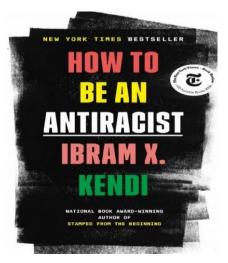
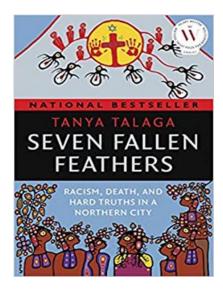
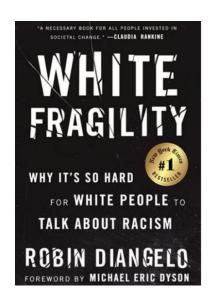
### **Equity, Diversity & Inclusion (EDI) Resources**

"It's your work to dig in."

# Books people are reading on anti-racism:







#### **Articles:**

- Peggy McIntosh, "White Privilege: Unpacking the Invisible Knapsack" https://www.racialequitytools.org/resourcefiles/mcintosh.pdf
- Debrorah Cohan, M.D. "Racist Like Me" <u>Racist Like Me A Call to Self-Reflection and Action for White</u> Physicians | NEJM

#### Webinars/podcasts:

- "The Imperatives of Anti-Racism in Leadership" given by Dr. Marcia Anderson, University of Manitoba. https://www.youtube.com/watch?v=4jbGROZd02l&feature=youtu.be.
- Brene Brown's discussion with author of How to be an Antiracist by Ibram X. Kendi, <a href="https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/">https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/</a>
- Brené Brown with Aiko Bethea on *Inclusivity at Work: The Heart of Hard Conversations* https://brenebrown.com/podcast/brene-with-aiko-bethea-on-inclusivity-at-work-the-heart-of-hard-conversations/

# Allyship resources:

- Bystander Intervention Resources | Hollaback! End Harassment (ihollaback.org)
- https://insite.albertahealthservices.ca/main/assets/hr/tms-hr-ctc-being-an-ally-info-sheet.pdf

- Bystander training available through the Taylor Institute, U of C: <a href="http://www.ucalgary.ca/student-services/student-conduct/training">http://www.ucalgary.ca/student-services/student-conduct/training</a>
- Burger King 'Bullying Jr' video: <a href="https://www.youtube.com/watch?v=YNnHdR9DQDA">https://www.youtube.com/watch?v=YNnHdR9DQDA</a>

#### Power and Privilege resources:

Privilege/Class/Social Inequalities Explained in a \$100 Race www.youtube.com/watch?v=4K5fbQ1-zps

# Inclusive leadership resources:

- *"The Key to Inclusive Leadership"*, Harvard Business Review (HBR) March 2020, <u>The Key to Inclusive Leadership</u> (hbr.org)
- "Why Inclusive Leaders are good for organizations, and How to become one", HBR review March 2019, Why Inclusive Leaders Are Good for Organizations, and How to Become One (hbr.org)
- "How to Be an Inclusive Leader Through a Crisis", HBR April 2020, How to Be an Inclusive Leader Through a Crisis (hbr.org)
- Infographic: Be Inclusive Every Day | Catalyst <a href="https://www.catalyst.org/research/be-inclusive-every-day/">https://www.catalyst.org/research/be-inclusive-every-day/</a>

#### Communities you can join:

- AHS Ethnic Minority Workforce Resource Group: Members have an opportunity to network, address
  common issues and concerns, and receive support from those who share similar backgrounds,
  experiences, or interests. Ethnic Minority WRG contact: <a href="mailto:diversityandinclusion@ahs.ca">diversityandinclusion@ahs.ca</a>,
  https://insite.albertahealthservices.ca/dvi/Page24136.aspx
- Interested in starting your own AHS Site/Program Diversity & Inclusion Council? Visit: <u>Diversity & Inclusion Council</u> | <u>Insite</u> (<u>albertahealthservices.ca</u>) for an action plan template, application, handbook and info sheet.
- Equity in Medicine (national): This Equity in Medicine Community of Interest launched in 2018 as part of
  a one-year Canadian Medical Association pilot project and remains committed to creating a safe space for
  discussion of equity, diversity, and inclusion issues in medicine. <a href="https://www.equityinmed.com">https://www.equityinmed.com</a>
- Colbourne Institute for Inclusive Leadership, Norquest College <u>Colbourne Institute for Inclusive</u> <u>Leadership - NorQuest College - Edmonton, Alberta</u>

# My Learning Link courses: MyLearningLink | Insite (albertahealthservices.ca)

- Diversity and Inclusion Module 1 Fundamentals
- Diversity and Inclusion Module 2 Business Case for Diversity and Inclusion
- Diversity and Inclusion Module 3 Unconscious Bias
- Diversity and Inclusion Module 4 Intergenerational Relationships
- Diversity and Inclusion Module 5 Allyship Part A
- Diversity and Inclusion Module 5 Allyship Part B

Resources to add to this list? Contact <a href="MDwellness@ahs.ca">MDwellness@ahs.ca</a>. We learn and grow together.