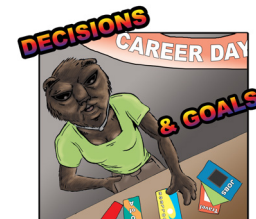
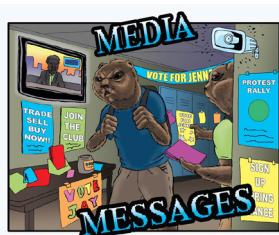


PROGRAM MODULES



OUR TEAM



LIFE SKILLS JOURNEY 11-14 PROGRAM IMPACT REPORT 2014

Buffalo Lake Métis Settlement

REPORT PREPARED BY:
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January 2015

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Life Skills Journey day camps were held in the summer 2014 at Buffalo Lake for youth aged 11-14. The purpose of this program is to help campers build skills so they can succeed in their lives. Youth participate in activities related to community, grief and loss, spirituality, alcohol awareness, and self-esteem. Life Skills Journey is focused on helping develop resiliency among kids. Resiliency is all about how well you can adapt to changes and challenges through internal strengths as well as a strong support network. This report shows positive changes in our campers!

THE JOURNEY

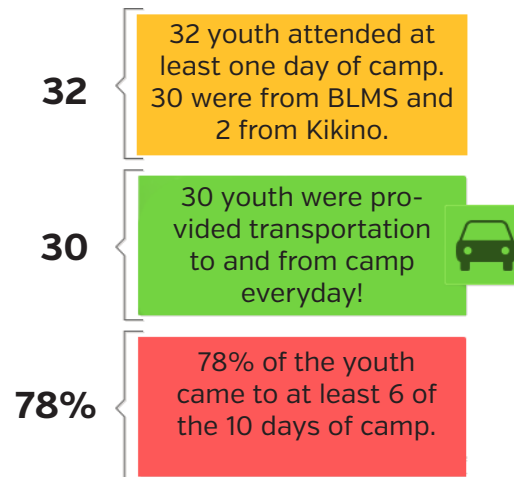


HOW CAMP RUNS

CAMP DAYS

JULY 2014

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1		



1 Facilitator/
5 Campers



PARTICIPANTS SAID:

SAID:

"My favourite thing at camp was meeting a lot of people"

"We got to do survival training where we got to make a fire"

"The kids want to come back next year"

"I look up to all the leaders at camp"

"I learned that it is ok to be shy"

"They're learning while they have some fun"

"The videos we made were creative, and it was funny watching the silly parts. Just awesome."

"I enjoyed learning about taking care of animals"

"It's a great camp, kids love it!"