

PRESENTERS' BIOGRAPHIES

Dossetor Centre Health Ethics Symposium

MORAL DISTRESS: Caring for Those Who Care

Friday, November 27, 2020

Wendy Austin

Wendy Austin, BScN, MEd (Counselling), PhD, is Professor Emeritus with the Faculty of Nursing and the John Dossetor Health Ethics Centre, University of Alberta. Dr. Austin held a Canada Research Chair in Relational Ethics in Health Care from 2003-2013. Her research is interdisciplinary in scope and explores the core elements of relational ethics and their application in healthcare environments, including the global community. A relational ethics approach opens questions about the embodied, ethical practice of healthcare practitioners and, with colleagues, she has researched phenomena such as moral distress and compassion fatigue. A study of the moral distress of paediatric intensive care teams, funded by CIHR, and with which Dr. Daniel Garros was a Co-Investigator, has been dramatized as a film, *Just Keep Breathing*. Research on compassion fatigue, funded by SSHRC, is published in book form: *Lying Down in the Ever-Falling Snow: Canadian Health Professionals' Experience of Compassion Fatigue*. She is the Canadian editor of the first Canadian psychiatric nursing text, *Psychiatric and Mental Health Nursing for Canadian Practice*, its 4th edition released in 2018.

Erin Burton

Erin Burton, RN, has called the David Schiff Neonatal Intensive Care Unit (DS NICU) her nursing “home” since 2010. She is the Co-lead and a Founding member of the DS NICU Critical Incident Stress Management (CISM) team. She also works within Bereavement for Perinatal Loss out of the Royal Alexandra Hospital and Stollery Children’s Hospital. She cares deeply for her patients and their families but also for the team around her that helps her to do her job each day. She states, “I took little convincing to know that CISM was needed for our team to create ‘care for the caregiver’ and to create an opportunity for improved care for our patients. I happily share that I am a co-lead for the DS CISM team today and hopefully for a long time to come.”

Paul Byrne Paul Byrne, MB, is a Clinical Professor in the Department of Pediatrics and John Dossetor Health Ethics Centre, University of Alberta, as well as a Neonatologist in the Northern Alberta Neonatal Program. His work in NICU consists of administrative leadership, clinical service and teaching residents, nurses and medical students. Dr. Byrne is involved in research projects on ethical decision making in perinatal medicine. In addition, he is an expert consultant for the health ethics consultation services at the University of Alberta and Stollery Children's Hospitals and the Mazankowski Alberta Heart Institute. He teaches health ethics to a wide variety of health care professionals and lay groups. Dr. Byrne is the recipient of the Canadian Medical Association 2015 CMA Dr. William Marsden Award in Medical Ethics. He is currently winding down his clinical practice to focus on other things in life.

Gary Frank Gary Frank, RN, is a Clinical Lecturer at the John Dossetor Health Ethics Centre, University of Alberta. He has been a nurse consultant and palliative care resource nurse at the Royal Alexandra Hospital for the past two years. Prior to that he held a similar position at the University of Alberta Hospital for 15 years after having worked as a hospice manager, community palliative care consultant, bedside nurse, psychiatric nurse, and Special Education teacher over the first 20 years of his career. He was a member of the Clinical Ethics Committee while at University of Alberta Hospital and is currently a member of the Royal Alexandra Hospital Clinical Ethics Committee.

Daniel Garros Daniel Garros, MD, is a Canadian-Brazilian PICU attending/staff physician at the Stollery Children's Hospital and Clinical Professor, Department of Pediatrics and Associate Clinical Professor at the John Dossetor Health Ethics Centre, University of Alberta. Dr. Garros is the Quality Assurance and Safety lead, as well as the PICU Bereavement Committee Co-lead and is responsible for the PICU database. He is a member of hospital wide Ethics Committee and the Stollery Child Health Quality Assurance, Improvement and Patient Safety group. He has publications on moral distress in the PICU, end-of-life care in pediatrics, high flow nasal cannula, AKI and ECLS (Renal Replacement Therapy and ECMO). His research interests include respiratory failure, ECMO, end-of-life care, bereavement, medical ethics, professional wellbeing, and quality and safety in health care delivery. Dr. Garros is an ELSO member and ECMO instructor; he also participates as a volunteer on cardiac surgery missions to under-developed countries and enjoys spending time mountain-biking and playing soccer (embracing his culture)!

Gary Goldsand	Gary Goldsand, MA, is a Clinical Ethicist and an Assistant Clinical Professor at the John Dossetor Health Ethics Centre, University of Alberta. Gary currently provides instruction in medical ethics, culture, and communications in the Faculty of Medicine and Dentistry, University of Alberta, and practices clinical ethics at St. Paul's Hospital in Saskatoon.
Chloe Joynt	Chloe Joynt, MD, is a neonatologist within the Northern Alberta Neonatology Program who primarily works at the David Schiff Neonatal Intensive Care Unit (DS NICU) and is the current facility site lead and a Critical Incident Stress Management Steering Team member (CISM). During challenging times, she counts herself extremely fortunate to have clinical and peer support from an outstanding multidisciplinary team in the NICU as well as to have a family that includes an empathetic intensivist husband and two understanding kids. Her research interests include education, clinical neonatology, and is currently looking at team dynamics post CISM implementation.
Charles Larson	Charles Larson, MD, is a paediatric cardiac intensivist at the Stollery Children's Hospital in Edmonton. He trained at the Hospital for Sick Children, Toronto and the Royal Children's Hospital, Melbourne. He is interested in education and is the educational lead in his unit. His research interests are in moral distress within the critical care environment, and the use of three dimensional visualisation techniques such as 3D printing and virtual reality to improve education around congenital heart disease.
Brendan Leier	Brendan Leier, PhD, is Clinical Ethicist with Alberta Health Services and Adjunct Professor with the John Dossetor Health Ethics Centre, University of Alberta. He has collaborated in research with Drs. Paul Byrne and Wendy Austin on the topics of pediatric best interest, moral distress, end-of-life decision-making, transplant ethics, ethics of medical technology, compassion in the practice of medicine, risk and decision-making. His clinical interests include risk communication, cognitive bias, DCD and declaration of death, ethics of harm reduction and complementary and alternative medicine.
Mat Rose	Mat Rose, MD, is a family doctor working at the Boyle McCauley Health Centre for over 20 years. Dr. Rose is educated and trained at the University of Alberta. His pre-medical background is in Russian literature. Dr. Rose was in a Master's programme in philosophy in response to his midlife crisis, but dropped out

prior to completing his thesis (the crisis was averted, or diverted, apparently). The Boyle McCauley Health Centre is dedicated to the care of the inner city population, and Dr. Rose has a particular interest in addictions, ethics, and psychological trauma.

Ashlyn Skaley

Ashlyn Skaley, RT, is a respiratory therapist at the Stollery Children's Hospital. She is the Co-lead and a Founding member of the David Schiff Neonatal Intensive Care Unit Critical Incident Stress Management (DS NICU CISM) team. She has been instrumental in spreading the CISM message at the Stollery Children's Hospital as well as nationally, presenting the NICU CISM work as a platform speaker at the Canadian Society of Respiratory Therapists and becoming a point of contact for other CISM interested hospitals in Canada.

Michael van Manen

Michael van Manen, MD, PhD, is the Director of the John Dossetor Health Ethics Centre and an Associate Professor in the Department of Pediatrics, University of Alberta. He also has a clinical practice as a physician in neonatal-perinatal medicine with the Stollery Children's Hospital. His research is primarily concerned with relational ethics, situated within the tradition of phenomenology. Dr. van Manen is considered an international expert in qualitative health research. His research projects relate to ethical decision-making, the experiential life of the fetus/newborn, the use of medical technologies in clinical encounters, and patient-family experiences of hospital care.
