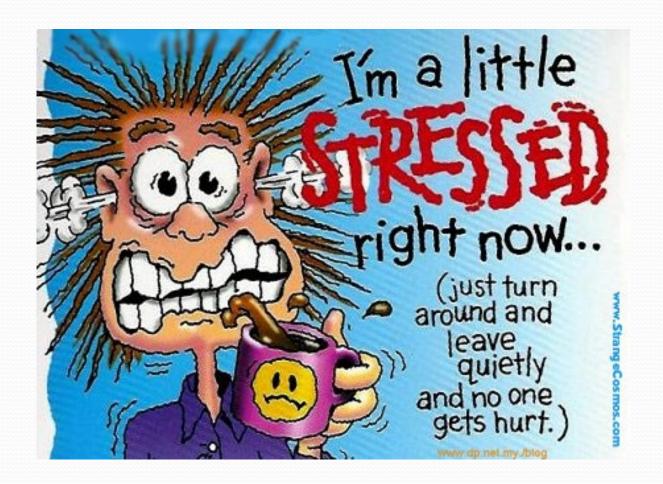
## From 0 to 60 mph in 3 seconds

Ania C. Ulrich Assistant Professor Civil & Environmental Engineering

# From 0 to 20 researchers in 3 years

Ania C. Ulrich Assistant Professor Civil & Environmental Engineering



## Recruiting: Quality over Quantity

#### Don't grow too fast

- One PhD/MSc student per year
  - have one rookie that needs training from you per year
  - build teams working on the same topics:

## PDF PhD PhD MSc MSc MSc MSc

### Always check references

- 1 bad student = 5 good students
  - Call references it is easier for them to be honest on the phone (no permanent record) rather than email (permanent record)
  - Face to face visit with potential student is a must (for me), which includes a visit to your lab & meeting with your other students

#### Students want to be inspired

• Teaching performance and passion will bring you the best students

## Managing

### Be clear about expectations; mine include:

- Take ownership of your project
  - **your degree**: thesis is a reflection of you the student, so time spent reading, thinking & asking questions shows at defense time
  - *our* **project with industry/gov**: presentations, industry meetings, publications reflect on all partners involved
  - need help then ask; organize yourself (be accountable for your time); write, write
- Mutual respect and consideration
  - I am very busy and have to constantly prioritize, therefore students must give me enough lead time for editing papers, presentations, etc.
  - If I ask for a task then complete it, I will not chase you around

## Managing

#### Keep your students accountable & productive

- Regular meetings with students during critical times
  - During the first experiment so they feel supported
- Praise good work
  - Create a culture of positivity
- Student research journals (how I track each student's progress)
  - I write my meeting notes into the journal and add in their research results
- "Ulrich Probation" (don't let a student boss you around)
  - If a student is consistently not performing then: they have 4 months to accomplish a list of tasks or else X, Y, Z will occur (talk with your associate chair on what X, Y, Z can be), meet regularly so the student has support during this time, follow through with X, Y, Z at the end of the 4 months.
  - Document everything via email

#### Learn to let go

- Don't over manage because "Cream rises to the top"
  - or in other words your best students will always amaze you with their incredible research results with little help from you ☺



## KEEP CALM, RELAX AND HAVE FUN