

CIRCLE

FALL 2018

UNIVERSITY OF ALBERTA
AUGUSTANA CAMPUS
ALUMNI MAGAZINE



Augustana student volunteers Reana Szabo-Mansfield (left) and Alexa Blizzard (right) pose for a slimetacular photo during Discover Science Saturday, as part of this year's Alumni Weekend celebrations. See page 10 for more photos of Alumni Weekend 2018.

CIRCLE

AUGUSTANA CAMPUS ALUMNI MAGAZINE

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MESSAGE FROM THE DEAN

Over the last several years, my Circle messages have each had a theme—ranging from change to transition to ambition to distinction. This year the entire Circle magazine is unified by a focus on science at Augustana.

Hooray for that editorial decision. I say this for several reasons:

First, a liberal arts education is often misunderstood by the public, which fails to recognize that it includes study in the sciences. Back in the days of the medieval European university, the seven liberal arts were grammar, rhetoric and logic (the trivium) and geometry, arithmetic, music and astronomy (the quadrivium). Today's equivalent includes biology, chemistry, physics, etc. Above all, we believe it is important that all students graduate with an understanding of the scientific method and an ability to bring a critical mind to science-based claims about climate, the environment, nutrition, disease, human differences, etc.

Second, we have exciting developments to report—from the recent renovation of biology and chemistry labs to growing science enrolments to numerous alumni success stories, etc.

Third, the sciences at Augustana help demonstrate the exciting integration between teaching and research that flourishes here. More and more, our faculty are supporting undergraduate researchers and students are discovering opportunities to apply their learning in community-based projects.

Finally, the new academic calendar is ideally designed to support science immersion experiences for students, such as last year's environmental science research course in which students and faculty lived and worked together for three weeks at our research station at Miquelon Lake Provincial Park.

As I write this message, we are in the early planning phases for two exciting initiatives in the sciences. First, with donor support, we are moving ahead to develop an astronomical observatory at Miquelon Lake, which sits within a dark sky preserve. Second, we are seeking both university and donor support for a complete renovation of C-167, our main lecture hall that many of you remember (perhaps not so fondly), with the hope of creating new spaces that will allow the creative integration of lectures and applied or experimental small-group work.



In April, Dean Berger officially received his Canadian citizenship, cause for a small Canadiana surprise celebration!

Many of you may already be aware that 2018-19 is my final year as dean. Soon after the Circle is distributed, I imagine there will be an announcement about my successor. I look forward to working with that person on the upcoming transition, and I remain bullish about the future of Augustana. Perhaps most importantly, we are making steady progress on the vision articulated within *For the Public Good*, the strategic plan of the University of Alberta, which in Objective 9 calls for Augustana to be “strengthened as a leading liberal arts college and as a living laboratory for teaching and learning innovation, to the benefit of the entire university.”

The job of dean and executive officer at Augustana has been the most satisfying position I have ever held. I wish to thank the many of you who have helped make this journey so exciting and meaningful. Your support for Augustana and for me personally has made all the difference. Please continue over the coming months to share your questions and your advice.

Warm regards,
Dean Allen Berger

NEW LABS, NEW EQUIPMENT!

Last summer, Augustana's department of science purchased a brand-new infrared spectrometer. The Nicolet iS5 from Thermo Scientific replaced an older machine that our science labs relied on for over 10 years. With mobile capability, this new spectrometer can be moved from lab to lab, and as such, will allow for much more student use.

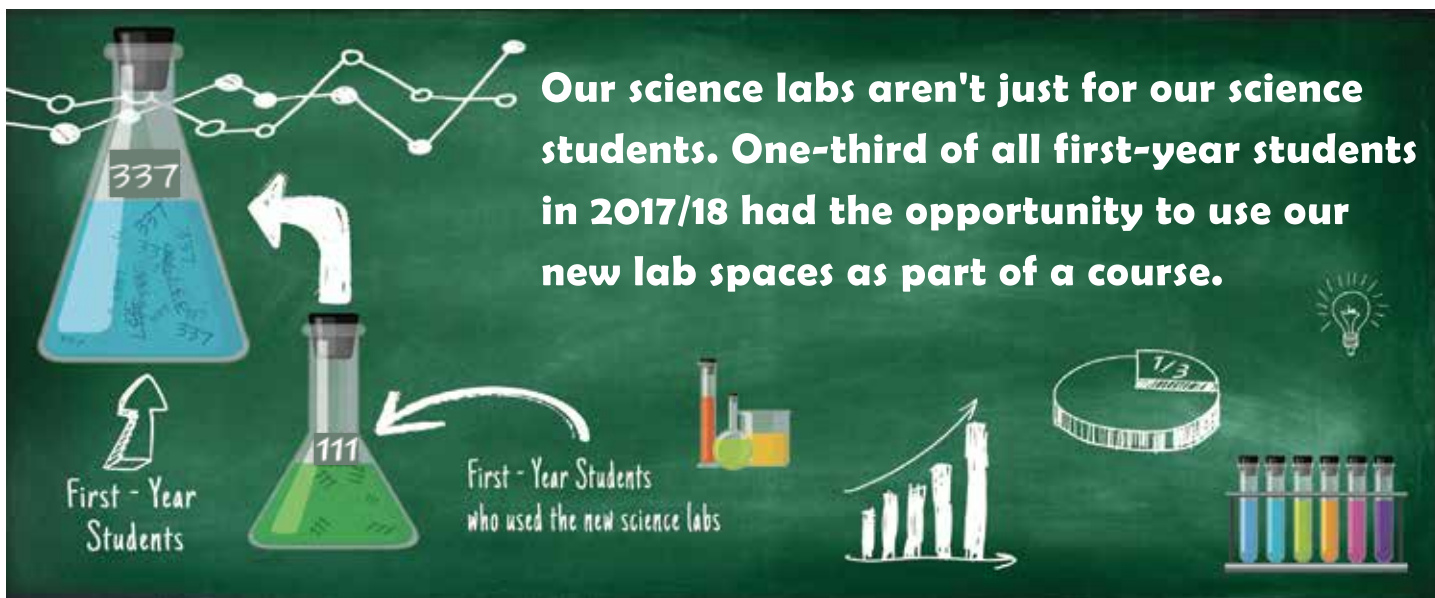


It will also help out our researchers immensely. The attenuated total reflectance crystal in the new machine allows for users to place and measure samples directly onto the plate, instead of having to suspend it between salt plates or create a solid press to be measured in. Researchers and students will now be able to get their measurements quickly with little to no degradation of the sample after use.

"We wanted something mobile so that we could be



flexible enough to offer these experiences to first-year students," said chemistry technician, David King. "Every single student who comes through chemistry is going to be able to use this spectrometer. Even if the student only takes a first semester first-year chemistry course—which is what most of our art students take because they only need one lab credit course—they will have the chance to touch this machine. And then if they ever see a spectrometer again, it will be at least somewhat familiar. Students wouldn't necessarily get this experience in a first-year course at other institutions."



“A child must feel safe, affirmed and appreciated in order to be capable of learning. The personal connection between the teacher and the student enables learning.”

Profile by Nancy Killen

When Carol Yamabe Breitzkreutz began working with Alberta Health Services in School Health Promotion, she couldn't have predicted her involvement in a very exciting program created in Camrose—a place that changed the course of her own life as an alumna of Camrose Lutheran College.

Young Medical Minds, created by Camrose doctor Chris Nichol, gives junior high students a chance to participate in a health care team that includes local healthcare professionals and students from Augustana's after-degree nursing program. The team follows a fictional patient's path after injury. The young students, robed in white lab coats, are treated as respected team members and given opportunities to voice their opinions on the case scenarios. Over the course of the six-week program, they work with a variety of healthcare professionals. Carol's role, aside from attending these engaging learning sessions, is to ensure that students in local schools learn about this program and have a chance to participate.

Young Medical Minds is just one way that students have benefitted from Carol's enthusiasm, dedication and commitment to education and community. After attending Camrose Lutheran College in the 1970s, Carol became a teacher and wore a variety of hats in Camrose schools.

Relationships are always key to this work, in Carol's eyes. “A child must feel safe, affirmed and appreciated in order to be capable of learning. The personal connection between the teacher and the student enables learning.”



CAROL BREITKREUTZ

CLC '77, BEd '79 (UAlberta)

Today, her position with AHS allows her to put her networking and relationship skills to excellent use, and her participation in Young Medical Minds is only one example of her community involvement. She's been instrumental in the formation of the Camrose Pride Community. Thanks in part to her efforts, the Pride flag was raised during Pride Week by the City of Camrose for the first time in February 2018.

Carol regularly hears from former students who want to share news of their accomplishments in education and careers—and to thank her. Her thirst for teaching and learning continue to inspire her to lead and serve in her community.



TAMARA ZEMBAL
BSc Environmental Science '13

Tamara Zembal's time spent at work is split between dealing with documents at a desk to determine how the land in Alberta Parks are used and experiencing some of the most beautiful and unique landscapes in those parks. As a land use officer for the south region of Alberta, her job is to ensure that you can enjoy the environment in these wild and wonderful places, while also allowing wildlife to live and thrive on the landscape. The flexibility is what Tamara loves most.

"I really enjoy the variety of work that I get to do, which is something I enjoyed about my time at Augustana as well," Tamara reflects of her environmental science degree. "Augustana and my current role

"The sense of community that you get from Augustana is large and influential. I still pursue community today."

Profile by Tia Lalani

both fit me really well because of that variety and diversity, and in how they allow me to take on new challenges."

Tamara has always been the kind of person to invite challenge and opportunity. While at Augustana, Tamara participated in everything from travel opportunities in Costa Rica and the Arctic to playing indoor soccer and participating in Earthwise, all while earning an Onesimus award, a Roger Epp award, a Community Service-Learning certificate and spearheading the campus garden, alongside keeping up with her studies. Tamara thrived under a busy schedule, and continues to do so today, in both her work and personal life.

"I deal with a diverse number of activities on one landscape," Tamara explained, "ranging from industrial to recreational, from oil and gas to trappers, to looking at woolly mammoth tracks." She has also had the opportunity to be involved in the creation of new parks, like the Castle Wildland Provincial Park established in 2017 north of Waterton Lakes Provincial Park.

Augustana also afforded Tamara a sense of community—something still important to her. She has spent time coaching girl's youth soccer, and now participates in quilting, textile surface design and knitting with who she describes as "a bunch of wonderful women who are about my grandma's age."

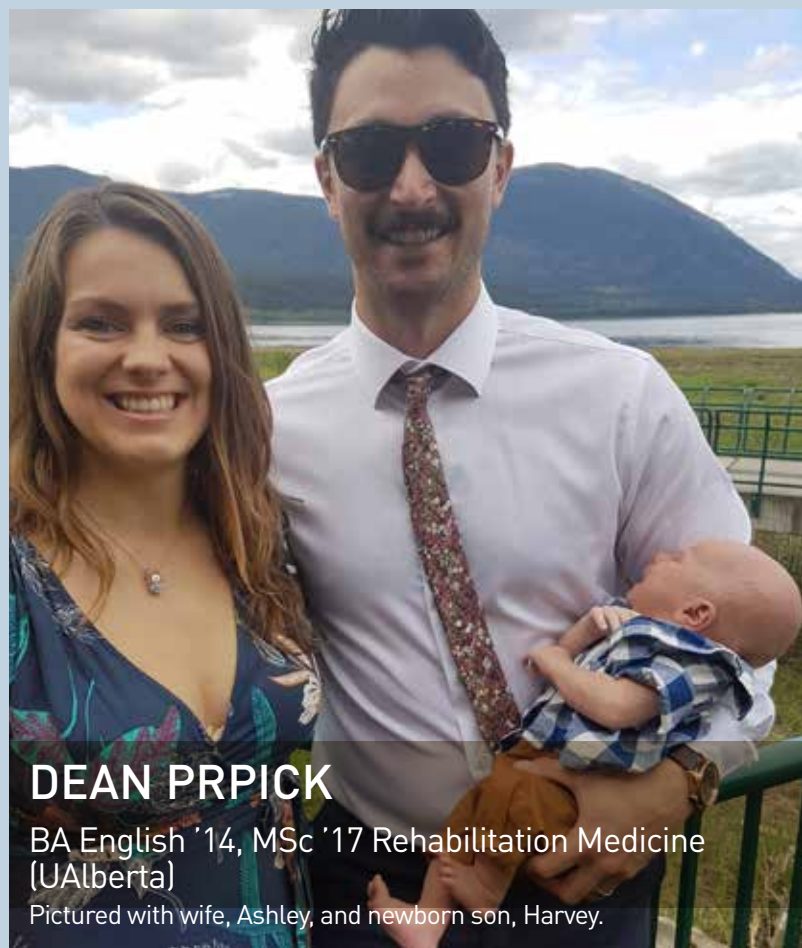
“[Winning the ACAC championship] was one of the most amazing experiences of my life. I still get chills thinking back to it.”

Profile by Nancy Killen

Dean Prpick is enjoying his second year as a physiotherapist at the Camrose Physiotherapy and Sports Injury Clinic, where he delivers rehabilitation care to community members, including employees hurt on the job and people recovering from motor vehicle accidents. Dean is fascinated with his work and is continually challenged by the human body. “It is not a straightforward or simple structure,” he says. “Often, an injury that seems to be simple actually isn’t, and each person I treat rehabilitates in a different way.”

Dean first came to Augustana as a recruit for the Vikings hockey program. As a student athlete taking a full course load, he found it challenging to balance hockey and academics. “After my first two years, I became more accustomed to the routine and discipline,” Dean recalls. The time management skills he developed increased his confidence, enabled him to succeed academically and helped him to excel on the ice. In his third year with the team, the Vikings won the ACAC championship. “It was one of the most amazing experiences of my life,” Dean remembers happily, “I still get chills thinking back to it.”

After his undergraduate degree, Dean stayed in Camrose to complete the U of A’s master’s program in physiotherapy. Dean found Augustana to be a challenging and productive environment throughout both his degrees, as it allowed him to develop the skills that make him a successful professional today. Dean reflects, “I appreciated the fact that the professors always had an open door,



DEAN PRPICK

BA English '14, MSc '17 Rehabilitation Medicine (UAlberta)

Pictured with wife, Ashley, and newborn son, Harvey.

fostering a healthy learning environment.” The environment also nurtured lasting relationships that Dean treasures: his family and friends today are a direct result of his time at Augustana.

As a new professional, Dean recognizes that he has much to learn through experience, mistakes and further education. He plans to continually develop skills and knowledge that will enable him to deliver the best patient-centered care possible. Dean is deeply committed to his personal mantra, which has served him well thus far: “With every day, I want to be better at what I do than the day before.”



BRAD CROTEAU

BSc Computing Science/Political Studies '13

Brad Croteau is the research and development coordinator for the Royal Canadian Air Force's director general space. Brad's role is to coordinate research and development for the RCAF's future space capabilities.

Although his work now resides in a realm outside of the earth, his roots are with Augustana, where he fondly remembers his time spent participating in biathlon and climbing.

"My best memories at Augustana are of pre-season ski camp and post-race comradery with the biathlon team," Brad remembers, "and later the climbing wall shenanigans." The community of climbers helped Brad develop a teamwork mentality. "Along with

"Political studies and the liberal arts approach prepared me for understanding the human organizations and interactions, on which the technical aspects of my work are dependent."

Profile by Nancy Killen

the practical skills of marksmanship and physical aptitude from these sports," Brad reflects, "these team-based lessons helped me immensely in my military career."

It wasn't just recreational activities that led Brad to his chosen career path. Brad credits Augustana's computing science program with preparing him to view problems analytically. He adds, "political studies and the liberal arts approach prepared me for understanding the human organizations and interactions on which the technical aspects of my work are dependent."

Since 2014, Brad has been in Ottawa involved in the developing domain of military space, advising on the tactical and strategic uses (and defense) of satellites. In this role, he has been deployed to the Middle East as part of Canada's mission to assist in the security of Baltic nations.

Brad deeply enjoys his work: "I get to talk about space every day!" He feels privileged to view the real-time linkages between objects and activities in orbit and their connections to the tactical actions of soldiers, ships and aircrafts. His position allows him to serve Canada and do some of the most captivating work imaginable, aside from, perhaps, actually travelling into space!

In a perfect world, Brad would love to contribute to furthering technologies that could lead to human colonization of the solar system. Considering all that Brad has accomplished thus far, it seems no goal is out of reach.

The Augustana Alumni Office hosts a variety of events throughout the year, from the kid-friendly to the academic, the formal to the festive. Here's a recap of some of our favourite events over the last year, and a quick peek at what's to come! Contact the Alumni Office to register or for more information: augalum@ualberta.ca or 780-679-1626, or visit our website ualberta.ca/augustana.

MARCH 14: LUNCH & LEARN – THE FUTURE OF FAITH-BASED EDUCATION IN ALBERTA

Adjunct political science professor with the Alberta Centre for Sustainable Rural Communities and the Chester Ronning Centre for the Study of Religion and Public Life (both housed at Augustana), Clark Banack, gave a full lunchtime lecture on faith-based schools in Alberta in the current political climate.

APRIL 11: LAST LECTURE WITH RÄNI-VILLEM PALO

Räni-Villem Palo presented his Last Lecture "Back Story, Love Story".



AUGUST 26: MOVE-IN DAY

This year, a group of young alumni came back to campus to help new students move in, offering sweet treats and sage advice from back when they took those first steps into first-year dorms.



UPCOMING EVENTS

NOVEMBER 21: NATHAN BERG CONCERT AND RECEPTION

The Jeanne & Peter Lougheed Performing Arts Centre will host Augustana alumnus and internationally acclaimed opera singer, Nathan Berg, for a concert and reception.

DECEMBER 2: ALUMNI CHRISTMAS RECEPTION AND CONCERT

FEBRUARY 7: LUNCH & LEARN WITH KATHARINE BATLAN, PHD

As a post-doctoral fellow with the Chester Ronning Centre for the Study of Religion and Public Life, Katharine will be discussing her PhD research on people arguing for and against adding Jesus to the US constitution. To learn more about Katharine, visit aug.ualberta.ca/postdoc.

FEBRUARY 8-9: VIKINGS HOCKEY ALUMNI WEEKEND

Please contact vikingshockeyalumni@gmail.com for details.



APRIL 13 : EASTER EGGSTRAVAGANZA

Don't miss our annual Easter Eggstravaganza which includes crafts, cookies, clowns and a chocolate hunt around campus. And be sure to register early because this event sells out every year!



APRIL 23: SPRING SOIRÉE

At Augustana's annual Spring Soirée, Dean Allen Berger delivers his Report to the Community. Mingle with alumni, faculty, students and community members to share student achievement, celebrate community partnership and visit our lovely campus!



AUGUSTANA 2018 ALUMNI AWARD RECIPIENTS



ALUMNI ENTRANCE AWARD

Marie Carlson

Marie has lived in a number of different places—Two Hills, Vermilion, Grand Prairie and even Sweden—but chose to return to attend university near her hometown of Hay Lakes here at Augustana. A familial

connection also brought her back, as both her parents and grandparents have attended in the past. As a psychology major, Marie is busy with her classes but finds time to volunteer in the community, and is immensely grateful for the Alumni Entrance Award, which has alleviated some of her financial stress and allowed her to focus on her studies.

The Augustana Alumni Entrance Award is presented to one student each year, based on Grade 11 and/or Grade 12 final marks. The eligible student will be entering the first year of an undergraduate degree program at Augustana Faculty and must be a descendant of an Augustana/Camrose Lutheran College alumna/us.



ALUMNI LEADERSHIP AWARD

Jamie Grunwald

Jamie is a fourth-year biology student with an impressive list of extracurricular activities that she has taken part in throughout her degree. From working as a resident assistant in first-year dorms to acting as president of the Augustana Science Club,

Jamie also manages to find time to work for our Campus Visits program as well as play clarinet in the Camrose Community Band alongside her studies, which she hopes will lead her to medical school. Her work with Campus Visits allows her to articulate why she's grateful for Augustana: "I often tell prospective students when they come to visit Augustana that students often come for the small class sizes, but they stay for the opportunities. That access to opportunity is especially true for my university experience due to the support I have had from generous donors."

The Augustana Alumni Leadership Award is given to a student with satisfactory academic standing continuing in an undergraduate degree at Augustana Faculty. Selection is based on demonstrated leadership and volunteerism on campus.

THANK YOU TO OUR 2018 ALUMNI AWARD DONORS

We'd like to thank Elsie Baker, Zulfiye Basaran Isik, Craig & Evelyn Erickson, Wes & Trina Harrison, Ron & Arlene Hendrickson, Max & Alice Lindstrand, Victor & Marilyn McCarroll, Darrell & Lila Rosland, Patricia Russell, Denise Sorel, David & Gail Stolee, Christopher & Heather Zarski and Anonymous Donors for their contributions to this year's Augustana Alumni Awards!

You have been very generous in your support of Augustana students and future alumni. We can't thank you enough!

For more information on how you can support Augustana's Alumni Awards, please contact the Development office at 780-679-1131 or bree.urkow@ualberta.ca

LOCAL GLOBAL ENERGY COMPANY GROWS FROM AUGUSTANA ROOTS

At the heart of every organization is people. And at the heart of Newo, a global energy non-profit social enterprise located in Camrose, are people who have either attended or were brought together by Augustana.

Born out of coursework that focused on hydraulic fracturing and eventually the deeper cultural, ecological, spiritual and economic issues underlying environmental challenges, Newo focuses on solar installation, garden care and permaculture, water conservation and education and training programs.

“In founding the company, we really tried to create an organization that reflects the values we hope to embody,” said founder and president, Raj Rathnavalu.

These values are encapsulated by the company’s name—Newo, the Cree word for four—which represents the four elements: mother earth, fire, wind and water. Newo’s vision is to work in harmony with these elements, which Raj points out, are not only found outside in the external world but inside of ourselves as well.

Some of their current projects include a partnership with the Yellowhead Tribal Council and Windsor Park Community to train

Indigenous youth in solar installation and clean energy. Newo is also currently competing with a number of top companies in Alberta to help with renovations on Edmonton’s Bissell Centre. Their proposal includes not only installing a solar system, but installing a portion that can be disassembled and reassembled every year to provide ongoing training, as many of the Bissell Centre’s clients are experiencing unemployment or other barriers to entering the workforce.

“We’re not just putting up solar panels,” Raj explained. “We’re trying to leave ongoing and lasting benefits beyond carbon reduction. The way forward is this holistic systems-based ecological approach.”

Aside from solar, Newo is also pitching a city-wide water retrofit program to the City of Camrose. This program would aim to replace household toilets and faucets with high-efficiency models under pay-as-you-save financing. The program would also seek to employ refugees and others with barriers to employment, serving ecological and employability needs all in one. The program was born out of conversations and presentations at last year’s Spirit of the Land Conference at Augustana.

As Newo evolves, its roots to Augustana grow deeper and stronger. A number of recent graduates have begun work with the company which has ties to the university far past alumni. Just last month, Newo added solar cells to the roof of longtime Augustana professor and instructor Ardelle Ries and Roger Admiral’s home to complement their previously installed solar-thermal energy, which heats up their water.

According to Raj, it’s Newo’s vision that pulls at recent graduates and proponents of the university who are already thinking critically about the environment, relationships and harmony in diversity.

“What does it mean when we fully embrace the notion that our water, air and land are sacred and precious? It doesn’t mean the collapse of civilization, but rather, the birth of a kinder, wiser, more thoughtful, reflective and sustainable culture and community. It’s inspiring to think that way.”



Ardelle Ries and Roger Admiral’s newly installed solar panels. Photo courtesy of Raj Rathnavalu.



Photos – Credit: Emil Yim

From September 21 to 23, 2018, we welcomed hundreds of alumni back to Camrose and our campus. Augustana also hosted various new and exclusive events, including Discover Science Saturday—a day for alumni, community members and their families to take part in exciting events offered by Augustana's Department of Science. Of course, Homecoming Sunday remained a staple of the weekend, giving an opportunity for classes to reconnect and reminisce.

If you were unable to join us this year—or even if you were!—please enjoy seeing what Alumni Weekend 2018 had to offer. We look forward to seeing you next year!

For more information on next year's Alumni Weekend, please contact Trina Harrison at the alumni office at augalum@ualberta.ca or 780-679-1105.



Photos – Credit: Emil Yim

CREATING THEIR OWN PATHS



Augustana's 2018 Pathways Scholars: Melissa Wilk, Hailey Smith and Madison Pearson.

Three Augustana students demonstrated their exceptional initiative and abilities this past summer with the first Pathways Program student placements. These Pathways scholars implemented their learning and skills to the benefit of rural and Indigenous communities in our region. This distinctive, donor-funded program matches the skills and interests of Augustana students with the opportunities and needs in rural and Indigenous communities with the goal of opening student thinking to the long-term career possibilities in these, or similar, communities. In many ways, this experience is distinctive from larger university campuses where, quite often, students are training for careers in urban centres and larger organizations.

The Pathways Program provides an opportunity for third and fourth-year students to develop and undertake a summer research project as an intern with a community organization, municipal agency or not-for-profit that will help to ensure the continued vibrancy and health of rural and Indigenous communities. The program challenges Augustana students to both create a project or opportunity and—working with the support of campus faculty—find a partner to

assist in the execution of their project. These funded placements expand research experience, nurture leadership skills, establish professional contacts and help students picture themselves developing careers within their home or similar communities. As you will read in the profiles below, in each of this summer's placements students worked with their community partners on evidence-informed projects that supported both their academic learning and the specific needs within their chosen community.

For more information on this program, on how you can support a Pathways student or become a partner, please contact Augustana's Office of Advancement at 780-679-1558 or augdev@ualberta.ca.

Melissa Wilk with WIN EcoSciences

Over her time as a global and development studies student, Melissa often found herself frustrated by classroom learning: "It's challenging to constantly listen to the academic higher-ups talking about ecological problems with little emphasis on the solutions."

However, her placement with WIN EcoSciences—a land-based education organization that works to increase resilience—gave Melissa the opportunity to finally address these problems. Helping to establish both a permaculture program at Ermineskin School and the intensive, two-week permaculture design certificate program in Maskwacis, her project was centred around creating food security in a community where healthy food can often be quadruple the price than in neighbouring towns. Certificate participants—in addition to learning about organic gardening, sustainable growing, food forestry and more—also helped in the construction of an edible landscape at Ermineskin School, which was designed to complement the land in that it is low maintenance and water resilient.

With her project taking place in a community that lives with generational trauma, grief, mental illness and other challenges, Melissa soon came to find that the project was just as important for the people as it was the land. The certificate program—that was joined by 20 community members—offered the opportunity for participants to reconnect to their culture through the land and create a tangible example of success. To Melissa, "The heart of the project was the people, not the dirt."

Hailey Smith with the Vulcan Recreation Department

After graduating this June, Hailey Smith returned to a community near her home for her Pathways internship. Placed within the Vulcan Recreation Department, Hailey’s role was to help establish relationships with other organizations and support current department projects to promote Vulcan as an exciting place to live. Originally from Champion, AB (only 20km outside of Vulcan), Hailey was able to use both her childhood experience and university education to inform her work. From advertising to creating program evaluations to developing her own summer and community programs, Hailey’s unique perspective coloured her work to promote the community near her hometown. Now working towards her master’s in speech-language pathology, Hailey was thrilled to have the opportunity to apply her personal aspirations and past community service-learning placement to create a new and unique Story Adventure Camp for the children of Vulcan. This camp focused on literacy in children and even put Hailey in connection with individuals from the Rainbow Literary Society, who have invited her back to give her own presentations to the group on the importance of reading to and with your child at a young age. “I have seen how those who want to support communities within the county step up in huge ways to make so many of the events planned a success. I was so thrilled to see new things happening and to be a part of growing these new programs,” said Hailey.

Madison Pearson with Parkland County

Madison’s placement took her, quite literally, out of a cubicle and into the field. Having conducted research on rural broadband (internet access) with the Alberta Centre for Sustainable Rural Communities a year prior, Madison’s work with Parkland County bridged theory and practice. Traveling to different counties for programming ideas and interviewing community members of various ages helped Madison “experience, for the first time, how important broadband is for rural communities, not just on paper, but through human experience.”

As an aspiring law student, Madison was given the opportunity to work with policymakers and write a memorandum of understanding as part of the county’s Smart Parkland program. As a county-wide program that looks to tackle their specific needs in regards to broadband access, Smart Parkland is unique in that it looks beyond just connectivity: Knowledge Workforce, Digital/Social Inclusion, Innovation, Marketing, Advocacy and Sustainability are all pillars in the program. Madison’s work with Smart Parkland may also assist more than just the county. During her placement, Madison compiled a “cookbook” that could be shared—detailing the successes and failures of the Smart Parkland program to act as a reference for other counties and communities to learn from and apply. “I’m proud to be a Pathways Scholar,” said Madison, “and I hope others will have the same opportunity I did.”

The creation of the Pathways Program was paved with a generous gift from alumnus Gordon Warnke. Warnke—who grew up in Westaskiwin—now works as a lawyer in New York City, but still holds a place in his heart for both Alberta and his alma mater. “My education has been a life changer for me. Being at Augustana, which back in my day was Camrose Lutheran College, felt like a chance to expand your horizons beyond your own community,” says Warnke. To Warnke, rural and Indigenous students advancing their education should be viewed as



a benefit to their home communities, rather than a risk. “I think it’s only through the combined aspects of education and local experience that you can develop ideas that best suit the community.”

To ensure impactful Pathways Internships continue, Augustana is looking for future partners and donors to the program. We welcome your interest and look forward to working with you. To learn more about how you can support the program, contact:

Augustana Office of Advancement

780-679-1558

augdev@ualberta.ca

To learn more about these Pathway journeys, please visit the Pathways Scholar’s Blog at

augustanapathways.wordpress.com

AUGUSTANA MILESTONES

Congratulations to all of those faculty and staff members who have earned Long Service Awards this year! Below, you'll find photos and remarks from the Long Service Reception on October 16, 2018.

30 YEARS

Lilas Bielopotocky, Supervisor, Food Services

"Lilas has an amazing ability to feed 400+ people, respond to various catering orders, supervise and support staff and work with local producers all at the same time, all with a smile on her face. The work that Lilas does has such long-term impacts on students at Augustana. When they first arrive at university, a lot of students struggle with a sense of missing home and not being connected to others...that's where Lilas shines." – Randal Nickel, Executive Director Student Life



Allen Berger and Lilas Bielopotocky share a hug before she is awarded her 30 years of service gift



Alex Carpenter (left) presenting a 25 year service gift to Val Bailey (middle) with Dean Allen Berger (right)

25 YEARS

Valerie Bailey, Administrative Assistant, Fine Arts and Humanities

"Val's investment in Augustana runs deep... much deeper than just the years of her service. She has been, and remains, an integral member of our campus community. Val is the keeper of institutional knowledge, a wise councillor, a trusted colleague and a good friend. For me, and for many of us, Val is and has long been inseparable from Augustana." – Alexander Carpenter, Professor of Music, Chair of Fine Arts & Humanities

Paula Marentette, Professor, Psychology, Social Sciences

"Each year, faculty are evaluated in the categories of teaching, scholarship and service—and in all of these areas, Paula has excelled over the last 25 years. She is by all accounts an incredibly popular and effective teacher, not only in the classroom but beyond as well. She has also played crucial roles in the development of student learning on our campus. Her scholarship work has garnered significant research support. In fact, it's difficult to think of an area in which Paula hasn't served." – Geoffrey Dipple, Professor of History, Chair of Social Science



Allen Berger (left) awarding Paula Marentette (middle) with a 25 year service gift, alongside Geoff Dipple (right)

Other individuals who were awarded for 15 years of service...

Dylan Anderson, Web Application Specialist, TLS

Jonathan Hawkins, Assistant Registrar, Academic Programs

David King, Lab Technician, Sciences

Arlo Ludwig, System Administrator, TLS

Carmen Person, University Counsellor, Student Life

Travis Rott, Security Systems Analyst, TLS



A handful of 15 years of service award winners! From left to right: Travis Rott, David King, Jonathan Hawkins, Arlo Ludwig and Dylan Anderson



Augustana staff and faculty gathered to celebrate the service of their colleagues

Photos – Credit: Sarah Munter



On April 13, 2018, Augustana bid farewell to the following staff and faculty members. With a goodbye reception where fond memories were shared and a send-off that included ringing our centenary bell sculpture, we wish all of last year's retirees the best of luck in their future endeavours. Augustana is all the better for having had you here!



Michelle Pratt – 9 years of service



Shirley Loewen – 15 years of service



Milton Schlosser – 32 years of service



Räni-Villem Palo – 35 years of service



Norma Williams – 11 years of service

CHOLESTEROL: A CLASSIC EXAMPLE OF “TOO MUCH OF A GOOD THING”

By Neil Haave

In recent years, giant fatbergs have developed in the sewers of London, UK. These are massive build ups of household and industrial grease that fall out of solution and block the sewer tunnels, preventing the flow of waste. Fatbergs are basically the artificial twin to build-up during atherosclerosis, which causes coronary artery disease: our blood vessels become blocked with fat, which prevents the blood from delivering oxygen and foodstuffs to our tissues. Without oxygen and energy, the tissues die, which typically leads to heart attack and stroke.

Atherosclerosis is a progressive disease that develops over decades. At its most basic, atherosclerosis is an inflammatory disease of the arterial wall. When blood vessel walls are injured, inflammation results. Arterial inflammation can result from high blood pressure, which may be congenital or may be the result of lifestyle (lack of exercise, presence of chronic stress). Other risk factors for developing atherosclerosis include smoking and diabetes. The resulting chronic irritation of the blood vessel wall recruits circulating immune cells that initiate the inflammatory process.

But what is the role of cholesterol in this process? We understand that high levels of circulating bad cholesterol (aka LDL) and low levels of good cholesterol (aka HDL) increase our risk for atherosclerosis and coronary artery disease. When LDL levels are high, they can find their way under the lining of irritated blood vessels, where they are ingested by white blood cells which accumulate, causing the vessel wall to swell and balloon.

At some point, the blood vessel becomes blocked, limiting blood flow and oxygen delivery to the tissues. When oxygen delivery becomes too slow, cells are no longer able to rapidly convert food energy (e.g. fats, carbohydrates and protein) into the common energy currency of the cell. When this happens in the coronary arteries feeding our heart, cardiac arrest—a heart attack—occurs.

Although cholesterol is often depicted as a life-threatening molecule, our bodies cannot survive without it. The problem with cholesterol is that there is typically too much of it in our bodies, although we do need a minimal amount to maintain the integrity of cell membranes and also to make steroid hormones, which regulate many of our life processes. We also need cholesterol to facilitate the digestion and

absorption of dietary lipids. However, the amount of cholesterol that is found in our blood must be regulated.

Our natural processes increase LDL receptors on our cells when the level of cellular cholesterol drops below a minimal level needed for cell function, which effectively removes LDL from circulation, reducing the level of bad cholesterol in our blood. Other methods of decreasing blood cholesterol include inhibiting its absorption from the intestine and promoting the recycling of LDL receptors back to the cell surface once it has delivered cholesterol to the cell from the blood.

Treatments for the prevention of coronary artery disease have focused on lifestyle changes and medical intervention, which act on LDL levels. Lifestyle changes include decreasing caloric and fat intake and also diminishing stress levels. Medical interventions may include drugs to decrease blood pressure. My interest is in those medical interventions that involve decreasing circulating levels of LDL. The most successful drug to date at decreasing the circulating bad cholesterol is the statin family of drugs (e.g. Lipitor). Statins inhibit cholesterol synthesis inside our cells and in response, our cells increase the number of LDL receptors on their surface facilitating removal of the bad cholesterol from our blood.

Another common drug intervention to decrease our risk for coronary artery disease is daily low dose aspirin therapy. Low dose aspirin tips the balance of blood clotting molecules away from clot formation, thereby favouring blood flow. This balance involves a set of molecules that help to circumvent the possibility of a blood clot forming in our arteries.

Neil Haave, Professor of Biology, Augustana Campus, University of Alberta. This column originally appeared in the Camrose Booster on October 23, 2018.



Professor Haave discussed the horrors of coronary artery disease and the different drug interventions that doctors have in their arsenal for treatment and prevention at a Halloween Lunch & Learn presentation on October 31 titled “Cholesterol: the arterial hobgoblin”.

FACULTY AND STUDENTS SHINE AT ANNUAL NATIONAL CHEMISTRY CONFERENCE

It's not often that an entire department gets to showcase their skills in one venue at one time. But that was the case for the Augustana chemistry program at the 101st Canadian Chemistry Conference and Exhibition held last May in Edmonton.

Three chemistry professors, two chemistry lab technicians and three students attended the conference, which yielded six poster presentations, a trade show and two awards—both won by fourth-year student Ben Schmidt. Schmidt, along with fellow student Jared Baker, had the opportunity to not only participate in undergraduate research but to present to and be evaluated by a great number of people, including some of the biggest names in the chemistry industry.

"I really enjoyed the conference and I'm grateful that I got to attend," said Schmidt, who also spoke about what valuable experience the conference provided for his future. "Being able to say that I've won prizes at a national conference is definitely an advantage that I can add to my resumé."

Schmidt won second place in the Best Undergraduate Chemistry Education Student Poster Competition as well as second place in the Best Undergraduate Analytical Student Poster Competition. His chemistry education poster focused on his work as a teaching assistant in a three-week chemistry course last January, while his analytic project centers around his work in designing low-cost electrodes using a 3D printer with professor James Kariuki.

"It was outstanding to see Ben win two awards in the same conference, in two different areas," said Kariuki, who also attended the conference and had the opportunity to co-organize an electrochemistry symposium. For him and colleague Elizabeth McGinitie, networking and the honour of being invited to organize sessions went hand-in-hand with having the opportunity to share the work that they're doing at Augustana.

"We're able to highlight the innovative teaching and pedagogical practices that we have the ability to implement at Augustana because it's an undergraduate-intensive university," said McGinitie, who also presented with her student, Baker, on an inorganic

chemistry project.

While the program presented on both analytical and inorganic research, the bulk of their presentations were centered on pedagogy and chemistry education. Along with Schmidt's presentation, Kariuki, McGinitie and fellow professor Brian Rempel presented on two-stage exams, while chemistry technicians David King and Magrieta Snyman presented on teaching experimental design to help student engagement in general chemistry. Finally, Rempel was joined by biology professor Sheryl Gares and physics professor Ian Blockland to share experiences from their three-week laboratory course for non-science majors (for more information on that course, please visit aug.ualberta.ca/IDS137).

"Everything that we've done at this conference is only going to serve the chemistry program at Augustana," said McGinitie, "in terms of the connections we make for our students and sharing and bringing back really awesome ideas with respect to disciplinary research and how we're improving our courses and labs. These are all things that students will directly benefit from."



Professor James Kariuki (left) awards his student Ben Schmidt with second place in the Best Undergraduate Analytical Poster Competition at the 2018 Canadian Chemistry Conference for his work on low-cost electrodes utilizing 3D printers.

“MAKE EACH DAY COUNT”— LEARNING COMMONS DEDICATED TO ALUMNA, RASHMI BALE

By Sydney Tancowny

On September 27, surrounded by rays of light and joined by students, staff, faculty and friends, Augustana Campus dedicated the learning commons to late alumna Rashmi Bale.

With outward facing walls comprised almost entirely of glass, a spacious interior and high ceiling, Augustana’s Learning Commons has always been a beautiful space.

Previously, the space was unused by students, housing various office cubicles that blocked the beautiful view out onto a ravine. Now, the space has been transformed into a one-stop student service centre and has been given a

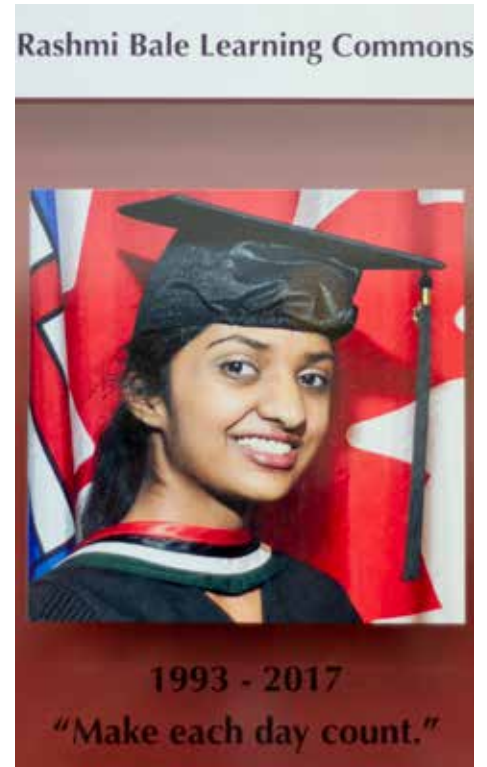
“Rashmi showed immense commitment to friends, campus activities and her role with the Augustana Student’s Association due to an eagerness to support, sometimes beyond her capabilities. The Learning Commons embodies her personality in that it fosters interaction and seeks to provide assistance, just as Rashmi did.” – Ravi Bale

name that matches the beauty inside.

The Rashmi Bale Learning Commons is named in memory of late alumna, Rashmi Bale, who spent some of the most enjoyable years of her short life on the U of A’s Augustana Campus. Graduating from Augustana with her bachelor of management in 2015, Rashmi went on to earn her law degree from the University of Leicester. Rashmi had dreams of becoming a professional human rights advocate in the effort of protecting the innocent. Unfortunately, Rashmi and her brother, Ritvik, passed away in a motor vehicle accident in the summer of 2017 in Calgary, AB.

Wanting to provide a permanent place for Rashmi’s memory to reside, her parents, Ravi and Rajni Bale, gave a generous gift to Augustana Campus to name the learning commons and create a bursary in honour of their daughter.

The dedication event saw speakers not only reflect upon the space and how it will impact students, but also on what it means to name that space after Rashmi. Augustana professor Varghese Manaloor said, “Rashmi is a Sanskrit word which means “ray of light”. Today, Rashmi is not with us.



However, the rays of light in this space will help us remember and honour her.”

Fellow Augustana alumnus and friend of Rashmi, Geordie Nelson, spoke and thanked Ravi and Rajni for naming the space after her: “I didn’t realize how much of an impact Rashmi made on myself and others until she was gone. This space means a lot to me, and I know it means a lot to her other friends as well.”



Speaking to those present, Ravi Bale touched upon the inscribing on Rashmi's memorial plaque now hanging at the entrance of the Learning Commons, "Make each day count", which was a motto of Rashmi's. "I plan to live Rashmi's saying for the rest of my days for her," Ravi said. During his speech, Ravi called on those present to consider living in the way Rashmi would have—defending the innocent, adopting children and making a commitment to becoming an organ donor.

"As the years pass and students enter and graduate from Augustana," Augustana's Dean Allen Berger explained, "Rashmi's energy and spirit will remain. The Bale family's generous donation to establish the Rashmi Bale Learning Commons will ensure future students will benefit from the supports that allowed Rashmi to flourish on this campus for generations to come."



Ravi and Rajni Bale with Rashmi's plaque that welcomes those entering the Rashmi Bale Learning Commons. Her motto, "Make each day count," is inscribed below her graduation photo.



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Former Camrose Lutheran College staff member and coach **Gail Amort-Larson** received the Block "A" sweater on March 29, 2018 at the University of Alberta. She received this sweater as a statement of commitment to excellence and the green and gold family. Congratulations on your successful career!

Milton Schlosser retired on March 31, 2018 after 32 years of teaching at Augustana Campus, University of Alberta. The Edmonton Branch of the Alberta Registered Music Teachers' Association (ARTMA) honoured Milton on February 26, 2018 with the 2017 Exceptional Service Award. Best wishes on your retirement!



Alongside Milton Schlosser, four other colleagues with long histories and valued contributions to Augustana retired over the last year: **Shirley Loewen, Răni-Villem Palo, Michelle Pratt** and **Norma Williams**. See page 16 for photos of our retirees ringing the Augustana bell!

Corlissa Flynn has joined the Dean's Office as the executive assistant to the associate deans. She will support Karsten Mundel, other associate deans, the dean's office admin team and TLS. Augustana and Camrose welcomes you, Corlissa!

Jason Taylor joined Augustana in July 2017 as the director of experiential learning (interim) with the Learning, Advising & Beyond team. Jason writes that he is "excited to help grow the Service-Learning program, to find innovative ways to foster deeper, stronger relationships and to enrich the learning process."

The Chester Ronning Centre's International Fellows Program's post-doctoral fellow position has been accepted by **Katharine Batlan** from the University of Texas

at Austin. The post-doc's role is to help organize a conference and work towards publishing and disseminating the research that emerges from the conference. In addition, the post-doc will work closely with the centre's staff to organize public lectures, workshops and student discussion forums. Katharine began her position at the Ronning Centre on July 2, 2018. See aug.ualberta.ca/postdoc for more information on Katharine and her research.



Roxanne Harde, Professor, English, Associate Dean, Research received the Fulbright Canada Visiting Scholar award. Her Fulbright Lecture, entitled “‘God is a wild old dog’: Emmylou Harris and Patty Griffin, Stumbling into Grace,” was held on October 4, 2018 at Augustana and was previously presented at Vanderbilt University where she served last winter as a Fulbright Scholar.



Ellen Christensen was appointed to the role of cashier at Augustana and brings with her many years of experience with accounting and administrative assistance. She has also achieved recognized certification in accounting, payroll and office administration. Ellen replaces **Nanse Hughes** in this position. We wish both of you the best!

Sheryl Gares is Augustana’s new associate chair of science, starting July 1, 2018, for a three-year term.

Shane Day returned from his 18-month secondment to Information Services and Technology (IST) on the University of Alberta’s North Campus. Shane’s work over this period has been centered on high-level strategic initiatives within IST, where he has also been able to serve as an ambassador for Augustana Campus. Shane returns to the help desk administrator position within TLS.

Randy Siemens has served the campus in the help desk administrator role with TLS for the last 16 months. Best of wishes, Randy!

Alysa Bartman began her work as nurse navigator on August 7, 2018. Alysa was born and raised in the Camrose area and graduated from the University of Alberta in 2009 with a bachelor of science in nursing. She will be on campus every weekday afternoon to provide health information and referrals to students as well as public health support to Augustana Campus. Augustana welcomes you to our staff and service for the students! Alysa replaces **Sally Wilson** and Augustana wishes Sally all the best in her future endeavors.

Are you an alumnus with interesting news? Are you or your friends from Augustana, AUC or CLC doing great things?

LET US KNOW!

Send your news to...

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Facebook:
[@augustana.alum](https://www.facebook.com/augustana.alum)

You could even be featured in next year’s Circle Class Notes!

1940



Doris Anderson '45 celebrated her 91st birthday with Augustana Dean Allen Berger and Assistant Dean, Advancement Debbie McIntosh in Calgary on October 26 (her birthday is October 27). Happy birthday, Doris!

Jacqueline (Nowlin) Donaghue '48 attended Camrose Lutheran College 70 years ago and her life isn't slowing down one bit. Jacqueline advised that she has written a play about two seniors entitled *Scotch at Midnight*, which was directed by Elaine Smith at One Act Play Festival 2018. We're glad that you are keeping very busy, Jaqueline!

1950

Jean (Stollery) Pedersen '53 has recently published her third novel, *Clearwing*. It's the story of a young woman, widowed by the Afghanistan war, who undertakes a solo bicycle trip across the Canadian shield "looking for flight, truth, peace and a new presence of self." This novel, along with her two previous—*The Wind Blows Over* and *Scarcity House*—are available at www.lulu.com.

Irvin Servold '52 was in Norway for a short month and gained many memories and experiences from his trip. Before that, Irvin took part in the World Masters, cross country skiing in Minneapolis, Minnesota, where he was fortunate to obtain gold and silver. Additionally, the Canadian Championships were held in conjunction with the World event and Irvin came away with two golds. Great to hear that you're able to keep doing the things that you love, Irvin! Keep on skiing!

1960

David Dahle '65 received the degree of doctor of christian letters, honoris causa, from Lutheran Theological Seminary in Saskatoon, SK on May 4, 2018. "The academy, the seminary and the church owe Dr Dahle a great debt of gratitude for his faithful teaching of the Greek language and culture and careful preparing of students for future scholarship, ministry, teaching and service in the church and the world."

Elwood (aka Woody) Knebel '67 has retired from the Calgary Board of Education after 42 years as a teacher. His wife, Chris, was also a teacher for 31 years. The two now reside in Victoria, BC and celebrated their 45th anniversary this year. They have two children and five grandchildren, and are enjoying retirement and staying healthy and active. Wishing you all the best in your retirement!

Telmor Sartison '62 has written three books. Telmor describes each book in his own words: "*The Elephant in the Donut Shop* is about human relationships in this increasingly intercultural mix we



experience, the second, *The Elephant in the Christmas Pageant*, tells of Elephant being conned into playing the role of the Christ child in the farm Christmas pageant and the third, *The Elephant in the Middle of the Room*, is about the upset experienced by the farm "family" (animals) over new and different animals being invited onto the farm. It is about refugees, which most of us in our ancestry were at one time other."

Telmor's books are available online for purchase. The Lefse House in Camrose, AB has also made them available.

Dr Michael Szapko '68

will be celebrating 50 years since attending Augustana (then known as Camrose Lutheran College). Dr Szapko advised that after his University of Alberta graduation (bachelor of science, '70 and diploma of education, '71), he



taught for five years before entering Palmer Chiropractic College in 1976. He graduated in 1978 and started practicing in Strathmore. He later immigrated to California, where Ted Danson became a client by a referral. Michael eventually became the resident chiropractor on *Cheers* and at Paramount, 20th Century Fox and Universal Studios. Michael also came to work on several TV shows and movies, including *Highlight* and *Frasier*. He attended seven Academy Awards.

Harvey Valentine '61 and Randie (Bergh) Valentine '62 write that they "met at college in our teens. Next month we will be celebrating our 55th wedding anniversary. I was homecoming queen in 1962. Brings back many good memories."

CLASS NOTES

1970

Bob Large '75, Kathrine Cook '02 and Russ Shandro '76 pose with one of Russ' mules. Bob writes, "I ran into Russ and Kathrine at K-Days here in Edmonton. They were both working in the farm fair area, demonstrating Russ' mules. Russ is the main man when it comes to mules and donkeys in Alberta. I have been teaching elementary school in Edmonton for 25 years or so and my wife, Judi, and I always spend one day at K-Days during my summer holidays."



Wynn McLean '70 received the Alberta Association of Agricultural Societies Award of Merit on February 9, 2018. Wynn gave honour to his dad and mom, Max and Lois McLean, who believed in giving back to the community. There were 450 attendees from 110 agricultural societies from across the province. Augustana celebrates with you, Wynn!

Verlyn Olson '74 and Mardell (Skaret) Olson '75 were recognized as community builders on October 19, 2018 by the Battle River Community Foundation for their strong community values and admiration of the BRCF.



Carol (Yamabe) Breikreutz '77 participated in the second annual Arts and Recreation in the Park representing the Camrose Pride Community. Carol thought of the drum circle as "a great metaphor for community because everybody has their own unique flavour and you put something together that is more than the sum of its parts." Carol's philosophy is "if you can say it, you can play it; therefore, anybody can drum." Fourteen musicians and five organizations were also involved in this successful event.

Rob Daum '78, who played for the Vikings here at Camrose Lutheran College in 1978, was inducted into the University of Alberta's Sports Wall of Fame on September 24, 2018. Rob graduated from the University of Alberta with a degree in kinesiology, sport & recreation in '82 and education in '84. He received this recognition for his work as a coach in professional hockey as well as head coach of the Golden Bears from 1995 to 2005. He is currently coaching the Iserlohn Roosters in the DEL in Germany. Congratulations on entering the Sports Wall of Fame!



Murray Roddis '78 attended our 2018 Alumni Weekend this September. Murray has led a very exciting life being a surveyor and has had many adventures with the Indianapolis Motor Speedway, Edmonton Indy 2011 and his work with a 3D Laser Scanner. He was also in the Delaware-based *Professional Surveyor* magazine. Check out the story at his website: www.94LSL.com. He is currently working with Stantec Consulting Ltd. We enjoyed getting to know you and we wish you the best of luck. Keep in touch!

1980

Susan (Stewart) Massitti '82 visits Augustana and writes, "Thank you for the recognition! One never knows where life will take you." Susan is recognized at the Augustana Fitness Centre as part of the Do Great Things Campaign for her work as a winter olympian and a physiotherapist. One of the many great people that have attended Camrose Lutheran College/Augustana Campus!



Dr Kathy Linaker '89 writes that she is now a vice president of academics at Western Technical College in La Crosse, WI. We wish you well in your new job!

Curtis Zablocki '86 has been appointed the RCMP commanding officer for the province of Alberta. He was in Saskatchewan for the past two years. Best wishes on your new appointment!

Bill Peters '88, who played Vikings hockey at Camrose Lutheran College from 1986-88, was recently appointed the head coach of the Calgary Flames! Way to go, Bill!

1990

Rev Bill Harder '90, Hospice Society of Camrose and district program coordinator, hosted the Alberta Hospice Palliative Care Society 2018 Roadshow on April 26, 2018. This year's theme was "A Mindful Finale: Spirituality and Ritual at End-of Life" and offered a full day of educational

workshops developed in response to an identified need for palliative care training throughout Alberta. Thanks for all your wonderful work, Bill!

Stacey Strilchuk '91 is currently working as the executive director with the Camrose Primary Care Network. She graduated from the University of Alberta's North Campus with a BA in history '95. She has volunteered with Special Olympics as a baseball coach and gives credit to her parents for life lessons on giving back to her community. Outside of regular work hours, she is innovative and dedicated to programs Nav-Care, Open Door Integrated Youth Hub, Grief and Bereavement Support and Palliative and End of Life Care. Stacey believes in the patient team and the work they do at the Camrose Primary Care Network. Keep up the great work, Stacey!



Professor Joel Schmidt '92 has been at the University of Applied Management in Munich since 2004. He leads the research area at the Institute for Creativity and Innovation.

Lynnette Wray '94 became the executive director of the Cranbrook & District Community Foundation in May 2017. Her work involves creating revenue streams for non-profit agencies to help them diversify and assure their sustainability. It's all about creating a community legacy!

Dr Mandy Bailey '96 is a naturopathic doctor serving the city of Camrose and area. Mandy graduated from the University of Alberta with a bachelor of science in '99. She hopes to give presentations on various health-related topics on naturopathic medicine. Additionally, she is a registered massage therapist, reiki master

and specializes in craniosacral therapy. She has training in visceral manipulation, reflexology and LaStone® Therapy. We wish you well with your new practice, TriPoint Health Clinic, here in Camrose!



William Laforge '97 became the general manager of the Seattle Thunderbirds after working as the director at the Mount Carmel Hockey Academy in Edmonton, AB. Playing with the Vikings hockey team during his time on campus, Bill graduated from Augustana with his BA and from the University of Alberta with a BEd in '00. Wishing you all the best in your new venture.



Sarah Confer '99 completed a master's degree in art conservation in 2006 and is now studying law at the University of Victoria. She is currently living Peru and works closely with the revitalization of traditional Quechua weaving, with an organization called Threads. Sarah has visited many remote Quechua villages and has been inspired by the weavers in these communities.



2000

Jennifer Guhle '01 started as the new human resources coordinator at Augustana in April 2018. She has a bachelor of commerce degree with a major in human resources and has six years experience with the University of Alberta's North Campus in the Faculty of Science. She has replaced Michelle Pratt, who has retired. Wishing you both the best!

Andrew Agrey '01 is currently working with a new healthcare community paramedics program in the Wetaskiwin-Camrose riding. This program works with seniors and makes house calls with the goal of keeping each patient comfortable and at home. The program allows a reduction in the use of ambulance transport, acute care beds and hospital resources. Andrew is one of six members in the Camrose community paramedic team and covers a 50-kilometer area that includes Wetaskiwin.

Severin Heiberg '02 and Richard Bruneau '99 opened the Fox & Fable Book & Game Café in Camrose. Be sure to check out this cool, new place!

David King '03 & wife, Candace, welcomed their son, Clark Alexander, on February 2018; a new brother for daughter, Abigail King. Best wishes to you and your family!



Alexis (Todoruk) Anderson '03, supervisor in Augustana's Learning, Advising & Beyond (LAB) Office, has recently received her master of arts in higher education administration and leadership from Royal Roads University. Her project, "First-

CLASS NOTES

Generation Students in Higher Education,” is relevant to her work in LAB and, more importantly, to the first-generation students she works with at Augustana. Her graduate work has contributed to a more strategic and focused approach to serving our students at Augustana.

Nola (Morgan) Sharpe '04 will be retiring from her work as a counsellor at Augustana to focus on her private practice and pursue further study/research and practice. Thank you for your service and best wishes for your future endeavors.

Severin Heiberg '02 and Carole Preston '05 welcomed daughter, Dorothy Maria Akanusha Heiberg, on January 3, 2018, at 8lb 10 oz. Their son, Andreas Daniel, is now an eager older brother and is very happy and in love with his sister. He has called her Akanusha since well before she was born. Dorothy is happy, healthy and at home. Wishing you and your family all the best!

Dr Michael Benusic '06 was the featured guest speaker at the Battle River Community Foundation Open House on June 19, 2018. He attended both Augustana Campus and the University of Alberta before attending medical school in Vancouver. Michael spoke on receiving a grant from the Battle River Community Foundation and how it motivated him to succeed.

Jalene Johnsen '06 has given up her position as the Augustana Fitness Centre coordinator for the last eight years to raise her young family. All the best, Jalene!

Monique Paulhus-Lapierre '07 and Michael Lapierre '04 are pleased to advise that they have welcomed baby girl, Sydney Lapierre, on January 10, 2018! Augustana celebrates the birth of your daughter and wishes you all the best!

Krista Larocque '08 has joined Jennifer Guhle

and Troy Burnett within Augustana's Human Resources Department in the capacity of part-time human resources assistant. Welcome, Krista!

Nansee Hughes '08, Mairi-Irene McCormack '11 (both singing), and **Spencer Kryzanowski '15** (accompanying the whole show on piano and showing his acting skills) performed at the Edmonton Fringe Festival with *Pop Goes the Opera in Y2K Black Death Oratorio* in August 2018. Way to go!

2010

Danielle Fostey '10 advises she started working as a crown with the Nova Scotia Public Prosecution Service in January 2018. Danielle is considered “Sexual Assault Prosecutions” but does much more than prosecute—her role is meant to be a resource for the entire province. Crowns offer education, training and resources specific to sexual violence matters and protocol/policy to crowns around the province along with police and other community agencies. Part of this enhanced prosecution model is intended to ensure prosecutions are trauma-informed and victims of sexual violence are not re-traumatized throughout the criminal justice system. Wishing you all the best with this important work, Danielle!

Simran (Garcha) Sidhu '10 has completed her doctorate in optometry. She completed externships in Puerto Rico, Brooklyn and Miami and is now accepting patients at Visionmasters in Duggan Mall in Camrose. Welcome back, Simran!

Ben Rix '11 and Bent Stick Brewing received a bronze award from the 2018 Alberta Beer for their barrel-aged beer. Congratulations!

Samantha Christensen '12 has taken on the role of full-time administrative team lead in the academic departments at Augustana.

Stacey Wall-Rempel '13 has accepted a position of program support specialist at the Faculty of Nursing in Camrose. She was formerly with the Community Service-Learning program at Augustana. Wishing you all the best in your new endeavor!

Connor Chafe '13 is a consultant and has joined with Kudrowich & Associates in Camrose. He will be providing portfolio management, debt exit strategies, taxation planning and cash flow consultation as well as protecting family income against unforeseen circumstances. Wishing you all the best in your position with Kudrowich & Associates.

Jordan Hebert '14 has completed a doctorate in optometry at the University of Waterloo. He has joined Dr Mark Cloarec at Primary Care Optometry in Camrose. We welcome you back to Camrose!

Spencer Moore '14 successfully defended his MA thesis at Queen's University in the department of sociology. His thesis is titled “From Magazines to Twitter Memes: The Visual Methods of Animal Activist Social Movements, 1860-2018”.

Lauren Ross '14 has recently graduated from the University of Alberta with a bachelor of science in pharmacy. She is currently working at the London Drugs in Red Deer as a pharmacist. All the best to you, Lauren! You will do well!



Brittany Johnson '15 has been named the 2018 Graduate Student of the Year by the Academic Women's Association of the University of Alberta. Brittany also has been awarded the Bente Roed Graduate Student Award, which is given to a University of Alberta student in recognition of academic achievement and for community engagement that advances the status of women and equity-seeking minority groups. Well done!

Cody Stokowski '15 recently finished in the top 5% of his juris doctor law degree and graduated with class one distinction from Bond University Gold Coast, Australia. He was offered one of 30 spots in the master's of corporate law at the prestigious University of Cambridge, which is ranked as the most elite corporate law degree in England. Cody will pursue a commercial law career in Vancouver. Congratulations, Cody!

Kelaine Brand '15 will be the community program coordinator for Augustana while Kate McConnell is on maternity leave. Kelaine's responsibilities include coordinating our community programs and education initiatives, including executive education. She also supervises conference service activities for the campus.

Vanessa (Rice) Torkelson '15 and Cody Torkelson '15 have welcomed daughter, Lilah Rose, on July 6, 2018, at 7:50 am and weighing in at 8lbs 6oz. Congratulations and enjoy your precious little bundle!



Corbin Emslie '16 is working as a human resources business support analyst at Covenant Health. Way to go, Corbin!



Sydney Hampshire '15 has recently graduated from the University of Alberta and has compiled the book *Heritage Barns of Flagstaff: Volume 1*. This book was her final project to earn a leadership certificate through the U of A's Peter Lougheed Leadership College. Through this book, Sydney interviewed farmers about barns and architecture, with the book's five chapters chronicling culture and community. Sydney explores how rural leadership is changing in smaller communities and bridging the gap between rural and urban. The book is available at the Flagstaff County office.

Brittany Arabia '15 has been accepted into a master's of counselling program through Yorkville University.

Ryan Lindsay '15 was the winner of the 2018 Rising Star Country 105 auditions held in Calgary, AB. Country 105's competition looked for Calgary's hottest, newest country talent to rock the stage at Country Thunder Alberta this August. Congratulations, Ryan! We wish you all the success in your music career. Keep on rocking!

Carly Heck '16 has been accepted as a candidate for the master of science in nursing (global health stream) at McGill University. Carly advises that she will be working towards becoming a registered nurse while also conducting research in the field of Canadian Indigenous health. Along

with her master's program, she is also student editor for *The Prognosis*, McGill's student-led global health journal and a student researcher for national youth mental health project, *ACCESS Open Minds* (Ulukhaktok, Northwest Territories). Keep up the good work, Carly!

Scott Myshyniuk '16 graduated from the University of Alberta's Faculty of Nursing.



Geordie Nelson '16 interned at A Rocha Canada, a Christian-based conservation organization located in the Lower Mainland, BC. He conducted wildlife monitoring and habitat restoration while learning about creation care theology in an intentional community. While there, he was surprised to learn that **Markku Kostamo '91**, co-founder of A Rocha Canada, is a fellow Augustana/CLC alumnus! Geordie temporarily returned to Augustana as the interim assistant for Chaplaincy this September and he will be filling in as the conference services coordinator until next

CLASS NOTES

summer. Geordie also lets us know that he has designed the Battle River Watershed Alliance's 10th anniversary logo. Keep up the good work, Geordie!



Kelsey Armstrong '17

previously worked at the Augustana Fitness Centre as a customer service associate and group fitness instructor and will now hold the role of fitness centre coordinator. She is a certified group fitness instructor and is working towards her CSEP certification to become an exercise physiologist.

Hope McDonald '17 has been accepted into the master's of public administration program at the University of Victoria with a scholarship and research assistantship. In January 2019, she will begin her first co-op (paid) work experience position.

Brandon Brown '17 was nominated by Principal Mark Siemens and Superintendent Peter Charron for the 2018 Edwin Parr Teacher Award, which recognizes a first year teacher for the ASBA Zone 4. Nominees were celebrated at a banquet in Innisfail on May 28. Great to see your hard work being recognized!



Principal Mark Siemens (left), nominee Brandon Brown (middle) and Superintendent Peter Charron (right).

Marcus Suvanto '17 has started a PhD program in behavioural neuroscience at Concordia University in Montréal. As a great example of how our liberal arts and sciences program can be applied, Marcus was an English major for much of his time at Augustana before he switched to psychology. He is currently conducting research on the effects of amyloid beta on neural transmission in the rat brain and is measuring the electrical activity of cells in the entorhinal cortex of rat brains.

Valerie Brown '18 has replaced **Vanessa Torkelson '15** who is on maternity leave. Valerie will be doing admissions and recruitment. In addition, two recent graduates and student recruiters, **Sara Jobson '18** and **Gavin Wilkes '18**, are also joining the Prospective Students' Office for the Fall recruitment season. Welcome to working at Augustana!

Sammy Lowe '18 has been accepted into a public health MSc program, specializing in epidemiology at the University of Alberta's North Campus. He has also accepted two research assistant positions—one with his graduate supervisor and the other with a group on campus called the Centre for Healthy Communities. Congratulations, Sammy!

Sarah Marchand '18 accepted a full-time position as an AISH generalist with the Ministry of Community and Social Services in Red Deer.

Annika Oleson '18 has won the 2018 Prior Award (established by the Council of Public Liberal Arts Colleges). Annika's essay is titled "Circling Back". Annika writes, "During my four years at the Augustana Campus of the University of Alberta, my degree program ironically named 'global and development studies,' has fostered a focus on the local. That focus has come with the realization that perhaps what I uniquely have to offer the world can be found in the place I left." Annika was featured on the cover of our Spring 2018 Circle. Congratulations, Annika!



Carley Roth '18 graduated from Augustana Campus with a bachelor of science degree and is currently working for Clarks Eco Science in Edmonton.

Kelsey Sibanda '18 will be attending medical school in London, England and **Nicole Brockman '18** has been accepted into medical school in Edmonton for the Fall 2018 semester. Congratulations to you both, and good luck!

IN MEMORIAM 2018

- Sophie Anne Heiberg '42 of Coquitlam BC
- Jocelyn Maciborsky '00 on October 31, 2014, of Penhold AB
- Russell Dougherty '68 on June 25, 2015, of Seabrook TX
- Lois Edythe (Stoddart) Anderson '55 on December 11, 2015, of Edgerton AB
- Philip Carry '42 on June 27, 2016, of Calgary AB
- Edna (Rose) Sullivan '55 on January 3, 2017, of Victoria BC
- Michael Howard Fisher '43 on February 1, 2017, of Calgary AB
- Heather (Morris) Barth '75 on April 25, 2017, of Edmonton AB
- Helen (Sjulstad) Gow '48 on May 15, 2017, of Leduc AB
- Helen (Magneson) Thompson '39 on May 20, 2017, of Strasbourg SK
- Fred Lyseng '54 on November 3, 2017, of Victoria BC
- Evelyn (Reise) Parsons '39 on November 19, 2017, of Red Deer AB
- Mary Ann (Stromner) Duff '53 on November 24, 2017, of Leduc AB
- Dr Devon R. Smith '79 on November 25, 2017, of Camrose AB
- Bertha (Andreassen) Eggertson '45 on December 9, 2017, of Calgary AB
- Jeremy Dahl '03 on December 13, 2017, of Beaumont AB
- Jeffery Strong '80 on December 15, 2017, of Red Deer AB
- June (Huseby) Yarham '50 on December 15, 2017, of Holden AB
- Betty Anne (Jorgensen) Rollofson '47 on December 19, 2017, of Titonka IA
- Myrtle (Notland) Osmond '42 on January 8, 2018, of Bowden AB
- Robert Law '56 on January 21, 2018, of Bonnyville AB
- Sheila (Clark) Joines '74 on January 31, 2018, of Calgary AB
- Ruth (Ruste) Wilson '38 on February 4, 2018, of Bowmanville ON
- Eva (Bye) Erickson '47 on February 9, 2018, of Kyle SK
- Caroline Foshaug '74 on February 9, 2018, of Edmonton AB
- Ralph Bergquist '61 on February 13, 2018, of Residence SK
- Lola Maxine aka Maxine (Mac) Deitz '49 on March 1, 2018, of Milo AB
- Margaret (Lien) Harms '50 on March 6, 2018, of Calgary AB
- Michael Ducs '84 on March 7, 2018, of Camrose AB
- Wally Sherwin '59 on March 18, 2018, of Mississauga ON
- Dennis Olsen '76 on March 19, 2018, of Camrose AB
- Lee Haroldson '90 on March 21, 2018, of Provost AB
- Clara (Business) Tate '41 on March 22, 2018, of Camrose AB
- Trudy (Handke) Kadatz '47 on March 28, 2018, of Kelowna BC
- Bradley Bergh '76 on April 21, 2018, of Calgary AB
- Arlene (Swanson) Christenson '62 on April 22, 2018, of Camrose AB
- Gerald Thronson '55 on May 2018, of Sherwood Park AB
- Nicole (Houle) Keryluke '04 on May 5, 2018, of Falher AB
- Nina (Johnson) Arends '48 on May 12, 2018, of Edmonton AB
- Earl Pottage '43 on May 31, 2018, of Edmonton AB
- Janet (McLarty) Bay '71 on June 17, 2018, of Spruce Grove AB
- Barnaby Provost '04 on June 25, 2018, of Stand Off AB
- Rupert Wenig '57 on August 10, 2018, of Camrose AB
- Sharon (Olsen) Gerber '62 on September 1, 2018, of Bashaw AB
- Marie Olson '67 on September 13, 2018, of Camrose AB
- Joel Eisner '18 on September 16, 2018, of Camrose AB
- Carmen (Rude) Klein '50 on September 18, 2018, of Pincher Creek AB
- Craig Norstrom '45 on September 27, 2018, of Kerrville TX
- Peter Thede, former Board of Regents member, on February 16, 2018, of Edmonton AB
- Deidrie Richardson, former Senior Financial Administrator for Augustana, on May 22, 2018, of Camrose AB

RETURN UNDELIVERABLE ITEMS TO

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