

ARAS Weekly Newsletter

Association of Retired Academic Staff



November 1, 2023

CURRENT AFFAIRS SALON

The next meeting of the Current Affairs Salon takes place on **Thursday, November 2nd at 2:00pm** and will be via Zoom. Of the numerous possible topics of interest both local and global, we have chosen to attack the issue of the potential withdrawal of Alberta from the Canada Pension Plan. Bob Ascah will be familiar to CAS participants from his former talks and especially from his many articles in Alberta Views, The Globe and Mail, and others. His talk will dissect the political messaging being sent to Albertans.



Zoom coordinates for the meeting are:

 <https://us02web.zoom.us/j/84256439376>

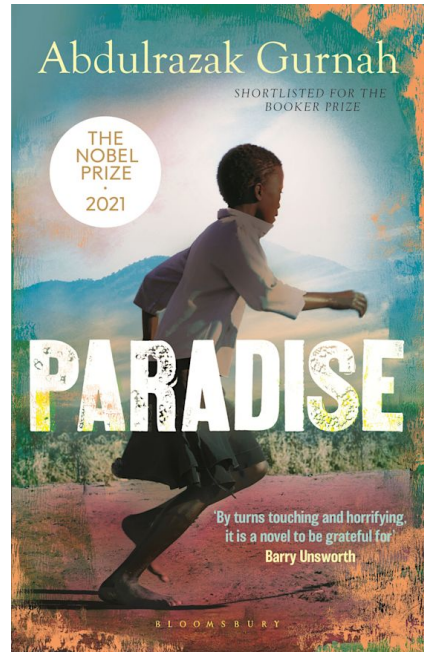
If the system asks for a passcode enter 488023

The meeting ID is 84256439376 if needed

BOOK CLUB

The next meeting of the Book Club will be held on **Wednesday, November 15th at 2:20pm** in Room 1-46 of University Terrace ([8303 112 Street](#)).

The discussion of Paradise by Abdul Gurnah will be led by David Cooper. Members may participate either in-person or online. Beverly O'Brien (bo1@ualberta.ca) will send a Zoom link beforehand for those wishing to join virtually.



If you wish to join the group, please contact Vivien Bosley at vbosley@ualberta.ca.

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The next edition of Lunch With... takes place on **Wednesday, November 22nd at 11:30am** in the Papaschase Room at the University Club. The speaker will be Adriana Davies who will discuss her recently published memoir *My Theatre of Memory: A Life in Words*.

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graduating with a Ph.D in English at London University, Adriana returned to Edmonton and worked as an editor on the Canadian Encyclopaedia. She was also Director of the Museums Association of Alberta. She has written and lectured extensively about Italian settlers in Alberta. She is a Member of the Order of Canada and a Cavaliere d'Italia.



Luncheon will consist of soup and sandwich plus dessert squares at a cost of \$28. Parking is free from 11:30am to 1:30pm for University Club members whose plates have been registered with the Club; paid parking is available, with the machine just inside the Club front door.

If you plan to attend, please notify us at emirhse@ualberta.ca.
Please feel free to invite your friends!

TRAVEL CLUB

The next meeting will be held on **Thursday, November 30th at 2pm** in Room 1-38 of University Terrace ([8303 112 Street](#)).



Anyone who is able to present a summary/pictures of an interesting trip at a subsequent meeting of the Travel Group, please contact Ken Roy (ken.roy@ualberta.ca) indicating a suitable time.

WEBINARS OF INTEREST

Invitation to attend upcoming Fall 2023 webinars by McMaster University Alumni Association (and you can view recordings of past sessions @ <https://alumlc.org/mcmaster/archive>)



1. **WED. November 8, 2023 @ NOON ET:**
From Stuck to Soaring: How to Successfully Change Your Career

Speaker: *Octavia Goredema, Author and Award-Winning Coach*

For further info & **Registration:**
<https://alumlc.org/mcmaster/30101>

2. **WED. November 29, 2023 @ NOON ET:**
ADHD: How it Manifests and Effective Steps to Address It

Speaker: *Dr. Edward (Ned) Hallowell, New York Times Bestselling Author and World-Renowned Authority on ADHD*

For further info & **Registration:**
<https://alumlc.org/mcmaster/31604>

Invitation to free hybrid sessions from McGill Univ Alumni Assoc:



Thursday, November 2, 2023, 17:00 to 19:30 ET

Topic: Do Canada's cold temperatures mean we shouldn't worry about climate change?

Speaker: Andrew Leach, Economist, Writer & Univ. of Alberta Professor

All are welcome. It seems no registration is required for online attendance.

Link: <https://www.youtube.com/live/qeildKAKyMg?si=SQn2j74uWm1pP-y->

Invitation from McGill University's Brainy-Boomer re online Exercise Sessions



**1. Risk reduction and influencing behaviour change:
delving into the World Alzheimer Report 2023**

Tuesday, November 7th @ 8-10am ET

Alzheimer Disease International (ADI) invites you to a webinar on ADI's World Alzheimer Report 2023 on risk reduction.

Leading experts will take a further look at key risk factors including head injury, hearing loss, lack of physical activity, and brain health. This will be followed by an open Q&A where the panelists will answer your questions.

The webinar will be delivered by Zoom.

[Click here](#) for more details, panelist bios, and registration.

Below is an invitation from Dalhousie University, Assoc of Retirees & Pensioners to Living Your Best Retirement Life – a November 2023 webinar series.



Topic: *Are You Living Your Best Retirement Life?*

Date & Time of the 4 Webinars via Zoom: November 8, 15, 22, 29, 2023 @1:30 - 3:00pm AST or 12:30-2pm ET

Speaker: Dr. Susan Hutchinson, recently retired from Dalhousie University (see her [recent publication](#) in CURAC's Academic for Life column in University Affairs)

Cost: \$25.00

To Register: go to the ADRP event page on *The Retired You* website: [ADRP: Living Your Best Retirement Life | The Retired You](#)

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University of Alberta
ARAS
Association of Retired
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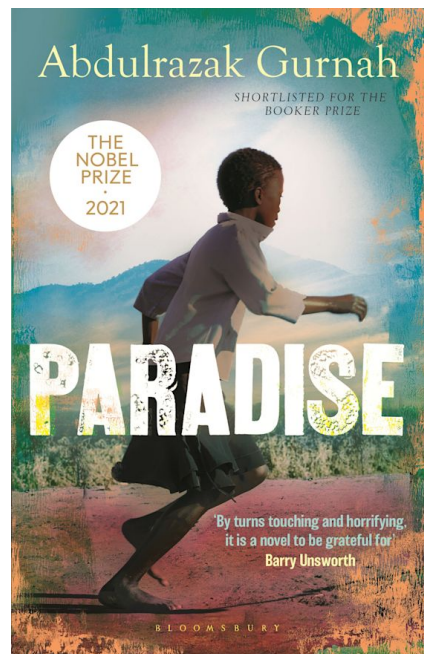
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Date: Wednesday, November 22, 2023, 12 Noon - 1pm (ET)

Title of Session: Accessibility of third-party transit apps and transit agencies' role

Speaker: Dr. Mahtot Gebresselassie, Assistant Professor, Faculty of Environmental and Urban Change.

This presentation focuses on whether transit agencies that provide data to app developers require developers to comply with the Americans with Disabilities Act and the applicability of Section 508 of the Rehabilitation Act for third-party transit apps.

For more information and to register: please [click here](#).



Dr. Gebresselassie is an architect, urban planner, educator, and social-science researcher. Most of her research focuses on Uber and Lyft and transportation equity in relation to people with disabilities and low-income earners. She also does research on extreme weather and other unusual events and Uber and Lyft.

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The goal of her research work is to contribute towards solving urban transportation problems.

Below is an invitation from University of Toronto Alumni Assoc to attend an online session.



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Title of Presentation: HEALTHY PLANET, HEALTHY LIVES:
CLIMATE RESILIENCE AND SUSTAINABILITY IN HEALTH
CARE

Overview of the session: At the next Temerty Medicine Talks, the Globe and Mail's André Picard joins a panel of experts to discuss what our healthcare system can – and must – do now.

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Speaker: Sara Hastings-Simon, PhD, Associate Professor, Department of Earth, Energy, and Environment (Previously Geosciences), and School of Public Policy , Director of the MSc Sustainable Energy Development Program (SEDV), University of Calgary

For further info & Registration:

<https://events.ucalgary.ca/event/453404-understanding-the-energy-transition-at-the>

BIRTHDAYS

- Sandra Cockfield's birthday is tomorrow on November 9th and we wish you a fantastic day! 🎂🎉
 - John Mullen's birthday is just around the corner on November 14th, and we're looking forward to celebrating with him! 🎂🎉
-

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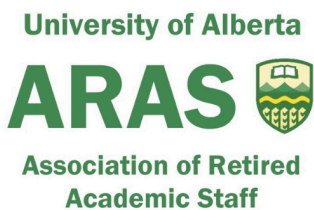
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YOUR NEW EXECUTIVE

At the Annual General Meeting at the end of October, elections were held for the Executive Committee of ARAS. The new Executive is as follows:

President:	Gordon Rostoker
Vice-President:	Walter Archer
Secretary:	Don Carmichael
Treasurer:	David Cooper
Members-at-Large:	Walter Allegretto Marion Allen Vivien Bosley Bente Roed (until December 31, 2023) Ken Roy Richard Young
Past President:	Jan Murie
Editor (Epilogue):	Ruth Gruhn

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Please let Peggy know before Tuesday, November 28th if you plan to attend at peggyallegretto@gmail.com

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CHRISTMAS BRUNCH

Our annual Christmas Brunch will take place on **Saturday, December 16th at 11:00am** in the Saskatchewan Room at the University Club. This is your once -in-a-year to meet with old colleagues and make new friends. At the end of the brunch there will be a draw for several bottles of wine – an event that brings a shot of adrenaline to attendees every year without fail! Set that date and time aside. More information to follow in the next Newsletter.



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Antarctica and Arctic Sea Ice: A Story of Differences

November 23, 2023 @ 2pm ET by Bruno Tremblay, Professor of Atmospheric & Oceanic Sciences, McGill University, Montreal, Quebec.

For further info & registration:

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LUNCH WITH...

Today marks the last day that we will be having Lunch With... at the University Club.



We had to move elsewhere because the cost of the lunch and the impending room charge at the beginning of 2024 made the event economically unviable. Lunch With..., starting in January 2024, will be held in the building where the Association's office is located - in University Terrace. More detailed information will follow in an upcoming Newsletter.

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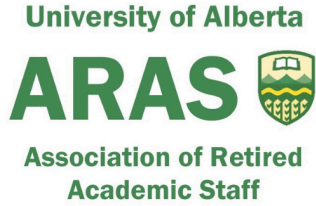


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MEMBERSHIP RENEWAL

Thank you for being a part of the Association of Retired Academic Staff! It is that time of the year to renew your membership and we sincerely hope that you will join us for another year full of social events and programs!

To renew, please [click here](#) to access the form.



Kindly be aware that payments made via INTERAC will reflect the recipient as "Association of Professors Emeriti," which currently represents ARAS. Despite our efforts, INTERAC has not yet implemented the name change from APE to ARAS.

If you have any questions or suggestions, please do not hesitate to reach out to emirhse@ualberta.ca

If you have paid your membership fee after April 30, 2023, you can ignore this notice as your membership extends to November 2024. If you wish to mail your membership renewal, attached is the Membership Renewal Form for 2024.

WEBINARS OF INTEREST

Below is an invitation from University of Toronto Alumni Assoc to attend an online session.



Date: **December 1, 2023 @ 12:00 – 12:45 p.m. (ET)**

Title of Presentation: HEALTHY PLANET, HEALTHY LIVES:
CLIMATE RESILIENCE AND SUSTAINABILITY IN HEALTH
CARE

Overview of the session: At the next Temerty Medicine Talks, the Globe and Mail's André Picard joins a panel of experts to discuss what our healthcare system can – and must – do now.

For further information and to receive the link, REGISTER at:
<https://secureca.imodules.com/s/731/form-blank/index.aspx?sid=731&gid=45&pgid=21610&cid=35694>

OFFICE ASSISTANT

David's office hours next week:

- 3:30 to 5:00pm every Wednesday
- 8:00 to 9:30am (*remotely*) every Thursday

If you wish to unsubscribe from our mailing list, please reply to emirhse@ualberta.ca with "UNSUBSCRIBE" in the subject line. Thank you!