



Dosseter Health Ethics Seminar Series

October 14th, 2021

Be Polite:

Why Bystander Interventions Matter

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I acknowledge that I am delivering this session from my home which is located on Treaty 6 territory—the ancestral and traditional territory of the Cree, Dene, Blackfoot, Saulteaux, Nakota Sioux, as well as the Métis. I acknowledge the many First Nations, Métis and Inuit whose footsteps have marked these lands for generations.



What are the first words that come to mind with Dr. Ali's story?





If you were a colleague supporting Dr. Ali, what messages would you want to include?

Objectives



• Understand how to use common terms in discussing anti-racism

• Reflect on how racism impacts those around you and what emotions it may evoke

• Move toward personal action(s) as an anti-racist



Call to Action!



**What two things will you commit to
as a result of our time together?**

DISCOMFORT



The WHAT of anti-racism

Definitions

Racism – prejudice or discrimination toward a person or group on the basis of their race or ethnicity, typically a minority or marginalized group

Anti-Racism – the practice of actively opposing racism and promoting racial tolerance

Prejudice – preconceived opinion or feeling based on perceived group membership

Discrimination – unjust treatment or behaviour based on perceived group membership



Bystander definitions

Bystander effect – individuals are less likely to provide help in the presence of other people (bystanders)



Upstander – a person who speaks or acts in support of an individual or cause



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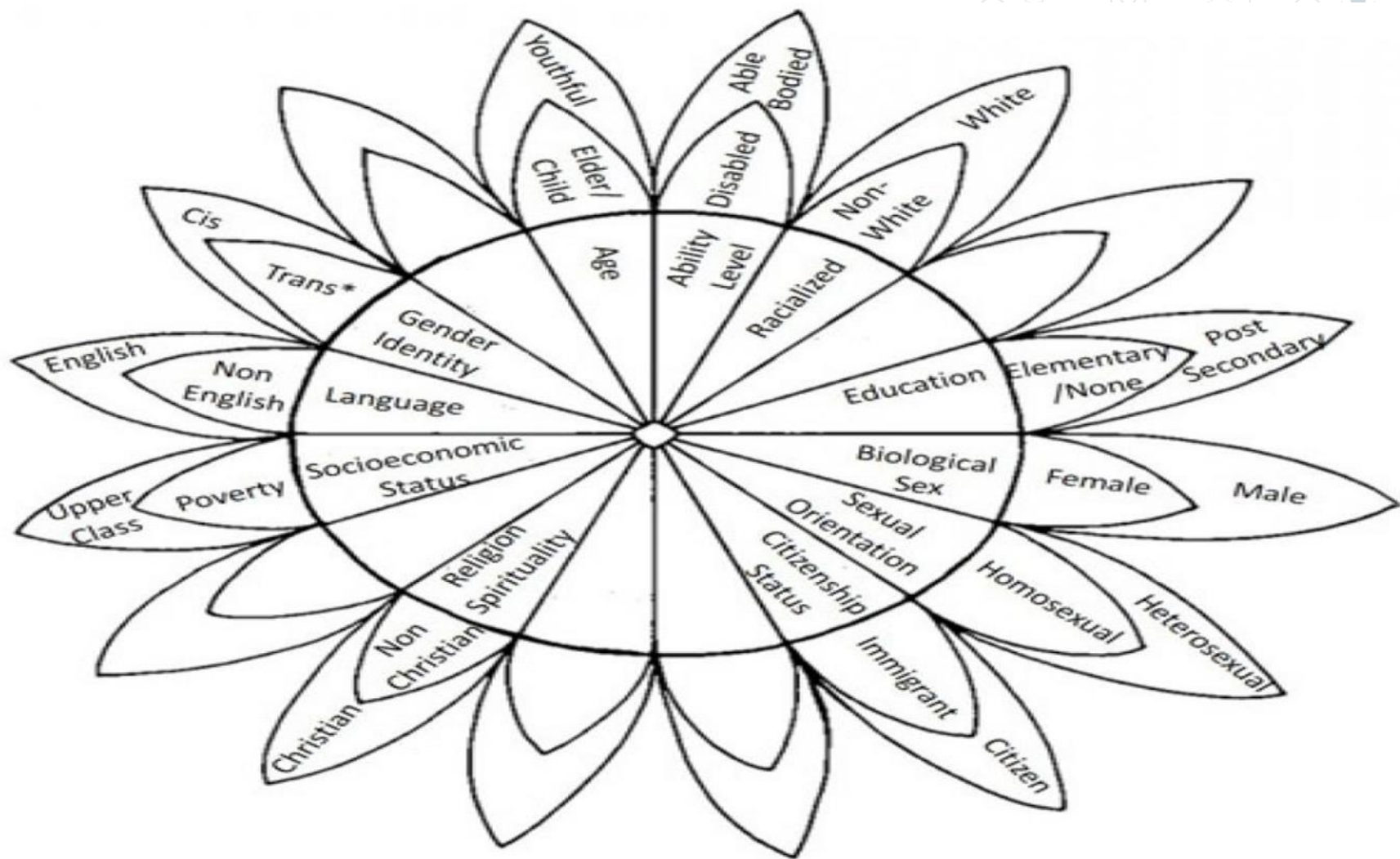
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Why should I be an Upstander?

Allyship – a continuous process of building relationships based on trust and accountability with minority or marginalized groups of individuals and/or groups

Privilege – a special right granted only to a particular group of people



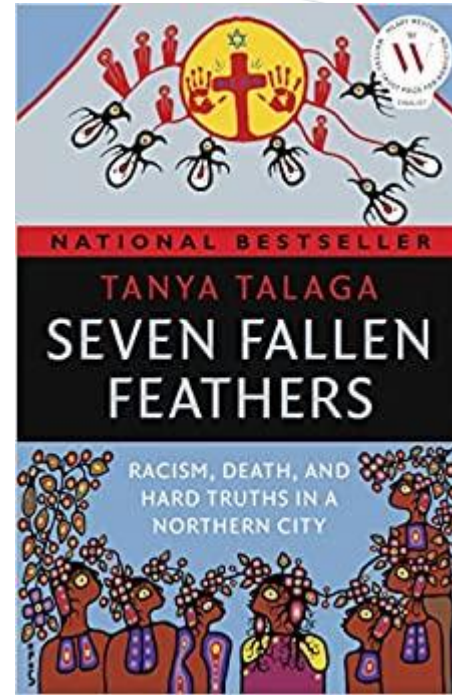
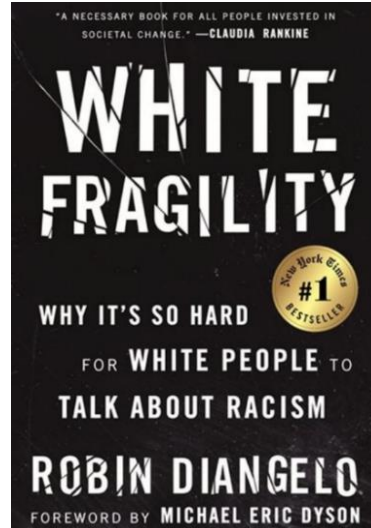
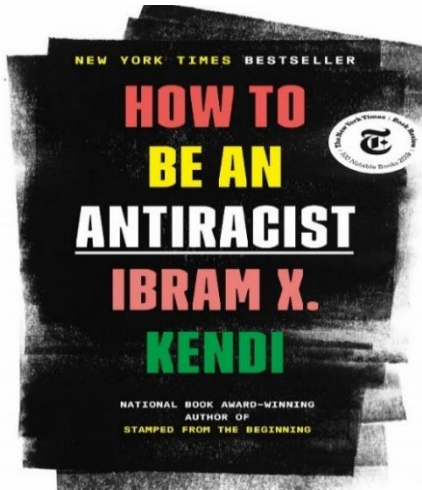




The NOW WHAT of anti-racism

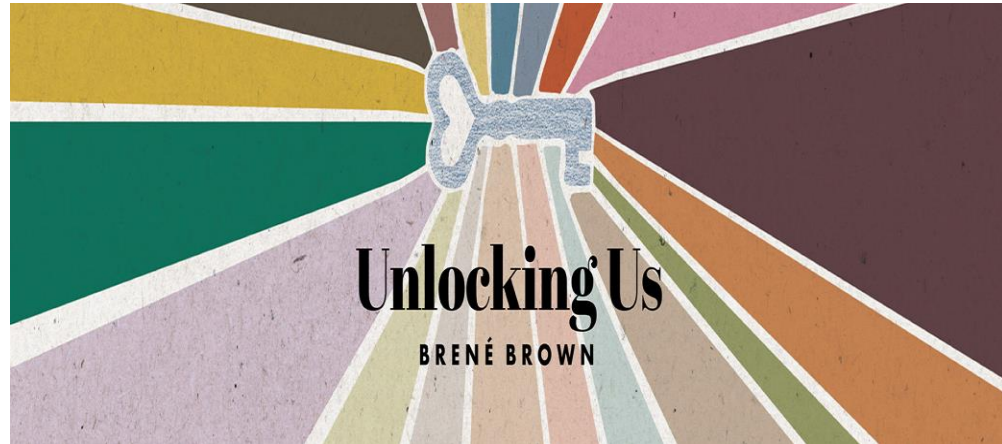


To Read



- Peggy McIntosh, “White Privilege: Unpacking the Invisible Knapsack”
<https://www.racialequitytools.org/resourcefiles/mcintosh.pdf>
- Deborah Cohan, M.D. “Racist Like Me” [Racist Like Me — A Call to Self-Reflection and Action for White Physicians | NEJM](#)

To Listen



To Watch



Allyship resources:

Bystander training available through the Taylor Institute, U of C:
<http://www.ucalgary.ca/student-services/student-conduct/training>

Burger King 'Bullying Jr' video:
<https://www.youtube.com/watch?v=YNnHdR9DQDA>

Power and Privilege resources:

Privilege/Class/Social Inequalities Explained in a \$100 Race
www.youtube.com/watch?v=4K5fbQ1-zps

Call to Action!

Dr. Michael van Manen



Call to Action!



**What two things will you commit to
as a result of our time together?**

Thank you!

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