## Virtual Reality in the Classroom: Enhancing Education with Immersive Experiences





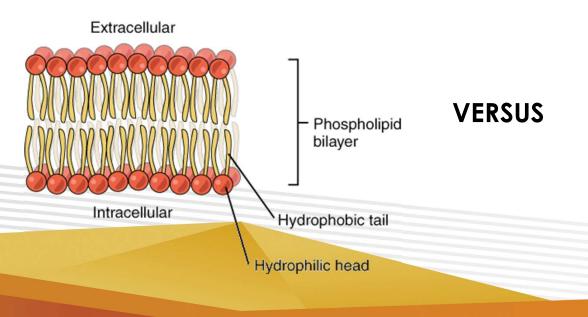


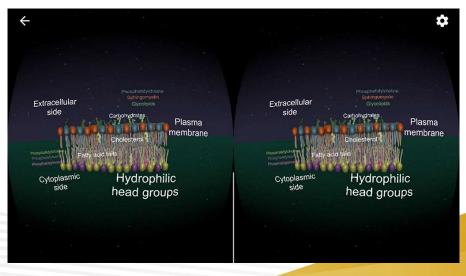


## Festival of Teaching and Learning 2019 Centre for Teaching and Learning

Nathanial Maeda, PhD, and Martin Ferguson-Pell, PhD May 2, 2019

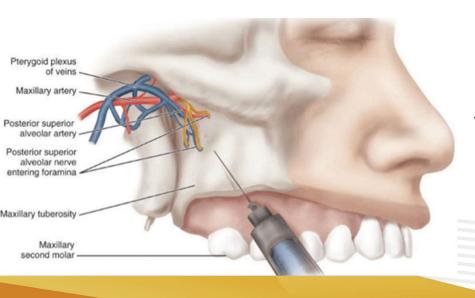
- Learning cell anatomy knowledge
  - Current methodology
  - Proposed methodology





## VR SIMULATIONS

- Learning dental anesthesia injections skill
  - Current methodology
  - Proposed methodology



**VERSUS** 



## WHAT IS VIRTUAL REALITY?

• Replace your visual sense (and others) of the physical world with simulated virtual environments





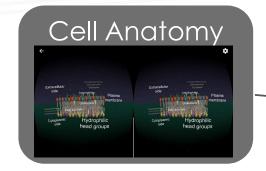
## TYPES OF VR

#### **VR LEARNING OBJECTS**

- Handheld VR viewers
  - Google Cardboard
- Uses phone
- View 3D objects and animations

#### **VR SIMULATORS**

- Full Head-Mounted Displays
  - HTC Vive, Oculus Rift
- Uses high-end computer
- Fully immersive experience





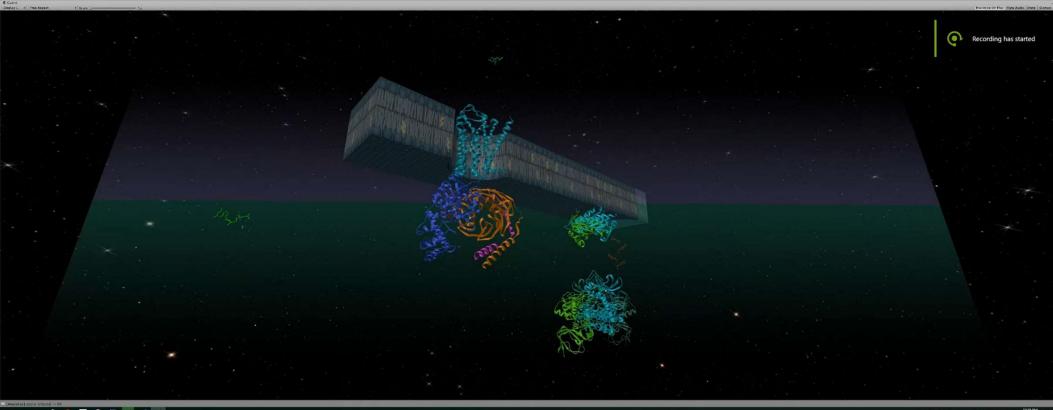
VR Learning
Objects

## Cognitive Projections



- Create phone apps to use with VR viewers
- Integrate into lesson plans or student prep activities before lecture
- Follows the flipped classroom model
- Bricolage XR and giving instructors the ability to create VR lessons
  - EON Creator AVR
  - Amazon Sumerian

## CELL ANATOMY VR



**27 (61%) yes** 17 (39%) no

**26 (59%) yes** 18 (41%) no

Average: 4.0

#### (5 = very helpful, 1 = Not at all helpful)

The state of the s	
<ul> <li>How useful was the In-Class VR Demo for understanding the structure of a cellular membrane?</li> </ul>	Average: 4.1
• How useful was the In-Class VR Demo for understanding the fluidity of a cellular membrane (the animated model)?	? Average: 4.1
<ul> <li>How useful was the In-Class VR Demo for understanding the asymmetry of a cellular membrane?</li> </ul>	Average: 3.8
• How useful was the In-Class VR Demo for understanding the orientation/topology of a transmembrane protein?	Average: 3.8
How useful was the VR for GPCR activation for understanding this type of signal transduction?	Average: 4.1
• How useful was the VR for GPCR activation for understanding how conformational changes regulate signaling?	Average: 4.2
• How useful was the VR for understanding how signals received outside the cell trigger changes inside the cell?	Average: 4.3
• Did you enjoy the VR demo? <b>44 (100%) yes</b> 0	(0%) no

• How useful was the In-Class VR Demo for understanding the structure of a phospholipid?

• Did you show any elements of the VR demo to a friend who is not taking Cell 201 with you?

• Did you show any elements of the VR demo to a member of your family or household?

### **VR LEARNING OBJECTS**

- PROS
  - Accessible
  - CHEAP
  - ABILITY TO VIEW STRUCTURES IN TRUE 3D
- Cons
  - LIMITED POWER
  - LIMITED INTERACTIVITY







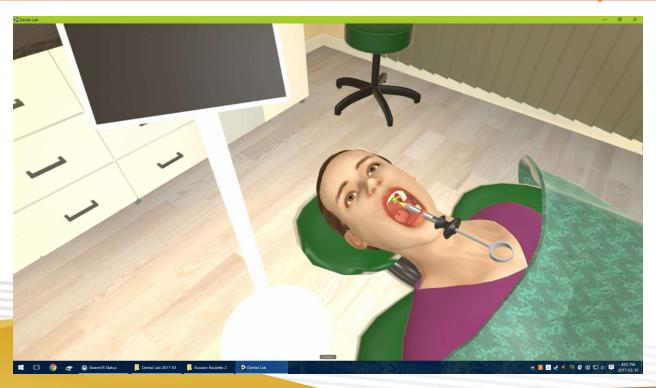


## VR simulations

- Standalone module to help students learning highly complex structures
- Powerful cutting-edge VR simulation to improve training in health care and education

## DENTAL INJECTIONS VR

<u>Immersive Simulation of Dental Anesthesia Injections</u>



## **VR SIMULATIONS**

#### PROS

- Highly immersive
- HIGHLY INTERACTIVE
- SAFE TRAINING
- No supervisor needed

#### • Cons

- LESS ACCESSIBLE
- EXPENSIVE TO DEVELOP



## VR IN EDUCATION

- Increased learning efficiency (Liang & Xiaoming, 2013)
- More interest and enjoyment (S. H. Lee, Sergueeva, Catangui, & Kandaurova, 2017)
- Improved engagement and immersion with the material (Moro et al, 2017)

## VR IN EDUCATION





• Immersive VR improved adherence to advice taking (Chen et al, 2019 to be submitted)

## **REDUCING ANXIETY IN EDUCATION**

 ~20% of university students experience mental health concerns (Auerbach, 2016)

• VR exposure therapy reduces anxiety and other irrational fears (Carl et

al, 2018)

Anxiety among OT students

OSCE VR to reduce anxiety



## WHAT IS COGNITIVE PROJECTIONS

- VR Development Program
  - Project Lead: Martin Ferguson-Pell, Ph.D. C.Phys. FRSA
  - Technical Director: Nathanial Maeda, Ph.D. E.I.T.
  - Artistic Director: Lucie Eliasova, DiplGD, Dipl3DAnimMod
- Inter-Faculty Initiative in 2015
  - Rehabilitation Medicine, Medicine and Dentistry, Science, Engineering
- A UofA research program for VR/AR innovations in education
- TLEF Funding

- Our Vision:
  - Empower educators through immersive VR/AR learning experiences and to better prepare students for their careers and daily activities
- Our Values:
  - Empowerment through VR/AR technology
  - Educational excellence
  - Interdisciplinary collaboration is the key

Challenge in teaching complex concepts

CogPro

VR learning objects

VR simulations



## Cognitive Projections

Empower instructors

Inspire and prepare students

- Using low-cost VR viewers to *visualize* complex concepts
- Using immersive VR simulators to impart authentic experiences

## CREATING VR SIMULATIONS

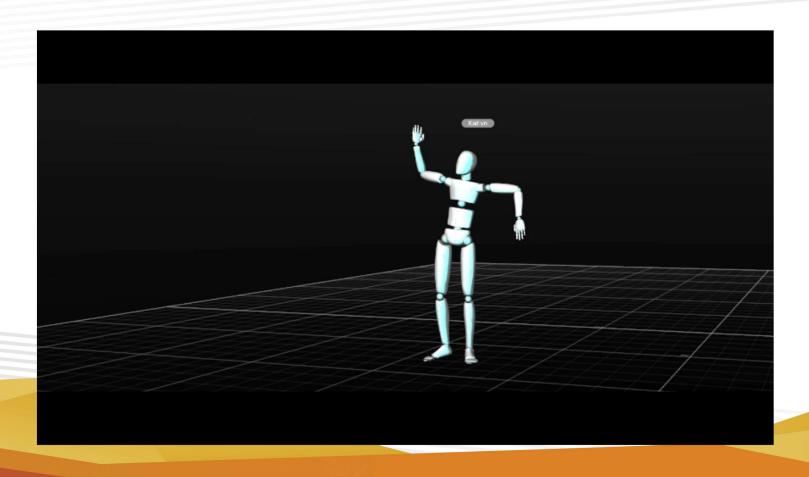
- Co-creation process
- Highly collaborative
- Ensure realism

Graphic Design (Lucie) Programming (Nathanial)

Content Expert

VR/AR Learning

## **DEVELOPING A VR SIMULATION**



## WHERE WE ARE GOING EXPANDING AI-ENHANCED VR

- Build upon current capabilities
  - Improve natural language processing
  - Include micro-expression communication pragmatics
- Expand applications
  - Science courses
  - Behavioural Psychology
  - Health care training and general safety
- Integrate into research programs
  - For example, observing people and interactions in repeatable environments

# **USES OF VR**WITH COGNITIVE PROJECTIONS

- Create VR learning objects
  - View *complex structures* in 3D
    - Chemical molecules, biological entities, nuclear physics
  - Visualize abstract concepts in 3D
    - Such as black holes, time dilation, neutron star collisions, LHC
    - Can illustrate 3D contour or vector maps (i.e. kinetics and kinematics)
- Create AR learning objects
  - Overlay information onto physical objects
  - Interact virtually with physical objects
- Create VR simulations
  - Learn/research through authentic experience in a safe, versatile, virtual environment
- ENHANCE EDUCATION

## **YOUR THOUGHTS?**

- Integrating into specific courses?
- Expanding the program?
- Use within specific research programs?
- Would you be interested in a One-Day workshop?
  - i.e. creating your own content/courses/lessons using EON Creator AVR

## **CLOSING REMARKS**

- Thank you for the opportunity
- We look forward to hearing from you
  - We hope for future collaborations
  - Contact us and come check out our lab: ECHA 2-545
- Thank you to Centre for Teaching and Learning
  - TLEF Funding



@cogpro



cogpro@ualberta.ca

Questions?

### References

- Liang, H., & Xiaoming, B. (2013). Application research of virtual reality technology in electronic technique teaching. Paper presented at the *Intelligence Computation and Evolutionary Computation*, 180 153-159
- Ebert, J., & Tutschek, B. (2019). Virtual reality objects improve learning efficiency and retention of diagnostic ability in fetal ultrasound. *Ultrasound in Obstetrics & Gynecology*, 53(4), 525–528. https://doi.org/10.1002/uog.19177
- Auerbach, R. P., Alonso, J., Axinn, W. G., Cuijpers, P., Ebert, D. D., Green, J. G., ... Bruffaerts, R. (2016). Mental disorders among college students in the World Health Organization World Mental Health Surveys. *Psychological Medicine*, 46(14), 2955–2970. https://doi.org/10.1017/S0033291716001665
- Lee, S. H., Sergueeva, K., Catangui, M., & Kandaurova, M. (2017). Assessing google cardboard virtual reality as a content delivery system in business classrooms. *Journal of Education for Business*, 92(4), 153-160.
- Moro, C., Å tromberga, Z., Raikos, A., & Stirling, A. (2017). The effectiveness of virtual and augmented reality in health sciences and medical anatomy. Anatomical Sciences Education, doi:10.1002/ase.1696
- Carl, E., Stein, A. T., Levihn-Coon, A., Pogue, J. R., Rothbaum, B., Emmelkamp, P., ... Powers, M. B. (2018).
   Virtual reality exposure therapy for anxiety and related disorders: A meta-analysis of randomized controlled trials. Journal of Anxiety Disorders, (August), 0–1. <a href="https://doi.org/10.1016/j.janxdis.2018.08.003">https://doi.org/10.1016/j.janxdis.2018.08.003</a>