



Tea Alice Bailly 1914

Hello everyone,

I don't know about you but I am DESPERATE for tea/coffee/wine/anything with my female friends! Did have a lovely walk and chat with a younger friend today, although having to take her arm on slippery slopes and getting short of breath on stairs was a bit upsetting, but So Worth It!

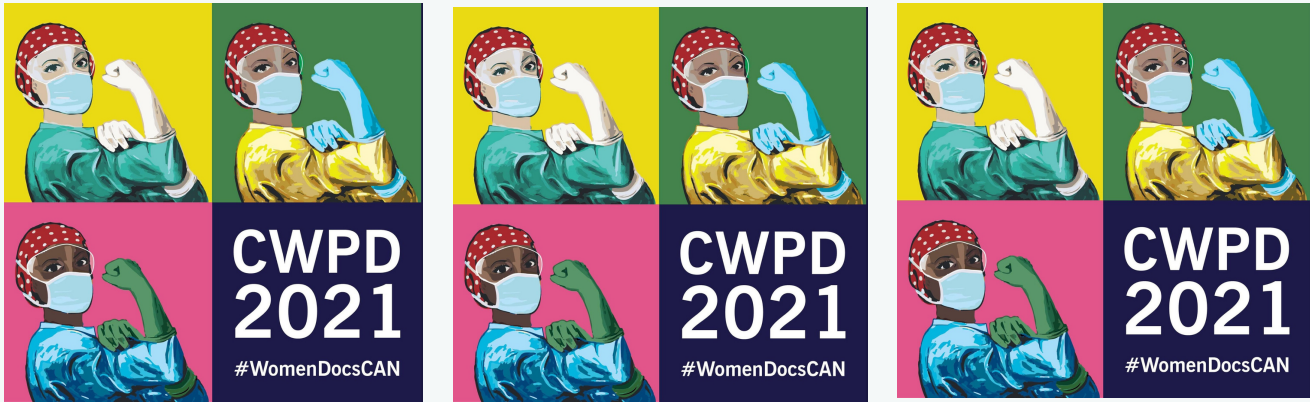
March 11 2021 is the first ever **Canadian Women Physicians Day!** **#WomenDocsCAN**

Created by Dr Liana Hwang this day recognizes the date in 1875 when Dr Jennie Trout became the first woman ever licensed to practice medicine in Canada. More [HERE](#)



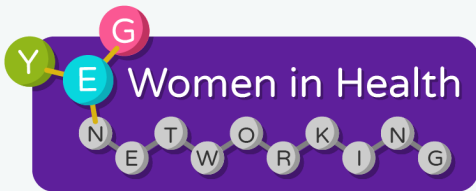
Canadian Women in Medicine

"was founded in 2018 to connect and support female physicians in a way that allows them to thrive in all aspects of their lives: professional and personal. Our vision is to create a connected force of female physicians that will not only advocate for one another professionally, but also support each other in balancing our many other roles. Among our goals are increasing the number of women in medical leadership roles and achieving a work environment that is free from harassment and discrimination." Check out their website [HERE](#)



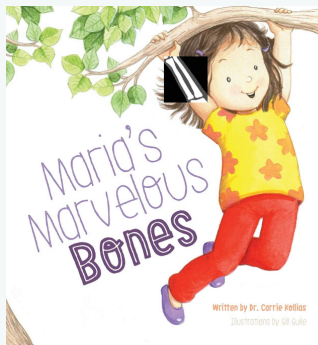
#WomenDocsCAN image designed by Dr Michiko Maruyama @medical_doodles for @CdnWIM

Join me in celebrating these Canadian Women Physicians!
Each is a trailblazer in her area.



Dr Kim Kelly

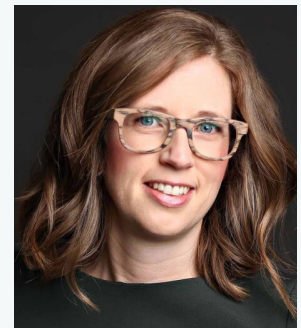
My inspirational friend has grips on her boots and a firm grip on leadership, advocacy, Equity, Diversity & Inclusion & much more. Website [HERE](#)
 Founder of Edmonton Women in Health Networking #YEGWIHN
 "Any hobby requiring a fire extinguisher ignites my interest!"



Dr Carrie Kollias

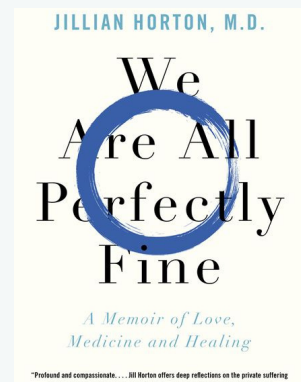
Orthopedic surgeon, author and advocate. Now in Australia but still advocates for Albertan physicians. Founding member of the International Orthopaedic Diversity Alliance in 2019.
 Her website [HERE](#)

Wideranging interview on She Can Fix It Podcast [HERE](#)
 "Grow your competency, but don't forget to grow your character as well."



Dr Jillian Horton

Internist, medical educator, writer, musician and podcaster. Winner of the 2020 AFMC-Gold Foundation Humanism award.
 We Are All Perfectly Fine [HERE](#) is her just published memoir which is already on the best seller lists.
 Read a preview [HERE](#)
 Dr Kelly and I are delighted that Dr Horton will join us for the next WIHN Book Club May 6.
 "Be brave. Be kind. be funny."



"When we get it right for girls and women, everyone benefits."

"Each encounter a woman has with an anaesthetist is a crucial one"

17 free-to-access articles in this online issue

Podcast [HERE](#)

Anaesthesia



Peri-operative medicine, critical care and pain

Special online supplement: The importance of women's health in peri-operative care

Editorial: The role of anaesthetists in women's health

H. C. Laycock and E. Mullins

Editorial: Global health inequality and women – beyond maternal health

S. N. Myatra, S. Tripathy and S. Einav

Editorial: BAME women and health inequality

S. Agarwal and S. Watson

The female medical workforce

J. Critchley, M. Schwarz and R. Baruah

Impact of the intersection of anaesthesia and gender on burnout and mental health, illustrated by the COVID-19 pandemic

G. R. Lorello, M. Gautam, C. Bamed and M. Peer

Current status and solutions for gender equity in anaesthesia research

A. M. Flexman, S. K. Shillcutt, S. Davies and G. R. Lorello

Adolescent gynaecology: anaesthetic and peri-operative care implications

N. S. Crouch and M. K. Molyneux

Anaesthetic considerations for fertility-sparing surgery and uterine transplantation

L. S. Kasaven, B. P. Jones, R. Keays and S. Saso

The misogyny of iron deficiency

C. Dugan, B. MacLean, K. Cabolis, S. Abey Siri, A. Khong, M. Sajic and T. Richards, on behalf of the Women's Health research Collaborative

Maternal and fetal anaesthesia for fetal surgery

J. R. Dick, R. Wimalasundera and R. Nandi

Pandemics and maternal health: the indirect effects of COVID-19

D. N. Lucas and J. H. Bamber

Mental disorder in pregnancy and the early postpartum

R. Cantwell

The effect of iron deficiency and anaemia on women's health

C. S. Benson, A. Shah, S. J. Stanworth, C. J. Frise, H. Spiby, S. J. Lax, J. Murray and A. A. Klein

An update on the management of chronic pelvic pain in women

K. Vincent and E. Evans

Obesity in women: anaesthetic implications for peri-operative and peripartum management

H. S. Tan and A. S. Habib

Heart disease in women: a narrative review

A. de Marvao, D. Alexander, C. Bucciarelli-Ducci and S. Price

Enhanced recovery pathways and patient-reported outcome measures in gynaecological oncology

Q. Chen, E. R. Mariano and A. C. Lu

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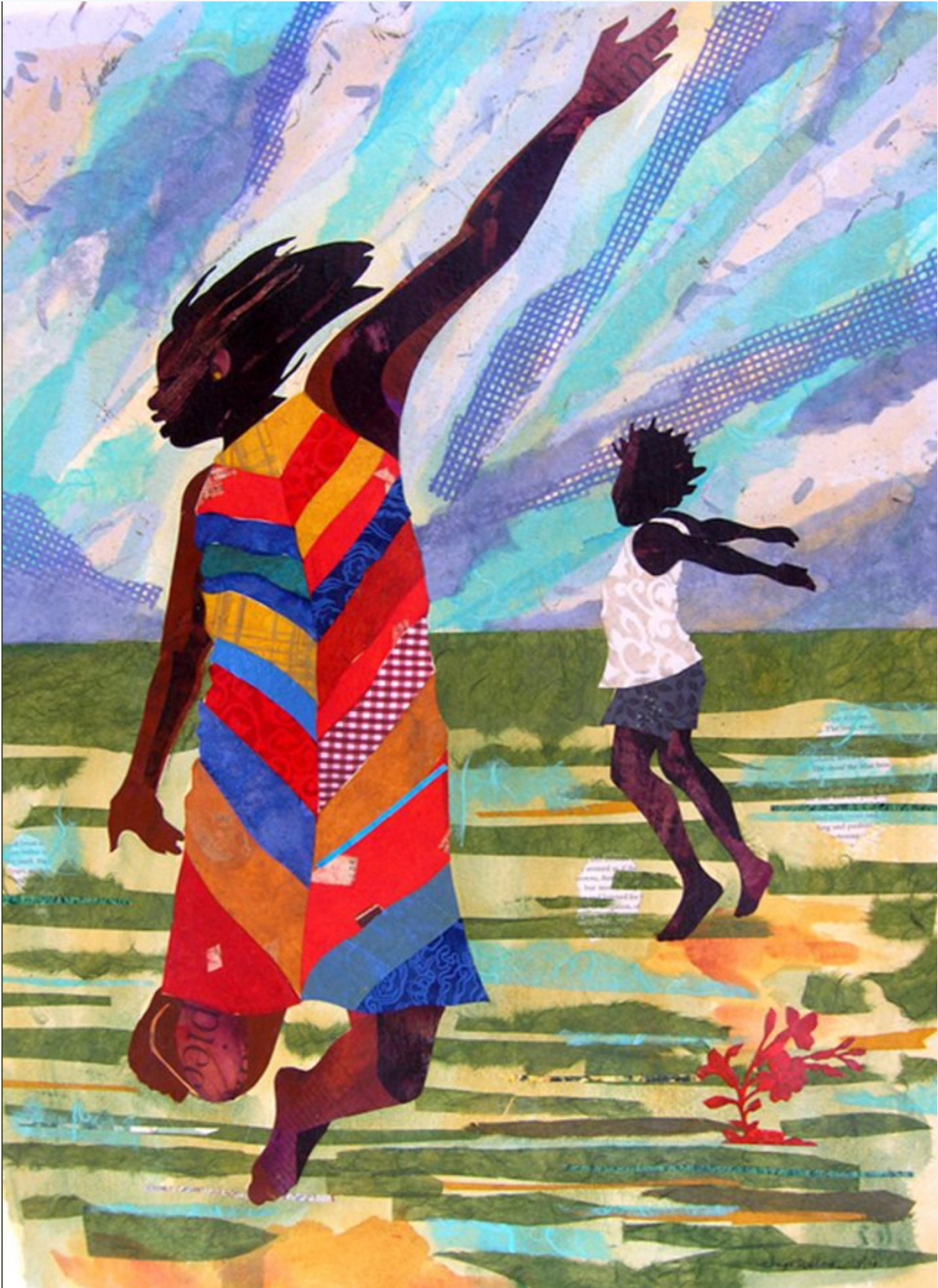
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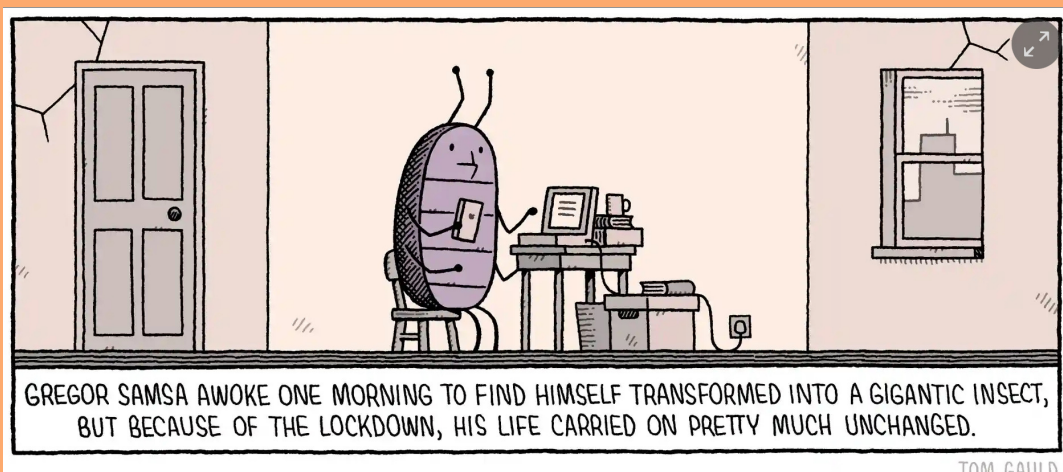
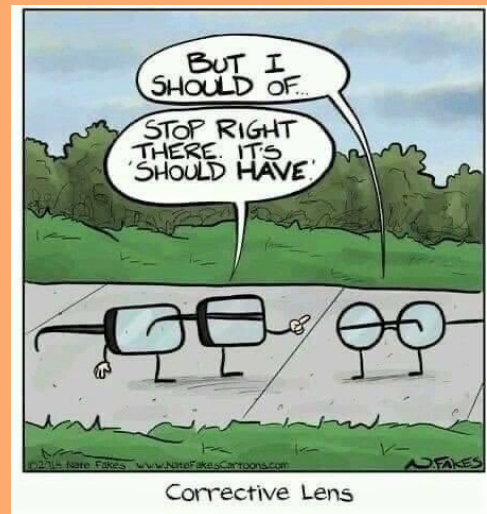
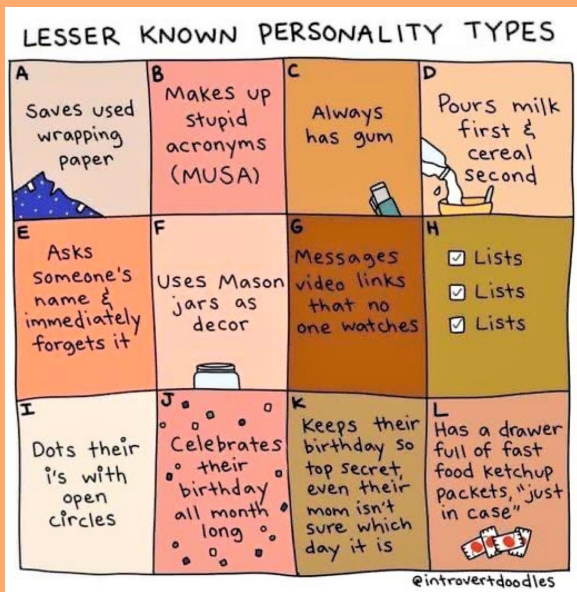
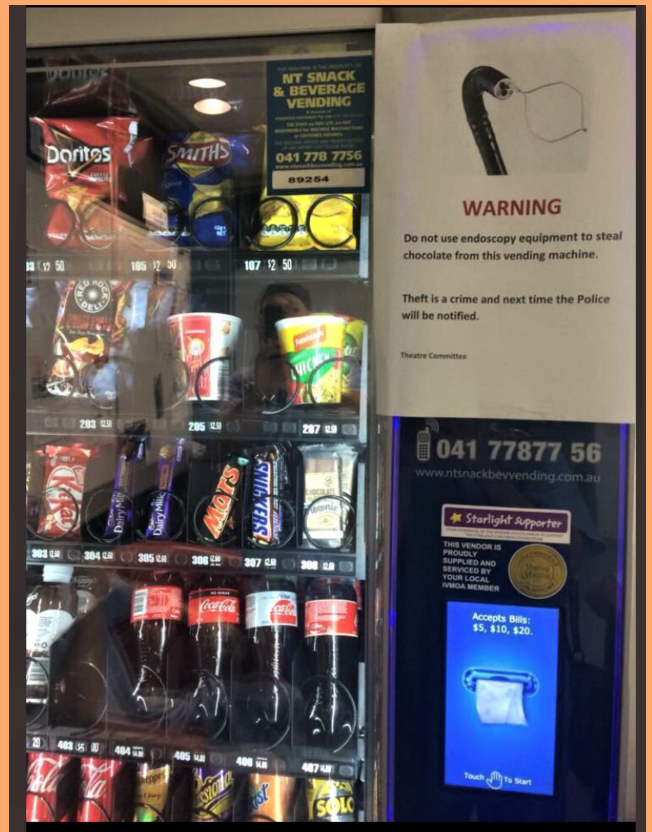


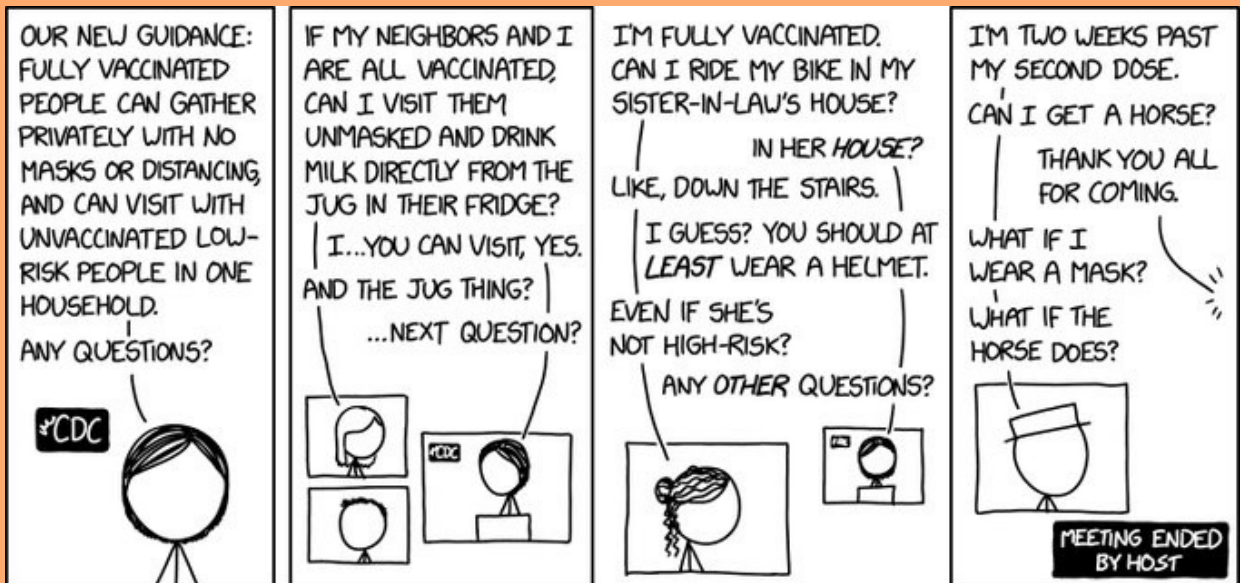
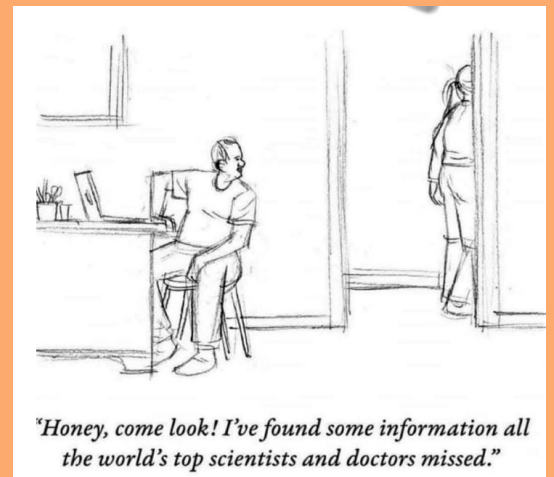
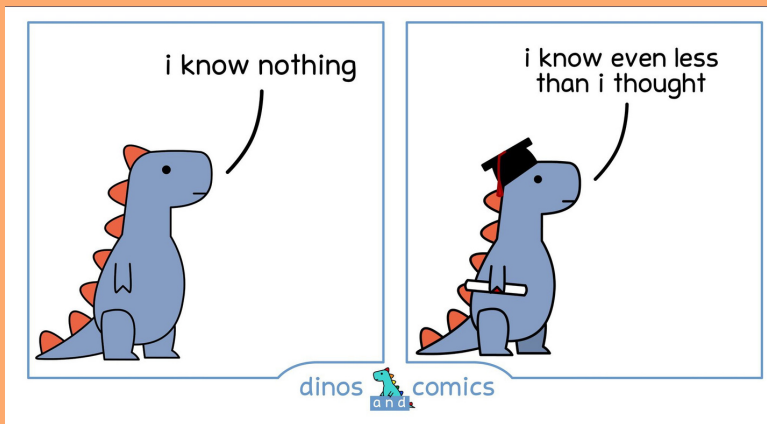
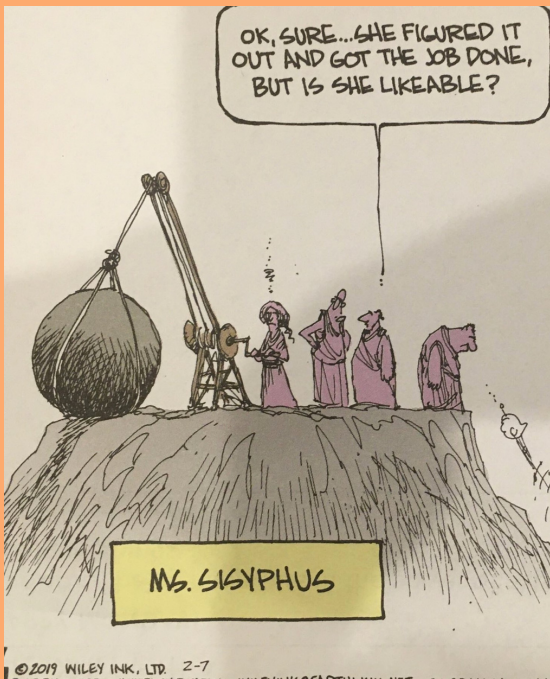
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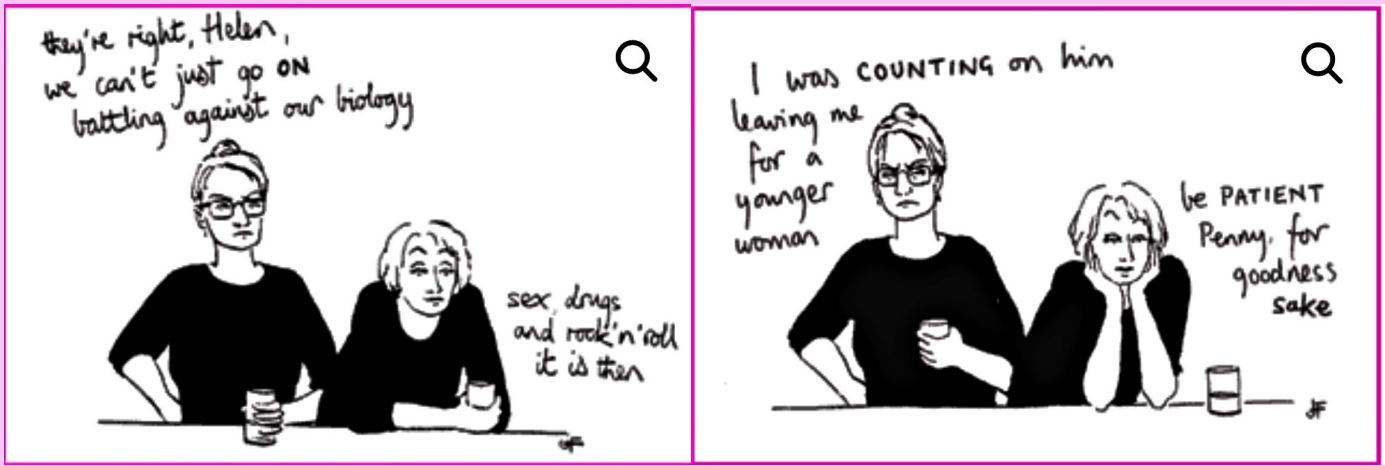
WILEY



Free to be Ekuia Holmes

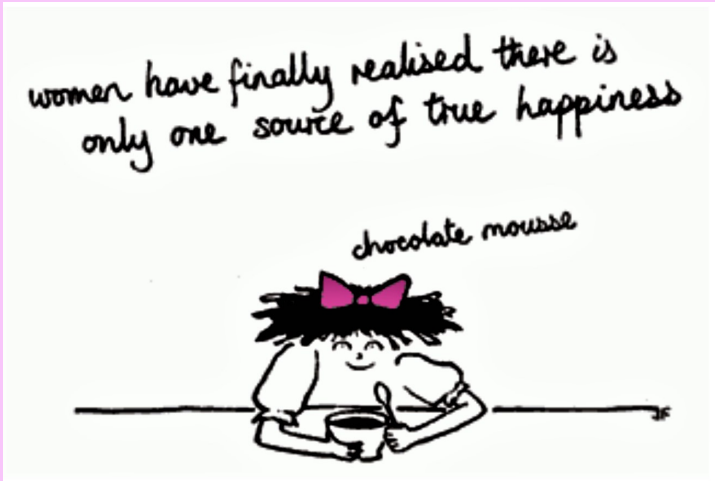






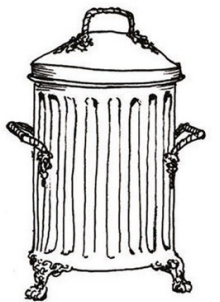
“It’s both,” she explains. “The transformative power of feminism is when you discover that the experiences we have in common are not mere coincidence. Shame has kept women quiet about important things, so transforming shame into politics, and humour, has been one of feminism’s great achievements. Isolating women from each other is political, because the things we have in common across time, cultures, and continents, despite our differences, is an indictment.”

Full interview with the fabulous feminist cartoonist Jackie Fleming [HERE](#)

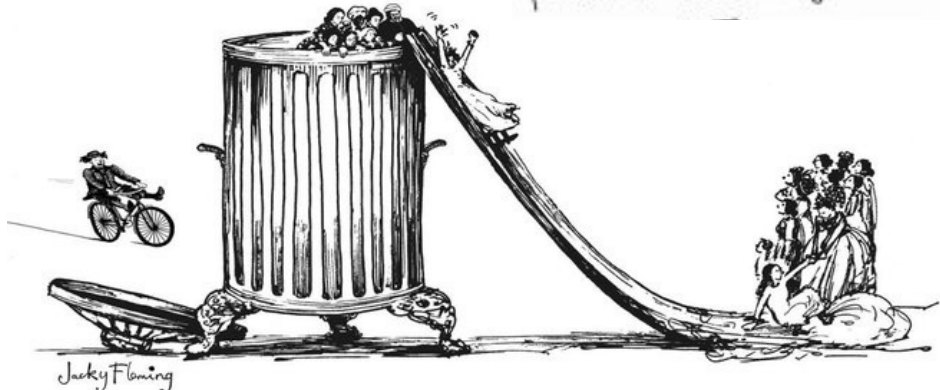


Some art by women has accidentally been considered great, a mistake easily rectified by placing it in the Dustbin of History.

Women have been retrieving each other from the Dustbin of History for several thousand years now...



DUSTBIN OF HISTORY





Carolyn Clayton



Jubilee, 2000 Susie Freeman
wedding dress with (a lifetime average)
6,279 contraceptive pills.



Mona Caron

You might think this is a bookmark
but scroll down ..

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Mona Caron

Never Give Up

No matter what is going on
 Never give up
 Develop the heart
 Too much energy in your country
 Is spent developing the mind
 Instead of the heart
 Be compassionate
 Not just to your friends
 But to everyone
 Be compassionate
 Work for peace
 In your heart and in the world
 Work for peace
 And I say again
 Never give up
 No matter what is going on around you
 Never give up

Dalai Lama XIV

"Girls who don't conform are irresistible to women because femininity is so constraining. That little girl just says what we already feel - and doesn't care what people think. She says what we'd like to say."

J Fleming



If it's good enough for the D.L & J.F,
 it's good enough for me!
 Let's take breaks but NGU!



Thank you so much for reading,
 All good things, Sue