

CURRENT AFFAIRS SALON

The next meeting of the Current Affairs Salon will take place on **Thursday, December 8th at 2:00pm MDT via Zoom**. The topic will be homelessness and how to address the problem. The meeting will be via Zoom, the coordinates being:

<https://us02web.zoom.us/j/84256439376>

If the system asks for a passcode enter 488023
The meeting ID is 84256439376 if needed

BOOK CLUB

The next meeting of the Book Club will be held **on Wednesday, December 14th at 2pm** in Room 1-46 of University Terrace (8303-112 Street). The discussion of ***The Pull of the Stars*** by Emma Donoghue will be led by Beverly O'Brien.

Members may participate either in-person or online. If you wish to participate online, please contact Vivien Bosley at vbosley@ualberta.ca for Zoom instructions ahead of time. If you wish to join the group, please contact Vivien as well.

CHRISTMAS BRUNCH

Our annual Christmas Brunch is next week! Take this opportunity to enjoy a brunch with your fellow retirees. It will be held on **Saturday, December 17th at 10:45am** in the Saskatchewan Room of The University Club UofA.

The cost for the brunch is \$40.00 per person. Guests are invited! If you wish to attend, please inform us at emirhse@ualberta.ca and make payment **before December 12th.**

Payment can be made by *INTERAC* transfer through your own bank, using our email address of emirhse@ualberta.ca OR,

By cheque, made payable to the Association of Retired Academic Staff OR,
If you bank at Royal Bank, though a transfer to our bank account at:

Royal Bank, 10843 82 Ave, Edmonton T6E 2B2
Account Name: Association of Retired Academic Staff
Account #: 04509-5013537



As it's the season of giving, we will also be collecting donations for the university's Campus Food Bank (the oldest food bank on a university campus in Canada!) They are busier than ever before, so we encourage those attending to bring in a little something to help end food insecurity at the UofA.

You may learn more about the Campus Food Bank by [clicking here](#).

MEMBERSHIP RENEWAL

Thanks to all of you who have renewed your membership with ARAS.

This is a gentle reminder to renew yours by filling out the form on our website www.ualberta.ca/association-retired-academic-staff under the tab *Become a Member* or by [clicking here](#)! Along with remitting payment either through *INTERAC* or by cheque sent to the address below:

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ARAS FACEBOOK PAGE

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CURAC'S BRAINY BOOMER ONLINE SESSIONS

Thursday, December 8, 2022, at 12:00 pm EST: free Zoom workshop

Eat and Age Well: Healthy Eating on a Budget

By Mary Hendrickson MSc, RD, and Lingbo Li, a 4th year dietetics student at McGill University who is eager to share ideas for affordable holiday meals.

Registration: <https://www.eventbrite.ca/e/eat-and-age-well-cooking-for-the-holidays-tickets-476226665777?aff=ebdsoporgprofile>

Wednesday, December 14, 2022, at 12:00 pm EST: free Zoom session

What you need to know about Wills and Testaments

By Margherita M. Morsella, Lawyer

Registration: <https://www.eventbrite.ca/e/what-you-need-to-know-about-wills-and-testaments-tickets-476230798137?aff=ebdsoporgprofile>

If you need further info, contact: Kaitlyn B: brainy.boomer-mcsa@mcgill.ca

(McGill Univ Research Centre for Studies in Aging)

CURAC'S COLUMN IN UNIVERSITY AFFAIRS

English: Staying in Touch After Retirement by/par Robert A Stebbins,
Professor Emeritus-Sociology, University of Calgary:

<https://www.universityaffairs.ca/career-advice/academic-for-life/>

French: Maintenir le contact après le départ à la retraite :

<https://www.affairesuniversitaires.ca/conseils-carriere/universitaire-a-vie/maintenir-le-contact-apres-le-depart-a-la-retraite/>

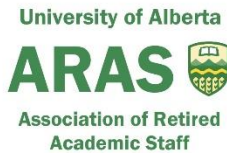
Further info available from: clenave@ucalgary.ca

EPILOGUE

Attached you will find the latest issue of Epilogue for your enjoyment.

OFFICE ASSISTANT

David will be in the office from 6-9pm on Monday December 12th.



Weekly BULLETIN

December 12, 2022

ASSOCIATION OF RETIRED ACADEMIC
STAFF: UNIVERSITY OF ALBERTA

BOOK CLUB

The next meeting of the Book Club will be held **on Wednesday, December 14th at 2pm** in Room 1-46 of University Terrace (8303-112 Street). The discussion of ***The Pull of the Stars*** by Emma Donoghue will be led by Beverly O'Brien.

Members may participate either in-person or online. If you wish to participate online, please contact Vivien Bosley at vbosley@ualberta.ca for Zoom instructions ahead of time. If you wish to join the group, please contact Vivien as well.

CHRISTMAS BRUNCH

The Christmas Brunch is upon us! There is still time to sign up in the next two days if you would like to come and join the 32 other participants. The brunch will be held on **Saturday, December 17th at 10:45am** in the Saskatchewan Room of The University Club UofA.

The cost for the brunch is \$40.00 per person. Guests are invited! If you wish to attend, please inform us at emirhse@ualberta.ca and make payment.

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Parking next to the University Club is free for members who have registered their license plate with the club. For others, the cost is \$5.50 for the day which can be paid at the machine just inside the University Club front door.



As it's the season of giving, we will also be collecting donations for the university's Campus Food Bank (the oldest food bank on a university campus in Canada!) They are busier than ever before, so we encourage those attending to bring in a little something to help end food insecurity at the UofA.

You may learn more about the Campus Food Bank by [clicking here](#).

MEMBERSHIP RENEWAL

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HELP UKRANIANS LEARN ENGLISH

Interested in improving young Ukrainian's spoken English and intercultural skills? Attached to this email is a brochure from ENGIN to learn more.

CURAC'S WINTER SESSIONS CALENDAR

The schedule for CURAC's Events Calendar is attached to this email as well.

OFFICE ASSISTANT

David will be in the office from 1-4pm every Monday.

CURRENT AFFAIRS

The next meeting of the Current Affairs Salon will take place on **Thursday, January 5th at 2:00pm** via Zoom. The topic to be discussed is Populism. More information to follow.

The Zoom coordinates for the meeting are:

<https://us02web.zoom.us/j/84256439376>

If the system asks for a passcode enter 488023

The meeting ID is 84256439376 if needed.

BOOK CLUB

The next meeting of the Book Club will be held on **Wednesday, January 18th at 2:00pm** in Room 1-46 of University Terrace (8303-112 Street). The book to be discussed is *The Best Laid Plans* (2007) by Terry Fallis.

Members may participate either in-person or online. If you wish to participate online, please contact Vivien Bosley at vbosley@ualberta.ca for Zoom instructions ahead of time.

If you wish to join the group, please contact Vivien as well.

LUNCH WITH...

The next edition of Lunch With... takes place on **Wednesday, January 25th at 11:30am** in person at the Papaschase Room at the University Club. The speaker will be Heather McPherson. She is an NDP Member of Parliament for Edmonton Strathcona.

The topic to be discussed is Politics in a Multi-Polar World.

Global politics is changing. Due to the ease of telecommunicating and the internet, new and more varied political poles and alliances are emerging and many of the issues we face locally are global in scope. Heather McPherson, Member of Parliament for Edmonton Strathcona and the NDP critic for Foreign Affairs and International Development, will address how Canada should negotiate this new, multi-polar world in foreign and domestic affairs.

More information about Heather to follow.

If you plan to attend, please notify us at emirhse@ualberta.ca

Please feel free to invite your friends!

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OFFICE ASSISTANT

David will be back in the office on Tuesday, January 3rd from 1-4pm.

Should you have any questions, feel free to email emirhse@ualberta.ca

Happy Holidays!