
Agric, Life & Environ Sciences	21	9	12	3	1	2
Arts	72	42	30	18	9	9
Augustana Faculty	0	0	0	0	0	0
Business	44	28	16	23	17	6
Campus Saint-Jean	4	1	3	3	0	3
Education	34	22	12	9	9	0
Engineering	43	35	8	21	18	3
Native Studies	35	28	7	3	3	0
Graduate Studies and Research	14	8	6	8	5	3
Law	3	2	1	0	0	0
Medicine and Dentistry	5	4	1	4	3	1
Nursing	7	1	6	6	0	6



Open Studies	10	9	1	1	1	0
Pharmacy & Pharmaceutical Sci	2	1	1	1	0	1
Kinesiology, Sport, and Rec.	122	57	65	39	14	25
Science	64	34	30	35	17	18
<b>Total</b>	<b>480</b>	<b>281</b>	<b>199</b>	<b>174</b>	<b>97</b>	<b>77</b>

**Notes:**

- 502 student-athlete opportunities (480 individual student-athletes, 22 dual sport athletes (12 men's cross country/track & field, 2 men's football/track & field, 6 women's cross country/track & field and 2 women's rugby/wrestling)
- Open Studies Student-Athletes include: 1 Transition Year Program, 8 Fresh Start & 0 Exceptional Student-Athletes

**1.2 Faculty Strategic Priority: Communication**

Website:

	2016/2017	2017/2018
Page views:	1,214,348	1,195,189
Unique Page Views	914,737	909,534
Users	194,978	209,804
Sessions	379,861	396,278

Top sources of traffic:

- Organic search accounted for 69.1% of traffic (People Googling or using Bing/Yahoo)
- Referrals 5.6 %
- Direct 17.7 %
- Social 5.2 %
- Email 1.0 %



Desktop vs. mobile and tablet (sessions):

	2016/2017	2017/2018
Mobile	43.12%	47.12%
Desktop	47.26%	44.35%
Tablet	9.61%	8.52%

Teams and top sections:

- Hockey is the top team section with 53,000+ views. (Previous year was 56,000+ views)
- Bears Football is second (37,000+) followed by men's basketball (30,000)
- The top women's team is volleyball (26,000+), and hockey (20,000)
- The following sections remain similar to the past season:
  - schedules – 1.54% of all page views (1,195,189)
  - teams - 3.30%
  - tickets – 0.91%

#### Email Campaigns (Campaign Monitor™)

The following stats are based off of numbers gathered on November 1, 2018:

	2016/2017	2017/2018
<b># of Mailouts</b>	27	68
<b># of emails received</b>	49,804	127,757
<b># of emails opened</b>	14,044	40,317
<b>% of emails opened</b>	28.20%	31.6%

#### Social Media

##### Twitter:

The following stats are based off of numbers gathered on October 11, 2018:

School	Increase	Followers (11/20/2017)	Followers (10/11/2018)
Calgary	1,266	9,539	10,765
Manitoba	845	6,978	7,823
UBC	831	11,624	12,455



<b>Alberta</b>	<b>814</b>	<b>7,569</b>	<b>8,383</b>
Saskatchewan	666	8,593	9,259
Regina	398	5,057	5,435
Victoria	219	5,216	5,435
Fraser Valley	211	2,341	2,552
Brandon	208	2,334	2,542
Trinity Western	202	2,159	2,361
Mount Royal	182	3,586	3,768
MacEwan	177	2,690	2,867
Winnipeg	169	2,367	2,536
Lethbridge	158	3,241	3,399
UNBC	140	1,583	1,723
Thompson Rivers	137	1,756	1,893
UBC Okanagan	71	2,501	2,572
<b>CW Average</b>	<b>394</b>	<b>4,655</b>	<b>4896</b>
Canada West	1,317	8,620	9,937

From this data, we can see:

- Alberta (Golden Bears and Pandas) currently ranks 4<sup>th</sup> in Canada West in number of followers.
- Alberta (Golden Bears and Pandas), at 8,383 followers, is well above the Canada West average of 4,896

## Facebook

The following stats are based off of numbers gathered on November 5, 2018:

	<b>2016</b>	<b>2017</b>	<b>2018</b>
<b># of likes</b>	3,974	4,723	5,174 (9% growth from 2017)
<b>Age 13-17</b>	1.40%	0.80%	0.40%
<b>Age 18-24</b>	51.00%	37.00%	31.00%
<b>Age 25-34</b>	22.00%	32.00%	36.00%
<b>Age 35-44</b>	9.00%	12.00%	13.00%



<b>Age 45-54</b>	9.00%	10.00%	11.00%
<b>Age 55-64</b>	4.00%	4.00%	4.00%
<b>Age 65+</b>	4.00%	4.00%	4.00%

Facebook videos:

The following stats are from January 1, 2018 – November 5, 2018:

<b>Top viewed videos</b>	<b>Number of views</b>
Golden Bears Open, Track and Field Live (Saturday):	27,800
Golden Bears Open, Track and Field Live (Sunday):	12,500
Rugby 7's webcast:	11,800
Bear Path: Golden Bears Basketball:	11,300

## YouTube

The following stats are based off of numbers gathered on November 5, 2018:

	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>
Subscribers	174	254	362	472
Views	73,796	107,115	161,773	224,200
Total Videos	122	268	498	

## Instagram

The following stats are based off of numbers gathered on November 5, 2018:

	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>
Posts/Year	101	160	165	103
Likes/Year	10,128	19,360	10,426	19,654
Total Followers	2,065	3,178	4,231	4,785



### **1.3 Faculty Strategic Priority: Resource Management Allocation**

*The Faculty will align operational income with the strategic goals of the Faculty.*

Diversify funding sources:

Total Gross Alcohol Revenue	\$162,393.65
Total Event Ticket Gross Revenue	\$356,025.86
Total Event Merchandise Gross Revenue	\$21,779.25

- Event statistics: tickets total revenue was \$336,693 does not include non-conference (about \$18,000) but does include flex packs, season tickets, Kids in the Crowd, and playoffs
- Total ticketed attendance 58,212 includes conference and non-conference games and all playoffs. Revenue numbers below include individual game day tickets and does not include flex packs and some one-off events, hence the variance from the \$336,693 total.
  - Football: 3909 (\$29,881)
  - Soccer: Did not sell tickets for conference events
  - Bears Hockey Conf./playoffs: 17,315 (\$139,759); Non-conf.: 619 (\$6,087)
  - Pandas Hockey Conf./Playoffs: 4,503 (\$15,592) Non-conf.: 325 (\$3,320);
  - Volleyball Conf./Playoffs: 10,337 (\$65,431) Non-conf.: 1439 (\$5,840)
  - Basketball Conf./Playoffs: 18,209 (\$79,209) Non-conf.: 318 (\$1,455)
  - Total alcohol sales gross revenue: \$162,393 (up \$5,000 from previous year)

#### Athletics Advancement

Student Athlete & Program Support:

Athletics FRA\* - \$1,234,813.00

Donor Makeup:

- Athletics Alumni – 157
- Primary donor is not Athletics Alumni but their spouse is – 48
- Non Athletic Alumni Donors - 1021

Endowed Funds - Total of 73 funds

- Donations - \$360,851.00 made by 47 donors



- Market Value of \$8,793,518.42
- Spending Allocation of \$302,748.75

Annual Funds - Total of 107 funds

- Donations - \$873,962.00 made by 1189 donors

*\* Fundraising Achievement is defined as the sum of all new commitments for the identified time period. i.e. **HARD CREDIT** dollar amount for each transaction. This includes all straight gifts, perpetual pledge payments, matching gifts, grants, and pledges excluding write-off*

***Athletic Alumni Association Contributions: \$646,803.87***

- Scholarship Support - \$183,627.87
- Operating Support - \$463,176.00

**2017-18 Golden Bears and Pandas Advancement Events**

Event	Attended
2017 Women Fore Pandas	152
2017 Football Milestone	37
2017 Sport Wall of Fame Reception	220
2017 Clare Drake Hockey Hall of Fame	125
2018 Block A	NA+

+Event registration was run by Office of Alumni Relations

**Email Engagement**

Between the period of August 8, 2017 and April 1, 2018, 8 email campaigns were designed and delivered, reaching a total of 8,928 unique email addresses belonging to a combination of Athletics alumni, donors and supporters. Those 8,928 emails received a total of 3,714 opens (41.5% open rate - unique opens) as well as a total of 468 link clicks (5.2% click rate - unique clicks).

	Unique email addresses reached	Opened	Clicked	Attended Event
2017 Football Milestone	683	42.3% (289)	8.5% (58)	37
2017 Sport Wall of	3,406	48% (1,634)	3.9% (134)	220





Fame Reception				
2017 Clare Drake Hockey Hall of Fame	252	54% (136)	22.6% (57)	125
2017 Football Dinner	474	37.3% (177)	4.2% (20)	N/A^
2017 Football Alumni & Donor Appreciation	646	37.3% (241)	6.3% (41)	N/A^
2017 Golden Bears Soccer Alumni Celebration	175	53.7% (94)	18.1% (17)	27
2018 Block A	3,292	34.7% (1,143)	4.3% (141)	N/A+

^Event registration was run by external organization +Event registration was run by Office of Alumni Relations

### 2017 - 2018 Alumni Association Events

- Owen Schlosser Memorial Tournament – Tennis
- Pandas Hockey Fundraising Dinner - Pandas Hockey
- Golden Bears Football Fundraising Dinner – Football
- Pandas Soccer Fundraiser - Pandas Soccer
- Pandas Cross-Country Fundraiser - Pandas Cross-Country
- Pastiche - Golden Bears Volleyball
- Swimming Fundraiser – Swimming
- Golden Bears Football Alumni Golf Tournament – Football
- Golf program Golf Tournament – Golf
- Soccer Alumni Golf Tournament – Soccer
- Wrestling Alumni Golf Tournament – Wrestling
- Basketball Alumni Golf Tournament – Basketball
- Golden Bears Hockey Alumni Golf Tournament - Golden Bears Hockey

### Five-Year Athletics Awards & Scholarships Summary (2013/14 to 2017/18)

	Total Athletes	Athletes that used eligibility	Athletic financial awards	Jimmie Condon Scholarships	Total Athletic Related Awards/Scholarships
2013-14	451	371	\$ 622,612	\$504,000	\$1,166,612
2014-15	482	379	\$ 796,260	\$504,000	\$1,300,260
2015-16	500	378	\$ 861,043	\$504,000	\$1,365,043



Faculty of Kinesiology, Sport, and Recreation Faculty Report 2017-2018  
 Published January 2019 – for current version of report, visit [uab.ca/ksr](http://uab.ca/ksr)  
 Document is subject to change

16					
2016-17	500	374	\$ 967,229	\$504,000	\$1,471,229
2017-18	502	370	\$1,021,363	\$388,800	\$1,410,163

### Sponsorship Report

The following list may not be completely accurate but is provided to illustrate the extent of sponsorship that supports Faculty and Athletics programs. Sponsors for golf tournaments and other fundraising events are not included. Any funder that receives a donor tax receipt is not included as a sponsor.

The sponsorship values are not included for confidentiality reasons, but the total value exceeds \$350,000:

<b>Team</b>	<b>Sponsor</b>
GBH	Herbers Autobody
GBH	Boston Pizza Whyte
GBH	Minuteman Press West
GBH	Waiward Steel
GBH	Can-Cell Industries
GBH	National Motor Coach Systems Ltd
GBH	University Publications
GBH	River Valley health
GBH	William Huff
GBH	The Brick
GBH	Monique Vulic
GBH	United Cycle
GBH	Alberta Government
GBH	PWC Price Waterhouse Cooper
GBH	Flaman
GBH	Go Auto Kentwood Ford
GBH	Graham Construction
GBH	Heritage Frozen Foods
GBH	Knoxville's Tavern
GBH	Sunlife
GBH	Life Touch
GBH	Bradford's Hockey Academy
GBH	ATB Financial



GBH	Herbers Autobody
GBH	Wesclean Equipment
Curling	Bee Clean
Curling	Can Accord
Curling	Hat Tricks
Curling	HDF & Peace Hills Insurance
Curling	Big Rock
Curling	Homestead Developments
Curling	Kevin's Rocks and Racquets
Curling	Chateau Lacombe
Curling	Goldline Curling
Athletics	Campus Tower Suite Hotel
Athletics	Coast Edmonton Plaza
Athletics	Global Television
Athletics	Campus Intercept
Athletics	Big Rock
Athletics	Adidas
Athletics	Maritime Travel
Athletics	Gateway
Athletics	Coke
GBF	Epcor
PV	Genics
GBV	Sofaland
GBV	Kennedy Realty
Golf	Melcor
Golf	ACT
GBV	Freedom 55 Financial
GBV	The Wall Group
GBV	WM WEALTH
GBV	Friends of George



#### **1.4 Faculty Strategic Priority: Exemplary Student Experience**

*The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).*

International student opportunities:

- Bears Hockey, Pandas Rugby, Swimming, Track and Field, and Wrestling took self-funded international trips

Experiential learning at both the graduate and undergraduate levels, through integration with Athletics:

- Undergraduate coaching students involved PB, BF, BH, BS, PS, Tennis
- Graduate coaching students were GBF (Wyatt Urbanski), GBH (Dallas Ansell), PBB (Isabel Ormond), Swimming (Kate Vanderbeek), PVB (Natasha Spaling, Carolyn O'Dwyer), GBS (Victor Karosan).
- 21 undergraduate student-Kinesiologists volunteer with varsity teams, including three practicum students, all of whom were led by the Varsity Health Staff
- PERLS 105 undergraduate students involved in event management as a component of the course
- The High Performance Training and Research Centre provided 16 undergraduate and 6 graduate students with practical coaching and facility management experience
- University Athletes Board (UAB) involves student athletes in community leadership activities throughout the year (Bear Pause, Bear Hugs, NSTEP, KidSport, Gym Class Heroes)
- 2 Faculty Practicum students with Events Management
- 2 NAIT Radio & Television Students with Events Multimedia Production Unit

Athletics staff teaching undergraduate coaching courses:

- Athletics staff members teach and provide leadership to PAC courses. PAC Coordinator has been an Athletics staff member.
- Athletics staff supervise undergraduate and graduate (MCoach) coaching practicum students
- Athletics staff sit on graduate supervisory and examining committees



Courses taught by Athletics staff:

- KIN 240 (TJ Mussbacher, B Mahon - Labs)
- KIN 440 – 2 terms (Joan Matthews-White)
- PAC 490 (E Golberg & J Jackson – SPC staff)
- PAC 491 (S. Baynton)
- PEDS 572 (6 credit) (Mentor coaches)
- PAC Coordinator (T. Danyluk)
- Practicum Coordinator (PEDS 246, 346, 446) – (L. Eisler)
- PEDS 245 (Draper, Jepsen, Edwards)
- PERLS 573
- PAC Hockey (S. Lajoie, D. Ansell)
- PAC Wrestling (O. Dawkins, J. Bouchard)
- PAC Rugby (P. Houlihan – AA)
- PAC Volleyball (N. Spaling, C. O’Dwyer, B. Davidiuk)
- PAC Basketball (B. Craddock, J. Baker, I. Ormond)
- PAC Soccer (L. Vickery, M. Fenger-Andersen)
- PAC Curling (M. Lizmore)
- PAC Swimming (D. Toth-Szabo)
- PAC Track & Field (W. Moerman)

*The Faculty will partner with national and international stakeholders to deliver relevant undergraduate and graduate educational opportunities in both teaching and knowledge translation*

- Partner with Volleyball Canada on the Volleyball Centre of Excellence
- Partner with KidSport to support financially challenged families
- Partner with Canada Soccer/Alberta Soccer on Women’s Rex Program
- Partnership with Curling Canada on National Training Centre
- Partner with Tennis Canada on University/College Nationals
- Partner with Tennis Canada on Tennis Development Centre
- Partner with Basketball Canada on National Women’s Team training
- Partner with Hockey Canada on Women’s Hockey Pilot Project
- Partner with Wrestling Canada on National Training Centre
- Owen Dawkins coaches internationally for Wrestling Canada
- Owen Dawkins is the Coaches Representative for Wrestling Canada
- Partnership agreement with the Canadian Sport Institute, Calgary



- Partnership with Alberta Sport Connection through ASDC, Capital Region
- Partner with Football Alberta on creation of Novice Football League
- Laurie Eisler is a committee member with Volleyball Alberta
- Rob Krepps is Curling Canada National team coach
- Brock Davidiuk coached with Canada Games Provincial Team

### ***1.5 Faculty Strategic Priority: Differentiation through Innovation***

*The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.*

In partnership with Educational Psychology, provide graduate course opportunities for sport psychology students.

Continued to grow and develop Green & Gold Sport System as an innovative and integrated programming system based on concepts of long term athlete development, inclusive of Athlete Academy.

*Translate the knowledge acquired through innovative approaches to the broader academic and professional community.*

Working with the Faculty of Rehab Medicine and the Glen Sather Sports Medicine Clinic to provide opportunities for the Faculty's students to gain exposure to the educational opportunities and activities within the Clinic.

Added Varsity Injury Management Clinics which are a multi-disciplinary team that meet weekly to review athlete injuries. These include physicians, surgeons, physiotherapists, athletic therapists, physical training staff and athletes.

Athletics maintained one physiotherapist to work full-time in the Glen Sather Sports Medicine Clinic.

The Varsity Health team was involved in an international concussion study, led by the University of North Carolina. Led by Athletics Staff and Dr. Martin Mrazik (Education). Study runs from 2016 through 2018.

Golden Bears and Pandas Varsity Health staff also work with various committees, including Sports Physio, Athletic Therapy Association of Alberta, Canadian Athletic Therapy Association, Glen Sather Sports Medicine Clinic Committee, and the Concussion Alliance Committee



### **1.6 Faculty Strategic Priority: Collaboration and Integration**

*The Faculty will focus on the clear articulation and development of the “Alberta Model”, which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.*

Legend:

<b>Sport</b>	<b>Golden Bears</b>	<b>Pandas</b>
Basketball	GBB	PBB
Volleyball	GBVB	PVB
Hockey	GBH	PH
Football	GBSOC	PSOC
Soccer	N/A	PR
Rugby	N/A	PR7
Rugby 7's	GBG	PG
Golf	GBXC	PXC
Cross Country	GBSW	PSW
Swimming	GBSW	PSW
Tennis	GBT	PT
Wrestling	GBW	PW
Curling	GBC	PC
Track & Field	GBTF	PTF

#### U SPORTS/ National Competition

U SPORTS/National championships	<b>3</b>	GBH, GBC, PC
U SPORTS/National championship silver	<b>3</b>	PW, GBTF, PVB
U SPORTS/National championship bronze	<b>1</b>	GBW
Individual U SPORTS/National Championship Medals	<b>16</b>	
U SPORTS All-Canadians	<b>32</b>	
Academic All-Canadians (2017/18)	<b>157</b>	
Academic All-Canadians (2017/18)	<b>174</b>	U SPORTS + tennis + golf
Teams Ranked In U SPORTS Top 10	<b>13</b>	GBSOC, PSOC, GBH, PH, GBVB, PVB, PXC, GBW, PW, GBB PBB, PTF, GBTF
Teams Ranked No.1 in U SPORTS	<b>5</b>	GBSOC, PH, PVB, GBH, GBW
Teams at National Championship Events	<b>17</b>	PXC, GBXC, PW, GBW, GBTF, PTF, GBC, PC, GBSW, PSW, GBH, PVB,



		GBB, PT, GBG, GBVB, GBT
U SPORTS/National Championship MVPs	1	GBH
U SPORTS/National Championship All-Stars	5	
U SPORTS Athlete of the Year (individuals)	1	GBF
U SPORTS Defenceman of the Year	1	GBH
U SPORTS Coach of the Year	1	GBW
U SPORTS All-Rookie selections	3	PSOC, PVB, GBH
U SPORTS R.W. Pugh Fair Play Awards	1	PVB

### Canada West Conference/Regional Competition

CW/Western Regional Championships	6	GBW, PW, GBTF, GBH, GBT, PT
Top 3 CW/Regional finishes	5	PXC, GBC, PC, PTF, GBB
U SPORTS/National championship bronze	1	GBW
CW All-Stars	68	
CW MVP/Player of the Year	3	GBH, GBF, GBTF
CW Scoring Title (MHKY)	1	
CW Scoring Title (WHKY)	1	
CW Coach of the Year	5	PSOC, GBB, GBW, PW, GBTF
CW Rookie of the Year	6	PR, PSOC, GBW, GBH, GBTF, PTF
CW All-Rookie Selections	7	PSOC 2, GBSOC 1, PH 1, GBH 1, PVB 2
CW Student Athlete/Community Awards	5	GBSOC, GBF, PXC, GBB, PTF
CW Outstanding Defenceman	1	GBH
CW Best Goals Against Average	1	GBH
CW MVP/Player of the Year	3	GBH, GBF, GBTF
CW Scoring Title (MHKY)	1	
CW Scoring Title (WHKY)	1	
CW Coach of the Year	5	PSOC, GBB, GBW, PW, GBTF





## 2017-18 Academic All-Canadian stats:

- PAC Track & Field (W. Moerman)
- 174 total UAlberta academic all-Canadians
- 157 U SPORTS AACs
- The Faculty of Kinesiology, Sport and Recreation had the most recipients (40)
- The Faculty of Science had the second most (35)
- The Alberta School of Business had 23 recipients
- The Faculty of Engineering was represented by 21 recipients
- The Faculty of Arts received 19
- Track and Field had the single biggest sport (men's and women's combined) representation with 40 AAC student-athletes.
- Golden Bears Track and Field had the single biggest team amount of AAC student-athletes with 25
- Golden Bears Football was second highest and had 17.
- Pandas Track and Field led female teams with 15 AAC's
- The U of A now has a U SPORTS total of 2,907 all-time, which is the most since the AAC was first awarded in 1990.
- The next highest school in Canada West is the University of Calgary, who has 2,266 Academic All-Canadians

## **2.0 Green & Gold Sport System**

### **Camps and Programs**

The past year has seen the Green & Gold Sport System focus efforts on consolidating camp programs while simultaneously growing school-based programs. A winter break multi-sport camp was introduced and ran successfully in the Foote Field Dome. Our camps employed approximately 100 coaches this year, many of whom were Varsity Athletes and Faculty of Kinesiology, Sport, and Recreation students.

This year also featured the launch of the Green & Gold Athlete Academy in partnership with Vimy Ridge Academy. High school aged Curling and Rugby athletes completed core academic classes at Vimy Ridge in the morning and participated in sport-specific training, sport conditioning, mental training and academic (CTS) sessions in the afternoon on the University of Alberta's South Campus. A female Hockey training group will launch in Fall 2018 and other sports are currently being considered for future growth.



Green & Gold Sport System staff also worked with a number of Golden Bears and Pandas Varsity Teams to assist with the administration, marketing and management of their pre-varsity programs, camps, clubs and teams. Spring 2018 saw the launch of Intelli, the Faculty of Kinesiology, Sport, and Recreation's new registration and bookings platform. Significant efforts will be made to better manage and promote all Green & Gold Sport System related programming within the new platform.

Programming statistics can be found below:

2017 Green & Gold Sport Camps (Summer) Registrants by LTAD Stage:

LTAD Stage	Number of Registrants
Active-Start (Ages 3-5)	113
FUNDamentals (Ages 6-8)	908
Learn-to-Train (Ages 9-11)	1277
Train-to-Train (Ages 12-14)	835
Train-to-Compete (Ages 15-17)	9
<b>Total</b>	<b>3142</b>

Winter Break Multi-Sport Camp 2018 Registrants by LTAD Stage:

LTAD Stage	Number of Registrants
FUNDamentals (Ages 6-8)	12
Learn-to-Train (Ages 9-11)	10
<b>Total</b>	<b>22</b>

Spring Break Multi-Sport Camp 2018 Registrants by LTAD Stage:

LTAD Stage	Number of Registrants
FUNDamentals (Ages 6-8)	31
Learn-to-Train (Ages 9-11)	32
<b>Total</b>	<b>63</b>

Green & Gold Sport System School Programming 2017-2018 Participants:

Program	Number of Participants
Riverbend Sports Performance (Grades 8-9)	60
Green & Gold Athlete Academy (Grades 10-12)	25
<b>Total</b>	<b>85</b>



## AIM Program 2017-2018 (Fall to Spring) Registrants by LTAD Stage:

LTAD Stage	Number of Registrants
Train-to-Train (Ages 12-14)	61
Train-to-Compete (Ages 15-17)	55
<b>Total</b>	<b>116</b>

### Performance Services

Performance Services is comprised of Varsity Athlete Health, Sport Conditioning, Mental Training, Fitness Testing, and Sport Nutrition. These areas of sport science service both internal (Bears and Pandas Varsity, Green and Gold Athlete Academy/School Programming, Junior Bears and Pandas Clubs) and external sport organizations (National and Provincial Sport Organizations) in a variety of ways.

Internally, Bears and Pandas Varsity athletes were supported with ongoing Sport Conditioning, Mental Training, Fitness Testing Varsity Athlete Health, and Sports Nutrition services. Each of these areas supported our athletes in unique delivery methods that strived to help our athletes and coaches with applied sport science strategies in order to maximize performance.

85 athletes from our School Programming (Athlete Academy, Riverbend Junior High) and 223 Junior Bears and Pandas were supported with Sport Conditioning, Mental Training, Fitness Testing and Sports Nutrition services.

Finally, Performance Services supported our Green and Gold Speaker Series and Train the Trainer Initiative to offer sport science workshops for our Varsity Head Coaches, Assistant Coaches and MCoach Students.

### ASDC Capital Region

Through the unique partnership between ASDC Capital Region and ASDC Calgary Region, multiple Provincial Sport Associations were supported with sport science services. Provincially, we supported 544 athletes in the following sports with a combination of fitness testing, strength and conditioning, mental training and nutrition from our own service providers:

- Alpine Alberta, Biathlon Alberta, Canoe/Kayak Alberta, Cross Country Skiing Alberta, Cycling Alberta, Figure Skating Alberta, Freestyle Skiing Alberta,



Goalball Alberta, Alberta Soccer, Special Olympics Alberta, Speed Skating Alberta, Swim Alberta, Tennis Alberta, Volleyball Alberta.

Locally, ASDC Capital Region supported the following training groups with a variety of sport science services through year-long partnerships:

- Canada Soccer/Alberta Soccer Regional Excellence Program (Female) - 24 athletes
- Volleyball Canada Regional Excellence Program - 30 athletes
- Capital Region Training Group - Cross Country Skiing - 7 athletes

ASDC Capital Region also partnered with the Canadian Sport Institute Calgary to host and provide sport science support at RBC Training Ground event which took place at Foote Field in April 2018. A total of 285 athletes, aged 14-24 years were tested and approximately 60 athletes were selected for the regional final in Calgary. A number of these athletes were former Bears and Pandas Varsity athletes.

Finally, ASDC Capital Region also supported Swim Alberta and National Coaches Week through the delivery of several sport science workshops to a combined audience of 42 coaches.



## C. Alberta Centre for Active Living

### **1.0 Overview**

As an academic centre at the University of Alberta, the Alberta Centre for Active Living (ACAL) plays a critical knowledge mobilization role in providing reliable, evidence-based physical activity information to practitioners, organizations and communities across Alberta and Canada. ACAL plays a unique pan-Alberta role, fostering formal links between Alberta's four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge).

**ACAL Vision:** To improve health and quality of life in Alberta by influencing active living policy and practice.

**ACAL Mission:** Promoting active living by bridging research, practice and decision-making.

Ongoing activities of ACAL include:

- contributing to policy development processes at the municipal, provincial and national levels;
- producing WellSpring;
- provision of technical and content work on the ACAL website;
- conducting and collaborating on research;
- conducting knowledge translation activities;
- collaborating with other networks, coalitions and organizations;
- publishing reports and papers;
- responding to information requests, and
- working with graduate students conducting research.

Practitioners, organizations and decision-makers in Alberta (2,185 clients in database) rely on the Alberta Centre for Active Living for practical, evidence-based information and resources about physical activity. The ACAL's primary focus is on practitioners in Alberta, who ultimately assist Albertans live healthier, more active lifestyles.



## **2.0 ACAL and Faculty Strategic Priorities**

### ***2.1 Faculty Strategic Priority: Talented People***

The staff of the Alberta Centre for Active Living includes specialists in research, and knowledge translation. The Alberta Centre for Active Living has been able to attract a high caliber of professional staff. Among our staff, two have graduate degrees and one holds an undergraduate degree. The Centre also has a Senior Research Associate (Dr. John C. Spence) and a Research Associate (Dr. Tanya Berry) who contribute to ACAL's vision and mission.

### ***2.2 Faculty Strategic Priority: Communication***

*The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.*

#### Publications

ACAL disseminates both published research and unpublished reports (or grey literature) in a variety of ways. ACAL publishes *WellSpring*, a monthly publication for practitioners and decision-makers that provides information on best practices, topical issues, recent research, and/or policy related to active living and physical activity.

Reports produced in 2017-2018 by ACAL include:

- Macridis, S., and McFadden, K. (2018). [School Active Transportation Survey: A perspective from champions.](#)
- Macridis, S., Johnston, N. (2017) [Healthy Active Schools Symposia: Report for the 2016-2017 School Year \(analysis\).](#)

Infographics and Fact Sheets include:

- Johnston, N., Macridis, S. (2018) [Physical Activity for Decision-makers.](#)
- Macridis, S., and Johnston, N. (2018) [School Active Transportation Survey: A perspective from champions](#) (infographic).
- Macridis, S., Johnston, N., McHugh, T-L. (2018). [Sport and Recreation Experiences of Indigenous Youth in Canada.](#)
- Johnston, N. (2017) [What does the Alberta Centre for Active Living Do?](#)



In addition, the following were published in academic journals:

- Macridis, S., **Johnston, N.**, Johnson, S., & Vallance, J. (2018). Consumer physical activity tracking device ownership and use among a population-based sample of adults. PLOS ONE. 18 Jan 2;13(1):e0189298. doi: 10.1371/journal.pone.0189298  
<https://www.ncbi.nlm.nih.gov/pubmed/29293532>
- Nykiforuk, C. I., Campbell, E. J., **Macridis, S.**, McKennitt, D., Atkey, K., & Raine, K. D. (2018). Adoption and diffusion of zoning bylaws banning fast food drive-through services across Canadian municipalities. BMC public health, 18(1), 137.  
<https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-018-5061-1>
- **Loitz, C.C.**, Stearns, J.A., Fraser, S.N., Storey, K., & Spence, J.C. (2017) Network analysis of inter-organizational relationships and policy use among active living organizations in Alberta, Canada. BMC Public Health BMC series – open, inclusive and trusted 2017 17:649  
<https://doi.org/10.1186/s12889-017-4661-5>

### Digital Communication

ACAL uses website ([www.centre4activeliving.ca](http://www.centre4activeliving.ca)) and social media to increase communication with Albertans. Social media includes, Facebook, Twitter, YouTube, LinkedIn, and Pinterest.

The ACAL website had:

- 61,552 pageviews over the course of the year
- 25,041 unique visitors
- New visitors 86%
- Returning visitors 14%
- Visitors were from 145 different countries

Social media:

- 470 Facebook likes
- 2,034 Twitter followers and over 151 K Impressions
- 946 Connections on LinkedIn
- 364 Pinterest followers
- YouTube: 5,050 views, with a lifetime view of all videos of 34,145, and 100 subscribers



Publications:

- WellSpring: 7,382 views with 3,500 issues downloaded
- Physical Activity Counselling Toolkit: 3,561 downloads
- Resource Page: 7,600 downloads

### **2.3 Faculty Strategic Priority: Resource Management Allocation**

*The Faculty will align operational income with the strategic goals of the Faculty.*

#### **ACAL Income Sources**

Alberta Culture and Tourism:	\$438,800
Contracts/events/sales:	\$ 27,345
<b>Total income:</b>	<b>\$466,145</b>

### **2.4 Faculty Strategic Priority: Exemplary Student Experience**

*The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).*

During the 2017-2018 year, ACAL provided research opportunities for graduate level students. Graduate students worked out of our office and worked on projects and the preparation of research papers.

### **2.5 Faculty Strategic Priority: Collaboration and Integration**

*The Faculty will focus on the clear articulation and development of the “Alberta Model”, which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.*

ACAL’s Research Advisory Committee has formal links to Alberta’s four research-intensive universities (Athabasca University, University of Alberta, University of Calgary, and University of Lethbridge). This committee provides direction on ACAL’s research priorities and discusses the pan-Alberta research potential for physical activity research.





*The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.*

ACAL co-hosted the Active Living Research Conference 2018 in Banff, February 11- 14, 2018. The conference brought together active living researchers, policy makers and champions to advance knowledge and action around active communities. It is the premier event for policy-relevant research and cross-sector exchange between scientists, practitioners, and policy-makers on how to create and sustain active living environments. The conference attracted over 300 delegates from 14 different countries.

ACAL staff presented at the following conference:

- **Macridis, S.**, Torrance, B., **Johnston, N.**, & McEwan, L.M. (2017 September). Understanding planning and implementation of school active transportation initiatives across Alberta: champions' perspectives. Poster presentation at Walk21 Conference, Calgary, AB.
- **Macridis, S.**, Loitz, C., Fraser, S., Garcia Bengoechea, E. (20 Sep 2017). Using Walk Score® to aid understanding of walking patterns in Alberta: Patterns from 2010-2016. Poster presentation at Walk 21, Calgary, Canada.
- **Macridis, S.**, Loitz, C., Fraser, S., Garcia Bengoechea, E. (12 Feb 2018). Utility of Walk Score® in the Context of Alberta, Canada: Implications for research, practice, and policy. Poster presentation at the 2018 Active Living Research Conference, Banff, Canada.
- **Macridis, S.**, Torrance, B., **Johnston, N.**, McEwan, L. (13 Feb 2018). School active transportation planning and implementation: Experiences from champions across Alberta, Canada. Oral presentation at the 2018 Active Living Research Conference, Banff, Canada.
- Loitz, C.L., Gorman, E., **Macridis, S.**, Vaska, M., McCloskey, A. (12 Feb 2018). An environmental scan of physical activity and sedentary behaviour workplace audit tools. Poster presentation at the 2018 Active Living Research Conference, Banff, Canada.



ACAL has Research Affiliates from across Canada and around the world who support the work of ACAL:

- Dr. Adrian Baumann – University of Sydney, Australia
- Dr. Steven Blair – University of South Carolina, USA
- Dr. Guy Faulkner – University of British Columbia, Canada
- Dr. Lise Gauvin – University of Montreal, Canada
- Dr. Peter Katzmarzyk – Pennington Biomedical Research Centre, USA
- Dr. Neville Owen – Baker IDI Heart and Diabetes Institute, Australia
- Dr. Ron Plotnikoff – University of Newcastle, Australia
- Dr. Mark Tremblay – Children’s Hospital of Eastern Ontario, Canada
- Dr. Hein de Vries, Maastricht University – The Netherlands

ACAL also sits on a number of committees and brings physical activity expertise to these groups:

- Active Alberta Coalition
- Alberta Health Services Chronic Disease Prevention Coordinating Committee
- Alberta Injury Prevention Centre - Finding Balance
- Alberta Policy Coalition for Chronic Disease Prevention
- Alberta Recreation & Parks Association – Communities Choosewell Advisory Committee
- Alberta Workplace Wellness Network Committee
- City of Edmonton - Active Transportation Network ParticipACTION Advisory Network
- ParticipACTION Advisory Network
- SHAPE – Active Transportation Network
- Sport and Recreation Ministers – Surveillance and Monitoring Working Group



## **2.6 Faculty Strategic Priority: Differentiation through Innovation**

*The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.*

ACAL is a founding and active member of the Alberta Policy Coalition for Chronic Disease Prevention. The APCCP issues media releases/articles advocating for policy change to reduce chronic diseases in Alberta.

ACAL has a pedometer loan programs. Three pedometer toolkits can be accessed by practitioners for use with their clients, students, employees or community members. The kits consist of a set of 36 pedometers accompanied by resources on walking and pedometer use. This service has been very useful to practitioners wanting to organize a time-limited intervention.

The Spring 2018 Physical Activity Forum featured University of Alberta's researcher Dr. Valerie Carson presenting at the University of Alberta and the University of Calgary "Move More, Sit Less, Sleep Soundly: An integrated approach for healthy children and youth". This year's Forum attracted 119 participants.



## D. Campus & Community Recreation

### **1.0 Overview**

The role of Campus & Community Recreation is to support our communities (students, staff, Faculty and community members) to explore and enhance their physical, mental, social, emotional and spiritual well-being through physical and social activity. We strongly believe in the power of recreational activities to support these needs.

The impact of Campus & Community Recreation on our communities is immeasurable. We live our values on a daily basis. From student employment opportunities to physical and social programming, CCR engages and develops skills for students that will last a lifetime. Working for and/or participating in CCR program opportunities has changed the course of lives, including career choices and healthy social relationships.

Campus & Community Recreation operates and maintains a variety of sport and recreation facilities that serve both the campus community and the broader Edmonton community. The unique facilities located on the University of Alberta campuses are world-class in their nature and play a significant role in the event hosting capabilities of the University and the City of Edmonton.

#### **Campus & Community Recreation has five primary functions:**

1. **Program Delivery** – Campus & Community Recreation offers a variety of sport, recreation and wellness programming from an introductory level to elite athlete development. We offer a vast array of programming including:
  - Aquatics
  - Climbing
  - Club Sports
  - Curling
  - Dance
  - Fitness Leadership Certification
  - Group Exercise
  - Intramurals
  - Wellness
  - Martial Arts



- Outdoor Programs
- Personal Fitness Training
- Sport Skills
- Special Events
- Tennis

The focus of these programming opportunities is to inspire students, staff, faculty and community members associated with the University of Alberta to engage in healthy, active living on a daily basis and reach their full potential.

**Example:** Annual Campus & Community Recreation Program Registration and Membership: Over \$3.8 million annually

2. **Facility Management** – Facility Management encompasses the operational functions of the Faculty’s specialized facilities including:

- Artificial Turf Field – Foote Field (Outdoor and Indoor Dome) and Lister Field
- Aquatics Centre – Van Vliet Complex
- Beach Volleyball Courts – Lister Field
- Clare Drake Arena – Van Vliet Complex
- Curling Rink – Saville Community Sports Centre
- Fitness Centre – Saville Community Sports Centre
- Gymnasiums, Studios and Multi-purpose rooms – North and South Campus
- Hanson Fitness & Lifestyle Centre – Van Vliet Complex
- Sport Performance Centre – Saville Community Sports Centre
- Labs, Research Spaces, Classrooms, and Offices – North and South Campus
- Natural Grass Fields – South Campus
- Outdoor Tennis Centre – Michener Park
- Outdoor Track – Foote Field
- PAW Centre – Van Vliet Complex
- Tennis Centre – Saville Community Sports Centre
- Universiade Pavilion – Van Vliet Complex
- Wilson Climbing Centre – Van Vliet Complex



The Campus & Community Recreation unit provides a safe, efficient environment to enhance the day to day experience for faculty, staff and students at the University of Alberta. Roles of staff members range from facility maintenance and upkeep, to facility allocation and program development and delivery.

**Example:** The Campus & Community Recreation unit manages over \$250 million dollars of physical assets

3. **Client Engagement**–The client engagement unit of Campus & Community Recreation provides service and support to internal Faculty of Kinesiology, Sport, and Recreation (KSR) clients (academic and non-academic) as well as to external clients (other faculties and the community). Client Engagement comprises:

- Customer Service Centre and InfoDen–The Customer Service Centre (CSC) and InfoDen provide both online and in-person customer service, processing registrations and financial transaction services through the recreation management software system. The CSC and InfoDen provide a variety of services for KSR including:
  - Recreational, fitness & youth program registrations (including camps)
  - Varsity ticket and merchandise sales
  - Intramural registrations
  - Club sports registrations
  - Facility contract payments
  - Academic and firefighter testing fees
  - Academic and conference registrations

The CSC administers well over 33,000 transactions and \$3.8 million annually. This high volume area provides 60+ hours of customer service per week and serves as a general point of information for sporting events, recreation programs and online access.

- Facility Services–Facility Services functions as an important hub for all Van Vliet Complex facilities and activities. Services provided by this unit include:
  - Oversight of facility usage including facility security and monitoring
  - Support for special events including equipment and facility set up and take down
  - Facility membership sales
  - Locker, towel and equipment rental, pro-shop sales



- Laundry service
- Mail sorting and delivery
- Equipment maintenance and repair
  
- Facility Allocation, Bookings and Events – The facility allocation, bookings and events unit is responsible for the allocation and booking of space in the Van Vliet Complex, Saville Community Sports Centre, Foote Field, Lister, Corbett and Varsity Fields. Along with KSR internal facility users, external users often book the larger spaces for local, provincial, national and international special events such as trade shows, conferences, and sporting events. A great deal of care is taken in facility allocation to ensure equitable and consistent space allocation and facility bookings. Staff members work closely with event organizers to facilitate and organize facility and equipment details, delivering exceptional event services for which the faculty has long been noted.
  
- Recreation Management Software (RMS) – The recreation management software system is used to manage a multitude of functions within KSR. Working with all areas within KSR, the RMS staff oversee software maintenance, data input, online registration, memberships, facility booking, payment processing, financial interface with the University, staff training, accounting and reporting, including future developments and upgrades. A high level of risk management is needed in the management of this system as it contains personal information of all clients and annual financial transactions of over \$6.8 million. An annual budget of \$200,000 supports the maintenance and upgrades to this system.

Throughout the 2017-18 year, almost 600 hours of training was provided to KSR staff. This training is essential to ensure database integrity and to ensure all users are able to use this important tool effectively and efficiently.

**Example:** Over 800,000 sq. ft. of space is allocated for use annually.



4. **Facility Planning and Development**–The Campus & Community Recreation unit leads the planning and facility development functions for new Faculty buildings as well as large scale upgrades. We liaise with University Architects and planners to ensure the current and future needs of the Faculty are met. This planning process will encompass both long and short term planning cycles. We provide expertise in developing facilities to meet the requirements for research, teaching and programming.

**Example:** Planning for a renovation to the Van Vliet Complex locker rooms has been ongoing in 2017-18. The project is anticipated to begin construction in November 2018. This \$6 million renovation will improve facilities that were originally constructed over 50 years ago.

5. **Partnership/Relationship Fulfillment**–The Faculty enters into a variety of partnerships to provide programming and develop new facilities, Campus & Community Recreation endeavors to build and maintain relationships with each new partner group.

**Example:** The City of Edmonton and the University have developed a Memorandum of Understanding to work towards the development of a new twin arena facility on south campus. Campus & Community Recreation staff members have made contributions in the area of operational expertise, facility planning, operational and capital budget requirements and community relationship enhancement.

Due to the nature of our many roles, Campus & Community Recreation touches many aspects of our Faculty. Campus & Community Recreation’s goal is not only to successfully manage our own facilities and programs but to be a key partner in the success of each of the other Faculty units.





## Campus & Community Recreation Vision, Mission and Values

### **Campus & Community Recreation Vision Statement**

Inspiring and empowering exceptional life experiences through recreation, sport and wellness.

### **Campus & Community Recreation Mission Statement**

Facilitate and deliver leading-edge programs, events, services and facilities for our communities.

### **Values and Principles:**

- **Leadership**
  - Each employee has the responsibility to lead and makes daily decisions to live our values.
  - To demonstrate leadership through our daily actions.
- **Collaboration**
  - Each employee makes valuable contributions to the success of Campus & Community Recreation.
  - To strengthen our collective impact we share our passion, knowledge and time with other members of our community.
- **Kaizen**
  - Each employee seeks opportunities for continuous improvement in all aspects of work and self.
  - To improve our current practices we use all resources available to us.
- **Civility**
  - Each employee has the responsibility to communicate and act in a respectful, non-judgmental manner.
  - To facilitate relationships and common understanding among diverse people we seek to create an environment that is considerate and respectful.
- **Inclusiveness**
  - Each employee treats our various community members with grace and honor.
  - To foster an open community we are welcoming to all.



## **2.0 Campus & Community Recreation and Faculty Strategic Priorities**

### ***2.1 Faculty Strategic Priority: Talented People***

With almost 80 full-time people working in a vast array of areas, Campus & Community Recreation staff touch every aspect of the Faculty. From teaching in undergraduate classes to instructing non-credit recreation and leadership development courses, and maintenance and supervision of specialized recreation facilities CCR staff engage with students, staff and the community on a daily basis and directly impact the client experience by creating safe, clean, and efficiently run programs, events, services and facilities.

Campus & Community Recreation staff are knowledgeable experts in their field of study and have a passion for the development of community within the campus.

#### Education

- 10 Master's Degrees
- 50 undergraduate degrees
- 4 Certificates in various disciplines
- 1 staff member on the University of Alberta Senate
- 1 staff member on Facilities Development Committee of the University
- 1 staff member on Alcohol Review Policy Committee of the University
- 1 staff member on the University of Alberta United Way Campaign Committee
- 1 staff member on the NASA Equity & Diversity Committee
- 2 staff members on the Pride Stakeholder's Committee
- 1 staff member on the Emerging Leaders Program Team
- 1 staff member on the Alberta Student Leadership Summit committee
- 1 staff member on the EDI Award Selection Committee
- 1 staff member on the International Day for Persons with Disabilities Committee (IDPD)
- 2 staff members on the University Office of Emergency Management Committee

Campus & Community Recreation staff members are passionate about their role in enhancing the student and staff engagement in University of Alberta. The CCR staff team has a strong balance of experience and new, innovative thinkers.



## Years of Service

0 – 5 Years of Service	34 employees
6 – 10 Years of Service	17 employees
11 – 15 Years of Service	9 employees
16 – 20 Years of Service	6 employees
21 – 25 Years of Service	2 employee
25 + Years of Service	5 employees

Staff completed continuing education credits, presented and attended development sessions with the following areas:

- Alberta Climbing Association
- Alberta Fitness Leader Certification Association Fit Rendezvous
- Alberta Recreation and Parks Association
- Athletic Business Conference
- Canadian Society of Exercise Physiologists
- Canadian Sport Tourism Conference
- Civility & Respect in the Workplace
- Climbing Wall Association (CWA) Conference
- Collegiate Sport Clubs Institute
- Disney Institute
- EHS Supervisory Training
- Fire Warden Training
- First Aid and CPR
- IDEA
- Mental Health First Aid
- National Strength and Conditioning Association
- NIRSA Canada West Conference
- NIRSA Collegiate Recreation
- International Federation of Sport Climbing
- In house Campus & Community Recreation Workshops
- ITF Canadian U18 Tennis Championship
- Respect 101
- Risk Management for Club Sports
- Training Magazine Conference



- UA Advantage Program
- UA Credit Courses
- UA Facilitative Leadership Program
- UA Faculty of Extension
- UA Gold College
- UA Lunch and Learn
- UA Supervisory Leadership Program
- UA Workshops
- University of Calgary workshops

### Awards/Recognition

Associate Director was elected the NIRSA Canada Representative and sits on the NIRSA Member Network Team. The Canadian Campus Recreation Association was created and strategic partnerships are being established to increase the profile of the profession. Canada became an official region of NIRSA in 2017. In addition to the Canadian initiative, a global partnership has been established with NIRSA Collegiate Recreation to benefit research, professional development and student success.

### **2.2 Faculty Strategic Priority: Communication**

*The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.*

Campus & Community Recreation (CCR) updates and seeks feedback on current and new programs through the following student groups that represent a diverse number of UA Faculties and Departments:

- Alberta Student Leadership Summit Conference
- Alberta Climbing Association
- First People's House
- Orientation Network Committee
- Week of Welcome Committee
- Recreation Action Committee
- Intramural Sports Council



- Institute for Sexual Minority Studies and Services
- Club Sports Council
- Campus Recreation Enhancement Fund Committee
- Athletic and Recreation Fee Policy Advisory Committee
- PAW Strategic Operating Committee
- Residence Services
- Student Wellness
- Students' Union Student Groups Office
- The Landing

## Social Media

- CCR Instagram (@UofARec) – 1432 followers
- CCR Facebook (@UofARec) – 3562 likes
- CCR Twitter (@UofARec) – 1889 followers
- Saville Community Sports Centre Website – 511,530 visits annually
- Saville Community Sports Centre Website – 1 minute 19 sec. average time spent on site
- Saville Community Sports Centre Twitter followers – 788 and 26,462 impressions
- Saville Community Sports Centre Facebook account – 934 “likes” (11% increase)
- Saville Community Sports Centre Instagram account – 392 followers
- University of Alberta Fitness Facebook – 1,210 followers
- UAlbertaFitness Instagram – 758 followers
- Wilson Climbing Centre Facebook – 2,352 likes
- Wilson Climbing Centre Instagram – 1,375 followers
- Wilson Climbing Centre YouTube – 7,077 views
- Wilson Climbing Centre Vimeo – 9,885 views

CCR produces 3 program guides annually – Spring/Summer; Fall and Winter. The purpose of these guides is to provide a comprehensive description of program and facility opportunities on both north and south campus. The guides serve as the primary promotional tool for these programs and facilities. Throughout the year, the program guide information is augmented by posters, SUTV posts, social media posts and website information.



For the second time, Campus & Community Recreation published a Report to the Community. The purpose of the Report was to provide an understanding of the impact of Campus & Community Recreation. The report highlighted several students, staff, faculty and organizations that have been directly impacted by their contact with Campus & Community Recreation.

### **2.3 Faculty Strategic Priority: Resource Management Allocation**

*The Faculty will align operational income with the strategic goals of the Faculty.*

Primary sources of income include:

Program Registration:	\$3,934,837.68
Facility Rental and Extra Fees:	\$1,695,067.97
Membership sales:	\$1,289,311.21
GO Partner Contributions	\$1,098,607.00
Miscellaneous sales	\$695,237.86

Sponsorship/Advertising Opportunities – cash value approximately: \$55,000 + annually

- Big Rock Breweries – cash and promotional items
- Hattricks Restaurant – cash and in-kind items
- Curling Ice Sheet logos – cash and in-kind items
- Digital board and printed advertising sales
- Sherlock Holmes Pub – in-kind items
- Transcend Coffee House – Cash and in-kind items

#### Student Fees for Athletic and Recreation – Athletic and Recreation Fee

##### Mandatory Non-Instructional Fee

The University has three mandatory non-instructional fees including the Athletics and Recreation fee; Student Health and Wellness fee; and Student Academic Support fee.



## Athletics and Recreation Fee

The fee supports the provision of recreation, sport and wellness services, access to recreation and sport facilities and the administrative support for these services that benefit students, including varsity athletics, group exercise, intramural sports, instructional recreation, special events, sport clubs, personal training, sport development and recreation facility access including swimming pools, arena, climbing centre, fitness centre, squash courts and gymnasias. This fee is assessed to all on-campus graduate and undergraduate students, full-time and part-time, through the UA Registrar's Office.

### 2017-18 Athletic and Recreation Fee

\$82.00 per Full-time On-Campus student per Fall and Winter term

\$41.00 per Part-time On-Campus student per Fall and Winter term

### **2017/2018 Athletics & Recreation Fee**

Athletics:	\$3,331,489
Campus & Community Recreation:	\$2,222,733
LiveWell:	\$140,000
Fund Development:	\$ 99,855
<b>Total:</b>	<b>\$5,794,077</b>

## Campus Recreation Enhancement Fund – Students' Union Dedicated Fee

To be distributed to undergraduate student groups for the purpose of ensuring that programs, equipment, and facilities offered by the University of Alberta Campus & Community Recreation and Student Clubs remain high quality, diverse, convenient, accessible and affordable to undergraduate students. In Winter 2018, CREF a plebiscite question was directed to undergraduate student to determine their support of the plebiscite question passed and CREF will continue as a Dedicated Fund Unit for another 5 year term.

### 2017-18 Campus Recreation Enhancement Fund Fee and Distribution

\$4.10 per student per term - \$285,820 allocated to thirty-eight programs and student groups.



### **3.0 Campus & Community Recreation: Programming and Facility Management**

#### ***3.1 Environmental Health, Safety and Risk Management***

The Faculty Environmental Health, Safety and Risk Management committee continued to grow its accomplishments in 2017-18. The presence of the committee has raised awareness of the safety culture within the Faculty.

The 2017-18 Committee Year Plan is outlined below:

Goal	Measurable	Completion
Hazard Assessment	Identifying high risk activities and spaces within KSR and assessing hazards with the HAWA app	December 2018
Working Alone policy/procedures review	Updating the Working Alone Policy – with a focus on marketing the procedure	September 2018
Graduate Student Risk Presentation	Working the KSR to deliver a yearly presentation on KSR risk mitigation and safety practices	September 2018
Develop Recreation Risk Management Course for KSR	Develop an academic course for the Faculty of KSR with a focus on risk mitigation for recreation profession	Ongoing
Update all KSR and CCR job descriptions to include supervisory training	All job postings for supervisory positions to include mandatory supervisory training	December 2018
100% Supervisory Training Completion for KSR	All identified supervisors within KSR and CCR to have completed supervisory training by September 2018	September 2018
KSR Risk Symposium	Opening the CCR risk symposium to include the KSR Faculty	Annually (June)
Club Sports Code of Conduct	Creating student athlete code of conduct protocols and training program for Club Sport participants	December 2018





### **3.2 Aquatics Centre**

The Aquatics Centre houses two large indoor pools which are used for a wide variety of programming and are open for use by students, staff, faculty and community members. It serves as a Provincial Training Centre for LifeSaving Society and offers learn-to-swim classes for children and adults; lifesaving, lifeguarding, instructor, CPR and First Aid certifications and recertification courses. Additionally, Aquatics also offers recreational swim and aquatic fitness classes.

- 43.5 hours per week for recreational student drop-in use through Athletic & Recreation fee access, approximately 48,050 (64% students)
- Aquatics Programs offered – 278; Run – 178 (64%)
- Aquatics Program registrants – 1,246 (44% students)
- Fill rate of aquatics programs – 69.3%
- First Aid & CPR programs – Offered – 114; Run – 89 (77%)
- First Aid & CPR registrants – 1236 (68% students)
- Fill rate for First Aid & CPR – 86%

### **3.3 Clare Drake Arena**

Located on North Campus, the Clare Drake Arena is the home of the Golden Bears and Pandas Varsity hockey teams and numerous Campus & Community Recreation programs. The arena is available on a weekly basis for programs such as “learn to skate”, “stick and puck” and “drop-in skating”. In addition, many hard-fought games of intramural hockey are contested throughout the academic year. Clare Drake Arena is the hockey “field of dreams”, named after legendary coach Clare Drake who led the Golden Bears hockey program for many years.

- Over 240 hours per year for recreational student drop-in skating and “stick and skate” use through Athletic & Recreation fee access, with more than 3,000 drop-in participants between September 2017 and April 2018
- The Arena hosts almost 565 hours per year of intramural hockey and student sport club use
- More than 40 hours per year are available for “learn to skate” and conditioning programs
- 2 times per year a “Red Eye” tournament is hosted
- 2 times per year a Learn to Sledge Hockey tournament is hosted



### **3.4 Club Sports**

The Club Sports program is designed to meet the recreational and competitive needs of the University of Alberta student community in a wide variety of sport and recreation activities. Student interest and dedication will lead to the development of Club Sports that will further students' extra-curricular and leadership experiences at the University of Alberta. Club Sports consists of 24 clubs, both competitive and recreational. All clubs are student-led, student-focused and student-delivered, each electing a student executive team to make decisions and lead the club. Clubs vary in their activities from holding intra-club tournaments/competitions; to local showcases, trips and competitions; while some compete on a national and international level, all representing the University of Alberta. The Program strives to provide a sustainable, fiscally responsible and engaging group structure while fostering student leadership, development and inclusivity.

**\*\*SEE the end of this section for a complete list of student clubs and activities\*\***

- Memberships
  - Spring/Summer: 137 (104 Students, 33 non-students)
  - Fall (Sept- April): 1,756 (1,585 students, 171 non-students; 1,612 unique)
  - Winter (Jan – April): 273 (226 students, 47 non-students; 269 unique)
  
- Events – Off Campus Events
  - Bollywood Dance Club - Students' Association Diwali event, TD South Asia Gala, Free the Children's Frost Gala, TEDxUAlberta
  - Cheer Team – USA All-Star Championship – California, Pride Parade, K-Days Parade
  - Dance Team – Edmonton Oil Kings game performance, Dance Classes – Denver CO
  - Lacrosse Club – Harvest League Games
  - Outdoors Club – Over 40 trips across Alberta, BC and California
  - Rowing Club – Calgary and Victoria BC regattas; Canadian Rowing Championships – Burnaby, BC
  - Rugby – CanWest Tournament; Prairies 7's tournament – Moose Jaw, SK; LVI 7's Tournament – Las Vegas, NV
  - Scuba Club – Narrow Lake clean up; Diving Trip – Bahamas
  - Squash Club – Collegiate Squash Championships



- Swim Club – Edmonton Masters Swim Meet
- Synchro – Westerns – Vancouver, BC; Nationals – St. Catherine’s, ON
- Tae Kwon Do Club – Chun Memorial Tournament
- Ultimate Club – Prairie Nationals – Regina, SK; Indoor Tournament – Calgary, AB
- Water Polo Club – Seattle Open – Seattle, WA

### ***3.5 Cooperative Programming***

Campus & Community Recreation delivers recreational programs and services in collaboration with other areas of the University of Alberta, such as the Aboriginal Student Services Centre, Students’ Union, Dean of Students Office, University Health and Wellness, Residence Services, International Centre, CAPS, On-Campus, The Landing and Health Promotion and Worklife Services.

### ***3.6 Curling***

One of the crown jewels of sporting facilities, located within the Saville Community Sports Centre, the curling facility offers a range of programming and training opportunities unmatched anywhere in the curling world. The facility hosts community league play from October to March annually and boasts over 1,100 curling visits on a weekly basis. The facility is also the training ground for many of Canada’s top curlers attracting curlers from across Canada and around the world to experience the world-class ice conditions.

- Fifteen leagues hosted from October – March annually, including Mixed, Men’s, Open, Seniors, Women’s Super League, Bantam and Doubles
- Seven leagues facilitated by us and organized by others including Government, Men’s Super League, Agriculture/Forestry and Edmonton Sport and Social Club
- Instructional programs had 178 registrants with a fill rate of 84%



### **3.7 Foote Field**

Foote Field, which opened in 2001, is a multi-sport training and competition facility which features a full-size artificial turf field; a full-size premier grass field; four practice/training grass fields; an eight-lane track with facilities for jumping (high jump, pole vault, long jump and triple jump) and throwing (shot put, discuss, javelin and hammer throw). In addition to this, the indoor facility contains meeting room space and locker rooms. There are also press boxes overseeing the artificial turf field and the premier grass field/track, as well as two electronic scoreboards.

An air supported structure (dome) was installed over the artificial turf for the second season from December 1, 2017 – April 30, 2018. The facility encompasses the entire football field, 4 – 120 sprint lanes and a long jump pit. During the dome season the artificial turf field is setup to be used in full field, half field and quarter field configurations.

- Foote Field hosted 23 Varsity related sporting events including Golden Bears football conference games, Pandas Soccer conference games and Golden Bears soccer conference games, and three playoff games. Home of the Golden Bears football, Golden Bears and Pandas soccer, and Pandas rugby teams
- Foote Field facilitated 75 events and programs with a combined total of 41,080 participants and spectators
- Highlight events:
  - CANWEST Rugby 7's
  - RBC Training Ground
  - Football Alberta Senior Bowl and Camp
  - Foote Field Open Track and Field

### **3.8 Group Fitness**

Group fitness programs are delivered on both north and south campus and are aimed at developing active, healthy participants. Programs ranging from Meditation to Tabata, Yoga to Spin and TRX to Zumba offer a variety of challenges to suit the interests of any level of participant.

- Participants – 2,762 unique participants served
- Instructors – 59 different instructors



	2015-16			2016-17			2017-18		
	Student	Non-Student	Total	Student	Non-Student	Total	Student	Non-Student	Total
Registrations	2,248	1,852	4,100	2,448	1,819	4,267	2,669	1,568	4,237
Term Drop-In	24	55	79	32	52	84			101
Single Drop-In	1,452	1,373	2,825	1,664	1,667	3,331			4,472
Classes Offered			417			339			367

**Note:** Changes were made to data collection resulting in reduced numbers.

### ***3.9 Hanson Fitness and Lifestyle Centre***

The Hanson Fitness and Lifestyle Centre offers over 27,000 square feet of floor space housing over 75 pieces of cardio equipment, 3 large synergy multi-stations, 14 squat racks, a well-equipped heavy lifting area with 6 platforms for Olympic lifting and 4 ER racks and benches for PowerLifting, along with Competition Eleiko plates and bars for both sports. The Hanson Fitness and Lifestyle Centre is a welcoming space for all individuals and offers a variety of accessible equipment for people living with disabilities.

- Services: Customized Individual fitness training sessions, semi-private group fitness training for groups of 2-5 people and nutrition consultation services. All services are offered a reduced registration fee to University of Alberta students
- The HFLC provided over 400 hours of personal training and nutritional counseling services to the U of A staff and graduate students through the benefits service option via Human Solutions
- The HFLC provided over 1500 hours of personal training and nutritional counseling services to U of A students, staff and community members
- 104 hours per week for student drop-in use are provided through Athletic & Recreation fee access, approximately 512,000 student drop-in uses annually



### **3.10 Instructional Recreation Classes**

Instructional Recreation Classes introduce individuals to beginner and higher levels of knowledge and skill in a myriad of recreation and leisure activities. The goal is to learn new skills that have continuous use for a lifetime.

Instructional Recreation programs include Dance, Martial Arts and Sport Skills classes. There are currently 24 different types of dance classes offered. All of these types of dance classes are taught at an introductory level. For some types of dance, there are also intermediate and advanced levels.

There are currently 11 different forms of Martial Arts classes offered. These Martial Arts are all offered at a beginner level, with some forms of Martial Arts also having intermediate and advanced levels.

In the area of Sport Skills, the Learn to Skate classes have been extremely popular, especially with International Students.

- Dance Programs
  - Programs Offered: 99
  - Programs Run: 59
  - Registration: 832
- Martial Arts Classes
  - Programs Offered: 101
  - Programs Run: 83
  - Program Registrations: 1478
- Sport Skills Classes
  - Programs Offered: 19
  - Programs Run: 14
  - Program Registration: 128
- Hosted Events
  - 1 Sledge Hockey clinic – 19 participants
  - 1 Wheelchair basketball clinics – 8 participants
  - 1 Santa Skate – 41 participants
  - 1 Olde Tyme Skating Party – 32 participants
  - Total clinic and Special Event registrations: 90



### **3.11 Intramural Program**

The Intramural Sport program provides a recreational sporting experience to all members of the University community. While students are the primary focus, the program also supports active living for University of Alberta staff, faculty, alumni and community members. The Intramural Sport program is structured for team and individual competitions and there are levels suitable for everyone, from the highly skilled to the beginner player. The Intramural Sport program runs year-round, with ten community leagues in the Spring and Summer, and approximately 40 leagues and 20 tournaments throughout the Fall and Winter seasons. The program offers Open, Women's and Co-Recreational Divisions.

- Hosted Leagues: participation – 5,854
- Participation – 78% of participants are University of Alberta students; 22% are non-students (Faculty, Staff, Alumni and Community)
- Fifty-four sport activities – see the end of this section for details

### **3.12 LiveWell**

LiveWell is a Faculty of Kinesiology, Sport, and Recreation initiative spearheaded by Campus & Community Recreation that is committed to developing and building a healthy campus culture for University of Alberta students by creating positive physical and social environments that foster participation, education, inclusivity and community. LiveWell brings wellness to the forefront of the University of Alberta students' lives by providing educational opportunities and experiences in the areas of physical activity, exercise, nutrition and general health education. The initiative focuses on developing and expanding key relationships with Wellness Services and other campus services to support student wellness on our campus.

The purpose of LiveWell is:

- To increase awareness of all wellness services, resources and tools at the University of Alberta
- To improve healthy living habits of University of Alberta students
- To deliver inclusive and integrated programs that address the needs identified by University of Alberta students
- To be leaders in assessing, planning, implementing, evaluating and sharing a student focused health promotions framework



All programs are available to University of Alberta students that have been assessed the Athletic & Recreation Fee.

- Non-Instructional
  - Programs Offered: 183
  - Programs Run: 167
  - Registration: 2,194
  - Unique Participants: 1,484
  - Fill rate (# of registrants/#of available spots): 58.0%
- Partnerships
  - Campus partners that participated in the 2018 Wellness Fair
    - Dean of Students
      - Student Success Centre
      - Wellness Services
      - Community Social Work team
      - Career Centre
    - Athletics
    - The Landing
    - Office of Sustainability
    - Peer Support Centre
    - SafeWalk
    - ISMSS
    - Campus Food Bank

Through a partnership with Dr. Tanya Berry and her PhD Student Elain Ori, LiveWell conducted a 4th annual survey with the purpose of determining University of Alberta student recreation physical activity preferences and barriers to participation, and to gather information to enhance delivery of inclusive and integrated LiveWell programs that address the needs identified by University of Alberta students. The survey is also intended to assess awareness of LiveWell services, resources and tools. LiveWell programming for the 2018-2020 school years has been guided by the input that was collected in the survey (see chart on below).





YOU SAID....	WE LISTENED
International students are significantly less active than our domestic population and have identified skill development as an important factor limiting involvement in physical activities on campus.	A grad student intern is working with Livewell and the International Student Centre in identifying unique physical activity needs in our international student populations. Workshops targeting skill development in a variety of activities will be included in the programming plan for the upcoming year.
Students identified physical health/exercise and stress reduction as the two most important reasons for participating in physical activities.	The promotion of future Livewell programs and services will target messaging related to exercise benefits to health and emphasize the connection between physical activity, exercise, and stress reduction. In addition, to this, activities will be offered to students during the Fall and Winter Reading Breaks as these have been identified by students as heavy study/stress periods in the student lifecycle.
Wellness Wednesday workshops and the workout buddies program were identified as two of the most commonly accessed programs by our student population.	In Fall 2018, LiveWell will be offering bi-weekly wellness Wednesday sessions in different buildings across campus and is working to expand the services offered through the workout buddies program to connect to other wellness and physical activity resources on campus.

### **3.13 Outdoor Recreation Programs**

The outdoor trips offered by Campus & Community Recreation provide an introduction to outdoor recreation using Local, Civic and National parks. These trips provide a basic level of instruction on canoeing, camping, hiking, snowshoeing and ski and snowboarding so that participants can feel comfortable participating in these activities on their own.

- Trips Offered: 22
- Registrations: 591; 460 students and 68 non-student; 502 unique



### **3.14 Residence Recreation Facilities and Programs**

Campus & Community Recreation works cooperatively with Residence Services to provide activities and equipment in residence halls such as Lister, East Campus Village and Hub on north campus as well as Campus Saint-Jean. This program employs Recreation and Wellness Ambassadors that host organized activities during the academic year.

Campus & Community Recreation also partners with Residence Services to provide “Find What Moves U” events during Lister BaseCamp and East Campus Village Eastern Ascent. This program targets all first year students living at Lister Hall and upper year students living in East Campus Village. Students are invited to the Van Vliet Complex where they experience various sports, group exercise and dance activities within a 2 hour time frame. Campus & Community Recreation also provides two or three classes during BaseCamp that are hosted at the David Tuckey Gym at Lister Residence.

Campus & Community Recreation oversees the cleaning and equipment maintenance in the Lister, Michener Park, Campus Saint-Jean, Peter Lougheed Hall, Nipisiy and Thelma Chalifoux residence fitness centres. Throughout 2017-18 Campus & Community Recreation has worked with Residence Services to ensure that all of the fitness equipment located in these facilities is safe and of commercial quality. Campus & Community Recreation continues to work with Residence Services on the design and equipment planning for the future residence fitness centres.

### **3.15 Saville Community Sports Centre**

The Saville Community Sports Centre is home to 350,000 square feet of recreation space including Canada’s largest hardwood installation, featuring 12 hardwood gymnasiums, lined for basketball, volleyball, and badminton as well as a world class gymnastics facility operated by Ortona Gymnastics. The 4,000 square foot fitness centre is stocked with state-of-the-art cardio and strength-training equipment. Add 8 championship-level indoor tennis courts (and 9 outdoor courts), 10 sheets of championship-level curling ice, meeting rooms with smart technology, fitness studios, a pro-shop, lounge and bar. Put under one roof, the Saville Community Sports Centre is one of Canada’s finest community sports facilities in the country.



- Memberships: 6,010 (13% increase)
- The facility hosted 200+ events (25% increase) with over 175,000 participants and spectators (14% increase)
- Events were highlighted by:
  - Canada Basketball Senior Women's National Team training camps
  - Team Canada Sitting Volleyball team training
  - U17/18 Girls Volleyball National Championships
  - Basketball Alberta Youth Provincials
  - The KIN Games
- Approximately 18,976 participants for drop-in basketball, badminton, volleyball family fun, walking track and fitness centre
- 18 Academic classes took place at Saville Community Sports Centre including Secondary Education; PAC Yoga, PAC Gymnastics, PAC Resistance Training; PAC Curling, PAC Volleyball, PAC Tennis, PERLS 207 and KIN 572

### **3.16 Saville Community Sports Centre Fitness Centre**

Saville Community Sports Centre Fitness Centre is a small but active community oriented fitness facility. This 4,000 sq.ft space is outfitted with Life Fitness brand cardiovascular and strength training equipment which is known as one of the leading brands in the fitness industry, In partnership with the Steadward Centre, the facility hosts a community transition program of which Steadward Centre clientele are transitioned from the specialized facility into a community fitness centre.

- 100 hours per week are available for active participation
- 5,231 memberships were sold (including tennis members)
- The SCSC Fitness Centre offers customized individual fitness training sessions, semi-private group fitness training for groups of 2-5 people in a package. All services are offered at reduced registration fee to University of Alberta students
- The SCSC Fitness Centre provided over 1000 hours of personal training and services to U of A students, staff and the community

### **3.17 Special and Philanthropic Events**

Campus & Community Recreation delivers Special Event and Philanthropic opportunities to enhance student engagement and support the Campus and Edmonton communities.



- Turkey Trot for the United Way and Campus Food Bank
- Find What Moves You Event for Campus Partners such as Campus Saint-Jean, East Campus Village, Aboriginal Students Transitions, International Students and Lister Students
- Group Fitness in the Dome at Foote Field
- Outdoor Skating Party U of A Alumni Relations
- RecStock Community Builder Event
- Old Tyme Skating Party with the University of Alberta Concert Band
- Big Pink Volleyball for Breast Cancer Society
- Pond Hockey Tournament supporting KidsSport
- CCR Wellness Fair with University of Alberta providers
- Winter Walk
- Zumba Event for Bell Let's Talk Day
- Participation – 1808 participants in 8 special events
- Participation- 1221 University of Alberta students; 1654 unique participants

### ***3.18 Sport and Health Assessment Centre***

The Sport and Health Assessment Centre provides sport performance, fitness and health assessments for the Edmonton surrounding community as well as for sport teams and individual athletes from anywhere in the world that may be training or competing in Edmonton. This centre provides this service to the individual, athlete, or team.

The priority of the Sport and Health Assessment Centre is to provide access to fitness and health assessments many of which are not available elsewhere due to the type of equipment and expertise required.

Staff: Employed approximately 20 casual staff throughout 2017-18 and had approximately 20 students volunteer throughout the year.

During the 2017 – 2018 academic year, The Sport and Health Assessment Center provided the following:



- Fitness testing for local Edmonton and surrounding community individuals and athletes (e.g. local and elite hockey players, runners, triathletes, biathletes/cross country skiers, cyclists, masters athletes, as well as recreational participants interested in improving physical fitness for health, etc.)
- School field trips – lab related tours and fitness testing to approximately 20 schools from the Edmonton and surrounding communities (Sturgeon county, Black Gold and Strathcona County school districts)
- Varsity Program: Completed fitness assessments on 500 varsity athletes for pre-season and post season
- Jr. varsity Programs: Completed fitness assessments on approximately 140 athletes twice during the academic year
- Pre-season fitness testing for the Edmonton Oilers’s (Fall, 2017) and for the Oilers’s Development Camp (Summer, 2018).
- Complete fitness testing for Provincial Sport Organizations (Alpine, cross-country skiing, curling, figure skating, swimming, and volleyball)
- Complete fitness testing for the Volleyball Canada REP program 3 times a year
- Complete fitness testing on approximately 255 athletes at the Edmonton area RBC training ground

Complete medical isokinetic muscular strength and power testing on athletes returning from injury. These include professional athletes (Edmonton Oilers and Eskimos), national athletes (basketball Canada) as well as varsity

### ***3.19 Tennis Centre – indoor and outdoor***

The Tennis facilities at University of Alberta include 8 indoor courts located at Saville Community Sports Centre on South Campus and 9 outdoor courts located at Michener Park at 121 Street and 51 Avenue. The outdoor facility was originally built for the 1983 World Universiade Games and has remained a primary teaching and casual play location in the City. The outdoor centre hosts several outdoor tournaments including the ITF U18 international tournament in July each year. The indoor centre serves as both a teaching and membership play facility. The Tennis Centre has maintained a Silver Tennis Canada TDC designation.

- The Tennis Centre serves over 700 members utilizing the facility on an average of 2-4 hours per week



- The Tennis Centre provides instructional programs for over 1,100 youth and adults of all levels
- The facility is the only National Tennis Development Centre in Edmonton

<b>Members</b>	<b>2015-16</b>	<b>2016-17</b>	<b>2017-18</b>
Members per fiscal year	760	748	755
<b>Lessons</b>			
Adult lessons participants	565	565	574
Junior lessons participants	169	352	188
	<b>734</b>	<b>917</b>	<b>762</b>
<b>Summer Performance Programs</b>			
Orange/Green/&12 Program Participants	45	63	50
Adult Camps Participants	64	53	89
	<b>109</b>	<b>116</b>	<b>139</b>
<b>Programs</b>			
National Program Participants	27	27	27
U18 Performance Program Participants	9	8	8
Red Program Participants	17	13	12
Orange & Green Performance Participants	25	28	19
U12, U14 Grandfather Participants	16	16	24
Orange/Green/U12 Challenger Participants	34	33	22
U14/16/18 Challenger Participants	18	23	31
Orange/Green/U12 Fundamentals Participants	35	35	35



U14/16/18 Fundamentals Participants	13	8	4
Varsity Program Participants	18	20	21
	<b>212</b>	<b>211</b>	<b>203</b>
<b>Leagues</b>			
Single Box League participants	114	114	95
Doubles Leagues participants	112	58	54
Summer Interclub participants	36	30	32
Summer Elite League	34	38	42
	<b>296</b>	<b>240</b>	<b>223</b>
<b>Events</b>			
Club Events	2	1	1
Provincial Junior Events (National Qualifying)	8	6	8
National or International Events	1	1	2
Open Sanctioned Events	2	3	2
Play Tennis Sanctioned Events	5	9	6
Provincial U9 & U10 Events	5	6	5
Varsity Events	4	1	3
Fundraising Events	1	1	2
	<b>28</b>	<b>28</b>	<b>29</b>



### 3.20 Van Vliet Complex

The Van Vliet Complex is the primary recreation and sport facility on north campus. The complex, which encompasses the Physical Activity and Wellness Centre, supports a variety of activities including swimming, skating, gymnasium use, fitness, running, soccer, squash, racquetball and a variety of exercise and dance studios. Students receive access to the Van Vliet Complex facilities through the Athletic and Recreation fee. Community members are welcome to utilize the facilities through a membership and pass program.

#### Memberships and Passes

	Year end June 30 2015	Year end June 30 2016	Year over Year % change	Year end June 30 2017	Year over Year % change	Year end June 30 2018	Year over Year % change
# of Memberships and Passes Sold	7609	8472	11.3% increase	6671	21.3% decrease	7750	16% increase
Revenue generated from Memberships and Passes	\$267,885	\$325,572	21.5% increase	\$280,037	14% decrease	\$375,266	26% increase

#### Lockers, Pro Shop, Towel Service

	Year end June 30 2015	Year end June 30 2016	Year over Year % change	Year end June 30 2017	Year over year % change	Year end June 30 2018	Year over Year % change
# of Lockers Rented	3100	3425	10.5% increase	3138	8.4% decrease	3244	3.7% increase
Revenue generated from services	\$254,522	\$292,659	15% increase	\$265,387	9.3% decrease	\$59,911	77.4% decrease





### **3.21 Wilson Climbing Centre**

The Wilson Climbing Centre is a modern indoor climbing structure. It was designed in an iconic, purpose built building creating a new gateway to the University of Alberta's North Campus. The facility staff members are driven by a passion for climbing and are committed to promoting physical activity as a healthy lifetime pursuit. The climbing programs cater to people of all climbing abilities from beginner to high-performance athletes.

The Climbing Centre consists of a 1,700 square foot bouldering lounge, a 7,000 square foot High Wall Loft, 19 Anchors for Top Roping and 16 Anchors for Lead Climbing.

- Membership – 3,014
- Climbing Drop-Ins – 19,893
- Programs Offered – 22
- Program Registrants – 2,505
- Hosted Competitions – 10 (Wall Brawls)
- Events Hosted
  - ACA sanctioned events – Bouldering & Rope Climbing
  - Participants: 287
- Events Facilitated
  - Alberta Youth Training Camp
  - Competition Belay Clinic
- Other new programs/events include:
  - Semestered Recreation Program – Climb Like a Girl
  - Climbing Club
  - Development Team – PLUS
- Academic courses – PAC 182 – 2 Fall and 2 Winter terms; 1 spring, 1 summer session offered; all classes have a waitlist



### **3.22 Work Physiology Laboratory**

The Work Physiology Laboratory completes physical aptitude testing for occupations that require physical demands assessments. We conduct original research in the area of physiology and physical employment standards. We assist with teaching undergraduate courses and with graduate students' original research. Our physical aptitude testing is primarily used for structural firefighting. We work locally and nationally with various fire departments and organizations to help screen their applicants for the job and to develop best practices in this field of study.

Physical aptitude testing becomes part of the many employment standards used to evaluate applicants before they are hired and therefore must be conducted with a high degree of reliability and precision. As part of Campus and Community Recreation and the University of Alberta, we are highly qualified to complete this task with rigor. It also provides an opportunity to educate students, staff and the community about this important intersection of research and practice.

We employ about 15 casual staff throughout the year to help conduct testing and teaching activities. This includes undergraduate and graduate students as well as graduates of the faculty.

During the 2017 – 2018 academic year, The Work Physiology Laboratory provided the following:

- More than 500 physical aptitudes test for 9 fire departments
- Teaching support for senior undergraduate courses.
- A unique experience for a practicum student placement in partnership with a local fire department.
- Expertise and knowledge to other organization who have adopted testing protocols developed in our laboratory
- Collaborative research with graduate students and local law enforcement organizations
- Consultation regarding annual medical and fitness assessment for those involved in physically demanding occupations.

### **3.23 Summary**

Campus & Community Recreation plays a vital role in the recruitment and retention of students at the University of Alberta. CCR programs create and engage the University community that enhances the student life experience. The Faculty of Kinesiology, Sport, and Recreation's extracurricular programs offer physical, psychological, and social benefits for University of Alberta students.



Based on the research that indicates participation in the University recreational sports may lead to greater satisfaction with the collegiate experience, University of Alberta Campus & Community Recreation programs strive to enhance the student experience and be a leader in campus recreation program delivery in North America.

Campus & Community Recreation 5 year statistics

Program	2013-14	2014-15	2015-16	2016-17	2017-18
Intramural Sports	13,686	12,208	12,728	11,739	11,333
Group Exercise	3,923	4,868	4,100	4,267	5048
Instructional Recreation	1,771	2,020	2,607	2,471 (Ballet and Jazz moved to Orchesis)	2,438
Safety Programs	459	466	672	935	427
South Campus Recreation	1,407	585	Included in group ex.	Included in group ex.	
LiveWell		1,592	1,724	3,068	1,191
Club Sports	1,911	2,242	3,842	2,310	2,166
Outdoor Recreation		671	1,490	354	591
Residence Recreation				493	420
Special Events	5,866	2,346	1,284	1,473	1,808
Aquatics Programs			661	885	755
Aquatics Lifesaving			222	179	109
Climbing Programs			1,520	1,699	4,071
<b>Totals</b>	<b>29,023</b>	<b>26,998</b>	<b>30,850</b>	<b>29,873</b>	<b>30,357</b>



## Campus & Community Recreation UA Student Participation

Program	2015-16			2016-17			2017-18		
	Total Registrant	UA Student Registrant	% UA Students	Total Registrant	UA Student Registrant	% UA Students	Total Registrant	UA Student Registrant	% UA Students
Intramural Sports	12,728	10,420	82%	11,739	9,644	82%	11,333	10,134	89%
Group Exercise	4,100	2,460	60%	4,267	2,448	57%	4,237	2,669	63%
Instructional Recreation	2,607	1,622	62%	2,471	1,549	63%	2,438	1,712	70.3%
Safety Programs	672	351	52%	935	588	63%	935	841	68%
LiveWell	1,724	1,724	100%	3,068	2,948	96%	1,191	1,158	97%
Club Sports	3,842	3,615	94%	2,310	2,035	88%	2,166	1,915	88%
Outdoor Recreation	1,490	907	61%	354	305	86%	591	460	78%
Residence Recreation				493	493	100%	420	420	100%
Special Events	1,284	852	66%	1,473	1,173	80%	1,808	1,221	68%
Aquatics Programs	124	32	26%	885	272	31%	1061	420	39.6%
Aquatics Lifesaving	25	10	40%	179	85	47%	185	128	69.2%
Climbing Programs	1,520	565	37%	1,699	1,208	71%	4,071	2,476	61%
<b>Totals</b>	<b>30,850</b>	<b>22,558</b>	<b>29,873</b>	<b>22,748</b>	<b>76%</b>	<b>73%</b>	<b>29,546</b>	<b>22,675</b>	<b>78%</b>



## Campus & Community Recreation: Program Details

2017-2018 Intramural Sports (O=Open, W= Women's, C=Co-ed)

Spring/Summer 2017 (C)	Fall 2017 (O,W,C)		Winter 2018 (O,W,C)	
<ul style="list-style-type: none"> <li>• Soccer</li> <li>• Slo-Pitch</li> <li>• Ultimate</li> </ul>	<ul style="list-style-type: none"> <li>• Archery</li> <li>• Ball Hockey</li> <li>• Basketball</li> <li>• Big Pink Volleyball</li> <li>• Dodgeball</li> <li>• Flag-Football</li> <li>• Futsal</li> <li>• Golf</li> <li>• Ice Hockey</li> </ul>	<ul style="list-style-type: none"> <li>• Innertube Water Polo</li> <li>• Red Eye Games</li> <li>• Slo-Pitch</li> <li>• Soccer</li> <li>• Team Handball</li> <li>• Ultimate Frisbee</li> <li>• Volleyball</li> <li>• Walleyball</li> </ul>	<ul style="list-style-type: none"> <li>• Ball Hockey</li> <li>• Basketball</li> <li>• Beginner Hockey Night</li> <li>• Bowling</li> <li>• Curling</li> <li>• Bonspiel</li> <li>• Dodgeball</li> <li>• Flag Football</li> <li>• Futsal</li> <li>• Hot Shot Basketball</li> <li>• Ice Hockey</li> </ul>	<ul style="list-style-type: none"> <li>• Innertube Water Polo</li> <li>• Pond Hockey</li> <li>• Red Eye Games</li> <li>• University Cup of Cricket</li> <li>• Volleyball</li> <li>• Walleyball</li> <li>• World Cup of Futsal Tournament</li> </ul>



2017-2018 Group Exercise Class Types

Cycling	Mind/Body Fitness		Fitness Certification Courses	Overall Fitness Development	
<ul style="list-style-type: none"> <li>• Spin</li> <li>• Spin Core</li> <li>• Spin Beginner</li> <li>• MS Ride Training</li> </ul>	<ul style="list-style-type: none"> <li>• Ashtanga Yoga</li> <li>• Barre</li> <li>• Pilates</li> <li>• Core Strength</li> <li>• Pilates</li> <li>• Hatha Yoga (Intro &amp; Women's Only)</li> <li>• Intro to Mat Pilates</li> <li>• Yoga for the Inflexible</li> </ul>	<ul style="list-style-type: none"> <li>• Iyengar Yoga</li> <li>• Meditation</li> <li>• Vinyasa Yoga</li> <li>• Yin/Yang Yoga</li> <li>• United Yoga</li> <li>• Pilates</li> <li>• Climbers Yoga</li> <li>• Partner Yoga</li> <li>• Prenatal Yoga</li> <li>• Groove Flow</li> </ul>	<ul style="list-style-type: none"> <li>• Exercise Theory</li> <li>• Group Exercise Fundamentals</li> <li>• Portable Equipment</li> <li>• Mind Body designation</li> <li>• Cycling designation</li> <li>• TRX workshops</li> <li>• Enhancing Inclusion</li> <li>• Moveball</li> <li>• CEC's for individual conditioning</li> <li>• Obstacle fitness training</li> </ul>	<ul style="list-style-type: none"> <li>• Beginner Bootcamp</li> <li>• Beginner TRX</li> <li>• Cardio Kickbox</li> <li>• Dodgeball Fitness</li> <li>• Moveball</li> <li>• SCULPT</li> <li>• Women's Weight Training</li> <li>• Olympic Lifting</li> <li>• Functional Training</li> <li>• Hardcore Kids</li> <li>• Women's Only Bootcamp</li> <li>• Trailblazers</li> </ul>	<ul style="list-style-type: none"> <li>• Plyo</li> <li>• TRX and Cycling</li> <li>• TRX Multi-Modality</li> <li>• TRX for Climbers</li> <li>• STEP</li> <li>• Zumba</li> <li>• Beginner Zumba</li> <li>• Zumba-Butts, Guts, Struts</li> <li>• Cardio Row</li> <li>• Row HIIT</li> <li>• Tabata</li> <li>• Walking for Fitness</li> <li>• Silver Strength</li> <li>• Nordic Academy training</li> </ul>

2017-2018 Instructional Recreation Class Types

Sports and Skills	Dance		Martial Arts	
<ul style="list-style-type: none"> <li>• Adult Hockey Conditioning</li> <li>• Fencing</li> <li>• Squash</li> <li>• Ice Skating</li> </ul>	<ul style="list-style-type: none"> <li>• Argentine Tango</li> <li>• Bachata</li> <li>• Bachata/Kizomba</li> <li>• Ballet Barre</li> <li>• Ballroom Blast – Social Dance Mixer</li> </ul>	<ul style="list-style-type: none"> <li>• Hip Hop</li> <li>• House Dance</li> <li>• Introduction to Dance</li> <li>• K-Pop</li> <li>• Pump Hip Hop</li> <li>• Reggaeton</li> </ul>	<ul style="list-style-type: none"> <li>• Aikido</li> <li>• Brazilian Jiu Jitsu</li> <li>• Capoeira</li> <li>• Filipino Martial Arts</li> <li>• Japanese</li> </ul>	<ul style="list-style-type: none"> <li>• Judo</li> <li>• Karate</li> <li>• Karate for families</li> <li>• Kickboxing</li> <li>• Kung Fu</li> <li>• Tae kwon do</li> </ul>



<ul style="list-style-type: none"> <li>• Ballroom Blast – Latin Dances</li> <li>• Belly Dance</li> <li>• Bollywood Fusion</li> <li>• Burlesque Charm</li> <li>• Disco</li> <li>• Flamenco Dance</li> <li>• Heels Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Salsa</li> <li>• Salsa</li> <li>• Samba Caliente</li> <li>• Shakira-style Dance</li> <li>• Street Jazz</li> <li>• Tap Dance</li> <li>• West Coast Swing</li> </ul>	Jiu Jitsu	
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### 2017-2018 Club Sports

<ul style="list-style-type: none"> <li>• Badminton</li> <li>• Cheer</li> <li>• Contemporary Dance MOD</li> <li>• Dance</li> <li>• Fencing</li> <li>• Figure Skating</li> <li>• Lacrosse</li> </ul>	<ul style="list-style-type: none"> <li>• Outdoors</li> <li>• Paddling</li> <li>• Powerlifting</li> <li>• Quidditch</li> <li>• Rowing</li> <li>• Rugby</li> <li>• Scuba</li> </ul>	<ul style="list-style-type: none"> <li>• Squash</li> <li>• Synchronized Swimming</li> <li>• Swim Club</li> <li>• Table Tennis</li> <li>• Tae Kwon Do</li> <li>• Triathlon</li> <li>• Ultimate</li> <li>• Water Polo</li> </ul>
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### **Club Sports Events - On-Campus**

- Badminton held singles/doubles tournament – Fall and Winter
- Bollywood Dance held two dance performances on campus
- Contemporary held their performance at the Myer Horowitz Theatre in March
- Dance performed at Varsity Basketball home games
- Lacrosse hosted their open tournament at South Campus East Fields, October 2017
- Powerlifting hosted Power Surge in November – the largest power lifting competition in the province
- Powerlifting hosted the 2nd annual Novice Open in the HFLC in April
- Quidditch hosted a small tournament at the Dome at Foote Field
- Scuba held 8 Discover Scuba sessions
- Squash held their annual open tournament – March 2018
- Table Tennis held singles/doubles tournaments – Fall and Winter
- Ultimate held three successful tournaments – 1 Fall and 2 Winter – one of which was held in the Dome at Foote Field
- Water Polo held invitational tournament – March 2017

### **Club Sports Events – Outdoor Club**

- Tonquin Valley Rampart Rampage - September 2017
- September Mountaineering - September 2017



- Ghostin' Through the Wilderness - September 2017
- Jasper Kick-Off - September 2017
- Fryatt Valley/Crash-the-Kick-Off Backpacking - September 2017
- Banff Kick-Off - September 2017
- Mountain Biking Madness - September 2017
- Tamarack Golden Hour: Photography 101 - September 2017
- Jumbo Gumbo Climbers Supreme - September 2017
- Thanksgiving Scramble Camp - October 2017
- Bird Box Restoration at Glory Hills - September 2017
- Av Very Craggy Thanksgiving - October 2017
- Pumpkin Pie on Pocaterra - October 2017
- Hostel Haunting - November 2017
- Avalanche Safety Training (AST1) - December 2017
- Waterpark 2017 - October 2017
- Banff Bonanza - November 2017
- Lake Louise Nordic Love-In - November 2017
- Beauty Creek Affair - November 2017
- November Turns - November 2017
- California Trip - December 2017
- Hip Hip Hostel Trip - January 2018
- Holiday Hostel Happening - December 2017
- Beginners Ice Climb - January 2018
- One more Climbing Trip Before Midterms Start - January 2018
- Jasper in January - January 2018
- Avalanche Safety Training (AST1) - February 2018
- Canadian Rockies Photography Tour - February 2018
- Lake Louise Extreme Snow Angeling - February 2018
- Waterpark 2018 - February 2018
- Hero Sticks: March Ice Climbing - March 2018
- Shamrock Ski Tour - March 2018
- Vice President Spring Awakening - March 2018
- Kicking Horse 2018 - March 2018
- Athabasca Cross-Country Ski Adventure - March 2018
- Queens in the Bush: Rampart Creek - March 2018
- The Ultimate Ski Trip - April 2018
- Abraham's April Ice Intro - April 2018
- Landslide Relaxation - April 2018
- Spring Executive Retreat - April 2018





2017-2018 LiveWell Initiatives

<ul style="list-style-type: none"> <li>• Efficient Fitness for a busy student</li> <li>• Fitness Basics</li> <li>• Recreational Runner</li> <li>• Indoor Rock Climbing 101</li> <li>• Cardio Training Basics</li> <li>• Resistance Training Basics</li> <li>• Healthier You</li> <li>• Healthier You 2.0</li> <li>• Healthier You 3.0</li> <li>• Knot Tying</li> <li>• U Rappel</li> <li>• Women’s Self Defense</li> <li>• Residence Yoga (Lister, CSJ, IHouse, Grad Residence, HUB)</li> <li>• Cardio Program’s 101</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to Strength Training</li> <li>• Nutrition: Eating Well</li> <li>• Nutrition: Exam Eating</li> <li>• Nutrition: Sports Nutrition</li> <li>• Nutrition: Meal Preparation</li> <li>• Nutrition: Stress Management &amp; Nutrition</li> <li>• Salsa Night - Learn to Salsa</li> <li>• K-Pop Nigh – Learn to K-Pop</li> <li>• Dive-In Movie</li> <li>• Build Your Own Terrarium</li> <li>• Build Your Own Bath Bomb</li> </ul>	<ul style="list-style-type: none"> <li>• Paint Night</li> <li>• Really, Really Ridiculously Big Paint Night</li> <li>• Wellness Wednesday Sessions</li> <li>• Learn to Snowshoe</li> <li>• Learn to Play 4-Wall Handball</li> <li>• Learn to Play Badminton</li> <li>• Workout Buddies</li> <li>• Basic Bike Maintenance</li> <li>• Fitness on the go</li> </ul>
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2017-2018 Outdoor Recreation

<ul style="list-style-type: none"> <li>• Hiking – Elk Island Park</li> <li>• Learn To Camp</li> <li>• Canoeing &amp; Kayaking</li> <li>• Devon to Edmonton - Paddling</li> <li>• Paddling - Half Day Trip</li> </ul>	<ul style="list-style-type: none"> <li>• Overnight Trips</li> <li>• Snowshoeing</li> <li>• Ski &amp; Snowboarding - Snow Valley</li> <li>• Ski &amp; Snowboarding - Marmot Basin</li> </ul>
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2017-2018 Residence Recreation

<ul style="list-style-type: none"> <li>• Lister BaseCamp - Find What Moves You (FWMY)</li> <li>• CSJ FWMY</li> <li>• Residence Bowl Series – Basketball</li> <li>• Skate Party</li> </ul>	<ul style="list-style-type: none"> <li>• Climbing Night</li> <li>• CSJ Ball Hockey Tournament</li> <li>• Lister March Madness</li> <li>• Glow in the Dark Zumba</li> </ul>
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## 2017 - 2018 Special Events

- Winter Walk Day
- 58th Annual Turkey Trot
- Corporate Challenge
- Old Tyme Skating Party

## 2017 - 2018 Climbing

<ul style="list-style-type: none"><li>• U Climb Exposure</li><li>• U Intro to Climbing</li><li>• U Belay</li><li>• U Lead</li><li>• U Climb (14+)</li><li>• U Experience</li><li>• U Rappel</li></ul>	<ul style="list-style-type: none"><li>• U Upgrade (17+)</li><li>• U Train (14+)</li><li>• Youth Clubs (8-14)</li><li>• Jr. Team (14-18)</li><li>• Private Lessons</li><li>• Birthday Party Packages</li><li>• The Complete Climber (14+)</li><li>• Wall Brawl</li></ul>
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## 2017-2018 Aquatics

<ul style="list-style-type: none"><li>○ Morning Fitness Lane Swim</li><li>○ Adult Swimmer 1</li><li>○ Adult Swimmer 2,3</li><li>○ Adult Swimmer 3</li><li>○ Fitness Swimmer</li><li>○ Parent &amp; Tot Swim Lessons</li><li>○ Swim for Life Preschool (3-5)</li><li>○ Swim for Life Swimmer (6+)</li><li>○ Aquafitness</li><li>○ Canadian Swim Patrol</li></ul>	<ul style="list-style-type: none"><li>○ Kayaking Clinics</li><li>○ SCUBA Diving Certification</li><li>○ Private or Semi Private Lessons</li><li>○ Lifesaving Society AEC and NL Award - Pool (&amp; Recertification)</li><li>○ Lifesaving Society Bronze Medallion/Bronze Cross</li><li>○ Lifesaving Society First Aid &amp; CPR/AED Instructor/Examiner Course</li><li>○ Lifesaving Society Lifesaving Instructor/Swim Instructor/CPR Instructor (&amp; Recertification)</li><li>○ U of A Aquatics Centre's Green &amp; Gold Lifesaving Sport Club</li></ul>
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## 2017-2018 Certifications

- CPR 'C' (& Recertification)
- CPR-HCP (& Recertification)
- Standard First-Aid (& Recertification)

## **4.0 Campus & Community Recreation: Integration**

Undergraduate students in KRLS 105 (Introduction to the Management of Sport, Physical Activity and Recreation) experience event management through a practical experience that is directly related to the theory presented in the lecture setting.

- Fall 2017 – 118 students registered; 38 selected practicum experiences with CCR
- Winter 2018 – 136 students registered; 29 selected practicum experiences with CCR

Campus & Community Recreation staff members teach in a variety of undergraduate courses throughout the year. Courses or guest lectures instructed by Campus & Community Recreation staff members include:

- KRLS 105
- RLS 232
- RLS 335
- PAC Climbing – Introduction and Advanced – 7 courses
- PAC Tennis
- PAC Curling
- PAC Applied Resistance Training
- KIN 400 Gross Anatomy
- INTD 284 – Introduction to Mountain BackCountry Field Skills

Elaine Ori (Dr. Tanya Berry's PhD student) has, in collaboration with LiveWell and Wellness Services (Dean of Students Office), been working on the development of a program similar to "Prescription to Get Active" on the U of A campus for students. LiveWell is funding the prescribed activities that physicians and counsellors at Wellness Services recommend to clients. At the point of registration, they are asked if they want to participate in a research study that Elaine Ori will be conducting. The project launched in March 2017 and saw 37 participants in the first year. The research study



will continue for an additional year to better understand how physical activity can support student wellbeing.

Campus & Community Recreation provides 10 full-time practicum experiences over the course of the year. These students are mentored by full-time staff members and are engaged in all aspects of facility, program and event development and management. The practicum experience offered by Campus & Community Recreation provides a direct opportunity to work in both campus and community activities in a safe learning environment

The Sport Performance Centre (SPC) is available to student-athletes and community athletes training at a provincial, national or international level. The SPC provides opportunity for graduate students and researchers to work directly with athletes in knowledge transference.

The Intramural Sport program continues to provide student development opportunities to U of A students. The Intramurals program has continued the student officials program. CCR Intramural Sports staff members are training, developing and hiring student sport officials providing students with a greater number of leadership opportunities.

The Fitness program provides opportunities to the student staff to fast track their leadership certification process. Fitness staff members are encouraged and mentored through onsite training process to achieve designations in both Group Fitness Leadership and Personal Training. We strive to build capacity for knowledge translation into the professional world of Fitness, Health and Wellness.

## **5.0 Campus & Community Recreation: Campus Collaboration**

Campus & Community Recreation provides a Student Recreation Facilitators to work directly with International Programs and International House to provide meaningful activities to engage this group of students in the University of Alberta student life. A key program requested by International Students is informal recreation opportunities. Campus & Community Recreation stewards the schedule of drop-in recreation spaces available in the Van Vliet Complex, such as badminton, basketball, volleyball, soccer and ice skating. CCR creates and delivers specific activities and events annually and provides support to International Week by providing specialized programming.



Campus & Community Recreation also partners with International Programs through their Transitions Programs where new incoming students to University of Alberta are introduced to campus life. Fall 2017 Campus & Community Recreation “Find What Moves U” event for Transitions hosted over 80 participants in September, where participants were able to experience over 12 various activities for 2 hours.

The Landing continues to consult on practice and procedures within Intramurals and Campus & Community Recreation and provided staff training to full- and part-time CCR staff. There is interest in pursuing targeted programming for The Landing’s users and volunteers.

LiveWell collaborates with a variety of student wellness initiatives across campus including:

- Residence Services to offer yoga classes at HUB mall, Lister Centre, CSJ, Graduate Residence and International House
- Healthy Campus Unit to offer programs within UnWind Your Mind on World Health Day
- Health & Wellness Movement to deliver Health Week and Flow in the Dark Yoga
- Sustain SU to offer bike maintenance workshops and bike programs
- Engineering Faculty to support programming during engineering wellness week
- Exercise is Medicine Club to support winter walk and squats for smoothie day

Residence Recreation partners with Residence Services and Campus Saint-Jean to put student engagement events in the fall and recreational student events throughout the school year. These partnerships also result in the collaboration in training and co-management of the casual student staff working within Residence Recreation.

Campus & Community Recreation partnered with First Peoples House to host the 2nd Annual National Aboriginal Day Golf Tournament. Funds raised from this event will help support recreation activities for University of Alberta Aboriginal Students.

The Aquatics Centre is working in partnership with USchool and the University of Alberta Senate with funding from Alberta Treasury Branches to provide free swim lesson delivery to school aged children.

Campus & Community Recreation has offered various University departments and Faculties and community organizations staff training in Standard First Aid and CPR.

The following are organizations served in the past year:



- KSR staff training
- Faculty of Arts
- Faculty of Science– Dept of Chemistry and Dept of Earth Sciences
- U of A Botanical Gardens
- Health Sciences Lab Animal Services
- Facilities and Operations
- Faculty of Engineering
- Dept. of Environmental Health & Safety
- Strathcona Composite High School Gr 10

## **6.0 Campus & Community Recreation: Community Event Management and Support**

Campus & Community Recreation collaborates with both internal and external communities to host events in our unique facilities. A small sample of these events includes:

- Big Pink Volleyball
- Butterdome Craft Sales (Christmas and Spring)
- CAPS Career Fair (Fall and Spring)
- UA Open House
- Aboriginal Student Services Centre Round Dance
- Aboriginal Student Services Centre TAWOW
- Bust a Move – fitness fundraiser for Alberta Cancer Foundation
- Gym Power Gymnastics
- PRIDE Week
- Remembrance Day Ceremony
- Running Room Indoor Games – youth Track events
- Athletics Alberta Track meets
- East Indian Folk Festival
- The Sport Conference
- Bev Facey Graduation
- Halloween Howl
- Turkey Trot
- United Way Plasma Car Derby
- United Way Campaign Wrap Up
- Spring Thaw Triathlon



- Campus Cup Dodgeball
- Brick Invitational Hockey tournament
- Great Canadian Basketball Shootout
- The HDF Insurance Shoot Out – World Curling Tour event
- Balmoral Harvest Junior Bonspiel
- Alberta Juvenile Curling Championships
- Kevin Martin Junior Curling Bonspiel
- Alberta Cup – Weightlifting Championships
- Alberta Cheer Empire Showcase
- Edmonton Corporate Challenge – badminton; road race; table tennis; volleyball, basketball
- Saville Canadian Under 18 ITF Tennis tournament
- Western Canadian Senior Indoor National Tennis Championships
- Owen Schlosser Memorial World Team Tennis tournament
- Volleyball Alberta – Premier tournaments
- Purple Reign – Perfect Storm Cheerleading Show
- Western Canadian Dodgeball Championships
- KIN Games
- RBC Training Ground
- Gymfest Provincials
- Basketball Alberta Youth Provincials
- Canada West Rugby 7's tournament
- North Central Teachers Convention Association

## **7.0 Campus & Community Recreation: Partnerships**

PAW Student Agreement – In 2011, the Student's Union, University of Alberta and Faculty of Physical Education and Recreation entered into an agreement to support the development of student activity space. The space incorporates student recreation and leisure activity space allowing for enhanced teaching and research space. The University of Alberta student body agreed to pay a fee to offset the cost of the facility, thus beginning a new relationship between the Faculty and the Graduate Students Association and the Students' Union. This relationship has been fostered through continued communication through committees such as the PAW Strategic Operating Committee, the Athletic and Recreation Fee Policy Advisory Committee and annual



presentations to both student body councils. The Faculty has remained open and responsive to students' needs by maintaining ongoing communication lines.

Saville Community Sports Centre - The Saville Community Sports Centre is operated within a partnership agreement with three community partners - Ortona Gymnastics, Edmonton Grads Basketball and Edmonton Volleyball Centre Society. The opportunities to grow within the community sport environment are being developed as available.

Alberta Conservation Association agreed to sponsor the ACA Archery Day event. In exchange for ACA recruiting/collecting equipment and instructors for the Archery Clinic & Competition, the Intramural program was able to offer this event to all participants (students and community members) for free.

The Basketball Canada partnership sees the Canadian Senior Women's Basketball team being hosted by the Saville Community Sports Centre;

The Wilson Climbing Centre is the site of many collaborative activities including:

- The Alberta Climbing Association hosts youth team training clinics at the Wilson Climbing Centre, instructing young athletes in the latest climbing techniques.
- The Association of Canadian Climbing Mountain Guides hosts competition belay courses.
- The Alpine club of Canada hosts member climbing days.
- Thompson River University hosts Climbing Gym Instructor courses.
- Mountain Equipment Co-op engages in sponsorship activities.

The Canadian Curling Association – National Training Centre is hosted at Saville Community Sports Centre; the Centre offers coaching and training opportunities for Canada's elite curling teams.

The Saville Tennis Centre is a National Silver Development Centre with Tennis Canada.

The City of Edmonton has collaborated on a Joint Use agreement providing for community access to Foote Field and has engaged in an MOU related to the development of a new twin arena on south campus.





## **8.0 Campus & Community Recreation: Project Management**

The Customer Service Centre put professional development to good use after being inspired at the Disney Experience Summit in March 2017. Lessons from the summit were used to review standard operating procedures, a working manual and a code of conduct for all casual staff. Additionally the BEARS model was developed to guide new staff through the interpersonal side of customer interactions. With a customer-centric mindset, the CSC is charging ahead to develop training and development tools that will empower front-line staff to provide exceptional life experiences to everyone wishing to participate in sport, recreation and wellness activities in CCR.

The Customer Service Centre also spearheaded an evaluation project to seek out customer feedback on the current recreation program guide as well as the registration process for CCR programs. An internship was created that gave an KSR graduate student the opportunity to carry out an evaluation and provide recommendations that will affect the design of the recreation program guide and the website layout for years to come. Brendan Wohlers was hired for the project in June 2017. The project is also leading to increased engagement from all guide contributors as this is the first time in many years that customer feedback has been sought. Phase two of the project commenced in winter 2017 and included a survey to CCR participants as well as two student focus groups. A summary of the findings included CCR customers desire minor changes to the printed guide, more infographics, more variety of class times offered and an easier online registration system.

RMS replacement – Plans to replace CLASS as the KSR recreation management software system have been unfolding for a few years. This past year allowed us to select Intelligenz Inc. as the CLASS replacement. The RMS staffing team, as well as many other CCR and IST staff members, are working hard on this software changeover. The transition to Intelligenz officially took place on May 24, 2018. After using CLASS for over 25 years, there is a large learning curve transitioning to a new system. The system has great potential and is serving the needs of the faculty. We will continue to work on the transition and are excited about what it will offer in the future.

After an environmental scan and thorough analysis, the Van Vliet Complex facility membership structure was reformed and streamlined. Continuous memberships were established to mirror the structure at South Campus as well as industry standards. After a year of continuous locker memberships, the membership structure was



evaluated and four month and eight month locker options were reintroduced to meet the needs of students.

A Facility Guide was developed and is used to promote the Van Vliet Complex and South Campus during facility tours and event bids. The guide showcases the range of our facility offerings and our capacity to host a broad spectrum of special events.

A CCR staff development program was initiated beginning with the development of an In House Lunch n Learn program. Sessions were delivered by Campus & Community Recreation staff primarily based on learnings from courses and conferences attended by the staff member. Two Equity, Diversity and Inclusion Workshops which focused on Unconscious Bias were held in April and May 2018. Four in-house Lunch and Learn Sessions were also offered: Thinking Fast and Slow: Decision Making in Behavior Economics (Matt Edmonds); Athletic Business Learnings (Brian Gratrix); Emotional Intelligence and the Team (Lois Arnason); How to be Creative with our Facility , NIRSA 2018 (Ryan Waller).

Campus & Community Recreation supervisors were provided with in-house professional development on the topic of Performance Management. With instruction led by UA Human Resources, supervisors were provided with information, education and directly applicable instruction regarding employee performance management at the University of Alberta.



## E. International and Community Education

### **1.0 International and Community Education**

#### ***1.1 International Enrollment***

International Undergraduate Students - Enrolled - Fall 2017 & Winter 2018  
30 IDF fee-paying students (all years of study)

Students	Country of Citizenship
16	China
3	Hong Kong
2	Australia
2	Japan
1	India
1	Malaysia
1	South Korea
1	Singapore
1	Turkey
1	United States
1	Vietnam
<b>30 Total # of currently enrolled Study Permit status (IDF-fee paying) International Undergraduate Students</b>	

Source: Undergraduate Programs Office



International Graduate Students - Enrolled - Fall 2017 & Winter 2018  
32 IDF fee-paying students, including 4 Visiting Graduate Students

<b>Students</b>	<b>Country</b>
8	China
4	South Korea
4	Norway (3 visiting)
3	Iran
2	Brazil
2	Japan (1 visiting)
1	Bangladesh
1	Chile
1	Finland
1	Kyrgyzstan
1	Nepal
1	United Kingdom
1	Sweden
1	Nigeria
1	United States
<b>Total: 32 International Graduate Students</b>	

Source: Graduate Programs Office



## **1.2 Academic Exchanges – INCOMING**

<b>Students</b>	<b>From</b>	<b>Agreement</b>
2	Loughborough University United Kingdom	Faculty MOU
4	Norwegian School of Sport Sciences Norges idrettshøgskole Norway	Faculty MOU
1	Palacký University of Olomouc Univerzita Palackeho v Olomouci Czech Republic	Faculty MOU
2	Beijing Sport University China	Faculty MOU
1	Technical University of Munich Technische Universität München Germany	University MOU
1	Federal University of Minas Gerais Universidade Federal de Minas Gerais Brazil	University MOU
3	University of Otago New Zealand	University MOU
14 Total # of incoming Exchange Students hosted by the Faculty for F2017 - W2018		

\*University-MOU are managed by University of Alberta International (UAI)

## **2.0 International Visitors – Incoming**

### ***2.1 Short-term visiting delegations hosted by KSR – INCOMING***

October 16-18, 2017	<p>Norwegian School of Sport Science</p> <ul style="list-style-type: none"> <li>● Rector Lars Tore Ronglan</li> <li>● Head of the Department of Physical Education, Professor Aage Radmann</li> <li>● Director of Academic Affairs, Håkon Solberg</li> </ul>	<p>Facility Tours of North and South Campus VVC Facilities, lunch meeting with various Faculty members in relevant research, programs, interests, and other discussions.</p> <p>Strengthen international exchange, collaboration, and</p>
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		connections.
April 10 - 24, 2018	Norwegian School of Sport Science ● Christian Thue Bjorndal	Research and teaching collaborations, visits with

## 2.2 International Visiting Scholars – INCOMING

Visiting scholars or visiting researchers category includes those who visit on their own funding and stay for period of time over one month. Incoming visiting scholars are accepted with the mutual agreement and confirmation of a hosting professor within the Faculty.

The International and Community Education Office can provide certain Faculty and campus non-monetary support for your visiting scholars. Visiting scholars hosted by Faculty members can be directed to [KSRinternational@ualberta.ca](mailto:KSRinternational@ualberta.ca).

Visiting speakers or delegations may be short term visitors participating at academic conferences, events, workshop sessions, and/or presentations. Faculty members who host visitors can notify the International and Community Education Office for support of documentation and paperwork.

<ul style="list-style-type: none"> <li>● Dr. Noleani Arista, Associate Professor Department of History at the University of Hawai'i-Manoa</li> <li>● Iasona Ellinwood, PhD Student, University of Hawaii</li> <li>● Daniel Kauwila Mahi, MA Student, University of Hawaii</li> </ul> <p>KSR contact: Dr. Karen Fox Guest lecture - KSR Visiting Speaker Series</p>	<p>May 23-25, 2017</p> <p><i>*missed in 2016-2017 report</i></p>
<ul style="list-style-type: none"> <li>● Dr. Dale Forsdyke, Senior Lecturer York St John University, United Kingdom</li> </ul> <p>KSR contact: Dr. Nick Holt Guest lecture - KSR Visiting Speaker Series</p>	<p>May 24, 2017</p> <p><i>*missed in the 2016-2017 report</i></p>
<ul style="list-style-type: none"> <li>● Dr. Alice Sheppard,</li> </ul> <p>KSR contact: Dr. Danielle Peers Dallas Cullen Memorial Lecturer</p>	<p>October 2017</p>



<ul style="list-style-type: none"> <li>● Dr. Camilla Knight, Associate Professor Swansea University, United Kingdom</li> </ul> KSR contact: Dr. Nick Holt Guest lecture - KSR Alumni Speaker Series	Dec 11, 2017
<ul style="list-style-type: none"> <li>● Dr. Qi Fu, Institute for Exercise and Environmental Medicine, Dallas, Texas</li> </ul> KSR contact: Dr. Margie Davenport WCHRI Scientific Knowledge Exchange Program	March 28, 2018
<ul style="list-style-type: none"> <li>● Dr. Dorothy Schmalz, Professor, University of Utah</li> </ul> KSR contact: Dr. Nick Holt Guest lecture - KSR Visiting Speaker Series	June 20, 2018
<ul style="list-style-type: none"> <li>● Visiting Professor - Dr. Oshimo, Waseda University, Japan - visited in early January , 2018</li> </ul> KSR contact: Dr. Tom Hinch	January 2018
<ul style="list-style-type: none"> <li>● Dr. David Howe, England</li> </ul> KSR contact: Dr. Danielle Peers	June 2018
<ul style="list-style-type: none"> <li>● Stephanie Wheeler, United States</li> </ul> KSR contact: Dr. Danielle Peers Inclusive Sport and Recreation Conference 2018	June 2018

**Please note:** the information on incoming and outgoing international visitors, researchers and other international initiatives that are compiled by the Office of International and Community Education is not exhaustive and relies partly on Faculty members and staff sharing information on international activities.

If you would like information on international activities you have been involved in to be included in future reports, please contact [KSRinternational@ualberta.ca](mailto:KSRinternational@ualberta.ca).



### **3.0 Education Abroad Experiences**

#### ***3.1 Study Abroad-Group and Academic Course Program Registrations - OUTGOING***

Participants	Program
19	Play Around the World (PAW) Team 2017 <ul style="list-style-type: none"><li>● 15 Students (10 KSR undergraduate students and 5 UAlberta students)</li><li>● 4 Leaders (past participants)</li></ul>

#### Play Around the World breakdown:

- Phnom Penh, Cambodia
  - 4 KSR students, 1 UAlberta student
  - 1 Group leader (Erica Van Kuppeveld)
- Rayong, Thailand
  - 3 KSR students, 1 UAlberta student
  - 1 Group leader (Tracy Simon)
- Cusco, Peru
  - 3 KSR students, 1 UAlberta student
  - 1 Group leader (Svetlana Olimpiev)
- Fort Providence, NWT, Canada
  - 2 UAlberta students (BEd & BEd after degree)
  - 1 Group leader (Joel Johnston)

The program selects and prepares U of A students for a 3 month service-learning placement in either South America, Asia or Canada (Fort Providence, Northwest Territories). Students from diverse educational backgrounds form learning communities which are structured to provide a holistic and interdisciplinary approach to learning, leadership, and programming. PAW offers students an opportunity to develop a sense of global awareness and citizenry, through collaboration with various schools, orphanages, community based organizations and government agencies to deliver, play, recreation, physical activity and sport to children and youth of all abilities. Play is viewed as a vehicle to enliven the human spirit and to promote optimal development. Students





broaden their world view as they live, learn, and work in a culture different from their own. The program is coordinated by Mary Ann Rintuol and information is available at [UAB.CA/PLAY](http://UAB.CA/PLAY).

### **3.2 Academic Exchanges - OUTGOING**

6 through Faculty-led MOUs

4 through University MOUs (UAlberta-wide agreements)

Students	To	Agreement
3	Palacký University of Olomouc Czech Republic Winter 2018	Faculty MOU
3	Norwegian School of Sport Sciences Norway Fall 2017	Faculty MOU
1	University of Leeds United Kingdom Winter 2018	University MOU
3	University of Otago New Zealand Fall 2017 (1) Winter 2018 (2)	University MOU
10 Total # of outgoing FPER Exchange Students F2017 - W2018		

\*University MOUs are managed by University of Alberta International (UAI)

Source: UAI & KSR



### 3.3 International Practicums - OUTGOING

#### 5 Undergraduate International Practicum Placements

Students	To	Term
1	Norway	Fall 2017
1	China	Winter 2018
1	New Zealand	Winter 2018
1	USA	Winter 2018
1	USA	Winter 2018

International Practicum Placements are coordinated through the Undergraduate Practicum Supervisor, Stacey Laing.

### 3.4 Athletics International Engagement - INCOMING & OUTGOING

Varsity teams' international travel and events for competition and/or training (normally non-base funded):

Recruitment & Retention of International Student-Athletes	<ul style="list-style-type: none"> <li>● Golden Bear's Basketball - 3 (Arts, CSJ, KSR)</li> <li>● Golden Bear's Volleyball - 2 (KSR, Business)</li> <li>● Golden Bear's Track &amp; Field - 1 (KSR)</li> </ul> <p><i>This does not include all international student-athletes that participated with Athletics but it does include all who were recruited to attend the University of Alberta by Athletics.</i></p> <p>5 of the 6 were financially supported in 2017-18 with athletic scholarships.</p>
Golden Bears Volleyball	<ul style="list-style-type: none"> <li>● July 17 - 23, 2017</li> </ul> <p>High Performance Youth Championship in Ft. Lauderdale, Florida, USA.</p> <ul style="list-style-type: none"> <li>- Brock Davidiuk, Associate Coach, Men's Volleyball</li> </ul> <p>Co-coached the Canada Games provincial team down in the states summer 2017</p> <ul style="list-style-type: none"> <li>- Attendees included CG staff and athletes (15 members) from our side then about 40+ international teams at the tournament.</li> </ul>
Golden Bears and Pandas Swimming	<ul style="list-style-type: none"> <li>● July 23-30, 2017</li> </ul> <p>-Dusan Toth-Szabo, Head Coach of Golden Bears &amp; Pandas Swimming, attended the FINA World Swimming Championships as a professional development opportunity in Budapest, Hungary.</p>



Golden Bears and Pandas Swimming	<p>Dusan Toth-Szabo attended the following events as a Coach with Team Canada:</p> <ul style="list-style-type: none"> <li>● Senior Pan American Championships May 1-7 2018 in Lima, Peru</li> <li>● Cadet Pan American Championship May 23-28 2018 in Guatemala City</li> <li>● Cadet World Championships July 1-8 in Croatia</li> </ul>
Pandas Volleyball	<ul style="list-style-type: none"> <li>● August 14-28, 2017 FISU Games in Taipei City, Taiwan</li> <li>- Head Coach Laurie Eisler served as Team Leader of Women's Volleyball Team</li> <li>- Student-Athletes Kacey Otto, Meg Casault and Vanessa Jarman participated as members of Team Canada in the Universiade women's volleyball tournament.</li> </ul>
Cross Country & Track and Field	<ul style="list-style-type: none"> <li>● August 17-30, 2017 FISU Games in Taipei City - Taiwan</li> <li>- Sean Baynton, Head Coach Cross Country and Lead Endurance Coach Track &amp; Field</li> <li>- Endurance Coach - Canadian Athletics (Track &amp; Field Team)</li> <li>- Student-athletes Leah Walkeden, Paige Ridout &amp; Spencer Allen (current &amp; alumni) participated as members of Team Canada in the Universiade competition</li> </ul>
Pandas Rugby	<ul style="list-style-type: none"> <li>● November 2017 Student-Athlete Courtney Holtkamp</li> <li>- Participated in a tour of England (in Fall 2017) with the Rugby Canada Senior Women's National Team.</li> </ul>
Golden Bears Volleyball	<ul style="list-style-type: none"> <li>● Dec. 28, 2017 - Jan. 2, 2018.</li> <li>- Hosted Pepperdine University Men's Volleyball Team (18 players &amp; 4 staff) from Malibu, California at the University of Alberta.</li> <li>- All matches and training were held at the Saville Community Sports Centre. The event was combined training and coaching efforts between the two programs - very educational for both athletes and coaches. Then two official exhibition matches. This was all in Edmonton at Saville. Official exhibition matches were Dec. 29 &amp; 31.</li> </ul>



Golden Bears and Pandas Swimming	<ul style="list-style-type: none"> <li>● December 29, 2017 – January 7, 2018</li> <li>- Christmas team training camp in Tempe, Arizona, USA</li> </ul>
Pandas Rugby	<ul style="list-style-type: none"> <li>● March 1 – 2, 2018</li> <li>- Team participated in USA 7's Invitational with the team on the Collegiate 7's Div in Las Vegas, Nevada, USA</li> </ul>
Pandas Basketball	<ul style="list-style-type: none"> <li>● May 16 - 21, 2018</li> <li>- Scott Edwards, Head Coach, Women's Basketball attended the Women's National Basketball Association (WNBA) pre-season camp of the Washington Mystics in Washington, DC, USA</li> </ul>

This list is not exhaustive, and includes information shared with the International and Community Education office by Athletics and/or individual teams.

### ***3.5 Short-term international visits - OUTGOING***

December 4-8, 2017	Kerry Mummery Sean Cai  CHINA	Ongoing collaboration and research partnerships. Connect with university and faculty partners. Including meetings with Beijing Sport University, Shanghai University of Sport, Shanghai Municipal Education Commission, Nanjing Sport Institute, and Shanghai International Studies University
April 23 - May 4, 2018	Amber Mosewich  NORWAY	Teaching and international collaboration, research networking with Norwegian School of Sport Sciences.
May 12-19, 2018	Christine Ma Sean Cai  CHINA	Ongoing collaboration and research partnerships. Connect with university and faculty partners including Beijing Sport University, Nanjing Sport Institute, and Shanghai



Please note: the information on incoming and outgoing international visitors, researchers and other international initiatives that are compiled by the Office of International and Community Education is not exhaustive and relies partly on Faculty members and staff sharing information on international activities.

If you would like information on international activities you have been involved in to be included in future reports, please contact [KSRinternational@ualberta.ca](mailto:KSRinternational@ualberta.ca).

## **4.0 International Events and Programs**

### **4.1 Overview**

July-August 2017	International Summer School Program (ISSP)	<p>July 13 – August 9, 2017 Shanghai University of Sport, CHINA (19 students &amp; 1 chaperones) - Second year participation from SUS</p> <p>July 23 – August 13, 2017 Beijing Sport University, CHINA (24 students &amp; 1 chaperone) - Third year of participation from BSU</p>
August 2017	Administrator Program <i>(See Capacity Building Programs for details)</i>	<p>Wuhan Sports University, China August 13 - 25, 2017 (14 Administrators) - Pilot year of program</p>
October 2017 - April 2018	International Recreation and Sports Study Program (IRSSP)	<p>Beijing Sport University October 23, 2017 - April 15, 2018 (10 students). - Pilot year of program</p>

For more information or if you are interested to be involved with future KSR International School Programs, please contact [KSR.IntlSchoolPrograms@ualberta.ca](mailto:KSR.IntlSchoolPrograms@ualberta.ca) or Christine Ma [christine.ma@ualberta.ca](mailto:christine.ma@ualberta.ca).



#### ***4.2 International Summer School Program (ISSP) 2017***

2017 was the 3rd year of the ISSP. The ongoing development and management of the KSR International School Programs and visitor study programs are organized by program coordinators Sean Cai and Elaine Yip.

To strengthen relationships with our international partners, the International Community and Education (ICE) office offers short-term (non-credit) programs that are customized with content, and personalized for its international audiences. The International Summer School Program is successful each year thanks to the contributions, collaboration, and participation of various faculty members and professors. Some of the 2017 participating units included: Campus and Community Recreation, the Steadward Centre, and more.

Through academic work or contextual program learning experiences, we are proud to showcase and share our faculty's extensive and thriving areas of expertise. We look forward to continued participation of broader international audiences and universities.

#### ***4.3 International Recreation and Sports Study Program (IRSSP) 2017-2018***

In October 2017, the International and Community Education Office offered a pilot program for a short-term 5 month visitors program with a cohort of 10 students from Beijing Sport University, which ran until mid-April 2018.

The International Recreation and Sports Study Program (IRSSP) is comprised of three main components: Academics, Activities, and Experiential Learning. The program immersed students in KSR undergraduate academic classes and incorporated a Canadian-style integrated learning approach.

Students experienced our different classroom cultures, experiential lab work or seminar-style discussions. This program approach provided IRSSP students unique observational learning opportunities in KSR classrooms, as well as

This program also included a total of 595 hours of practicum-like, experiential learning opportunities thanks to the support of units including: Campus and Community Recreation (CCR), Work Physiology Lab, Sport and Health Assessment Centre (SHAC), Varsity Health, and more.



Over 15 professors, graduate students, instructors, faculty members, programmers, staff, and students contributed to this successful program. Another cohort from Beijing Sport University is expected in 2018-2019.

#### ***4.4 Capacity Building Training Programs (CBTP)***

This program includes specific training sessions in the Faculty's areas of expertise including: sports, recreation, facilities, and operations with specific groups of students or professors/administrators identified by their home institutions. The CBTP includes in-class modules or workshop sessions, combined with experiential training. The program will also include visits to recreational and cultural activities in and around Edmonton related to both the program and sports, but also to local tourist attractions.

### **5.0 Community Education Initiatives**

#### ***5.1 The Indigenous Sport and Recreation Certificate (ISRC)***

The Indigenous Sport and Recreation Certificate (ISRC) is designed for working professionals who want to further their knowledge in the areas of Indigenous studies, sport and recreation. The certificate is delivered using a combination of online instruction, and a one week, face-to-face learning experience.

The certificate is offered using a cohort model; students will complete the three courses and face-to-face learning experience together and will take the courses in the prescribed order over a 10 month period.

- The first cohort of the ISRC started in September 2017. There were over 25 applications, with 15 admissions, and 14 successful completions. The students' feedback was positive and powerful

The certificate supports the recommendations of The Truth and Reconciliation Commission Report which speaks directly to sport, education, and leadership including point number 89 - *We call upon the federal government to amend the Physical Activity and Sport Act to support reconciliation by ensuring that policies to promote physical activity as a fundamental elements of health and well-being, reduce barriers to sports participation, increase the pursuit of excellence in sport, and build capacity in the Canadian sport system, are inclusive of Aboriginal peoples.*



## ***5.2 The Sport and Recreation Management Certificate (SRMC)***

The Sport and Recreation Management Certificate (SRMC) was successfully approved by University Governance, the Board of Directors and the Ministry of Advanced Education in Spring 2018:

- This certificate will launch its first course(s) in Fall 2019
- This certificate includes 6 courses of which students are required to complete 4 courses
- Coursework is delivered in an online format

## ***5.3 Mountains 101 MOOC***

Mountains 101 continues to be a success with over 25,000 registered students to date, from over 120 countries worldwide.

- Mountains 101 is ranked as one of the top 50 MOOCs of all time on Class-Central and the #1 ranked Science and Environmental Science related MOOC in the world
- Mountains 101 also had a partnership with The Edmonton Public Library and Community Relations on campus. This included a free public lecture at the EPL Highlands Branch with Zac Robinson and David Hik

## ***5.4 Community Education – Outreach Initiatives***

The International and Community Engagement office has attended several conferences and workshops to support and promote Certificate programs, Mountains 101 and the Faculty in general:

- Health and Physical Education Council HPEC Conference 2018 in Calgary
- Ever Active Schools Shaping the Future Conference 2018 in Kananaskis
- Alberta Recreation & Parks Association ARPA Conference 2017 Lake Louise
- Aboriginal Physical Activity & Cultural Circle APACC 2018 - 6th Annual National Indigenous Physical Activity & Wellness Conference in Vancouver
- Alberta Future Leaders Day 2017
- Greater Edmonton Teachers' Convention Association (GETCA) March 2018





Jill Cameron is also a committee member on the ARPA Conference program planning committee to support the Indigenous Stream of this conference. She has also given lectures to Summer School Students each year on Mountains 101 and uses this as an opportunity to speak about online certificate courses.

## **6.0 Awards and Funding**

- NSSS Erasmus+ Programme funding for research, travel, and student mobility
- Palacký Erasmus+ Programme funding for research, travel and student mobility
- One International Undergraduate Student Award - awarded each year to one new international undergraduate (IDF paying) student in KSR
- Three International Undergraduate Student Athlete Awards
- Play Around the World program received the University of Alberta International (UAI) Education Abroad Group Award valued at = \$22,750; raised funds through the USEED crowdfunding campaign for \$20,195; as well as other fundraising activities = \$24,730 (approximately)
- Two Play Around the World students received the Royle Harris Play Around the World Award: Zianna Esmail (BScKIN) and Monique McFarlane (BARST)

## **7.0 International Agreements – Memorandum of Understandings**

- Yonsei University, South Korea – created September 2014, expires Sept. 2019
- Dual Doctoral Degree – approved in June 2016 and implemented
- Successful admission of first Dual Doctoral Degree student to KSR for September 2017
- Palacký University of Olomouc, Czech Republic – expires November 2018
- Shanghai University of Sport (SUS), China. Renewed - expires June 2018
- Norwegian School of Sport Sciences, Norway. Renewed, expires April 2021
- Loughborough University, United Kingdom. Student exchange agreement expires April 2021
- Beijing Sport University (BSU), China. Renewed, expires 2020



## **8.0 International Agreements – Memorandum of Understandings**

In 2017-2018 the International and Community Education office mentored two Faculty undergraduate practicum placement students, two International Student Work Experience Program (ISWEP) students, and one STEP-funded student, and provided employment for three casual student staff positions.

Our program will continue to support opportunities in work experiences, funding, and development for current KSR students, recent KSR alumni, and the UAlberta student community.



## F. Provincial Fitness Unit

### **1.0 Overview**

As a service centre in the Faculty of Kinesiology Sport and Recreation at the University of Alberta, the Provincial Fitness Unit coordinates 2 distinct programs and one nonprofit association to certify professionals who deliver exercise classes, exercise prescription and consultation, and to support physical literacy awareness and physical activity adoption in Alberta.

**Health and Fitness Program of Alberta (HFP) and Alberta Fitness Leadership Certification Association (AFLCA)** facilitate knowledge transfer, and support professionalism in the unregulated fitness and exercise sector. An important link between post-secondary, research and practice, the HFP and the AFLCA develop evidence-informed educational resources, and deliver professional development and certification (AFLCA) to recreation, fitness and exercise professionals. We also work regionally, nationally and internationally to support standards and registration for exercise professionals.

**The Be Fit For Life Network - Edmonton Centre** focuses its work on physical literacy and active living promotion through resource development and collaborative partnerships. The Provincial Fitness Unit Be Fit For Life Edmonton Centre is an active partner with the Greater Edmonton PLAY Great initiative among others, and delivered physical literacy programs and educational events to over 1,300 Albertans in 2017.

**Provincial Fitness Unit HFP Vision:** Albertans have access to safe, effective strategies to live healthy, active lifestyles.

**Provincial Fitness Unit HFP Mission:** We inspire our community to be physically active through advocacy and evidence-informed education, building strategic partnerships and by supporting professionalism in the exercise industry.

**AFLCA vision:** AFLCA accredited professionals inspire Albertans to practice healthy, active lifestyles.

**AFLCA Mission:** The AFLCA advances fitness/exercise leadership and consultation through education, accreditation and standards development, and by supporting and promoting a high level of professionalism in the industry.



**Be Fit For Life Vision:** Albertans are also knowledgeable, confident, motivated and have the skills they need to engage in physical activity for life.

**Be Fit for Life Network Mission:** We work collectively to inspire educate and support Albertans to lead healthy, physically, active lifestyles.

**A cornerstone of the Provincial Fitness Unit, The Health and Fitness Program** develops core resources used in the training and professional accreditation of exercise, fitness and physical activity professionals. Two resources in development (to be completed in early 2019), are the Strength and Conditioning for Youth learning module, and the Pregnancy and Post Natal exercise training module. We are also revising the Exercise Theory Manual, used as a core training resource across Canada.

The HFP also organizes and hosts Perspectives in Exercise Health & Fitness, a nationally recognized biennial conference. Perspectives has been a mainstay for knowledge transfer since the 1990s, drawing top academics and experts to deliver new research, and leading practice to those who will use it every day: fitness and exercise professionals, coaches, and trainers. In 2016 Perspectives hosted:

- 420+ delegates
- 25 + leading researchers and expert practitioners, including Dr. Martin Gibala, Dr. Stephen Norris, Dr. Tim Caulfield, and Olympian Chandra Crawford (2016)
- In 2018, five University of Alberta Faculty of Kinesiology, sport and recreation professionals presented at the conference – Dr. Loren Chiu, Michael Cook, Torstein Daehlin, Alex Game, Chris Sellar including Dr. Margie Davenport, who delivered the first public presentation of the Canadian guidelines for exercise throughout pregnancy to conference delegates.

The Provincial Fitness HFP works closely with the AFLCA-and the National Fitness Leadership Alliance of Canada, and the International Confederation of Registers for Exercise Professionals to develop standards and a Canadian system of registers for exercise professionals. This will support international portability for qualified exercise professionals and recognition of their value to the health and well-being of Canadians.

- Over 2,200 Alberta fitness/exercise professionals are registered, and their credentials are recognized across Canada, and internationally



Ongoing activities of the Provincial Fitness Unit HFP include:

- HFP provides evidence-informed resource development for the education and certification at all levels, including group exercise, recreation and community care workers, and personal trainers
- Support and development of an internationally recognized system of standards and registration of exercise professionals in Alberta and Canada
- Perspectives in Exercise Health & Fitness biennial Conference (2018, just completed, 2020 in planning)
- Ongoing advocacy for evidence-informed certification and accreditation for exercise, fitness and recreation professionals
- Support (coordination, planning) for AFLCA Fit Rendezvous annual Conference

### **Alberta Fitness Leadership Certification Association (AFLCA)**

The AFLCA is a mainstay for over 3,000 Alberta and NWT exercise professionals and practitioners to access evidence-informed education to earn/maintain professional accreditation. The Provincial Fitness Unit HFP /AFLCA have been approved as education providers by the American College of Sports Medicine, the National Fitness Leadership Certification Association, the Canadian Society of Exercise Physiologists, the National Strength and Conditioning Association, and the Canadian Parks and Recreation Association Certification program. Ongoing activities of the AFLCA include:

- AFLCA certification and recertification processing, delivery and management for 2,400+ practitioners
  - AFLCA certified exercise professionals work in 262 Alberta communities as personal trainers, group exercise instructors, child and senior care physical activity programmers
  - Over 300 AFLCA courses delivered annually
  - Over 1,000 certification exams written annually
- Fit Rendezvous annual conference, (400+ delegates, volunteers and presenters each year)
- Support Perspectives in Exercise Health & Fitness Program (funding, and staff)
- AFLCA is the founding member of the National Fitness Leadership Alliance supporting registration and standards for exercise and fitness professionals
- 2 annual applied 1-day workshops to exercise professionals, child and senior care workers



- Agency, trainer and program manager networking information sharing meetings across Alberta (three in 2017)
- The AFLCA supports private industry, entrepreneurs to deliver courses which meet AFLCA standards
- Communication activities: in person telephone and email, newsletter (electronic) Fitness Informer articles, podcasts
- Delivery of exams, accreditation courses and practical assessments

## **Be Fit For Life Edmonton Centre**

Two unique initiatives of the Edmonton Centre: New Future Leaders and PLAY Great

Each spring, Be Fit For Life is introduced as a partner to the new Future Leaders and their host community liaisons at their training sessions. This year, we supported the sharing of Traditional Games at the Bissell Centre's family camps at Wabamun Lake. Edmonton BFFL provided two sessions for families to learn two traditional games at the camp in the summer of 2017.

PLAY Groups: Physical Literacy and You

The Edmonton Be Fit For Life centre supports the work of the regional PLAY Great, Greater Edmonton Area Team through active participation, resource development expertise and leadership. Play Great trains front line staff in physical literacy policy development, programs and services.

Over the 2018-2019 year, BFFL Edmonton will support PLAY GREAT to extend the local physical literacy conversation beyond Edmonton with four webinars by local expert, and University of Alberta professor emeritus, Dr. Vicki Harber. The focus of the four sessions is on connecting Social Emotional Learning and Physical Literacy.

In 2017-2018, BFFL Edmonton delivered 36 active workshops and events to 1385 participants across Alberta.



## **2.0 Provincial Fitness Unit and Faculty Strategic Priorities**

### **2.1 Faculty Strategic Priority: Talented People**

The Provincial Fitness Unit team supports collaboration in resource development and engages with community partners sitting on a number of regional, provincial and national committees. Examples include SHAPE (safe healthy active people everywhere), NFLA (National Fitness Leadership Alliance), Play Great (Physical Literacy and You – Greater Edmonton), ICREPs (International Confederation of Registers of Exercise Professionals). Our staff holds professional accreditations and industry certificates to support our work in resource development and delivery and professional and practitioner accreditations.

### **2.2 Faculty Strategic Priority: Communication**

*The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.*

#### Publications

The Provincial Fitness Unit publishes the Fitness Informer, a trade journal and knowledge translation tool, providing applied articles, podcasts and information from expert practitioners, on leading practice and new research. Our current circulation includes 2700 certified exercise-fitness professionals, community practitioners, and our partners in advocacy. Fitness Informer articles received over 3,264 views in 2017.

2017-18 articles include:

- Ongoing Refinement of the Physical Activity Readiness Questionnaire for Everyone: Evidence-based screening for risk mitigation in physical activity participation; PAR-Q+ Collaboration Team
- SIT, HIT, Fit: The Science Behind Interval Training, Dr. Tish Doyle-Baker
- Increasing Awareness of Para sport Programs for Individuals Living with Impairments, Julia Lema, BKn, Head Coach The Steadward Bears Para-swimming team, and Jessica Ferguson, BKin, Athlete Development, The Steadward Centre for Personal And Physical Achievement, University of Alberta



## Podcasts:

- Training and Testing the core, Michael Cook, Head Coach, Sport Conditioning, Manager, ASDC Capital region, Green & Gold Sport System, Faculty of Kinesiology, Sport and Recreation, University of Alberta
- 2019 Canadian Guidelines for Exercise Throughout Pregnancy, Dr. Margie Davenport, Director, Program for Pregnancy and Post-Partum Health, Associate Faculty, University of Alberta Faculty of Kinesiology, Sport and Recreation

## Digital Communication

The Provincial Fitness Unit / AFLCA websites, ([www.provincialfitnessunit.ca](http://www.provincialfitnessunit.ca)), [www.befitforlife.ca](http://www.befitforlife.ca) ) e-newsletters, and social media seek to establish a reliable source for information about physical activity, professional development opportunities, physical literacy and exercise prescription/consultation. We also answer over 50 telephone calls, and emails daily to individuals seeking information about physical activity, certification, or where to find certified exercise/fitness professionals. Through our communication channels we support stakeholders and practitioners throughout the province.

In 2017-18, The Provincial Fitness Unit/AFLCA:

Website: [www.provincialfitnessunit.ca](http://www.provincialfitnessunit.ca)

- 62,400 visitors
- 44,400 unique visitors
- *BFFL website – [www.befitforlife.ca](http://www.befitforlife.ca)*
- *30, 100 – total page views*
- *8,811 unique visitors*

Social media:

HFP/AFLCA :

- 691 Facebook followers, 1K average weekly reach
- 1,051 Twitter followers; 16.5K average monthly impressions

BFFL\*

- total twitter impressions, 32,700 (2017-18)

\*stats include all 9 BFFL centres

Provincial Fitness Unit HFP/ AFLCA Enews:



Faculty of Kinesiology, Sport, and Recreation Faculty Report 2017-2018  
Published January 2019 – for current version of report, visit [uab.ca/ksr](http://uab.ca/ksr)  
Document is subject to change



- 180 (these include accreditation reminders, information about upcoming professional development, and the Fitness Informer)
- 5,449 total subscribers (stakeholder groups, practitioners, conference delegates, agencies and facilities, students, certified members, etc.)

### **2.3 Faculty Strategic Priority: Resource Management Allocation**

*The Faculty will align operational income with the strategic goals of the Faculty.*

#### **Provincial Fitness Unit**

##### **income sources**

Alberta Culture and Tourism:	\$152,000
Alberta Sport Connection	
Bilateral funding:	\$150,000
Conferences:	\$71,308
Provincial Fitness Unit revenue generation activities (certification, events, workshops and PD):	\$427,915
<b>Total revenue opportunities 2017:</b>	<b>\$729,915</b>

### **2.4 Faculty Strategic Priority: Exemplary Student Experience**

*The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).*

Provincial Fitness Unit conferences and workshops are attended by graduates of kinesiology post-secondary programs across Alberta. We estimate approximately 1/3 of the attendees are University of Alberta, Faculty of Kinesiology, Sport and Recreation graduates. Provincial Fitness Unit conferences and workshops reach annually over 1,000 professionals. University of Alberta faculty engage as presenters\*, and are invited to encourage their students to participate in the conference. The Provincial Fitness Unit presented to over 200 Faculty of Kinesiology, Sport and Recreation students, to discuss professionalism, traditional games and accreditation pathways post-graduation. (\*In 2018, five University of Alberta faculty presented at Perspectives in Exercise Health and Fitness Conference, bringing students and co-researchers.)



The BFFL Edmonton Centre is one of a Network of 9 Be Fit For Life Network centres housed at Alberta post-secondary institutions: Keyano College, Grande Prairie Regional College, University of Alberta (Provincial Fitness Unit), Lakeland College, Portage College, Red Deer College, University of Calgary, Lethbridge College, Medicine Hat College.

### **2.5 Faculty Strategic Priority: Collaboration and Integration**

*The Faculty will focus on the clear articulation and development of the “Alberta Model”, which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.*

The Provincial Fitness Unit/AFLCA has long-established relationships with post-secondary institutions across Alberta, delivering curriculum, supporting professional certification post-graduation, and engaging in professional development workshops and conferences. Our conference committee includes Faculty from the University of Alberta, University of Calgary, Mount Royal University, and NAIT, among others. Our conferences support leading researchers from post-secondary institutions across North America. In 2018 five University of Alberta faculty of Kinesiology, Sport and Recreation were among 27 researchers and expert practitioners who delivered research and expertise, and supported their students to attend the conference. Faculty regularly contributes to the development of Provincial Fitness Unit resources, and workshops.

*The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.*

The Provincial Fitness Unit Health and Fitness Program represent Canada, and serves as vice-chair at the [International Confederation of Registers for Exercise Professionals](#).

The Provincial Fitness Unit/AFLCA have a longstanding relationship with the research team responsible for the ongoing development of the [PAR-Q+, and e-PARMed-x](#) (PAR-Q+ collaboration team: Dr. Darren Warburton, Dr. Norman Gledhill, Dr. Veronica Jamnik, and Dr. Shannon Bredin).

The Provincial Fitness Unit/AFLCA is an active member of the [National Fitness Leadership Alliance of Canada](#), working to develop professional standards and registration for exercise professionals.



AFLCA and Be Fit For Life resources are used across Canada and internationally. Resource sales and new program development is ongoing as the Unit's talented people and programs continue to be recognized for their expertise.

The Provincial Fitness Unit is a member of many committees, and organizations to support physical activity and physical literacy, health, fitness, sport and recreation across Alberta, Canada, and Internationally:

- National Fitness Leadership Alliance of Canada (National)
- Alberta Active Living Partners steering committee (Provincial)
- The Steadward Centre education advisory committee (Regional)
- College advisory committees (2)
- International Confederation of Registers for Exercise Professionals –Vice Chair (International)
- Fitness Industry Council of Canada not for profit member(National)
- Northwest Territories Recreation and Parks Association (Regional)
- Arthritis Society & Parkinson Society (Provincial)
- Be Fit For Life Network (Edmonton Centre, and PSI for Provincial Network coordination)

### ***2.6 Faculty Strategic Priority: Differentiation through Innovation***

*The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.*

The Provincial Fitness Unit Health and Fitness Program/AFLCA are strong community advocates, and have spearheaded the development of standards and the professional registration of exercise professionals in Canada. This will support a seamless registration system across North America, ensuring national and international recognition of qualifications. A professional register will provide assurance in the unregulated physical activity industry, and provide a transparent standard by which qualified exercise professionals' expertise and credentials can be recognized.

The HFP/AFLCA lead Canada in the delivery of certification and professional development for fitness and exercise professionals. Our resources are used across Canada as core education materials. We continually update our resources to align with new research and evidence. In 2018, working with advanced researchers and practitioners, we will be delivering a new Exercise Theory Manual, and two new



professional accreditation resources: Strength and Conditioning for Youth, and Pregnancy and Post Natal Exercise training manual.

AFLCA and Provincial Fitness Unit HFP conferences and workshops support leading researchers to reach practitioners each year, providing a stable bridge from research to practice in Alberta and Canada. The 2018 Perspectives in Exercise Health & Fitness Conference was the platform for the first public delivery of the 2019 Canadian exercise guidelines throughout pregnancy.

The BFFL centre uses a network approach, bringing people, organizations and resources together to support Alberta communities in the development of physical literacy. Their active collaboration reaches across Alberta to support physical literacy awareness, and the adoption of healthy active lifestyles.



## G. The Steadward Centre for Personal & Physical Achievement

### **1.0 Overview**

The Steadward Centre (TSC) serves as a research, teaching and service delivery unit within The Faculty of Physical Education and Recreation at the University of Alberta to facilitate engagement in physical activity, fitness and sport for individuals experiencing disability. A dedicated team of staff, students and volunteers provided opportunities for over 766 individuals living with impairment to achieve their personal fitness, physical activity and/or athletic goals across The Steadward Centre's five key program areas— *Adult Fitness and Recreation, Athlete Development for Parasport, Community Exercise Transition Program, Free2BMe Physical Activity for Kids and Teens with Disabilities, and Functional Electrical Stimulation (FES) exercise*. An additional 600 students and professionals were reached through 50 community workshops.

With the generous support of Alberta Sport Connection, community foundations, community grant programs, corporate and individual donations, the Centre served 455 children and youth, 311 adults and 76 athletes living with impairment ranging in age from 3-85 years. A team of 8 full-time staff and seventeen part-time instructors facilitated all activities and functions of the Centre from research, programming, volunteer coordination, fund development and administration. A total of 231 students gained experience in the Centre through practicum placements, CSL credit courses and volunteer placements—contributing an astonishing 7694.9 hours to the Centre's programs and services.

The year 2018 marked a significant milestone for The Steadward Centre, celebrating its 40<sup>th</sup> anniversary. The 40<sup>th</sup> Anniversary Gala was held in June to honour the legacy and tremendous work of its founder, Dr. Robert Steadward, and raise awareness and funds to continue with its important work.

### **Vision and Mission**

The Steadward Centre (TSC) vision and mission support the achievement of the Faculty of Physical Education and Recreation's (FPER) vision and priorities, as well as those of the University of Alberta.

### **Mission**

Inspire individual achievement in Adapted Physical Activity and Parasport by conducting and applying innovative research, widely sharing expert knowledge and delivering highly successful programs for individuals experiencing disability.



## Practical Vision

The Steadward Centre is a hub for pioneering, high-caliber, research –based Adapted Physical Activity and Para-sport development. Supported by:

- Embedded Research and Teaching
- Integrated Continuum of Physical Activity, Fitness and Sport Opportunities
- Comprehensive Athlete Development Pathway
- Strong Strategic Partnerships
- Progressive Funding Framework

## **2.0 The Steadward Centre and Faculty Strategic Priorities**

### ***2.1 Faculty Strategic Priority: Talented People***

Director	1.0 FTE	Master's degree
Manager/Program Coordinator	2.0 FTE	2 undergraduate degrees
Adapted Physical Activity Consultants	3.0 FTE	3 undergraduate degrees
Athlete Development Coaches	2.0 FTE	4 undergraduate degrees
APA Instructors/Floor Monitors	6.0 FTE	7 current KSR undergraduate students 3 undergraduate degrees (1 current after degree student and 1 master's student)
Support Staff – Financial/Admin	2.0 FTE	1 undergraduate degree 1 college diploma

Staff holds the following professional certifications:

Certified Exercise Physiologist (CSEP-CEP)	2.0 FTE
Certified Personal Trainer (CSEP-CPT)	2.0 FTE
Registered Kinesiologist	3.0 FTE
National Coaching Certification Program (NCCP)	2.0 FTE



*The Faculty will support and initiate strategies to provide professional development opportunities for faculty and staff.*

The Steadward Centre staff completed continuing education credits, presented and attended professional development sessions within the following professional areas:

- Alberta Kinesiology Association
- Alberta Therapeutic Recreation Association
- Alberta Fitness Leadership Certification Association
- Alberta Recreation & Parks Association
- American College of Sports Medicine
- Canadian Society for Exercise Physiology
- Canadian Therapeutic Recreation Association
- Physical and Health Education (PHE) Canada
- Restorative Therapies Functional Electrical Stimulation

### Community Engagement

Staff from The Steadward Centre is committed to collaboration and engagement with community partners, serving on a variety of committees with the goal of increasing the breadth and scope of physical activity opportunities for individuals experiencing disability within the Capital Region and across the province of Alberta.

### Committees

<b>Committee</b>	<b>Coordinating Body</b>	<b>TSC Representation</b>
Accessibility Advisory Committee	City of Edmonton	Jessica Ferguson
Accessibility Advisory Committee	University of Alberta	Caitlin Wheeler
PLAY GREAT (Physical Literacy and You-Greater Edmonton)	PLAY GREAT	Bronwyn Corrigan Philip Krol
International Day for Persons with Disabilities Planning Committee	City of Edmonton	Jessica Ferguson
A Wealth of Volunteers	The Steadward Centre	Philip Krol (Chairperson) Scott Durocher Jessica Ferguson Scott Forrester Tyler Gerry



AltaStim Southern Alberta Steering Committee	University of Calgary	Jessica Imppola Scott Durocher
Alberta FES Interest Committee	Glenrose Rehabilitation Hospital & SCITCS	Karen Slater
InterAgency	InterAgency	Scott Durocher Jessica Ferguson

## **2.2 Faculty Strategic Priority: Communication**

*The Faculty will proactively communicate its goals and achievements to internal and external stakeholders in accordance with internal and external strategic communication plans and respond to articulated business needs.*

The Steadward Centre uses a website, e-newsletters and social media (Facebook, Twitter and Instagram) to communicate with students, participants, current and potential donors and community partners. The Centre distributes an annual report to all stakeholders. The Centre receives annual media exposure through print, radio and television.

Media Exposure 2017-2018:

- Free2BMe Gala 2017 Interview- Karen Slater, Centre Director & Dr. Bob Steadward, Founder Global Television (June 2017)
- *Why Jenny Smiles*, Changing Lives Week- University of Alberta. (January 2018)  
<https://www.ualberta.ca/giving/giving-news/2018/january/why-jenny-smiles>
- Edmonton Oilers Hockey Helps Kids Program featuring Dan Knott Schools video in support of Free2BMe <https://hockeyhelpskids.com> Video aired at Edmonton Oilers Hockey Game (February 2018)

## **2.3 Faculty Strategic Priority: Resource Management Allocation**

*The Faculty will align operational income with the strategic goals of the Faculty.*

As an academic Centre, The Steadward Centre receives lights on funding from the Faculty of Physical Education and Recreation. All operating dollars are secured through a diverse funding strategy. Base funding is provided by Alberta Sport Connection in the amount of \$534,200.00. The remainder of the approximate \$1 million operating budget





is received through provincial and municipal granting programs, community foundations, service groups, donations and program participation fees and services.

Last year the Centre received external funding through grants and donations totaling \$744,566.

#### **2.4 Faculty Strategic Priority: Exemplary Student Experience**

*The Faculty will increase the experiential learning at both the graduate and undergraduate levels, through integration with Faculty Operations, Campus Recreation, Athletics and Faculty Centres and Institutes (Alberta Model).*

Professional practicum placements, community service-learning (CSL) credits, volunteer placements and research participation comprise the many different ways in which undergraduate and graduate students gain rewarding applied learning experiences within The Steadward Centre (TSC).

As an academic centre within The Faculty of Physical Education and Recreation at The University of Alberta, TSC provided a wide range of learning opportunities and volunteer experiences through our programs. Students completing degrees across a variety of disciplines: physical education and recreation, sports and tourism, kinesiology, education, science and the arts all took advantage of the breadth of learning and mentoring opportunities offered at the Centre.

In the 2017-2018 academic year the Centre supported 231 students across five program areas: Free2BMe Physical Activity for Kids and Teens with Disabilities; Adapted Fitness Programs for Adults; Athlete Development for Paraspport; Community Exercise Transition Program, and Functional Electrical Stimulation (FES) Exercise Program.

#### Undergraduate Students

Students studying in related fields from post-secondary institutions across the province received training in Adapted Physical Activity through TSC. Nine full-time practicum students from the University of Alberta benefited from 14 weeks of applied work experience across all aspects of the Centre. The Centre continues to serve as a designated community service-learning partner. A total of 73 U of A students completed community service-learning (CSL) requirements. In addition to students from our Faculty's senior-level Adapted Physical Activity courses, students enrolled in a Play Leadership course, and registered in the Honours Psychology program also completed CSL placements within our programs.



Students were instrumental in the implementation and delivery of student-led program models throughout the Centre. Students worked alongside adult Centre members to progress individual exercise programs and introduce a variety of adapted physical activity and Para-sport opportunities to individuals experiencing disability. Another group of energetic students served as PALS for children and youth participating in Free2BMe's 1:1 motor skill development programming. Students also actively engaged with the Athlete Development for Para Sport program and the Community Exercise Transition Program.

Students eagerly joined The Steadward Centre team by taking part in the Physical Activity Led by Students (P.A.L.S.) programs. P.A.L.S. enables us to offer more opportunities for children, youth and adults to receive individualized instruction in fitness, fundamental movement skills and sport. Students worked alongside adult members to progress individual exercise programs and introduce a variety of Adapted Physical Activity and Para-sport opportunities to individuals experiencing disability. Another group of energetic students served as PALS for children and youth participating in 1:1 motor skill development programming within Free2BMe.

### Graduate Students

The Steadward Centre supports graduate students by providing opportunities for clinical field placements (Physical Therapy) and the facilitation of independent research studies. Two graduate students completed participant recruitment activities and collected research data in the Centre this past year. The Steadward Centre participated in the Graduate Student Internship Program (GSIP) during the summer of 2017, which resulted in grant writing support.

### ***2.5 Faculty Strategic Priority: Collaboration and Integration***

*The Faculty will focus on the clear articulation and development of the "Alberta Model", which emphasizes the use of an integrated faculty model to achieve the overall scholarly objectives of the Faculty and the broader institution.*

The Centre serves as a vibrant and practical learning environment for students studying across the many disciplines encompassed by the Faculty. Undergraduate students gain applied learning experience through practicum placements and coursework, while graduate students conduct research studies related to graduate level thesis work.



Additionally, the Centre operates with both a Scientific Advisory Committee and Education Advisory Committee. Each committee is comprised of professors/ researchers, instructors and practitioners in the area of Adapted Physical Activity from across the province including institutions such as: Mount Royal University, Red Deer College, Grande Prairie Regional College, the Glenrose Rehabilitation Hospital and the Provincial Fitness Unit. Individuals from across these institutions work together sharing insight, experience and expertise to further advance the teaching, research and community service activities within The Steadward Centre.

*The Faculty will increase its national and international profile and reputation through meaningful formal strategic partnerships with leading institutions across Canada and around the world.*

The Steadward Centre continues to grow its reputation nationally and internationally through connections with similar Centres throughout the world including those in the Czech Republic, China, Korea, Ireland, Norway, and the United States.

*The Faculty will develop the inherent strength of resources and programs on its South Campus to provide meaningful teaching, research and community engagement opportunities.*

The Steadward Centre established a partnership with the Saville Community Sports Centre (2008) to enhance the accessibility and inclusion of people experiencing disability within the fitness centre located on South Campus. In 2011, two pieces of Functional Electrical Stimulation (FES) exercise equipment (RT300 cycle and RT200 elliptical) were introduced making the Saville Community Sports Centre the only community based fitness facility in Canada to offer FES exercise programs for people living with paralysis. This past year over 50 individuals living with impairment held memberships at the Saville Centre. The Centre's Community Exercise Transition team provided staff training at South Campus and initiated a student volunteer base to enhance the inclusion and accessibility of South Campus.

Additionally, the Centre's Athlete Development Program for Para Sport provided high performance strength and conditioning training for provincial, national and Paralympic level athletes out of the High Performance Training and Research Centre on South Campus. The Steadward Bears Para-swim team, in partnership with Olympian Swim Club, supported 10 athletes who competed in 12 meets in total. Overall, 44 swimmers participated in both performance and development groups. Within the Steadward Bears



Para-athletics program, 11 athletes developed skills in track and seated throwing events. Five athletes attended local competitions and two para-athletics development camps were held, attracting athletes from across the Greater Edmonton area.

### **2.6 Faculty Strategic Priority: Differentiation through Innovation**

*The Faculty will be bold in terms of innovation in teaching, research and community service, seeking to establish new standards and approaches in the field that will be emulated by others.*

The Steadward Centre prides itself in its ability to disseminate knowledge through research activities, student teaching, professional workshops, presentations and the facilitation of coaching certifications in fundamental movement skills.

#### Research/ Discovery

The Scientific Advisory Committee comprised of researchers from across the Faculty of Physical Education and Recreation (UofA), Faculty of Rehabilitation Science (UofA) and the Glenrose Rehabilitation Hospital met three times this past year.

The Steadward Centre played host to a variety of research studies over the course of the year, supporting researchers and graduate students with participant recruitment, data collection and knowledge dissemination across a variety of topics in the field of Adapted Physical Activity.

**The Centre has supported in the recruitment of research participants for the following studies:**

- Abilities Centre and University of Ontario Institute of Technology (UOIT) – Canadian Disability Participation Practitioner Project (CDPP)
- Alberta Diabetes Institute—Adapting the Exercise-Physical Activity and Diabetes Glucose Monitoring (E-PARA DIGM) protocol for people with Spinal Cord Injury (SCI)

**The Steadward Centre has been actively supporting the following studies:**

- Dr. Dave Collins - Reducing Fatigue of Electrically-Evoked Contractions after Spinal Cord Injury
- Dr. Dave Collins – A comparison of four ways to deliver FES to improve ride times during cycling



- Kyle Pushkarenko (Graduate Student) & Dr. Janice Causgrove Dunn- Physical literacy for children diagnosed with autism spectrum disorder: Exploring perceptions of parents to establish continuity and consistency of practice
- Chantelle Zimmer (Graduate Student) & Dr. Janice Causgrove Dunn- The experience of stress and coping in physical education for elementary school children with movement difficulties

### CanCon 2018

In spring 2018, The Steadward Centre hosted CanCon 2018: A Canadian Conversation about Functional Electrical Stimulation (FES). The first of its kind, this conference gathered nearly 100 students, researchers, and FES participants from across Canada for a variety of poster presentations, talks, and discussions related to FES.

### Teaching/Learning

Course	Description	Number of Students	Principal Instructor
KIN 472: Active Living for Persons with Physical Impairment	Emphasis on the delivery of adapted physical activity services to individuals living with physical impairment, with a focus on the theoretical frameworks that guide professional practice.	Lab Component: 19 (Fall 2017) 12 (Winter 2018)	Karen Slater
Professional Practicum Placement, University of Alberta	Full or part-time non-paid work experience program for senior level students in the Faculty of Physical Education and Recreation.  The Steadward Centre serves as a practicum placement site for students with an interest in adapted physical activity, sport science, recreation therapy, physical education, and/or rehabilitation medicine.	9 (full-time University of Alberta students)	Practicum Student Supervisors: Scott Durocher/Caitlin Wheeler Bronwyn Corrigan Jessica Ferguson



<p>Community Service Learning:</p> <ul style="list-style-type: none"> <li>• PEDS 471: Active Living for Individuals living with Developmental Impairment</li> <li>• PEDS 472: Active Living for Individuals living with Physical Impairment</li> </ul>	<p>The Steadward Centre is a designated Community Partner for Community Service-Learning (CSL) at The University of Alberta</p>	<p>73</p>	<p>Centre-wide initiative</p>
<p>NCCP-FMS Certification</p>	<p>National Coaching Certification Program's Fundamental Movement Skills Workshops: Course focuses on 7 fundamental movement skills</p>	<p>One session held 8 Students completing certification</p>	<p>Bronwyn Corrigan Philip Krol Stephanie Liew</p>

### Presentations

**Wheeler, C.** (2017). The role of assessments for an Adapted Physical Activity Consultant. Guest Lecture PERLS 370, Faculty of Kinesiology, Sport, and Recreation, University of Alberta, Edmonton, Alberta.

**Slater, K.** (2017). The Steadward Centre for Personal & Physical Achievement: A community Adapted Physical Activity Model. PROBUS Club of Edmonton, Royal Mayfair Club, Edmonton, Alberta.

**Wheeler, C. Chaput, S., Imppola, J., Lema, J., Miyanaga, K.** (2017). Choosewell Fund Community Adapted Physical Activity Workshop Series.

**Corrigan, B.** (2017). Introduction to the Free2BMe program and interdisciplinary approach to programming for children experiencing disability. Guest Lecture, Faculty of Rehabilitation Science, Edmonton, Alberta.



**Durocher, S.** (2018). Adapted Physical Activity and the certified personal trainer. Guest Lecture, NAIT Personal Fitness Trainer Program, Edmonton, Alberta.

**Slater, K.** (2018). Becoming an effective leader- It's definitely about the journey. Guest Lecture, Faculty of Kinesiology, Sport, and Recreation, RLS 122, Edmonton, Alberta.

## **Community Service/ Citizenship**

Over 766 unique participants were involved in one of our five vibrant programs: Adapted Fitness Programs for Adults (239), Athlete Development for Para-sport (76), Community Exercise Transition Program (20), Functional Electrical Stimulation (FES) Exercise Program (52) and Free2BMe Physical Activity Programs for Kids and Teens with Disabilities (455).

### Community Exercise Transition Program

The Steadward Centre continues to work with individuals in the community to create inclusive, welcoming fitness and recreation facilities for all who choose to participate.

### Athlete Development

The Steadward Bears Parasport program expanded this year to include Para-athletics. Athletes learned new skills both on the track—wheelchair racing, sprint events; and in the field—seated throws events; during the inaugural spring 2016 outdoor session and winter 2017 indoor session.

The Steadward Bears Para-swim team was delighted to team up with Olympian Swim Club (OSC). This partnership ensured all swimmers were registered with Swim Alberta and supported the integration of a few of the Steadward Bears into additional training sessions with OSC. The Steadward Bears revealed new names for their program streams—the *performance* group and *development* group. Irrespective of the group, a total of 44 swimmers proudly supported each other at practice, at meets and in the 'gym' during the brand new weekly activation sessions.

### Adapted Fitness Programs for Adults

A diverse offering of individualized and group instructional programs continues to create more opportunities for adults living with impairment to choose the way they move. In partnership with Campus Community Recreation, program participants as



young as 15 and as experienced as 80 years old, stretched it out in yoga class and danced their way to good fitness during adapted Zumba.

Many adult participants have chosen to take their programs to new heights with individualized personal training sessions. Participants chose to work alongside one of our exercise specialists or to workout with their very own P.A.L.—Physical Activity Led by Students.

### Free2BMe Physical Activity Programs for Kids and Teens with Disabilities

Taking full advantage of the brand new activity spaces, the Free2BMe program continues to serve a unique need in our community by providing children and youth living with impairment and their families with the opportunity to play, learn and grow through physical activity and sport. The program was able to continue to offer a variety of programs to 455 program participants. Free2BMe was proud to host a variety of school and community groups through its Active Schools Initiative.

### Functional Electrical Stimulation (FES) Exercise

With the support of its community partners such as SCITCS, Faculty of Rehabilitation's Corbett Hall Student Clinic, Saville Community Sports Centre and the Don Wheaton YMCA, the FES cycling program is thriving. Providing access at all levels—from assessment to community participation. FES cycling across the province continues to grow and evolve under the Centre's AltaStim program. We are also pleased to support FES in the province by actively participating on the Alberta FES Interest Committee hosted by the Glenrose Rehabilitation Hospital.

### Community Engagement

The Centre conducted over 15 community workshops, in-services, educational tours and guest lectures over the last year. We estimate that this expands the Centres reach to include an additional 100 professionals and students who have received support from the Centre.

### Acknowledgements

The Steadward Centre recognizes the generous support of the following agencies:

- Alberta Government
- Alberta Sport Connection





- Angus Watt Advisory Group
- AW Design Group
- Butler Family Foundation
- Canadian Paralympic Committee
- Chateau Lacombe Hotel
- Children's Ability Fund
- City of Edmonton
- CVS Controls Ltd
- Dental Choice
- Dr. Thomas & Melanie Nakatsui
- Edmonton Civic Employees Charitable Assistance Fund
- Edmonton Eskimos
- Edmonton FC
- Edmonton Oilers Community Foundation
- Edmonton Public Teachers
- Ex Nihilo Vineyards
- Fairmont Banff Springs
- Global Edmonton
- Insight Insurance
- Intelytics
- John & Judy Cosco
- Melton Foundation
- Orthotic Abilities
- ParticipACTION
- TELUS
- The Lingnan
- West Jet
- Westrich Pacific Corp.
- Yogalife

