

This form must be completed and submitted to the GSSMC Research Office (gssmcresearch@ualberta) at least 1 week in advance of the Research Committee's meeting or it will not be considered until the next research meeting. This form will be reviewed by the GSSMC Research Committee.

### Section A: General Information

#### A1. Project Title

Title of project:

#### A2. Principal Investigator

Name: \_\_\_\_\_ Designation(s): \_\_\_\_\_  
 Position/title: \_\_\_\_\_  
 Faculty: \_\_\_\_\_ Department: \_\_\_\_\_  
 Institution: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Email address: \_\_\_\_\_

#### A3. Primary GSSMC Affiliated Investigator

Same as A2

Name: \_\_\_\_\_ Designation(s): \_\_\_\_\_  
 Role:      Principal Investigator      Co-investigator      Collaborator      Trainee  
 Email address: \_\_\_\_\_

#### A4. Research Coordinator

Same as A2

Name: \_\_\_\_\_ Designation(s): \_\_\_\_\_  
 Position/title: \_\_\_\_\_  
 Faculty: \_\_\_\_\_ Department: \_\_\_\_\_  
 Institution: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Email address: \_\_\_\_\_

#### A5. Ethics Approval

Has ethics approval been secured?      Yes (please attach)      Pending      No  
 If yes, date of approval: \_\_\_\_\_

#### A6. Submission Date

Submission date of this form: \_\_\_\_\_

#### A7. Principal Investigator Time Commitment

Hours/week the Principal Investigator intends to spend on the study: \_\_\_\_\_

## Section B: Study Information

### B1. Study Overview

Please provide a brief overview of the study (~500 word limit).

### B2. GSSMC Research Strategy

Please describe how the study aligns with the strategic priorities of the GSSMC (~300 word limit).

### B3. Pilot Data

Has pilot data been collected?      Yes      No

If yes, when was it collected?

### Section C: Participant Information

#### C1. Participants

What participant population does the study involve (age range, sex, joint and/or condition)?

What participant criteria may limit eligibility?

Total number of participants required:

# to be recruited at GSSMC:

# to be recruited from other sites:

### Section D: Recruitment and Assessment Information

#### D1. Recruitment (at GSSMC only)

What is your recruitment plan?

Proposed recruitment start date:

Proposed recruitment end date:

#### D2. GSSMC Healthquest Access

Is access to GSSMC Healthquest record required?      Yes      No

If yes, please specify what information will need to be accessed and at what time periods:

**D3. Participant Contact**

How much time will enrollment/consent/initial assessment require?

If follow-up at the GSSMC is required, please specify at what time points:

How much time will each follow-up appointment require?

**D4. Research Staff, Space, and Equipment Requirement**

|                                         |         |              |    |    |
|-----------------------------------------|---------|--------------|----|----|
| Research staff attendance at the GSSMC: | Daily   |              | AM | PM |
|                                         | Weekly  | #Days/week:  | AM | PM |
|                                         | Monthly | #Days/month: | AM | PM |

How many research staff will be present at the GSSMC at these times?

Is dedicated space required?                      Yes              No

If yes, please describe:

Is dedicated equipment required?                      Yes              No

If yes, please describe:

**D5. GSSMC Staff Involvement**

Is there a requirement for GSSMC staff involvement (administrative and/or clinicians)?              Yes              No

If yes, what type of involvement and time commitment is requested?

Do you intend to remunerate GSSMC staff that will be working on the study?              Yes              No

If yes, please describe how:

**Section F: Other Information**

| <b>F1. Study Timeline</b>                                                                  |                     |                   |                |
|--------------------------------------------------------------------------------------------|---------------------|-------------------|----------------|
| What is the timeline of your study?                                                        |                     |                   |                |
|                                                                                            | Proposed start date | Proposed end date | Not applicable |
| Ethics submission                                                                          |                     |                   |                |
| Participant baseline testing                                                               |                     |                   |                |
| Participant follow-ups                                                                     |                     |                   |                |
| Data analysis                                                                              |                     |                   |                |
| Manuscript preparation                                                                     |                     |                   |                |
| Research dissemination                                                                     |                     |                   |                |
| If you are doing a systematic review or quality assurance project, please provide details: |                     |                   |                |

| <b>F2. Funding</b>                               |             |
|--------------------------------------------------|-------------|
| Is funding being applied for?                    | Yes      No |
| If yes, what is the agency and amount requested? |             |

\* Evidence of ethical approval from the University of Alberta Health Research Ethics Board will be required of any study conducted at the GSSMC.

- I acknowledge that I have read, understood and will abide by the GSSMC Research Policies and Procedures Document.

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Signature of the Principal Investigator

**PLEASE EMAIL A SIGNED COPY OF THIS FORM TO THE GSSMC RESEARCH OFFICE (gssmcreserach@ualberta.ca)**

**THE FOLLOWING IS A LIST OF ITEMS THAT THE RESEARCH OFFICE AND RESEARCH ADVISORY COMMITTEE MAY CONSIDER WHILE MAKING THEIR DECISION.**

Does the proposed research address a knowledge gap and therefore have the potential to be impactful?

The primary mandate of the GSSMC is patient care and this needs to be kept in mind when approving any research involvement at the clinic.

How does the proposed research impact the administrative or clinical staff (e.g. will administrative or clinical staff have to perform any tasks; if so, when, frequency, duration; who will perform them; who will pay for them to perform them)?

How does the proposed research impact the use of the clinic space (any recruitment and or intervention will need to be coordinated with existing clinics, classes, etc.)?

How will the proposed research impact the current clinic workflow (e.g. will the study impact the number of participants that a clinician can see in their typical schedule; if so how will we accommodate for this)?

Does the proposed research involve multiple sites?

Does the proposed research span a diversity of GSSMC clinical groups?

Are there ongoing projects that are recruiting from the same patient pool and utilizing the same resources (clinicians, staff, space, etc.)?

How might the proposed research impact the revenue generation of the clinic?

How will the proposed research coordinate with clinicians to ensure that they understand their role in the research?

How will the proposed research impact current research underway in the GSSMC?

Does the proposed research follow procedures consistent with ethics approval from the University?

\*It is important that all potential barriers are identified and a plan to address them is in place at the proposal stage (prior to ethics or funding application) of the research. The reason for this is that these barriers, and the proposed solutions, will have implications on methodology (particularly, recruitment, data collection and intervention) and budget.

\*These considerations are relevant to any research being conducted at the GSSMC inclusive of the Prevention and Return to Sport Centre (PRAC).