



# WEBINARS

How can they be used?

**“ A webinar is a presentation, lecture, workshop or seminar that is transmitted over the web using video conferencing software. A key feature of a webinar is its interactive elements like the ability to give, receive and discuss information in real-time.”**

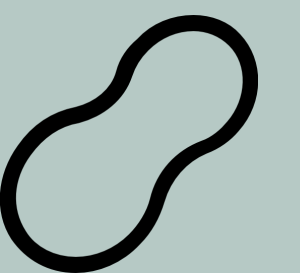
Source: <https://www.webopedia.com/TERM/W/Webinar.html>

Alberta is a vast province and travelling to PD sessions may not always be an option.

Webinars are a great alternative to access a variety of sessions from the Alberta Healthy School Community Wellness Fund and our fantastic partners.

## WHY WEBINARS?

Flexibility



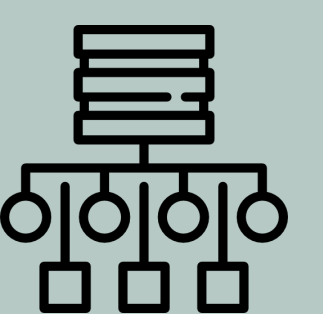
Cost Effective



Easy Access



Variety of topics



Interactive



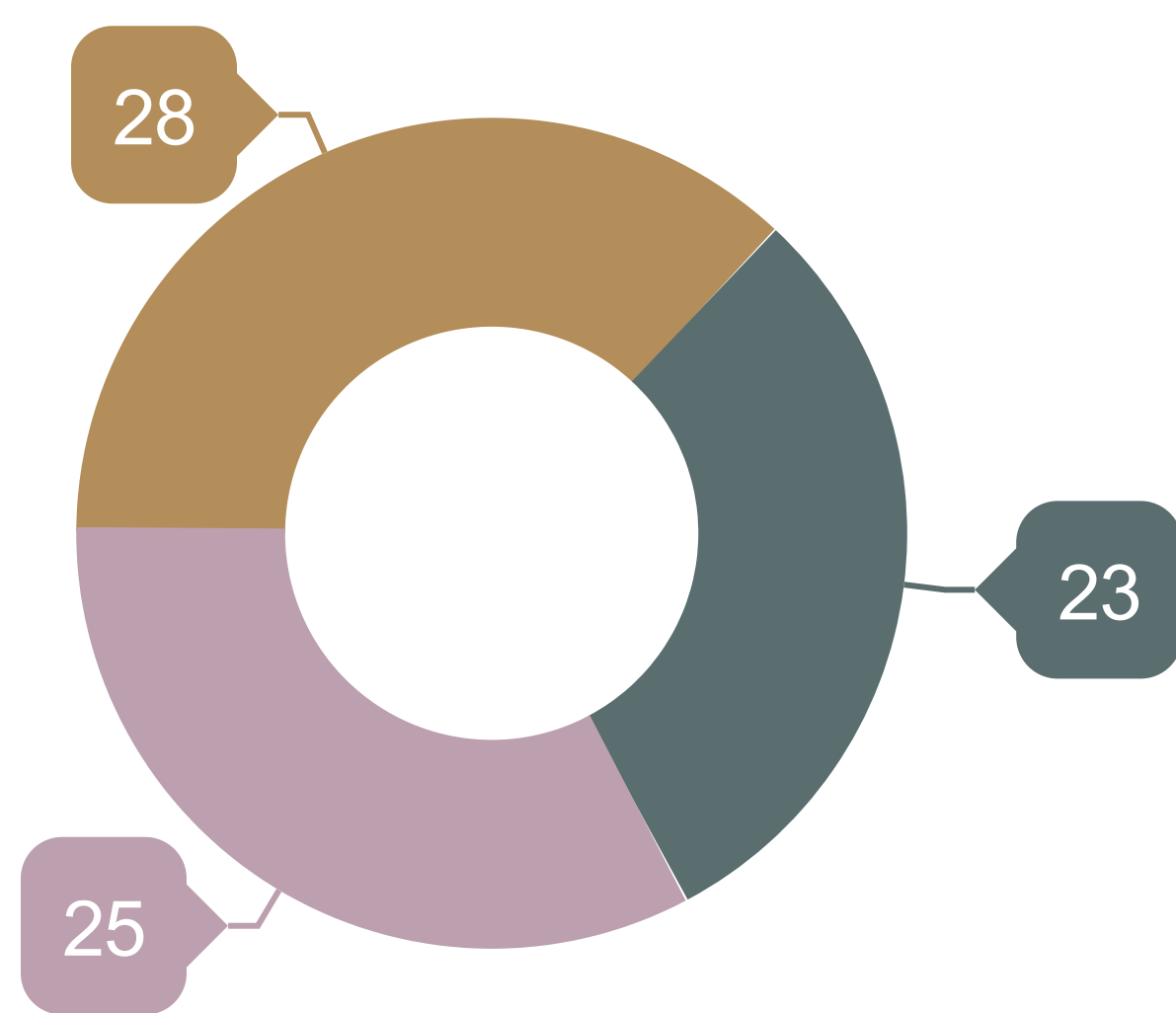
Build Relationships





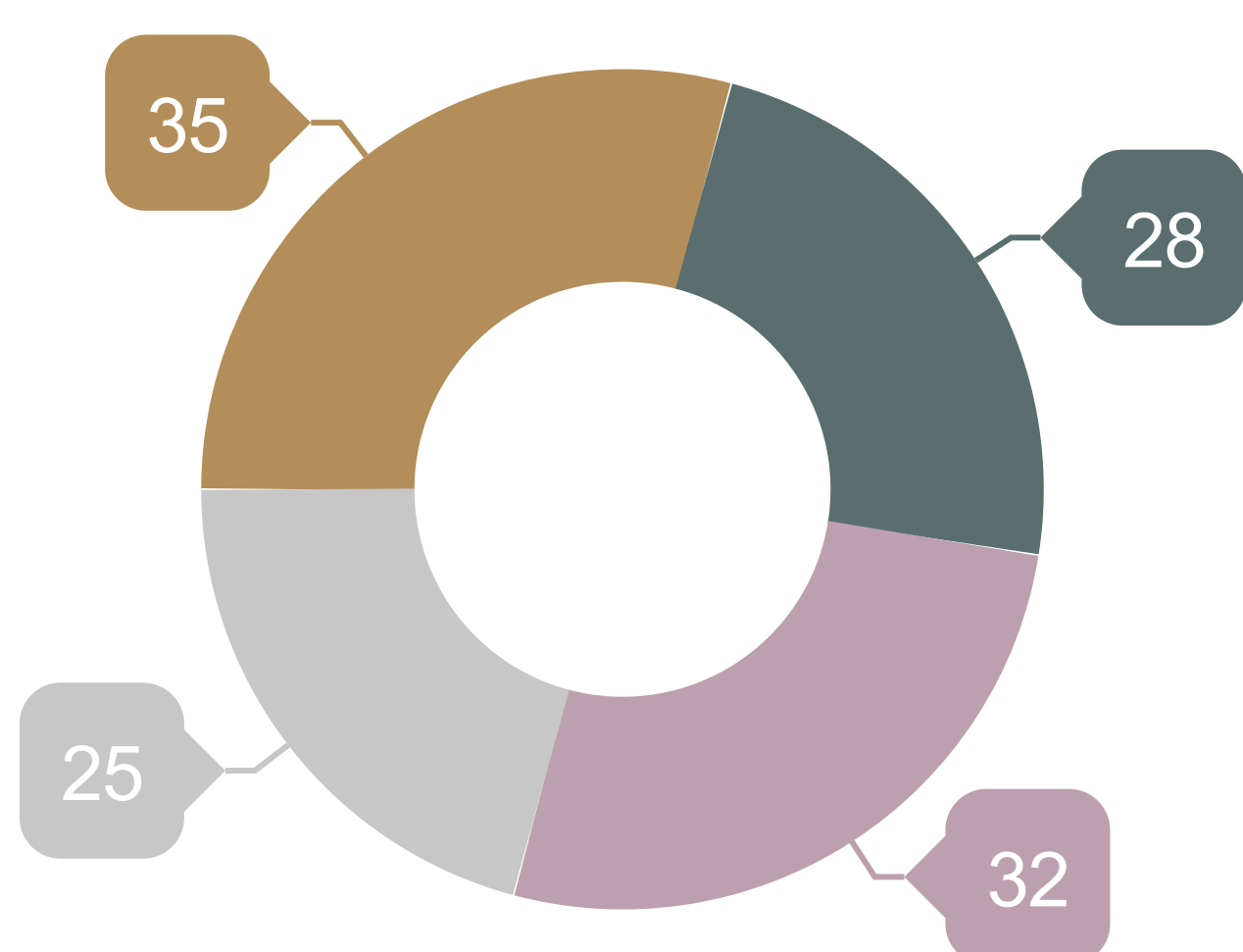
# WHAT DID THE DATA SAY?

## Top areas where funding was allocated



- Professional Development
- Evidence-Based Resources
- Collaboration/Teacher Release

## Top Professional Development Topics



- Staff Wellness
- Mental Health Literacy
- Social Emotional Learning
- Physical Literacy

## SO WHAT?

The data depicted is from the 2018 Reporting and Reflection tool completed by 50 jurisdictions with projects that ended June 30, 2018.

The Alberta Healthy School Community Wellness Fund collects, analyzes and feeds back the data we receive from jurisdictions across the province. This gives us the ability to identify areas of focus and need at a provincial scale.

Alberta is geographically expansive province and there is an evident demand for professional development on various topics from mental health to staff wellness to physical literacy and beyond.

Webinars facilitate access to information and organizations that may support your wellness initiative.

By working in collaboration with our wonderful provincial partners, jurisdictions can access information on a variety topics, and will have the opportunity to build connections with organizations that contribute to the advancement of healthy school communities.

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[wellnessfund.ualberta.ca](http://wellnessfund.ualberta.ca)

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