

ROGER GRAVES & DANIEL HARVEY

NURS 295: Community Health Assignment Reflection Paper



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[Sample Rubric Handout \(PDF\)](#)



Getting started

- Explore the assignment
- Make rough notes
- Pick a tentative topic



Drafting/revising

- Make an appointment at a writing centre; attend a group tutorial
- Get feedback on your draft/revise: work on higher order concerns: structure, argument, organization

Editing

- Work on style and lower order concerns
- Proofread, consult checklist for assignment



1. **Select** a target group:
 - New moms: birth to 6 mo (first time)
 - Parents of school aged children
 - School aged children
 - UAlberta students
2. **Identify** a model for working with that group.
 - Ottawa Charter: preventative
 - McGill: focus on family groups
3. **Propose** an initiative for this group
 - Health promotion: hand washing, nutrition, bike safety, healthy eating and active living
 - Presentations, demonstrations
 - Conference booth
4. **Implement** initiative
5. **Reflect** on initiative and implementation



The outline should:

- briefly **describe** your initiative: what is the target population; what is the action you will take; etc.

- Examples:

- Population: Grade 5: HEP, HPV, and chicken pox
- how: ppt, handout
- health literacy, personal health practices and coping skills

- **describe** (and justify) the health determinants affected by the initiative

- **describe** (and justify) the approach and health nurse standards used in the initiative

- How, **specifically**, does your initiative address the chosen determinants?

The more specific you can be, the better!



After implementing your initiative,

- **reflect** on the proposed initiative
 - **link** initiative to relevant health determinants and
 - **link** initiative to appropriate health approach (e.g., Ottawa Charter, McGill Model, etc.)
-
- 5-8 pages total; ASK YOUR TUTOR for specifics
 - Minimum of 5 references: what counts as a source?
 - peer-reviewed nursing articles: within 5 years (except McGill model original Ottawa Charter and other models/approaches)
 - medical websites: WHO, CNA, CARNA
 - gov' t websites: StatsCan,
 - CHNSP
 - textbooks



Hand in a paper following APA style including:

- Title page
- Main body of paper = 6-7 pages
- Reference page
- Appendices (table of goals/objectives/activities/expected outcomes)

•Abstract? NO



Background (10)	1 page
Discussion of model/approach (20)	2 page
Discussion of determinants (20)	2 page
Discussion of CHNSP (Community Health Nursing Standards of Practice) (10)	1 page
Evaluation (10)	1 page
References (10)	1 page
Appendix: Goal, objectives, activities, outcomes (20)	

Is this an outline? **YES**



- **Defines** the initiative: “Purpose statement”
 - Goal statement, objectives
- **Defines** the target group (demographic data)
- **Summarizes** findings of community needs assessment
- **Justifies** relevance of chosen initiative
 - **Community process: working with client as partner**
 - How did you and partner **collaboratively** identify a problem/need and solution?
- **Integrates** evidence to support rationale/justification



- **Defines** and **describes** the model/approach used
- **Discusses** why that model/approach was adopted
- **Describes** both intended and actual application of model/approach in: What did you do as an individual?
 - Assessment,
 - Planning,
 - Implementation, and
 - Evaluation of initiative.
- **Draws upon supporting evidence** to define, justify, and outline use of model/approach.
- “Consider your role within the initiative” => how does this impact the above? Important for selection of determinants



- **Choose 2 appropriate** determinants: 12
- **Define** chosen determinants (move from abstract to concrete?)
 - Education => health literacy => intervention
- **Discuss** how each influences the health of the target group
- **Analyze** how the initiative will influence each
- **Illustrate** how each was addressed by analyzing a specific example
- **Draw upon supporting evidence** to back up your claims:
 - Support definition and choice of determinants
 - Support your discussion/analysis of health influence
- Examples: Pick ones that **you can actually impact!!!**
 - Social environment: high school
 - support system: family inclusion; counselling in high school
 - Economic status: budgeting
 - Personal coping and health strategies: teaching about handwashing; HPV/HEP C ppt;



- **Choose** two *significant* CHNSP
- **Define** them (Source: *CHNSP*, 2011)
- **Analyze** their relevance to:
 - your practice: in future nursing practice: concrete to abstract
 - your initiative & your target group
 - Why these ones and not others?
- **Illustrate** the application of each CHNSP with an example from the initiative
- Examples:
 - Prevention and health protection: teaching about immunization, increased # taking vaccine, client education and advocacy, informed consent
 - Link to CNA, CARNA standards, Alberta mandate



- **Reflect** on what worked well and what didn't
 - If you did this again, what might you change?
 - What did **you** do? What could you have done?
- **Reflect** on the process of developing/implementing the initiative as a group (if applicable)
 - Collaboration with population
- **Reflect** on what could still be done
- **Reflect** on what you learned about community-based nursing



Goals, Objectives, Activities, Outcomes

Goal (comprehensive, general intention)

e.g.,

Objectives (SMART)

e.g.,

Activities (linked to objectives; manageable)

e.g.,

Outcomes (expected & actual; specific; allow you to measure success)

e.g.,



- Get feedback from a “trusted reader”
- Consider using other students in the course or the writing centre for this
- Ask readers to read for specific purposes: thesis, structure, transitions, development of a particular paragraph or idea.
- Focus on higher-order concerns before lower-order ones
- Attend a group writing tutorial



Towards the due date, switch your focus from

higher-order concerns (arrangement, arguments, evidence) to

lower-order concerns: proofreading, grammar, citation format,
grammar/spelling



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If you plan to attend, you must email us! If we don't receive any emails, we will not attend the session!



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