

Training Pharmacy Students in Quality Improvement (QI) Using the Evidence-based Practice for Improving Quality (EPIQ) Workshop: A Pilot Study

Dillon H. Lee, Madison Godfrey, Pamela Mathura, Jody Shkrobot, Narmin Kassam, and Khalid Aziz

BACKGROUND

- Quality Improvement (QI) training is critical for all healthcare professionals, including pharmacists
- The Canadian Council for Accreditation of • Pharmacy Programs calls for pharmacy schools to design a curriculum that includes competency outcomes for QI
- Despite the potential and realized benefits of QI training for pharmacy students, previous studies conducted indicate that QI education in pharmacy school is inadequate

OBJECTIVES

- 1) To evaluate a 4-hour QI workshop to introduce foundational QI concepts to pharmacy students
- 2) To explore pharmacy students' attitudes towards QI training and its teaching-format (e.g., workshop)

METHODS

- Primary educational resource: Evidencebased Practice for Improving Quality (EPIQ) workshop (epiq.ca)
- Participant recruitment: an online registration from for the EPIQ workshop distributed to pharmacy students from Year 1 to Year 4
- **Objective 1: Pre- and post- multiple choice** questionnaires (MCQ)
- Assessment tool: an existing EPIQ MCQ utilized to assess participants' knowledge of foundational improvement science concepts
- Analysis: MCQ results were individually scored out of 16, and analyzed using a paired t-test using Microsoft Excel Version 2013

Objective 2: Focus group interview

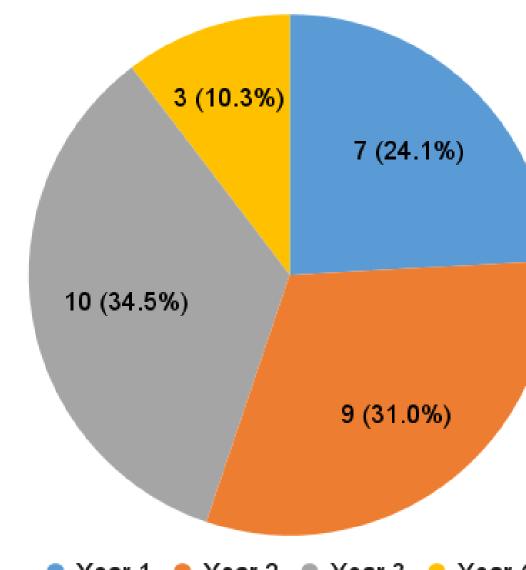
- Participants: pharmacy students volunteered to participate in the focus group interview after the **EPIQ** workshop
- Data collection: a semi-structured interview (conducted by DL) was digitally recorded and transcribed verbatim
- Analysis: Grounded theory with inductive approach used to generate themes and representative quotes







Edmonton Zone Medicine Quality Council Partnerships in Action Strategic Clinical Improvement Committee



RESULTS	IDENTIFIED THEMES AND QUOTES
Figure 1: Breakdown of EPIQ workshop participants (N = 29) 3 (10.3%) 7 (24.1%)	Workshop formats for QI teaching Note that the procession of the procesion of the procession of the pr
10 (34.5%) 9 (31.0%)	QI education as a continuum of learning that balances undergraduate clinical pharmacy experience
• Year 1 • Year 2 • Year 3 • Year 4 Table 1: Pre- and Post- MCQ Scores	QI education encourages team- based and collaborative approaches to applying QI skills
Mean (score out of 16 in percentage)paired t-testPre (%)Post (%)change (%)(two tailed)77.3786.429.050.008	PY2: "If we were to do more quality improvement in school, then maybe we could be exposed to the idea that, "Yes,
Table 2: Demographics of focus group participants (N = 8)	QI education inspires Yes, pharmacy practice isn't
Year 1 3	leadership <i>always going to be the same,"</i>
Year 22Year 32	earlier on, so that people will be more receptive to implementing
Year 4 1	and practicing those changes once they actually begin [to work as pharmacists]."
 Potential lack of generalizability to all Canadian pharmacy students given a small sample size Potential selection bias given that it is possible that self-referred participants may have pre-existing attitudes towards QI or EPIQ Potential threats trustworthiness in the analysis of qualitative component of the study 	Lack of clinical practice awareness as barriers to QI application PY4: "In terms of students, the limitation in [clinical] experience makes it a little difficult to understand and apply QI concepts because you still don't quite know about pharmacy yet, especially when you're in the first or second year."
REFERENCES	CONCLUSIONS
 Cooley J, Stolpe SF, Montoya A, et al. An Analysis of Quality Improvement of Education at US Colleges of Pharmacy. <i>Am J Pharm Educ</i>. 2017; 81(3):51. doi: <u>10.5688/ajpe81351</u> Gilligan AM, Myers J, Nash JD, et al. Educating Pharmacy Students to Improve Quality (EPIQ) in Colleges and Schools of Pharmacy. <i>Am J Pharm Educ</i>. 2012; 76(6):109. doi: <u>10.5688/ajpe766109</u> Creswell JW, Creswell JD. <i>Research design: Qualitative, quantitative, and mixed methods approaches</i>. 5th ed.Thousand Oaks, California: SAGE Publications; 2018. 	 The EPIQ workshop is effective at introducing foundational QI concepts to Canadian pharmacy students Our findings support integration of QI training into pharmacy school curricula and may be adapted to pharmacy students of any year of study

RESULTS	IDENTIFIED THEMES AND QUOTES
Figure 1: Breakdown of EPIQ workshop participants (N = 29) 3 (10.3%) 7 (24.1%)	Workshop formats for QI teaching Note that the procession of the procesion of the procession of the pr
10 (34.5%) 9 (31.0%)	QI education as a continuum of learning that balances undergraduate clinical pharmacy experience
• Year 1 • Year 2 • Year 3 • Year 4 Table 1: Pre- and Post- MCQ Scores	QI education encourages team- based and collaborative approaches to applying QI skills
Mean (score out of 16 in percentage)paired t-testPre (%)Post (%)change (%)(two tailed)77.3786.429.050.008Table 2: Demographics of focus group participants (N = 8)Year 13Year 22Year 32Year 41	QI education inspires leadership PY2: "If we were to do more quality improvement in school, then maybe we could be exposed to the idea that, "Yes, we can be agents of change". Yes, pharmacy practice isn't always going to be the same," earlier on, so that people will be more receptive to implementing and practicing those changes once they actually begin [to work as pharmacists]."
 Potential lack of generalizability to all Canadian pharmacy students given a small sample size Potential selection bias given that it is possible that self- referred participants may have pre-existing attitudes towards QI or EPIQ Potential threats trustworthiness in the analysis of qualitative component of the study 	Exact of clinical practice awareness as barriers to QI application PY4: "In terms of students, the limitation in [clinical] experience makes it a little difficult to understand and apply QI concepts because you still don't quite know about pharmacy yet, especially when you're in the first or second year."
REFERENCES	CONCLUSIONS
 Cooley J, Stolpe SF, Montoya A, et al. An Analysis of Quality Improvement of Education at US Colleges of Pharmacy. <i>Am J Pharm Educ</i>. 2017; 81(3):51. doi: <u>10.5688/ajpe81351</u> Gilligan AM, Myers J, Nash JD, et al. Educating Pharmacy Students to Improve Quality (EPIQ) in Colleges and Schools of Pharmacy. <i>Am J Pharm Educ</i>. 2012; 76(6):109. doi: <u>10.5688/ajpe766109</u> Creswell JW, Creswell JD. <i>Research design: Qualitative, quantitative, and mixed methods approaches.</i> 5th ed.Thousand Oaks, California: SAGE Publications; 2018. 	 The EPIQ workshop is effective at introducing foundational QI concepts to Canadian pharmacy students Our findings support integration of QI training into pharmacy school curricula and may be adapted to pharmacy students of any year of study