

Dangling the Carrots



Jim Hole (The Enjoy Centre), Darlene Schindel (NSTEP) and Melissa Nilsson (NSTEP) started the *Dangling the Carrots* program in spring 2016. The program shows schools an easy and inexpensive way to start growing vegetables.

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The equipment you need:

- Fabric container
- Soil
- Seeds
- Watering supply (hose, watering wand, watering can)
- Fertilizer

The costs

- Costs will vary depending on size of container and associated supplies
- Equipment can be reused the following years
- Estimated costs: about \$220 for one outdoor garden container (fabric container, soil, seeds, fertilizer, water)

Success stories from 2017

- Two Edmonton schools participated in 2017 (grades 2 and 5)
- One school only planted carrots the other school planted a variety of vegetables