



Allie Witte Unsplash

Hello everyone,

How are you? Fine? OK ... as in **F**earful, **I**nsecure, **N**eurotic and **E**xhausted fine?

Sue's News is handed on to parents, grandparents etc so this is the PG version of **FINE!**

These days I'm very far-from-fine and frequently experience a wide range of alternative F-words.

I am furious, frustrated, flabbergasted, frail, forlorn, frantic, flat, fretful, frenzied ...and on and on.

Of course, now I'm 64 and a mature, emotionally intelligent woman I never dump all this on My Current Husband!

Many years ago a physician's husband (not M.C.H.) was asked "Are you in medicine too?" His reply? "No, I'm a victim of it.." I've never forgotten that and nor has Tim. But medical culture and health care does forget. We underestimate the importance of our families, partners, children and close friends who support us throughout the stages and stresses of a medical career.

**Hayley Harlock** is a medical social worker, married to a vascular surgeon and mother to 3 school aged children. Hayley is also the founder of **The Flipside Life** [HERE](#)

"The journey of a medical spouse can be long, isolating and unpredictable at times.

It often involves many personal and family sacrifices.

TFSL supports and enhances the lives of physician families by providing opportunities for connection, education, events and advocacy"

TFSL offers free, confidential virtual Connect Call bi-weekly Wednesday 8-9pm PST.

All spouses & partners of medical students, residents & in-practice physicians are welcome.

The Flipside Life has a virtual conference The Better Together Project 2.0 on JULY 15  
Details on website.

Read Hayley's article Disrupting the Status Quo.

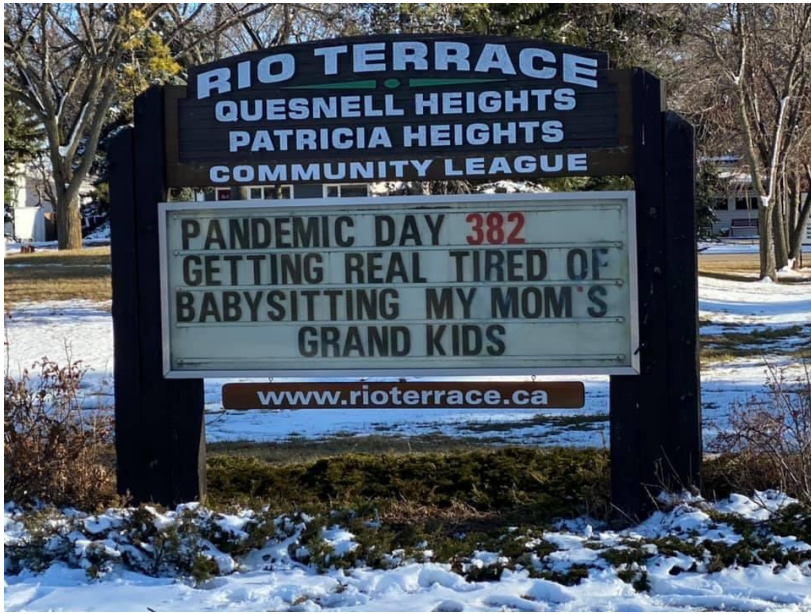
Why Physician Families Can No Longer Be Invisible Partners In The Healthcare System. [HERE](#)



My friend Hayley Harlock

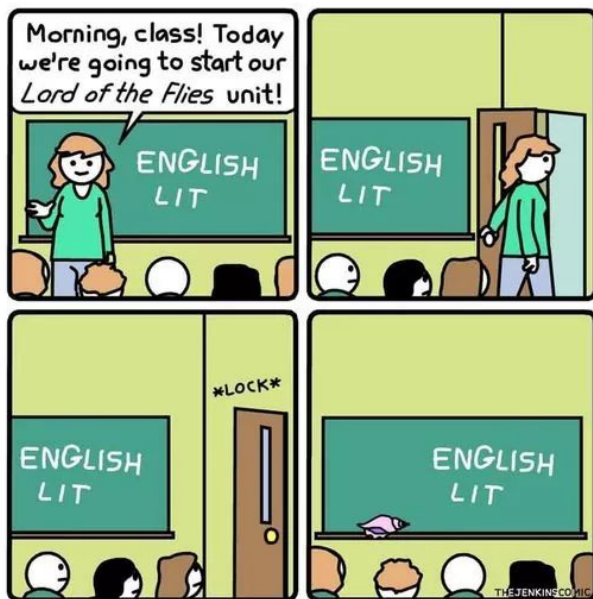






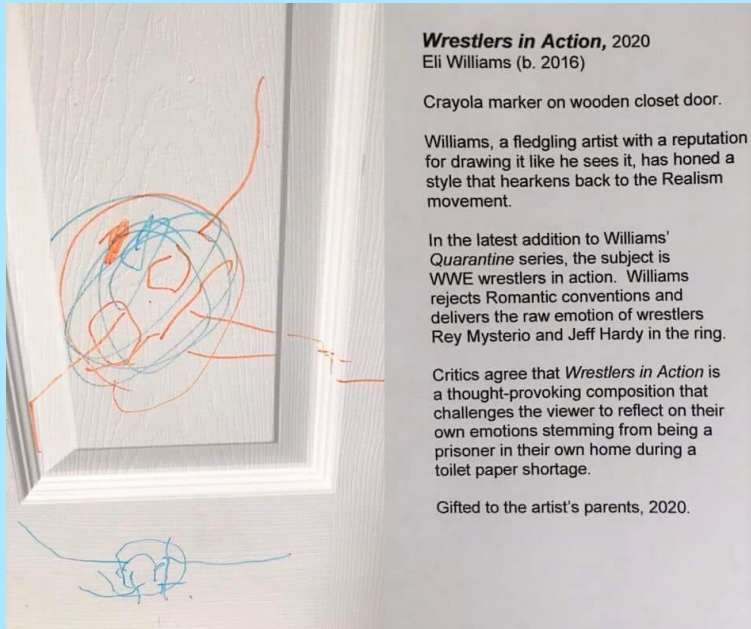
**LADIES, CHECK ON YOUR SISTERS-IN-LAW. THEY HAVE BEEN LOCKED DOWN WITH YOUR BROTHER FOR ALMOST A YEAR. THEY ARE NOT OK!!!**

*www.whataboutthis.com*





# UNDERSTANDING MIGRATING GEESE



**Wrestlers in Action**, 2020  
Eli Williams (b. 2016)

Crayola marker on wooden closet door.

Williams, a fledgling artist with a reputation for drawing it like he sees it, has honed a style that harkens back to the Realism movement.

In the latest addition to Williams' *Quarantine* series, the subject is WWE wrestlers in action. Williams rejects Romantic conventions and delivers the raw emotion of wrestlers Rey Mysterio and Jeff Hardy in the ring.

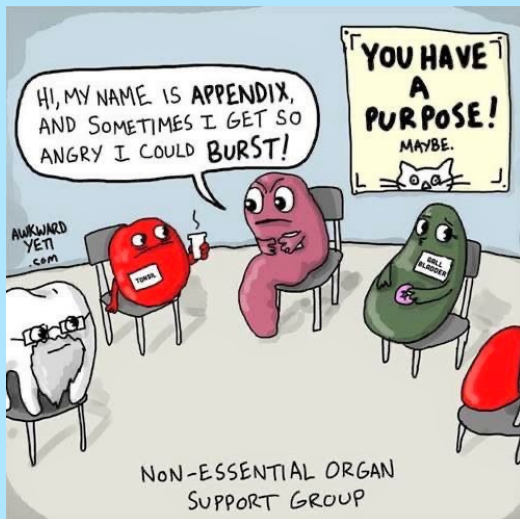
Critics agree that *Wrestlers in Action* is a thought-provoking composition that challenges the viewer to reflect on their own emotions stemming from being a prisoner in their own home during a toilet paper shortage.

Gifted to the artist's parents, 2020.



I'LL OFTEN ENCOURAGE RELATIVES TO TRY TO SOLVE COMPUTER PROBLEMS THEMSELVES BY TRIAL AND ERROR.

HOWEVER, I'VE LEARNED AN IMPORTANT LESSON: IF THEY SAY THEY'VE SOLVED THEIR PROBLEM, NEVER ASK HOW.







Rupert Britton Unsplash

The plain fact is that the planet does not need more successful people.  
But it does desperately need more peacemakers, healers, restorers, storytellers and lovers of every kind.  
It needs people who live well in their spaces.  
It needs people of moral courage willing to join the fight to make the world habitable and humane.  
And these qualities have little to do with success as we have defined it.

David. W. Orr



Hannah Peschar Sculpture garden [HERE](#)

### **Woman with Flower**

I wouldn't coax the plant if I were you.  
Such watchful nurturing may do it harm.  
Let the soil rest from too much digging  
And wait until it's dry before you water it.  
The leaf's inclined to find its own direction;  
Give it a chance to seek the sunlight for itself.

Much growth is stunted by too careful prodding.  
Too eager tenderness.  
The things we love we have to learn to leave alone.

### **Naomi Long Madgett**

I hope you enjoyed a peaceful  
moment and a few laughs.  
Thank you so much for reading,  
All good things and much love,  
Sue

