

ARAS Weekly Newsletter

Association of Retired Academic Staff



August 19, 2024

DINING OUT

Peggy has booked an end of summer dinner for us at the University Club on **Thursday, August 29**. Dinner will be at 6:30 pm and out on the patio if the weather permits.

Parking is free for members. There is no barbeque on Thursdays but the regular menu is available. It will be good to get together again after the short July hiatus. If you plan to attend, please contact Peggy at

peggyallegretto@gmail.com

ARAS PICNIC

The Association of Retired Academic Staff (ARAS) invites you to join us for a picnic on **September 17th at 4-8pm at Emily Murphy Park Site #1**. The site is covered and we will be providing complimentary food and drink. The picnic provides an opportunity to meet new and familiar faces from the university community. We intend for this to be a time for fun and reflection on ARAS's various activities. If you plan to attend please contact us at

emirhse@ualberta.ca

Invitation to the Age-Friendly University

As part of our commitment to bringing people together, we will host the first Age-Friendly University North American Region Gathering on **Thursday, September 5th** from 1:30 PM to 3:00 PM Eastern (10:30 AM Pacific to 12:00 PM Pacific)

[Please register for the event here.](#)

We see this as the first gathering – something we hope to make regularly – where we can share updates, discuss potential ideas, and identify opportunities for advancing age-friendly higher education institutions. We will start with

a very brief welcome and introduction from the Global Secretariat and then spend the time through a breakout and group discussion-sharing practices, identifying new activities, and getting to know one another.

I am excited to see many of you there. If you cannot attend this event, and there is enough interest, we will also aim to hold one in October!

OFFICE ASSISTANT

Damdini will be in the office every Monday from 2-5pm.

If you wish to unsubscribe from our mailing list, please reply to emirhse@ualberta.ca with "UNSUBSCRIBE" in the subject line. Thank you!

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Association of Retired Academic Staff



August 26, 2024

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BOOK CLUB

The first meeting of the season of the Book Club takes place on Wednesday, September 18th at 2:20pm in Room 1-46 of University Terrace (8303 112 Street). The discussion of *Deacon King Kong* by James McBride will be led by David Cooper.

Members may participate either in-person or online. Beverly O'Brien (bo1@ualberta.ca) will send a Zoom link beforehand for those wishing to join virtually.

If you wish to join the group, please contact Vivien Bosley at vbosley@ualberta.ca

LUNCH WITH...



The first Lunch With...will take place on Wednesday, September 25, at 11:30 am in Rm 1-138 at University Terrace. The speaker will be Jeremy Spurgeon, Organist for the Edmonton Symphony Orchestra and Director of Music at All Saints' Cathedral in Edmonton. His talk is titled: "Journey of a Lifetime: How Jeremy

Spurgeon Came to Canada - and Stayed!" - The story of an organist's career in the wider world of music. Lunch will be catered by Upper Crust. More information to follow in the next Newsletter.

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If you plan to attend please contact us at emirhse@ualberta.ca

Invitation to the Age-Friendly University

The Age-Friendly University is an international organization based at Arizona State University designed to bring retirees around the world together to interact with one another. As part of our commitment to bringing people together, we will host the first Age-Friendly University North American Region Gathering on **Thursday, September 5th from 1:30 PM to 3:00 PM Eastern (10:30 AM Pacific to 12:00 PM Pacific)**

[Please register for the event here.](#)

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