

# Sue's News

April 2019

Hello everyone,

Oh, to be in England  
Now that April's there,  
And whoever wakes in England  
Sees, some morning, unaware,  
That the lowest boughs and the  
brushwood sheaf  
Round the elm-tree bole are in tiny leaf,  
While the chaffinch sings on the orchard  
bough  
In England - now!

Robert Browning.



Photo Peter Brennan

April makes me nostalgic for England too.  
Especially when I see a beautiful spring garden full of bluebells like this one owned by Dr Peter Brennan.

When he's not providing emotional support on Twitter for this homesick anesthesiologist, Professor Brennan is a busy oral and maxillofacial surgeon. One of his areas of expertise and interest is human factors in patient safety.

"I concentrate on the personal factors that raise the risk of medical error.

Fatigue and tiredness, nutrition and hydration  
Emotional well being  
Enhancing team working and reducing gradients  
Communication and avoiding pronouns  
Decision making, briefing and de-briefing."

Human factors  
recognising and minimising errors in our day to day practice  
Oral Diseases 2016 vol:22 iss:1 pg:19 -22  
B Green, C Tsiroyannis, PA Brennan

He is also lead editor of Grays Surgical Anatomy.  
The textbook not the TV series!



**Meanwhile, back in Almost Spring AB  
do you know these physicians?**

**A CMA ChangeMaker**

**2 #GOATs**

**2 internists**

**A CPSA president**

**An AMA director**

**A family doctor**

**2 surgeons**

**1 closet ukelele player .. perhaps more!**





**Dr Ioana Bratu**

Pediatric surgeon  
PFSP wellness champion  
aka #GOAT details **HERE**

Each of these inspirational medical leaders is working to create and sustain positive change in healthcare right here in Alberta. I am proud to know and learn from them all.



**Dr Jane Lemaire**

Internist  
Physician lead WellDocAB  
CMA Change Maker **HERE**



**Dr John Bradley**

Internist.  
Council President CPSA  
#HeForShe ally  
More **HERE**



**Dr Jon White and colleague!**

General surgeon  
Co creator of Surgery 101 **HERE**  
My friend and mentor.  
Most likely ukelele player you think?  
Sorry, I'm sworn to secrecy ..



**Dr Kim Kelly**

General Practitioner  
AMA board member  
Founder YEG Women in Medicine  
Sponsor of CMA COI  
Webinar **HERE**

So, on a 1 to 9 on rubberduck scale, how are things today?



Dear @OrthopodReg,

I was feeling "Just Ducky" until I realized that Fleming Duck Score #5 bears a horrible likeness to my usual state.

My days of FDS #1-4 are clearly over. It's all about the neck!

Thanks so much, @susanjeanreid

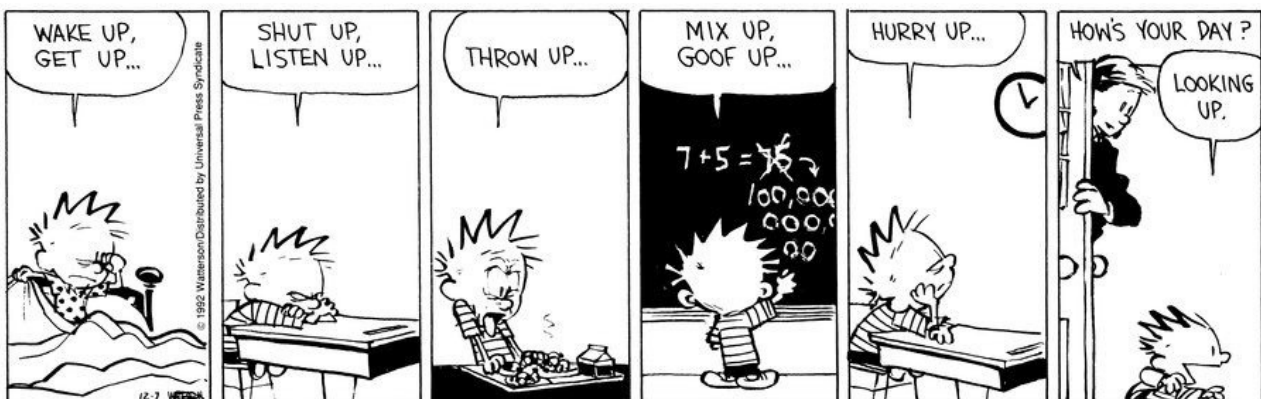
**Dr Simon Fleming**

is a trainee orthopedic surgeon.

He launched an anti bullying campaign to change culture in the NHS.

Article from the BMJ [HERE](#)

Dr Fleming's website, TED talk and publications [HERE](#)





**ag·gres·sive**  
/ ə'gresiv /

The way in which a woman who has or shows a confident personality is labeled due to unconscious gender bias.

*synonym: assertive*

 CATALYST

[catalyst.org/biascorrect](https://catalyst.org/biascorrect) #BiasCorrect



**e·mo·tion·al**  
/ ə'mōSH(ə)n(ə)l /

The way in which a woman who isn't afraid to display strong feelings or beliefs is labeled due to unconscious gender bias.

*synonym: passionate*

 CATALYST

[catalyst.org/biascorrect](https://catalyst.org/biascorrect) #BiasCorrect



**qui·et**  
/ 'kwīət /

The way in which a woman who prefers to take time to consider all angles before voicing an opinion is labeled due to unconscious gender bias.

*synonym: thoughtful*

 CATALYST

[catalyst.org/biascorrect](https://catalyst.org/biascorrect) #BiasCorrect

## Unconscious bias

An implicit association that is a barrier to gender equality in the workplace, but can be overcome once identified.

#BiasCorrect is an interesting tool from Catalyst.com [HERE](#)



**cal·cu·lat·ed**  
/ 'kalkyə,lādəd /

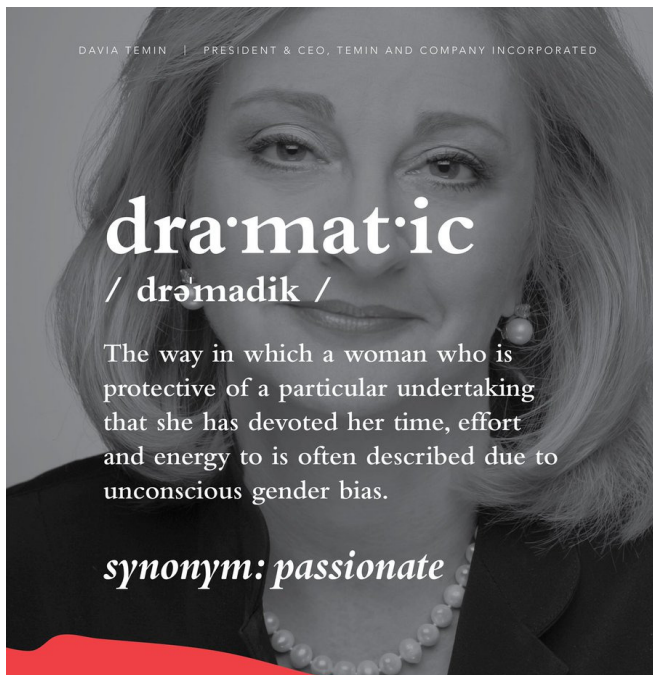
The way in which a woman who identifies then activates a plan for achieving her goals is described due to unconscious gender bias.

*synonym: strategic*

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[catalyst.org/biascorrect](https://catalyst.org/biascorrect) #BiasCorrect


DAVIA TEMIN | PRESIDENT & CEO, TEMIN AND COMPANY INCORPORATED



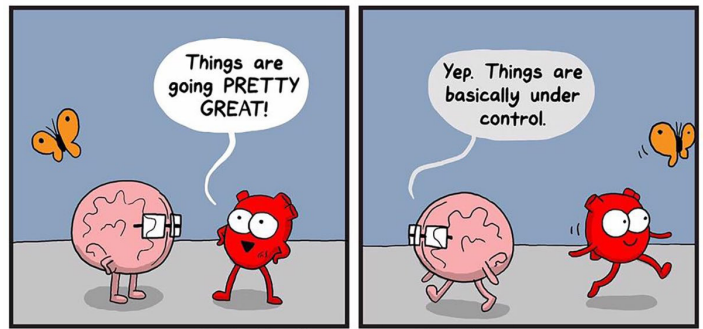
**dramatic**  
/ drə'madik /

The way in which a woman who is protective of a particular undertaking that she has devoted her time, effort and energy to is often described due to unconscious gender bias.

*synonym: passionate*

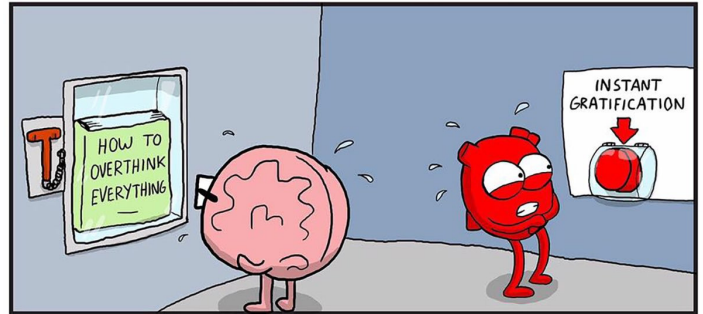
 CATALYST

Words are a powerful thing. Help #BiasCorrect the workplace by paying more attention to yours. Get the tools to become a catalyst for change at [catalyst.org/biascorrect](https://catalyst.org/biascorrect).

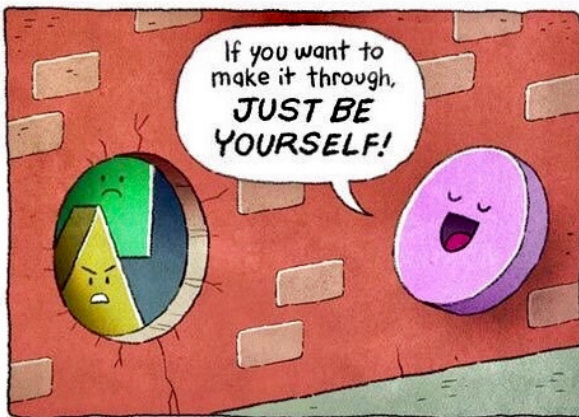
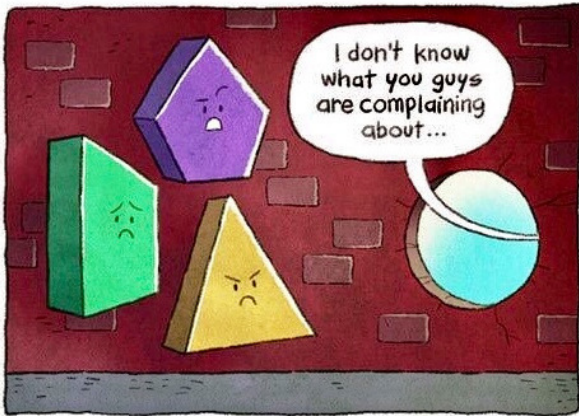


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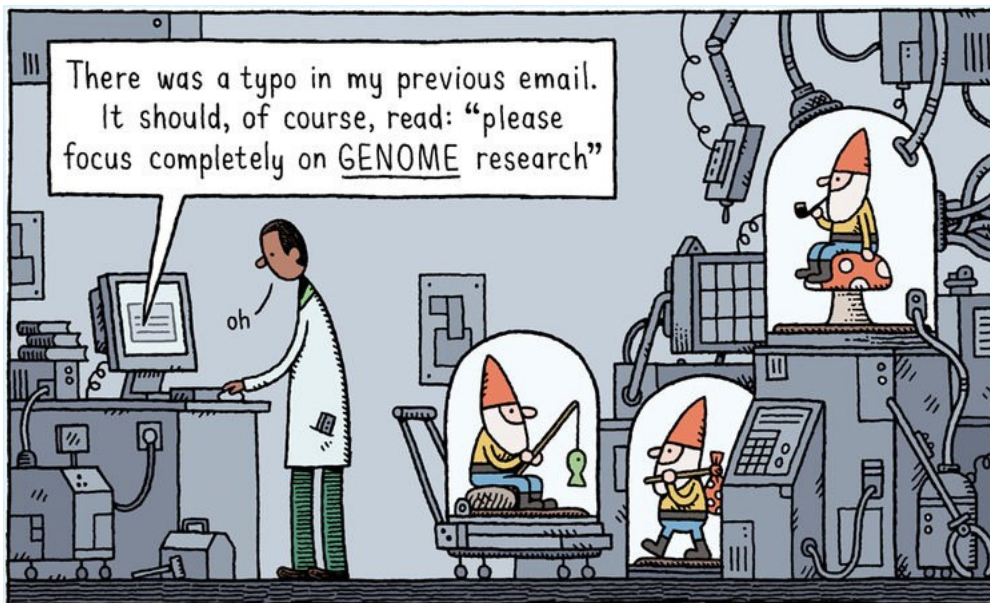
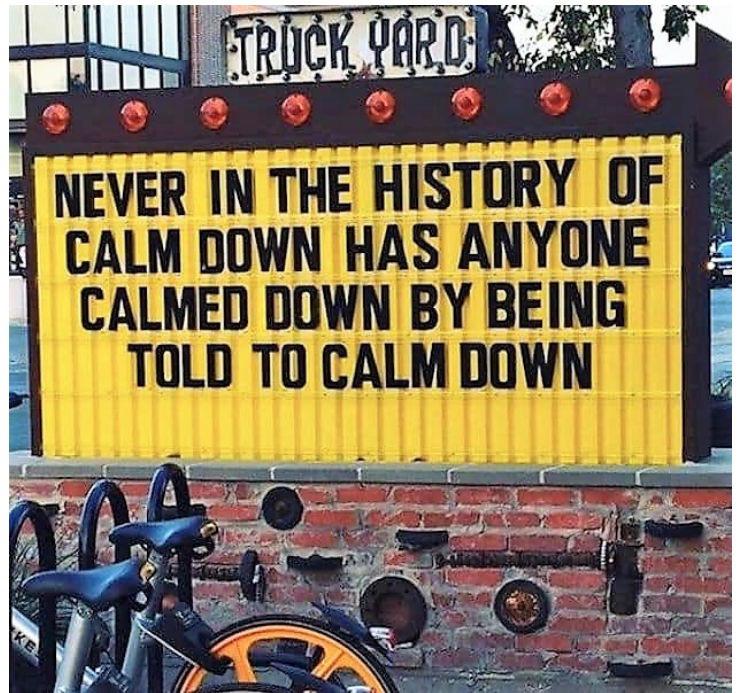
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# Sue's Outside Voice.

I am Tired.

Tired of being quiet  
Tired of being careful  
Tired of colleagues silenced  
Tired of redaction  
Tired of being pissed off.

Women in medicine  
tell me their stories.

Quietly, carefully  
in coffee shops.  
Looking over their shoulders  
afraid of being heard  
by the wrong people.

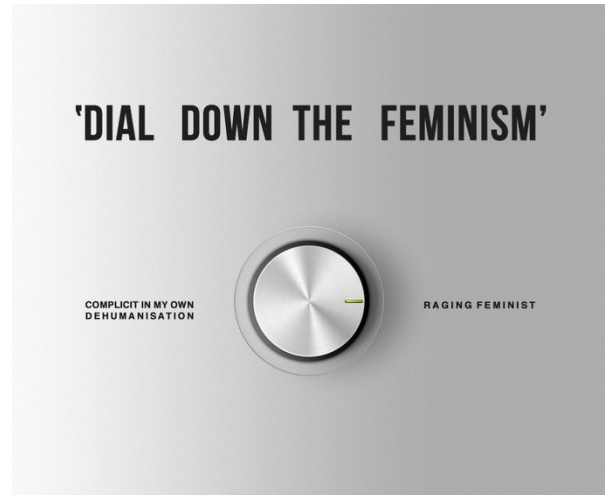
Women in medicine  
tell me their stories.

Stories edited,  
redacted,  
discarded,  
erased  
by those in power.

Women in medicine  
share our stories

with allies  
who choose to listen.  
Tired and pissed off  
#womeninmedicine  
will be heard.

Sue Reid



alex bertanades

**The truth will set you free,  
but first it will piss you off.**

Gloria Steinem

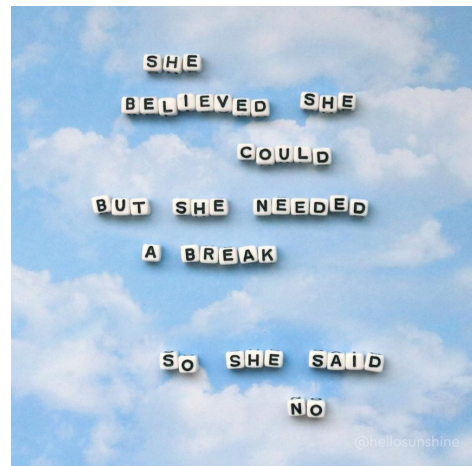





Photo George Hiles UnSplash

... many peculiar places can hold your mind and your soul tightly and will not let them go ... like the Isle of Skye.  
There are people who discover Skye and will not leave, and even for those of us who do leave,  
the misty island haunts us and holds us in its own way.  
It is where I am happiest and where I am most alone.”

Neil Gaiman



Yes, we are off to Skye, where I hope the Forecasting Stone will at least be visible!  
I plan to unplug from this little Blue Bird   
Found a cafe/bookshop just down the road with CAKE! Full report in May newsletter.

Tim is looking forward to hiking without the stress of his BlueSkyDogs business.  
Note no dog was harmed in the creation of this newsletter.  
Kona found that porcupine all by herself! She is fine. Tim too.



Thank you so much for reading,  
All good things, Sue and Kona!

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