

# Health Ethics Symposium - Dying Well: Present and Future Considerations

Friday, 23 November 2018

## AGENDA Overview

Type of Session	Time	Title of Session	Speaker(s)	Description/Objectives
<b>Introduction to Day</b>	8:30 - 8:45	<b>Dying Well in 2018: Challenges and Goals</b>	<b>Gary Goldsand</b> , Director, John Dossetor Health Ethics Centre	<ul style="list-style-type: none"> <li>- A brief history of how good deaths were described historically.</li> <li>- Description of goals for the day.</li> </ul>
<b>Session 1</b> <b>Keynote Presentation</b>	8:45 – 10:00	<b>Emerging Issues in Canadian End of Life Care – Living Well and Becoming Dead</b>	<b>Eric Wasylenko</b> , MD, Medical Director, Health System Ethics and Policy, Health Quality Council of Alberta	<ul style="list-style-type: none"> <li>- Description of new challenges in end of life care, since MAiD began.</li> <li>- Observations about what improves dying based on decades of palliative practice.</li> <li>- Foundations for tackling next key questions around MAiD.</li> </ul>
<b>Break 1</b>	10:00 - 10:20			
<b>Interlude 1</b>	10:20 - 10:35	<b>Lessons about Dying: A View from a Hospital</b>	<b>Daniel Garros</b> , MD, Attending/Staff Physician, Stollery Children's Hospital	<ul style="list-style-type: none"> <li>- Reflections on what improves dying, from a pediatric intensivist.</li> </ul>
<b>Session 2</b> <b>Panel Discussion</b>	10:35 - Noon	<b>Preparing and Supporting Healthcare Professionals in the Provision of <i>Safe Passage</i> for Patients</b>	<b>Wendy Austin</b> , PhD, RN, Professor Emeritus, Canada Research Chair, Relational Ethics in Health Care (2003-2013); <b>Pamela Brett-Maclean</b> , PhD, Director, Arts & Humanities Program; <b>Brendan Leier</b> , PhD, Clinical Ethicist, Alberta Health Services; <b>Paul Humphries</b> , MD, Director of Postgraduate Medical Education, Department of Family Medicine	<ul style="list-style-type: none"> <li>- The panel will discuss the need for education of students in healthcare professions in the provision of safe passage in death for patients, as well as the need for continuing support for healthcare professionals in end-of-life care.</li> </ul>

Type of Session	Time	Title of Session	Speaker(s)	Description/Objectives
<b>Catered Lunch</b>	Noon – 1:00			
<b>Session 3</b> <b>Table Conversations</b>	1:00 - 1:25	<b>20 Keys to Dying Well</b>	Table discussions	- Delegates converse at tables and generate descriptions of key contributors to a good death.
<b>Session 4</b> <b>Presentation and Discussion</b>	1:25 – 2:00	<b>Palliative Care, MAiD, and Dying Well in Neurological Disease</b>	<b>Wendy Johnston</b> , MD, Neurology Professor & Medical Director, ALS Clinic, University of Alberta	- Description of end of life care in neurological patients. - Case examples of how patients and providers attempt to optimize quality of dying.
<b>Session 5</b> <b>Presentation and Discussion</b>	2:00 - 2:30	<b>Palliative Care Nursing and the Good Death: Reflections from the Bedside</b>	<b>Gary Frank</b> , RN, Palliative Care Resource Nurse, Alberta Health Services	- Descriptions of what makes a death a good death, from bedside experience of a palliative care nurse.
<b>Break 2</b>	2:30 - 2:45			
<b>Interlude 2</b>	2:45 - 3:00	<b>Advance Care Plans and Dying Well: Are they Correlated?</b>	<b>Gary Goldsand</b> , Director, John Dossetor Health Ethics Centre	- Brief history of personal directives. - Pros and cons of such documents. - When used well, they can enhance dying process.
<b>Session 6</b> <b>Presentation and Discussion</b>	3:00 - 3:20	<b>Enabling Good Deaths for Canadians: Practical Next Steps</b>	<b>Eric Wasylenko</b> , MD, Medical Director, Health System Ethics and Policy, Health Quality Council of Alberta	- Suggestions for systemic tweaking - Ideas for how to address upcoming challenges - minors, dementia, mental health. - Summation of how MAiD and palliative care might collaborate in the future.

Type of Session	Time	Title of Session	Speaker(s)	Description/Objectives
<p><b>Session 7</b></p> <p><b>Panel Discussion: General Reflections and Practical Recommendations</b></p>	3:20 - 4:15	<b>Questions and Discussion</b>	<p><b>Eric Wasylenko</b>, MD, Medical Director, Health System Ethics and Policy, Health Quality Council of Alberta; <b>Wendy Johnston</b>, MD, Neurology Professor &amp; Medical Director, ALS Clinic, University of Alberta; <b>Gary Frank</b>, RN, Palliative Care Resource Nurse, Alberta Health Services</p>	<ul style="list-style-type: none"> <li>- Explore themes from throughout the day.</li> <li>- Engage audience opinions.</li> <li>- Summarize take home messages.</li> </ul>